



ENEA POLISH NW CUP - LATOSZYN - 5KM - 4/6

B4SPORT

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 4/6 LATOSZYN
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-07-29
Miejsce: Latoszyn
Dystans: 5 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KUBISZYN Małgorzata	82	K.S. VICTORIA POTĘGOWO	K30-39	1			00:16:41	00:33:37.35		6:43	8.9 (100%)
2	BIELECKA Zuzanna	2	K.S. VICTORIA POTĘGOWO	K40-44	1			00:16:45	00:34:13.30	+00:00:35 (1.8%)	6:50	8.8 (98.9%)
3	MAŚLANKA Iwona	37	NORDIC SPORT 2021	K50-54	1			00:16:56	00:34:48.45	+00:01:11 (3.4%)	6:57	8.6 (96.6%)
4	KNAPCZYK-KANIA Gabriela	34	WŁÓCZYJKI BESKIDU MAKOWSKIEGO	K45-49	1			00:17:24	00:35:25.30	+00:01:47 (5.1%)	7:05	8.5 (95.5%)
5	GIEŁBAGA Aneta	17	ACTIVE TEAM KOZŁÓW	K45-49	2			00:17:49	00:36:02.75	+00:02:25 (6.7%)	7:12	8.3 (93.3%)
6	POSIKATA Joanna	52		K45-49	3			00:17:52	00:36:12.65	+00:02:35 (7.1%)	7:14	8.3 (93.3%)
7	KARPIENIA Ewa	30	K.S. VICTORIA POTĘGOWO	K50-54	2			00:17:57	00:36:43.75	+00:03:06 (8.5%)	7:20	8.2 (92.1%)
8	OKRZESIK-FRĄCKOWIAK Izabela	41	NORDIC SPORT 2021	K55-59	1			00:18:14	00:37:08.10	+00:03:30 (9.5%)	7:25	8.1 (91.0%)
9	HRYCIUK Teresa	23	K.S. VICTORIA POTĘGOWO	K60-64	1			00:18:51	00:37:48.10	+00:04:10 (11.1%)	7:33	7.9 (88.8%)
10	STYGA Krystyna	62	LUKI TEAM	K60-64	2			00:18:48	00:37:52.85	+00:04:15 (11.2%)	7:34	7.9 (88.8%)
11	SAWICKA Marta	93	K.S. VICTORIA POTĘGOWO	K50-54	3	1		00:18:07	00:38:15.35	+00:04:38 (12.1%)	7:39	7.8 (87.6%)
12	PASIŃSKA-SKOWRON Sylwia	47	PRUSZYŃSKI SPORT TEAM	K45-49	4			00:18:51	00:38:29.80	+00:04:52 (12.7%)	7:41	7.8 (87.6%)
13	SZENDZIELORZ Ilona	64	PRUSZYŃSKI SPORT TEAM	K65-69	1			00:19:23	00:38:51.60	+00:05:14 (13.5%)	7:46	7.7 (86.5%)
14	MIŚKOWICZ Anna	39		K65-69	2			00:19:24	00:38:52.80	+00:05:15 (13.5%)	7:46	7.7 (86.5%)

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15	ZDRZAŁEK Alicja	78	NORDIC SPORT 2021	K40-44	2			00:19:48	00:41:39.85	+00:08:02 (19.3%)	8:19	7.2 (80.9%)
16	ROMANOWSKA Eliza	53	KGHM METRACO POLKOWICE	K-Dzieci	1			00:20:32	00:41:49.15	+00:08:11 (19.6%)	8:21	7.2 (80.9%)
17	LUKOSZEK Katarzyna	55	PRUSZYŃSKI SPORT TEAM	K50-54	4			00:20:46	00:41:52.05	+00:08:14 (19.7%)	8:22	7.2 (80.9%)
18	KISIELEWICZ Zofia	32	KGHM METRACO POLKOWICE	K-Jun.	1			00:20:17	00:41:54.50	+00:08:17 (19.8%)	8:22	7.2 (80.9%)
19	HANUS Joanna	21	PASJONAUCI KROSNO	K- Niepełnosprawni(B)	1			00:20:46	00:42:08.90	+00:08:31 (20.2%)	8:25	7.1 (79.8%)
20	WILK Iwona	74	NORDIC SPORT 2021	K45-49	5			00:21:09	00:42:11.30	+00:08:33 (20.3%)	8:26	7.1 (79.8%)
21	SAPUŁA Wiktoria	56	K.S. VICTORIA POTĘGOWO	K18-29	1			00:21:22	00:42:53.90	+00:09:16 (21.6%)	8:34	7 (78.7%)
22	SARNOWSKA Aniela	58	KGHM METRACO POLKOWICE	K-Jun.	2			00:21:08	00:43:32.45	+00:09:55 (22.8%)	8:42	6.9 (77.5%)
23	GRYGOROWICZ Teresa	18	KGHM METRACO POLKOWICE	K70-74	1			00:21:37	00:43:36.55	+00:09:59 (22.9%)	8:43	6.9 (77.5%)
24	LACHNIK Grazyna	80		K50-54	5			00:21:39	00:44:03.25	+00:10:25 (23.7%)	8:48	6.8 (76.4%)
25	KLOCEK Jagoda	33	KGHM METRACO POLKOWICE	K-Jun.	3			00:21:22	00:44:53.75	+00:11:16 (25.1%)	8:58	6.7 (75.3%)
26	URBAN Iwona	97	KKNW KOLBUSZOWA	K50-54	6	1		00:21:31	00:44:55.75	+00:11:18 (25.2%)	8:59	6.7 (75.3%)
27	CZARNOTA Wanda	9	Z NURTEM SAWY NW KLUB	K60-64	3	1		00:22:16	00:45:46.00	+00:12:08 (26.5%)	9:09	6.6 (74.2%)
28	GUL-BOGACZ Jolanta	91	KKNW	K45-49	6			00:24:06	00:48:18.30	+00:14:40 (30.4%)	9:39	6.2 (69.7%)
29	MATUSZAK Sandra	95	KGHM METRACO	K-Jun.	4			00:23:22	00:48:27.75	+00:14:50 (30.6%)	9:41	6.2 (69.7%)
30	SZNAJDER Teresa	65		K65-69	3			00:23:24	00:49:11.15	+00:15:33 (31.6%)	9:50	6.1 (68.5%)
31	SZCZEPAŃSKA Lena	63	KGHM METRACO POLKOWICE	K-Dzieci	2			00:19:18	00:50:45.95	+00:17:08 (33.8%)	10:09	5.9 (66.3%)
32	KOPACZ Elżbieta	90	KKNW KOLBUSZOWA	K45-49	7			00:24:25	00:52:37.35	+00:19:00 (36.1%)	10:31	5.7 (64.0%)
33	WORONKO-ZACZYŃSKA Janina	75	KGHM METRACO POLKOWICE	K75-79	1	1		00:25:49	00:52:48.20	+00:19:10 (36.3%)	10:33	5.7 (64.0%)
34	JUREK Ewa	27		K- Niepełnosprawni(B)	2			00:26:31	00:53:33.10	+00:19:55 (37.2%)	10:42	5.6 (62.9%)
35	PANKIEWICZ-DMOWSKA Cecylia	44	WEJHEROWSKI KLUB NORDIC WALKING	K75-79	2			00:26:46	00:53:35.85	+00:19:58 (37.3%)	10:43	5.6 (62.9%)
36	KOCZUR Dorota	84	KKNW KOLBUSZOWA	K70-74	2			00:27:13	00:54:10.30	+00:20:32 (37.9%)	10:50	5.5 (61.8%)
37	LISTWAN Klaudia	94	KGHM METRACO POLKOWICE	K- Niepełnosprawni(B)	3			00:25:21	00:55:17.70	+00:21:40 (39.2%)	11:03	5.4 (60.7%)

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38	SKOWROŃSKA Elżbieta	89	KKNW KOLBUSZOWA	K70-74	3			00:27:08	00:55:45.00	+00:22:07 (39.7%)	11:09	5.4 (60.7%)
39	KICIŃSKA Renata	100	BULWAROWE PATY CZAKI	K60-64	4			00:24:37	00:56:08.25	+00:22:30 (40.1%)	11:13	5.3 (59.6%)
40	FIC Aleksandra	99	BULWAROWE PATY CZAKI	K45-49	8			00:25:14	00:56:46.10	+00:23:08 (40.8%)	11:21	5.3 (59.6%)
41	JACENKO Julia	24	KGHM METRACO POLKOWICE	K-Dzieci	3			00:28:15	00:58:18.90	+00:24:41 (42.3%)	11:39	5.1 (57.3%)
	RĘBISZ Grażyna	87	KKNW KOLBUSZOWA	K65-69				00:31:50 DNF	DNF		-	- (0.0%)

Znaleziono 42 wynik(ów)