



ENEA POLISH NORDIC WALKING CUP - SĘDZISZÓW MAŁOPOLSKI - 10KM - 7/10

B4SPORT

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 7/10
SĘDZISZÓW MAŁOPOLSKI
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-07-30
Miejsce: SĘDZISZÓW MAŁOPOLSKI
Dystans: 10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	1.7km 1.7km	3.1km 3.1km	Laps_5km 5km	6.7km 6.7km	8.5km 8.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SOSNOWSKA Agnieszka	36	KABEX PODKOWA JANÓW	K30-39	1			00:10:55	00:21:52	00:32:52	00:44:05	00:55:35	01:07:23.15		6:44	8.9 (100%)
2	BIELECKA Zuzanna	3	NW CZŁAPSKI TEAM	K40-49	1			00:10:59	00:22:06	00:33:25	00:44:49	00:56:24	01:08:05.45	+00:00:42 (1.0%)	6:48	8.8 (98.9%)
3	ZACZYŃSKA-SKIBA Anna	44	KGHM METRACO	K40-49	2			00:10:59	00:22:14	00:33:38	00:45:23	00:56:59	01:08:52.55	+00:01:29 (2.2%)	6:53	8.7 (97.8%)
4	JĘDRASIAK Renata	15	KGHM METRACO	K50-59	1	2		00:11:00	00:22:16	00:33:46	00:45:28	00:57:27	01:09:34.95	+00:02:11 (3.2%)	6:57	8.6 (96.6%)
5	LABUS Marzena	22	NORDIC SPORT 2021	K30-39	2			00:11:12	00:23:04	00:35:01	00:46:58	00:59:07	01:11:07.40	+00:03:44 (5.3%)	7:06	8.4 (94.4%)
6	RAJEK Magdalena	30	NORDIC TEAM CZĘSTOCHOWA	K40-49	3			00:11:32	00:23:40	00:35:58	00:48:23	01:00:39	01:13:07.55	+00:05:44 (7.8%)	7:18	8.2 (92.1%)
7	SZCZUDLIK Małgorzata	39	KIJKOWE TRZEMESZNO	K40-49	4			00:11:15	00:23:22	00:35:47	00:48:23	01:01:45	01:15:04.20	+00:07:41 (10.2%)	7:30	8 (89.9%)
8	KOWACZ Agata	20	SPEEDBAR	K40-49	5			00:11:52	00:24:30	00:37:24	00:50:15	01:03:09	01:16:00.00	+00:08:36 (11.3%)	7:36	7.9 (88.8%)
9	KUŁAKOWSKA Halina	21	KATOWICKI NORDIC WALKING	K40-49	6			00:12:09	00:24:49	00:37:43	00:50:46	01:03:47	01:16:58.75	+00:09:35 (12.5%)	7:41	7.8 (87.6%)
10	CZAJKA Urszula	5		K60-69	1	1		00:12:11	00:24:51	00:37:44	00:50:48	01:04:03	01:17:48.85	+00:10:25 (13.4%)	7:46	7.7 (86.5%)
11	FRANCZAK Małgorzata	9	NW CZŁAPSKI TEAM	K18-29	1			00:11:52	00:24:51	00:37:57	00:51:13	01:04:40	01:18:01.85	+00:10:38 (13.6%)	7:48	7.7 (86.5%)
12	GIEŁBAGA Aneta	12	ACTIVE TEAM KOZŁÓW	K40-49	7			00:12:29	00:25:15	00:38:06	00:51:18	01:04:49	01:18:38.60	+00:11:15 (14.3%)	7:51	7.6 (85.4%)
13	JARUGA Beata	14		K40-49	8			00:12:29	00:25:30	00:39:01	00:53:09	01:07:34	01:21:38.75	+00:14:15 (17.5%)	8:09	7.3 (82.0%)

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14	WITALEC Anna	48		K30-39	3	2		00:13:03	00:27:10	00:41:16	00:55:22	01:08:41	01:22:04.30	+00:14:41 (17.9%)	8:12	7.3 (82.0%)
15	SOROKA-MITUŁA Grażyna	35		K40-49	9			00:12:59	00:26:17	00:40:13	00:54:36	01:09:14	01:24:16.90	+00:16:53 (20.0%)	8:25	7.1 (79.8%)
16	SAPUŁA Wiktoria	31	NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:13:30	00:27:49	00:42:12	00:56:51	01:11:35	01:26:14.40	+00:18:51 (21.9%)	8:37	7 (78.7%)
17	STANKOWSKA Marzena	37	KIJKOWE TRZEMESZNO	K40-49	10			00:13:55	00:28:33	00:43:16	00:59:09	01:14:29	01:30:13.55	+00:22:50 (25.3%)	9:01	6.7 (75.3%)
18	FRANCZAK Anna	10	NW CZŁAPSKI TEAM	K50-59	2			00:14:16	00:29:21	00:44:41	01:00:13	01:15:54	01:31:25.65	+00:24:02 (26.3%)	9:08	6.6 (74.2%)
19	WOJTYCZKA Alicja	43	NORDIC SPORT 2021	K60-69	2			00:14:28	00:29:36	00:45:04	01:00:47	01:16:35	01:32:12.95	+00:24:49 (26.9%)	9:13	6.5 (73.0%)
20	MITUŁA Aleksandra	26		K18-29	3	2		00:13:28	00:28:15	00:43:38	00:59:25	01:16:02	01:33:06.55	+00:25:43 (27.6%)	9:18	6.4 (71.9%)

Znaleziono 20 wynik(ów)