



ENEA POLISH NW CUP - WASILKÓW- 10KM - 5/6

B4SPORT
INTELEKTUALNE SPODRYBKI

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 5/6
WASILKÓW
Organizator: Polskie Zrzeszenie Nordic Walking, Miasto i Gmina Wasilków
Data: 2023-09-16
Miejsce: Wasilków
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps_1.68km 1.68km	Laps_3.36km 3.36km	Laps_5.04km 5.04km	Laps_6.72km 6.72km	Laps_8.4km 8.4km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	DZIEDZIEWICZ Andrzej	10	K.S. VICTORIA POTĘGOWO	M40-49	1			00:09:29	00:19:35	00:29:43	00:39:50	00:50:03	01:00:21.05		6:02	9.9 (100%)
2	MARCZAK Tomasz	19	K.S. VICTORIA POTĘGOWO	M18-29	1			00:10:48	00:22:09	00:32:59	00:44:03	00:55:01	01:06:07.65	+00:05:46 (8.7%)	6:36	9.1 (91.9%)
3	HAŁAS Marcin	12	PRUSZYŃSKI SPORT TEAM	M30-39	1			00:10:40	00:21:35	00:32:37	00:43:44	00:54:59	01:06:14.95	+00:05:53 (8.9%)	6:37	9.1 (91.9%)
4	MISZTAŁ Grzegorz	20	PRUSZYŃSKI SPORT TEAM	M30-39	2			00:10:56	00:21:48	00:33:03	00:44:19	00:55:46	01:06:58.90	+00:06:37 (9.9%)	6:41	9 (90.9%)
5	BIELECKA Zuzanna	4	K.S. VICTORIA POTĘGOWO	K40-49	1			00:10:47	00:22:07	00:33:29	00:45:04	00:56:40	01:08:18.70	+00:07:57 (11.7%)	6:49	8.8 (88.9%)
6	HELWICH Stefan	31	KGHM METRACO POLKOWICE	M60-69	1			00:10:57	00:22:03	00:33:23	00:44:58	00:56:45	01:08:45.70	+00:08:24 (12.2%)	6:52	8.7 (87.9%)
7	CHYRA Janusz	6	NORDIC SPORT 2021	M40-49	2			00:11:31	00:23:16	00:34:55	00:46:28	00:58:00	01:09:13.70	+00:08:52 (12.8%)	6:55	8.7 (87.9%)
8	BREWZYŃSKI Marcin	5	NW CZŁĄPSKI TEAM	M30-39	3			00:11:11	00:22:44	00:34:29	00:46:12	00:57:58	01:09:15.45	+00:08:54 (12.9%)	6:55	8.7 (87.9%)
9	DANIELSKI Waldemar	9	K.S. VICTORIA POTĘGOWO	M50-59	1			00:11:06	00:22:28	00:34:02	00:45:41	00:57:41	01:09:22.40	+00:09:01 (13.0%)	6:56	8.6 (86.9%)
10	LABUS Marzena	17	NORDIC SPORT 2021	K30-39	1			00:10:56	00:22:25	00:34:05	00:45:54	00:57:55	01:09:56.20	+00:09:35 (13.7%)	6:59	8.6 (86.9%)
11	RADECKI Artur	25	CHODZĄCY BIAŁYSTOK	M60-69	2	1		00:11:21	00:22:57	00:34:43	00:46:40	00:58:41	01:10:48.95	+00:10:27 (14.8%)	7:04	8.5 (85.9%)
12	WIŚNIEWSKI Mariusz	29	NW CZŁĄPSKI TEAM	M50-59	2			00:11:29	00:23:16	00:35:06	00:47:06	00:59:14	01:11:03.10	+00:10:42 (15.1%)	7:06	8.4 (84.8%)
13	HRYCIUK Waldemar	14	K.S. VICTORIA POTĘGOWO	M60-69	3	2		00:11:27	00:23:19	00:35:17	00:47:30	00:59:46	01:12:04.45	+00:11:43 (16.3%)	7:12	8.3 (83.8%)
14	LACHNIK Hubert	18		M70+	1			00:12:08	00:24:24	00:36:41	00:48:59	01:01:25	01:13:49.75	+00:13:28 (18.3%)	7:22	8.1 (81.8%)
15	CZMOCH Marian	8	NORDIC SPORT 2021	M70+	2			00:12:11	00:24:28	00:36:47	00:49:08	01:01:38	01:13:57.80	+00:13:36 (18.4%)	7:23	8.1 (81.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Laps_1.68km	Laps_3.36km	Laps_5.04km	Laps_6.72km	Laps_8.4km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
								1.68km	3.36km	5.04km	6.72km	8.4km				
16	GRZECH Marcin	11	BRAK	M40-49	3			00:11:53	00:24:03	00:36:23	00:49:01	01:01:39	01:14:16.35	+00:13:55 (18.7%)	7:25	8.1 (81.8%)
17	PANKIEWICZ Ewelina	23		K30-39	2			00:12:06	00:24:44	00:37:08	00:49:19	01:02:02	01:14:51.45	+00:14:30 (19.4%)	7:29	8 (80.8%)
18	HRYCIUK Teresa	13	K.S. VICTORIA POTĘGOWO	K60-69	1	1		00:11:42	00:24:05	00:36:43	00:49:36	01:02:45	01:16:13.70	+00:15:52 (20.8%)	7:37	7.9 (79.8%)
19	ŚLUSARCZYK Andrzej	27	WESOŁY BORSUK TEAM	M70+	3			00:12:35	00:25:19	00:38:11	00:51:21	01:04:36	01:18:00.70	+00:17:39 (22.6%)	7:48	7.7 (77.8%)
20	PALUCH Paweł	22	AVOCADO WELLNESS CLUB	M50-59	3			00:12:18	00:25:12	00:38:16	00:51:24	01:04:42	01:18:17.65	+00:17:56 (22.9%)	7:49	7.7 (77.8%)
21	KARASEWICZ Łukasz	16	GMINA WASILKÓW	M30-39	4			00:12:34	00:25:21	00:38:07	00:51:29	01:05:08	01:18:28.35	+00:18:07 (23.1%)	7:50	7.6 (76.8%)
22	CZAJKA Urszula	7	KGHM METRACO POLKOWICE	K60-69	2			00:12:09	00:25:00	00:38:09	00:51:30	01:05:02	01:18:53.80	+00:18:32 (23.5%)	7:53	7.6 (76.8%)
23	BERESKA Irena	3	NORDIC SPORT 2021	K30-39	3			00:12:55	00:26:42	00:40:21	00:54:05	01:08:20	01:22:23.35	+00:22:02 (26.7%)	8:14	7.3 (73.7%)
24	WYSZYŃSKI Zbigniew	30	I O TO CHODZI	M60-69	4			00:13:15	00:27:02	00:41:06	00:55:16	01:09:26	01:23:28.60	+00:23:07 (27.7%)	8:20	7.2 (72.7%)
25	ŚLUSARCZYK Karolina	28	WESOŁY BORSUK TEAM	K18-29	1	1		00:13:36	00:28:58	00:43:12	00:57:13	01:11:10	01:24:49.65	+00:24:28 (28.9%)	8:28	7.1 (71.7%)
26	SAPUŁA Wiktoria	26	K.S. VICTORIA POTĘGOWO	K18-29	2			00:13:37	00:28:58	00:43:11	00:57:11	01:11:20	01:25:43.70	+00:25:22 (29.6%)	8:34	7 (70.7%)
DQ	KAMIANOWSKI Jan	15	NW CZLAPSKI TEAM	M70+			1	00:12:34 DQ	00:25:28 DQ	DQ	DQ	DQ	DQ			(0.0%)

Znaleziono 27 wynik(ów)