

Organizator:  
Data:  
Miejsce:  
Dystans:

Urząd Miejski w Suszu  
2016-06-26  
Susz  
113 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara	Pływanie		Rower				Bieg					Czas netto 113km	Czas łączny 113km	Różn		
							1.9km	Poz	17.3km	62.3km	90km	Poz	6.9km	13.9km	20.8km	20.9km	Poz					
1	<b>KALASZCZYŃSKI Łukasz</b>	2	KM SPORT	M30	1		<b>00:27:09</b>	11	00:01:52	00:24:57	01:29:15	<b>02:09:00</b>	4	00:01:57	00:25:42	00:54:35	01:25:04	<b>01:25:23</b>	4	<b>04:05:21.90</b>	<b>04:05:21.90</b>	
2	<b>ADAM Kacper</b>	3	OLIMPIUS.PL	M18	1		<b>00:26:22</b>	6	00:01:54	00:26:36	01:33:58	<b>02:15:52</b>	12	00:02:03	00:28:24	00:57:03	01:25:15	<b>01:25:31</b>	5	<b>04:11:42.40</b>	<b>04:11:42.40</b>	+00:06:20 (2.5%)
3	<b>NAJMOWICZ Paweł</b>	21	TRI NEGU	M18	2		<b>00:24:50</b>	4	00:01:53	00:26:50	01:34:16	<b>02:17:27</b>	21	00:02:27	00:27:14	00:56:24	01:25:23	<b>01:25:39</b>	6	<b>04:12:16.30</b>	<b>04:12:16.30</b>	+00:06:54 (2.7%)
4	<b>SPALENIAK Tomasz</b>	10	UKS TRI-TEAM RUMIA	M25	1		<b>00:29:33</b>	33	00:02:22	00:26:30	01:33:22	<b>02:15:47</b>	11	00:02:10	00:26:17	00:54:41	01:24:22	<b>01:24:36</b>	2	<b>04:14:28.15</b>	<b>04:14:28.15</b>	+00:09:06 (3.6%)
5	<b>PRZYMUSIŃSKI Filip</b>	4	UAM SZPOT TRIATHLON POZNAŃ	M30	2		<b>00:24:54</b>	5	00:02:05	00:26:54	01:33:16	<b>02:16:48</b>	16	00:02:11	00:27:59	00:57:57	01:29:10	<b>01:29:26</b>	15	<b>04:15:24.65</b>	<b>04:15:24.65</b>	+00:10:02 (3.9%)
6	<b>KONIECZNY Marcin</b>	15	NIEMANIEMOGE/TRIATHLONSERIESTEAM	M40	1		<b>00:32:10</b>	84	00:01:59	00:25:16	01:31:10	<b>02:13:03</b>	7	00:01:58	00:27:37	00:56:51	01:26:07	<b>01:26:21</b>	7	<b>04:15:31.70</b>	<b>04:15:31.70</b>	+00:10:09 (4.0%)
7	<b>LIPOWSKI Marcin</b>	467	TRIATHLON SERIES TEAM	M30	3		<b>00:30:36</b>	48	00:02:29	00:25:52	01:32:15	<b>02:13:56</b>	8	00:02:02	00:28:07	00:57:19	01:26:45	<b>01:26:57</b>	8	<b>04:16:00.35</b>	<b>04:16:00.35</b>	+00:10:38 (4.2%)
8	<b>SIEJAKOWSKI Michał</b>	5	KTS IRONMAN/ TRI NEGU	M35	1		<b>00:28:13</b>	20	00:01:57	00:26:24	01:33:39	<b>02:15:52</b>	13	00:02:10	00:28:30	00:58:36	01:28:58	<b>01:29:10</b>	12	<b>04:17:22.20</b>	<b>04:17:22.20</b>	+00:12:00 (4.7%)
9	<b>AUGUSTYŃIAK Krzysztof</b>	252	MKS PLETVAL POLKOWICE	M35	2		<b>00:26:50</b>	10	00:02:07	00:26:37	01:33:16	<b>02:15:12</b>	10	00:02:12	00:29:51	01:01:07	01:30:54	<b>01:31:08</b>	21	<b>04:17:29.80</b>	<b>04:17:29.80</b>	+00:12:07 (4.7%)
10	<b>PODSIADŁOWSKI Michał</b>	19	TRINERGY	M30	4		<b>00:33:07</b>	112	00:02:19	00:23:28	01:25:20	<b>02:04:32</b>	3	00:02:11	00:30:35	01:02:31	01:35:41	<b>01:35:58</b>	44	<b>04:18:07.45</b>	<b>04:18:07.45</b>	+00:12:45 (4.9%)
11	<b>LIS Łukasz</b>	17	TRICLUB	M30	5		<b>00:24:38</b>	3	00:01:52	00:27:27	01:36:45	<b>02:19:48</b>	36	00:01:59	00:29:57	01:00:22	01:30:17	<b>01:30:32</b>	19	<b>04:18:49.25</b>	<b>04:18:49.25</b>	+00:13:27 (5.2%)
12	<b>MAJKA Michał</b>	20	LABOSPORT TEAM/ORLIŃSCY.PL	M35	3		<b>00:30:13</b>	41	00:02:22	00:26:36	01:32:47	<b>02:15:09</b>	9	00:02:23	00:28:39	00:59:24	01:29:47	<b>01:30:01</b>	18	<b>04:20:08.45</b>	<b>04:20:08.45</b>	+00:14:46 (5.7%)
13	<b>PETELSKI Mateusz</b>	30	GVT	M30	6		<b>00:32:34</b>	97	00:02:05	00:25:56	01:35:35	<b>02:20:00</b>	39	00:02:03	00:26:07	00:54:08	01:24:21	<b>01:24:37</b>	3	<b>04:21:19.85</b>	<b>04:21:19.85</b>	+00:15:57 (6.1%)
14	<b>ZIĘBA Adam</b>	352	TRISPACE	M40	2		<b>00:35:09</b>	183	00:02:15	00:26:16	01:34:15	<b>02:17:32</b>	22	00:02:05	00:28:03	00:57:26	01:27:10	<b>01:27:24</b>	10	<b>04:24:25.45</b>	<b>04:24:25.45</b>	+00:19:03 (7.2%)
15	<b>KLUGE Krzysztof</b>	144	ENDUROMAN ELBLĄG	M30	7		<b>00:28:03</b>	17	00:02:33	00:27:53	01:36:06	<b>02:20:24</b>	44	00:02:07	00:29:02	01:00:36	01:31:28	<b>01:31:39</b>	26	<b>04:24:46.90</b>	<b>04:24:46.90</b>	+00:19:25 (7.3%)
16	<b>GARDENER Jacek</b>	31	BANASZ TEAM INTERNET	M50	1		<b>00:32:28</b>	90	00:02:19	00:24:39	01:30:37	<b>02:12:52</b>	6	00:02:24	00:31:06	01:03:18	01:35:10	<b>01:35:28</b>	41	<b>04:25:31.35</b>	<b>04:25:31.35</b>	+00:20:09 (7.6%)
17	<b>DOMIRSKI Daniel</b>	34	LUFT TRI TEAM/TWOMARK	M30	8		<b>00:30:11</b>	40	00:02:04	00:26:12	01:34:21	<b>02:18:30</b>	26	00:02:21	00:29:01	01:00:23	01:32:37	<b>01:32:50</b>	28	<b>04:25:56.80</b>	<b>04:25:56.80</b>	+00:20:34 (7.7%)
18	<b>BISKUPSKI Mariusz</b>	26	UKS TRS SUSZ	M40	3		<b>00:28:20</b>	23	00:02:17	00:26:50	01:36:04	<b>02:20:07</b>	40	00:02:34	00:30:28	01:02:27	01:34:40	<b>01:34:53</b>	35	<b>04:28:11.90</b>	<b>04:28:11.90</b>	+00:22:50 (8.5%)
19	<b>PRUCHNIEWSKI Karol</b>	176		M30	9		<b>00:32:33</b>	95	00:02:38	00:26:26	01:35:58	<b>02:19:38</b>	35	00:02:43	00:29:19	00:59:55	01:30:37	<b>01:30:49</b>	20	<b>04:28:21.55</b>	<b>04:28:21.55</b>	+00:22:59 (8.6%)
20	<b>NAGÓRSKI Kamil</b>	593	TRINERGY TEAM	M40	4		<b>00:27:33</b>	14	00:02:37	00:27:55	01:39:15	<b>02:24:28</b>	76	00:02:10	00:29:10	01:00:01	01:31:27	<b>01:31:38</b>	24	<b>04:28:26.55</b>	<b>04:28:26.55</b>	+00:23:04 (8.6%)
21	<b>AWRUK Bartosz</b>	245	NADAKTYWNI/ WAWRUK.PL	M30	10		<b>00:28:10</b>	18	00:02:21	00:26:13	01:34:21	<b>02:17:26</b>	20	00:02:42	00:30:31	01:04:00	01:38:34	<b>01:38:48</b>	54	<b>04:29:27.35</b>	<b>04:29:27.35</b>	+00:24:05 (8.9%)
22	<b>KACZMAREK Adam</b>	170	ARKA GDYNIA	M25	2		<b>00:29:05</b>	28	00:02:29	00:27:58	01:38:15	<b>02:21:59</b>	52	00:02:07	00:29:29	01:02:10	01:34:18	<b>01:34:32</b>	34	<b>04:30:12.85</b>	<b>04:30:12.85</b>	+00:24:50 (9.2%)
23	<b>DOWBOR Maciej</b>	27	TRINERGY/AIRBIKE TRI TEAM	M35	4		<b>00:28:16</b>	22	00:02:19	00:26:06	01:34:15	<b>02:17:06</b>	18	00:02:25	00:31:24	01:05:09	01:40:03	<b>01:40:18</b>	62	<b>04:30:24.85</b>	<b>04:30:24.85</b>	+00:25:02 (9.3%)
24	<b>TOMASZEWICZ Damian</b>	499	COMPLEXSPORTS PRO TEAM	M18	3		<b>00:28:20</b>	24	00:02:31	00:26:54	01:35:55	<b>02:20:07</b>	41	00:02:06	00:30:56	01:03:52	01:37:11	<b>01:37:27</b>	51	<b>04:30:31.50</b>	<b>04:30:31.50</b>	+00:25:09 (9.3%)

				Pływanie			Rower			Bieg											
25	RUCIŃSKI Jakub	563	HOTEL CZTERY BRZOZY- BIKE U UP	M40	5	00:32:41	103	00:02:31	00:23:43	01:28:34	02:10:49	5	00:02:20	00:33:19	01:09:11	01:42:04	01:42:22	85	04:30:43.95	04:30:43.95	+00:25:22 (9.4%)
26	WOŁOSZYK Kamil	13	UKS OLIMPIJCZYK SKORZEWO	M18	4	00:34:10	152	00:02:41	00:26:13	01:35:21	02:20:28	45	00:02:04	00:27:04	00:56:19	01:26:24	01:31:37	23	04:31:00.00	04:31:00.00	+00:25:38 (9.5%)
27	SZCZUŻEWSKI Andrzej	161		M25	3	00:31:11	63	00:02:38	00:27:04	01:38:15	02:23:33	66	00:02:42	00:30:00	01:00:46	01:31:25	01:31:39	25	04:31:43.10	04:31:43.10	+00:26:21 (9.7%)
28	WOJNAR Robert	205		M40	6	00:37:06	281	00:02:28	00:26:55	01:36:40	02:22:09	56	00:02:40	00:28:38	00:58:21	01:27:21	01:27:33	11	04:31:56.80	04:31:56.80	+00:26:34 (9.8%)
29	DUDZIŃSKI Piotr	298	KUŹNIA TRIATHLONU	M45	1	00:29:26	31	00:02:23	00:26:44	01:35:27	02:21:08	50	00:02:39	00:29:16	01:00:56	01:36:32	01:37:03	50	04:32:39.65	04:32:39.65	+00:27:17 (10.0%)
30	KOWALSKA Olga	742	TRINERGY TEAM	K25	1	00:29:56	36	00:01:49	00:28:49	01:42:03	02:29:45	147	00:02:12	00:28:29	00:58:40	01:28:58	01:29:13	13	04:32:55.80	04:32:55.80	+00:27:33 (10.1%)
31	CZUBA Adam	210	SWIM-SPORT/ HAPPY TRI FRIENDS	M45	2	00:35:45	233	00:02:32	00:25:45	01:33:23	02:17:08	19	00:02:23	00:29:05	01:00:52	01:35:06	01:35:21	39	04:33:09.40	04:33:09.40	+00:27:47 (10.2%)
32	JĘDRZEJEWSKA Aleksandra	685	UKS TRI-TEAM RUMIA	K25	2	00:27:48	16	00:01:56	00:30:19	01:44:08	02:31:46	176	00:02:00	00:28:55	00:58:56	01:29:25	01:29:41	17	04:33:11.15	04:33:11.15	+00:27:49 (10.2%)
33	FAZAN Rafał	163		M45	3	00:30:49	55	00:02:35	00:27:27	01:38:17	02:22:08	54	00:02:14	00:30:52	01:02:54	01:35:44	01:36:00	45	04:33:46.75	04:33:46.75	+00:28:24 (10.4%)
34	POPŁAWSKI Grzegorz	507	NADAKTYWNI	M35	5	00:31:34	73	00:02:34	00:28:43	01:39:43	02:26:44	110	00:02:34	00:28:11	00:58:59	01:31:04	01:31:24	22	04:34:50.50	04:34:50.50	+00:29:28 (10.7%)
35	CZAPIŃSKI Michał	570	HOTEL CZTERY BRZOZY GDAŃSK	M30	11	00:38:19	318	00:03:02	00:27:04	01:38:16	02:24:01	70	00:02:24	00:27:40	00:57:05	01:26:56	01:27:08	9	04:34:54.95	04:34:54.95	+00:29:33 (10.7%)
36	PIETRYKA Grzegorz	67		M30	12	00:30:25	47	00:02:57	00:26:57	01:38:00	02:23:26	65	00:02:32	00:28:35	01:00:50	01:35:25	01:35:40	43	04:35:00.15	04:35:00.15	+00:29:38 (10.8%)
37	OŁOWSKI Jakub	380	TRI NEGU	M30	13	00:35:07	182	00:02:17	00:28:25	01:38:07	02:22:00	53	00:01:55	00:29:18	01:01:35	01:33:29	01:33:45	31	04:35:04.20	04:35:04.20	+00:29:42 (10.8%)
38	WIESE Anna	740	WIMATRI	K30	1	00:32:09	83	00:02:01	00:28:21	01:39:33	02:25:24	92	00:01:59	00:30:18	01:01:48	01:33:17	01:33:31	30	04:35:04.40	04:35:04.40	+00:29:42 (10.8%)
39	KLATKA Mariusz	211	TRENINGIKUNGFU.PL	M35	6	00:35:32	206	00:02:54	00:26:12	01:38:26	02:25:56	97	00:02:23	00:28:02	00:57:45	01:29:16	01:29:32	16	04:36:17.40	04:36:17.40	+00:30:55 (11.2%)
40	KALINOWSKI Piotr	372	LEKARSKA GRUPA KOLARSKA	M40	7	00:26:25	8	00:02:11	00:28:14	01:38:02	02:22:16	58	00:02:21	00:32:16	01:06:47	01:42:55	01:43:14	92	04:36:27.60	04:36:27.60	+00:31:05 (11.2%)
41	BIELECKI Jakub	357	TRINERGY TEAM	M30	14	00:32:29	93	00:02:28	00:26:33	01:34:42	02:18:26	25	00:02:16	00:33:54	01:06:40	01:40:52	01:41:13	71	04:36:52.25	04:36:52.25	+00:31:30 (11.4%)
42	PODSIADŁO Łukasz	566	3 FLOW TRIATHLON TEAM	M30	15	00:33:37	122	00:03:05	00:26:21	01:35:25	02:21:03	49	00:02:23	00:29:41	01:02:20	01:36:38	01:36:55	49	04:37:03.55	04:37:03.55	+00:31:41 (11.4%)
43	KEMPA Tomasz	458	VISLINE @@ EPICENTRUM	M18	5	00:31:00	60	00:03:11	00:28:17	01:40:15	02:26:30	109	00:02:44	00:29:53	01:01:23	01:33:35	01:33:51	32	04:37:16.25	04:37:16.25	+00:31:54 (11.5%)
44	JANIAK Paweł	759	TRIATHLON SIEDLCE CLUB	M35	7	00:32:28	92	00:02:19	00:28:03	01:42:14	02:28:39	128	00:01:53	00:29:28	01:00:43	01:32:16	01:32:30	27	04:37:49.20	04:37:49.20	+00:32:27 (11.7%)
45	SOBCZAK Marcin	157	UKS TRI TEAM RUMIA	M45	4	00:32:33	96	00:02:40	00:27:27	01:37:20	02:23:02	61	00:02:36	00:29:57	01:03:26	01:37:34	01:37:51	52	04:38:42.35	04:38:42.35	+00:33:20 (12.0%)
46	JABŁOŃSKI Jarosław	522	UKS TRS SUSZ	M40	8	00:35:36	214	00:02:26	00:26:33	01:38:14	02:23:51	67	00:02:11	00:29:38	01:01:12	01:34:38	01:34:54	36	04:38:58.20	04:38:58.20	+00:33:36 (12.0%)
47	SANIAWA Piotr	255	TRICLUB	M30	16	00:28:14	21	00:02:29	00:26:52	01:35:51	02:19:59	38	00:02:28	00:32:28	01:07:43	01:46:37	01:46:56	118	04:40:06.50	04:40:06.50	+00:34:44 (12.4%)
48	RADCZUK Daria	720		K30	2	00:27:29	13	00:01:47	00:29:27	01:42:29	02:29:27	141	00:02:01	00:31:47	01:05:01	01:39:29	01:39:43	57	04:40:27.90	04:40:27.90	+00:35:06 (12.5%)
49	MIERZEJEWSKI Bartosz	100		M30	17	00:31:31	71	00:02:57	00:26:54	01:35:49	02:20:36	46	00:02:14	00:32:17	01:07:17	01:44:05	01:44:23	98	04:41:41.10	04:41:41.10	+00:36:19 (12.9%)
50	KOZŁOWSKI Daniel	331	KTS IRONMAN KWIDZYN	M40	9	00:35:39	222	00:02:48	00:27:38	01:38:50	02:25:34	94	00:02:45	00:30:12	01:02:14	01:34:47	01:35:01	38	04:41:47.05	04:41:47.05	+00:36:25 (12.9%)
51	SOBOLEWSKI Marcin	525	UKS TRS SUSZ	M35	8	00:32:06	82	00:02:25	00:29:18	01:42:33	02:29:48	148	00:02:35	00:30:33	01:02:30	01:34:46	01:34:58	37	04:41:52.00	04:41:52.00	+00:36:30 (12.9%)
52	KALINOWSKI Paweł	652	TRINERGY	M30	18	00:28:10	19	00:02:30	00:27:50	01:35:35	02:20:15	42	00:02:26	00:31:23	01:06:51	01:48:12	01:48:31	138	04:41:52.30	04:41:52.30	+00:36:30 (13.0%)
53	DOBRZAŃSKI Bartosz	584	TOMATO TRI TEAM	M40	10	00:29:58	37	00:02:10	00:27:29	01:37:35	02:21:32	51	00:02:49	00:33:26	01:08:42	01:45:13	01:45:29	109	04:41:58.50	04:41:58.50	+00:36:36 (13.0%)
54	SERWIŃSKI Radek	273	TRINERGY TEAM	M30	19	00:36:36	261	00:02:51	00:27:42	01:38:54	02:24:38	79	00:02:28	00:29:57	01:02:48	01:35:24	01:35:37	42	04:42:10.15	04:42:10.15	+00:36:48 (13.0%)
55	ZAPALSKI Marek	107	KUŹNIA TRIATHLONU	M30	20	00:31:47	74	00:02:19	00:25:50	01:33:49	02:16:38	15	00:02:12	00:38:54	01:11:42	01:48:53	01:49:14	150	04:42:10.35	04:42:10.35	+00:36:48 (13.0%)
56	MROCZEK Marcin	343		M35	9	00:29:23	30	00:02:34	00:28:14	01:39:25	02:24:40	82	00:02:51	00:32:06	01:05:52	01:42:29	01:42:46	89	04:42:14.60	04:42:14.60	+00:36:52 (13.1%)
57	JARZEMBOWICZ Maciej	317	TRINERGY TEAM	M30	21	00:34:46	171	00:02:20	00:26:39	01:36:41	02:23:02	62	00:02:21	00:30:49	01:04:35	01:39:55	01:40:12	60	04:42:41.25	04:42:41.25	+00:37:19 (13.2%)

						Pływanie		Rower				Bieg											
58	KRZAK Robert	366	AUTHOR BICYCLES	M50	2	00:37:52	305	00:03:20	00:28:46	01:42:33	02:30:58	167	00:03:03	00:28:00	00:57:47	01:29:02	01:29:15	14	04:44:28.80	04:44:28.80	+00:39:06	(13.7%)	
59	NIEGOWSKI Marcin	113	TRINERGY TEAM	M30	22	00:28:26	25	00:02:24	00:28:00	01:39:43	02:24:44	83	00:02:20	00:32:08	01:11:46	01:46:37	01:46:52	117	04:44:46.35	04:44:46.35	+00:39:24	(13.8%)	
60	EJSMONT Krzysztof	248		M35	10	00:34:59	178	00:03:11	00:26:22	01:37:33	02:22:58	60	00:02:21	00:31:45	01:06:21	01:41:21	01:41:38	76	04:45:07.05	04:45:07.05	+00:39:45	(13.9%)	
61	PUNPUR Marcin	666	NET SYSTEM	M35	11	00:35:46	235	00:02:48	00:27:30	01:40:22	02:28:59	133	00:02:53	00:28:03	01:01:03	01:35:09	01:35:23	40	04:45:49.75	04:45:49.75	+00:40:27	(14.2%)	
62	GRYGLIK Tomasz	96		M35	12	00:33:23	118	00:02:19	00:26:56	01:37:45	02:24:54	87	00:02:36	00:32:22	01:07:35	01:42:26	01:42:41	87	04:45:53.55	04:45:53.55	+00:40:31	(14.2%)	
63	JARONIEC Adam	217	BE3 CITYZEN POZNAN	M30	23	00:34:51	173	00:02:26	00:25:43	01:34:18	02:17:37	23	00:02:06	00:32:22	01:08:53	01:48:43	01:49:02	147	04:46:02.35	04:46:02.35	+00:40:40	(14.2%)	
64	KACZYŃSKI Aleksander	496	NADAKTYWNI	M30	24	00:34:03	142	00:02:34	00:27:07	01:35:29	02:20:53	47	00:03:53	00:31:39	01:08:29	01:44:41	01:44:58	105	04:46:21.80	04:46:21.80	+00:40:59	(14.3%)	
65	DAGIL Aleksander	103		M35	13	00:32:17	86	00:02:29	00:27:57	01:41:20	02:30:06	153	00:02:41	00:33:25	01:06:22	01:39:39	01:39:53	58	04:47:26.60	04:47:26.60	+00:42:04	(14.6%)	
66	URBAŃSKI Rafał	629		M35	14	00:37:30	296	00:03:04	01:38:13		02:25:00	88	00:03:06	00:31:15	01:04:37	01:38:43	01:39:00	55	04:47:40.15	04:47:40.15	+00:42:18	(14.7%)	
67	ZIELIŃSKI Łukasz	231		M30	25	00:33:56	134	00:02:58	00:26:21	01:34:50	02:18:35	29	00:02:32	00:34:01	01:10:59	01:49:31	01:49:46	155	04:47:47.25	04:47:47.25	+00:42:25	(14.7%)	
68	BIESIADA Tomasz	239	TRINERGY	M40	11	00:35:38	219	00:03:02	00:27:08	01:37:58	02:25:37	96	00:02:38	00:31:06	01:05:42	01:40:38	01:40:55	66	04:47:50.40	04:47:50.40	+00:42:28	(14.8%)	
69	GLEBOW Krzysztof	177	SPORTEVO	M40	12	00:33:42	123	00:02:46	00:27:18	01:39:30	02:26:59	112	00:02:49	00:31:38	01:05:25	01:41:39	01:41:57	80	04:48:13.35	04:48:13.35	+00:42:51	(14.9%)	
70	SOSNOWSKA Aleksandra	723	TRIATHLON SERIES TEAM	K30	3	00:29:34	34	00:02:30	00:29:56	01:44:42	02:33:44	207	00:02:22	00:33:25	01:07:02	01:40:34	01:40:48	65	04:48:58.10	04:48:58.10	+00:43:36	(15.1%)	
71	DRABOT Andrzej	395	ASSECO ACTIVE TEAM	M40	13	00:35:40	223	00:03:01	00:28:19	01:39:39	02:26:14	103	00:02:30	00:31:01	01:05:35	01:41:35	01:41:53	79	04:49:18.15	04:49:18.15	+00:43:56	(15.2%)	
72	ROSIŃSKI Jarosław	76	F3TEAM	M40	14	00:34:07	147	00:03:22	00:27:08	01:38:48	02:24:49	86	00:02:35	00:33:39	01:09:05	01:44:11	01:44:29	100	04:49:22.30	04:49:22.30	+00:44:00	(15.2%)	
73	TARCZEWSKI Tomasz	168	TARCZA TRIATHLON TEAM	M35	15	00:30:22	45	00:03:49	00:28:52	01:43:22	02:30:37	162	00:03:01	00:31:47	01:05:26	01:41:23	01:41:40	78	04:49:29.70	04:49:29.70	+00:44:07	(15.2%)	
74	PLUTA Gniewomir	483	UKS TRS SUSZ	M35	16	00:30:41	51	00:02:40	00:29:05	01:43:28	02:31:45	175	00:02:16	00:31:31	01:05:06	01:42:04	01:42:19	84	04:49:41.70	04:49:41.70	+00:44:19	(15.3%)	
75	SULIMA Grzegorz	559		M25	4	00:31:10	62	00:03:27	00:28:31	01:42:41	02:31:26	172	00:02:38	00:31:41	01:06:05	01:41:03	01:41:20	72	04:50:01.60	04:50:01.60	+00:44:39	(15.4%)	
76	SZRAJNER Piotr	495	TRIATHLON SERIES TEAM	M40	15	00:34:14	157	00:03:05	00:30:13	01:46:37	02:33:53	208	00:02:18	00:29:09	01:02:37	01:36:33	01:36:50	47	04:50:20.40	04:50:20.40	+00:44:58	(15.5%)	
77	SWINARSKI Maciej	648	MOTOSYBERIA.COM	M35	17	00:37:28	292	00:02:31	00:25:17	01:34:02	02:18:55	33	00:02:19	00:32:25	01:09:48	01:48:59	01:49:17	151	04:50:30.65	04:50:30.65	+00:45:08	(15.5%)	
78	KREMER Tomasz	603	KM SPORT IRT ZIELONA GÓRA	M35	18	00:32:35	98	00:02:33	00:26:26	01:37:01	02:24:06	72	00:02:56	00:33:53	01:10:39	01:48:07	01:48:22	136	04:50:32.55	04:50:32.55	+00:45:10	(15.5%)	
79	RUMIŃSKI Radosław	313		M30	26	00:35:39	221	00:03:03	00:27:46	01:36:53	02:21:02	48	00:02:52	00:33:09	01:09:17	01:47:42	01:47:59	128	04:50:35.00	04:50:35.00	+00:45:13	(15.6%)	
80	CHYŁEK Wojciech	375		M30	27	00:33:47	126	00:03:10	00:27:17	01:43:53	02:32:40	192	00:03:09	00:31:33	01:05:35	01:37:46	01:38:00	53	04:50:46.35	04:50:46.35	+00:45:24	(15.6%)	
81	KWIECIEN Krystian	269	3FLOW TRIATHLON TEAM	M35	19	00:33:58	136	00:02:37	00:27:12	01:35:35	02:22:40	59	00:02:34	00:34:02	01:09:24	01:48:44	01:49:02	148	04:50:51.40	04:50:51.40	+00:45:29	(15.6%)	
82	ŁYSKANOWSKI Marcin	655	AT TEAM	M35	20	00:34:44	168	00:02:35	00:28:25	01:41:45	02:29:25	140	00:02:36	00:31:23	01:07:02	01:41:55	01:42:09	83	04:51:29.35	04:51:29.35	+00:46:07	(15.8%)	
83	SIECIŃSKI Emil	225	UKS TRS SUSZ	M25	5	00:40:07	395	00:02:50	00:27:36	01:41:15	02:29:56	151	00:02:33	00:30:26	01:01:39	01:35:49	01:36:10	46	04:51:36.15	04:51:36.15	+00:46:14	(15.9%)	
84	BORCZYK Janisz	626	OLIMPIUS_PL	M25	6	00:32:57	107	00:02:36	00:25:55	01:35:56	02:24:46	84	00:03:18	00:35:58	01:10:58	01:48:09	01:48:24	137	04:52:01.75	04:52:01.75	+00:46:39	(16.0%)	
85	SOBUCKI Jacek	517	UKS TRS SUSZ	M40	16	00:34:17	158	00:02:39	00:27:38	01:38:41	02:24:39	80	00:02:34	00:35:34	01:11:32	01:47:45	01:48:01	130	04:52:10.25	04:52:10.25	+00:46:48	(16.0%)	
86	WACŁAWSKI Krzysztof	180	ORKAMASTERS IŁAWA	M50	3	00:33:30	121	00:03:21	00:26:30	01:36:54	02:24:48	85	00:03:01	00:33:41	01:11:34	01:47:28	01:47:45	125	04:52:25.30	04:52:25.30	+00:47:03	(16.1%)	
87	PUCH Robert	339	LABOSPORT TEAM	M40	17	00:37:09	283	00:02:47	00:27:00	01:38:32	02:24:03	71	00:02:42	00:32:57	01:08:34	01:45:29	01:45:45	110	04:52:26.60	04:52:26.60	+00:47:04	(16.1%)	
88	JĘDRYCHOWICZ Bartłomiej	408	TRICLUB	M30	28	5min	00:34:20	162	00:03:03	00:28:25	01:39:43	02:27:41	117	00:06:12	00:32:13	01:06:10	01:41:09	01:41:21	73	04:52:37.65	04:52:37.65	+00:47:15	(16.2%)
89	NITSCHKE Maciej	330	WOLSZTYŃSKI KLUB BIEGOWY	M40	18	00:35:25	193	00:03:05	00:27:17	01:37:45	02:23:24	64	00:03:02	00:32:18	01:13:20	01:47:50	01:48:05	132	04:53:01.60	04:53:01.60	+00:47:39	(16.3%)	
90	KURYJ Marek	141	SIŁY POWIETRZNE	M35	21	00:30:21	44	00:02:26	00:31:10	01:52:31	02:43:40	337	00:02:37	00:29:33	01:01:35	01:33:45	01:34:02	33	04:53:06.35	04:53:06.35	+00:47:44	(16.3%)	







						Pływanie		Rower				Bieg										
190	DRÓŹDŹ Kamil	202	KUŹNIA TRIATHLONU	M30	44	00:37:38	299	00:03:01	00:28:44	01:43:11	02:31:12	168	00:02:26	00:35:52	01:17:31	01:57:48	01:58:08	245	05:12:25.45	05:12:25.45	+01:07:03 (21.5%)	
191	CZECH Mariusz	315	UKS TRI TEAM RUMIA	M35	51	00:32:03	79	00:02:41	00:30:16	01:46:15	02:35:17	231	00:02:46	00:37:35	01:17:32	01:59:34	01:59:53	267	05:12:40.95	05:12:40.95	+01:07:19 (21.5%)	
192	TOMASZEWICZ Marcin	504	COMPLEXSPORTS	M25	17	00:42:07	459	00:02:50	00:28:44	01:43:38	02:33:57	209	00:02:31	00:35:25	01:15:32	01:51:06	01:51:19	168	05:12:44.00	05:12:44.00	+01:07:22 (21.5%)	
193	RAKOWSKI Tomasz	664	RAKU TEAM	M40	38	00:35:31	204	00:03:55	00:29:27	01:47:35	02:38:43	280	00:03:12	00:34:24	01:11:34	01:51:06	01:51:23	169	05:12:44.15	05:12:44.15	+01:07:22 (21.5%)	
194	RUTKA Radosław	356	KTS IRONMAN KWIDZYN	M40	39	00:30:44	53	00:04:01	00:29:43	01:46:25	02:35:27	236	00:04:08	00:35:58	01:15:33	01:58:05	01:58:28	251	05:12:48.15	05:12:48.15	+01:07:26 (21.6%)	
195	ADAMCZAK Andrzej	136	TRIATHLON KOSZALIN	M55	2	00:38:25	320	00:03:19	00:30:00	01:46:21	02:35:15	229	00:03:14	00:35:34	01:13:34	01:52:21	01:52:37	179	05:12:50.45	05:12:50.45	+01:07:28 (21.6%)	
196	CICHECKI Arkadiusz	35	AT TEAM	M55	3	00:32:25	89	00:03:00	00:30:08	01:46:29	02:39:18	293	00:02:58	00:34:35	01:14:00	01:54:58	01:55:15	213	05:12:56.65	05:12:56.65	+01:07:34 (21.6%)	
197	CZAJKA Maciej	394	NADAKTYWNI	M25	18	00:31:24	68	00:02:45	00:29:47	01:46:38	02:37:55	270	00:03:32	00:36:59	01:17:35	01:57:02	01:57:21	236	05:12:57.85	05:12:57.85	+01:07:35 (21.6%)	
198	ŁAKOSMKI Olek	37	LUFT TRI TEAM	M40	40	00:33:45	125	00:03:04	00:30:12	01:46:24	02:35:08	226	00:02:45	00:34:39	01:14:50	01:58:17	01:58:30	252	05:13:12.35	05:13:12.35	+01:07:50 (21.7%)	
199	BINDER Piotr	54	OTK RZEŹNIK	M35	52	5min	00:35:47	237	00:03:24	00:28:34	01:40:51	02:29:51	149	00:07:27	00:34:25	01:14:49	01:56:40	01:57:00	232	05:13:29.25	05:13:29.25	+01:08:07 (21.7%)
200	KLEKOTKO Fabian	311	TRI EAGLES GDYNIA	M35	53	00:38:12	315	00:03:35	00:29:22	01:45:30	02:35:05	223	00:02:41	00:36:33	01:14:48	01:53:58	01:54:16	199	05:13:49.75	05:13:49.75	+01:08:27 (21.8%)	
201	KOŚCIUCZUK Łukasz	328	BIEGIEMNAPOMOC.PL / LABOSPORT	M35	54	00:35:46	234	00:03:26	00:30:33	01:47:32	02:37:07	260	00:03:09	00:37:57	01:16:17	01:54:18	01:54:35	206	05:14:03.50	05:14:03.50	+01:08:41 (21.9%)	
202	KAŁUŹNY Mikołaj	651	TRINERGY	M35	55	00:35:52	243	00:03:24	00:28:25	01:39:47	02:28:04	122	00:03:09	00:37:52	01:21:23	02:03:23	02:03:41	308	05:14:10.00	05:14:10.00	+01:08:48 (21.9%)	
203	ŚLIWIŃSKI Szczepan	576	KUŹNIA TRIATHLONU	M30	45	00:31:01	61	00:02:44	00:29:22	01:45:25	02:37:02	257	00:03:19	00:35:37	01:18:41	01:59:57	02:00:16	269	05:14:22.40	05:14:22.40	+01:09:00 (22.0%)	
204	MISZEWSKI Krzysztof	338	COMPLEXSPORTS	M35	56	00:39:07	347	00:03:53	00:28:19	01:43:36	02:32:57	197	00:02:51	00:33:48	01:13:49	01:55:22	01:55:40	219	05:14:28.55	05:14:28.55	+01:09:06 (22.0%)	
205	DZERSZKO Rafał	506	NADAKTYWNI	M35	57	00:35:26	197	00:02:21	00:26:30	01:39:18	02:26:19	106	00:03:03	00:41:34	01:23:42	02:07:00	02:07:21	351	05:14:30.40	05:14:30.40	+01:09:08 (22.0%)	
206	ROKICKI Leszek	178	ENDUROMAN	M40	41	00:41:37	450	00:03:41	00:29:32	01:45:45	02:35:46	241	00:03:23	00:33:43	01:11:58	01:50:08	01:50:20	159	05:14:47.65	05:14:47.65	+01:09:25 (22.1%)	
207	ASZENDORF Filip	295	KUŹNIA TRIATHLONU	M30	46	00:37:13	286	00:03:55	00:29:34	01:48:33	02:38:15	277	00:02:57	00:37:43	01:16:12	01:52:15	01:52:29	177	05:14:49.00	05:14:49.00	+01:09:27 (22.1%)	
208	KACPRZAK Marek	600	AIRBIKE	M45	15	00:39:29	364	00:03:01	00:28:54	01:45:53	02:36:56	256	00:02:40	00:34:09	01:13:21	01:52:28	01:52:46	182	05:14:52.05	05:14:52.05	+01:09:30 (22.1%)	
209	WCISŁO Wojciech	58	TRINERGY	M35	58	00:44:57	520	00:02:30	00:29:33	01:46:36	02:36:05	244	00:03:02	00:35:51	01:12:15	01:48:06	01:48:20	135	05:14:54.55	05:14:54.55	+01:09:32 (22.1%)	
210	FELIŃCZAK Michał	349	WWW.ICOMFORT.PL	M30	47	00:30:39	50	00:02:40	00:29:13	01:41:19	02:31:45	174	00:03:19	00:41:14	01:21:52	02:06:14	02:06:32	341	05:14:55.00	05:14:55.00	+01:09:33 (22.1%)	
211	JANKOWSKI Tomasz	633	TRISPACE	M40	42	00:38:44	335	00:03:32	00:29:31	01:45:07	02:35:08	225	00:02:59	00:35:10	01:13:37	01:54:42	01:54:57	210	05:15:20.60	05:15:20.60	+01:09:58 (22.2%)	
212	LETNIEWSKI Maciej	173	MASTERLEASE SPORT TEAM	M45	16	00:33:22	117	00:03:29	00:29:01	01:44:48	02:34:39	213	00:03:03	00:36:12	01:19:16	02:00:37	02:00:53	276	05:15:26.20	05:15:26.20	+01:10:04 (22.2%)	
213	STAŚKIEWICZ Maciej	228	AKTYWNA STRONA ŻYCIA	M25	19	00:41:21	442	00:04:09	00:29:36	01:47:04	02:37:56	271	00:02:51	00:34:27	01:11:40	01:49:16	01:49:29	153	05:15:46.90	05:15:46.90	+01:10:25 (22.3%)	
214	JEDOWSKI Maciej	500	UKS TRS	M35	59	00:35:30	202	00:03:07	00:28:18	01:41:23	02:29:17	136	00:03:29	00:37:28	01:20:46	02:04:12	02:04:32	317	05:15:55.35	05:15:55.35	+01:10:33 (22.3%)	
215	LEWANDOWSKI Igor	128	KLUB SPORTOWY CELIRONMAN S.A.	M25	20	5min	00:30:13	42	00:02:51	00:30:16	01:46:46	02:36:36	253	00:02:31	00:36:44	01:18:43	01:58:31	02:03:45	309	05:15:56.00	05:15:56.00	+01:10:34 (22.3%)
216	KOWALEWSKA Dorota	739	TRIBOARS	K25	5	00:35:39	220	00:02:45	00:32:20	01:54:21	02:46:58	367	00:02:26	00:33:00	01:11:08	01:48:12	01:48:32	139	05:16:20.55	05:16:20.55	+01:10:58 (22.4%)	
217	KOSTECKI Krzysztof	333	LESSS	M30	48	00:34:11	153	00:02:47	00:29:12	01:44:54	02:35:24	234	00:02:17	00:36:00	01:21:43	02:01:40	02:01:56	289	05:16:35.45	05:16:35.45	+01:11:13 (22.5%)	
218	PANASIUK Paweł	370	NADAKTYWNI	M35	60	00:36:05	249	00:02:38	00:29:16	01:48:48	02:43:10	330	00:02:40	00:38:15	01:14:48	01:51:49	01:52:05	175	05:16:38.90	05:16:38.90	+01:11:17 (22.5%)	
219	BIELIŃSKI Piotr	316	POWERSYSTEM/TRIATHLON TRÓJMIASTO	M40	43	00:42:38	470	00:03:09	00:28:51	01:43:43	02:30:26	158	00:02:51	00:34:22	01:17:11	01:57:23	01:57:41	241	05:16:45.75	05:16:45.75	+01:11:23 (22.5%)	
220	TRZASKA Przemysław	514	TRI UNIVERSE	M30	49	00:34:55	177	00:02:26	00:27:34	01:39:39	02:34:18	211	00:04:19	00:38:24	01:20:48	02:00:34	02:00:54	277	05:16:52.25	05:16:52.25	+01:11:30 (22.6%)	
221	ZYNTEK Bartłomiej	51	SMARUJ NA TRENING	M40	44	00:36:52	270	00:03:13	00:29:11	01:45:50	02:35:32	237	00:03:21	00:36:16	01:16:59	01:57:52	01:58:14	246	05:17:12.20	05:17:12.20	+01:11:50 (22.6%)	
222	LESZCZEWICZ Waldek	114	KUŹNIA TRIATHLONU	M35	61	00:33:15	115	00:02:47	00:29:35	01:50:12	02:41:34	317	00:03:12	00:36:20	01:16:18	01:56:11	01:56:26	227	05:17:14.40	05:17:14.40	+01:11:52 (22.7%)	







							Pływanie		Rower				Bieg								
289	SMANTSEROV Mykola	617	TRILEWY	M35	78	00:33:44	124	00:03:57	00:30:55	01:51:40	02:45:10	346	00:03:59	00:38:01	01:20:48	02:02:47	02:03:03	301	05:29:53.05	05:29:53.05	+01:24:31 (25.6%)
290	KUŹMIŃSKI Marcin	682	AGROLOK SPORT TEAM	M25	22	00:35:34	211	00:02:41	00:29:52	01:48:47	02:40:06	302	00:02:46	00:39:24	01:24:23	02:08:39	02:08:53	367	05:30:00.60	05:30:00.60	+01:24:38 (25.6%)
291	KALISKI Kamil	297	AGROLOK SPORT TEAM	M30	67	00:40:21	407	00:02:38	00:29:37	01:45:15	02:35:15	230	00:02:52	00:39:41	01:24:24	02:08:40	02:08:58	368	05:30:04.90	05:30:04.90	+01:24:43 (25.7%)
292	ŻEŚŁAWSKI Robert	560	VICTORIA ZAWIERCIE	M40	62	00:34:05	144	00:03:07	00:31:58	01:55:00	02:51:51	427	00:02:45	00:38:45	01:19:25	01:58:13	01:58:26	250	05:30:14.05	05:30:14.05	+01:24:52 (25.7%)
293	ZIELEŃ Michał	91	SPORTEVO	M45	25	00:35:20	189	00:04:21	00:27:27	01:43:44	02:35:40	238	00:04:17	00:38:58	01:23:13	02:10:20	02:10:36	386	05:30:14.15	05:30:14.15	+01:24:52 (25.7%)
294	ROST Zbyszek	456		M30	68	00:42:49	478	00:03:32	00:30:43	01:49:46	02:41:48	320	00:03:17	00:38:59	01:19:24	01:58:36	01:58:55	261	05:30:21.45	05:30:21.45	+01:24:59 (25.7%)
295	ZIÓŁKOWSKI Piotr	425	KUŹNIA TRIATHLONU	M30	69	00:38:08	313	00:02:56	00:30:33	01:47:11	02:37:32	262	00:04:18	00:39:57	01:23:53	02:07:11	02:07:27	353	05:30:21.70	05:30:21.70	+01:24:59 (25.7%)
296	SACHANBINSKI Aleksander	38	AT TEAM	M50	10	00:41:39	451	00:04:12	00:28:56	01:43:45	02:32:40	191	00:03:35	00:39:23	01:23:27	02:07:59	02:08:19	359	05:30:25.35	05:30:25.35	+01:25:03 (25.7%)
297	WASILEWSKI Mirosław	195	ORKAMASTERS IŁAWA	M40	63	00:40:44	424	00:03:32	00:29:11	01:46:33	02:39:17	292	00:04:02	00:41:20	01:22:35	02:03:01	02:03:19	304	05:30:54.65	05:30:54.65	+01:25:32 (25.9%)
298	DAJCZER Rafał	189	AT TEAM	M35	79	00:38:56	341	00:04:17	00:31:13	01:56:00	02:50:33	411	00:03:31	00:35:58	01:14:52	01:53:42	01:53:54	194	05:31:11.85	05:31:11.85	+01:25:49 (25.9%)
299	MRÓZ Tomasz	383		M40	64	00:39:53	385	00:03:49	00:29:30	01:47:09	02:37:53	269	00:03:18	00:39:39	01:23:38	02:06:04	02:06:23	339	05:31:16.05	05:31:16.05	+01:25:54 (25.9%)
300	TREDER Wiesław	285	SUPRA	M40	65	00:46:28	538	00:03:15	00:30:47	01:49:23	02:40:03	301	00:03:34	00:36:34	01:17:48	01:57:55	01:58:17	247	05:31:37.35	05:31:37.35	+01:26:15 (26.0%)
301	RADCZUK Marcin	132	F3TEAM	M35	80	00:33:00	108	00:02:49	00:51:06	02:07:20	02:56:48	471	00:02:41	00:36:03	01:17:01	01:56:06	01:56:24	225	05:31:42.15	05:31:42.15	+01:26:20 (26.0%)
302	BOJAN Jakub	310	AIRBIKE / WIRTUALNA POLSKA	M30	70	00:37:08	282	00:03:01	00:30:03	01:47:20	02:38:52	284	00:03:13	00:37:51	01:22:37	02:09:12	02:09:32	373	05:31:46.25	05:31:46.25	+01:26:24 (26.0%)
303	PANEK Wojtek	481	UKS TRS SUSZ	M35	81	00:36:32	259	00:03:44	00:31:14	01:51:08	02:44:06	341	00:03:39	00:40:00	01:22:39	02:03:30	02:03:48	311	05:31:49.00	05:31:49.00	+01:26:27 (26.1%)
304	BASIŃSKI Łukasz	656		M18	10	00:47:47	551	00:03:13	00:33:37	01:56:04	02:49:59	403	00:02:51	00:33:11	01:08:45	01:47:52	01:48:11	134	05:32:01.45	05:32:01.45	+01:26:39 (26.1%)
305	SWINIARSKI Jarosław	653	TRI EAGLES GDYNIA	M55	5	00:41:23	443	00:03:43	00:28:31	01:44:14	02:34:47	217	00:03:23	00:38:39	01:25:38	02:08:58	02:09:11	370	05:32:27.40	05:32:27.40	+01:27:05 (26.2%)
306	KAC Marek	606	UKS TRI-TEAM RUMIA	M40	66	00:35:19	188	00:03:42	00:30:17	01:47:28	02:39:00	286	00:03:08	00:44:56	01:28:58	02:11:09	02:11:26	394	05:32:35.40	05:32:35.40	+01:27:13 (26.2%)
307	KROMKOWSKI Maciej	460		M35	82	00:39:41	374	00:05:05	00:30:14	01:49:00	02:39:16	291	00:03:55	00:39:29	01:21:25	02:04:26	02:04:39	318	05:32:36.20	05:32:36.20	+01:27:14 (26.2%)
308	SEKRECKI Michał	505	UAM TRIATHLON POZNAŃ MASTERS	M25	23	00:39:37	370	00:03:28	00:30:57	01:51:50	02:46:12	358	00:03:50	00:40:41	01:20:23	01:59:23	01:59:38	265	05:32:45.75	05:32:45.75	+01:27:23 (26.3%)
309	KOSTAŃSKI Andrzej	669		M25	24	00:36:15	251	00:04:09	00:29:17	01:47:14	02:37:58	272	00:04:40	00:42:30	01:27:45	02:09:42	02:09:55	377	05:32:57.30	05:32:57.30	+01:27:35 (26.3%)
310	SZULC Leszek	615		M35	83	00:43:38	498	00:03:56	00:33:34	01:59:44	02:56:01	465	00:03:33	00:32:55	01:08:02	01:45:36	01:45:51	111	05:32:59.80	05:32:59.80	+01:27:37 (26.3%)
311	BYKOWSKI Tomasz	275	GKW DRAKKAR	M35	84	00:35:55	245	00:03:59	00:29:51	01:49:45	02:42:07	323	00:04:09	00:37:54	01:19:50	02:06:40	02:07:00	347	05:33:10.20	05:33:10.20	+01:27:48 (26.4%)
312	MARKUSZEWSKI Waldemar	519	UKS TRS SUSZ	M40	67	00:40:14	399	00:03:25	00:30:32	01:47:46	02:39:10	290	00:03:01	00:38:13	01:19:49	02:07:06	02:07:24	352	05:33:14.30	05:33:14.30	+01:27:52 (26.4%)
313	MASTALERZ Karol	466		M30	71	00:41:18	441	00:03:52	00:28:46	01:47:45	02:39:40	296	00:02:59	00:38:20	01:21:06	02:05:11	02:05:31	331	05:33:20.00	05:33:20.00	+01:27:58 (26.4%)
314	PASEK Tomasz	41	EKOMOTEL&PARKPINOKIO	M30	72	00:38:14	316	00:04:00	00:30:39	01:55:46	02:52:31	435	00:04:52	00:34:49	01:13:12	01:54:07	01:54:28	203	05:34:05.15	05:34:05.15	+01:28:43 (26.6%)
315	KULESZA Mariusz	476	COMPLEXSPORTS TRIATHLON TEAM	M35	85	00:38:00	309	00:03:24	00:32:01	01:54:00	02:48:05	381	00:04:47	00:34:37	01:17:54	01:59:37	01:59:50	266	05:34:06.30	05:34:06.30	+01:28:44 (26.6%)
316	GWIZDAŁA Karol	183	SPORTEVO	M30	73	00:31:49	75	00:02:58	00:27:58	01:42:25	02:32:41	193	00:03:09	00:44:29	01:35:05	02:23:14	02:23:34	468	05:34:11.60	05:34:11.60	+01:28:49 (26.6%)
317	SARBAK Bartek	22	WOLSZTYŃSKA AKADEMIA BIEGOWA	M18	11	00:34:46	170	00:02:57	00:30:34	01:50:15	02:46:11	357	00:03:54	00:42:26	01:24:09	02:06:15	02:06:35	343	05:34:23.40	05:34:23.40	+01:29:01 (26.6%)
318	KULKA Irek	390	COMPLEXSPORT	M45	26	00:38:44	333	00:04:26	00:30:35	01:50:26	02:42:10	324	00:03:59	00:40:49	01:22:23	02:04:51	02:05:07	323	05:34:26.70	05:34:26.70	+01:29:04 (26.6%)
319	KLIMOWSKI Przemysław	80	MAM TRI ELBLĄG TEAM	M35	86	00:40:06	394	00:03:41	00:31:32	01:57:16	02:53:43	445	00:03:17	00:35:32	01:13:18	01:53:25	01:53:44	192	05:34:31.10	05:34:31.10	+01:29:09 (26.7%)
320	KOWALEWSKI Piotr	296		M30	74	00:37:56	307	00:03:44	00:31:05	01:51:30	02:46:58	366	00:02:44	00:38:18	01:20:56	02:02:58	02:03:12	303	05:34:34.25	05:34:34.25	+01:29:12 (26.7%)
321	WOLF Magdalena	705	KTS IRONMAN KWIDZYN	K35	3	00:43:00	485	00:04:01	00:33:23	01:56:47	02:53:12	441	00:04:07	00:35:14	01:11:39	01:49:57	01:50:14	157	05:34:34.95	05:34:34.95	+01:29:13 (26.7%)

						Pływanie		Rower				Bieg									
322	JUST Wojciech	558		M40	68	00:34:13	156	00:03:32	00:30:24	01:49:52	02:43:53	339	00:04:43	00:40:07	01:24:05	02:08:32	02:08:46	366	05:35:07.40	05:35:07.40	+01:29:45
323	LESZCZYŃSKI Cezary	192	THE ULTIMATE INCANTATION	M45	27	00:35:25	192	00:04:17	00:33:53	02:04:21	03:04:05	511	00:04:37	00:33:31	01:10:13	01:47:01	01:47:17	121	05:35:41.95	05:35:41.95	+01:30:20
324	POCHYLSKI Przemysław	265	ZGRUPKA TEAM	M40	69	00:38:28	323	00:03:22	00:30:24	01:54:14	02:49:45	398	00:03:37	00:38:06	01:18:17	02:00:31	02:00:49	275	05:36:01.70	05:36:01.70	+01:30:39
325	KLUSKA Piotr	427	GRUPA WIRTUALNA POLSKA TRIATHLON TEAM	M40	70	00:40:15	401	00:03:40	00:29:49	01:47:22	02:39:04	288	00:03:12	00:38:48	01:24:03	02:09:41	02:09:56	378	05:36:07.75	05:36:07.75	+01:30:45
326	STAJSZCZYK Marcin	40	AT TEAM/LABOSPORT TEAM	M45	28	00:40:21	409	00:04:01	00:29:18	01:48:01	02:39:51	299	00:03:28	00:37:39	01:21:56	02:08:23	02:08:42	365	05:36:23.30	05:36:23.30	+01:31:01
327	ZWIERZCHOWSKI Maciej	56	KUŹNIA TRIATHLONU	M35	87	00:36:57	272	00:04:02	00:31:23	01:53:21	02:45:19	348	00:03:41	00:37:30	01:21:32	02:06:10	02:06:27	340	05:36:26.90	05:36:26.90	+01:31:05
328	MARCINIAK Joanna	717	COMPLEXSPORTS TRIATHLON TEAM	K30	8	00:40:20	405	00:02:43	00:31:15	01:55:28	02:53:32	443	00:02:19	00:36:28	01:16:47	01:57:20	01:57:39	238	05:36:33.50	05:36:33.50	+01:31:11
329	GAPIŃSKI Kamil	630	LABOSPORT TEAM	M30	75	00:39:25	359	00:03:17	00:34:07	02:00:36	02:56:05	466	00:03:37	00:34:32	01:13:43	01:53:56	01:54:11	197	05:36:35.35	05:36:35.35	+01:31:13
330	GÓRSKI Marian	489	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	M55	6	00:38:32	327	00:04:57	00:31:54	01:58:02	02:54:15	449	00:04:44	00:35:13	01:13:44	01:54:07	01:54:26	202	05:36:54.90	05:36:54.90	+01:31:33
331	SOBOTA Agata	692	COMPLEXSPORTS	K25	6	00:45:38	528	00:03:04	00:30:38	01:51:32	02:45:41	353	00:03:16	00:39:23	01:18:48	01:59:08	01:59:24	263	05:37:03.25	05:37:03.25	+01:31:41
332	KACZMAREK Bartosz	206	TRIRUN	M25	25	00:32:11	85	00:02:55	00:30:45	01:52:35	02:47:15	369	00:03:01	00:38:30	01:22:53	02:11:25	02:11:46	396	05:37:08.30	05:37:08.30	+01:31:46
333	KRZESAK Adam	439	TRINERGY	M40	71	00:38:00	308	00:03:14	00:32:49	01:56:05	02:49:48	402	00:02:42	00:36:34	01:16:32	02:03:07	02:03:29	306	05:37:13.25	05:37:13.25	+01:31:51
334	MASEWICZ Łukasz	267		M35	88	00:33:53	133	00:04:54	00:30:19	01:49:32	02:45:22	350	00:04:57	00:39:31	01:22:53	02:08:57	02:09:18	371	05:38:24.80	05:38:24.80	+01:33:02
335	KUKLIŃSKI Paweł	213	F3TEAM	M30	76	00:41:12	438	00:03:26	00:32:02	01:54:21	02:48:40	387	00:03:05	00:39:01	01:21:02	02:02:41	02:03:03	300	05:39:26.40	05:39:26.40	+01:34:04
336	DĄBROWSKI Tomasz	477	SWIMMERS MASTERS TEAM	M40	72	00:39:29	363	00:03:35	00:28:21	01:45:00	02:36:30	252	00:04:09	00:42:03	01:28:30	02:15:33	02:15:50	424	05:39:33.45	05:39:33.45	+01:34:11
337	KAPUSNIAK Tomasz	670	TAK DLA TRANSPLANTACJI	M40	73	00:39:01	343	00:03:47	00:29:41	01:52:49	02:44:03	340	00:04:14	00:41:48	01:23:57	02:08:09	02:08:32	362	05:39:37.80	05:39:37.80	+01:34:15
338	PUŻYŃSKI Mariusz	405	ATP AUGUSTÓW	M45	29	00:41:16	440	00:03:21	00:30:11	01:46:32	02:38:44	281	00:03:28	00:41:01	01:26:23	02:12:44	02:13:04	406	05:39:53.70	05:39:53.70	+01:34:31
339	LEWANDOWSKI Marcin	72		M30	77	00:33:18	116	00:03:04	00:31:25	01:56:07	02:55:16	459	00:03:23	00:40:48	01:23:03	02:04:42	02:04:57	321	05:39:58.40	05:39:58.40	+01:34:36
340	WARGACKA Paulina	727		K18	2	00:27:34	15	00:02:32	00:32:55	01:57:29	02:54:58	454	00:02:56	00:43:03	01:27:36	02:12:03	02:12:22	398	05:40:22.35	05:40:22.35	+01:35:00
341	MACZYŃSKI Czesław	659	MCBIKE	M60	2	00:51:04	574	00:03:26	00:29:38	01:45:30	02:35:23	233	00:03:21	00:41:25	01:25:34	02:07:17	02:07:37	355	05:40:51.25	05:40:51.25	+01:35:29
342	WIELGUS Agnieszka	732	ATC CARGO TEAM	K30	9	00:40:22	411	00:03:58	00:32:15	01:56:39	02:52:45	437	00:02:52	00:39:27	01:20:40	02:00:58	02:01:15	282	05:41:12.85	05:41:12.85	+01:35:50
343	BURNECKI Artur	268		M35	89	00:36:37	263	00:04:30	00:31:30	01:54:07	02:47:41	375	00:03:51	00:41:03	01:26:34	02:08:23	02:08:41	363	05:41:20.35	05:41:20.35	+01:35:58
344	KOZŁOWSKI Bogdan	291	TRI NEGU	M40	74	00:43:09	489	00:04:21	00:31:11	01:51:12	02:45:20	349	00:03:59	00:38:11	01:19:56	02:04:32	02:04:52	319	05:41:41.60	05:41:41.60	+01:36:19
345	OSIECKI Ireneusz	179	COMPLEXSPORTS TRIATHLON TEAM	M55	7	00:38:36	329	00:02:56	00:28:49	01:46:56	02:41:13	313	00:04:14	00:40:27	01:31:22	02:14:36	02:14:54	414	05:41:53.70	05:41:53.70	+01:36:31
346	KĘPIŃSKI Henryk	336	KB SPARTAKUS BĘŁCHATÓW	M60	3	00:41:59	456	00:05:43	00:31:36	01:55:44	02:49:42	396	00:04:25	00:37:06	01:18:59	02:00:11	02:00:27	271	05:42:16.25	05:42:16.25	+01:36:54
347	KALETA Marcin	263	TORUŃSKI KLUB TRIATHLONOWY	M45	30	00:45:32	526	00:03:33	00:30:56	01:51:37	02:46:38	363	00:03:22	00:40:21	01:24:50	02:03:12	02:03:29	307	05:42:34.15	05:42:34.15	+01:37:12
348	WIERZBICKI Artur	410		M45	31	00:40:43	422	00:03:26	00:32:46	01:57:24	02:52:59	439	00:04:00	00:37:10	01:19:37	02:01:29	02:01:43	287	05:42:51.80	05:42:51.80	+01:37:29
349	STAWOWY Jakub	482		M25	26	00:40:12	398	00:03:02	00:29:17	01:47:44	02:39:30	294	00:03:31	00:39:49	01:27:19	02:16:24	02:16:45	429	05:43:00.45	05:43:00.45	+01:37:38
350	PORCZYK Paweł	304	SKIERNIEWICKIE PORANKI BIEGOWE	M35	90	00:42:18	462	00:04:43	00:32:14	01:59:15	02:57:31	477	00:03:48	00:36:21	01:16:10	01:54:35	01:54:53	208	05:43:13.70	05:43:13.70	+01:37:51
351	KALINOWSKI Grzegorz	594	GVT	M40	75	00:50:47	571	00:03:31	00:32:07	01:54:58	02:48:45	389	00:02:56	00:37:31	01:18:09	01:57:31	01:57:41	239	05:43:40.65	05:43:40.65	+01:38:18
352	DE GROOT Jan	115		M45	32	00:41:44	453	00:02:56	00:32:12	01:58:23	02:55:55	464	00:02:59	00:37:43	01:18:52	01:59:56	02:00:06	268	05:43:40.95	05:43:40.95	+01:38:19
353	MEIER Markus	188	MLUKS TRIATHLON KOŁO	M50	11	00:40:42	421	00:03:09	00:31:37	01:54:50	02:50:30	409	00:03:11	00:37:33	01:22:08	02:06:03	02:06:18	338	05:43:50.75	05:43:50.75	+01:38:28
354	GUDANIEC Radosław	326	TRIATHLON KOSZALIN	M50	12	00:35:21	190	00:03:42	00:30:36	01:53:46	02:51:26	423	00:03:28	00:38:41	01:22:15	02:10:14	02:10:31	384	05:44:28.20	05:44:28.20	+01:39:06



						Pływanie		Rower				Bieg									
388	OLCZAK Anna	690	TRICLUB	K30	10	00:41:24	445	00:03:46	00:33:13	01:58:20	02:59:28	486	00:03:12	00:38:20	01:18:58	02:02:26	02:02:43	295	05:50:33.40	05:50:33.40	+01:45:11 (30.0%)
389	BRZEZIŃSKI Łukasz	470	KLUB SPORTOWY CELIRONMAN S.A.	M25	32	00:39:14	352	00:04:17	00:30:38	01:48:19	02:41:14	314	00:02:23	00:39:06	01:27:12	02:23:22	02:23:42	469	05:50:50.45	05:50:50.45	+01:45:28 (30.1%)
390	RÓŻAŃSKI Kamil	415		M30	82	00:35:48	239	00:04:40	00:30:39	01:48:01	02:40:29	307	00:04:14	00:41:12	01:31:14	02:25:25	02:25:44	476	05:50:55.15	05:50:55.15	+01:45:33 (30.1%)
391	SOBOLEWSKI Michał	450		M35	96	00:39:46	380	00:03:41	00:31:27	01:52:09	02:46:13	359	00:04:13	00:40:47	01:29:51	02:16:57	02:17:18	433	05:51:11.65	05:51:11.65	+01:45:49 (30.1%)
392	DOMŻAŁSKI Łukasz	516	TRI UNIVERSE	M25	33	00:44:35	514	00:03:36	00:32:06	01:56:29	02:51:27	424	00:03:32	00:41:45	01:26:07	02:08:04	02:08:21	360	05:51:31.05	05:51:31.05	+01:46:09 (30.2%)
393	MRÓZ Marek	474	PASJA CZYNI WOLNYM / BIURO OBSŁUGI FIRM PIO-MAR	M40	84	00:42:30	468	00:03:58	00:33:22	01:58:49	02:56:38	468	00:03:22	00:38:27	01:20:42	02:04:59	02:05:16	326	05:51:44.75	05:51:44.75	+01:46:22 (30.2%)
394	PLESS Wojciech	530	PIAST ŁASIN	M40	85	00:45:57	533	00:04:37	00:32:47	01:56:29	02:51:44	426	00:04:01	00:37:58	01:20:45	02:05:39	02:05:55	335	05:52:14.00	05:52:14.00	+01:46:52 (30.3%)
395	LEMPEK Daniel	387	ORKAMASTERS IŁAWA	M30	83	00:39:47	381	00:04:47	00:30:28		02:46:18	360	00:03:40	00:40:13	01:27:18	02:17:22	02:17:43	437	05:52:15.05	05:52:15.05	+01:46:53 (30.3%)
396	HOJNOWSKI Paweł	135	F3TEAM	M40	86	00:50:48	572	00:03:57	00:33:30	01:58:20	02:53:22	442	00:03:33	00:33:35	01:13:50	02:00:23	02:00:40	273	05:52:20.05	05:52:20.05	+01:46:58 (30.4%)
397	ZIMIŃSKI Zdzisław	156		M55	9	00:41:48	455	00:07:03	00:33:02	02:01:40	03:04:10	513	00:05:30	00:35:20	01:14:12	01:54:15	01:54:32	204	05:53:03.35	05:53:03.35	+01:47:41 (30.5%)
398	PUDLAK Iza	738	UKS TRS SUSZ	K35	5	00:40:21	408	00:03:43	00:33:07	01:59:19	02:55:00	455	00:03:42	00:41:22	01:25:33	02:10:01	02:10:18	382	05:53:04.00	05:53:04.00	+01:47:42 (30.5%)
399	MAMCARZ Jarosław	193		M45	36	00:30:47	54	00:03:29	00:31:55	01:55:27	02:50:46	413	00:03:44	00:39:20	01:37:15	02:24:09	02:24:31	473	05:53:17.75	05:53:17.75	+01:47:55 (30.5%)
400	ROMAŃSKI Michał	220		M35	97	00:40:46	426	00:03:47	00:30:38	01:48:50	02:42:01	322	00:03:54	00:41:44	01:31:00	02:22:33	02:23:02	463	05:53:30.25	05:53:30.25	+01:48:08 (30.6%)
401	CZECHOWSKA-MADEJ Katarzyna	707	MILEK TRIATLON TEAM	K35	6	00:40:17	403	00:03:47	00:33:34	02:03:57	03:05:09	521	00:02:51	00:37:36	01:18:25	02:01:10	02:01:28	285	05:53:32.25	05:53:32.25	+01:48:10 (30.6%)
402	BRZUZY Tomasz	294	LOTOS TEAM	M35	98	00:35:45	232	00:03:54	00:31:49	01:57:44	02:57:46	480	00:05:28	00:39:59	01:22:40	02:10:24	02:10:41	388	05:53:34.85	05:53:34.85	+01:48:12 (30.6%)
403	KORWIEL Rafał	561	TEAM KOPEĆ	M30	84	00:50:31	569	00:03:16	00:34:01	02:02:47	03:06:59	530	00:05:01	00:32:10	01:08:55	01:47:43	01:48:04	131	05:53:51.25	05:53:51.25	+01:48:29 (30.7%)
404	GARDECKI Paweł	134	NET SYSTEM TRIATHLON TEAM	M25	34	00:55:10	584	00:03:05	00:32:35	01:57:14	02:54:45	453	00:02:44	00:37:07	01:17:13	01:57:46	01:58:07	244	05:53:51.30	05:53:51.30	+01:48:29 (30.7%)
405	BENTKOWSKA Natalia	731		K18	3	00:39:26	361	00:04:07	00:34:59	02:05:44	03:04:29	515	00:02:49	00:38:17	01:19:25	02:02:53	02:03:09	302	05:54:00.40	05:54:00.40	+01:48:38 (30.7%)
406	MAREK Andrzej	583	KROSS STAFF TEAM	M35	99	00:35:43	228	00:03:26	00:32:20	01:51:57	02:43:21	335	00:04:14	00:50:55	01:42:54	02:27:12	02:27:34	482	05:54:18.25	05:54:18.25	+01:48:56 (30.7%)
407	WALASEK Ewa	698	ACCENTURE	K30	11	00:40:00	389	00:03:06	00:32:15	01:56:47	02:51:16	421	00:03:02	00:43:24	01:29:57	02:17:01	02:17:22	434	05:54:46.85	05:54:46.85	+01:49:24 (30.8%)
408	DEMBICKI Marcin	340	COMPLEXSPORT	M35	100	00:39:43	376	00:03:36	00:33:10	02:00:21	02:58:37	484	00:03:59	00:42:50	01:26:12	02:08:45	02:09:03	369	05:54:58.90	05:54:58.90	+01:49:37 (30.9%)
409	ZAURSKI Piotr	677		M45	37	00:42:25	466	00:03:42	00:32:02	01:53:20	02:49:06	391	00:04:41	00:43:14	01:29:07	02:14:47	02:15:10	417	05:55:04.80	05:55:04.80	+01:49:42 (30.9%)
410	JARECKA Beata	703	KLUB SPORTOWY CELIRONMAN S.A.	K30	12	00:43:54	505	00:03:16	00:34:36	02:06:08	03:06:03	526	00:03:15	00:38:41	01:18:06	01:58:28	01:58:45	256	05:55:13.65	05:55:13.65	+01:49:51 (30.9%)
411	JAMKA Jarosław	627		M45	38	00:41:29	447	00:04:37	00:31:54	01:54:13	02:48:33	386	00:04:44	00:40:07	01:26:25	02:15:57	02:16:14	426	05:55:37.35	05:55:37.35	+01:50:15 (31.0%)
412	NOWAK Daniel	441	KP PSP SZTUM	M40	87	00:44:04	511	00:03:48	00:30:28	01:50:02	02:40:21	304	00:04:24	00:45:17	01:33:59	02:22:56	02:23:16	466	05:55:53.95	05:55:53.95	+01:50:32 (31.1%)
413	SAFRANOW Marcin	377	MOTOSYBERIA.COM	M35	101	00:42:20	464	00:04:27	00:31:34	02:00:43	03:04:59	519	00:04:08	00:36:56	01:16:47	02:00:16	02:00:31	272	05:56:25.95	05:56:25.95	+01:51:04 (31.2%)
414	RYBAKOWSKI Darek	175	IRONTEAM3CITY	M40	88	00:39:06	345	00:03:44	00:31:47	01:55:22	02:54:26	451	00:04:16	00:41:49	01:28:10	02:14:42	02:15:06	416	05:56:38.40	05:56:38.40	+01:51:16 (31.2%)
415	MALISZEWSKI Jerzy	256		M50	16	00:38:26	321	00:04:11	00:32:44	01:55:52	02:51:36	425	00:03:30	00:43:04	01:29:39	02:18:39	02:19:01	441	05:56:44.40	05:56:44.40	+01:51:22 (31.2%)
416	MARUSZCZAK Mateusz	534		M30	85	00:39:31	366	00:04:11	00:30:40	01:52:37	02:47:41	376	00:04:07	00:44:07	01:28:24	02:21:06	02:21:28	452	05:56:58.90	05:56:58.90	+01:51:37 (31.3%)
417	LENGIEWICZ Jakub	64	OTK RZEŹNIK	M35	102	00:46:04	536	00:04:20	00:33:35	01:59:46	02:57:34	478	00:04:00	00:40:15	01:22:22	02:04:44	02:05:11	325	05:57:09.05	05:57:09.05	+01:51:47 (31.3%)
418	CHAJĘCKI Karol	139	F3TEAM	M40	89	00:40:49	427	00:05:15	00:29:29	01:46:42	02:37:53	268	00:05:57	00:47:35	01:38:01	02:26:57	02:27:18	480	05:57:12.00	05:57:12.00	+01:51:50 (31.3%)
419	KOKOTEK Maciej	293	KLUB SPORTOWY CELIRONMAN S.A.	M35	103	00:44:50	518	00:05:25	00:36:57	02:10:19	03:13:49	550	00:04:21	00:33:58	01:10:02	01:48:32	01:49:00	146	05:57:25.35	05:57:25.35	+01:52:03 (31.4%)
420	GEYDEROWICZ Jarek	197		M40	90	00:35:29	201	00:04:51	00:32:41	01:56:15	02:50:47	415	00:03:32	00:42:51	01:34:12	02:22:29	02:22:49	460	05:57:28.30	05:57:28.30	+01:52:06 (31.4%)

						Pływanie		Rower			Bieg										
421	ŁASZKIEWICZ Tadeusz	145	MLUKS TRIATHLON KOŁO	M60	4	00:50:13	566	00:03:31	00:34:52	02:03:52	03:01:40	500	00:03:50	00:34:15	01:13:47	01:58:25	01:58:46	257	05:58:00.65	05:58:00.65	+01:52:38 (31.5%)
422	SIKORSKI Ludwik	43	KLUB SPORTOWY CELIRONMAN S.A.	M35	104	00:34:08	150	00:04:18	00:31:06	01:55:02	02:51:58	429	00:04:05	00:46:04	01:31:55	02:23:32	02:23:55	471	05:58:24.15	05:58:24.15	+01:53:02 (31.5%)
423	KĄŻMIERCZAK Marcin	234	KLUB SPORTOWY CELIRONMAN S.A.	M40	91	00:34:19	161	00:03:50	00:27:34	01:45:30	02:40:12	303	00:05:44	00:56:29	01:42:19	02:33:56	02:34:19	502	05:58:24.40	05:58:24.40	+01:53:02 (31.5%)
424	DOMARADZKI Wojciech	171	ZGRUPKA LUBOŃ	M30	86	00:32:56	106	00:03:19	00:30:19	02:21:41	03:21:50	563	00:03:17	00:35:05	01:15:08	01:57:04	01:57:22	237	05:58:44.55	05:58:44.55	+01:53:22 (31.6%)
425	POKORSKI Marek	203	REDKNEE	M45	39	00:35:37	217	00:02:43	00:28:10	02:06:58	03:00:39	492	00:05:06	00:41:45	01:28:45	02:14:49	02:15:14	418	05:59:19.00	05:59:19.00	+01:53:57 (31.7%)
426	MIŚKIEWICZ Marek	89	TRICLUB	M50	17	00:40:39	419	00:03:52	00:32:42	01:59:05	02:55:15	458	00:04:21	00:42:03	01:28:32	02:14:53	02:15:14	419	05:59:21.70	05:59:21.70	+01:53:59 (31.7%)
427	GUDANIEC Dorota	716	TRIATHLON KOSZALIN	K55	2	00:33:57	135	00:03:27	00:33:29	02:03:17	03:01:15	496	00:02:55	00:41:51	01:29:12	02:17:40	02:18:01	438	05:59:35.10	05:59:35.10	+01:54:13 (31.8%)
428	SAJ Sławomir	159		M45	40	00:38:34	328	00:05:28	00:32:03	01:54:37	02:47:41	374	00:05:27	00:47:41	01:34:43	02:22:26	02:22:42	459	05:59:52.50	05:59:52.50	+01:54:30 (31.8%)
429	ABRAM Przemysław	95	POLSKI KLUB MTB	M45	41	00:51:49	577	00:04:04	00:31:00	01:52:59	02:47:50	379	00:03:59	00:45:51	01:31:42	02:12:30	02:12:47	403	06:00:29.65	06:00:29.65	+01:55:07 (31.9%)
430	KRAMER Rafał	585	BIEGIEM RADOM	M45	42	00:40:18	404	00:05:37	00:33:30	02:01:11	03:00:05	490	00:05:02	00:37:13	01:20:17	02:10:08	02:10:23	383	06:01:25.80	06:01:25.80	+01:56:03 (32.1%)
431	TOŁWIŃSKI Bogusław	524	MKS TRUSO ELBLĄG	M45	43	00:34:00	138	00:03:00	00:34:16	02:03:07	03:01:45	501	00:03:33	00:42:53	01:32:11	02:19:07	02:19:28	443	06:01:46.40	06:01:46.40	+01:56:24 (32.2%)
432	CHOJNOWSKI Andrzej	182		M45	44	00:39:19	356	00:03:48	00:31:51	01:54:08	02:49:46	400	00:03:41	00:46:08	01:36:07	02:24:55	02:25:17	475	06:01:51.25	06:01:51.25	+01:56:29 (32.2%)
433	HADAŚ Krzysztof	465	CSWLĄD. POZNAŃ	M45	45	00:45:08	522	00:05:30	00:36:53	02:09:56	03:08:10	535	00:04:25	00:38:32	01:18:03	01:59:12	01:59:31	264	06:02:44.75	06:02:44.75	+01:57:22 (32.4%)
434	SMĘTKIEWICZ Aleksandra	726	KT WATER KNIGHTS / SBO SHELL	K25	8	00:40:45	425	00:03:42	00:34:04	02:04:34	03:03:39	510	00:04:02	00:40:42	01:25:00	02:10:41	02:10:55	391	06:03:03.30	06:03:03.30	+01:57:41 (32.4%)
435	MICHAŁOWSKI Radosław	391	RADZIO TRIM	M40	92	00:43:27	493	00:05:47	00:32:14	01:58:14	02:55:41	461	00:04:31	00:40:36	01:28:03	02:14:11	02:14:27	411	06:03:53.35	06:03:53.35	+01:58:31 (32.6%)
436	BIELIK Robert	347		M45	46	00:56:10	586	00:04:25	00:33:04	01:59:53	02:55:51	463	00:05:28	00:37:42	01:19:25	02:01:53	02:02:13	290	06:04:07.40	06:04:07.40	+01:58:45 (32.6%)
437	STRZELCZYK Piotr	325	OXYGEN	M50	18	00:39:41	373	00:04:44	00:30:47	01:54:45	02:51:54	428	00:04:06	00:44:58	01:34:47	02:23:46	02:24:04	472	06:04:29.75	06:04:29.75	+01:59:07 (32.7%)
438	PRZYBYŁKOWICZ Jacek	204	BSL	M40	93	00:47:00	545	00:04:05	00:33:18	01:59:51	02:59:54	489	00:03:43	00:41:59	01:25:22	02:09:39	02:09:57	379	06:04:39.70	06:04:39.70	+01:59:17 (32.7%)
439	BOROWICZ Adam	409		M30	87	00:31:32	72	00:03:43	00:31:31	01:58:41	03:00:31	491	00:04:18	00:45:49	01:34:56	02:24:50	02:25:13	474	06:05:17.25	06:05:17.25	+01:59:55 (32.8%)
440	BONIEWSKI Kamil	486		M30	88	00:46:44	542	00:02:51	00:34:32	02:03:52	03:05:33	524	00:03:02	00:36:01	01:19:41	02:08:03	02:08:27	361	06:06:37.55	06:06:37.55	+02:01:15 (33.1%)
441	STAWICKI Grzegorz	392		M45	47	00:51:02	573	00:04:28	00:34:09	02:03:40	03:02:51	507	00:02:59	00:38:46	01:21:42	02:05:05	02:05:26	330	06:06:46.25	06:06:46.25	+02:01:24 (33.1%)
442	TWARDY Michał	166		M45	48	00:46:58	544	00:03:59	00:32:24	01:59:09	02:57:03	475	00:04:30	00:40:28	01:26:20	02:14:03	02:14:24	410	06:06:54.20	06:06:54.20	+02:01:32 (33.1%)
443	OLENDER Paweł	455	TRUCHT MRĄGOWO	M35	105	00:43:40	499	00:03:03	00:33:30	01:56:48	02:53:53	446	00:03:58	00:45:06	01:33:46	02:22:34	02:22:52	461	06:07:26.55	06:07:26.55	+02:02:04 (33.2%)
444	KROUPA Luiza	743		K45	1	00:40:01	390	00:02:56	00:34:59	02:03:11	03:01:19	498	00:02:57	00:41:23	01:28:33	02:20:19	02:20:40	449	06:07:53.80	06:07:53.80	+02:02:31 (33.3%)
445	KOŁCZYŃSKA Marta	725	KLUB SPORTOWY CELIRONMAN S.A.	K30	13	00:48:30	556	00:03:48	00:34:46	02:04:42	03:03:14	509	00:02:57	00:41:17	01:24:59	02:09:43	02:09:59	380	06:08:28.20	06:08:28.20	+02:03:06 (33.4%)
446	CNOTA Janusz	104	SPORTEVO	M60	5	00:43:59	507	00:05:55	00:31:28	01:55:15	02:51:00	416	00:04:36	00:43:06	01:31:35	02:22:40	02:23:04	464	06:08:34.70	06:08:34.70	+02:03:12 (33.4%)
447	BŁAŻUK Jarosław	665	BPH RUNNERS TEAM	M35	106	00:56:39	587	00:05:19	00:32:31	01:56:29	02:54:06	448	00:05:22	00:41:41	01:26:56	02:07:42	02:07:59	357	06:09:25.50	06:09:25.50	+02:04:03 (33.6%)
448	OLEKSÓW Piotr	624		M40	94	00:39:23	357	00:04:09	00:30:49	01:50:54	02:45:50	354	00:04:31	00:45:19	01:41:46	02:35:44	02:36:04	505	06:09:57.25	06:09:57.25	+02:04:35 (33.7%)
449	ŻUKOWSKA Barbara	730		K45	2	00:42:28	467	00:04:26	00:32:54	01:58:57	02:57:02	474	00:03:35	00:45:47	01:33:37	02:22:15	02:22:33	458	06:10:04.45	06:10:04.45	+02:04:42 (33.7%)
450	ZALEWSKI Marcin	529		M40	95	00:44:51	519	00:04:49	00:31:43	01:58:42	02:56:55	473	00:04:22	00:43:57	01:31:30	02:19:38	02:19:58	446	06:10:55.05	06:10:55.05	+02:05:33 (33.8%)
451	KWIATKOWSKA Agnieszka	701		K40	2	00:42:40	471	00:05:18	00:36:23	02:12:10	03:18:21	561	00:04:37	00:38:55	01:21:00	02:00:01	02:00:22	270	06:11:18.90	06:11:18.90	+02:05:57 (33.9%)
452	SUSKI Sławomir	160	F3TEAM	M45	49	00:41:02	432	00:04:58	00:33:30	02:01:16	03:01:17	497	00:04:07	00:42:04	01:33:12	02:19:40	02:20:02	447	06:11:26.00	06:11:26.00	+02:06:04 (33.9%)
453	LIPSKI Dariusz	253	LUBARTÓWBIEGA.PL	M50	19	00:44:01	509	00:04:24	00:30:49	01:51:37	02:47:57	380	00:05:19	00:43:41	01:38:38	02:29:24	02:29:47	488	06:11:28.20	06:11:28.20	+02:06:06 (33.9%)









				Pływanie		Rower		Bieg		KOP								
559	BUTNY Rafał	373		M35	134	00:30:53	57	00:02:14	00:27:02	01:38:08	02:26:18	104			+00:21:24			
560	SOBCZAK Marcin	88	TRI DREAM TEAM	M40	111	00:43:07	487	00:03:56	00:31:22	01:57:48	03:01:06	495			+01:10:07			
561	CIEŚLAK Michał	509		M35	135	00:39:30	365	00:03:44	00:32:56	02:02:13	03:04:56	517			+01:10:08			
562	JAKOWICZ Agnieszka	745	LABOSPORT	K40	6	00:40:23	412	00:03:40	00:34:37	02:10:34	03:13:37	548			+01:19:39			
563	GREMBSKI Maciej	12	AGROLOK SPORT TEAM / CSGT GŁOGÓW	M18	12	00:23:50	1	00:01:45	00:26:18	01:33:18					+00:00:37			
564	MARKOWSKI Marek	62	LABOSPORT TEAM / ULIMATE PETARDA SQUAD TEAM LUBIN	M35	136	00:28:31	26	00:02:19	00:26:38	01:34:33					+00:07:07			
565	SZELIGA Wojtek	69		M45	63	00:32:05	81	00:02:56	00:28:49	01:38:48					+00:15:33			
566	FIGURSKI Cezary	642	UKS G-8 BIELANY	M50	27	00:29:37	35	00:02:37	00:29:42	01:42:13					+00:16:10			
567	LIGENZA Kamil	288		M25	39	00:35:34	210								+00:19:39			
568	OSIŃSKI Michał	319		M40	112	00:36:03	247								+00:25:19			
569	URBAŃSKA Ewa	710	TRISPACE / ATOS	K40	7	00:39:55	387	00:02:37	00:29:43	01:47:27					+00:31:43			
570	NAJMOWICZ Sebastian	7	TRI NEGU / ROWERYSPORTOWY	M25	40	00:24:13	2	00:01:58	00:27:43						+			
571	ZYCH Bartek	289	TRIENERGY	M40	113	00:35:33	208	00:03:00	00:25:26						+00:10:00			
572	GROSZEWSKI Radosław	668	ROWERYSPORTOWY TRI NEGU	M40	114	00:35:49	240	00:03:27	00:28:34						+00:13:51			
573	KĄDZIELEWSKI Damian	221	FUNDACJA STUDENCKA 'MŁODZI MŁODYM' 4336	M18	13	00:40:03	393	00:05:31	00:40:47						+00:32:23			
574	KOPER Maciej	541	KUŹNIA TRIATHLONU	M30	109	00:51:13	575	00:05:32	00:39:47						+00:42:33			
575	DĄBROWSKI Dariusz	24	LUFT TRI TEAM / ILABO SPORT	M40	115	00:30:25	46	00:02:33							+00:03:57			
576	CZAJKOWSKI Piotr	681	AGROLOK SPORT TEAM	M25	41	00:37:23	291	00:02:29							+00:10:51			
577	ZWIERZCHOWSKI Andrzej	249	TGM	M30	110	00:33:48	128								+00:06:39			
	SIBIŃSKI Marcin	479	HTF	M40		00:42:32	469	03:03:49			00:04:22	2	00:00:04	00:51:22	00:53:05	1	DNF	DNF
	WALIŃSKI Mikołaj	142	PREFBUD DZIERZGOŃ	M35		00:30:10	39	00:02:13	00:26:03	01:34:17	02:18:34	28	00:02:32	00:32:42		DNF	DNF	
	SZCZOTKA Mariusz	90	LABO SPORT / AT TEAM	M40		00:32:24	88	00:02:53	00:26:22	01:35:46	02:19:55	37	00:03:03	00:33:32		DNF	DNF	
	KAŁUŻNY Łukasz	165	TRINERGY	M25		00:36:47	268	00:02:17	00:25:12	01:32:34	02:16:29	14	00:02:22	00:43:10		DNF	DNF	
	TEMPSKI Patryk	190	DRUŻYNA TVN	M30		00:30:36	49	00:02:58	00:29:57	01:47:09	02:38:50	283	00:03:10	00:34:52		DNF	DNF	
	ZAJK Radosław	65		M30		00:41:05	433	00:03:00	00:31:02	01:51:11	02:43:20	334	00:03:12	00:30:33		DNF	DNF	
	GOMULEC Tomasz	281	TACTICA TEAM	M45		00:36:44	266	00:04:09	00:30:41	01:49:16	02:40:27	306	00:03:29	00:37:09		DNF	DNF	
	CIESZYŃSKI Jacek	463	LABOSPORT	M50		00:33:48	129	00:02:43	00:26:34	01:37:08	02:25:22	91	00:03:30			DNF	DNF	
	ZAURSKI Marcin	679		M60		00:47:23	549	00:05:19	00:38:43	02:23:45	03:33:26	569	00:08:23			DNF	DNF	
	MIZIARSKI Paweł	382	TORUS TRIATHLON TEAM	M25		00:29:30	32	00:02:20								DNF	DNF	
	CZAJA Jakub	8	ALE	M35		00:31:21	66									DNF	DNF	
	PALIWODA Wiktor	77	KLUB SPORTOWY CELIRONMAN S.A.	M30		00:37:03	277									DNF	DNF	

Znaleziono 589 wynik(ów)