



ENEA POLISH NW CUP - POTĘGOWO - 10KM - 1/6

B4SPORT
POLSKIE ZRZESZENIE NORDIC WALKING

Event: Otwarte Mistrzostwa Polski Nordic Walking (EPNWC)
Organiser: Polskie Zrzeszenie Nordic Walking
Date: 2023-05-13
Place: Potęgowo
Distance: 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_2.5km 2.5km	Laps_5km 5km	Laps_7.5km 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	KOŁODZIEJ Joanna	26	PRUSZYŃSKI SPORT TEAM	K50-59	1			00:17:33	00:35:36	00:53:57	01:12:42.50		7:16	8.3 (100%)
2	KRÓLIKOWSKA Krystyna	28	POLIPACK TEAM GWE	K50-59	2	1		00:18:28	00:37:34	00:56:49	01:16:27.70	+00:03:45 (4.9%)	7:38	7.8 (94.0%)
3	OLEJNIK Marzena	40		K50-59	3			00:19:31	00:39:33	00:59:48	01:20:13.85	+00:07:31 (9.4%)	8:01	7.5 (90.4%)
4	MAŁYSZEWICZ Teresa	35		K50-59	4			00:20:34	00:41:19	01:02:25	01:23:36.60	+00:10:54 (13.0%)	8:21	7.2 (86.7%)
5	SKRZĄTEK Lucyna	48	NORDIC SPORT 2021	K50-59	5			00:20:05	00:41:17	01:02:44	01:24:10.80	+00:11:28 (13.6%)	8:25	7.1 (85.5%)
6	POWAŻKA Elżbieta	44	AKADEMIA ZDROWEGO STYLU ŻYCIA URUZ DYWITY	K50-59	6			00:20:21	00:41:33	01:03:09	01:25:17.55	+00:12:35 (14.8%)	8:31	7 (84.3%)
7	BOŃCZYSZYN Bożena	8	POLIPACK TEAM GWE	K50-59	7			00:20:28	00:42:17	01:04:37	01:26:42.95	+00:14:00 (16.2%)	8:40	6.9 (83.1%)

Total 7 results.