



ENEA POLISH NORDIC WALKING CUP - SZAFLARY - 5KM - 9/10

B4SPORT

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 9/10 Szaflary
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-09-17
Miejsce: Szaflary
Dystans: 5 km



Klasyfikacja: K65-69

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Laps_2,5km 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|----------------------------|-----------|------|-------------|--------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 1 | GAŁKOWSKA Elżbieta | 40 | KGHM METRACO | K65-69 | 1 | | | 00:20:12 | 00:40:42.16 | | 8:08 | 7.4 (100%) |
| 2 | NIEDŹWIECKA Małgorzata | 66 | NORDIC TEAM CZĘSTOCHOWA | K65-69 | 2 | | | 00:20:22 | 00:41:11.56 | +00:00:29 (1.2%) | 8:14 | 7.3 (98.6%) |
| 3 | SUDOŁ Maria | 117 | KKNW KOLBUSZOWA | K65-69 | 3 | | | 00:22:21 | 00:45:37.70 | +00:04:55 (10.8%) | 9:07 | 6.6 (89.2%) |
| 4 | SZNAJDER Teresa | 88 | | K65-69 | 4 | | | 00:23:48 | 00:48:24.98 | +00:07:42 (15.9%) | 9:40 | 6.2 (83.8%) |
| 5 | WIKTOR Irena | 102 | KLUB SPORTOWY ISKRA MIELEC | K65-69 | 5 | | | 00:23:03 | 00:49:21.06 | +00:08:38 (17.5%) | 9:52 | 6.1 (82.4%) |
| 6 | MAZON Czesława | 114 | KKNW KOLBUSZOWA | K65-69 | 6 | | | 00:29:48 | 00:59:26.30 | +00:18:44 (31.5%) | 11:53 | 5 (67.6%) |
| 7 | MAZURKIEWICZ Krystyna | 120 | KKNW KOLBUSZOWA | K65-69 | 7 | | | 00:29:48 | 00:59:26.89 | +00:18:44 (31.5%) | 11:53 | 5 (67.6%) |
| 8 | KOCUR Dorota | 113 | KKNW KOLBUSZOWA | K65-69 | 8 | | | 00:29:50 | 00:59:27.38 | +00:18:45 (31.5%) | 11:53 | 5 (67.6%) |

Znaleziono 8 wynik(ów)