



ENEA POLISH NORDIC WALKING CUP - WASILKÓW - 10KM - 10/3

B4SPORT

Event: Polish Nordic Walking Cup 10/3
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2022-06-04
Place: Wasilków
Distance: 10 km



Classification: OPEN -M

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Lap 2.5km 2.5km	Laps 5km 5km	Lap 7.5km 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	DZIEDIEWICZ Andrzej	13	NW CZŁAPSKI TEAM	M40-49	1	1		00:14:24	00:29:42	00:45:03	01:00:10.80		6:01	10 (100%)
2	WOJTOWICZ Tomasz	51	LUKI TEAM POLSKA	M30-39	1			00:14:26	00:29:45	00:45:06	01:00:16.30	+00:00:05 (0.2%)	6:01	10 (100%)
3	MARCZAK Tomasz	32	NORDIC TEAM CZĘSTOCHOWA	M18-29	1			00:15:07	00:30:42	00:46:32	01:02:33.05	+00:02:22 (3.8%)	6:15	9.6 (96.0%)
4	SKIBA Krzysztof	44	KGHM METRACO	M60-69	1			00:15:06	00:30:44	00:46:46	01:02:46.30	+00:02:35 (4.1%)	6:16	9.6 (96.0%)
5	ŚWIDEREK Marcin	47	NW CZŁAPSKI TEAM	M40-49	2			00:15:57	00:32:28	00:49:01	01:05:32.20	+00:05:21 (8.2%)	6:33	9.2 (92.0%)
6	WOJTASIŃSKI Daniel	50	NORDIC TEAM CZĘSTOCHOWA	M40-49	3			00:15:59	00:32:47	00:49:56	01:07:05.35	+00:06:54 (10.3%)	6:42	8.9 (89.0%)
7	KABATA Jarosław	23	NORDIC SPORT 2021	M50-59	1	1		00:15:54	00:32:45	00:49:53	01:07:08.10	+00:06:57 (10.4%)	6:42	8.9 (89.0%)
8	BIBKO Martin	2	SPEEDBAR	M40-49	4			00:15:57	00:32:56	00:50:24	01:07:11.40	+00:07:00 (10.4%)	6:43	8.9 (89.0%)
9	JUREK Adam	22	KGHM METRACO	M60-69	2			00:15:54	00:32:47	00:50:00	01:07:12.25	+00:07:01 (10.5%)	6:43	8.9 (89.0%)
10	CZŁAPSKI Krzysztof	10	NW CZŁAPSKI TEAM	M50-59	2			00:16:09	00:33:03	00:50:17	01:07:19.70	+00:07:08 (10.6%)	6:43	8.9 (89.0%)
11	SIWAK Piotr	43	KGHM METRACO	M60-69	3	1		00:16:02	00:32:55	00:50:01	01:07:27.40	+00:07:16 (10.8%)	6:44	8.9 (89.0%)
12	CHYRA Janusz	8	NORDIC SPORT 2021	M40-49	5			00:17:12	00:34:45	00:52:19	01:09:47.50	+00:09:36 (13.8%)	6:58	8.6 (86.0%)
13	MĄDRY Grzegorz	33	KIJKOWE TRZEMESZNO	M60-69	4			00:16:31	00:34:03	00:52:07	01:10:09.60	+00:09:58 (14.2%)	7:00	8.6 (86.0%)
14	HRYCIUK Waldemar	18	TKKF KRZNA BIAŁA PODLASKA	M60-69	5			00:16:49	00:34:28	00:52:28	01:10:29.65	+00:10:18 (14.6%)	7:02	8.5 (85.0%)

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15	RADECKI Artur	41	CHODZĄCY BIAŁYSTOK	M50-59	3			00:16:51	00:34:42	00:53:13	01:12:30.30	+00:12:19 (17.0%)	7:15	8.3 (83.0%)
16	CZMOCH Marian	11	PUKS ŁOSICE	M70+	1			00:18:31	00:37:06	00:56:00	01:14:56.05	+00:14:45 (19.7%)	7:29	8 (80.0%)
17	ŚLUSARCZYK Andrzej	46	WESOŁY BORSUK TEAM	M70+	2			00:18:32	00:37:27	00:56:17	01:15:47.60	+00:15:36 (20.6%)	7:34	7.9 (79.0%)
18	FRANCZAK Dariusz	16	NW CZŁAPSKI TEAM	M50-59	4			00:18:54	00:38:08	00:57:48	01:17:31.30	+00:17:20 (22.4%)	7:45	7.7 (77.0%)
19	BIERĆ Jarosław	4	CHODZĘBOLUBIĘ	M50-59	5			00:19:02	00:38:09	00:57:49	01:17:32.10	+00:17:21 (22.4%)	7:45	7.7 (77.0%)
20	KUBIAK Andrzej	28		M70+	3			00:18:37	00:37:53	00:58:02	01:17:52.90	+00:17:42 (22.7%)	7:47	7.7 (77.0%)
21	PLEWIŃSKI Rafał	39	NORDIC TEAM CZĘSTOCHOWA	M30-39	2	1		00:19:03	00:38:50	00:58:47	01:19:22.30	+00:19:11 (24.2%)	7:56	7.6 (76.0%)
22	BIERYŁO Dariusz	5		M60-69	6	1		00:19:55	00:39:43	00:59:50	01:20:03.10	+00:19:52 (24.8%)	8:00	7.5 (75.0%)
23	KARASEWICZ Łukasz	187		M30-39	3	2		00:19:36	00:39:44	00:59:56	01:20:24.90	+00:20:14 (25.2%)	8:02	7.5 (75.0%)
24	KAMIANOWSKI Jan	24	NW CZŁAPSKI TEAM	M70+	4			00:19:25	00:39:52	01:00:54	01:22:03.90	+00:21:53 (26.7%)	8:12	7.3 (73.0%)
25	PALUCH Paweł	35	AVOCADO WELLNESS CLUB	M50-59	6			00:19:33	00:40:12	01:00:55	01:22:08.45	+00:21:57 (26.7%)	8:12	7.3 (73.0%)
26	JÓŹWIAK Łukasz	21	SERCE NORDICA WŁOCŁAWEK	M50-59	7	1		00:20:36	00:41:12	01:01:52	01:22:31.15	+00:22:20 (27.1%)	8:15	7.3 (73.0%)
27	GRUSZKA Michał	17	NORDIC SPORT 2021	M40-49	6			00:20:38	00:42:22	01:04:14	01:25:01.55	+00:24:50 (29.2%)	8:30	7.1 (71.0%)
28	WEZA Krzysztof	57		M30-39	4			00:20:36	00:42:04	01:03:30	01:25:46.50	+00:25:35 (29.8%)	8:34	7 (70.0%)

Total 28 results.