



# ELIMINATOR 2018 - ETAP I

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**Wydarzenie:** Eliminator 2018  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2018-11-24  
**Miejsce:** Ustroń  
**Dystans:** 1.7 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	<b>BODURKA Krzysztof</b>	<b>2004</b>	ALPIN SPORT TEAM	M20	1	00:06:52	<b>00:15:40.55</b>	<b>00:15:40.55</b>		9:12	6.5 (100%)
2	<b>JAWORSKI Zbigniew</b>	<b>2292</b>		M40	1	00:07:24	<b>00:15:50.70</b>	<b>00:15:50.70</b>	+00:00:10 (1.1%)	9:18	6.4 (98.5%)
3	<b>GORCZYCA Bartosz</b>	<b>2002</b>	SALCO GARMIN TEAM	M20	2	00:07:04	<b>00:16:02.25</b>	<b>00:16:02.25</b>	+00:00:21 (2.3%)	9:25	6.4 (98.5%)
4	<b>SKUPIEŃ Tomasz</b>	<b>2005</b>		M30	1	00:07:06	<b>00:16:06.80</b>	<b>00:16:06.80</b>	+00:00:26 (2.7%)	9:28	6.3 (96.9%)
5	<b>KOŃ Piotr</b>	<b>2003</b>	ALPIN SPORT TEAM	M40	2	00:07:26	<b>00:16:12.65</b>	<b>00:16:12.65</b>	+00:00:32 (3.3%)	9:31	6.3 (96.9%)
6	<b>FARON Robert</b>	<b>2001</b>	SALCO GARMIN TEAM	M40	3	00:07:25	<b>00:16:21.60</b>	<b>00:16:21.60</b>	+00:00:41 (4.2%)	9:37	6.2 (95.4%)
7	<b>KUBICA Marcin</b>	<b>2009</b>	INOV-8 TEAM	M20	3	00:06:58	<b>00:16:29.95</b>	<b>00:16:29.95</b>	+00:00:49 (5.0%)	9:41	6.2 (95.4%)
8	<b>IZYDOREK Michał</b>	<b>2294</b>	KS SPRINT	M20	4	00:07:33	<b>00:16:38.10</b>	<b>00:16:38.10</b>	+00:00:57 (5.8%)	9:47	6.1 (93.8%)
9	<b>UZNAŃSKI Piotr</b>	<b>2008</b>	EUROCLEAR RUNNING TEAM	M30	2	00:07:34	<b>00:16:47.35</b>	<b>00:16:47.35</b>	+00:01:06 (6.6%)	9:52	6.1 (93.8%)
10	<b>MISKIEWICZ Mariusz</b>	<b>2006</b>	BIEGIEM PRZEZ CHYBIE	M30	3	00:07:15	<b>00:16:49.80</b>	<b>00:16:49.80</b>	+00:01:09 (6.9%)	9:53	6.1 (93.8%)
11	<b>ELANTKOWSKI Jaś</b>	<b>2248</b>	TKN TATRA TEAM	M20	5	00:07:39	<b>00:16:50.45</b>	<b>00:16:50.45</b>	+00:01:09 (6.9%)	9:54	6.1 (93.8%)
12	<b>MISIAK Bartosz</b>	<b>2007</b>	ALPIN SPORT TEAM	M30	4	00:07:34	<b>00:16:51.25</b>	<b>00:16:51.25</b>	+00:01:10 (7.0%)	9:54	6.1 (93.8%)
13	<b>BIERNAWSKI Piotr</b>	<b>2010</b>	ATTIQ TEAM/SALMING	M40	4	00:07:41	<b>00:16:59.65</b>	<b>00:16:59.65</b>	+00:01:19 (7.8%)	9:59	6 (92.3%)
14	<b>DOMISZEWSKI Ignacy</b>	<b>2308</b>		M20	6	00:07:29	<b>00:17:04.80</b>	<b>00:17:04.80</b>	+00:01:24 (8.2%)	10:02	6 (92.3%)
15	<b>KASZYCA Paweł</b>	<b>2305</b>		M40	5	00:07:54	<b>00:17:12.00</b>	<b>00:17:12.00</b>	+00:01:31 (8.9%)	10:07	5.9 (90.8%)
16	<b>DYCZEK Mariusz</b>	<b>2118</b>	DYCZUŚ TEAM	M30	5	00:07:36	<b>00:17:15.70</b>	<b>00:17:15.70</b>	+00:01:35 (9.2%)	10:08	5.9 (90.8%)
17	<b>URBAŃCZYK Karol</b>	<b>2081</b>		M20	7	00:07:51	<b>00:17:20.20</b>	<b>00:17:20.20</b>	+00:01:39 (9.6%)	10:11	5.9 (90.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
						Polowka 0.9km	1.7km					
18	<b>SADOWSKI Paweł</b>	<b>2045</b>	JANOWICKI HUSARZ ZNADDOLINY BOBRU W RUDAWACH JANOWICKICH PUŁKOWNIK Z BOLCZOWA	M20	8	00:07:50	<b>00:17:41.05</b>	<b>00:17:41.05</b>	+00:02:00 (11.4%)	10:24	5.8 (89.2%)	
19	<b>BROJ Marcel</b>	<b>2253</b>	BROJ TEAM ŻLINICE	M20	9	00:07:56	<b>00:17:45.15</b>	<b>00:17:45.15</b>	+00:02:04 (11.7%)	10:26	5.7 (87.7%)	
20	<b>POPIELARSKI Kubuś</b>	<b>2286</b>	TKN TATRA TEAM	M20	10	00:07:58	<b>00:17:49.45</b>	<b>00:17:49.45</b>	+00:02:08 (12.1%)	10:28	5.7 (87.7%)	
21	<b>JANUSZYK Iwona</b>	<b>1005</b>	ATTIQ ALE TEAM/KS KANDAHAR	K20	1	00:08:03	<b>00:17:58.90</b>	<b>00:17:58.90</b>	+00:02:18 (12.8%)	10:34	5.7 (87.7%)	
22	<b>GAWLAS Dominik</b>	<b>2287</b>		M30	6	00:08:03	<b>00:18:17.95</b>	<b>00:18:17.95</b>	+00:02:37 (14.3%)	10:45	5.6 (86.2%)	
23	<b>SAWICKI Kacper</b>	<b>2288</b>	TKN TATRA TEAM	M20	11	00:08:06	<b>00:18:21.85</b>	<b>00:18:21.85</b>	+00:02:41 (14.6%)	10:47	5.6 (86.2%)	
24	<b>SZAFRANEK Paweł</b>	<b>2269</b>		M20	12	00:07:51	<b>00:18:31.30</b>	<b>00:18:31.30</b>	+00:02:50 (15.4%)	10:53	5.5 (84.6%)	
25	<b>ATANASOW ANCEW Dawid</b>	<b>2082</b>	D&D	M40	6	00:08:22	<b>00:18:34.10</b>	<b>00:18:34.10</b>	+00:02:53 (15.6%)	10:55	5.5 (84.6%)	
26	<b>DZIERWA Marcin</b>	<b>2176</b>	NOWA HUTA TEAM	M30	7	00:08:25	<b>00:18:41.50</b>	<b>00:18:41.50</b>	+00:03:00 (16.1%)	10:59	5.5 (84.6%)	
27	<b>GUROŚ Dawid Vegan</b>	<b>2243</b>	D&D	M30	8	00:08:22	<b>00:18:42.45</b>	<b>00:18:42.45</b>	+00:03:01 (16.2%)	11:00	5.5 (84.6%)	
28	<b>FIJAK Jan</b>	<b>2210</b>		M40	7	00:08:25	<b>00:18:46.00</b>	<b>00:18:46.00</b>	+00:03:05 (16.5%)	11:02	5.4 (83.1%)	
29	<b>BOROŃ Dariusz</b>	<b>2262</b>	ASICS FRONTRUNNER POLAND	M20	13	00:08:04	<b>00:18:56.05</b>	<b>00:18:56.05</b>	+00:03:15 (17.2%)	11:08	5.4 (83.1%)	
30	<b>MAGIERA Janusz</b>	<b>2015</b>	FORMA WODZISŁAW ŚŁA	M50	1	00:08:38	<b>00:18:57.60</b>	<b>00:18:57.60</b>	+00:03:17 (17.3%)	11:08	5.4 (83.1%)	
31	<b>KURKOWSKI Piotr</b>	<b>2310</b>		M20	14	00:07:50	<b>00:19:03.30</b>	<b>00:19:03.30</b>	+00:03:22 (17.7%)	11:12	5.4 (83.1%)	
32	<b>BYRTEK Kamil</b>	<b>2013</b>	WWW.EKOIDEA.SKLEP.PL	M30	9	00:08:16	<b>00:19:04.00</b>	<b>00:19:04.00</b>	+00:03:23 (17.8%)	11:12	5.3 (81.5%)	
33	<b>ŁUKASIK Andrzej</b>	<b>2146</b>	SPORTKONSULTING TEAM	M30	10	00:08:16	<b>00:19:04.65</b>	<b>00:19:04.65</b>	+00:03:24 (17.8%)	11:12	5.3 (81.5%)	
34	<b>ŻUCHOWSKI Daniel</b>	<b>2153</b>	MUAY RUNNING TEAM	M30	11	00:08:25	<b>00:19:10.95</b>	<b>00:19:10.95</b>	+00:03:30 (18.3%)	11:16	5.3 (81.5%)	
35	<b>SMOLEŃ Jarosław</b>	<b>2259</b>		M40	8	00:08:35	<b>00:19:13.30</b>	<b>00:19:13.30</b>	+00:03:32 (18.4%)	11:18	5.3 (81.5%)	
36	<b>GALMAN Adam</b>	<b>2214</b>		M40	9	00:08:26	<b>00:19:16.70</b>	<b>00:19:16.70</b>	+00:03:36 (18.7%)	11:20	5.3 (81.5%)	
37	<b>WITOWSKA Mirosława</b>	<b>1004</b>	SALCO GARMIN TEAM	K20	2	00:08:36	<b>00:19:19.20</b>	<b>00:19:19.20</b>	+00:03:38 (18.9%)	11:21	5.3 (81.5%)	
38	<b>CHODOROWSKI Krzysztof</b>	<b>2105</b>	PRZEDWOJEWSKI MOUNTAIN TEAM	M30	12	00:08:39	<b>00:19:27.75</b>	<b>00:19:27.75</b>	+00:03:47 (19.5%)	11:26	5.2 (80.0%)	
39	<b>SZATANIK Zbigniew</b>	<b>2219</b>		M50	2	00:08:59	<b>00:19:33.35</b>	<b>00:19:33.35</b>	+00:03:52 (19.8%)	11:30	5.2 (80.0%)	
40	<b>SOKOŁOWSKI Marek</b>	<b>2014</b>	ALPIN SPORT TEAM	M40	10	00:08:58	<b>00:19:35.50</b>	<b>00:19:35.50</b>	+00:03:54 (20.0%)	11:31	5.2 (80.0%)	
41	<b>PYTEL Janusz</b>	<b>2311</b>		M60	1	00:08:58	<b>00:19:43.05</b>	<b>00:19:43.05</b>	+00:04:02 (20.5%)	11:35	5.2 (80.0%)	
42	<b>PORĘBSKI Rafał</b>	<b>2158</b>	EVIL TEAM	M40	11	00:08:44	<b>00:19:45.10</b>	<b>00:19:45.10</b>	+00:04:04 (20.6%)	11:37	5.2 (80.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
43	<b>SAWICKI Szymon</b>	<b>2222</b>	TKN TATRA TEAM	M40	12	00:08:48	<b>00:19:48.55</b>	<b>00:19:48.55</b>	+00:04:08 (20.9%)	11:38	5.2 (80.0%)
44	<b>OŚLIZŁO Tomasz</b>	<b>2244</b>	XRUNNERS	M30	13	00:08:55	<b>00:19:48.65</b>	<b>00:19:48.65</b>	+00:04:08 (20.9%)	11:38	5.2 (80.0%)
45	<b>NOSALIK Marek</b>	<b>2170</b>	MTA	M50	3	00:09:07	<b>00:19:54.15</b>	<b>00:19:54.15</b>	+00:04:13 (21.2%)	11:42	5.1 (78.5%)
46	<b>WYWŁOKA Paulina</b>	<b>1003</b>	SALCO GARMIN TEAM	K20	3	00:08:59	<b>00:19:55.70</b>	<b>00:19:55.70</b>	+00:04:15 (21.3%)	11:42	5.1 (78.5%)
47	<b>TARGOSZ Michał</b>	<b>2260</b>	ITMBW KRAKÓW	M30	14	00:08:55	<b>00:19:56.00</b>	<b>00:19:56.00</b>	+00:04:15 (21.4%)	11:43	5.1 (78.5%)
48	<b>TOKAREWICZ Damian</b>	<b>2059</b>	ZEBRY	M30	15	00:08:54	<b>00:20:01.10</b>	<b>00:20:01.10</b>	+00:04:20 (21.7%)	11:46	5.1 (78.5%)
49	<b>SZCZYPKA Bartosz</b>	<b>2038</b>		M30	16	00:08:53	<b>00:20:07.90</b>	<b>00:20:07.90</b>	+00:04:27 (22.1%)	11:50	5.1 (78.5%)
50	<b>WRÓBLEWSKI Jan</b>	<b>2317</b>		M40	13	00:09:11	<b>00:20:22.40</b>	<b>00:20:22.40</b>	+00:04:41 (23.1%)	11:58	5 (76.9%)
51	<b>KOCHEL Paweł</b>	<b>2167</b>		M30	17	00:08:57	<b>00:20:26.75</b>	<b>00:20:26.75</b>	+00:04:46 (23.3%)	12:01	5 (76.9%)
52	<b>BADURA Adam</b>	<b>2173</b>	FORMA WODZISŁAW ŚLĄSKI	M40	14	00:09:13	<b>00:20:28.55</b>	<b>00:20:28.55</b>	+00:04:48 (23.4%)	12:02	5 (76.9%)
53	<b>DUDZIK Łukasz</b>	<b>2242</b>	GÓRAL BIEGA	M30	18	00:09:04	<b>00:20:30.00</b>	<b>00:20:30.00</b>	+00:04:49 (23.5%)	12:03	5 (76.9%)
54	<b>SNARSKI Dariusz</b>	<b>2120</b>	URTICA TEAM	M40	15	00:09:25	<b>00:20:32.35</b>	<b>00:20:32.35</b>	+00:04:51 (23.7%)	12:04	5 (76.9%)
55	<b>GRUND Marek</b>	<b>2022</b>	MAFIA TEAM LUBLINIEC	M20	15	00:09:05	<b>00:20:33.80</b>	<b>00:20:33.80</b>	+00:04:53 (23.8%)	12:05	5 (76.9%)
56	<b>MALINOWSKI Przemysław</b>	<b>2122</b>		M30	19	00:09:09	<b>00:20:34.65</b>	<b>00:20:34.65</b>	+00:04:54 (23.8%)	12:05	5 (76.9%)
57	<b>DOMISZEWSKA Maria</b>	<b>1070</b>		K50	1	00:09:15	<b>00:20:35.85</b>	<b>00:20:35.85</b>	+00:04:55 (23.9%)	12:06	5 (76.9%)
58	<b>SZTEFKO Józef</b>	<b>2171</b>		M50	4	00:09:11	<b>00:20:36.35</b>	<b>00:20:36.35</b>	+00:04:55 (23.9%)	12:07	5 (76.9%)
59	<b>TRACZ Łukasz</b>	<b>2087</b>	WWW.TRENINGFIZJOTERAPIA.PL	M30	20	00:09:03	<b>00:20:37.40</b>	<b>00:20:37.40</b>	+00:04:56 (24.0%)	12:07	4.9 (75.4%)
60	<b>GARCORZ Dawid</b>	<b>2084</b>	MAFIA TEAM LUBLINIEC	M20	16	00:08:56	<b>00:20:38.50</b>	<b>00:20:38.50</b>	+00:04:57 (24.1%)	12:08	4.9 (75.4%)
61	<b>WRÓBLEWSKI Kamil</b>	<b>2254</b>		M30	21	00:09:06	<b>00:20:40.40</b>	<b>00:20:40.40</b>	+00:04:59 (24.2%)	12:09	4.9 (75.4%)
62	<b>KOS Tomasz</b>	<b>2285</b>	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	22	00:09:28	<b>00:20:42.05</b>	<b>00:20:42.05</b>	+00:05:01 (24.3%)	12:10	4.9 (75.4%)
63	<b>CHRAPKIEWICZ Michał</b>	<b>2121</b>	SBD ENERGETYK RYBNIK	M30	23	00:09:25	<b>00:20:42.55</b>	<b>00:20:42.55</b>	+00:05:02 (24.3%)	12:10	4.9 (75.4%)
64	<b>PROKSA Robert</b>	<b>2157</b>	CHROMIK MYSŁOWICE	M50	5	00:09:22	<b>00:20:46.25</b>	<b>00:20:46.25</b>	+00:05:05 (24.5%)	12:12	4.9 (75.4%)
65	<b>SOBOLA Grzegorz</b>	<b>2138</b>		M20	17	00:09:07	<b>00:20:47.20</b>	<b>00:20:47.20</b>	+00:05:06 (24.6%)	12:13	4.9 (75.4%)
66	<b>HAZUKA Ireneusz</b>	<b>2252</b>		M30	24	00:08:57	<b>00:20:52.10</b>	<b>00:20:52.10</b>	+00:05:11 (24.9%)	12:16	4.9 (75.4%)
67	<b>MENDECKA Michalina</b>	<b>1065</b>	MOSIR ŁAZISKA GÓRNE/1 SECOND TEAM	K20	4	00:09:30	<b>00:20:55.50</b>	<b>00:20:55.50</b>	+00:05:14 (25.1%)	12:18	4.9 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
68	<b>STOPA Michał</b>	<b>2268</b>	MARCINŚWIERCTEAM	M30	25	00:09:41	<b>00:20:59.35</b>	<b>00:20:59.35</b>	+00:05:18 (25.3%)	12:20	4.9 (75.4%)
69	<b>KAŁUŻNY Adam</b>	<b>2186</b>	SOCIOS SILESIA RACE	M30	26	00:09:42	<b>00:21:00.70</b>	<b>00:21:01.60</b>	+00:05:21 (25.4%)	12:21	4.9 (75.4%)
70	<b>PALIWODA Grzegorz</b>	<b>2249</b>		M30	27	00:09:16	<b>00:21:07.10</b>	<b>00:21:07.10</b>	+00:05:26 (25.8%)	12:25	4.8 (73.8%)
71	<b>NIESLON Mare</b>	<b>2127</b>	AKMB PEDZIWIATR GLIWICE	M30	28	00:09:14	<b>00:21:09.35</b>	<b>00:21:09.35</b>	+00:05:28 (25.9%)	12:26	4.8 (73.8%)
72	<b>DŁUŻNIEWSKI Jacek</b>	<b>2209</b>	ULTRASFCB	M40	16	00:09:45	<b>00:21:09.15</b>	<b>00:21:09.70</b>	+00:05:29 (25.9%)	12:26	4.8 (73.8%)
73	<b>FERENC Janusz</b>	<b>2011</b>	UKS LUDWIKOWICE	M60	2	00:09:43	<b>00:21:11.25</b>	<b>00:21:11.25</b>	+00:05:30 (26.0%)	12:27	4.8 (73.8%)
74	<b>CHOJNACKI Grzegorz</b>	<b>2162</b>	DZIADY OCR	M40	17	00:09:42	<b>00:21:12.20</b>	<b>00:21:12.20</b>	+00:05:31 (26.1%)	12:28	4.8 (73.8%)
75	<b>ŚCIESZKA Wojciech</b>	<b>2168</b>	13 ELT KRAKÓW - BALICE	M40	18	00:09:30	<b>00:21:13.55</b>	<b>00:21:13.55</b>	+00:05:33 (26.1%)	12:28	4.8 (73.8%)
76	<b>WASZTYL Tomasz</b>	<b>2110</b>		M40	19	00:09:23	<b>00:21:14.25</b>	<b>00:21:14.25</b>	+00:05:33 (26.2%)	12:29	4.8 (73.8%)
77	<b>SKALSKA Anna</b>	<b>1007</b>	FESTIWAL BIEGOWY KRYNICA ZDRÓJ	K30	1	00:09:16	<b>00:21:15.20</b>	<b>00:21:15.20</b>	+00:05:34 (26.2%)	12:30	4.8 (73.8%)
78	<b>SZEWczyk Damian</b>	<b>2215</b>		M40	20	00:09:38	<b>00:21:18.55</b>	<b>00:21:18.55</b>	+00:05:38 (26.4%)	12:31	4.8 (73.8%)
79	<b>GOMOŁYSEK Kinga</b>	<b>1001</b>	MATNER RUNNING TEAM	K30	2	00:09:48	<b>00:21:25.85</b>	<b>00:21:25.85</b>	+00:05:45 (26.9%)	12:35	4.8 (73.8%)
80	<b>ZYCH Katarzyna</b>	<b>1054</b>	BONNIE & CLYDE	K30	3	00:09:54	<b>00:21:26.15</b>	<b>00:21:26.15</b>	+00:05:45 (26.9%)	12:36	4.8 (73.8%)
81	<b>SWOBODA Tomasz</b>	<b>2265</b>	KURŁA! KAJ TA META?!	M20	18	00:09:15	<b>00:21:28.15</b>	<b>00:21:28.15</b>	+00:05:47 (27.0%)	12:37	4.8 (73.8%)
82	<b>MORAWIEC Marek</b>	<b>2043</b>	SZAKAL TEAM	M30	29	00:09:12	<b>00:21:29.25</b>	<b>00:21:29.25</b>	+00:05:48 (27.0%)	12:38	4.7 (72.3%)
83	<b>ŁUSZCZ Piotr</b>	<b>2206</b>	BRAVEHEARTS LEGIONOWO	M20	19	00:09:36	<b>00:21:30.80</b>	<b>00:21:30.80</b>	+00:05:50 (27.1%)	12:38	4.7 (72.3%)
84	<b>STANEK Piotr</b>	<b>2295</b>		M30	30	00:09:00	<b>00:21:32.70</b>	<b>00:21:32.70</b>	+00:05:52 (27.2%)	12:40	4.7 (72.3%)
85	<b>LIPA Piotr</b>	<b>2103</b>	OCR TEAM DĘBICA	M30	31	00:09:22	<b>00:21:33.95</b>	<b>00:21:33.95</b>	+00:05:53 (27.3%)	12:40	4.7 (72.3%)
86	<b>LUBOSZ Dariusz</b>	<b>2236</b>	NGB KŁOBUCK	M40	21	00:09:11	<b>00:21:34.15</b>	<b>00:21:34.15</b>	+00:05:53 (27.3%)	12:41	4.7 (72.3%)
87	<b>KAŻMIERCZAK Sławomir</b>	<b>2280</b>	FASTANDLIGHT.PL, ŁGG	M30	32	00:09:49	<b>00:21:36.25</b>	<b>00:21:36.25</b>	+00:05:55 (27.4%)	12:42	4.7 (72.3%)
88	<b>SZALA Krzysztof</b>	<b>2212</b>	BIEGAMGDZIECHCE.PL	M30	33	00:09:24	<b>00:21:37.30</b>	<b>00:21:37.30</b>	+00:05:56 (27.5%)	12:42	4.7 (72.3%)
89	<b>KUBERA Dawid</b>	<b>2276</b>	ALWAYSINMOTION.PL	M30	34	00:09:19	<b>00:21:39.15</b>	<b>00:21:39.15</b>	+00:05:58 (27.6%)	12:44	4.7 (72.3%)
90	<b>TESZNER Adrian</b>	<b>2108</b>	RUNTEAM PAWŁOWICE	M20	20	00:09:22	<b>00:21:40.00</b>	<b>00:21:40.00</b>	+00:05:59 (27.7%)	12:44	4.7 (72.3%)
91	<b>GRYGIEL Marek</b>	<b>2071</b>	JACEKBIEGA RUNNING TEAM	M40	22	00:09:22	<b>00:21:42.05</b>	<b>00:21:42.05</b>	+00:06:01 (27.8%)	12:45	4.7 (72.3%)
92	<b>WĘGLARZ Waldemar</b>	<b>2293</b>	EXTREME CLUB RABKA	M40	23	00:09:35	<b>00:21:45.15</b>	<b>00:21:45.15</b>	+00:06:04 (27.9%)	12:47	4.7 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
93	<b>BROL Dominika</b>	<b>1014</b>	ENDURANCE TEAM	K30	4	00:09:51	<b>00:21:47.25</b>	<b>00:21:47.25</b>	+00:06:06 (28.1%)	12:48	4.7 (72.3%)
94	<b>GARCZYŃSKA-WAŚ Bogusława</b>	<b>1050</b>	WM TRISELF	K40	1	00:09:57	<b>00:21:47.60</b>	<b>00:21:47.60</b>	+00:06:07 (28.1%)	12:48	4.7 (72.3%)
95	<b>RADOMSKI Zbigniew</b>	<b>2205</b>	TKKF BESKIDEK BB	M60	3	00:09:55	<b>00:21:48.00</b>	<b>00:21:48.00</b>	+00:06:07 (28.1%)	12:49	4.7 (72.3%)
96	<b>URBAN Wiktor</b>	<b>2175</b>	NIGHT RUNNERS ZABRZE	M30	35	00:09:38	<b>00:21:51.30</b>	<b>00:21:51.30</b>	+00:06:10 (28.3%)	12:51	4.7 (72.3%)
97	<b>GĘBARA Łukasz</b>	<b>2102</b>	OCR TEAM DĘBICA	M20	21	00:09:34	<b>00:21:52.00</b>	<b>00:21:52.00</b>	+00:06:11 (28.3%)	12:51	4.7 (72.3%)
97	<b>GARDENER Jacek</b>	<b>2109</b>	JACEKBIEGA RUNNING TEAM	M50	6	00:09:51	<b>00:21:52.00</b>	<b>00:21:52.00</b>	+00:06:11 (28.3%)	12:51	4.7 (72.3%)
99	<b>KWIATKOWSKA Kinga</b>	<b>1006</b>	ALPIN SPORT TEAM	K30	5	00:10:11	<b>00:21:55.65</b>	<b>00:21:55.65</b>	+00:06:15 (28.5%)	12:53	4.7 (72.3%)
100	<b>MIKULSKI Michał</b>	<b>2261</b>	GREMI BOCHNIA	M30	36	00:09:42	<b>00:21:55.70</b>	<b>00:21:55.70</b>	+00:06:15 (28.5%)	12:53	4.7 (72.3%)
101	<b>KUBACZKA Grzegorz</b>	<b>2196</b>	WWW.AG-ARCHITEKCI.PL	M30	37	00:09:32	<b>00:22:00.85</b>	<b>00:22:00.85</b>	+00:06:20 (28.8%)	12:56	4.6 (70.8%)
102	<b>SZKODA Dariusz</b>	<b>2042</b>	SOCIOS SILESIA	M30	38	00:09:53	<b>00:22:02.25</b>	<b>00:22:02.25</b>	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
103	<b>KUPIJAJ Marcin</b>	<b>2023</b>	SOCIOS SILESIA	M20	22	00:09:48	<b>00:22:02.30</b>	<b>00:22:02.30</b>	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
104	<b>MAZUR Damian</b>	<b>2053</b>	SOCIOS SILESIA	M30	39	00:09:43	<b>00:22:02.45</b>	<b>00:22:02.45</b>	+00:06:21 (28.9%)	12:57	4.6 (70.8%)
105	<b>STEFAŃSKI Zbyszek</b>	<b>2240</b>	HEBEL	M40	24	00:09:49	<b>00:22:03.35</b>	<b>00:22:03.35</b>	+00:06:22 (28.9%)	12:58	4.6 (70.8%)
106	<b>SMUDA Krzysztof</b>	<b>2207</b>		M30	40	00:09:43	<b>00:22:03.55</b>	<b>00:22:03.55</b>	+00:06:23 (28.9%)	12:58	4.6 (70.8%)
107	<b>BRÓG Wojciech</b>	<b>2101</b>		M30	41	00:09:39	<b>00:22:05.95</b>	<b>00:22:05.95</b>	+00:06:25 (29.1%)	12:59	4.6 (70.8%)
108	<b>BAZYL Adam</b>	<b>2156</b>	BREMBO	M30	42	00:09:58	<b>00:22:06.25</b>	<b>00:22:06.25</b>	+00:06:25 (29.1%)	13:00	4.6 (70.8%)
109	<b>GWÓZDŹ Michał</b>	<b>2065</b>	#CZELADZBIEGA	M40	25	00:09:40	<b>00:22:06.55</b>	<b>00:22:06.55</b>	+00:06:26 (29.1%)	13:00	4.6 (70.8%)
110	<b>HURAS Michał</b>	<b>2189</b>	CF KUŹNIA DAMIANA	M20	23	00:10:15	<b>00:22:07.45</b>	<b>00:22:07.45</b>	+00:06:26 (29.1%)	13:00	4.6 (70.8%)
111	<b>BOLECHOWSKA Dominika</b>	<b>1072</b>		K40	2	00:10:20	<b>00:22:10.60</b>	<b>00:22:10.60</b>	+00:06:30 (29.3%)	13:02	4.6 (70.8%)
112	<b>TOMCZYK Tomasz</b>	<b>2271</b>		M30	43	00:09:33	<b>00:22:10.80</b>	<b>00:22:10.80</b>	+00:06:30 (29.3%)	13:02	4.6 (70.8%)
113	<b>KRAJEWSKI Maciej</b>	<b>2151</b>		M30	44	00:09:49	<b>00:22:12.40</b>	<b>00:22:12.40</b>	+00:06:31 (29.4%)	13:03	4.6 (70.8%)
114	<b>GIŻYŃSKI Damian</b>	<b>2032</b>	KOLEJARZ BEST FOR YOU	M30	45	00:09:28	<b>00:22:14.60</b>	<b>00:22:14.60</b>	+00:06:34 (29.5%)	13:04	4.6 (70.8%)
115	<b>BUKOWSKI Marek</b>	<b>2272</b>		M40	26	00:10:11	<b>00:22:15.30</b>	<b>00:22:15.30</b>	+00:06:34 (29.6%)	13:05	4.6 (70.8%)
116	<b>ZATORSKA Izabela</b>	<b>1002</b>	ALPIN SPORT TEAM	K50	2	00:10:14	<b>00:22:15.70</b>	<b>00:22:15.70</b>	+00:06:35 (29.6%)	13:05	4.6 (70.8%)
117	<b>ĆWIKŁA Krzysztof</b>	<b>2247</b>		M50	7	00:10:02	<b>00:22:18.15</b>	<b>00:22:18.15</b>	+00:06:37 (29.7%)	13:07	4.6 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
118	<b>KOWALCZYK Paweł</b>	<b>2060</b>	KĘCKIEHARPAGANY	M40	27	00:09:51	<b>00:22:18.90</b>	<b>00:22:18.90</b>	+00:06:38 (29.8%)	13:07	4.6 (70.8%)
119	<b>BORÓWKA Ryszard</b>	<b>2017</b>		M40	28	00:10:16	<b>00:22:20.60</b>	<b>00:22:20.60</b>	+00:06:40 (29.8%)	13:08	4.6 (70.8%)
120	<b>KLONOWSKI Kamil</b>	<b>2289</b>	HUSARIA RACE TEAM	M20	24	00:10:00	<b>00:22:22.80</b>	<b>00:22:22.80</b>	+00:06:42 (30.0%)	13:09	4.6 (70.8%)
121	<b>WRZESZCZ Mariusz</b>	<b>2181</b>	TMTEAM	M20	25	00:09:49	<b>00:22:24.30</b>	<b>00:22:24.30</b>	+00:06:43 (30.0%)	13:10	4.6 (70.8%)
122	<b>GLEISNER Tomasz</b>	<b>2200</b>	EKIPA Z TARNOWA	M40	29	00:10:09	<b>00:22:25.40</b>	<b>00:22:25.40</b>	+00:06:44 (30.1%)	13:11	4.6 (70.8%)
123	<b>ŻOCZEK Szymon</b>	<b>2044</b>	NIE PRZESTAWAJ MARZYĆ	M20	26	00:09:59	<b>00:22:30.25</b>	<b>00:22:30.25</b>	+00:06:49 (30.3%)	13:14	4.5 (69.2%)
124	<b>BORZĘCKI Damian</b>	<b>2096</b>	SOCIOS SILESIA	M30	46	00:10:01	<b>00:22:30.45</b>	<b>00:22:30.45</b>	+00:06:49 (30.4%)	13:14	4.5 (69.2%)
125	<b>KAŁUŻA Jerzy</b>	<b>2211</b>		M30	47	00:09:46	<b>00:22:32.10</b>	<b>00:22:32.10</b>	+00:06:51 (30.4%)	13:15	4.5 (69.2%)
126	<b>GÓRSKI Jakub</b>	<b>2172</b>		M30	48	00:10:00	<b>00:22:33.15</b>	<b>00:22:33.15</b>	+00:06:52 (30.5%)	13:15	4.5 (69.2%)
127	<b>DUTKIEWICZ Leszek</b>	<b>2182</b>		M30	49	00:10:10	<b>00:22:35.35</b>	<b>00:22:35.35</b>	+00:06:54 (30.6%)	13:17	4.5 (69.2%)
128	<b>CHACHUŁA Ryszard</b>	<b>2117</b>	DY CZUŚ TEAM	M40	30	00:09:48	<b>00:22:37.25</b>	<b>00:22:37.25</b>	+00:06:56 (30.7%)	13:18	4.5 (69.2%)
129	<b>SAWICKI Marek</b>	<b>2208</b>		M30	50	00:09:57	<b>00:22:37.40</b>	<b>00:22:37.40</b>	+00:06:56 (30.7%)	13:18	4.5 (69.2%)
130	<b>MAMALA Justyna</b>	<b>1019</b>		K20	5	00:10:26	<b>00:22:39.10</b>	<b>00:22:39.10</b>	+00:06:58 (30.8%)	13:19	4.5 (69.2%)
131	<b>PIASECKI Adam</b>	<b>2107</b>		M40	31	00:09:45	<b>00:22:39.40</b>	<b>00:22:39.40</b>	+00:06:58 (30.8%)	13:19	4.5 (69.2%)
132	<b>OSIEJEWSKI Marcin</b>	<b>2188</b>		M30	51	00:10:20	<b>00:22:40.80</b>	<b>00:22:40.80</b>	+00:07:00 (30.9%)	13:20	4.5 (69.2%)
133	<b>CEBULA Tomasz</b>	<b>2115</b>		M30	52	00:10:06	<b>00:22:42.15</b>	<b>00:22:42.15</b>	+00:07:01 (31.0%)	13:21	4.5 (69.2%)
134	<b>STEC Jakub</b>	<b>2129</b>	DECATHLON BBEST	M20	27	00:10:17	<b>00:22:43.25</b>	<b>00:22:43.25</b>	+00:07:02 (31.0%)	13:21	4.5 (69.2%)
135	<b>JAKUBAS Grzegorz</b>	<b>2302</b>	KL CZANTORIA	M30	53	00:10:22	<b>00:22:44.15</b>	<b>00:22:44.15</b>	+00:07:03 (31.1%)	13:22	4.5 (69.2%)
136	<b>KUŚMIERSKI Michał</b>	<b>2033</b>	BBRUNNERS/UBS	M30	54	00:10:19	<b>00:22:44.95</b>	<b>00:22:44.95</b>	+00:07:04 (31.1%)	13:22	4.5 (69.2%)
137	<b>BUCZYŃSKI Adam</b>	<b>2025</b>	NON STOP TRAIL	M40	32	00:10:11	<b>00:22:47.40</b>	<b>00:22:47.40</b>	+00:07:06 (31.2%)	13:24	4.5 (69.2%)
138	<b>GÓRNY Mirosław</b>	<b>2165</b>	NUTREND TEAM	M50	8	00:10:08	<b>00:22:52.45</b>	<b>00:22:52.45</b>	+00:07:11 (31.5%)	13:27	4.5 (69.2%)
139	<b>SKRZECZYŃSKI Sławomir</b>	<b>2290</b>	HEJ, JAK TA SARNA!	M40	33	00:10:27	<b>00:22:57.30</b>	<b>00:22:57.30</b>	+00:07:16 (31.7%)	13:30	4.4 (67.7%)
140	<b>GRZYBEK Antoni</b>	<b>2246</b>		M40	34	00:10:08	<b>00:22:58.50</b>	<b>00:22:58.50</b>	+00:07:17 (31.8%)	13:30	4.4 (67.7%)
141	<b>BARANOWSKI Marcin</b>	<b>2315</b>		M30	55	00:10:18	<b>00:22:58.60</b>	<b>00:22:58.60</b>	+00:07:18 (31.8%)	13:30	4.4 (67.7%)
142	<b>GRUSZKA Grzegorz</b>	<b>2057</b>	ENDURANCE TEAM	M40	35	00:10:06	<b>00:22:58.95</b>	<b>00:22:58.95</b>	+00:07:18 (31.8%)	13:30	4.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
143	<b>LANGE Beata</b>	<b>1063</b>	BIŁGORAJ BIEGA	K40	3	00:10:36	<b>00:23:00.35</b>	<b>00:23:00.35</b>	+00:07:19 (31.9%)	13:31	4.4 (67.7%)
144	<b>MAJCHROWSKI Jacek</b>	<b>2085</b>	CKB TARNOBRZEG	M40	36	00:09:51	<b>00:23:01.40</b>	<b>00:23:01.40</b>	+00:07:20 (31.9%)	13:32	4.4 (67.7%)
145	<b>KACZMARCZYK Przemysław</b>	<b>2095</b>	MATNER RUNNING TEAM/WATAHA	M20	28	00:10:03	<b>00:23:02.55</b>	<b>00:23:02.55</b>	+00:07:22 (32.0%)	13:32	4.4 (67.7%)
146	<b>OWERKO Tomasz</b>	<b>2309</b>		M30	56	00:10:00	<b>00:23:03.40</b>	<b>00:23:03.40</b>	+00:07:22 (32.0%)	13:33	4.4 (67.7%)
147	<b>GACH Damian</b>	<b>2123</b>	CF KUŹNIA DAMIANA	M20	29	00:10:17	<b>00:23:04.40</b>	<b>00:23:04.40</b>	+00:07:23 (32.1%)	13:34	4.4 (67.7%)
148	<b>DORNICKI Tomasz</b>	<b>2304</b>		M40	37	00:10:19	<b>00:23:04.75</b>	<b>00:23:04.75</b>	+00:07:24 (32.1%)	13:34	4.4 (67.7%)
149	<b>FLORYS Jakub</b>	<b>2072</b>	MORSKI KOŃ	M30	57	00:10:18	<b>00:23:06.00</b>	<b>00:23:06.00</b>	+00:07:25 (32.1%)	13:35	4.4 (67.7%)
149	<b>KNAP Mateusz</b>	<b>2021</b>	DYNAFIT / TUTTU.PL	M20	30		<b>00:23:06.00</b>	<b>00:23:06.00</b>	+00:07:25 (32.1%)	13:35	4.4 (67.7%)
151	<b>RAJA Paweł</b>	<b>2299</b>	SKYRUNNING POLSKA	M30	58	00:09:44	<b>00:23:08.05</b>	<b>00:23:08.05</b>	+00:07:27 (32.2%)	13:36	4.4 (67.7%)
152	<b>KOZIOŁ Kamil</b>	<b>2131</b>	G.O.A.T. TEAM MICHAŁOWICE	M20	31	00:10:28	<b>00:23:10.30</b>	<b>00:23:10.30</b>	+00:07:29 (32.3%)	13:37	4.4 (67.7%)
153	<b>WYPUKOŁ Jakub</b>	<b>2291</b>	SOCIOS SILESIA	M20	32	00:10:16	<b>00:23:12.10</b>	<b>00:23:12.10</b>	+00:07:31 (32.4%)	13:38	4.4 (67.7%)
154	<b>JASTRZĘBSKI Piotr</b>	<b>2058</b>	SOCIOS SILESIA	M30	59	00:10:10	<b>00:23:15.40</b>	<b>00:23:15.40</b>	+00:07:34 (32.6%)	13:40	4.4 (67.7%)
155	<b>KALITA Arek</b>	<b>2233</b>	KAMAK	M40	38	00:10:24	<b>00:23:15.45</b>	<b>00:23:15.45</b>	+00:07:34 (32.6%)	13:40	4.4 (67.7%)
156	<b>OSTROWSKI Maciej</b>	<b>2275</b>	SOCIOS SILESIA	M20	33	00:10:14	<b>00:23:16.55</b>	<b>00:23:16.55</b>	+00:07:36 (32.7%)	13:41	4.4 (67.7%)
157	<b>RAKSZAWA Krzysztof</b>	<b>2306</b>		M40	39	00:10:30	<b>00:23:17.60</b>	<b>00:23:17.60</b>	+00:07:37 (32.7%)	13:41	4.4 (67.7%)
158	<b>ŚWIŃCZYK Marcin</b>	<b>2227</b>	GRUPA KRYZYS	M30	60	00:10:26	<b>00:23:18.60</b>	<b>00:23:18.60</b>	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
159	<b>WOŹNIAK Radosław</b>	<b>2225</b>	SKAWINA BIEGA	M30	61	00:10:07	<b>00:23:18.80</b>	<b>00:23:18.80</b>	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
160	<b>KIEŁTYKA Zbigniew</b>	<b>2221</b>	KW GLIWICE	M40	40	00:10:25	<b>00:23:18.90</b>	<b>00:23:18.90</b>	+00:07:38 (32.8%)	13:42	4.4 (67.7%)
161	<b>DYDUŁA Łukasz</b>	<b>2125</b>	ITAL CAR TEAM	M40	41	00:10:20	<b>00:23:19.90</b>	<b>00:23:19.90</b>	+00:07:39 (32.8%)	13:42	4.4 (67.7%)
162	<b>DOLATA Krzysztof</b>	<b>2055</b>	SOCIOS SILESIA	M30	62	00:09:58	<b>00:23:20.90</b>	<b>00:23:20.90</b>	+00:07:40 (32.9%)	13:43	4.4 (67.7%)
163	<b>HORA Grzegorz</b>	<b>2086</b>		M30	63	00:10:26	<b>00:23:21.00</b>	<b>00:23:21.00</b>	+00:07:40 (32.9%)	13:44	4.4 (67.7%)
164	<b>RZEPKA Piotr</b>	<b>2050</b>	SPORTOWY ŚWIR	M20	34	00:10:13	<b>00:23:22.05</b>	<b>00:23:22.05</b>	+00:07:41 (32.9%)	13:44	4.4 (67.7%)
165	<b>STOLARSKI Paweł</b>	<b>2166</b>		M30	64	00:10:29	<b>00:23:22.95</b>	<b>00:23:22.95</b>	+00:07:42 (33.0%)	13:44	4.4 (67.7%)
166	<b>FUTYMA Daniel</b>	<b>2159</b>		M40	42	00:10:25	<b>00:23:24.60</b>	<b>00:23:24.60</b>	+00:07:44 (33.0%)	13:45	4.4 (67.7%)
167	<b>STELMASZCZYK Bartłomiej</b>	<b>2070</b>	SCOUT TAEM	M40	43	00:10:25	<b>00:23:25.75</b>	<b>00:23:25.75</b>	+00:07:45 (33.1%)	13:46	4.4 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
168	<b>DARCHUK</b> Oleksandr	<b>2273</b>		M40	44	00:10:21	<b>00:23:27.25</b>	<b>00:23:27.25</b>	+00:07:46 (33.2%)	13:47	4.3 (66.2%)
169	<b>SUDNIK</b> Krzysztof	<b>2051</b>		M30	65	00:10:22	<b>00:23:27.75</b>	<b>00:23:27.75</b>	+00:07:47 (33.2%)	13:47	4.3 (66.2%)
170	<b>RATYŃSKI</b> Bartłomiej	<b>2046</b>	HAPPY RUNNERS	M30	66	00:10:35	<b>00:23:28.15</b>	<b>00:23:28.15</b>	+00:07:47 (33.2%)	13:48	4.3 (66.2%)
171	<b>DUDZIAK</b> Marek	<b>2274</b>	BB RUNNERS / DUDIKOM.PL	M30	67	00:10:41	<b>00:23:32.30</b>	<b>00:23:32.30</b>	+00:07:51 (33.4%)	13:50	4.3 (66.2%)
172	<b>MIECH</b> Szymon	<b>2251</b>	HUSARIA RACE TEAM	M30	68	00:10:31	<b>00:23:35.00</b>	<b>00:23:35.00</b>	+00:07:54 (33.5%)	13:52	4.3 (66.2%)
173	<b>CIUPEK</b> Remigiusz	<b>2027</b>	#ODKRYWCYTAURUS	M30	69	00:10:33	<b>00:23:36.10</b>	<b>00:23:36.10</b>	+00:07:55 (33.6%)	13:52	4.3 (66.2%)
174	<b>BEDNARZ</b> Sebastian	<b>2066</b>	OTM. B	M40	45	00:10:27	<b>00:23:38.00</b>	<b>00:23:38.00</b>	+00:07:57 (33.7%)	13:54	4.3 (66.2%)
175	<b>TONDYS</b> Piotr	<b>2016</b>	TIGERS TEAM	M40	46	00:10:48	<b>00:23:40.45</b>	<b>00:23:40.45</b>	+00:07:59 (33.8%)	13:55	4.3 (66.2%)
176	<b>KRUPA</b> Grzegorz	<b>2318</b>		M40	47	00:10:29	<b>00:23:44.05</b>	<b>00:23:44.05</b>	+00:08:03 (34.0%)	13:57	4.3 (66.2%)
177	<b>ZĄBEK</b> Łukasz	<b>2218</b>	MATNER RUNNING TEAM	M40	48	00:10:17	<b>00:23:46.35</b>	<b>00:23:46.35</b>	+00:08:05 (34.1%)	13:58	4.3 (66.2%)
178	<b>KOCHMAN</b> Krzysztof	<b>2019</b>	HARPAGAN SOSNOWIEC	M40	49	00:10:28	<b>00:23:47.00</b>	<b>00:23:47.00</b>	+00:08:06 (34.1%)	13:59	4.3 (66.2%)
179	<b>WAŚ</b> Andrzej	<b>2180</b>		M40	50	00:10:32	<b>00:23:48.95</b>	<b>00:23:48.95</b>	+00:08:08 (34.2%)	14:00	4.3 (66.2%)
180	<b>LIWOCH</b> Sebastian	<b>2114</b>		M30	70	00:10:21	<b>00:23:49.65</b>	<b>00:23:49.65</b>	+00:08:09 (34.2%)	14:00	4.3 (66.2%)
181	<b>ROGOSZ</b> Marcin	<b>2031</b>	SOCIOS SILESIA	M30	71	00:10:26	<b>00:23:51.15</b>	<b>00:23:51.15</b>	+00:08:10 (34.3%)	14:01	4.3 (66.2%)
182	<b>WOŁOSZYN</b> Piotr	<b>2255</b>		M30	72	00:10:39	<b>00:23:54.20</b>	<b>00:23:54.20</b>	+00:08:13 (34.4%)	14:03	4.3 (66.2%)
183	<b>STALMACH</b> Damian	<b>2174</b>	LECYMY DURŚ	M40	51	00:10:17	<b>00:23:55.15</b>	<b>00:23:55.15</b>	+00:08:14 (34.5%)	14:04	4.3 (66.2%)
184	<b>JAGIELSKI</b> Piotr	<b>2187</b>		M40	52	00:10:37	<b>00:23:56.00</b>	<b>00:23:56.00</b>	+00:08:15 (34.5%)	14:04	4.3 (66.2%)
185	<b>MORAWSKI</b> Grzegorz	<b>2049</b>	TRENER24H.COM.PL	M30	73	00:10:25	<b>00:23:56.70</b>	<b>00:23:56.70</b>	+00:08:16 (34.5%)	14:04	4.3 (66.2%)
186	<b>KALAMUS</b> Mirek	<b>2220</b>	ULTRA BESKID SPORT	M40	53	00:10:39	<b>00:23:58.80</b>	<b>00:23:58.80</b>	+00:08:18 (34.6%)	14:05	4.3 (66.2%)
187	<b>KOSTRUBIEC</b> Maciej	<b>2250</b>		M20	35	00:10:13	<b>00:24:00.15</b>	<b>00:24:00.15</b>	+00:08:19 (34.7%)	14:07	4.3 (66.2%)
188	<b>RYGOŁ</b> Janusz	<b>2190</b>	CF KUŹNIA DAMIANA	M40	54	00:10:33	<b>00:24:01.70</b>	<b>00:24:01.70</b>	+00:08:21 (34.8%)	14:07	4.2 (64.6%)
189	<b>BARCZUK</b> Anna	<b>1069</b>		K20	6	00:10:34	<b>00:24:01.80</b>	<b>00:24:01.80</b>	+00:08:21 (34.8%)	14:07	4.2 (64.6%)
190	<b>BARTULA</b> Arkadiusz	<b>2135</b>	SPEED TEAM BRZESZCZE	M40	55	00:10:44	<b>00:24:04.10</b>	<b>00:24:04.10</b>	+00:08:23 (34.9%)	14:09	4.2 (64.6%)
191	<b>GÓRYŃSKI</b> Rafał	<b>2282</b>		M20	36	00:10:28	<b>00:24:04.85</b>	<b>00:24:04.85</b>	+00:08:24 (34.9%)	14:09	4.2 (64.6%)
192	<b>THIER</b> Dominik	<b>2283</b>		M40	56	00:10:42	<b>00:24:06.10</b>	<b>00:24:06.10</b>	+00:08:25 (35.0%)	14:10	4.2 (64.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
193	<b>URBAŃCZYK Dawid</b>	<b>2232</b>	LECYMY DURŚ	M30	74	00:10:59	<b>00:24:06.25</b>	<b>00:24:06.25</b>	+00:08:25 (35.0%)	14:10	4.2 (64.6%)
194	<b>JASEK Piotr</b>	<b>2303</b>	KL CZANTORIA	M40	57	00:10:40	<b>00:24:08.05</b>	<b>00:24:08.05</b>	+00:08:27 (35.0%)	14:11	4.2 (64.6%)
195	<b>BROJ Adrian</b>	<b>2263</b>	BROJ TEAM ŻLINICE	M50	9	00:10:46	<b>00:24:08.20</b>	<b>00:24:08.20</b>	+00:08:27 (35.1%)	14:11	4.2 (64.6%)
196	<b>ROSKOSZ Rafał</b>	<b>2199</b>	PRO-WINDOW ALU & GLASS DESINGTEAM TARNOWSKIE GÓRY	M40	58	00:10:43	<b>00:24:09.00</b>	<b>00:24:09.00</b>	+00:08:28 (35.1%)	14:12	4.2 (64.6%)
197	<b>SZAWUL Piotr</b>	<b>2258</b>	ITMBW KRAKÓW	M40	59	00:10:58	<b>00:24:09.65</b>	<b>00:24:09.65</b>	+00:08:29 (35.1%)	14:12	4.2 (64.6%)
198	<b>KURYŁO Zenon</b>	<b>2150</b>	SBD ENERGETYK RYBNIK	M50	10	00:11:15	<b>00:24:12.10</b>	<b>00:24:12.10</b>	+00:08:31 (35.2%)	14:14	4.2 (64.6%)
199	<b>SZWED Renata</b>	<b>1066</b>	ZF	K40	4	00:10:48	<b>00:24:19.05</b>	<b>00:24:19.05</b>	+00:08:38 (35.5%)	14:18	4.2 (64.6%)
200	<b>TEKIELI Tomek</b>	<b>2124</b>	KLUB BYŁYCH DŻENTELMENÓW	M30	75	00:11:05	<b>00:24:19.65</b>	<b>00:24:19.65</b>	+00:08:39 (35.6%)	14:18	4.2 (64.6%)
201	<b>BAC Michał</b>	<b>2148</b>		M30	76	00:10:56	<b>00:24:20.75</b>	<b>00:24:20.75</b>	+00:08:40 (35.6%)	14:18	4.2 (64.6%)
202	<b>DONIEC Tomasz</b>	<b>2192</b>	DECATHLON BIELSKO-BIAŁA	M20	37	00:10:35	<b>00:24:22.95</b>	<b>00:24:22.95</b>	+00:08:42 (35.7%)	14:20	4.2 (64.6%)
203	<b>STACHOWIAK Wiesław</b>	<b>2257</b>	NIGHT RUNNERS WROCŁAW	M40	60	00:11:06	<b>00:24:23.80</b>	<b>00:24:23.80</b>	+00:08:43 (35.7%)	14:20	4.2 (64.6%)
204	<b>KRZEMIŃSKI Tomasz</b>	<b>2228</b>		M30	77	00:10:56	<b>00:24:29.40</b>	<b>00:24:29.40</b>	+00:08:48 (36.0%)	14:24	4.2 (64.6%)
205	<b>PRONOBIS Marek</b>	<b>2134</b>	BWM TEAM	M30	78	00:10:49	<b>00:24:32.85</b>	<b>00:24:32.85</b>	+00:08:52 (36.1%)	14:25	4.2 (64.6%)
206	<b>BONDARA Sylwia</b>	<b>1008</b>	JACEKBIEGA RUNNING TEAM	K30	6	00:11:19	<b>00:24:34.65</b>	<b>00:24:34.65</b>	+00:08:54 (36.2%)	14:27	4.2 (64.6%)
207	<b>WARAS Wojciech</b>	<b>2226</b>		M30	79		<b>00:24:36.00</b>	<b>00:24:36.00</b>	+00:08:55 (36.3%)	14:28	4.1 (63.1%)
208	<b>REDZIK Dorota</b>	<b>1031</b>	ENDURANCE TEAM	K30	7	00:11:09	<b>00:24:36.75</b>	<b>00:24:37.40</b>	+00:08:56 (36.3%)	14:28	4.1 (63.1%)
209	<b>PIĄTEK Rafał</b>	<b>2098</b>	BEFIT24TEAM	M30	80	00:10:45	<b>00:24:40.50</b>	<b>00:24:40.50</b>	+00:08:59 (36.5%)	14:30	4.1 (63.1%)
210	<b>GANCARZ Mariusz</b>	<b>2054</b>		M40	61	00:11:02	<b>00:24:42.45</b>	<b>00:24:42.45</b>	+00:09:01 (36.6%)	14:31	4.1 (63.1%)
211	<b>LORENS Magdalena</b>	<b>1035</b>	G.O.A.T. TEAM MICHAŁOWICE	K20	7	00:11:00	<b>00:24:42.85</b>	<b>00:24:42.85</b>	+00:09:02 (36.6%)	14:31	4.1 (63.1%)
212	<b>KONDRATIUK Ira</b>	<b>1059</b>	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	K20	8	00:10:53	<b>00:24:45.05</b>	<b>00:24:45.05</b>	+00:09:04 (36.7%)	14:33	4.1 (63.1%)
213	<b>KRAWCZYK Wojciech</b>	<b>2161</b>	WOPR PIEKARY ŚLĄSKIE	M30	81	00:10:33	<b>00:24:45.65</b>	<b>00:24:45.65</b>	+00:09:05 (36.7%)	14:33	4.1 (63.1%)
214	<b>HERMAN Kamil</b>	<b>2163</b>	ZABIEGANY WOŁOMIN	M30	82	00:11:06	<b>00:24:46.15</b>	<b>00:24:46.15</b>	+00:09:05 (36.7%)	14:34	4.1 (63.1%)
215	<b>KAMIŃSKI Zbigniew</b>	<b>2267</b>	GRUBIORZE LOTAJOM	M30	83	00:10:48	<b>00:24:46.30</b>	<b>00:24:46.30</b>	+00:09:05 (36.7%)	14:34	4.1 (63.1%)
216	<b>MUSIALIK Jan</b>	<b>2217</b>	PRO-WINDOWS ALU & GLASS DESIGN TEAM TARNOWSKIE GÓRY	M40	62	00:10:47	<b>00:24:46.60</b>	<b>00:24:46.60</b>	+00:09:06 (36.7%)	14:34	4.1 (63.1%)
217	<b>DANIELCZUK Dominik</b>	<b>2201</b>	DOMAN TEAM	M30	84	00:10:35	<b>00:24:49.80</b>	<b>00:24:49.80</b>	+00:09:09 (36.9%)	14:35	4.1 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
218	<b>SZNAJDER Rafał</b>	<b>2234</b>	G.O.A.T. TEAM MICHAŁOWICE	M40	63	00:11:00	<b>00:24:53.35</b>	<b>00:24:53.35</b>	+00:09:12 (37.0%)	14:38	4.1 (63.1%)
219	<b>RACZYŃSKI Bogusz</b>	<b>2018</b>	TIGERS TEAM	M30	85	00:11:02	<b>00:24:59.60</b>	<b>00:24:59.60</b>	+00:09:19 (37.3%)	14:41	4.1 (63.1%)
220	<b>IMIELSKI Maciej</b>	<b>2223</b>	BRYGADA KRYZYS	M20	38	00:11:15	<b>00:25:01.60</b>	<b>00:25:01.60</b>	+00:09:21 (37.4%)	14:42	4.1 (63.1%)
221	<b>FALKOWSKI Piotr</b>	<b>2333</b>	KS PEGAZ PIASECZNO	M40	64	00:11:26	<b>00:25:03.55</b>	<b>00:25:03.55</b>	+00:09:23 (37.4%)	14:44	4.1 (63.1%)
222	<b>KUBIK Jarosław</b>	<b>2314</b>		M40	65	00:11:09	<b>00:25:07.85</b>	<b>00:25:07.85</b>	+00:09:27 (37.6%)	14:46	4.1 (63.1%)
223	<b>PRZEPIÓRKA Michał</b>	<b>2256</b>		M30	86	00:11:09	<b>00:25:14.90</b>	<b>00:25:14.90</b>	+00:09:34 (37.9%)	14:50	4 (61.5%)
224	<b>BRODEK Andrzej</b>	<b>2119</b>	CERTUM	M40	66	00:11:04	<b>00:25:16.70</b>	<b>00:25:16.70</b>	+00:09:36 (38.0%)	14:51	4 (61.5%)
225	<b>POTOCZNY Mirosław</b>	<b>2080</b>	TRAILRUNNERSJAWORZNO/Z BIEGANIEM MI DO TWARZY	M40	67	00:11:18	<b>00:25:18.25</b>	<b>00:25:18.25</b>	+00:09:37 (38.1%)	14:52	4 (61.5%)
226	<b>PITAS Andrzej</b>	<b>2270</b>	ZAPIERDALACZE	M40	68	00:11:11	<b>00:25:19.05</b>	<b>00:25:19.05</b>	+00:09:38 (38.1%)	14:53	4 (61.5%)
227	<b>SZOSTAK Artur</b>	<b>2073</b>	BRAVEHEARTS LEGIONOWO	M20	39	00:11:22	<b>00:25:19.95</b>	<b>00:25:19.95</b>	+00:09:39 (38.1%)	14:53	4 (61.5%)
228	<b>STRYCZEK Tomasz</b>	<b>2079</b>	AKTYWNY WEEKEND	M30	87	00:11:14	<b>00:25:22.30</b>	<b>00:25:22.30</b>	+00:09:41 (38.2%)	14:55	4 (61.5%)
229	<b>SMUDA Ryszard</b>	<b>2154</b>		M60	4	00:11:21	<b>00:25:32.05</b>	<b>00:25:32.05</b>	+00:09:51 (38.6%)	15:01	4 (61.5%)
230	<b>SWOBODA Jarosław</b>	<b>2064</b>	NIGHT RUNNERS GLIWICE	M40	69	00:11:32	<b>00:25:36.05</b>	<b>00:25:36.05</b>	+00:09:55 (38.8%)	15:03	4 (61.5%)
231	<b>JACHYM Arkadiusz</b>	<b>2068</b>	SOCIOS SILESIA	M30	88	00:10:51	<b>00:25:40.15</b>	<b>00:25:40.15</b>	+00:09:59 (38.9%)	15:05	4 (61.5%)
232	<b>BŁASZCZYK Sebastian</b>	<b>2264</b>	KURŁA KAJ TA META ?!	M20	40	00:10:57	<b>00:25:44.25</b>	<b>00:25:44.25</b>	+00:10:03 (39.1%)	15:08	4 (61.5%)
233	<b>DELONG Sebastian</b>	<b>2130</b>	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	M40	70	00:11:27	<b>00:25:45.65</b>	<b>00:25:45.65</b>	+00:10:05 (39.1%)	15:08	4 (61.5%)
234	<b>SMACZYŃSKI Dariusz</b>	<b>2313</b>		M50	11	00:11:10	<b>00:25:54.70</b>	<b>00:25:54.70</b>	+00:10:14 (39.5%)	15:14	3.9 (60.0%)
235	<b>ZAWADZKI Damian</b>	<b>2300</b>	LECYMY DURŚ	M30	89	00:10:38	<b>00:25:55.25</b>	<b>00:25:55.25</b>	+00:10:14 (39.5%)	15:14	3.9 (60.0%)
236	<b>KADŁUBEK Aleksander</b>	<b>2091</b>	OSP REPTY ŚLĄSKIE/TKTJ	M30	90	00:11:53	<b>00:25:57.80</b>	<b>00:25:57.80</b>	+00:10:17 (39.6%)	15:15	3.9 (60.0%)
237	<b>WOJTYRA Karolina</b>	<b>1060</b>	ENTER AIR RUNNERS CLUB	K20	9	00:11:52	<b>00:25:59.95</b>	<b>00:25:59.95</b>	+00:10:19 (39.7%)	15:17	3.9 (60.0%)
238	<b>PUCHAJDA Monika</b>	<b>1032</b>		K30	8	00:11:50	<b>00:26:00.15</b>	<b>00:26:00.15</b>	+00:10:19 (39.7%)	15:17	3.9 (60.0%)
239	<b>CIOĆ Robert</b>	<b>2301</b>		M30	91	00:11:56	<b>00:26:01.05</b>	<b>00:26:01.05</b>	+00:10:20 (39.7%)	15:18	3.9 (60.0%)
240	<b>ZIĘBA Anna</b>	<b>1017</b>	PORANNY PATROL	K30	9	00:11:58	<b>00:26:01.55</b>	<b>00:26:01.55</b>	+00:10:21 (39.8%)	15:18	3.9 (60.0%)
241	<b>SEREMET Piotr</b>	<b>2193</b>	WWW.S-PROJEKTY.PL	M40	71	00:10:59	<b>00:26:02.65</b>	<b>00:26:02.65</b>	+00:10:22 (39.8%)	15:18	3.9 (60.0%)
242	<b>KOŚCIELNY Łukasz</b>	<b>2204</b>	FORMA WODZISŁAW ŚLĄSKI	M40	72	00:11:10	<b>00:26:04.10</b>	<b>00:26:04.10</b>	+00:10:23 (39.9%)	15:20	3.9 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
						Polowka 0.9km	1.7km					
243	<b>SIKORA Mariusz</b>	<b>2089</b>	GOGGLE PAE TEAM/SREBRNI BIEGACZE TARNOWSKIE GÓRY	M40	73	00:11:15	<b>00:26:05.50</b>	<b>00:26:05.50</b>	+00:10:24 (39.9%)	15:20	3.9 (60.0%)	
244	<b>ŚWIERK Krystyna</b>	<b>1068</b>		K60	1	00:12:16	<b>00:26:06.45</b>	<b>00:26:06.45</b>	+00:10:25 (40.0%)	15:21	3.9 (60.0%)	
245	<b>MA CZKA Krystyna</b>	<b>1009</b>	OTK RZEŻNIK	K60	2	00:12:08	<b>00:26:08.05</b>	<b>00:26:08.05</b>	+00:10:27 (40.0%)	15:22	3.9 (60.0%)	
246	<b>RZEPKA Magdalena</b>	<b>1061</b>	NIGHT RUNNERS	K30	10	00:11:34	<b>00:26:11.45</b>	<b>00:26:11.45</b>	+00:10:30 (40.1%)	15:24	3.9 (60.0%)	
247	<b>GUZIAK Irena</b>	<b>1041</b>	4	K40	5	00:12:01	<b>00:26:17.75</b>	<b>00:26:17.75</b>	+00:10:37 (40.4%)	15:27	3.9 (60.0%)	
248	<b>TERLECKI Marcin</b>	<b>2307</b>		M40	74	00:11:14	<b>00:26:33.20</b>	<b>00:26:33.20</b>	+00:10:52 (41.0%)	15:37	3.8 (58.5%)	
249	<b>WRZESIŃSKI Piotr</b>	<b>2179</b>	GAPPAG TEAM	M40	75	00:12:09	<b>00:26:38.65</b>	<b>00:26:38.65</b>	+00:10:58 (41.2%)	15:40	3.8 (58.5%)	
250	<b>MENŻYK Joanna</b>	<b>1038</b>		K40	6	00:11:55	<b>00:26:40.70</b>	<b>00:26:40.70</b>	+00:11:00 (41.2%)	15:41	3.8 (58.5%)	
251	<b>LEMAŃSKI Arkadiusz</b>	<b>2075</b>		M30	92	00:11:36	<b>00:26:42.15</b>	<b>00:26:42.15</b>	+00:11:01 (41.3%)	15:42	3.8 (58.5%)	
252	<b>PINKOWICZ Maciej</b>	<b>2191</b>	CF KUŹNIA DAMIANA	M30	93	00:11:33	<b>00:26:50.15</b>	<b>00:26:50.15</b>	+00:11:09 (41.6%)	15:47	3.8 (58.5%)	
253	<b>BAŃCZYK Marcin</b>	<b>2237</b>	1 LIGA TRI TEAM	M40	76	00:11:28	<b>00:26:51.55</b>	<b>00:26:51.55</b>	+00:11:11 (41.6%)	15:47	3.8 (58.5%)	
254	<b>PIDANTY Łukasz</b>	<b>2106</b>		M30	94	00:11:41	<b>00:26:55.75</b>	<b>00:26:55.75</b>	+00:11:15 (41.8%)	15:50	3.8 (58.5%)	
255	<b>PRYSZCZ Mirosław</b>	<b>2047</b>		M40	77	00:12:08	<b>00:26:57.45</b>	<b>00:26:57.45</b>	+00:11:16 (41.8%)	15:51	3.8 (58.5%)	
256	<b>PASULA Katarzyna</b>	<b>1062</b>		K40	7	00:11:58	<b>00:27:00.85</b>	<b>00:27:00.85</b>	+00:11:20 (42.0%)	15:52	3.8 (58.5%)	
257	<b>ŚMIATEK Marcin</b>	<b>2235</b>	AGRESOR	M40	78	00:11:34	<b>00:27:07.90</b>	<b>00:27:07.90</b>	+00:11:27 (42.2%)	15:57	3.8 (58.5%)	
258	<b>FIAŁKOWSKA Bożena</b>	<b>1012</b>	HARPAGAN SOSNOWIEC	K40	8	00:12:23	<b>00:27:11.10</b>	<b>00:27:11.10</b>	+00:11:30 (42.3%)	15:59	3.8 (58.5%)	
259	<b>HOLECZEK Damian</b>	<b>2024</b>		M40	79	00:11:57	<b>00:27:16.90</b>	<b>00:27:16.90</b>	+00:11:36 (42.5%)	16:02	3.7 (56.9%)	
260	<b>RĘKAWIECKI Łukasz</b>	<b>2216</b>		M20	41	00:12:10	<b>00:27:26.10</b>	<b>00:27:26.10</b>	+00:11:45 (42.9%)	16:08	3.7 (56.9%)	
261	<b>DETLAFF Patrycja</b>	<b>1058</b>	DREAM RUN	K30	11	00:12:40	<b>00:27:29.10</b>	<b>00:27:29.10</b>	+00:11:48 (43.0%)	16:10	3.7 (56.9%)	
262	<b>CZARNOTA Leszek</b>	<b>2128</b>		M40	80		<b>00:27:36.00</b>	<b>00:27:36.00</b>	+00:11:55 (43.2%)	16:14	3.7 (56.9%)	
263	<b>KLIMOSZ Edyta</b>	<b>1045</b>	LECYMY DURŚ	K20	10	00:12:15	<b>00:27:52.10</b>	<b>00:27:52.10</b>	+00:12:11 (43.8%)	16:23	3.7 (56.9%)	
264	<b>OLESEK Magdalena</b>	<b>1020</b>	#CZELADŹBIEGA	K30	12	00:12:21	<b>00:27:53.65</b>	<b>00:27:53.65</b>	+00:12:13 (43.8%)	16:24	3.7 (56.9%)	
265	<b>HALEK Przemysław</b>	<b>2316</b>		M30	95	00:12:13	<b>00:27:55.30</b>	<b>00:27:55.30</b>	+00:12:14 (43.9%)	16:25	3.7 (56.9%)	
266	<b>RĄCZKA Marcin</b>	<b>2278</b>	SZYBCY I WŚCIEKLI	M30	96	00:11:55	<b>00:28:22.00</b>	<b>00:28:22.00</b>	+00:12:41 (44.7%)	16:41	3.6 (55.4%)	
267	<b>STASIEWICZ Jacek</b>	<b>2224</b>		M40	81	00:11:27	<b>00:28:29.05</b>	<b>00:28:29.05</b>	+00:12:48 (45.0%)	16:45	3.6 (55.4%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h	
						Polowka 0.9km	netto 1.7km				brutto 1.7km
268	<b>SZPERLICH Grzegorz</b>	<b>2195</b>	PRZEŁAJKA	M40	82	00:12:53	<b>00:28:31.35</b>	<b>00:28:31.35</b>	+00:12:50 (45.0%)	16:46	3.6 (55.4%)
269	<b>KRUK Krzysiek</b>	<b>2239</b>	NIGHT RUNNERS ZABRZE	M40	83	00:12:36	<b>00:28:35.60</b>	<b>00:28:35.60</b>	+00:12:55 (45.2%)	16:48	3.6 (55.4%)
270	<b>WITA Krzysztof</b>	<b>2203</b>	FORMA WODZISŁAW ŚLĄSKI	M30	97	00:12:03	<b>00:28:41.05</b>	<b>00:28:41.05</b>	+00:13:00 (45.4%)	16:52	3.6 (55.4%)
271	<b>KACZKIEWICZ Damian</b>	<b>2281</b>	NIGHT RUNNERS GLIWICE	M40	84	00:12:06	<b>00:28:46.90</b>	<b>00:28:46.90</b>	+00:13:06 (45.5%)	16:55	3.5 (53.8%)
272	<b>PINTSCHER Paulina</b>	<b>1064</b>		K30	13	00:12:35	<b>00:28:49.05</b>	<b>00:28:49.05</b>	+00:13:08 (45.6%)	16:57	3.5 (53.8%)
273	<b>BACIA Ewa</b>	<b>1016</b>	LECYMY DURŚ	K30	14	00:13:18	<b>00:28:51.55</b>	<b>00:28:51.55</b>	+00:13:11 (45.7%)	16:58	3.5 (53.8%)
274	<b>DZIUBLA Bartłomiej</b>	<b>2099</b>		M20	42	00:11:59	<b>00:28:52.30</b>	<b>00:28:52.30</b>	+00:13:11 (45.7%)	16:58	3.5 (53.8%)
275	<b>JURECZKO Joanna</b>	<b>1047</b>	LECYMY DURŚ	K20	11	00:13:18	<b>00:28:58.70</b>	<b>00:28:58.70</b>	+00:13:18 (45.9%)	17:02	3.5 (53.8%)
276	<b>MATUSZCZYK Maciej</b>	<b>2197</b>	CZPTYCHY.PL	M40	85	00:11:36	<b>00:29:19.30</b>	<b>00:29:19.30</b>	+00:13:38 (46.5%)	17:14	3.5 (53.8%)
277	<b>LISOWSKA Kamila</b>	<b>1039</b>	LEŚNE RUN/NIGHT RUNNERS	K30	15	00:13:30	<b>00:29:26.35</b>	<b>00:29:26.35</b>	+00:13:45 (46.8%)	17:18	3.5 (53.8%)
278	<b>ŻEBROWSKA Jolanta</b>	<b>1033</b>	POTRENUJEMY, CHEMIK NOXY PUŁAWY, UMCS BIEGA	K40	9	00:12:27	<b>00:29:35.40</b>	<b>00:29:35.40</b>	+00:13:54 (47.0%)	17:24	3.4 (52.3%)
279	<b>KOŁODZIEJCZYK Dariusz</b>	<b>2185</b>	SOCIOS SILESIA	M40	86	00:12:36	<b>00:29:40.50</b>	<b>00:29:40.50</b>	+00:13:59 (47.2%)	17:27	3.4 (52.3%)
280	<b>BARCHANOWSKI Wojciech</b>	<b>2139</b>	HARPAGAN SOSNOWIEC	M40	87	00:12:48	<b>00:29:45.70</b>	<b>00:29:45.70</b>	+00:14:05 (47.3%)	17:30	3.4 (52.3%)
281	<b>ADAMUS Klaudia</b>	<b>1036</b>		K30	16	00:13:01	<b>00:29:45.90</b>	<b>00:29:45.90</b>	+00:14:05 (47.3%)	17:30	3.4 (52.3%)
282	<b>GAJEWSKA Agnieszka</b>	<b>1023</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K40	10	00:13:36	<b>00:29:47.30</b>	<b>00:29:47.30</b>	+00:14:06 (47.4%)	17:31	3.4 (52.3%)
283	<b>SKOŁUBOWICZ Marzena</b>	<b>1028</b>	LECEBOCHCE	K30	17	00:13:06	<b>00:29:52.30</b>	<b>00:29:52.30</b>	+00:14:11 (47.5%)	17:34	3.4 (52.3%)
284	<b>KAROLCZAK Joanna</b>	<b>1030</b>	GOGGLE PAE TEAM/SREBRNI BIEGACZE TARNOWSKIE GÓRY	K40	11	00:13:19	<b>00:30:04.80</b>	<b>00:30:04.80</b>	+00:14:24 (47.9%)	17:41	3.4 (52.3%)
285	<b>MORAWSKI Tomasz</b>	<b>2143</b>		M30	98	00:13:01	<b>00:30:22.35</b>	<b>00:30:22.35</b>	+00:14:41 (48.4%)	17:51	3.4 (52.3%)
286	<b>KANIOWSKI Wojciech</b>	<b>2277</b>		M40	88	00:13:09	<b>00:30:24.25</b>	<b>00:30:25.70</b>	+00:14:45 (48.5%)	17:52	3.4 (52.3%)
287	<b>KUMIĘGA Joanna</b>	<b>1029</b>	WKURW_TEAM	K30	18	00:13:05	<b>00:30:45.40</b>	<b>00:30:45.40</b>	+00:15:04 (49.0%)	18:05	3.3 (50.8%)
288	<b>BENISZ Wojciech</b>	<b>2056</b>	SREBRNE MIASTO TARNOWSKIE GÓRY	M30	99	00:12:44	<b>00:30:48.90</b>	<b>00:30:48.90</b>	+00:15:08 (49.1%)	18:07	3.3 (50.8%)
289	<b>WAŁĘGA-ROSTEK Małgorzata</b>	<b>1052</b>	ULTRAMEKI	K40	12	00:13:37	<b>00:30:52.90</b>	<b>00:30:52.90</b>	+00:15:12 (49.2%)	18:09	3.3 (50.8%)
290	<b>FRANKI Marcin</b>	<b>2160</b>	LECYMY DURŚ	M30	100	00:12:41	<b>00:30:59.05</b>	<b>00:30:59.05</b>	+00:15:18 (49.4%)	18:13	3.3 (50.8%)
291	<b>PAZDERSKA-KIPIEL Agnieszka</b>	<b>1015</b>	EVIL TEAM	K30	19	00:14:00	<b>00:31:05.05</b>	<b>00:31:05.05</b>	+00:15:24 (49.6%)	18:17	3.3 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
292	<b>KORNAŚ Marcin</b>	<b>2090</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	89	00:12:07	<b>00:31:18.20</b>	<b>00:31:18.20</b>	+00:15:37 (49.9%)	18:24	3.3 (50.8%)
293	<b>KARAWACKI Grzegorz</b>	<b>2140</b>		M20	43	00:13:28	<b>00:31:25.45</b>	<b>00:31:25.45</b>	+00:15:44 (50.1%)	18:28	3.2 (49.2%)
294	<b>RUDZKI Michał</b>	<b>2028</b>	CROSSFIT Z16	M20	44	00:13:20	<b>00:31:49.60</b>	<b>00:31:49.60</b>	+00:16:09 (50.7%)	18:42	3.2 (49.2%)
295	<b>PIWKO Anna</b>	<b>1057</b>	HUSARIA RACE TEAM	K30	20	00:13:55	<b>00:31:51.45</b>	<b>00:31:51.45</b>	+00:16:10 (50.8%)	18:44	3.2 (49.2%)
296	<b>POPEŁDA Paulina</b>	<b>1010</b>	HARPAGAN SOSNOWIEC	K30	21	00:13:55	<b>00:32:02.15</b>	<b>00:32:02.15</b>	+00:16:21 (51.1%)	18:50	3.2 (49.2%)
297	<b>WASILEWSKI Marcin</b>	<b>2142</b>	WW TEAM	M40	90	00:13:59	<b>00:32:08.10</b>	<b>00:32:08.10</b>	+00:16:27 (51.2%)	18:54	3.2 (49.2%)
298	<b>ROJ Łukasz</b>	<b>2061</b>	SAGOT	M30	101	00:12:44	<b>00:32:16.80</b>	<b>00:32:16.80</b>	+00:16:36 (51.4%)	18:58	3.2 (49.2%)
299	<b>STAROWICZ Małgorzata</b>	<b>1071</b>		K40	13	00:14:27	<b>00:32:24.35</b>	<b>00:32:24.35</b>	+00:16:43 (51.6%)	19:03	3.1 (47.7%)
300	<b>KASZTELAN-HUNIA Ewa</b>	<b>1025</b>		K40	14	00:14:41	<b>00:32:44.20</b>	<b>00:32:44.20</b>	+00:17:03 (52.1%)	19:15	3.1 (47.7%)
301	<b>SZAFARZ Sabina</b>	<b>1053</b>	LECYMY DURŚ	K30	22	00:14:09	<b>00:32:53.10</b>	<b>00:32:53.10</b>	+00:17:12 (52.3%)	19:20	3.1 (47.7%)
302	<b>SZOŁTYSIK Barbara</b>	<b>1040</b>	LECYMY DURŚ	K30	23	00:14:11	<b>00:32:55.45</b>	<b>00:32:55.45</b>	+00:17:14 (52.4%)	19:21	3.1 (47.7%)
303	<b>KWAŚNIEWSKI Zbigniew</b>	<b>2312</b>		M40	91	00:12:56	<b>00:33:23.05</b>	<b>00:33:23.05</b>	+00:17:42 (53.0%)	19:38	3.1 (47.7%)
304	<b>BIAŁAS Michał</b>	<b>2092</b>		M30	102	00:14:55	<b>00:35:03.15</b>	<b>00:35:03.15</b>	+00:19:22 (55.3%)	20:37	2.9 (44.6%)
305	<b>GIURG Grzegorz</b>	<b>2111</b>	LECEBOCHCE	M40	92	00:14:47	<b>00:35:28.65</b>	<b>00:35:28.65</b>	+00:19:48 (55.8%)	20:51	2.9 (44.6%)
306	<b>PISOWŁODZKA Dagmara</b>	<b>1048</b>		K40	15	00:15:20	<b>00:35:32.55</b>	<b>00:35:32.55</b>	+00:19:52 (55.9%)	20:54	2.9 (44.6%)
307	<b>DULEBA Bartosz</b>	<b>2298</b>	UZDROWISKOWY TEAM USTRON	M30	103	00:15:16	<b>00:36:06.90</b>	<b>00:36:06.90</b>	+00:20:26 (56.6%)	21:14	2.8 (43.1%)
308	<b>HERCKA Krzysztof</b>	<b>2198</b>		M30	104	00:15:32	<b>00:36:35.25</b>	<b>00:36:35.25</b>	+00:20:54 (57.2%)	21:31	2.8 (43.1%)
309	<b>BRANC Diana</b>	<b>1021</b>		K20	12	00:16:34	<b>00:36:50.45</b>	<b>00:36:50.45</b>	+00:21:09 (57.4%)	21:40	2.8 (43.1%)
310	<b>GRUDNIEWSKI Rafał</b>	<b>2112</b>	SREBRNI BIEGACZE TARNOWSKIE GORY	M30	105	00:13:22	<b>00:37:00.60</b>	<b>00:37:00.60</b>	+00:21:20 (57.6%)	21:45	2.8 (43.1%)
311	<b>PRZYBYSZ Paweł</b>	<b>2241</b>	CARBON OCR RACING TEAM	M20	45	00:16:36	<b>00:37:02.80</b>	<b>00:37:02.80</b>	+00:21:22 (57.7%)	21:47	2.8 (43.1%)
312	<b>OGAZA Anna</b>	<b>1049</b>		K30	24	00:16:35	<b>00:37:35.00</b>	<b>00:37:35.00</b>	+00:21:54 (58.3%)	22:06	2.7 (41.5%)
313	<b>DEJA Andrzej</b>	<b>2177</b>		M50	12	00:16:34	<b>00:37:37.00</b>	<b>00:37:37.00</b>	+00:21:56 (58.3%)	22:07	2.7 (41.5%)

Znaleziono 313 wynik(ów)