



ENEA POLISH NORDIC WALKING CUP - SZAFLARY - 5KM - 9/10

B4SPORT

Event: ENEA POLISH NORDIC WALKING CUP 9/10 Szaflary
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2022-09-17
Place: Szaflary
Distance: 5 km



Classification: M50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_2,5km 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	CYRUS Bogdan	35	SILESIA NORDIC TEAM	M50-54	1			00:17:49	00:34:10.43		6:50	8.8 (100%)
2	NOSAL Marek	67		M50-54	2			00:17:00	00:34:21.33	+00:00:10 (0.5%)	6:52	8.7 (98.9%)
3	RAJEK Tomasz	122	NORDIC TEAM CZĘSTOCHOWA	M50-54	3			00:19:31	00:39:56.30	+00:05:45 (14.4%)	7:59	7.5 (85.2%)
4	SZWAJA Sławomir	90		M50-54	4			00:20:18	00:40:26.53	+00:06:16 (15.5%)	8:05	7.4 (84.1%)

Total 4 results.