



ENEA POLISH NW CUP - POLANICA-ZDRÓJ - 10KM - 2/6

B4SPORT

Event: Otwarte Mistrzostwa Polski Nordic Walking (EPNWC)
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2023-07-02
Place: Polanica-Zdrój
Distance: 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_5km 5.35km	Net time 10.7km	Gap	Pace min/km	Pace km/h
1	JUREK Adam	25	KGHM METRACO POLKOWICE	M60-69	1	1		00:36:08	01:13:38.95		6:52	8.7 (100%)
2	MICHALSKI Andrzej	47	PŁOMIEŃ ZMIENNICA	M60-69	2			00:36:44	01:13:55.35	+00:00:16 (0.4%)	6:54	8.7 (100%)
3	MAŁKA Marian	44	NIEZRZESZONY	M60-69	3			00:37:04	01:14:43.30	+00:01:04 (1.4%)	6:58	8.6 (98.9%)
4	HELWICH Stefan	19	KGHM METRACO POLKOWICE	M60-69	4			00:37:10	01:15:33.70	+00:01:54 (2.5%)	7:03	8.5 (97.7%)
5	MAKOWSKI Jan	42		M60-69	5			00:38:02	01:18:27.70	+00:04:48 (6.1%)	7:19	8.2 (94.3%)
6	MAĐRY Grzegorz	46	NORDIC SPORT 2021	M60-69	6	1		00:39:27	01:20:36.20	+00:06:57 (8.6%)	7:31	8 (92.0%)
7	ROMAN Krzysztof	59	KUDOWIANKA RUN	M60-69	7	1		00:40:54	01:23:05.90	+00:09:26 (11.4%)	7:45	7.7 (88.5%)
8	PRZYBYLSKI Roman	56		M60-69	8	1		00:41:35	01:24:04.90	+00:10:25 (12.4%)	7:51	7.6 (87.4%)
9	CHORABIK Stanisław	6	WESOŁY BORSUK TEAM	M60-69	9			00:42:25	01:25:13.95	+00:11:35 (13.6%)	7:57	7.5 (86.2%)
10	MOSOŃ Marek	49	DWAMARKI	M60-69	10			00:49:51	01:42:28.20	+00:28:49 (28.1%)	9:34	6.3 (72.4%)
11	KIEŁBIK Marek	28	DWAMARKI	M60-69	11			00:49:51	01:42:28.45	+00:28:49 (28.1%)	9:34	6.3 (72.4%)
12	RYŻ Tadeusz	63	NIEZRZESZONY	M60-69	12	1		00:50:05	01:43:15.80	+00:29:36 (28.7%)	9:38	6.2 (71.3%)
13	KUNIKOWSKI Zenon	37		M60-69	13	1		00:54:06	01:50:03.35	+00:36:24 (33.1%)	10:17	5.8 (66.7%)
DQ	KAŁUSKI Marek	26		M60-69		3	1	00:45:19 DQ	01:33:37.10 DQ		0:00	6.9 (79.3%)
DQ	RYBA Bronisław	62		M60-69		4	1	01:03:18 DQ	01:54:37.80 DQ		0:00	5.6 (64.4%)

Total 15 results.