



ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1

B4SPORT
ORGANIZACJA GOSPODARSTWA

Wydarzenie: Polish Nordic Walking Cup 10/1
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-04-30
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.3km	Laps_5km 4.6km	6.9km	Czas netto 9.2km	Różn	Tempo min/km	Tempo km/h
1	WOJTOWICZ Tomasz	64	LUKI TEAM POLSKA	M30-39	1			00:13:29	00:27:35	00:41:54	00:56:02.75		6:05	9.9 (100%)
2	MARCZAK Tomasz	1	NORDIC TEAM CZĘSTOCHOWA	M18-29	1			00:13:35	00:27:40	00:42:00	00:56:06.65	+00:00:03 (0.1%)	6:05	9.8 (99.0%)
3	SKIBA Krzysztof	48	KGHM METRACO	M60-69	1			00:14:01	00:28:35	00:43:12	00:57:54.95	+00:01:52 (3.2%)	6:17	9.5 (96.0%)
4	POŁUBIAK Paweł	2		M30-39	2	1		00:13:52	00:28:33	00:43:29	00:58:21.90	+00:02:19 (4.0%)	6:20	9.5 (96.0%)
5	KRAJEWSKA Hanna	32	NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND	K18-29	1			00:14:39	00:29:33	00:44:35	00:59:36.35	+00:03:33 (6.0%)	6:28	9.3 (93.9%)
6	ZACZYŃSKA-SKIBA Anna	66	KGHM METRACO	K40-49	1			00:14:40	00:29:37	00:44:39	00:59:37.80	+00:03:35 (6.0%)	6:28	9.3 (93.9%)
7	PRYZYSTARZ Grzegorz	42	OBORYGENI	M50-59	1			00:14:49	00:29:53	00:44:55	00:59:57.25	+00:03:54 (6.5%)	6:30	9.2 (92.9%)
8	KABATA Jarosław	23	NORDIC SPORT 2021	M50-59	2			00:14:20	00:29:27	00:44:53	01:00:23.90	+00:04:21 (7.2%)	6:33	9.1 (91.9%)
9	PRZYBORKIEWICZ Kriss	41	PIERNIKI TORUŃ	M40-49	1	1		00:14:23	00:29:25	00:44:53	01:00:26.70	+00:04:23 (7.3%)	6:34	9.1 (91.9%)
10	BIBKO Martin	15	SPEEDBAR	M40-49	2	1		00:14:45	00:30:03	00:45:36	01:01:00.10	+00:04:57 (8.1%)	6:37	9 (90.9%)
11	BIELECKA Zuzanna	16	NW CZŁAPSKI TEAM	K40-49	2			00:14:58	00:30:20	00:46:00	01:01:34.00	+00:05:31 (9.0%)	6:41	9 (90.9%)
12	CZŁAPSKI Krzysztof	3	NW CZŁAPSKI TEAM	M50-59	3			00:14:59	00:30:15	00:45:55	01:01:38.90	+00:05:36 (9.1%)	6:41	9 (90.9%)
13	WOJTASIŃSKI Daniel	63	NORDIC TEAM CZĘSTOCHOWA	M40-49	3			00:14:58	00:30:37	00:46:21	01:01:51.80	+00:05:49 (9.4%)	6:43	8.9 (89.9%)
14	BARTOSIEWICZ Łukasz	14	LUKI TEAM POLSKA	M30-39	3			00:15:43	00:31:29	00:47:06	01:02:25.25	+00:06:22 (10.2%)	6:47	8.8 (88.9%)

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						kartki	kartki	2.3km	4.6km	6.9km				
15	LABUS Marzena	35	NORDIC SPORT 2021	K30-39	1			00:15:15	00:31:05	00:46:47	01:02:31.10	+00:06:28 (10.4%)	6:47	8.8 (88.9%)
16	CHYRA Janusz	18	NORDIC SPORT 2021	M40-49	4	1		00:15:30	00:31:36	00:47:43	01:03:27.70	+00:07:24 (11.7%)	6:53	8.7 (87.9%)
17	JĘDRASIAK Renata	8	KGHM METRACO	K50-59	1			00:15:23	00:31:21	00:47:36	01:03:48.05	+00:07:45 (12.2%)	6:56	8.7 (87.9%)
18	MĄDRY Grzegorz	37	KIJKOWE TRZEMESZNO	M60-69	2			00:15:38	00:31:40	00:47:51	01:03:52.30	+00:07:49 (12.3%)	6:56	8.6 (86.9%)
19	SIWAK Piotr	5	KGHM METRACO	M60-69	3			00:15:15	00:31:16	00:47:18	01:04:02.45	+00:07:59 (12.5%)	6:57	8.6 (86.9%)
20	RAJEK Magdalena	43	NORDIC TEAM CZĘSTOCHOWA	K40-49	3			00:15:50	00:32:06	00:48:20	01:04:24.65	+00:08:21 (13.0%)	7:00	8.6 (86.9%)
21	SZCZUDLIK Małgorzata	9	KIJKOWE TRZEMESZNO	K40-49	4			00:15:59	00:32:20	00:48:50	01:04:53.20	+00:08:50 (13.6%)	7:03	8.5 (85.9%)
22	ABRAMOWICZ Małgorzata	12	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	2			00:15:48	00:32:08	00:48:39	01:05:08.10	+00:09:05 (14.0%)	7:04	8.5 (85.9%)
23	LUDWICZAK Andżelika	7	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-49	5	1		00:15:55	00:32:09	00:48:40	01:05:13.95	+00:09:11 (14.1%)	7:05	8.5 (85.9%)
24	CZMOCH Marian	19	PUKS JEDYNKA	M70+	1			00:16:45	00:33:35	00:50:32	01:07:49.80	+00:11:47 (17.4%)	7:22	8.1 (81.8%)
25	KUŁAKOWSKA Halina	10	KATOWICKI NORDIC WALKING	K40-49	6			00:16:18	00:33:20	00:50:23	01:07:50.60	+00:11:47 (17.4%)	7:22	8.1 (81.8%)
26	SITKO Stanisław	47		M50-59	4			00:16:22	00:33:16	00:50:32	01:08:01.75	+00:11:59 (17.6%)	7:23	8.1 (81.8%)
27	JARUGA Beata	21		K40-49	7			00:16:17	00:33:34	00:50:50	01:08:05.10	+00:12:02 (17.7%)	7:24	8.1 (81.8%)
28	WIECZORKOWSKA Dagmara	61	WYCHODZĘ Z KIJAMI	K50-59	2	1		00:16:26	00:33:32	00:50:55	01:08:17.20	+00:12:14 (17.9%)	7:25	8.1 (81.8%)
29	CZAJKA Urszula	11		K60-69	1	1		00:16:27	00:33:28	00:50:48	01:08:25.30	+00:12:22 (18.1%)	7:26	8.1 (81.8%)
30	ŚLUSARCZYK Jerzy	55	AZS AWF KRAKÓW MASTERS	M60-69	4			00:16:54	00:33:53	00:51:09	01:08:31.60	+00:12:28 (18.2%)	7:26	8.1 (81.8%)
31	KOWACZ Agata	31	SPEEDBAR	K40-49	8			00:16:11	00:33:15	00:51:10	01:08:33.10	+00:12:30 (18.2%)	7:27	8.1 (81.8%)
32	KUBIAK Andrzej	34		M70+	2			00:16:43	00:33:47	00:51:32	01:09:26.75	+00:13:24 (19.3%)	7:32	8 (80.8%)
33	SZCZĘŚNIAK Zbigniew	53	NORDIC TEAM CZĘSTOCHOWA	M60-69	5	1		00:16:43	00:34:08	00:51:59	01:09:33.35	+00:13:30 (19.4%)	7:33	7.9 (79.8%)
34	ŚLUSARCZYK Grażyna	56	AZS AWF KRAKÓW MASTERS	K50-59	3			00:17:11	00:34:41	00:52:29	01:09:40.80	+00:13:38 (19.6%)	7:34	7.9 (79.8%)
35	SZEP CZYŃSKI Kamil	54	SERCE NORDICA WŁOCŁAWEK	M30-39	4			00:16:56	00:34:32	00:52:20	01:09:59.75	+00:13:57 (19.9%)	7:36	7.9 (79.8%)
36	TOMCZYK Edward	58	MARSZ PO ZDROWIE	M70+	3	2		00:16:45	00:33:59	00:52:22	01:10:34.40	+00:14:31 (20.6%)	7:40	7.8 (78.8%)
37	POSTEK Danuta	40	MARSZ PO ZDROWIE	K50-59	4	1		00:17:10	00:34:42	00:52:30	01:10:43.60	+00:14:40 (20.8%)	7:41	7.8 (78.8%)

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						kartki	kartki	2.3km	4.6km	6.9km				
38	ŚLUSARCZYK Andrzej	57	WESOŁY BORSUK TEAM	M70+	4			00:17:13	00:34:56	00:53:04	01:10:46.55	+00:14:43 (20.8%)	7:41	7.8 (78.8%)
39	KAROLAK Andrzej	25		M60-69	6	1		00:16:49	00:34:28	00:53:00	01:11:15.80	+00:15:13 (21.4%)	7:44	7.7 (77.8%)
40	KUBIAK Maria	33		K70+	1			00:17:15	00:35:12	00:53:26	01:11:44.10	+00:15:41 (21.9%)	7:47	7.7 (77.8%)
41	KACZMAREK Maja	24	IGOŚĆ	K40-49	9			00:17:17	00:35:16	00:53:51	01:12:15.75	+00:16:13 (22.4%)	7:51	7.6 (76.8%)
42	NIEDŹWIEDŹ Ewa	38	BŁYSKAWICE	K60-69	2	1		00:17:41	00:35:50	00:54:10	01:12:35.10	+00:16:32 (22.8%)	7:53	7.6 (76.8%)
43	SOROKA-MITUŁA Grażyna	49		K40-49	10			00:17:27	00:35:54	00:54:51	01:13:25.45	+00:17:22 (23.7%)	7:58	7.5 (75.8%)
44	ŁOPIŃSKI Aleksy	36	FABRYKA NORDICA TRZCIANKA	M70+	5	2		00:18:29	00:37:08	00:55:51	01:14:43.00	+00:18:40 (25.0%)	8:07	7.4 (74.7%)
45	RODZIEWICZ Wioletta	45		K50-59	5			00:18:18	00:37:44	00:56:52	01:16:20.80	+00:20:18 (26.6%)	8:17	7.2 (72.7%)
46	SAPUŁA Wiktoria	46	NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:18:23	00:37:30	00:57:10	01:16:30.20	+00:20:27 (26.7%)	8:18	7.2 (72.7%)
47	KASPEREK Edyta	26	NW CZŁAPSKI TEAM	K40-49	11			00:18:21	00:37:53	00:57:35	01:17:15.45	+00:21:12 (27.5%)	8:23	7.1 (71.7%)
48	PIĘNKOWSKA Urszula	39	SERCE NORDICA WŁOCŁAWEK	K40-49	12			00:18:27	00:37:57	00:57:42	01:17:28.75	+00:21:26 (27.7%)	8:25	7.1 (71.7%)
49	WOJTYCZKA Alicja	65	NORDIC SPORT 2021	K60-69	3			00:18:51	00:38:31	00:57:58	01:17:51.55	+00:21:48 (28.0%)	8:27	7.1 (71.7%)
50	WANDTKE Antoni	59		M70+	6	1		00:18:59	00:38:38	00:58:18	01:18:05.75	+00:22:03 (28.2%)	8:29	7.1 (71.7%)
51	WYPYCH Aneta	224	NW CZŁAPSKI TEAM	K50-59	6			00:19:26	00:39:32	00:59:10	01:18:28.50	+00:22:25 (28.6%)	8:31	7 (70.7%)
52	KOSTRZEWA Maciek	29	NW CZŁAPSKI TEAM	M50-59	5			00:19:08	00:39:23	00:59:08	01:18:40.15	+00:22:37 (28.8%)	8:33	7 (70.7%)
53	CHOLEWKA Jolanta	17	MARSZ PO ZDROWIE	K60-69	4			00:19:49	00:40:02	01:00:19	01:21:11.75	+00:25:09 (31.0%)	8:49	6.8 (68.7%)
54	KOSTRZEWA Ela	30	NW CZŁAPSKI TEAM	K50-59	7			00:19:51	00:40:12	01:01:14	01:21:55.55	+00:25:52 (31.6%)	8:54	6.7 (67.7%)
55	REHLIS Aleksander	44	WYCHODZĘ Z KIJAMI	M30-39	5			00:19:55	00:41:11	01:01:52	01:22:22.45	+00:26:19 (32.0%)	8:57	6.7 (67.7%)
56	STATNIK Tomasz	50	GMINA SUCHY LAS	M60-69	7	1		00:19:30	00:39:58	01:01:15	01:22:39.40	+00:26:36 (32.2%)	8:59	6.7 (67.7%)
57	STATNIK Genowefa	51	GMINA SUCHY LAS	K70+	2	1		00:19:39	00:40:02	01:01:10	01:22:43.40	+00:26:40 (32.2%)	8:59	6.7 (67.7%)
58	JÓŹWIAK Dominik	22	SERCE NORDICA WŁOCŁAWEK	M18-29	2			00:22:45	00:47:27	01:13:04	01:38:53.45	+00:42:50 (43.3%)	10:44	5.6 (56.6%)
	DOBOSZ Anna	20	NW CZŁAPSKI TEAM	K50-59				00:18:50 DNF	00:39:34 DNF	DNF	DNF	-	-	(0.0%)
	KĘPA Andrzej	28		M70+				00:17:21 DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 60 wynik(ów)