

Organiser:
Date:
Place:
Distance:

Urząd Miejski w Suszu
2016-06-26
Susz
113 km

Classification: M35

Place	Participant	Number	Club	Category	MCat	Kara	Swimming		Cycling				Race				Net time 113km	Czas łączny 113km	Gap			
							1.9km	Poz	17.3km	62.3km	90km	Poz	6.9km	13.9km	20.8km	20.9km				Place		
1	SIEJAKOWSKI Michał	5	KTS IRONMAN/ TRI NEGU	M35	1		00:28:13	20	00:01:57	00:26:24	01:33:39	02:15:52	13	00:02:10	00:28:30	00:58:36	01:28:58	01:29:10	12	04:17:22.20	04:17:22.20	
2	AUGUSTYNIAK Krzysztof	252	MKS PLETVAL POLKOWICE	M35	2		00:26:50	10	00:02:07	00:26:37	01:33:16	02:15:12	10	00:02:12	00:29:51	01:01:07	01:30:54	01:31:08	21	04:17:29.80	04:17:29.80	+00:00:07 (0.0%)
3	MAJKA Michał	20	LABOSPORT TEAM/ORLIŃSCY.PL	M35	3		00:30:13	41	00:02:22	00:26:36	01:32:47	02:15:09	9	00:02:23	00:28:39	00:59:24	01:29:47	01:30:01	18	04:20:08.45	04:20:08.45	+00:02:46 (1.1%)
4	DOWBOR Maciej	27	TRINERGY/AIRBIKE TRI TEAM	M35	4		00:28:16	22	00:02:19	00:26:06	01:34:15	02:17:06	18	00:02:25	00:31:24	01:05:09	01:40:03	01:40:18	62	04:30:24.85	04:30:24.85	+00:13:02 (4.8%)
5	POPŁAWSKI Grzegorz	507	NADAKTYWNI	M35	5		00:31:34	73	00:02:34	00:28:43	01:39:43	02:26:44	110	00:02:34	00:28:11	00:58:59	01:31:04	01:31:24	22	04:34:50.50	04:34:50.50	+00:17:28 (6.4%)
6	KLATKA Mariusz	211	TRENINGIKUNGFU.PL	M35	6		00:35:32	206	00:02:54	00:26:12	01:38:26	02:25:56	97	00:02:23	00:28:02	00:57:45	01:29:16	01:29:32	16	04:36:17.40	04:36:17.40	+00:18:55 (6.8%)
7	JANIAK Paweł	759	TRIATHLON SIEDLCE CLUB	M35	7		00:32:28	92	00:02:19	00:28:03	01:42:14	02:28:39	128	00:01:53	00:29:28	01:00:43	01:32:16	01:32:30	27	04:37:49.20	04:37:49.20	+00:20:27 (7.4%)
8	SOBOLEWSKI Marcin	525	UKS TRS SUSZ	M35	8		00:32:06	82	00:02:25	00:29:18	01:42:33	02:29:48	148	00:02:35	00:30:33	01:02:30	01:34:46	01:34:58	37	04:41:52.00	04:41:52.00	+00:24:29 (8.7%)
9	MROCZEK Marcin	343		M35	9		00:29:23	30	00:02:34	00:28:14	01:39:25	02:24:40	82	00:02:51	00:32:06	01:05:52	01:42:29	01:42:46	89	04:42:14.60	04:42:14.60	+00:24:52 (8.8%)
10	EJSMONT Krzysztof	248		M35	10		00:34:59	178	00:03:11	00:26:22	01:37:33	02:22:58	60	00:02:21	00:31:45	01:06:21	01:41:21	01:41:38	76	04:45:07.05	04:45:07.05	+00:27:44 (9.7%)
11	PUNPUR Marcin	666	NET SYSTEM	M35	11		00:35:46	235	00:02:48	00:27:30	01:40:22	02:28:59	133	00:02:53	00:28:03	01:01:03	01:35:09	01:35:23	40	04:45:49.75	04:45:49.75	+00:28:27 (10.0%)
12	GRYGLIK Tomasz	96		M35	12		00:33:23	118	00:02:19	00:26:56	01:37:45	02:24:54	87	00:02:36	00:32:22	01:07:35	01:42:26	01:42:41	87	04:45:53.55	04:45:53.55	+00:28:31 (10.0%)
13	DAGIL Aleksander	103		M35	13		00:32:17	86	00:02:29	00:27:57	01:41:20	02:30:06	153	00:02:41	00:33:25	01:06:22	01:39:39	01:39:53	58	04:47:26.60	04:47:26.60	+00:30:04 (10.5%)
14	URBAŃSKI Rafał	629		M35	14		00:37:30	296	00:03:04	01:38:13		02:25:00	88	00:03:06	00:31:15	01:04:37	01:38:43	01:39:00	55	04:47:40.15	04:47:40.15	+00:30:17 (10.5%)
15	TARCZEWSKI Tomasz	168	TARCZA TRIATHLON TEAM	M35	15		00:30:22	45	00:03:49	00:28:52	01:43:22	02:30:37	162	00:03:01	00:31:47	01:05:26	01:41:23	01:41:40	78	04:49:29.70	04:49:29.70	+00:32:07 (11.1%)
16	PLUTA Gniewomir	483	UKS TRS SUSZ	M35	16		00:30:41	51	00:02:40	00:29:05	01:43:28	02:31:45	175	00:02:16	00:31:31	01:05:06	01:42:04	01:42:19	84	04:49:41.70	04:49:41.70	+00:32:19 (11.2%)
17	SWINARSKI Maciej	648	MOTOSYBERIA.COM	M35	17		00:37:28	292	00:02:31	00:25:17	01:34:02	02:18:55	33	00:02:19	00:32:25	01:09:48	01:48:59	01:49:17	151	04:50:30.65	04:50:30.65	+00:33:08 (11.4%)
18	KREMER Tomasz	603	KM SPORT IRT ZIELONA GÓRA	M35	18		00:32:35	98	00:02:33	00:26:26	01:37:01	02:24:06	72	00:02:56	00:33:53	01:10:39	01:48:07	01:48:22	136	04:50:32.55	04:50:32.55	+00:33:10 (11.4%)
19	KWIECIŃ Krystian	269	3FLOW TRIATHLON TEAM	M35	19		00:33:58	136	00:02:37	00:27:12	01:35:35	02:22:40	59	00:02:34	00:34:02	01:09:24	01:48:44	01:49:02	148	04:50:51.40	04:50:51.40	+00:33:29 (11.5%)
20	ŁYSKANOWSKI Marcin	655	AT TEAM	M35	20		00:34:44	168	00:02:35	00:28:25	01:41:45	02:29:25	140	00:02:36	00:31:23	01:07:02	01:41:55	01:42:09	83	04:51:29.35	04:51:29.35	+00:34:07 (11.7%)
21	KURYJ Marek	141	SILY POWIETRZNE	M35	21		00:30:21	44	00:02:26	00:31:10	01:52:31	02:43:40	337	00:02:37	00:29:33	01:01:35	01:33:45	01:34:02	33	04:53:06.35	04:53:06.35	+00:35:44 (12.2%)
22	KĘPKA Marcin	260	LABOSPORT/F3TEAM	M35	22	5min	00:34:47	172	00:02:33	00:26:44	01:34:25	02:17:42	24	00:05:08	00:33:54	01:12:14	01:52:52	01:53:10	186	04:53:20.30	04:53:20.30	+00:35:58 (12.3%)
23	KOZAKIEWICZ Ireneusz	118		M35	23		00:37:44	302	00:02:54	00:27:27	01:38:15	02:26:30	108	00:02:57	00:31:31	01:07:04	01:44:12	01:44:31	102	04:54:36.00	04:54:36.00	+00:37:13 (12.6%)
24	CHOMIK Rafał	287	T2 TRIATHLON TEAM	M35	24		00:33:52	131	00:02:33	00:26:32	01:35:54	02:20:24	43	00:02:24	00:33:14	01:11:17	01:55:12	01:55:31	215	04:54:44.05	04:54:44.05	+00:37:21 (12.7%)
25	WIŚNIEWSKI Michał	214	TRIATHLON TRÓJMIASTO	M35	25		00:35:25	195	00:03:33	00:28:31	01:42:46	02:29:22	138	00:02:34	00:33:32	01:08:24	01:44:09	01:44:27	99	04:55:21.15	04:55:21.15	+00:37:58 (12.9%)

					Swimming		Cycling				Race											
26	SZYDŁOWSKI Marcin	198		M35	26	00:39:32	367	00:02:39	00:28:05	01:42:54	02:31:20	171	00:02:15	00:31:13	01:05:27	01:39:45	01:40:04	59	04:55:50.15	04:55:50.15	+00:38:27 (13.0%)	
27	JONIO Tomasz	232	KUŹNIA TRIATHLONU	M35	27	00:34:44	169	00:03:01	00:27:31	01:38:48	02:23:59	69	00:03:05	00:34:10	01:12:00	01:50:45	01:51:03	167	04:55:52.25	04:55:52.25	+00:38:30 (13.0%)	
28	URBAN Krzysztof	376	TRICLUB	M35	28	00:34:03	141	00:03:21	00:28:18	01:41:35	02:29:40	145	00:02:40	00:34:12	01:10:02	01:46:52	01:47:09	119	04:56:53.25	04:56:53.25	+00:39:31 (13.3%)	
29	ZIEBA Marcin	167	KUŹNIA TRIATHLONU	M35	29	5min	00:31:14	64	00:02:33	00:28:00	01:39:26	02:26:18	105	00:02:42	00:35:09	01:11:18	01:49:02	01:54:19	200	04:57:06.00	04:57:06.00	+00:39:43 (13.4%)
30	CHMIELEWSKI Piotr	50	WARSAW MASTERS TEAM	M35	30	00:32:04	80	00:02:39	00:28:05	01:40:57	02:25:57	98	00:03:12	00:35:34	01:15:43	01:53:56	01:54:09	195	04:58:01.75	04:58:01.75	+00:40:39 (13.6%)	
31	CIECIERSKI Michał	117		M35	31	00:35:49	241	00:03:35	00:27:24	01:40:20	02:28:02	121	00:03:02	00:35:38	01:12:21	01:47:51	01:48:09	133	04:58:37.70	04:58:37.70	+00:41:15 (13.8%)	
32	STARON Piotr	274		M35	32	00:35:57	246	00:04:07	00:28:10	01:44:00	02:32:23	186	00:02:56	00:32:49	01:08:12	01:44:28	01:44:47	103	05:00:10.00	05:00:10.00	+00:42:47 (14.3%)	
33	WIATROWSKI Krzysztof	98	TRIWATRAKI / IRONTEAM3CITY	M35	33	00:37:29	294	00:02:42	00:29:38	01:47:59	02:37:48	266	00:02:26	00:30:43	01:06:11	01:40:45	01:41:07	69	05:01:32.70	05:01:32.70	+00:44:10 (14.6%)	
34	KĘDZIOR Grzegorz	364		M35	34	00:34:23	163	00:03:41	00:27:37	01:37:35	02:22:14	57	00:02:26	00:35:34	01:16:15	01:58:34	01:58:54	259	05:01:38.55	05:01:38.55	+00:44:16 (14.7%)	
35	ZRZELSKI Michał	143	SPORTEVO	M35	35	00:35:17	186	00:03:04	00:27:19	01:39:33	02:26:24	107	00:03:02	00:34:49	01:14:02	01:54:47	01:55:04	211	05:02:51.00	05:02:51.00	+00:45:28 (15.0%)	
36	PAWŁOWSKI Mariusz	452		M35	36	00:37:53	306	00:04:03	00:30:39	01:45:29	02:34:46	215	00:03:34	00:33:43	01:08:00	01:42:38	01:42:54	91	05:03:10.70	05:03:10.70	+00:45:48 (15.1%)	
37	LITWINIUK Krzysztof	300	TRI NEGU	M35	37	00:33:02	110	00:03:01	00:28:00	01:41:16	02:28:56	132	00:02:48	00:36:07	01:14:59	01:55:17	01:55:36	217	05:03:23.75	05:03:23.75	+00:46:01 (15.2%)	
38	KLEKOWIECKI Marcin	111		M35	38	00:31:50	76	00:03:35	00:28:30	01:43:20	02:31:49	177	00:02:49	00:32:40	01:13:16	01:53:24	01:53:39	191	05:03:42.75	05:03:42.75	+00:46:20 (15.3%)	
39	WITKOWSKI Damian	290	KS KROTOSZ	M35	39	00:37:10	284	00:04:00	00:30:21	01:44:44	02:33:09	201	00:03:02	00:35:59	01:11:11	01:46:14	01:46:31	114	05:03:52.10	05:03:52.10	+00:46:29 (15.3%)	
40	MAŁEK Piotr	334		M35	40	00:37:04	279	00:05:54	00:28:19	01:41:10	02:27:55	119	00:04:42	00:34:56	01:12:02	01:48:27	01:48:42	143	05:04:17.60	05:04:17.60	+00:46:55 (15.4%)	
41	HUDZIEC Sebastian	660	HRMAX ZORY	M35	41	00:34:05	143	00:03:02	00:30:11	01:41:51	02:34:42	214	00:02:47	00:34:31	01:13:29	01:50:05	01:50:19	158	05:04:55.75	05:04:55.75	+00:47:33 (15.6%)	
42	BUSZAN Radek	14	ACTIVE DELL	M35	42	00:29:13	29	00:02:13	00:29:04	01:41:21	02:29:35	142	00:03:12	00:34:14	01:16:50	02:00:42	02:01:03	279	05:05:16.00	05:05:16.00	+00:47:53 (15.7%)	
43	KOSMALA Michał	604	LABOSPORT/ EKSTREMALNI	M35	43	00:33:08	113	00:02:56	00:29:03	01:43:08	02:32:28	187	00:02:34	00:36:17	01:14:06	01:53:48	01:54:12	198	05:05:18.90	05:05:18.90	+00:47:56 (15.7%)	
44	PYKA Marek	429	CHOP ZE ŻELAZA TRI TEAM	M35	44	00:41:10	436	00:02:37	00:27:03	01:37:34	02:24:37	78	00:02:38	00:34:23	01:13:42	01:54:17	01:54:35	205	05:05:37.35	05:05:37.35	+00:48:15 (15.8%)	
45	KUSKOWSKI Marek	650	LABOSPORTTEAM	M35	45	00:40:02	391	00:02:54	00:30:21	01:44:13	02:32:46	195	00:02:58	00:32:55	01:07:54	01:47:19	01:47:34	124	05:06:14.05	05:06:14.05	+00:48:51 (16.0%)	
46	MICHAŁOWSKI Marcin	247	SZCZECIŃSKI KLUB ROWEROWY GRYPUS	M35	46	00:34:18	160	00:03:28	00:27:40	01:40:17	02:29:16	135	00:02:27	00:38:09	01:17:38	01:56:35	01:56:52	231	05:06:21.40	05:06:21.40	+00:48:59 (16.0%)	
47	ŚLIWKA Piotr	358	SPORTEVO	M35	47	00:38:04	311	00:02:37	00:28:45	01:42:53	02:30:50	166	00:03:17	00:36:50	01:14:17	01:53:20	01:53:35	190	05:08:23.75	05:08:23.75	+00:51:01 (16.5%)	
48	WITKOWSKI Paweł	469		M35	48	00:37:42	300	00:03:26	00:27:23	01:41:45	02:29:25	139	00:03:18	00:34:50	01:13:56	01:55:15	01:55:36	216	05:09:27.65	05:09:27.65	+00:52:05 (16.8%)	
49	ROSIŃSKI Przemysław	612	B4SPORT	M35	49	00:35:25	194	00:02:43	00:28:00	01:40:47	02:28:51	131	00:02:40	00:36:19	01:22:01	02:01:26	02:01:43	288	05:11:22.45	05:11:22.45	+00:54:00 (17.3%)	
50	BEBELSKI Rafał	84	KUŹNIA TRIATHLONU	M35	50	00:30:58	58	00:02:43	00:30:10	01:49:38	02:41:53	321	00:02:35	00:34:54	01:12:18	01:53:55	01:54:11	196	05:12:20.50	05:12:20.50	+00:54:58 (17.6%)	
51	CZECH Mariusz	315	UKS TRI TEAM RUMIA	M35	51	00:32:03	79	00:02:41	00:30:16	01:46:15	02:35:17	231	00:02:46	00:37:35	01:17:32	01:59:34	01:59:53	267	05:12:40.95	05:12:40.95	+00:55:18 (17.7%)	
52	BINDER Piotr	54	OTK RZEŹNIK	M35	52	5min	00:35:47	237	00:03:24	00:28:34	01:40:51	02:29:51	149	00:07:27	00:34:25	01:14:49	01:56:40	01:57:00	232	05:13:29.25	05:13:29.25	+00:56:07 (17.9%)
53	KLEKOTKO Fabian	311	TRI EAGLES GDYNIA	M35	53	00:38:12	315	00:03:35	00:29:22	01:45:30	02:35:05	223	00:02:41	00:36:33	01:14:48	01:53:58	01:54:16	199	05:13:49.75	05:13:49.75	+00:56:27 (18.0%)	
54	KOŚCIUCZUK Łukasz	328	BIEGIEMNAPOMOC.PL / LABOSPORT	M35	54	00:35:46	234	00:03:26	00:30:33	01:47:32	02:37:07	260	00:03:09	00:37:57	01:16:17	01:54:18	01:54:35	206	05:14:03.50	05:14:03.50	+00:56:41 (18.1%)	
55	KAŁUŻNY Mikołaj	651	TRINERGY	M35	55	00:35:52	243	00:03:24	00:28:25	01:39:47	02:28:04	122	00:03:09	00:37:52	01:21:23	02:03:23	02:03:41	308	05:14:10.00	05:14:10.00	+00:56:47 (18.1%)	
56	MISZEWSKI Krzysztof	338	COMPLEXSPORTS	M35	56	00:39:07	347	00:03:53	00:28:19	01:43:36	02:32:57	197	00:02:51	00:33:48	01:13:49	01:55:22	01:55:40	219	05:14:28.55	05:14:28.55	+00:57:06 (18.2%)	
57	DZIERZSKO Rafał	506	NADAKTYWNI	M35	57	00:35:26	197	00:02:21	00:26:30	01:39:18	02:26:19	106	00:03:03	00:41:34	01:23:42	02:07:00	02:07:21	351	05:14:30.40	05:14:30.40	+00:57:08 (18.2%)	
58	WCISŁO Wojciech	58	TRINERGY	M35	58	00:44:57	520	00:02:30	00:29:33	01:46:36	02:36:05	244	00:03:02	00:35:51	01:12:15	01:48:06	01:48:20	135	05:14:54.55	05:14:54.55	+00:57:32 (18.3%)	
59	JEDOWSKI Maciej	500	UKS TRS	M35	59	00:35:30	202	00:03:07	00:28:18	01:41:23	02:29:17	136	00:03:29	00:37:28	01:20:46	02:04:12	02:04:32	317	05:15:55.35	05:15:55.35	+00:58:33 (18.5%)	

						Swimming		Cycling				Race										
60	PANASIUK Paweł	370	NADAKTYWNI	M35	60	00:36:05	249	00:02:38	00:29:16	01:48:48	02:43:10	330	00:02:40	00:38:15	01:14:48	01:51:49	01:52:05	175	05:16:38.90	05:16:38.90	+00:59:16 (18.7%)	
61	LESZCZEWICZ Waldek	114	KUŹNIA TRIATHLONU	M35	61	00:33:15	115	00:02:47	00:29:35	01:50:12	02:41:34	317	00:03:12	00:36:20	01:16:18	01:56:11	01:56:26	227	05:17:14.40	05:17:14.40	+00:59:52 (18.9%)	
62	LIS Paweł	237	COMPLEXSPORTS	M35	62	00:30:49	56	00:03:28	00:31:17	01:50:12	02:41:19	315	00:03:31	00:35:01	01:15:01	01:57:58	01:58:19	248	05:17:26.20	05:17:26.20	+01:00:04 (18.9%)	
63	GUTOWSKI Paweł	532	UKS TRS SUSZ	M35	63	00:35:43	227	00:03:09	00:32:03	01:52:34	02:43:27	336	00:03:04	00:36:17	01:14:56	01:52:55	01:53:11	187	05:18:34.90	05:18:34.90	+01:01:12 (19.2%)	
64	KOZAKOWSKI Wiktor	595	TRINERGY / AIRBIKE	M35	64	00:39:17	354	00:02:39	00:27:03	01:41:01	02:28:37	127	00:02:47	00:39:04	01:24:59	02:06:57	02:07:13	350	05:20:33.70	05:20:33.70	+01:03:11 (19.7%)	
65	FILBRANDT Wojciech	152	SPORTEVO	M35	65	00:42:49	477	00:03:13	00:30:19	01:49:57	02:44:08	342	00:04:12	00:32:43	01:08:08	01:47:08	01:47:28	122	05:21:50.05	05:21:50.05	+01:04:27 (20.0%)	
66	CISOWSKI Artur	676	TRIWAWA	M35	66	00:36:30	258	00:03:29	00:28:33	01:45:04	02:36:41	254	00:02:55	00:38:04	01:19:19	02:02:07	02:02:29	293	05:22:04.20	05:22:04.20	+01:04:42 (20.1%)	
67	GAWROŃSKI Roman	667		M35	67	00:35:32	207	00:03:28	00:29:13	01:46:04	02:36:44	255	00:04:28	00:39:41	01:22:56	02:02:32	02:02:46	296	05:22:58.45	05:22:58.45	+01:05:36 (20.3%)	
68	LEMKE Krzysztof	446	GDYŃSKI TRIATHLON	M35	68	5min	00:37:20	289	00:02:34	00:27:00	01:38:31	02:26:07	100	00:06:42	00:40:12	01:25:48	02:09:58	02:10:16	381	05:22:59.55	05:22:59.55	+01:05:37 (20.3%)
69	GOŹDZIEWICZ Paweł	82	BIEGAMYRAZEM.PL	M35	69	00:44:37	516	00:03:29	00:28:14	01:41:55	02:30:13	156	00:03:08	00:40:30	01:22:36	02:01:24	02:01:42	286	05:23:09.25	05:23:09.25	+01:05:47 (20.4%)	
70	WOJDYŁA Michał	105	TRICLUB	M35	70	00:34:25	164	00:02:51	00:29:48	01:47:31	02:40:51	310	00:04:07	00:38:44	01:21:23	02:01:00	02:01:17	283	05:23:31.35	05:23:31.35	+01:06:09 (20.4%)	
71	KOŁODZIEJ Sebastian	553		M35	71	00:33:52	132	00:02:28	00:28:19	01:41:54	02:28:46	130	00:03:06	00:39:29	01:27:45	02:15:22	02:15:41	422	05:23:53.35	05:23:53.35	+01:06:31 (20.5%)	
72	KIMBER Radosław	418		M35	72	00:42:47	476	00:02:44	00:29:20	01:46:35	02:39:02	287	00:02:54	00:36:21	01:17:30	01:56:54	01:57:11	233	05:24:38.20	05:24:38.20	+01:07:16 (20.7%)	
73	FRIEDRICH Arek	360	TRI NEGU	M35	73	00:38:44	334	00:03:38	00:27:57	01:39:33	02:25:36	95	00:03:28	00:43:06	01:29:19	02:14:19	02:14:37	413	05:26:03.00	05:26:03.00	+01:08:40 (21.1%)	
74	TRAPP Michał	428		M35	74	00:36:59	274	00:04:00	00:31:21	01:51:54	02:46:09	356	00:03:01	00:35:05	01:14:32	01:56:07	01:56:26	226	05:26:35.40	05:26:35.40	+01:09:13 (21.2%)	
75	GÓRSKI Wojciech	520	TRS SUSZ	M35	75	00:40:28	414	00:02:48	00:29:53	01:49:37	02:41:27	316	00:03:01	00:37:27	01:17:55	02:00:28	02:00:56	278	05:28:40.25	05:28:40.25	+01:11:18 (21.7%)	
76	KULA Damian	194	AT TEAM	M35	76	00:40:51	428	00:03:08	00:31:19	01:53:32	02:46:59	368	00:03:23	00:35:58	01:14:13	01:54:21	01:54:40	207	05:29:01.15	05:29:01.15	+01:11:38 (21.8%)	
77	KARCZEWSKI Przemysław	119	TRICLUB	M35	77	00:39:43	375	00:03:05	00:32:07	01:54:45	02:49:33	395	00:03:32	00:35:03	01:14:07	01:53:09	01:53:27	188	05:29:20.05	05:29:20.05	+01:11:57 (21.9%)	
78	SMANTSEROV Mykola	617	TRILEWY	M35	78	00:33:44	124	00:03:57	00:30:55	01:51:40	02:45:10	346	00:03:59	00:38:01	01:20:48	02:02:47	02:03:03	301	05:29:53.05	05:29:53.05	+01:12:30 (22.0%)	
79	DAJCZER Rafał	189	AT TEAM	M35	79	00:38:56	341	00:04:17	00:31:13	01:56:00	02:50:33	411	00:03:31	00:35:58	01:14:52	01:53:42	01:53:54	194	05:31:11.85	05:31:11.85	+01:13:49 (22.3%)	
80	RADCZUK Marcin	132	F3TEAM	M35	80	00:33:00	108	00:02:49	00:51:06	02:07:20	02:56:48	471	00:02:41	00:36:03	01:17:01	01:56:06	01:56:24	225	05:31:42.15	05:31:42.15	+01:14:19 (22.4%)	
81	PANEK Wojtek	481	UKS TRS SUSZ	M35	81	00:36:32	259	00:03:44	00:31:14	01:51:08	02:44:06	341	00:03:39	00:40:00	01:22:39	02:03:30	02:03:48	311	05:31:49.00	05:31:49.00	+01:14:26 (22.4%)	
82	KROMKOWSKI Maciej	460		M35	82	00:39:41	374	00:05:05	00:30:14	01:49:00	02:39:16	291	00:03:55	00:39:29	01:21:25	02:04:26	02:04:39	318	05:32:36.20	05:32:36.20	+01:15:14 (22.6%)	
83	SZULC Leszek	615		M35	83	00:43:38	498	00:03:56	00:33:34	01:59:44	02:56:01	465	00:03:33	00:32:55	01:08:02	01:45:36	01:45:51	111	05:32:59.80	05:32:59.80	+01:15:37 (22.7%)	
84	BYKOWSKI Tomasz	275	GKW DRAKKAR	M35	84	00:35:55	245	00:03:59	00:29:51	01:49:45	02:42:07	323	00:04:09	00:37:54	01:19:50	02:06:40	02:07:00	347	05:33:10.20	05:33:10.20	+01:15:48 (22.8%)	
85	KULESZA Mariusz	476	COMPLEXSPORTS TRIATHLON TEAM	M35	85	00:38:00	309	00:03:24	00:32:01	01:54:00	02:48:05	381	00:04:47	00:34:37	01:17:54	01:59:37	01:59:50	266	05:34:06.30	05:34:06.30	+01:16:44 (23.0%)	
86	KLIMOWSKI Przemysław	80	MAM TRI ELBLĄG TEAM	M35	86	00:40:06	394	00:03:41	00:31:32	01:57:16	02:53:43	445	00:03:17	00:35:32	01:13:18	01:53:25	01:53:44	192	05:34:31.10	05:34:31.10	+01:17:08 (23.1%)	
87	ZWIERZCHOWSKI Maciej	56	KUŹNIA TRIATHLONU	M35	87	00:36:57	272	00:04:02	00:31:23	01:53:21	02:45:19	348	00:03:41	00:37:30	01:21:32	02:06:10	02:06:27	340	05:36:26.90	05:36:26.90	+01:19:04 (23.5%)	
88	MASEWICZ Łukasz	267		M35	88	00:33:53	133	00:04:54	00:30:19	01:49:32	02:45:22	350	00:04:57	00:39:31	01:22:53	02:08:57	02:09:18	371	05:38:24.80	05:38:24.80	+01:21:02 (23.9%)	
89	BURNECKI Artur	268		M35	89	00:36:37	263	00:04:30	00:31:30	01:54:07	02:47:41	375	00:03:51	00:41:03	01:26:34	02:08:23	02:08:41	363	05:41:20.35	05:41:20.35	+01:23:58 (24.6%)	
90	PORCZYK Paweł	304	SKIERNIEWICKIE PORANKI BIEGOWE	M35	90	00:42:18	462	00:04:43	00:32:14	01:59:15	02:57:31	477	00:03:48	00:36:21	01:16:10	01:54:35	01:54:53	208	05:43:13.70	05:43:13.70	+01:25:51 (25.0%)	
91	PANCEWICZ Piotr	411	RUNNERSWALDE	M35	91	00:49:32	561	00:06:17	00:33:27	02:00:12	02:57:55	481	00:04:20	00:34:15	01:11:48	01:49:29	01:49:42	154	05:47:46.05	05:47:46.05	+01:30:23 (26.0%)	
92	FABISIEWICZ Paweł	350		M35	92	00:43:34	495	00:04:41	00:30:53	01:51:56	02:45:37	352	00:03:28	00:38:59	01:22:40	02:10:27	02:10:44	390	05:48:04.70	05:48:04.70	+01:30:42 (26.1%)	
93	PIECZARA Krzysztof	421	KB MCKIS JAWORZNO	M35	93	00:40:59	431	00:02:46	00:30:38	01:52:12	02:47:25	370	00:03:14	00:40:52	01:28:24	02:13:29	02:13:47	408	05:48:11.50	05:48:11.50	+01:30:49 (26.1%)	

						Swimming		Cycling				Race									
94	KOWALSKI Łukasz	244	COMPLEXSPORTS	M35	94	00:43:10	490	00:04:02	00:31:01	01:51:22	02:46:38	364	00:03:51	00:39:40	01:23:49	02:10:18	02:10:44	389	05:48:25.80	05:48:25.80	+01:31:03 (26.1%)
95	DOLACINSKI Marcin	438	TATA LIWII	M35	95	00:41:16	439	00:04:43	00:28:57	01:44:57	02:35:25	235	00:05:47	00:44:52	01:32:34	02:21:55	02:22:08	455	05:49:19.00	05:49:19.00	+01:31:56 (26.3%)
96	SOBOLEWSKI Michał	450		M35	96	00:39:46	380	00:03:41	00:31:27	01:52:09	02:46:13	359	00:04:13	00:40:47	01:29:51	02:16:57	02:17:18	433	05:51:11.65	05:51:11.65	+01:33:49 (26.7%)
97	ROMAŃSKI Michał	220		M35	97	00:40:46	426	00:03:47	00:30:38	01:48:50	02:42:01	322	00:03:54	00:41:44	01:31:00	02:22:33	02:23:02	463	05:53:30.25	05:53:30.25	+01:36:08 (27.2%)
98	BRZUZY Tomasz	294	LOTOS TEAM	M35	98	00:35:45	232	00:03:54	00:31:49	01:57:44	02:57:46	480	00:05:28	00:39:59	01:22:40	02:10:24	02:10:41	388	05:53:34.85	05:53:34.85	+01:36:12 (27.2%)
99	MAREK Andrzej	583	KROSS STAFF TEAM	M35	99	00:35:43	228	00:03:26	00:32:20	01:51:57	02:43:21	335	00:04:14	00:50:55	01:42:54	02:27:12	02:27:34	482	05:54:18.25	05:54:18.25	+01:36:56 (27.4%)
100	DEMBICKI Marcin	340	COMPLEXSPORT	M35	100	00:39:43	376	00:03:36	00:33:10	02:00:21	02:58:37	484	00:03:59	00:42:50	01:26:12	02:08:45	02:09:03	369	05:54:58.90	05:54:58.90	+01:37:36 (27.5%)
101	SAFRANOW Marcin	377	MOTOSYBERIA.COM	M35	101	00:42:20	464	00:04:27	00:31:34	02:00:43	03:04:59	519	00:04:08	00:36:56	01:16:47	02:00:16	02:00:31	272	05:56:25.95	05:56:25.95	+01:39:03 (27.8%)
102	LENGIEWICZ Jakub	64	OTK RZEŹNIK	M35	102	00:46:04	536	00:04:20	00:33:35	01:59:46	02:57:34	478	00:04:00	00:40:15	01:22:22	02:04:44	02:05:11	325	05:57:09.05	05:57:09.05	+01:39:46 (27.9%)
103	KOKOTEK Maciej	293	KLUB SPORTOWY CELIRONMAN S.A.	M35	103	00:44:50	518	00:05:25	00:36:57	02:10:19	03:13:49	550	00:04:21	00:33:58	01:10:02	01:48:32	01:49:00	146	05:57:25.35	05:57:25.35	+01:40:03 (28.0%)
104	SIKORSKI Ludwik	43	KLUB SPORTOWY CELIRONMAN S.A.	M35	104	00:34:08	150	00:04:18	00:31:06	01:55:02	02:51:58	429	00:04:05	00:46:04	01:31:55	02:23:32	02:23:55	471	05:58:24.15	05:58:24.15	+01:41:01 (28.2%)
105	OLENDER Paweł	455	TRUCHT MRAĞOWO	M35	105	00:43:40	499	00:03:03	00:33:30	01:56:48	02:53:53	446	00:03:58	00:45:06	01:33:46	02:22:34	02:22:52	461	06:07:26.55	06:07:26.55	+01:50:04 (30.0%)
106	BŁAŻUK Jarosław	665	BPH RUNNERS TEAM	M35	106	00:56:39	587	00:05:19	00:32:31	01:56:29	02:54:06	448	00:05:22	00:41:41	01:26:56	02:07:42	02:07:59	357	06:09:25.50	06:09:25.50	+01:52:03 (30.3%)
107	CZEKIRDA Paweł	149		M35	107	00:47:07	546	00:04:55	00:34:44	02:06:17	03:09:25	541	00:04:26	00:39:24	01:22:39	02:06:25	02:06:50	344	06:12:43.30	06:12:43.30	+01:55:21 (30.9%)
108	DZIOBIAK Robert	101	TRINERGY	M35	108	00:43:05	486	00:04:49	00:33:13	02:02:04	03:02:44	505	00:04:52	00:44:15	01:33:33	02:22:48	02:23:10	465	06:18:40.65	06:18:40.65	+02:01:18 (32.0%)
109	URBAŃCZYK Marcin	219	TRINERGY	M35	109	00:43:50	504	00:05:05	00:33:31	02:03:36	03:04:59	518	00:04:19	00:44:56	01:32:21	02:20:05	02:20:27	448	06:18:40.85	06:18:40.85	+02:01:18 (32.0%)
110	GÓRNIAK Łukasz	329		M35	110	00:42:57	481	00:06:34	00:33:53	01:58:55	02:56:49	472	00:06:04	00:44:50	01:36:13	02:26:25	02:26:46	478	06:19:10.90	06:19:10.90	+02:01:48 (32.1%)
111	GÓRNIOWICZ Marcin	480	MBANK	M35	111	00:51:29	576	00:04:13	00:33:48	02:00:42	02:59:38	487	00:05:49	00:43:00	01:30:24	02:18:58	02:19:21	442	06:20:30.00	06:20:30.00	+02:03:07 (32.4%)
112	ZUJKIEWICZ Tomasz	323	LABOSPORT	M35	112	00:46:37	540	00:03:59	00:34:46	02:05:36	03:05:23	523	00:06:10	00:42:25	01:31:46	02:20:24	02:20:44	450	06:22:53.05	06:22:53.05	+02:05:30 (32.8%)
113	BIERNACKI Piotr	362	PBRN@WP.PL	M35	113	00:49:26	560	00:04:03	00:33:07	02:03:08	03:02:40	504	00:04:23	00:40:02	01:29:27	02:22:36	02:22:56	462	06:23:28.60	06:23:28.60	+02:06:06 (32.9%)
114	JAMROŻ Robert	272	KUŹNIA TRIATHLONU	M35	114	00:48:36	558	00:05:18	00:35:57	02:05:19	03:04:07	512	00:05:32	00:45:58	01:33:37	02:21:43	02:22:03	454	06:25:36.70	06:25:36.70	+02:08:14 (33.3%)
115	BYCHOWSKI Piotr	130		M35	115	00:34:52	174	00:05:44	00:32:20	01:57:56	03:01:37	499	00:07:06	00:50:35	01:48:33	02:41:25	02:41:43	514	06:31:02.30	06:31:02.30	+02:13:40 (34.2%)
116	BOLEWSKI Adam	70	SPORTEVO	M35	116	00:55:32	585	00:04:33	00:33:42	02:07:01	03:11:21	542	00:05:41	00:45:39	01:31:15	02:16:18	02:16:36	428	06:33:43.40	06:33:43.40	+02:16:21 (34.6%)
117	WIECHNA Krzysztof	437		M35	117	00:48:18	554	00:06:17	00:32:34	01:58:21	02:57:05	476	00:06:41	00:48:55	01:45:58	02:36:08	02:36:27	507	06:34:48.40	06:34:48.40	+02:17:26 (34.8%)
118	ŁUĆ Paweł	344		M35	118	00:41:32	449	00:05:22	00:34:54	02:05:14	03:07:40	532	00:06:38	00:51:36	01:43:15	02:33:19	02:33:42	499	06:34:54.70	06:34:54.70	+02:17:32 (34.8%)
119	MASTALERZ Paweł	48	COLEX RACING TEAM	M35	119	00:43:58	506	00:04:03	00:29:35	01:53:19	02:52:16	431	00:05:21	00:52:27	01:47:00	02:48:53	02:49:46	520	06:35:24.65	06:35:24.65	+02:18:02 (34.9%)
120	BERNATOWICZ Waldemar	396	MIETKÓW TRIATHLON TEAM	M35	120	00:59:53	588	00:04:22	00:35:51	02:04:16	03:02:51	506	00:04:44	00:46:33	01:36:34	02:23:30	02:23:44	470	06:35:34.05	06:35:34.05	+02:18:11 (34.9%)
121	DIETRICH Krzysztof	510	TRIATHLON SERIES TEAM / SPORTOWY JEŻ PORANNY	M35	121	00:43:08	488	00:04:09	00:32:16	01:55:56	02:51:13	420	00:05:38	00:57:19	01:57:07	02:54:31	02:54:45	523	06:38:53.60	06:38:53.60	+02:21:31 (35.5%)
122	DOŁOWY Paweł	172		M35	122	00:46:02	535	00:04:53	00:36:38	02:08:27	03:12:26	546	00:05:38	00:50:31	01:43:37	02:36:01	02:36:23	506	06:45:22.95	06:45:22.95	+02:28:00 (36.5%)
123	JELSKI Michał	663	KTS IRONMAN KWIDZYN	M35	123	00:38:02	310	00:05:07	00:34:35	02:10:48	03:14:54	554	00:05:18	01:02:56	02:04:16	03:03:35	03:04:00	527	07:07:21.70	07:07:21.70	+02:49:59 (39.8%)
124	EPELBAUM Dariusz	120	KUŹNIA TRIATHLONU / T-MOBILE RUNNING TEAM	M35	124	00:35:37	215	00:02:27	00:25:29	01:33:38	02:18:39	30	00:02:59	00:38:51							+00:21:51
125	KOŁODKO Juliusz	318	NADAKTYWNI	M35	125	00:36:46	267	00:03:00	00:27:41	01:42:04	02:33:37	205	00:02:47	00:35:51							+00:35:19
126	PRUCHNIEWSKI Sławomir	473	ASSECO ACTIVE TEAM	M35	126	00:35:53	244	00:02:58	00:28:32	01:45:26	02:37:03	258	00:02:12	00:38:42							+00:40:06
127	RUTKOWSKI Paweł	646	TRI NEGU	M35	127	5min	00:32:38	101	00:02:47	00:28:40	01:44:01	02:35:22	232	00:05:50	00:46:07						+00:46:02

				Swimming	Cycling				Race				DNF	
128	URBANOWICZ Kamil	200	M35	128	00:39:58 388	00:04:02	00:31:15	01:53:51	02:50:03 405	00:05:18	00:38:42			+01:01:21
129	KARWACKI Paweł	635	M35	129	00:44:03 510	00:03:11	00:31:05	01:54:37	02:48:08 383	00:03:18	00:49:37			+01:11:35
130	SZCZYGŁOWSKI Piotr	242	M35	130	00:34:07 149	00:03:25	00:30:32	01:54:11	02:54:00 447	00:04:38	01:00:04			+01:19:32
131	FIJAŁKOWSKI Tomasz	264	M35	131	00:28:52 27	00:03:29	00:29:22	01:42:07	02:30:09 155	00:03:17				+00:17:35
132	RUTECKI Wojtek	71	M35	132	00:47:57 553	00:03:44	00:32:43	01:56:26	02:51:08 418	00:04:29				+00:59:05
133	JANIK Przemysław	309	M35	133	00:35:47 236	00:02:24	00:25:50	01:33:29	02:16:59 17					+00:09:08
134	BUTNY Rafał	373	M35	134	00:30:53 57	00:02:14	00:27:02	01:38:08	02:26:18 104					+00:13:23
135	CIEŚLAK Michał	509	M35	135	00:39:30 365	00:03:44	00:32:56	02:02:13	03:04:56 517					+01:02:08
136	MARKOWSKI Marek	62	M35	136	00:28:31 26	00:02:19	00:26:38	01:34:33						+00:01:34
	WALIŃSKI Mikołaj	142	M35		00:30:10 39	00:02:13	00:26:03	01:34:17	02:18:34 28	00:02:32	00:32:42	DNF	DNF	
	CZAJA Jakub	8	M35		00:31:21 66							DNF	DNF	

Total 138 results.