



## ENEA POLISH NW CUP - LATOSZYN - 5KM - 4/6

B4SPORT

**Event:** ENEA POLISH NORDIC WALKING CUP 4/6 LATOSZYN  
**Organiser:** Polskie Zrzeszenie Nordic Walking  
**Date:** 2023-07-29  
**Place:** Latoszyn  
**Distance:** 5 km



Classification: M70-74

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>MATECKI Ryszard</b>	<b>38</b>	KGHM METRACO POLKOWICE	M70-74	1			00:18:42	<b>00:37:30.95</b>		7:30	8 (100%)
2	<b>CZMOCH Marian</b>	<b>10</b>	NORDIC SPORT 2021	M70-74	2			00:18:55	<b>00:38:22.90</b>	+00:00:51 (2.3%)	7:40	7.8 (97.5%)
3	<b>LACHNIK Hubert</b>	<b>79</b>		M70-74	3			00:19:58	<b>00:41:13.20</b>	+00:03:42 (9.0%)	8:14	7.3 (91.3%)
4	<b>JAKUBOWSKI Zbigniew</b>	<b>25</b>		M70-74	4			00:21:20	<b>00:44:01.85</b>	+00:06:30 (14.8%)	8:48	6.8 (85.0%)
5	<b>SZNAJDER Zenon</b>	<b>66</b>		M70-74	5			00:21:26	<b>00:44:55.40</b>	+00:07:24 (16.5%)	8:59	6.7 (83.8%)

Total 5 results.