



ENEA POLISH NORDIC WALKING CUP - SZAFLARY- 10KM - 9/10

B4SPORT

Event: ENEA POLISH NORDIC WALKING CUP 9/10 Szaflary
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2022-09-17
Place: Szaflary
Distance: 10 km



Classification: OPEN -K

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Lap 2.5km 2.5km	Laps_5km 5km	Lap 7.5km 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	ZACZYŃSKA-SKIBA Anna	23	KGHM METRACO	K40-49	1			00:16:33	00:33:27	00:50:22	01:07:12.01		6:43	8.9 (100%)
2	BIELECKA Zuzanna	1	NW CZĘŁAPSKI TEAM	K40-49	2			00:16:36	00:33:57	00:51:26	01:08:59.58	+00:01:47 (2.6%)	6:53	8.7 (97.8%)
3	LABUS Marzena	11	NORDIC SPORT 2021	K30-39	1			00:16:59	00:34:20	00:51:42	01:09:15.58	+00:02:03 (3.0%)	6:55	8.7 (97.8%)
4	JĘDRASIAK Renata	6	KGHM METRACO	K50-59	1			00:17:18	00:34:43	00:52:20	01:10:40.00	+00:03:27 (4.9%)	7:04	8.5 (95.5%)
5	RAJEK Magdalena	14	NORDIC TEAM CZĘSTOCHOWA	K40-49	3			00:18:10	00:36:42	00:55:23	01:14:14.82	+00:07:02 (9.5%)	7:25	8.1 (91.0%)
6	ZDRZAŁEK Alicja	24	NORDIC SPORT 2021	K40-49	4			00:18:14	00:37:05	00:56:31	01:15:46.67	+00:08:34 (11.3%)	7:34	7.9 (88.8%)
7	KUŁAKOWSKA Halina	10	KATOWICKI NORDIC WALKING	K40-49	5			00:19:05	00:38:36	00:58:45	01:19:14.46	+00:12:02 (15.2%)	7:55	7.6 (85.4%)
8	CZAJKA Urszula	3		K60-69	1			00:19:21	00:39:23	00:59:53	01:20:41.83	+00:13:29 (16.7%)	8:04	7.4 (83.1%)
9	SKRZĄTEK Lucyna	18	NORDIC SPORT 2021	K50-59	2			00:21:18	00:42:39	01:04:28	01:26:20.15	+00:19:08 (22.2%)	8:38	6.9 (77.5%)
10	SAPUŁA Wiktoria	15	NORDIC TEAM CZĘSTOCHOWA	K18-29	1			00:21:50	00:44:37	01:07:30	01:31:01.96	+00:23:49 (26.2%)	9:06	6.6 (74.2%)
11	WOJTYCZKA Alicja	22	NORDIC SPORT 2021	K60-69	2			00:23:11	00:47:43	01:12:14	01:36:58.05	+00:29:46 (30.7%)	9:41	6.2 (69.7%)

Total 11 results.