



## ENEA POLISH NW CUP - POTĘGOWO - 10KM - 1/6

B4SPORT

**Wydarzenie:** Otwarte Mistrzostwa Polski Nordic Walking (EPNWC)  
**Organizator:** Polskie Zrzeszenie Nordic Walking  
**Data:** 2023-05-13  
**Miejsce:** Potęgowo  
**Dystans:** 10 km



Klasyfikacja: K30-39

| Msc | Zawodnik                   | Numer     | Klub                   | Kategoria | Mkat | Żół. kartki | Czer. kartki | Laps 2.5km | Laps_5km | Laps_7.5km | Czas netto 10km    | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------------|-----------|------------------------|-----------|------|-------------|--------------|------------|----------|------------|--------------------|-------------------|--------------|-------------|
| 1   | <b>SOSNOWSKA Agnieszka</b> | <b>49</b> | K.S. VICTORIA POTĘGOWO | K30-39    | 1    |             |              | 00:15:43   | 00:32:11 | 00:49:01   | <b>01:05:24.65</b> |                   | 6:32         | 9.2 (100%)  |
| 2   | <b>LABUS Marzena</b>       | <b>29</b> | NORDIC SPORT 2021      | K30-39    | 2    |             |              | 00:17:27   | 00:35:46 | 00:54:30   | <b>01:13:37.40</b> | +00:08:12 (11.2%) | 7:21         | 8.2 (89.1%) |
| 3   | <b>PANKIEWICZ Ewelina</b>  | <b>42</b> |                        | K30-39    | 3    |             |              | 00:19:01   | 00:38:44 | 00:58:24   | <b>01:18:43.50</b> | +00:13:18 (16.9%) | 7:52         | 7.6 (82.6%) |
| 4   | <b>BERESKA Irena</b>       | <b>6</b>  | NORDIC SPORT 2021      | K30-39    | 4    |             |              | 00:21:15   | 00:44:01 | 01:06:48   | <b>01:29:22.50</b> | +00:23:57 (26.8%) | 8:56         | 6.7 (72.8%) |
| 5   | <b>UKLEJA Justyna</b>      | <b>57</b> | POTĘGA NORDICA         | K30-39    | 5    |             |              | 00:22:04   | 00:44:32 | 01:07:27   | <b>01:31:20.80</b> | +00:25:56 (28.4%) | 9:08         | 6.6 (71.7%) |
| 6   | <b>UKLEJA Monika</b>       | <b>56</b> | POTĘGA NORDICA         | K30-39    | 6    |             |              | 00:22:07   | 00:44:33 | 01:07:29   | <b>01:31:22.25</b> | +00:25:57 (28.4%) | 9:08         | 6.6 (71.7%) |

Znaleziono 6 wynik(ów)