



ENEА POLISH NW CUP - WĄGROWIEC - 10KM - 3/6

B4SPORT

Wydarzenie: ENEA Polish Nordic Walking Cup 3/6
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-07-16
Miejsce: Wągrowiec
Dystans: 10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps_2.5km 2.5km	Laps_5km 5km	Laps_7.5km 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	WOJTOWICZ Tomasz	244	K.S. VICTORIA POTĘGOWO	M30-39	1			00:14:46	00:30:07	00:45:35	01:01:37.35		6:09	9.7 (100%)
2	MARCZAK Tomasz	222	K.S. VICTORIA POTĘGOWO	M18-29	1			00:15:09	00:30:32	00:46:51	01:03:36.95	+00:01:59 (3.1%)	6:21	9.4 (96.9%)
3	DZIEDZIEWICZ Andrzej	209	K.S. VICTORIA POTĘGOWO	M40-49	1			00:14:51	00:30:54	00:47:14	01:04:11.35	+00:02:34 (4.0%)	6:25	9.3 (95.9%)
4	HAŁAS Marcin	212	PRUSZYŃSKI SPORT TEAM	M30-39	2			00:16:11	00:33:06	00:50:09	01:07:00.05	+00:05:22 (8.0%)	6:42	9 (92.8%)
5	JUREK Adam	217	KGHM METRACO POLKOWICE	M60-69	1	2		00:16:09	00:33:04	00:50:09	01:07:30.40	+00:05:53 (8.7%)	6:45	8.9 (91.8%)
6	MISZTAL Grzegorz	225	PRUSZYŃSKI SPORT TEAM	M30-39	3			00:16:16	00:33:13	00:50:38	01:07:42.90	+00:06:05 (9.0%)	6:46	8.9 (91.8%)
7	HELWICH Stefan	213	KGHM METRACO POLKOWICE	M60-69	2			00:16:10	00:33:06	00:50:18	01:07:55.45	+00:06:18 (9.3%)	6:47	8.8 (90.7%)
8	RYCĄBEL Bogdan	234		M50-59	1			00:16:41	00:33:56	00:51:00	01:08:02.55	+00:06:25 (9.4%)	6:48	8.8 (90.7%)
9	SIWAK Piotr	235	KGHM METRACO POLKOWICE	M60-69	3	2		00:16:55	00:34:12	00:51:31	01:09:21.40	+00:07:44 (11.2%)	6:56	8.7 (89.7%)
10	LUDWICZAK Dariusz	220	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-59	2			00:16:26	00:33:57	00:51:55	01:09:49.55	+00:08:12 (11.7%)	6:58	8.6 (88.7%)
11	MĄDRY Grzegorz	224	NORDIC SPORT 2021	M60-69	4			00:16:56	00:34:13	00:51:48	01:09:59.25	+00:08:21 (12.0%)	6:59	8.6 (88.7%)
12	PIETRAKOWSKI Marcin	229	PITSTOP GORZÓW WLKP.	M40-49	2	1		00:17:24	00:35:01	00:52:59	01:11:00.55	+00:09:23 (13.2%)	7:06	8.5 (87.6%)
13	CHYRA Janusz	205	NORDIC SPORT 2021	M40-49	3	1		00:17:24	00:35:02	00:52:59	01:11:01.45	+00:09:24 (13.2%)	7:06	8.4 (86.6%)
14	OLSZAŃSKI Karol	226	PRUSZYŃSKI SPORT TEAM	M40-49	4			00:16:26	00:34:57	00:53:28	01:11:20.25	+00:09:42 (13.6%)	7:08	8.4 (86.6%)

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15	PARZYBUT Jan	228	NORDIC SPORT 2021	M50-59	3			00:17:41	00:35:44	00:53:49	01:12:00.50	+00:10:23 (14.4%)	7:12	8.3 (85.6%)
16	RUNOWSKI Jarosław	233	TEAM JANINA	M50-59	4			00:17:35	00:35:39	00:53:58	01:12:38.50	+00:11:01 (15.2%)	7:15	8.3 (85.6%)
17	PUKSZTA Krzysiek	230	WESOLY BORSUK TEAM	M40-49	5	2		00:17:32	00:35:51	00:54:32	01:14:01.10	+00:12:23 (16.7%)	7:24	8.1 (83.5%)
18	GOŁĘBIEWSKI Edward	211	MARSZ PO ZDROWIE	M70+	1	1		00:18:11	00:36:28	00:55:27	01:14:43.60	+00:13:06 (17.5%)	7:28	8 (82.5%)
19	LACHNIK Hubert	218		M70+	2	1		00:18:11	00:36:46	00:55:54	01:14:56.00	+00:13:18 (17.8%)	7:29	8 (82.5%)
20	LEWANDOWSKI Bartłomiej	219	TSK ORZEŁ OSIEK	M18-29	2	2		00:19:01	00:38:03	00:56:59	01:16:36.20	+00:14:58 (19.6%)	7:39	7.8 (80.4%)
21	ŁASZCZ Wojciech	221	FABRYKA NORWIKA TRZCIANKA	M60-69	5	1		00:18:39	00:37:51	00:57:19	01:16:54.85	+00:15:17 (19.9%)	7:41	7.8 (80.4%)
22	CZMOCH Marian	207	NORDIC SPORT 2021	M70+	3	2		00:18:42	00:37:46	00:57:26	01:18:05.90	+00:16:28 (21.1%)	7:48	7.7 (79.4%)
23	ŚLUSARCZYK Andrzej	241	WESOŁY BORSUK TEAM	M70+	4	1		00:19:00	00:38:32	00:58:24	01:18:36.95	+00:16:59 (21.6%)	7:51	7.6 (78.4%)
24	KUREK Krzysztof	248	NW CZŁAPSKI TEAM	M40-49	6			00:19:39	00:39:21	00:59:34	01:19:54.05	+00:18:16 (22.9%)	7:59	7.5 (77.3%)
25	NOWICKI Ryszard	197		M60-69	6	2		00:23:18	00:43:54	01:05:08	01:26:30.45	+00:24:53 (28.8%)	8:39	6.9 (71.1%)
26	WALA Jan	243	NORDIC WALKING LUBASZ	M60-69	7	1		00:21:16	00:43:18	01:05:13	01:26:56.25	+00:25:18 (29.1%)	8:41	6.9 (71.1%)
27	DUDEK Leszek	208	KGHM METRACO POLKOWICE	M70+	5			00:21:35	00:44:21	01:07:21	01:29:36.35	+00:27:59 (31.2%)	8:57	6.7 (69.1%)
28	JĄSKOWSKI Patryk	214		M30-39	4	2		00:21:36	00:44:15	01:06:55	01:29:45.30	+00:28:07 (31.3%)	8:58	6.7 (69.1%)
29	STATNIK Tomasz	237	SUCHY LAS	M70+	6	2		00:21:36	00:44:21	01:07:22	01:30:43.15	+00:29:05 (32.1%)	9:04	6.6 (68.0%)
30	NOWACZYK Romuald	200		M50-59	5	2		00:22:27	00:45:43	01:09:02	01:33:37.70	+00:32:00 (34.2%)	9:21	6.4 (66.0%)
31	TOBYS Ryszard	242		M70+	7	2		00:23:39	00:47:40	01:12:56	01:38:57.80	+00:37:20 (37.7%)	9:53	6.1 (62.9%)

Znaleziono 31 wynik(ów)