



# ENEA POLISH NORDIC WALKING CUP - MIELNO - 5KM - 10/2

B4SPORT

**Event:** Polish Nordic Walking Cup 10/2  
**Organiser:** Polskie Zrzeszenie Nordic Walking  
**Date:** 2022-05-01  
**Place:** Mielno  
**Distance:** 5 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5.25km	Gap	Pace min/km	Pace km/h
1	PASIŃSKA-SKOWRON Sylwia	59	PRUSZYŃSKI SPORT TEAM - MASZYCANKA MASZYCE	K45-49	1			00:39:17.60		7:28	8 (100%)
2	POKŁADOWSKA Joanna	183	WYCHODZĘ Z KIJAMI	K45-49	2			00:39:51.50	+00:00:33 (1.4%)	7:35	7.9 (98.8%)
3	KUŁAKOWSKA Halina	250	KATOWICKI NORDIC WALKING	K45-49	3			00:40:03.10	+00:00:45 (1.9%)	7:37	7.9 (98.8%)
4	JÓŻWIAK Marianna	123	SERCE NORDICA WŁOCŁAWEK	K45-49	4			00:40:23.30	+00:01:05 (2.7%)	7:41	7.8 (97.5%)
5	GUTOWSKA Magda	117	PAUL TEAM	K45-49	5			00:40:36.50	+00:01:18 (3.2%)	7:44	7.8 (97.5%)
6	KASPEREK Edyta	127	NW CZŁAPSKI TEAM	K45-49	6			00:42:33.95	+00:03:16 (7.7%)	8:06	7.4 (92.5%)
7	LEGOCKA - WALCZAK Kinga	151		K45-49	7			00:43:17.65	+00:04:00 (9.2%)	8:14	7.3 (91.3%)
8	WÓJCIK Marzena	239	NW CZŁAPSKI TEAM	K45-49	8			00:44:02.55	+00:04:44 (10.8%)	8:23	7.2 (90.0%)
9	KAROLEWSKA Katarzyna	126	PIERNIKI TORUŃ	K45-49	9			00:44:26.30	+00:05:08 (11.6%)	8:27	7.1 (88.8%)
10	OLSZAŃSKA Jolka	169	FEAR THE RETURN	K45-49	10			00:47:09.80	+00:07:52 (16.7%)	8:58	6.7 (83.8%)
11	NIEWINOWSKA Monika	164		K45-49	11	1		00:48:11.65	+00:08:54 (18.5%)	9:10	6.5 (81.3%)
12	PYSZCZAK Joanna	188	KUR-TEAM	K45-49	12			00:50:15.10	+00:10:57 (21.8%)	9:34	6.3 (78.8%)
13	GOLECKA Agnieszka	110		K45-49	13			00:53:05.75	+00:13:48 (26.0%)	10:06	5.9 (73.8%)
14	CHABROS TARKOWSKA Magdalena	91	KUR-TEAM	K45-49	14			00:56:56.90	+00:17:39 (31.0%)	10:50	5.5 (68.8%)

Total 14 results.