



ENEA POLISH NW CUP - WASILKÓW- 10KM - 5/6

B4SPORT

Event: ENEA POLISH NORDIC WALKING CUP 5/6
WASILKÓW
Organiser: Polskie Zrzeszenie Nordic Walking, Miasto i Gmina Wasilków
Date: 2023-09-16
Place: Wasilków
Distance: 10 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_1.68km 1.68km	Laps_3.36km 3.36km	Laps_5.04km 5.04km	Laps_6.72km 6.72km	Laps_8.4km 8.4km	Net time 10km	Gap	Pace min/km	Pace km/h
1	LABUS Marzena	17	NORDIC SPORT 2021	K30-39	1			00:10:56	00:22:25	00:34:05	00:45:54	00:57:55	01:09:56.20		6:59	8.6 (100%)
2	PANKIEWICZ Ewelina	23		K30-39	2			00:12:06	00:24:44	00:37:08	00:49:19	01:02:02	01:14:51.45	+00:04:55 (6.6%)	7:29	8 (93.0%)
3	BERESKA Irena	3	NORDIC SPORT 2021	K30-39	3			00:12:55	00:26:42	00:40:21	00:54:05	01:08:20	01:22:23.35	+00:12:27 (15.1%)	8:14	7.3 (84.9%)

Total 3 results.