



ELIMINATOR 2018 - ETAP I

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Wydarzenie: Eliminator 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-11-24
Miejsce: Ustroń
Dystans: 1.7 km

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	BODURKA Krzysztof	2004	ALPIN SPORT TEAM	M20	1	00:06:52	00:15:40.55	00:15:40.55		9:12	6.5 (100%)
2	JAWORSKI Zbigniew	2292		M40	1	00:07:24	00:15:50.70	00:15:50.70	+00:00:10 (1.1%)	9:18	6.4 (98.5%)
3	GORCZYCA Bartosz	2002	SALCO GARMIN TEAM	M20	2	00:07:04	00:16:02.25	00:16:02.25	+00:00:21 (2.3%)	9:25	6.4 (98.5%)
4	SKUPIEŃ Tomasz	2005		M30	1	00:07:06	00:16:06.80	00:16:06.80	+00:00:26 (2.7%)	9:28	6.3 (96.9%)
5	KOŃ Piotr	2003	ALPIN SPORT TEAM	M40	2	00:07:26	00:16:12.65	00:16:12.65	+00:00:32 (3.3%)	9:31	6.3 (96.9%)
6	FARON Robert	2001	SALCO GARMIN TEAM	M40	3	00:07:25	00:16:21.60	00:16:21.60	+00:00:41 (4.2%)	9:37	6.2 (95.4%)
7	KUBICA Marcin	2009	INOV-8 TEAM	M20	3	00:06:58	00:16:29.95	00:16:29.95	+00:00:49 (5.0%)	9:41	6.2 (95.4%)
8	IZYDOREK Michał	2294	KS SPRINT	M20	4	00:07:33	00:16:38.10	00:16:38.10	+00:00:57 (5.8%)	9:47	6.1 (93.8%)
9	UZNAŃSKI Piotr	2008	EUROCLEAR RUNNING TEAM	M30	2	00:07:34	00:16:47.35	00:16:47.35	+00:01:06 (6.6%)	9:52	6.1 (93.8%)
10	MISKIEWICZ Mariusz	2006	BIEGIEM PRZEZ CHYBIE	M30	3	00:07:15	00:16:49.80	00:16:49.80	+00:01:09 (6.9%)	9:53	6.1 (93.8%)
11	ELANTKOWSKI Jaś	2248	TKN TATRA TEAM	M20	5	00:07:39	00:16:50.45	00:16:50.45	+00:01:09 (6.9%)	9:54	6.1 (93.8%)
12	MISIAK Bartosz	2007	ALPIN SPORT TEAM	M30	4	00:07:34	00:16:51.25	00:16:51.25	+00:01:10 (7.0%)	9:54	6.1 (93.8%)
13	BIERNAWSKI Piotr	2010	ATTIQ TEAM/SALMING	M40	4	00:07:41	00:16:59.65	00:16:59.65	+00:01:19 (7.8%)	9:59	6 (92.3%)
14	DOMISZEWSKI Ignacy	2308		M20	6	00:07:29	00:17:04.80	00:17:04.80	+00:01:24 (8.2%)	10:02	6 (92.3%)
15	KASZYCA Paweł	2305		M40	5	00:07:54	00:17:12.00	00:17:12.00	+00:01:31 (8.9%)	10:07	5.9 (90.8%)
16	DYCZEK Mariusz	2118	DYCZUŚ TEAM	M30	5	00:07:36	00:17:15.70	00:17:15.70	+00:01:35 (9.2%)	10:08	5.9 (90.8%)
17	URBAŃCZYK Karol	2081		M20	7	00:07:51	00:17:20.20	00:17:20.20	+00:01:39 (9.6%)	10:11	5.9 (90.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
						Polowka 0.9km	1.7km					
18	SADOWSKI Paweł	2045	JANOWICKI HUSARZ ZNADDOLINY BOBRU W RUDAWACH JANOWICKICH PUŁKOWNIK Z BOLCZOWA	M20	8	00:07:50	00:17:41.05	00:17:41.05	+00:02:00 (11.4%)	10:24	5.8 (89.2%)	
19	BROJ Marcel	2253	BROJ TEAM ŻLINICE	M20	9	00:07:56	00:17:45.15	00:17:45.15	+00:02:04 (11.7%)	10:26	5.7 (87.7%)	
20	POPIELARSKI Kubuś	2286	TKN TATRA TEAM	M20	10	00:07:58	00:17:49.45	00:17:49.45	+00:02:08 (12.1%)	10:28	5.7 (87.7%)	
21	JANUSZYK Iwona	1005	ATTIQ ALE TEAM/KS KANDAHAR	K20	1	00:08:03	00:17:58.90	00:17:58.90	+00:02:18 (12.8%)	10:34	5.7 (87.7%)	
22	GAWLAS Dominik	2287		M30	6	00:08:03	00:18:17.95	00:18:17.95	+00:02:37 (14.3%)	10:45	5.6 (86.2%)	
23	SAWICKI Kacper	2288	TKN TATRA TEAM	M20	11	00:08:06	00:18:21.85	00:18:21.85	+00:02:41 (14.6%)	10:47	5.6 (86.2%)	
24	SZAFRANEK Paweł	2269		M20	12	00:07:51	00:18:31.30	00:18:31.30	+00:02:50 (15.4%)	10:53	5.5 (84.6%)	
25	ATANASOW ANCEW Dawid	2082	D&D	M40	6	00:08:22	00:18:34.10	00:18:34.10	+00:02:53 (15.6%)	10:55	5.5 (84.6%)	
26	DZIERWA Marcin	2176	NOWA HUTA TEAM	M30	7	00:08:25	00:18:41.50	00:18:41.50	+00:03:00 (16.1%)	10:59	5.5 (84.6%)	
27	GUROŚ Dawid Vegan	2243	D&D	M30	8	00:08:22	00:18:42.45	00:18:42.45	+00:03:01 (16.2%)	11:00	5.5 (84.6%)	
28	FIJAK Jan	2210		M40	7	00:08:25	00:18:46.00	00:18:46.00	+00:03:05 (16.5%)	11:02	5.4 (83.1%)	
29	BOROŃ Dariusz	2262	ASICS FRONTRUNNER POLAND	M20	13	00:08:04	00:18:56.05	00:18:56.05	+00:03:15 (17.2%)	11:08	5.4 (83.1%)	
30	MAGIERA Janusz	2015	FORMA WODZISŁAW ŚŁA	M50	1	00:08:38	00:18:57.60	00:18:57.60	+00:03:17 (17.3%)	11:08	5.4 (83.1%)	
31	KURKOWSKI Piotr	2310		M20	14	00:07:50	00:19:03.30	00:19:03.30	+00:03:22 (17.7%)	11:12	5.4 (83.1%)	
32	BYRTEK Kamil	2013	WWW.EKOIDEA.SKLEP.PL	M30	9	00:08:16	00:19:04.00	00:19:04.00	+00:03:23 (17.8%)	11:12	5.3 (81.5%)	
33	ŁUKASIK Andrzej	2146	SPORTKONSULTING TEAM	M30	10	00:08:16	00:19:04.65	00:19:04.65	+00:03:24 (17.8%)	11:12	5.3 (81.5%)	
34	ŻUCHOWSKI Daniel	2153	MUAY RUNNING TEAM	M30	11	00:08:25	00:19:10.95	00:19:10.95	+00:03:30 (18.3%)	11:16	5.3 (81.5%)	
35	SMOLEŃ Jarosław	2259		M40	8	00:08:35	00:19:13.30	00:19:13.30	+00:03:32 (18.4%)	11:18	5.3 (81.5%)	
36	GALMAN Adam	2214		M40	9	00:08:26	00:19:16.70	00:19:16.70	+00:03:36 (18.7%)	11:20	5.3 (81.5%)	
37	WITOWSKA Mirosława	1004	SALCO GARMIN TEAM	K20	2	00:08:36	00:19:19.20	00:19:19.20	+00:03:38 (18.9%)	11:21	5.3 (81.5%)	
38	CHODOROWSKI Krzysztof	2105	PRZEDWOJEWSKI MOUNTAIN TEAM	M30	12	00:08:39	00:19:27.75	00:19:27.75	+00:03:47 (19.5%)	11:26	5.2 (80.0%)	
39	SZATANIK Zbigniew	2219		M50	2	00:08:59	00:19:33.35	00:19:33.35	+00:03:52 (19.8%)	11:30	5.2 (80.0%)	
40	SOKOŁOWSKI Marek	2014	ALPIN SPORT TEAM	M40	10	00:08:58	00:19:35.50	00:19:35.50	+00:03:54 (20.0%)	11:31	5.2 (80.0%)	
41	PYTEL Janusz	2311		M60	1	00:08:58	00:19:43.05	00:19:43.05	+00:04:02 (20.5%)	11:35	5.2 (80.0%)	
42	PORĘBSKI Rafał	2158	EVIL TEAM	M40	11	00:08:44	00:19:45.10	00:19:45.10	+00:04:04 (20.6%)	11:37	5.2 (80.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
43	SAWICKI Szymon	2222	TKN TATRA TEAM	M40	12	00:08:48	00:19:48.55	00:19:48.55	+00:04:08 (20.9%)	11:38	5.2 (80.0%)
44	OŚLIZŁO Tomasz	2244	XRUNNERS	M30	13	00:08:55	00:19:48.65	00:19:48.65	+00:04:08 (20.9%)	11:38	5.2 (80.0%)
45	NOSALIK Marek	2170	MTA	M50	3	00:09:07	00:19:54.15	00:19:54.15	+00:04:13 (21.2%)	11:42	5.1 (78.5%)
46	WYWŁOKA Paulina	1003	SALCO GARMIN TEAM	K20	3	00:08:59	00:19:55.70	00:19:55.70	+00:04:15 (21.3%)	11:42	5.1 (78.5%)
47	TARGOSZ Michał	2260	ITMBW KRAKÓW	M30	14	00:08:55	00:19:56.00	00:19:56.00	+00:04:15 (21.4%)	11:43	5.1 (78.5%)
48	TOKAREWICZ Damian	2059	ZEBRY	M30	15	00:08:54	00:20:01.10	00:20:01.10	+00:04:20 (21.7%)	11:46	5.1 (78.5%)
49	SZCZYPKA Bartosz	2038		M30	16	00:08:53	00:20:07.90	00:20:07.90	+00:04:27 (22.1%)	11:50	5.1 (78.5%)
50	WRÓBLEWSKI Jan	2317		M40	13	00:09:11	00:20:22.40	00:20:22.40	+00:04:41 (23.1%)	11:58	5 (76.9%)
51	KOCHEL Paweł	2167		M30	17	00:08:57	00:20:26.75	00:20:26.75	+00:04:46 (23.3%)	12:01	5 (76.9%)
52	BADURA Adam	2173	FORMA WODZISŁAW ŚLĄSKI	M40	14	00:09:13	00:20:28.55	00:20:28.55	+00:04:48 (23.4%)	12:02	5 (76.9%)
53	DUDZIK Łukasz	2242	GÓRAL BIEGA	M30	18	00:09:04	00:20:30.00	00:20:30.00	+00:04:49 (23.5%)	12:03	5 (76.9%)
54	SNARSKI Dariusz	2120	URTICA TEAM	M40	15	00:09:25	00:20:32.35	00:20:32.35	+00:04:51 (23.7%)	12:04	5 (76.9%)
55	GRUND Marek	2022	MAFIA TEAM LUBLINIEC	M20	15	00:09:05	00:20:33.80	00:20:33.80	+00:04:53 (23.8%)	12:05	5 (76.9%)
56	MALINOWSKI Przemysław	2122		M30	19	00:09:09	00:20:34.65	00:20:34.65	+00:04:54 (23.8%)	12:05	5 (76.9%)
57	DOMISZEWSKA Maria	1070		K50	1	00:09:15	00:20:35.85	00:20:35.85	+00:04:55 (23.9%)	12:06	5 (76.9%)
58	SZTEFKO Józef	2171		M50	4	00:09:11	00:20:36.35	00:20:36.35	+00:04:55 (23.9%)	12:07	5 (76.9%)
59	TRACZ Łukasz	2087	WWW.TRENINGFIZJOTERAPIA.PL	M30	20	00:09:03	00:20:37.40	00:20:37.40	+00:04:56 (24.0%)	12:07	4.9 (75.4%)
60	GARCORZ Dawid	2084	MAFIA TEAM LUBLINIEC	M20	16	00:08:56	00:20:38.50	00:20:38.50	+00:04:57 (24.1%)	12:08	4.9 (75.4%)
61	WRÓBLEWSKI Kamil	2254		M30	21	00:09:06	00:20:40.40	00:20:40.40	+00:04:59 (24.2%)	12:09	4.9 (75.4%)
62	KOS Tomasz	2285	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	22	00:09:28	00:20:42.05	00:20:42.05	+00:05:01 (24.3%)	12:10	4.9 (75.4%)
63	CHRAPKIEWICZ Michał	2121	SBD ENERGETYK RYBNIK	M30	23	00:09:25	00:20:42.55	00:20:42.55	+00:05:02 (24.3%)	12:10	4.9 (75.4%)
64	PROKSA Robert	2157	CHROMIK MYSŁOWICE	M50	5	00:09:22	00:20:46.25	00:20:46.25	+00:05:05 (24.5%)	12:12	4.9 (75.4%)
65	SOBOLA Grzegorz	2138		M20	17	00:09:07	00:20:47.20	00:20:47.20	+00:05:06 (24.6%)	12:13	4.9 (75.4%)
66	HAZUKA Ireneusz	2252		M30	24	00:08:57	00:20:52.10	00:20:52.10	+00:05:11 (24.9%)	12:16	4.9 (75.4%)
67	MENDECKA Michalina	1065	MOSIR ŁAZISKA GÓRNE/1 SECOND TEAM	K20	4	00:09:30	00:20:55.50	00:20:55.50	+00:05:14 (25.1%)	12:18	4.9 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
68	STOPA Michał	2268	MARCINŚWIERCTEAM	M30	25	00:09:41	00:20:59.35	00:20:59.35	+00:05:18 (25.3%)	12:20	4.9 (75.4%)
69	KAŁUŻNY Adam	2186	SOCIOS SILESIA RACE	M30	26	00:09:42	00:21:00.70	00:21:01.60	+00:05:21 (25.4%)	12:21	4.9 (75.4%)
70	PALIWODA Grzegorz	2249		M30	27	00:09:16	00:21:07.10	00:21:07.10	+00:05:26 (25.8%)	12:25	4.8 (73.8%)
71	NIESLON Mare	2127	AKMB PEDZIWIATR GLIWICE	M30	28	00:09:14	00:21:09.35	00:21:09.35	+00:05:28 (25.9%)	12:26	4.8 (73.8%)
72	DŁUŻNIEWSKI Jacek	2209	ULTRASFCB	M40	16	00:09:45	00:21:09.15	00:21:09.70	+00:05:29 (25.9%)	12:26	4.8 (73.8%)
73	FERENC Janusz	2011	UKS LUDWIKOWICE	M60	2	00:09:43	00:21:11.25	00:21:11.25	+00:05:30 (26.0%)	12:27	4.8 (73.8%)
74	CHOJNACKI Grzegorz	2162	DZIADY OCR	M40	17	00:09:42	00:21:12.20	00:21:12.20	+00:05:31 (26.1%)	12:28	4.8 (73.8%)
75	ŚCIESZKA Wojciech	2168	13 ELT KRAKÓW - BALICE	M40	18	00:09:30	00:21:13.55	00:21:13.55	+00:05:33 (26.1%)	12:28	4.8 (73.8%)
76	WASZTYL Tomasz	2110		M40	19	00:09:23	00:21:14.25	00:21:14.25	+00:05:33 (26.2%)	12:29	4.8 (73.8%)
77	SKALSKA Anna	1007	FESTIWAL BIEGOWY KRYNICA ZDRÓJ	K30	1	00:09:16	00:21:15.20	00:21:15.20	+00:05:34 (26.2%)	12:30	4.8 (73.8%)
78	SZEWCZYK Damian	2215		M40	20	00:09:38	00:21:18.55	00:21:18.55	+00:05:38 (26.4%)	12:31	4.8 (73.8%)
79	GOMOŁYSEK Kinga	1001	MATNER RUNNING TEAM	K30	2	00:09:48	00:21:25.85	00:21:25.85	+00:05:45 (26.9%)	12:35	4.8 (73.8%)
80	ZYCH Katarzyna	1054	BONNIE & CLYDE	K30	3	00:09:54	00:21:26.15	00:21:26.15	+00:05:45 (26.9%)	12:36	4.8 (73.8%)
81	SWOBODA Tomasz	2265	KURŁA! KAJ TA META?!	M20	18	00:09:15	00:21:28.15	00:21:28.15	+00:05:47 (27.0%)	12:37	4.8 (73.8%)
82	MORAWIEC Marek	2043	SZAKAL TEAM	M30	29	00:09:12	00:21:29.25	00:21:29.25	+00:05:48 (27.0%)	12:38	4.7 (72.3%)
83	ŁUSZCZ Piotr	2206	BRAVEHEARTS LEGIONOWO	M20	19	00:09:36	00:21:30.80	00:21:30.80	+00:05:50 (27.1%)	12:38	4.7 (72.3%)
84	STANEK Piotr	2295		M30	30	00:09:00	00:21:32.70	00:21:32.70	+00:05:52 (27.2%)	12:40	4.7 (72.3%)
85	LIPA Piotr	2103	OCR TEAM DĘBICA	M30	31	00:09:22	00:21:33.95	00:21:33.95	+00:05:53 (27.3%)	12:40	4.7 (72.3%)
86	LUBOSZ Dariusz	2236	NGB KŁOBUCK	M40	21	00:09:11	00:21:34.15	00:21:34.15	+00:05:53 (27.3%)	12:41	4.7 (72.3%)
87	KAŹMIERCZAK Sławomir	2280	FASTANDLIGHT.PL, ŁGG	M30	32	00:09:49	00:21:36.25	00:21:36.25	+00:05:55 (27.4%)	12:42	4.7 (72.3%)
88	SZALA Krzysztof	2212	BIEGAMGDZIECHCE.PL	M30	33	00:09:24	00:21:37.30	00:21:37.30	+00:05:56 (27.5%)	12:42	4.7 (72.3%)
89	KUBERA Dawid	2276	ALWAYSINMOTION.PL	M30	34	00:09:19	00:21:39.15	00:21:39.15	+00:05:58 (27.6%)	12:44	4.7 (72.3%)
90	TESZNER Adrian	2108	RUNTEAM PAWŁOWICE	M20	20	00:09:22	00:21:40.00	00:21:40.00	+00:05:59 (27.7%)	12:44	4.7 (72.3%)
91	GRYGIEL Marek	2071	JACEKBIEGA RUNNING TEAM	M40	22	00:09:22	00:21:42.05	00:21:42.05	+00:06:01 (27.8%)	12:45	4.7 (72.3%)
92	WĘGLARZ Waldemar	2293	EXTREME CLUB RABKA	M40	23	00:09:35	00:21:45.15	00:21:45.15	+00:06:04 (27.9%)	12:47	4.7 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
93	BROL Dominika	1014	ENDURANCE TEAM	K30	4	00:09:51	00:21:47.25	00:21:47.25	+00:06:06 (28.1%)	12:48	4.7 (72.3%)
94	GARCZYŃSKA-WAŚ Bogusława	1050	WM TRISELF	K40	1	00:09:57	00:21:47.60	00:21:47.60	+00:06:07 (28.1%)	12:48	4.7 (72.3%)
95	RADOMSKI Zbigniew	2205	TKKF BESKIDEK BB	M60	3	00:09:55	00:21:48.00	00:21:48.00	+00:06:07 (28.1%)	12:49	4.7 (72.3%)
96	URBAN Wiktor	2175	NIGHT RUNNERS ZABRZE	M30	35	00:09:38	00:21:51.30	00:21:51.30	+00:06:10 (28.3%)	12:51	4.7 (72.3%)
97	GĘBARA Łukasz	2102	OCR TEAM DĘBICA	M20	21	00:09:34	00:21:52.00	00:21:52.00	+00:06:11 (28.3%)	12:51	4.7 (72.3%)
97	GARDENER Jacek	2109	JACEKBIEGA RUNNING TEAM	M50	6	00:09:51	00:21:52.00	00:21:52.00	+00:06:11 (28.3%)	12:51	4.7 (72.3%)
99	KWIATKOWSKA Kinga	1006	ALPIN SPORT TEAM	K30	5	00:10:11	00:21:55.65	00:21:55.65	+00:06:15 (28.5%)	12:53	4.7 (72.3%)
100	MIKULSKI Michał	2261	GREMI BOCHNIA	M30	36	00:09:42	00:21:55.70	00:21:55.70	+00:06:15 (28.5%)	12:53	4.7 (72.3%)
101	KUBACZKA Grzegorz	2196	WWW.AG-ARCHITEKCI.PL	M30	37	00:09:32	00:22:00.85	00:22:00.85	+00:06:20 (28.8%)	12:56	4.6 (70.8%)
102	SZKODA Dariusz	2042	SOCIOS SILESIA	M30	38	00:09:53	00:22:02.25	00:22:02.25	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
103	KUPIJAJ Marcin	2023	SOCIOS SILESIA	M20	22	00:09:48	00:22:02.30	00:22:02.30	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
104	MAZUR Damian	2053	SOCIOS SILESIA	M30	39	00:09:43	00:22:02.45	00:22:02.45	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
105	STEFAŃSKI Zbyszek	2240	HEBEL	M40	24	00:09:49	00:22:03.35	00:22:03.35	+00:06:22 (28.9%)	12:58	4.6 (70.8%)
106	SMUDA Krzysztof	2207		M30	40	00:09:43	00:22:03.55	00:22:03.55	+00:06:23 (28.9%)	12:58	4.6 (70.8%)
107	BRÓG Wojciech	2101		M30	41	00:09:39	00:22:05.95	00:22:05.95	+00:06:25 (29.1%)	12:59	4.6 (70.8%)
108	BAZYL Adam	2156	BREMBO	M30	42	00:09:58	00:22:06.25	00:22:06.25	+00:06:25 (29.1%)	13:00	4.6 (70.8%)
109	GWÓZDŹ Michał	2065	#CZELADZBIEGA	M40	25	00:09:40	00:22:06.55	00:22:06.55	+00:06:26 (29.1%)	13:00	4.6 (70.8%)
110	HURAS Michał	2189	CF KUŹNIA DAMIANA	M20	23	00:10:15	00:22:07.45	00:22:07.45	+00:06:26 (29.1%)	13:00	4.6 (70.8%)
111	BOLECHOWSKA Dominika	1072		K40	2	00:10:20	00:22:10.60	00:22:10.60	+00:06:30 (29.3%)	13:02	4.6 (70.8%)
112	TOMCZYK Tomasz	2271		M30	43	00:09:33	00:22:10.80	00:22:10.80	+00:06:30 (29.3%)	13:02	4.6 (70.8%)
113	KRAJEWSKI Maciej	2151		M30	44	00:09:49	00:22:12.40	00:22:12.40	+00:06:31 (29.4%)	13:03	4.6 (70.8%)
114	GIŻYŃSKI Damian	2032	KOLEJARZ BEST FOR YOU	M30	45	00:09:28	00:22:14.60	00:22:14.60	+00:06:34 (29.5%)	13:04	4.6 (70.8%)
115	BUKOWSKI Marek	2272		M40	26	00:10:11	00:22:15.30	00:22:15.30	+00:06:34 (29.6%)	13:05	4.6 (70.8%)
116	ZATORSKA Izabela	1002	ALPIN SPORT TEAM	K50	2	00:10:14	00:22:15.70	00:22:15.70	+00:06:35 (29.6%)	13:05	4.6 (70.8%)
117	ĆWIKŁA Krzysztof	2247		M50	7	00:10:02	00:22:18.15	00:22:18.15	+00:06:37 (29.7%)	13:07	4.6 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
118	KOWALCZYK Paweł	2060	KĘCKIEHARPAGANY	M40	27	00:09:51	00:22:18.90	00:22:18.90	+00:06:38 (29.8%)	13:07	4.6 (70.8%)
119	BORÓWKA Ryszard	2017		M40	28	00:10:16	00:22:20.60	00:22:20.60	+00:06:40 (29.8%)	13:08	4.6 (70.8%)
120	KLONOWSKI Kamil	2289	HUSARIA RACE TEAM	M20	24	00:10:00	00:22:22.80	00:22:22.80	+00:06:42 (30.0%)	13:09	4.6 (70.8%)
121	WRZESZCZ Mariusz	2181	TMTEAM	M20	25	00:09:49	00:22:24.30	00:22:24.30	+00:06:43 (30.0%)	13:10	4.6 (70.8%)
122	GLEISNER Tomasz	2200	EKIPA Z TARNOWA	M40	29	00:10:09	00:22:25.40	00:22:25.40	+00:06:44 (30.1%)	13:11	4.6 (70.8%)
123	ŻOCZEK Szymon	2044	NIE PRZESTAWAJ MARZYĆ	M20	26	00:09:59	00:22:30.25	00:22:30.25	+00:06:49 (30.3%)	13:14	4.5 (69.2%)
124	BORZĘCKI Damian	2096	SOCIOS SILESIA	M30	46	00:10:01	00:22:30.45	00:22:30.45	+00:06:49 (30.4%)	13:14	4.5 (69.2%)
125	KAŁUŻA Jerzy	2211		M30	47	00:09:46	00:22:32.10	00:22:32.10	+00:06:51 (30.4%)	13:15	4.5 (69.2%)
126	GÓRSKI Jakub	2172		M30	48	00:10:00	00:22:33.15	00:22:33.15	+00:06:52 (30.5%)	13:15	4.5 (69.2%)
127	DUTKIEWICZ Leszek	2182		M30	49	00:10:10	00:22:35.35	00:22:35.35	+00:06:54 (30.6%)	13:17	4.5 (69.2%)
128	CHACHUŁA Ryszard	2117	DY CZUŚ TEAM	M40	30	00:09:48	00:22:37.25	00:22:37.25	+00:06:56 (30.7%)	13:18	4.5 (69.2%)
129	SAWICKI Marek	2208		M30	50	00:09:57	00:22:37.40	00:22:37.40	+00:06:56 (30.7%)	13:18	4.5 (69.2%)
130	MAMALA Justyna	1019		K20	5	00:10:26	00:22:39.10	00:22:39.10	+00:06:58 (30.8%)	13:19	4.5 (69.2%)
131	PIASECKI Adam	2107		M40	31	00:09:45	00:22:39.40	00:22:39.40	+00:06:58 (30.8%)	13:19	4.5 (69.2%)
132	OSIEJEWSKI Marcin	2188		M30	51	00:10:20	00:22:40.80	00:22:40.80	+00:07:00 (30.9%)	13:20	4.5 (69.2%)
133	CEBULA Tomasz	2115		M30	52	00:10:06	00:22:42.15	00:22:42.15	+00:07:01 (31.0%)	13:21	4.5 (69.2%)
134	STEC Jakub	2129	DECATHLON BBEST	M20	27	00:10:17	00:22:43.25	00:22:43.25	+00:07:02 (31.0%)	13:21	4.5 (69.2%)
135	JAKUBAS Grzegorz	2302	KL CZANTORIA	M30	53	00:10:22	00:22:44.15	00:22:44.15	+00:07:03 (31.1%)	13:22	4.5 (69.2%)
136	KUŚMIERSKI Michał	2033	BBRUNNERS/UBS	M30	54	00:10:19	00:22:44.95	00:22:44.95	+00:07:04 (31.1%)	13:22	4.5 (69.2%)
137	BUCZYŃSKI Adam	2025	NON STOP TRAIL	M40	32	00:10:11	00:22:47.40	00:22:47.40	+00:07:06 (31.2%)	13:24	4.5 (69.2%)
138	GÓRNY Mirosław	2165	NUTREND TEAM	M50	8	00:10:08	00:22:52.45	00:22:52.45	+00:07:11 (31.5%)	13:27	4.5 (69.2%)
139	SKRZECZYŃSKI Sławomir	2290	HEJ, JAK TA SARNA!	M40	33	00:10:27	00:22:57.30	00:22:57.30	+00:07:16 (31.7%)	13:30	4.4 (67.7%)
140	GRZYBEK Antoni	2246		M40	34	00:10:08	00:22:58.50	00:22:58.50	+00:07:17 (31.8%)	13:30	4.4 (67.7%)
141	BARANOWSKI Marcin	2315		M30	55	00:10:18	00:22:58.60	00:22:58.60	+00:07:18 (31.8%)	13:30	4.4 (67.7%)
142	GRUSZKA Grzegorz	2057	ENDURANCE TEAM	M40	35	00:10:06	00:22:58.95	00:22:58.95	+00:07:18 (31.8%)	13:30	4.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
143	LANGE Beata	1063	BIŁGORAJ BIEGA	K40	3	00:10:36	00:23:00.35	00:23:00.35	+00:07:19 (31.9%)	13:31	4.4 (67.7%)
144	MAJCHROWSKI Jacek	2085	CKB TARNOBRZEG	M40	36	00:09:51	00:23:01.40	00:23:01.40	+00:07:20 (31.9%)	13:32	4.4 (67.7%)
145	KACZMARCZYK Przemysław	2095	MATNER RUNNING TEAM/WATAHA	M20	28	00:10:03	00:23:02.55	00:23:02.55	+00:07:22 (32.0%)	13:32	4.4 (67.7%)
146	OWERKO Tomasz	2309		M30	56	00:10:00	00:23:03.40	00:23:03.40	+00:07:22 (32.0%)	13:33	4.4 (67.7%)
147	GACH Damian	2123	CF KUŹNIA DAMIANA	M20	29	00:10:17	00:23:04.40	00:23:04.40	+00:07:23 (32.1%)	13:34	4.4 (67.7%)
148	DORNICKI Tomasz	2304		M40	37	00:10:19	00:23:04.75	00:23:04.75	+00:07:24 (32.1%)	13:34	4.4 (67.7%)
149	FLORYS Jakub	2072	MORSKI KOŃ	M30	57	00:10:18	00:23:06.00	00:23:06.00	+00:07:25 (32.1%)	13:35	4.4 (67.7%)
149	KNAP Mateusz	2021	DYNAFIT / TUTTU.PL	M20	30		00:23:06.00	00:23:06.00	+00:07:25 (32.1%)	13:35	4.4 (67.7%)
151	RAJA Paweł	2299	SKYRUNNING POLSKA	M30	58	00:09:44	00:23:08.05	00:23:08.05	+00:07:27 (32.2%)	13:36	4.4 (67.7%)
152	KOZIOŁ Kamil	2131	G.O.A.T. TEAM MICHAŁOWICE	M20	31	00:10:28	00:23:10.30	00:23:10.30	+00:07:29 (32.3%)	13:37	4.4 (67.7%)
153	WYPUKOŁ Jakub	2291	SOCIOS SILESIA	M20	32	00:10:16	00:23:12.10	00:23:12.10	+00:07:31 (32.4%)	13:38	4.4 (67.7%)
154	JASTRZĘBSKI Piotr	2058	SOCIOS SILESIA	M30	59	00:10:10	00:23:15.40	00:23:15.40	+00:07:34 (32.6%)	13:40	4.4 (67.7%)
155	KALITA Arek	2233	KAMAK	M40	38	00:10:24	00:23:15.45	00:23:15.45	+00:07:34 (32.6%)	13:40	4.4 (67.7%)
156	OSTROWSKI Maciej	2275	SOCIOS SILESIA	M20	33	00:10:14	00:23:16.55	00:23:16.55	+00:07:36 (32.7%)	13:41	4.4 (67.7%)
157	RAKSZAWA Krzysztof	2306		M40	39	00:10:30	00:23:17.60	00:23:17.60	+00:07:37 (32.7%)	13:41	4.4 (67.7%)
158	ŚWIŃCZYK Marcin	2227	GRUPA KRYZYS	M30	60	00:10:26	00:23:18.60	00:23:18.60	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
159	WOŹNIAK Radosław	2225	SKAWINA BIEGA	M30	61	00:10:07	00:23:18.80	00:23:18.80	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
160	KIEŁTYKA Zbigniew	2221	KW GLIWICE	M40	40	00:10:25	00:23:18.90	00:23:18.90	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
161	DYDUŁA Łukasz	2125	ITAL CAR TEAM	M40	41	00:10:20	00:23:19.90	00:23:19.90	+00:07:39 (32.8%)	13:42	4.4 (67.7%)
162	DOLATA Krzysztof	2055	SOCIOS SILESIA	M30	62	00:09:58	00:23:20.90	00:23:20.90	+00:07:40 (32.9%)	13:43	4.4 (67.7%)
163	HORA Grzegorz	2086		M30	63	00:10:26	00:23:21.00	00:23:21.00	+00:07:40 (32.9%)	13:44	4.4 (67.7%)
164	RZEPKA Piotr	2050	SPORTOWY ŚWIR	M20	34	00:10:13	00:23:22.05	00:23:22.05	+00:07:41 (32.9%)	13:44	4.4 (67.7%)
165	STOLARSKI Paweł	2166		M30	64	00:10:29	00:23:22.95	00:23:22.95	+00:07:42 (33.0%)	13:44	4.4 (67.7%)
166	FUTYMA Daniel	2159		M40	42	00:10:25	00:23:24.60	00:23:24.60	+00:07:44 (33.0%)	13:45	4.4 (67.7%)
167	STELMASZCZYK Bartłomiej	2070	SCOUT TAEM	M40	43	00:10:25	00:23:25.75	00:23:25.75	+00:07:45 (33.1%)	13:46	4.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
168	DARCHUK Oleksandr	2273		M40	44	00:10:21	00:23:27.25	00:23:27.25	+00:07:46 (33.2%)	13:47	4.3 (66.2%)
169	SUDNIK Krzysztof	2051		M30	65	00:10:22	00:23:27.75	00:23:27.75	+00:07:47 (33.2%)	13:47	4.3 (66.2%)
170	RATYŃSKI Bartłomiej	2046	HAPPY RUNNERS	M30	66	00:10:35	00:23:28.15	00:23:28.15	+00:07:47 (33.2%)	13:48	4.3 (66.2%)
171	DUDZIAK Marek	2274	BB RUNNERS / DUDIKOM.PL	M30	67	00:10:41	00:23:32.30	00:23:32.30	+00:07:51 (33.4%)	13:50	4.3 (66.2%)
172	MIECH Szymon	2251	HUSARIA RACE TEAM	M30	68	00:10:31	00:23:35.00	00:23:35.00	+00:07:54 (33.5%)	13:52	4.3 (66.2%)
173	CIUPEK Remigiusz	2027	#ODKRYWCYTAURUS	M30	69	00:10:33	00:23:36.10	00:23:36.10	+00:07:55 (33.6%)	13:52	4.3 (66.2%)
174	BEDNARZ Sebastian	2066	OTM. B	M40	45	00:10:27	00:23:38.00	00:23:38.00	+00:07:57 (33.7%)	13:54	4.3 (66.2%)
175	TONDYS Piotr	2016	TIGERS TEAM	M40	46	00:10:48	00:23:40.45	00:23:40.45	+00:07:59 (33.8%)	13:55	4.3 (66.2%)
176	KRUPA Grzegorz	2318		M40	47	00:10:29	00:23:44.05	00:23:44.05	+00:08:03 (34.0%)	13:57	4.3 (66.2%)
177	ZĄBEK Łukasz	2218	MATNER RUNNING TEAM	M40	48	00:10:17	00:23:46.35	00:23:46.35	+00:08:05 (34.1%)	13:58	4.3 (66.2%)
178	KOCHMAN Krzysztof	2019	HARPAGAN SOSNOWIEC	M40	49	00:10:28	00:23:47.00	00:23:47.00	+00:08:06 (34.1%)	13:59	4.3 (66.2%)
179	WAŚ Andrzej	2180		M40	50	00:10:32	00:23:48.95	00:23:48.95	+00:08:08 (34.2%)	14:00	4.3 (66.2%)
180	LIWOCH Sebastian	2114		M30	70	00:10:21	00:23:49.65	00:23:49.65	+00:08:09 (34.2%)	14:00	4.3 (66.2%)
181	ROGOSZ Marcin	2031	SOCIOS SILESIA	M30	71	00:10:26	00:23:51.15	00:23:51.15	+00:08:10 (34.3%)	14:01	4.3 (66.2%)
182	WOŁOSZYN Piotr	2255		M30	72	00:10:39	00:23:54.20	00:23:54.20	+00:08:13 (34.4%)	14:03	4.3 (66.2%)
183	STALMACH Damian	2174	LECYMY DURŚ	M40	51	00:10:17	00:23:55.15	00:23:55.15	+00:08:14 (34.5%)	14:04	4.3 (66.2%)
184	JAGIELSKI Piotr	2187		M40	52	00:10:37	00:23:56.00	00:23:56.00	+00:08:15 (34.5%)	14:04	4.3 (66.2%)
185	MORAWSKI Grzegorz	2049	TRENER24H.COM.PL	M30	73	00:10:25	00:23:56.70	00:23:56.70	+00:08:16 (34.5%)	14:04	4.3 (66.2%)
186	KALAMUS Mirek	2220	ULTRA BESKID SPORT	M40	53	00:10:39	00:23:58.80	00:23:58.80	+00:08:18 (34.6%)	14:05	4.3 (66.2%)
187	KOSTRUBIEC Maciej	2250		M20	35	00:10:13	00:24:00.15	00:24:00.15	+00:08:19 (34.7%)	14:07	4.3 (66.2%)
188	RYGOŁ Janusz	2190	CF KUŹNIA DAMIANA	M40	54	00:10:33	00:24:01.70	00:24:01.70	+00:08:21 (34.8%)	14:07	4.2 (64.6%)
189	BARCZUK Anna	1069		K20	6	00:10:34	00:24:01.80	00:24:01.80	+00:08:21 (34.8%)	14:07	4.2 (64.6%)
190	BARTULA Arkadiusz	2135	SPEED TEAM BRZESZCZE	M40	55	00:10:44	00:24:04.10	00:24:04.10	+00:08:23 (34.9%)	14:09	4.2 (64.6%)
191	GÓRYŃSKI Rafał	2282		M20	36	00:10:28	00:24:04.85	00:24:04.85	+00:08:24 (34.9%)	14:09	4.2 (64.6%)
192	THIER Dominik	2283		M40	56	00:10:42	00:24:06.10	00:24:06.10	+00:08:25 (35.0%)	14:10	4.2 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
193	URBAŃCZYK Dawid	2232	LECYMY DURŚ	M30	74	00:10:59	00:24:06.25	00:24:06.25	+00:08:25 (35.0%)	14:10	4.2 (64.6%)
194	JASEK Piotr	2303	KL CZANTORIA	M40	57	00:10:40	00:24:08.05	00:24:08.05	+00:08:27 (35.0%)	14:11	4.2 (64.6%)
195	BROJ Adrian	2263	BROJ TEAM ŻLINICE	M50	9	00:10:46	00:24:08.20	00:24:08.20	+00:08:27 (35.1%)	14:11	4.2 (64.6%)
196	ROSKOSZ Rafał	2199	PRO-WINDOW ALU & GLASS DESINGTEAM TARNOWSKIE GÓRY	M40	58	00:10:43	00:24:09.00	00:24:09.00	+00:08:28 (35.1%)	14:12	4.2 (64.6%)
197	SZAWUL Piotr	2258	ITMBW KRAKÓW	M40	59	00:10:58	00:24:09.65	00:24:09.65	+00:08:29 (35.1%)	14:12	4.2 (64.6%)
198	KURYŁO Zenon	2150	SBD ENERGETYK RYBNIK	M50	10	00:11:15	00:24:12.10	00:24:12.10	+00:08:31 (35.2%)	14:14	4.2 (64.6%)
199	SZWED Renata	1066	ZF	K40	4	00:10:48	00:24:19.05	00:24:19.05	+00:08:38 (35.5%)	14:18	4.2 (64.6%)
200	TEKIELI Tomek	2124	KLUB BYŁYCH DŻENTELMENÓW	M30	75	00:11:05	00:24:19.65	00:24:19.65	+00:08:39 (35.6%)	14:18	4.2 (64.6%)
201	BAC Michał	2148		M30	76	00:10:56	00:24:20.75	00:24:20.75	+00:08:40 (35.6%)	14:18	4.2 (64.6%)
202	DONIEC Tomasz	2192	DECATHLON BIELSKO-BIAŁA	M20	37	00:10:35	00:24:22.95	00:24:22.95	+00:08:42 (35.7%)	14:20	4.2 (64.6%)
203	STACHOWIAK Wiesław	2257	NIGHT RUNNERS WROCŁAW	M40	60	00:11:06	00:24:23.80	00:24:23.80	+00:08:43 (35.7%)	14:20	4.2 (64.6%)
204	KRZEMIŃSKI Tomasz	2228		M30	77	00:10:56	00:24:29.40	00:24:29.40	+00:08:48 (36.0%)	14:24	4.2 (64.6%)
205	PRONOBIS Marek	2134	BWM TEAM	M30	78	00:10:49	00:24:32.85	00:24:32.85	+00:08:52 (36.1%)	14:25	4.2 (64.6%)
206	BONDARA Sylwia	1008	JACEKBIEGA RUNNING TEAM	K30	6	00:11:19	00:24:34.65	00:24:34.65	+00:08:54 (36.2%)	14:27	4.2 (64.6%)
207	WARAS Wojciech	2226		M30	79		00:24:36.00	00:24:36.00	+00:08:55 (36.3%)	14:28	4.1 (63.1%)
208	REDZIK Dorota	1031	ENDURANCE TEAM	K30	7	00:11:09	00:24:36.75	00:24:37.40	+00:08:56 (36.3%)	14:28	4.1 (63.1%)
209	PIĄTEK Rafał	2098	BEFIT24TEAM	M30	80	00:10:45	00:24:40.50	00:24:40.50	+00:08:59 (36.5%)	14:30	4.1 (63.1%)
210	GANCARZ Mariusz	2054		M40	61	00:11:02	00:24:42.45	00:24:42.45	+00:09:01 (36.6%)	14:31	4.1 (63.1%)
211	LORENS Magdalena	1035	G.O.A.T. TEAM MICHAŁOWICE	K20	7	00:11:00	00:24:42.85	00:24:42.85	+00:09:02 (36.6%)	14:31	4.1 (63.1%)
212	KONDRATIUK Ira	1059	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	K20	8	00:10:53	00:24:45.05	00:24:45.05	+00:09:04 (36.7%)	14:33	4.1 (63.1%)
213	KRAWCZYK Wojciech	2161	WOPR PIEKARY ŚLĄSKIE	M30	81	00:10:33	00:24:45.65	00:24:45.65	+00:09:05 (36.7%)	14:33	4.1 (63.1%)
214	HERMAN Kamil	2163	ZABIEGANY WOŁOMIN	M30	82	00:11:06	00:24:46.15	00:24:46.15	+00:09:05 (36.7%)	14:34	4.1 (63.1%)
215	KAMIŃSKI Zbigniew	2267	GRUBIORZE LOTAJOM	M30	83	00:10:48	00:24:46.30	00:24:46.30	+00:09:05 (36.7%)	14:34	4.1 (63.1%)
216	MUSIALIK Jan	2217	PRO-WINDOWS ALU & GLASS DESIGN TEAM TARNOWSKIE GÓRY	M40	62	00:10:47	00:24:46.60	00:24:46.60	+00:09:06 (36.7%)	14:34	4.1 (63.1%)
217	DANIELCZUK Dominik	2201	DOMAN TEAM	M30	84	00:10:35	00:24:49.80	00:24:49.80	+00:09:09 (36.9%)	14:35	4.1 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
218	SZNAJDER Rafał	2234	G.O.A.T. TEAM MICHAŁOWICE	M40	63	00:11:00	00:24:53.35	00:24:53.35	+00:09:12 (37.0%)	14:38	4.1 (63.1%)
219	RACZYŃSKI Bogusz	2018	TIGERS TEAM	M30	85	00:11:02	00:24:59.60	00:24:59.60	+00:09:19 (37.3%)	14:41	4.1 (63.1%)
220	IMIELSKI Maciej	2223	BRYGADA KRYZYS	M20	38	00:11:15	00:25:01.60	00:25:01.60	+00:09:21 (37.4%)	14:42	4.1 (63.1%)
221	FALKOWSKI Piotr	2333	KS PEGAZ PIASECZNO	M40	64	00:11:26	00:25:03.55	00:25:03.55	+00:09:23 (37.4%)	14:44	4.1 (63.1%)
222	KUBIK Jarosław	2314		M40	65	00:11:09	00:25:07.85	00:25:07.85	+00:09:27 (37.6%)	14:46	4.1 (63.1%)
223	PRZEPIÓRKA Michał	2256		M30	86	00:11:09	00:25:14.90	00:25:14.90	+00:09:34 (37.9%)	14:50	4 (61.5%)
224	BRODEK Andrzej	2119	CERTUM	M40	66	00:11:04	00:25:16.70	00:25:16.70	+00:09:36 (38.0%)	14:51	4 (61.5%)
225	POTOCZNY Mirosław	2080	TRAILRUNNERSJAWORZNO/Z BIEGANIEM MI DO TWARZY	M40	67	00:11:18	00:25:18.25	00:25:18.25	+00:09:37 (38.1%)	14:52	4 (61.5%)
226	PITAS Andrzej	2270	ZAPIERDALACZE	M40	68	00:11:11	00:25:19.05	00:25:19.05	+00:09:38 (38.1%)	14:53	4 (61.5%)
227	SZOSTAK Artur	2073	BRAVEHEARTS LEGIONOWO	M20	39	00:11:22	00:25:19.95	00:25:19.95	+00:09:39 (38.1%)	14:53	4 (61.5%)
228	STRYCZEK Tomasz	2079	AKTYWNY WEEKEND	M30	87	00:11:14	00:25:22.30	00:25:22.30	+00:09:41 (38.2%)	14:55	4 (61.5%)
229	SMUDA Ryszard	2154		M60	4	00:11:21	00:25:32.05	00:25:32.05	+00:09:51 (38.6%)	15:01	4 (61.5%)
230	SWOBODA Jarosław	2064	NIGHT RUNNERS GLIWICE	M40	69	00:11:32	00:25:36.05	00:25:36.05	+00:09:55 (38.8%)	15:03	4 (61.5%)
231	JACHYM Arkadiusz	2068	SOCIOS SILESIA	M30	88	00:10:51	00:25:40.15	00:25:40.15	+00:09:59 (38.9%)	15:05	4 (61.5%)
232	BŁASZCZYK Sebastian	2264	KURŁA KAJ TA META ?!	M20	40	00:10:57	00:25:44.25	00:25:44.25	+00:10:03 (39.1%)	15:08	4 (61.5%)
233	DELONG Sebastian	2130	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	M40	70	00:11:27	00:25:45.65	00:25:45.65	+00:10:05 (39.1%)	15:08	4 (61.5%)
234	SMACZYŃSKI Dariusz	2313		M50	11	00:11:10	00:25:54.70	00:25:54.70	+00:10:14 (39.5%)	15:14	3.9 (60.0%)
235	ZAWADZKI Damian	2300	LECYMY DURŚ	M30	89	00:10:38	00:25:55.25	00:25:55.25	+00:10:14 (39.5%)	15:14	3.9 (60.0%)
236	KADŁUBEK Aleksander	2091	OSP REPTY ŚLĄSKIE/TKTJ	M30	90	00:11:53	00:25:57.80	00:25:57.80	+00:10:17 (39.6%)	15:15	3.9 (60.0%)
237	WOJTYRA Karolina	1060	ENTER AIR RUNNERS CLUB	K20	9	00:11:52	00:25:59.95	00:25:59.95	+00:10:19 (39.7%)	15:17	3.9 (60.0%)
238	PUCHAJDA Monika	1032		K30	8	00:11:50	00:26:00.15	00:26:00.15	+00:10:19 (39.7%)	15:17	3.9 (60.0%)
239	CIOĆ Robert	2301		M30	91	00:11:56	00:26:01.05	00:26:01.05	+00:10:20 (39.7%)	15:18	3.9 (60.0%)
240	ZIĘBA Anna	1017	PORANNY PATROL	K30	9	00:11:58	00:26:01.55	00:26:01.55	+00:10:21 (39.8%)	15:18	3.9 (60.0%)
241	SEREMET Piotr	2193	WWW.S-PROJEKTY.PL	M40	71	00:10:59	00:26:02.65	00:26:02.65	+00:10:22 (39.8%)	15:18	3.9 (60.0%)
242	KOŚCIELNY Łukasz	2204	FORMA WODZISŁAW ŚLĄSKI	M40	72	00:11:10	00:26:04.10	00:26:04.10	+00:10:23 (39.9%)	15:20	3.9 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
						Polowka 0.9km	netto 1.7km				
243	SIKORA Mariusz	2089	GOGGLE PAE TEAM/SREBRNI BIEGACZE TARNOWSKIE GÓRY	M40	73	00:11:15	00:26:05.50	00:26:05.50	+00:10:24 (39.9%)	15:20	3.9 (60.0%)
244	ŚWIERK Krystyna	1068		K60	1	00:12:16	00:26:06.45	00:26:06.45	+00:10:25 (40.0%)	15:21	3.9 (60.0%)
245	MA CZKA Krystyna	1009	OTK RZEŻNIK	K60	2	00:12:08	00:26:08.05	00:26:08.05	+00:10:27 (40.0%)	15:22	3.9 (60.0%)
246	RZEPKA Magdalena	1061	NIGHT RUNNERS	K30	10	00:11:34	00:26:11.45	00:26:11.45	+00:10:30 (40.1%)	15:24	3.9 (60.0%)
247	GUZIAK Irena	1041	4	K40	5	00:12:01	00:26:17.75	00:26:17.75	+00:10:37 (40.4%)	15:27	3.9 (60.0%)
248	TERLECKI Marcin	2307		M40	74	00:11:14	00:26:33.20	00:26:33.20	+00:10:52 (41.0%)	15:37	3.8 (58.5%)
249	WRZESIŃSKI Piotr	2179	GAPPAG TEAM	M40	75	00:12:09	00:26:38.65	00:26:38.65	+00:10:58 (41.2%)	15:40	3.8 (58.5%)
250	MENŻYK Joanna	1038		K40	6	00:11:55	00:26:40.70	00:26:40.70	+00:11:00 (41.2%)	15:41	3.8 (58.5%)
251	LEMAŃSKI Arkadiusz	2075		M30	92	00:11:36	00:26:42.15	00:26:42.15	+00:11:01 (41.3%)	15:42	3.8 (58.5%)
252	PINKOWICZ Maciej	2191	CF KUŻNIA DAMIANA	M30	93	00:11:33	00:26:50.15	00:26:50.15	+00:11:09 (41.6%)	15:47	3.8 (58.5%)
253	BAŃCZYK Marcin	2237	1 LIGA TRI TEAM	M40	76	00:11:28	00:26:51.55	00:26:51.55	+00:11:11 (41.6%)	15:47	3.8 (58.5%)
254	PIDANTY Łukasz	2106		M30	94	00:11:41	00:26:55.75	00:26:55.75	+00:11:15 (41.8%)	15:50	3.8 (58.5%)
255	PRYSZCZ Mirosław	2047		M40	77	00:12:08	00:26:57.45	00:26:57.45	+00:11:16 (41.8%)	15:51	3.8 (58.5%)
256	PASULA Katarzyna	1062		K40	7	00:11:58	00:27:00.85	00:27:00.85	+00:11:20 (42.0%)	15:52	3.8 (58.5%)
257	ŚMIATEK Marcin	2235	AGRESOR	M40	78	00:11:34	00:27:07.90	00:27:07.90	+00:11:27 (42.2%)	15:57	3.8 (58.5%)
258	FIAŁKOWSKA Bożena	1012	HARPAGAN SOSNOWIEC	K40	8	00:12:23	00:27:11.10	00:27:11.10	+00:11:30 (42.3%)	15:59	3.8 (58.5%)
259	HOLECZEK Damian	2024		M40	79	00:11:57	00:27:16.90	00:27:16.90	+00:11:36 (42.5%)	16:02	3.7 (56.9%)
260	RĘKAWIECKI Łukasz	2216		M20	41	00:12:10	00:27:26.10	00:27:26.10	+00:11:45 (42.9%)	16:08	3.7 (56.9%)
261	DETLAFF Patrycja	1058	DREAM RUN	K30	11	00:12:40	00:27:29.10	00:27:29.10	+00:11:48 (43.0%)	16:10	3.7 (56.9%)
262	CZARNOTA Leszek	2128		M40	80		00:27:36.00	00:27:36.00	+00:11:55 (43.2%)	16:14	3.7 (56.9%)
263	KLIMOSZ Edyta	1045	LECYMY DURŚ	K20	10	00:12:15	00:27:52.10	00:27:52.10	+00:12:11 (43.8%)	16:23	3.7 (56.9%)
264	OLESEK Magdalena	1020	#CZELADŹBIEGA	K30	12	00:12:21	00:27:53.65	00:27:53.65	+00:12:13 (43.8%)	16:24	3.7 (56.9%)
265	HALEK Przemysław	2316		M30	95	00:12:13	00:27:55.30	00:27:55.30	+00:12:14 (43.9%)	16:25	3.7 (56.9%)
266	RĄCZKA Marcin	2278	SZYBCY I WŚCIEKLI	M30	96	00:11:55	00:28:22.00	00:28:22.00	+00:12:41 (44.7%)	16:41	3.6 (55.4%)
267	STASIEWICZ Jacek	2224		M40	81	00:11:27	00:28:29.05	00:28:29.05	+00:12:48 (45.0%)	16:45	3.6 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
268	SZPERLICH Grzegorz	2195	PRZEŁAJKA	M40	82	00:12:53	00:28:31.35	00:28:31.35	+00:12:50 (45.0%)	16:46	3.6 (55.4%)
269	KRUK Krzysiek	2239	NIGHT RUNNERS ZABRZE	M40	83	00:12:36	00:28:35.60	00:28:35.60	+00:12:55 (45.2%)	16:48	3.6 (55.4%)
270	WITA Krzysztof	2203	FORMA WODZISŁAW ŚLĄSKI	M30	97	00:12:03	00:28:41.05	00:28:41.05	+00:13:00 (45.4%)	16:52	3.6 (55.4%)
271	KACZKIEWICZ Damian	2281	NIGHT RUNNERS GLIWICE	M40	84	00:12:06	00:28:46.90	00:28:46.90	+00:13:06 (45.5%)	16:55	3.5 (53.8%)
272	PINTSCHER Paulina	1064		K30	13	00:12:35	00:28:49.05	00:28:49.05	+00:13:08 (45.6%)	16:57	3.5 (53.8%)
273	BACIA Ewa	1016	LECYMY DURŚ	K30	14	00:13:18	00:28:51.55	00:28:51.55	+00:13:11 (45.7%)	16:58	3.5 (53.8%)
274	DZIUBLA Bartłomiej	2099		M20	42	00:11:59	00:28:52.30	00:28:52.30	+00:13:11 (45.7%)	16:58	3.5 (53.8%)
275	JURECZKO Joanna	1047	LECYMY DURŚ	K20	11	00:13:18	00:28:58.70	00:28:58.70	+00:13:18 (45.9%)	17:02	3.5 (53.8%)
276	MATUSZCZYK Maciej	2197	CZPTYCHY.PL	M40	85	00:11:36	00:29:19.30	00:29:19.30	+00:13:38 (46.5%)	17:14	3.5 (53.8%)
277	LISOWSKA Kamila	1039	LEŚNE RUN/NIGHT RUNNERS	K30	15	00:13:30	00:29:26.35	00:29:26.35	+00:13:45 (46.8%)	17:18	3.5 (53.8%)
278	ŻEBROWSKA Jolanta	1033	POTRENUJEMY, CHEMIK NOXY PUŁAWY, UMCS BIEGA	K40	9	00:12:27	00:29:35.40	00:29:35.40	+00:13:54 (47.0%)	17:24	3.4 (52.3%)
279	KOŁODZIEJCZYK Dariusz	2185	SOCIOS SILESIA	M40	86	00:12:36	00:29:40.50	00:29:40.50	+00:13:59 (47.2%)	17:27	3.4 (52.3%)
280	BARCHANOWSKI Wojciech	2139	HARPAGAN SOSNOWIEC	M40	87	00:12:48	00:29:45.70	00:29:45.70	+00:14:05 (47.3%)	17:30	3.4 (52.3%)
281	ADAMUS Klaudia	1036		K30	16	00:13:01	00:29:45.90	00:29:45.90	+00:14:05 (47.3%)	17:30	3.4 (52.3%)
282	GAJEWSKA Agnieszka	1023	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K40	10	00:13:36	00:29:47.30	00:29:47.30	+00:14:06 (47.4%)	17:31	3.4 (52.3%)
283	SKOŁUBOWICZ Marzena	1028	LECEBOCHCE	K30	17	00:13:06	00:29:52.30	00:29:52.30	+00:14:11 (47.5%)	17:34	3.4 (52.3%)
284	KAROLCZAK Joanna	1030	GOGGLE PAE TEAM/SREBRNI BIEGACZE TARNOWSKIE GÓRY	K40	11	00:13:19	00:30:04.80	00:30:04.80	+00:14:24 (47.9%)	17:41	3.4 (52.3%)
285	MORAWSKI Tomasz	2143		M30	98	00:13:01	00:30:22.35	00:30:22.35	+00:14:41 (48.4%)	17:51	3.4 (52.3%)
286	KANIOWSKI Wojciech	2277		M40	88	00:13:09	00:30:24.25	00:30:25.70	+00:14:45 (48.5%)	17:52	3.4 (52.3%)
287	KUMIĘGA Joanna	1029	WKURW_TEAM	K30	18	00:13:05	00:30:45.40	00:30:45.40	+00:15:04 (49.0%)	18:05	3.3 (50.8%)
288	BENISZ Wojciech	2056	SREBRNE MIASTO TARNOWSKIE GÓRY	M30	99	00:12:44	00:30:48.90	00:30:48.90	+00:15:08 (49.1%)	18:07	3.3 (50.8%)
289	WAŁĘGA-ROSTEK Małgorzata	1052	ULTRAMEKI	K40	12	00:13:37	00:30:52.90	00:30:52.90	+00:15:12 (49.2%)	18:09	3.3 (50.8%)
290	FRANKI Marcin	2160	LECYMY DURŚ	M30	100	00:12:41	00:30:59.05	00:30:59.05	+00:15:18 (49.4%)	18:13	3.3 (50.8%)
291	PAZDERSKA-KIPIEL Agnieszka	1015	EVIL TEAM	K30	19	00:14:00	00:31:05.05	00:31:05.05	+00:15:24 (49.6%)	18:17	3.3 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
292	KORNAŚ Marcin	2090	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	89	00:12:07	00:31:18.20	00:31:18.20	+00:15:37 (49.9%)	18:24	3.3 (50.8%)
293	KARAWACKI Grzegorz	2140		M20	43	00:13:28	00:31:25.45	00:31:25.45	+00:15:44 (50.1%)	18:28	3.2 (49.2%)
294	RUDZKI Michał	2028	CROSSFIT Z16	M20	44	00:13:20	00:31:49.60	00:31:49.60	+00:16:09 (50.7%)	18:42	3.2 (49.2%)
295	PIWKO Anna	1057	HUSARIA RACE TEAM	K30	20	00:13:55	00:31:51.45	00:31:51.45	+00:16:10 (50.8%)	18:44	3.2 (49.2%)
296	POPEŁDA Paulina	1010	HARPAGAN SOSNOWIEC	K30	21	00:13:55	00:32:02.15	00:32:02.15	+00:16:21 (51.1%)	18:50	3.2 (49.2%)
297	WASILEWSKI Marcin	2142	WW TEAM	M40	90	00:13:59	00:32:08.10	00:32:08.10	+00:16:27 (51.2%)	18:54	3.2 (49.2%)
298	ROJ Łukasz	2061	SAGOT	M30	101	00:12:44	00:32:16.80	00:32:16.80	+00:16:36 (51.4%)	18:58	3.2 (49.2%)
299	STAROWICZ Małgorzata	1071		K40	13	00:14:27	00:32:24.35	00:32:24.35	+00:16:43 (51.6%)	19:03	3.1 (47.7%)
300	KASZTELAN-HUNIA Ewa	1025		K40	14	00:14:41	00:32:44.20	00:32:44.20	+00:17:03 (52.1%)	19:15	3.1 (47.7%)
301	SZAFARZ Sabina	1053	LECYMY DURŚ	K30	22	00:14:09	00:32:53.10	00:32:53.10	+00:17:12 (52.3%)	19:20	3.1 (47.7%)
302	SZOŁTYSIK Barbara	1040	LECYMY DURŚ	K30	23	00:14:11	00:32:55.45	00:32:55.45	+00:17:14 (52.4%)	19:21	3.1 (47.7%)
303	KWAŚNIEWSKI Zbigniew	2312		M40	91	00:12:56	00:33:23.05	00:33:23.05	+00:17:42 (53.0%)	19:38	3.1 (47.7%)
304	BIĄŁAS Michał	2092		M30	102	00:14:55	00:35:03.15	00:35:03.15	+00:19:22 (55.3%)	20:37	2.9 (44.6%)
305	GIURG Grzegorz	2111	LECEBOCHCE	M40	92	00:14:47	00:35:28.65	00:35:28.65	+00:19:48 (55.8%)	20:51	2.9 (44.6%)
306	PISOWŁODZKA Dagmara	1048		K40	15	00:15:20	00:35:32.55	00:35:32.55	+00:19:52 (55.9%)	20:54	2.9 (44.6%)
307	DULEBA Bartosz	2298	UZDROWISKOWY TEAM USTRON	M30	103	00:15:16	00:36:06.90	00:36:06.90	+00:20:26 (56.6%)	21:14	2.8 (43.1%)
308	HERCKA Krzysztof	2198		M30	104	00:15:32	00:36:35.25	00:36:35.25	+00:20:54 (57.2%)	21:31	2.8 (43.1%)
309	BRANC Diana	1021		K20	12	00:16:34	00:36:50.45	00:36:50.45	+00:21:09 (57.4%)	21:40	2.8 (43.1%)
310	GRUDNIEWSKI Rafał	2112	SREBRNI BIEGACZE TARNOWSKIE GORY	M30	105	00:13:22	00:37:00.60	00:37:00.60	+00:21:20 (57.6%)	21:45	2.8 (43.1%)
311	PRZYBYSZ Paweł	2241	CARBON OCR RACING TEAM	M20	45	00:16:36	00:37:02.80	00:37:02.80	+00:21:22 (57.7%)	21:47	2.8 (43.1%)
312	OGAZA Anna	1049		K30	24	00:16:35	00:37:35.00	00:37:35.00	+00:21:54 (58.3%)	22:06	2.7 (41.5%)
313	DEJA Andrzej	2177		M50	12	00:16:34	00:37:37.00	00:37:37.00	+00:21:56 (58.3%)	22:07	2.7 (41.5%)

Znaleziono 313 wynik(ów)