



ENEA POLISH NW CUP - KOLBUSZOWA - 5KM - 6/6

B4SPORT

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 6/6
Organizator: Polskie Zrzeszenie Nordic Walking, Miasto Kolbuszowa
Data: 2023-10-07
Miejsce: Kolbuszowa
Dystans: 5 km



Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WITUCKI Jacek	173	K.S. VICTORIA POTĘGOWO	M50-54	1			00:14:23	00:28:50.00		5:46	10.4 (100%)
2	MARCZAK Tomasz	103	K.S. VICTORIA POTĘGOWO	M18-29	1			00:14:29	00:29:26.86	+00:00:36 (2.1%)	5:53	10.2 (98.1%)
3	STĘPAK Piotr	143	K.S. VICTORIA POTĘGOWO	M18-29	2			00:14:33	00:29:28.48	+00:00:38 (2.2%)	5:53	10.2 (98.1%)
4	MICHALEC Marcin	110	KKB MOSIR KROSNO	M30-39	1	1		00:14:29	00:29:36.22	+00:00:46 (2.6%)	5:55	10.1 (97.1%)
5	WOJTOWICZ Tomasz	174	K.S. VICTORIA POTĘGOWO	M30-39	2			00:14:33	00:30:06.48	+00:01:16 (4.2%)	6:01	10 (96.2%)
6	ZDANOWICZ Arkadiusz	178	K.S. VICTORIA POTĘGOWO	M45-49	1			00:14:41	00:30:18.93	+00:01:28 (4.9%)	6:03	9.9 (95.2%)
7	ROŻYNEK Miron	131	KGHM METRACO POLKOWICE	M60-64	1			00:15:12	00:30:45.00	+00:01:55 (6.2%)	6:09	9.8 (94.2%)
8	KABATA Jarosław	86	NORDIC SPORT 2021	M50-54	2	1		00:14:50	00:31:01.68	+00:02:11 (7.1%)	6:12	9.7 (93.3%)
9	DERUS Jakub	65	KATOWICKI NORDIC WALKING	M40-44	1			00:15:28	00:31:47.50	+00:02:57 (9.3%)	6:21	9.4 (90.4%)
10	FRAĆKOWIAK Roman	68	NORDIC SPORT 2021	M55-59	1			00:15:52	00:32:38.23	+00:03:48 (11.7%)	6:31	9.2 (88.5%)
11	MICHALSKI Andrzej	183	PŁOMIEŃ ZMIENNICA	M60-64	2	1		00:16:03	00:33:09.55	+00:04:19 (13.0%)	6:37	9 (86.5%)
12	HELWICH Stefan	81	KGHM METRACO POLKOWICE	M65-69	1			00:16:39	00:33:11.03	+00:04:21 (13.1%)	6:38	9 (86.5%)
13	PASIERB Marek	118	K.S. VICTORIA POTĘGOWO	M65-69	2			00:16:39	00:33:11.78	+00:04:21 (13.1%)	6:38	9 (86.5%)
14	KRAKOWSKI Jerzy Piotr	192	PTG SOKÓŁ 1893 MIELEC	M60-64	3			00:16:34	00:33:29.00	+00:04:39 (13.9%)	6:41	9 (86.5%)

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15	STEFANIAK Krzysztof	142	KATOWICKI NORDIC WALKING	M65-69	3			00:16:39	00:33:34.72	+00:04:44 (14.1%)	6:42	8.9 (85.6%)
16	HAŁAS Marcin	77	PRUSZYŃSKI SPORT TEAM	M30-39	3			00:16:12	00:33:38.90	+00:04:48 (14.3%)	6:43	8.9 (85.6%)
17	KĘDZIA Henryk	88	KS ESTEKA	M60-64	4			00:16:56	00:34:02.92	+00:05:12 (15.3%)	6:48	8.8 (84.6%)
18	BREWKA Joachim	56	NORDIC SPORT 2021	M55-59	2			00:17:02	00:34:16.34	+00:05:26 (15.9%)	6:51	8.8 (84.6%)
19	PUKSZTA Krzysiek	126	WESOŁY BORSUK TEAM	M40-44	2	1		00:16:51	00:34:39.20	+00:05:49 (16.8%)	6:55	8.7 (83.7%)
20	HRYCIUK Waldemar	83	K.S. VICTORIA POTĘGOWO	M65-69	4			00:16:49	00:34:41.34	+00:05:51 (16.9%)	6:56	8.6 (82.7%)
21	WOJTKIEWICZ Jarosław	186		M55-59	3			00:16:59	00:34:44.85	+00:05:54 (17.0%)	6:56	8.6 (82.7%)
22	STOLARCZYK Zenon	144	OBORYGENI	M70-74	1			00:17:55	00:34:50.18	+00:06:00 (17.2%)	6:58	8.6 (82.7%)
23	PYTLAK Adam	127	KKNW KOLBUSZOWA	M55-59	4			00:17:10	00:34:50.94	+00:06:00 (17.3%)	6:58	8.6 (82.7%)
24	SŁOWIK Jan	138	WYBIEGAMY W PRZYSZŁOŚĆ	M-Niepełnosprawni(A)	1			00:17:11	00:34:54.28	+00:06:04 (17.4%)	6:58	8.6 (82.7%)
25	GRUSZKA Michał	74	NORDIC SPORT 2021	M45-49	2			00:17:13	00:34:55.75	+00:06:05 (17.5%)	6:59	8.6 (82.7%)
26	DUSZEŃKO Zygmunt	190	KGHM METRACO POLKOWICE	M-Niepełnosprawni(A)	2			00:17:13	00:34:58.41	+00:06:08 (17.6%)	6:59	8.6 (82.7%)
27	POLAK Łukasz	124	OBORYGENI	M40-44	3			00:17:06	00:34:59.92	+00:06:09 (17.6%)	6:59	8.6 (82.7%)
28	CHYRA Janusz	61	NORDIC SPORT 2021	M45-49	3			00:17:16	00:35:02.20	+00:06:12 (17.7%)	7:00	8.6 (82.7%)
29	SZCZEŚNIAK Zbigniew	149	NORDIC TEAM CZĘSTOCHOWA	M60-64	5			00:17:34	00:35:27.10	+00:06:37 (18.7%)	7:05	8.5 (81.7%)
30	SZPUNAR Mariusz	154	Z NURTEM SAWY NW KLUB	M50-54	3			00:17:31	00:35:45.23	+00:06:55 (19.4%)	7:09	8.4 (80.8%)
31	SOBEK Mateusz	139	LEJDIS OF NORDIC	M30-39	4			00:17:28	00:35:51.53	+00:07:01 (19.6%)	7:10	8.4 (80.8%)
32	BARTYŃSKI Zdzisław	53	KOLBUSZOWSKI KLUB NORDIC WALKING	M55-59	5			00:17:38	00:36:35.71	+00:07:45 (21.2%)	7:19	8.2 (78.8%)
33	PASIERB Wojtek	117	LEJDIS OF NORDIC	M55-59	6			00:18:03	00:36:41.00	+00:07:51 (21.4%)	7:20	8.2 (78.8%)
34	ŚLUSARCZYK Grzegorz	162	WESOŁY BORSUK TEAM	M45-49	4	1		00:18:07	00:36:43.01	+00:07:53 (21.5%)	7:20	8.2 (78.8%)
35	ADAMCZYK Bogdan	51	BASZTA BYTÓW	M50-54	4			00:17:53	00:37:01.78	+00:08:11 (22.1%)	7:24	8.1 (77.9%)
36	LACHNIK Hubert	100		M70-74	2			00:18:27	00:37:07.52	+00:08:17 (22.3%)	7:25	8.1 (77.9%)
37	GRYGOROWICZ Bogdan	76	KGHM METRACO POLKOWICE	M-Niepełnosprawni(B)	1	1		00:18:38	00:37:17.35	+00:08:27 (22.7%)	7:27	8 (76.9%)

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38	BUDNY Sławomir	57		M-Niepełnosprawni(B)	2			00:18:37	00:37:18.02	+00:08:28 (22.7%)	7:27	8 (76.9%)
39	WIĘCŁAW Tomasz	168	LEJDIS OF NORDIC	M45-49	5			00:18:03	00:37:33.00	+00:08:43 (23.2%)	7:30	8 (76.9%)
40	BUDNY Franciszek	58		M-Dzieci	1			00:18:27	00:37:34.63	+00:08:44 (23.3%)	7:30	8 (76.9%)
41	CZMOCH Marian	64	NORDIC SPORT 2021	M70-74	3			00:18:30	00:37:53.52	+00:09:03 (23.9%)	7:34	7.9 (76.0%)
42	CZARNOTA Andrzej	62	Z NURTEM SAWY NW KLUB	M65-69	5			00:18:58	00:38:02.06	+00:09:12 (24.2%)	7:36	7.9 (76.0%)
43	PELC Krzysztof	120	LEJDIS OF NORDIC	M55-59	7			00:18:37	00:38:02.95	+00:09:12 (24.2%)	7:36	7.9 (76.0%)
44	URBAN Robert	166	KKNW KOLBUSZOWA	M50-54	5			00:18:38	00:38:08.00	+00:09:18 (24.4%)	7:37	7.9 (76.0%)
45	RUSINOWICZ Andrzej	133	FABRYKA NORDICA TRZCIANKA	M75-79	1			00:18:56	00:38:15.73	+00:09:25 (24.6%)	7:39	7.8 (75.0%)
46	ŚLUSARCZYK Andrzej	160	WESOŁY BORSUK TEAM	M70-74	4			00:18:46	00:38:19.79	+00:09:29 (24.8%)	7:39	7.8 (75.0%)
47	MAJEWSKI Jan	102	GORZYCE CHODZI Z KIJKAMI	M70-74	5			00:18:40	00:38:22.39	+00:09:32 (24.9%)	7:40	7.8 (75.0%)
48	TWARDOWSKI Mikołaj	164	PTG SOKÓŁ 1893 MIELEC	M-Dzieci	2			00:18:49	00:38:22.84	+00:09:32 (24.9%)	7:40	7.8 (75.0%)
49	SELWA Andrzej	135		M45-49	6			00:19:43	00:38:43.04	+00:09:53 (25.5%)	7:44	7.7 (74.0%)
50	JAKUBOWSKI Zbigniew	84		M70-74	6			00:19:08	00:38:49.91	+00:09:59 (25.7%)	7:45	7.7 (74.0%)
51	SZUKAŁA Rafał	155	ACTIVE TEAM KOZŁÓW	M45-49	7			00:19:22	00:38:51.15	+00:10:01 (25.8%)	7:46	7.7 (74.0%)
52	GANCARZ Zbigniew	70	KLUB SPORTOWY ISKRA MIELEC	M-Niepełnosprawni(B)	3			00:19:29	00:39:32.96	+00:10:42 (27.1%)	7:54	7.6 (73.1%)
53	FRYC Jan	69	KKNW KOLBUSZOWA	M60-64	6			00:20:14	00:39:33.71	+00:10:43 (27.1%)	7:54	7.6 (73.1%)
54	KRAKOWSKI Igor	95	PTG SOKÓŁ 1893 MIELEC	M-Dzieci	3			00:19:39	00:40:03.20	+00:11:13 (28.0%)	8:00	7.5 (72.1%)
55	PODORSKI Roman	122	STG TARNÓW	M80+	1			00:20:12	00:40:49.87	+00:11:59 (29.4%)	8:09	7.3 (70.2%)
56	KISAŁA Marcin	89	LEJDIS OF NORDIC	M50-54	6			00:20:49	00:41:36.93	+00:12:46 (30.7%)	8:19	7.2 (69.2%)
57	THOMALLA Bogdan	163	NORDIC SPORT 2021	M80+	2			00:15:54	00:41:43.00	+00:12:53 (30.9%)	8:20	7.2 (69.2%)
58	SZNAJDER Zenon	152		M70-74	7			00:20:16	00:42:08.61	+00:13:18 (31.6%)	8:25	7.1 (68.3%)
59	ADAMOWICZ Andrzej	52		M75-79	2			00:20:53	00:42:41.78	+00:13:51 (32.5%)	8:32	7 (67.3%)
60	BUDNY Stanisław	59		M-Jun.	1			00:21:30	00:42:47.85	+00:13:57 (32.6%)	8:33	7 (67.3%)

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61	MARCINEK Filip	188		M-Dzieci	4			00:20:32	00:43:07.54	+00:14:17 (33.1%)	8:37	7 (67.3%)
62	PIĄTKOWSKI Józef	121	KGHM METRACO POLKOWICE	M75-79	3			00:19:10	00:43:08.00	+00:14:18 (33.2%)	8:37	7 (67.3%)
63	NOWORYTA Jacek	112		M80+	3			00:22:15	00:45:01.54	+00:16:11 (36.0%)	9:00	6.7 (64.4%)
64	SAJDAK Stanisław	134	KKNW KOLBUSZOWA	M75-79	4			00:22:19	00:45:16.43	+00:16:26 (36.3%)	9:03	6.6 (63.5%)
65	ŚLUSARCZYK Błażej	161	WESOŁY BORSUK TEAM	M-Dzieci	5			00:24:18	00:47:12.00	+00:18:22 (38.9%)	9:26	6.4 (61.5%)
66	STUDNICKI Ryszard	145	KKNW KOLBUSZOWA	M75-79	5			00:25:15	00:50:58.34	+00:22:08 (43.4%)	10:11	5.9 (56.7%)
67	WIKTOR Dawid	170	KLUB SPORTOWY ISKRA MIELEC	M- Niepełnosprawni(B)	4			00:25:56	00:51:59.40	+00:23:09 (44.5%)	10:23	5.8 (55.8%)
68	ORZECOWSKI Grzegorz	115	KKNW KOLBUSZOWA	M- Niepełnosprawni(B)	5			00:28:31	00:57:14.50	+00:28:24 (49.6%)	11:26	5.2 (50.0%)
69	ROMANIUK Grzegorz	129	KKNW KOLBUSZOWA	M60-64	7			00:23:19	00:59:28.83	+00:30:38 (51.5%)	11:53	5 (48.1%)
DQ	KANIA Adam	191		M55-59			1	00:17:34 DQ	DQ			(0.0%)

Znaleziono 70 wynik(ów)