



ENEA POLISH NORDIC WALKING CUP - MIELNO - 10KM - 10/2

B4SPORT

Wydarzenie: Polish Nordic Walking Cup 10/2
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-05-01
Miejsce: Mielno
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps_5km 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	WOJTOWICZ Tomasz	49	LUKI TEAM POLSKA	M30-39	1			00:32:24	01:06:04.35		6:13	9.6 (100%)
2	SKIBA Krzysztof	52	KGHM METRACO	M60-69	1			00:33:19	01:08:06.80	+00:02:02 (3.0%)	6:25	9.3 (96.9%)
3	MARCZAK Tomasz	26	NORDIC TEAM CZĘSTOCHOWA	M18-29	1			00:33:07	01:09:47.45	+00:03:43 (5.3%)	6:35	9.1 (94.8%)
4	KRAJEWSKA Hanna	20	NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND	K18-29	1			00:34:33	01:09:49.90	+00:03:45 (5.4%)	6:35	9.1 (94.8%)
5	POŁUBIAK Paweł	58		M30-39	2			00:34:55	01:10:25.95	+00:04:21 (6.2%)	6:38	9 (93.8%)
6	PRZYBORKIEWICZ Kriss	33	PIERNIKI TORUN	M40-49	1			00:35:04	01:10:34.50	+00:04:30 (6.4%)	6:39	9 (93.8%)
7	PRYZYSTARZ Grzegorz	34	OBORYGENI	M50-59	1			00:35:04	01:10:45.25	+00:04:40 (6.6%)	6:40	9 (93.8%)
8	HELWICH Stefan	53	KGHM METRACO	M60-69	2			00:35:18	01:11:19.45	+00:05:15 (7.4%)	6:43	8.9 (92.7%)
9	ZACZYŃSKA-SKIBA Anna	51	KGHM METRACO	K40-49	1			00:35:13	01:11:47.20	+00:05:42 (8.0%)	6:46	8.9 (92.7%)
10	BIELECKA Zuzanna	4	NW CZŁAPSKI TEAM	K40-49	2			00:35:35	01:12:18.55	+00:06:14 (8.6%)	6:49	8.8 (91.7%)
11	KOZŁOWSKI Piotr	19		M50-59	2			00:36:23	01:12:50.95	+00:06:46 (9.3%)	6:52	8.7 (90.6%)
12	BIBKO Martin	3	SPEEDBAR	M40-49	2			00:36:12	01:13:39.45	+00:07:35 (10.3%)	6:56	8.6 (89.6%)
13	SIWAK Piotr	57	KGHM METRACO	M60-69	3			00:36:30	01:13:43.10	+00:07:38 (10.4%)	6:57	8.6 (89.6%)
14	KABATA Jarosław	12	NORDIC SPORT 2021	M50-59	3			00:36:01	01:13:48.50	+00:07:44 (10.5%)	6:57	8.6 (89.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps 5km 5.3km	Czas netto		Tempo min/km	Tempo km/h
									10.6km	Różn		
15	WOJTASIŃSKI Daniel	48	NORDIC TEAM CZĘSTOCHOWA	M40-49	3			00:36:55	01:14:03.65	+00:07:59 (10.8%)	6:59	8.6 (89.6%)
16	BARTOSIEWICZ Łukasz	2	LUKI TEAM POLSKA	M30-39	3			00:37:27	01:14:05.40	+00:08:01 (10.8%)	6:59	8.6 (89.6%)
17	CHYRA Janusz	5	NORDIC SPORT 2021	M40-49	4			00:37:41	01:14:09.15	+00:08:04 (10.9%)	6:59	8.6 (89.6%)
18	LABUS Marzena	24	NORDIC SPORT 2021	K30-39	1			00:37:04	01:15:13.65	+00:09:09 (12.2%)	7:05	8.5 (88.5%)
19	MĄDRY Grzegorz	27	KIJKOWE TRZEMESZNO	M60-69	4			00:37:25	01:15:58.10	+00:09:53 (13.0%)	7:10	8.4 (87.5%)
20	SZCZUDLIK Małgorzata	42	KIJKOWE TRZEMESZNO	K40-49	3			00:38:38	01:17:16.70	+00:11:12 (14.5%)	7:17	8.2 (85.4%)
21	ABRAMOWICZ Małgorzata	1	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	2			00:38:27	01:17:29.00	+00:11:24 (14.7%)	7:18	8.2 (85.4%)
22	JĘDRASIAK Renata	54	KGHM METRACO	K50-59	1			00:37:59	01:17:44.75	+00:11:40 (15.0%)	7:20	8.2 (85.4%)
23	SITKO Stanisław	37		M50-59	4			00:39:26	01:19:50.30	+00:13:45 (17.2%)	7:31	8 (83.3%)
24	KROMSKI Paweł	145	NORDIC WALKING KIEKRZ POLAND	M50-59	5			00:39:35	01:20:15.55	+00:14:11 (17.7%)	7:34	7.9 (82.3%)
25	KUŁAKOWSKA Halina	23	KATOWICKI NORDIC WALKING	K40-49	4			00:39:45	01:21:09.10	+00:15:04 (18.6%)	7:39	7.8 (81.3%)
26	ŚLUSARCZYK Andrzej	44	WESOŁY BORSUK TEAM	M70+	1	1		00:40:22	01:21:25.15	+00:15:20 (18.8%)	7:40	7.8 (81.3%)
27	KOWACZ Agata	18	SPEEDBAR	K40-49	5			00:40:01	01:21:32.00	+00:15:27 (19.0%)	7:41	7.8 (81.3%)
28	WIECZORKOWSKA Dagmara	47	WYCHODZĘ Z KIJAMI	K50-59	2			00:40:09	01:21:54.10	+00:15:49 (19.3%)	7:43	7.8 (81.3%)
29	CZMOCH Marian	8	PUKS JEDYNKA	M70+	2			00:40:47	01:22:01.05	+00:15:56 (19.4%)	7:44	7.8 (81.3%)
30	JARUGA Beata	10		K40-49	6			00:41:11	01:22:43.90	+00:16:39 (20.1%)	7:48	7.7 (80.2%)
31	CZAJKA Urszula	6		K60-69	1			00:40:37	01:22:48.60	+00:16:44 (20.2%)	7:48	7.7 (80.2%)
32	KUBIAK Andrzej	21		M70+	3			00:40:33	01:22:49.95	+00:16:45 (20.2%)	7:48	7.7 (80.2%)
33	KĘPA Andrzej	15		M70+	4			00:41:49	01:23:55.45	+00:17:51 (21.3%)	7:55	7.6 (79.2%)
34	KAROLAK Andrzej	14		M60-69	5			00:41:26	01:24:18.05	+00:18:13 (21.6%)	7:57	7.5 (78.1%)
35	SZEPczyński Kamil	43	SERCE NORDICA WŁOCŁAWEK	M30-39	4			00:43:02	01:26:07.10	+00:20:02 (23.3%)	8:07	7.4 (77.1%)
36	EWERTOWSKA Ewa	103	NORDIC WALKING KIEKRZ POLAND	K50-59	3			00:42:42	01:26:50.30	+00:20:45 (23.9%)	8:11	7.3 (76.0%)
37	ŁOPIŃSKI Aleksy	25	FABRYKA NORDICA TRZCIANKA	M70+	5			00:43:25	01:27:16.55	+00:21:12 (24.3%)	8:13	7.3 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps 5km 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
38	SOROKA-MITUŁA Grażyna	38		K40-49	7	1		00:43:07	01:27:27.60	+00:21:23 (24.5%)	8:15	7.3 (76.0%)
39	KUBIAK Maria	22		K70+	1			00:43:16	01:27:33.10	+00:21:28 (24.5%)	8:15	7.3 (76.0%)
40	NIEDŹWIEDZ Ewa	28	BŁYSKAWICE	K60-69	2	1		00:42:55	01:27:45.05	+00:21:40 (24.7%)	8:16	7.2 (75.0%)
41	CZŁAPSKI Krzysztof	7	NW CZŁAPSKI TEAM	M50-59	6			00:39:58	01:27:48.70	+00:21:44 (24.8%)	8:16	7.2 (75.0%)
42	PIEŃKOWSKA Urszula	30	SERCE NORDICA WŁOCŁAWEK	K40-49	8			00:43:12	01:27:54.20	+00:21:49 (24.8%)	8:17	7.2 (75.0%)
43	DOROŻKO Dariusz	56		M40-49	5			00:43:41	01:29:03.50	+00:22:59 (25.8%)	8:24	7.1 (74.0%)
44	RODZIEWICZ Wioletta	35		K50-59	4	2		00:44:31	01:30:23.35	+00:24:19 (26.9%)	8:31	7 (72.9%)
45	WOJTYCZKA Alicja	50	NORDIC SPORT 2021	K60-69	3			00:44:21	01:30:36.55	+00:24:32 (27.1%)	8:32	7 (72.9%)
46	GŁYDA Maciej	9		M60-69	6	1		00:43:39	01:30:53.85	+00:24:49 (27.3%)	8:34	7 (72.9%)
47	KOSTRZEWA Maciek	16	NW CZŁAPSKI TEAM	M50-59	7			00:47:30	01:34:01.00	+00:27:56 (29.7%)	8:52	6.8 (70.8%)
48	STATNIK Genowefa	39	GMINA SUCHY LAS	K70+	2			00:47:00	01:35:42.35	+00:29:38 (31.0%)	9:01	6.6 (68.8%)
49	STATNIK Tomasz	40	GMINA SUCHY LAS	M60-69	7			00:47:08	01:35:58.90	+00:29:54 (31.2%)	9:03	6.6 (68.8%)
50	KOSTRZEWA Ela	17	NW CZŁAPSKI TEAM	K50-59	5			00:47:31	01:36:09.10	+00:30:04 (31.3%)	9:04	6.6 (68.8%)
51	SAPUŁA Wiktoria	36	NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:48:29	01:36:33.10	+00:30:28 (31.6%)	9:06	6.6 (68.8%)
52	MOTYLIŃSKA Jolanta	249		K60-69	4			01:03:06		+00:30:42	11:54	5 (52.1%)
53	POKORSKA Katarzyna	31		K40-49	9							(0.0%)
DQ	NOWAK Wiesław	29	UKS SKOCZEK SKOKI	M60-69			1	DQ	DQ			(0.0%)
	JÓŹWIAK Dominik	11	SERCE NORDICA WŁOCŁAWEK	M18-29				01:02:55 DNF	DNF		-	- (0.0%)

Znaleziono 55 wynik(ów)