



ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 10KM - 10/6

B4SPORT

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 6/10
Organizator: WĄGROWIEC
Data: Polskie Zrzeszenie Nordic Walking
Miejsce: 2022-07-17
Dystans: Wągrowiec
10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap 2.5km 2.5km	Laps_5km 5km	Lap 7.5km 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	ZACZYŃSKA-SKIBA Anna	59	KGHM METRACO	K40-49	1			00:16:37	00:32:55	00:49:30	01:06:10.30		6:37	9.1 (100%)
2	BIELECKA Zuzanna	6	NW CZŁAPSKI TEAM	K40-49	2			00:16:38	00:33:06	00:50:11	01:07:36.60	+00:01:26 (2.1%)	6:45	8.9 (97.8%)
3	JĘDRASIAK Renata	20	KGHM METRACO	K50-59	1			00:16:38	00:33:25	00:50:33	01:08:16.10	+00:02:05 (3.1%)	6:49	8.8 (96.7%)
4	LABUS Marzena	30	NORDIC SPORT 2021	K30-39	1			00:16:40	00:34:00	00:51:32	01:08:48.90	+00:02:38 (3.8%)	6:52	8.7 (95.6%)
5	SZCZUDLIK Małgorzata	52	KIJKOWE TRZEMESZNO	K40-49	3			00:16:58	00:34:25	00:51:58	01:09:45.20	+00:03:34 (5.1%)	6:58	8.6 (94.5%)
6	ABRAMOWICZ Małgorzata	1	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	2			00:16:51	00:34:24	00:52:18	01:10:18.40	+00:04:08 (5.9%)	7:01	8.5 (93.4%)
7	RAJEK Magdalena	42	NORDIC TEAM CZĘSTOCHOWA	K40-49	4			00:17:32	00:35:15	00:53:06	01:10:52.50	+00:04:42 (6.6%)	7:05	8.5 (93.4%)
8	FRANCZAK Małgorzata	15	NW CZŁAPSKI TEAM	K18-29	1			00:17:39	00:35:34	00:53:43	01:11:56.15	+00:05:45 (8.0%)	7:11	8.3 (91.2%)
9	KOWACZ Agata	27	SPEEDBAR	K40-49	5			00:17:56	00:36:22	00:55:09	01:13:38.90	+00:07:28 (10.2%)	7:21	8.1 (89.0%)
10	KUŁAKOWSKA Halina	28	KATOWICKI NORDIC WALKING	K40-49	6			00:18:01	00:36:41	00:55:35	01:14:38.35	+00:08:28 (11.3%)	7:27	8 (87.9%)
11	CZAJKA Urszula	9		K60-69	1			00:18:06	00:36:45	00:55:39	01:14:45.00	+00:08:34 (11.5%)	7:28	8 (87.9%)
12	JARUGA Beata	19		K40-49	7			00:18:23	00:37:18	00:56:42	01:16:00.35	+00:09:50 (12.9%)	7:36	7.9 (86.8%)
13	DYLEWICZ Weronika	12	EKSTREMUM	K18-29	2			00:18:40	00:38:11	00:57:46	01:17:31.45	+00:11:21 (14.6%)	7:45	7.7 (84.6%)
14	POSTEK Danuta	38	MARSZ PO ZDROWIE	K50-59	2			00:19:25	00:38:59	00:58:55	01:19:29.70	+00:13:19 (16.8%)	7:56	7.5 (82.4%)

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15	SOROKA-MITUŁA Grażyna	46		K40-49	8			00:19:23	00:39:30	00:59:44	01:20:20.55	+00:14:10 (17.6%)	8:02	7.5 (82.4%)
16	SULEJA Joanna	49	SKL	K60-69	2			00:20:38	00:41:55	01:02:42	01:23:35.05	+00:17:24 (20.8%)	8:21	7.2 (79.1%)
17	SAPUŁA Wiktoria	43	NORDIC TEAM CZĘSTOCHOWA	K18-29	3			00:20:19	00:41:27	01:02:31	01:23:52.35	+00:17:42 (21.1%)	8:23	7.2 (79.1%)
18	STANKOWSKA Marzena	47	KIJKOWE TRZEMESZNO	K40-49	9			00:20:35	00:41:56	01:03:30	01:25:05.90	+00:18:55 (22.2%)	8:30	7.1 (78.0%)
19	JUREK Kamila	22	CHODZEBOLUBIE SZAMOCIN	K30-39	3			00:20:37	00:41:58	01:03:32	01:25:07.95	+00:18:57 (22.3%)	8:30	7 (76.9%)
20	WOJTYCZKA Alicja	58	NORDIC SPORT 2021	K60-69	3			00:20:45	00:42:03	01:03:44	01:25:37.85	+00:19:27 (22.7%)	8:33	7 (76.9%)
21	FRANCZAK Anna	14	NW CZŁAPSKI TEAM	K50-59	3			00:21:13	00:42:42	01:04:20	01:26:16.65	+00:20:06 (23.3%)	8:37	7 (76.9%)
22	CHOLEWKA Jolanta	7	MARSZ PO ZDROWIE	K60-69	4			00:21:07	00:42:35	01:04:39	01:27:47.05	+00:21:36 (24.6%)	8:46	6.8 (74.7%)
23	SWITAŁA Magdalena	50	NIEZRZESZONA	K40-49	10			00:22:55	00:45:48	01:08:07	01:31:05.65	+00:24:55 (27.4%)	9:06	6.6 (72.5%)

Znaleziono 23 wynik(ów)