

**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Urząd Miejski w Suszu  
2016-06-26  
Susz  
113 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kara	Pływanie		Rower				Bieg					Czas netto 113km	Czas łączny 113km	Różn		
							1.9km	Poz	17.3km	62.3km	90km	Poz	6.9km	13.9km	20.8km	20.9km	Poz					
1	KONIECZNY Marcin	15	NIEMANIEMOGE/TRIATHLONSERIESTEAM	M40	1		00:32:10	84	00:01:59	00:25:16	01:31:10	02:13:03	7	00:01:58	00:27:37	00:56:51	01:26:07	01:26:21	7	04:15:31.70	04:15:31.70	
2	ZIĘBA Adam	352	TRISPACE	M40	2		00:35:09	183	00:02:15	00:26:16	01:34:15	02:17:32	22	00:02:05	00:28:03	00:57:26	01:27:10	01:27:24	10	04:24:25.45	04:24:25.45	+00:08:53 (3.4%)
3	BISKUPSKI Mariusz	26	UKS TRS SUSZ	M40	3		00:28:20	23	00:02:17	00:26:50	01:36:04	02:20:07	40	00:02:34	00:30:28	01:02:27	01:34:40	01:34:53	35	04:28:11.90	04:28:11.90	+00:12:40 (4.7%)
4	NAGÓRSKI Kamil	593	TRINERGY TEAM	M40	4		00:27:33	14	00:02:37	00:27:55	01:39:15	02:24:28	76	00:02:10	00:29:10	01:00:01	01:31:27	01:31:38	24	04:28:26.55	04:28:26.55	+00:12:54 (4.8%)
5	RUCIŃSKI Jakub	563	HOTEL CZTERY BRZOZY- BIKE U UP	M40	5		00:32:41	103	00:02:31	00:23:43	01:28:34	02:10:49	5	00:02:20	00:33:19	01:09:11	01:42:04	01:42:22	85	04:30:43.95	04:30:43.95	+00:15:12 (5.6%)
6	WOJNAR Robert	205		M40	6		00:37:06	281	00:02:28	00:26:55	01:36:40	02:22:09	56	00:02:40	00:28:38	00:58:21	01:27:21	01:27:33	11	04:31:56.80	04:31:56.80	+00:16:25 (6.0%)
7	KALINOWSKI Piotr	372	LEKARSKA GRUPA KOLARSKA	M40	7		00:26:25	8	00:02:11	00:28:14	01:38:02	02:22:16	58	00:02:21	00:32:16	01:06:47	01:42:55	01:43:14	92	04:36:27.60	04:36:27.60	+00:20:55 (7.6%)
8	JABŁOŃSKI Jarosław	522	UKS TRS SUSZ	M40	8		00:35:36	214	00:02:26	00:26:33	01:38:14	02:23:51	67	00:02:11	00:29:38	01:01:12	01:34:38	01:34:54	36	04:38:58.20	04:38:58.20	+00:23:26 (8.4%)
9	KOZŁOWSKI Daniel	331	KTS IRONMAN KWIDZYN	M40	9		00:35:39	222	00:02:48	00:27:38	01:38:50	02:25:34	94	00:02:45	00:30:12	01:02:14	01:34:47	01:35:01	38	04:41:47.05	04:41:47.05	+00:26:15 (9.3%)
10	DOBRZAŃSKI Bartosz	584	TOMATO TRI TEAM	M40	10		00:29:58	37	00:02:10	00:27:29	01:37:35	02:21:32	51	00:02:49	00:33:26	01:08:42	01:45:13	01:45:29	109	04:41:58.50	04:41:58.50	+00:26:26 (9.4%)
11	BIESIADA Tomasz	239	TRINERGY	M40	11		00:35:38	219	00:03:02	00:27:08	01:37:58	02:25:37	96	00:02:38	00:31:06	01:05:42	01:40:38	01:40:55	66	04:47:50.40	04:47:50.40	+00:32:18 (11.2%)
12	GLEBOW Krzysztof	177	SPORTEVO	M40	12		00:33:42	123	00:02:46	00:27:18	01:39:30	02:26:59	112	00:02:49	00:31:38	01:05:25	01:41:39	01:41:57	80	04:48:13.35	04:48:13.35	+00:32:41 (11.3%)
13	DRABOT Andrzej	395	ASSECO ACTIVE TEAM	M40	13		00:35:40	223	00:03:01	00:28:19	01:39:39	02:26:14	103	00:02:30	00:31:01	01:05:35	01:41:35	01:41:53	79	04:49:18.15	04:49:18.15	+00:33:46 (11.7%)
14	ROSINSKI Jarosław	76	F3TEAM	M40	14		00:34:07	147	00:03:22	00:27:08	01:38:48	02:24:49	86	00:02:35	00:33:39	01:09:05	01:44:11	01:44:29	100	04:49:22.30	04:49:22.30	+00:33:50 (11.7%)
15	SZRAJNER Piotr	495	TRIATHLON SERIES TEAM	M40	15		00:34:14	157	00:03:05	00:30:13	01:46:37	02:33:53	208	00:02:18	00:29:09	01:02:37	01:36:33	01:36:50	47	04:50:20.40	04:50:20.40	+00:34:48 (12.0%)
16	SOBUCKI Jacek	517	UKS TRS SUSZ	M40	16		00:34:17	158	00:02:39	00:27:38	01:38:41	02:24:39	80	00:02:34	00:35:34	01:11:32	01:47:45	01:48:01	130	04:52:10.25	04:52:10.25	+00:36:38 (12.5%)
17	PUCH Robert	339	LABOSPORT TEAM	M40	17		00:37:09	283	00:02:47	00:27:00	01:38:32	02:24:03	71	00:02:42	00:32:57	01:08:34	01:45:29	01:45:45	110	04:52:26.60	04:52:26.60	+00:36:54 (12.6%)
18	NITSCHKE Maciej	330	WOLSZTYŃSKI KLUB BIEGOWY	M40	18		00:35:25	193	00:03:05	00:27:17	01:37:45	02:23:24	64	00:03:02	00:32:18	01:13:20	01:47:50	01:48:05	132	04:53:01.60	04:53:01.60	+00:37:29 (12.8%)
19	PAŁYSA Marek Negu	140	TRI NEGU	M40	19		00:38:29	325	00:03:23	00:27:32	01:40:34	02:28:02	120	00:02:59	00:32:17	01:06:44	01:40:51	01:41:04	68	04:53:57.20	04:53:57.20	+00:38:25 (13.1%)
20	KOZAKIEWICZ Ryszard	540	KUŹNIA TRIATHLONU	M40	20		00:36:56	271	00:03:24	00:27:36	01:38:22	02:25:08	89	00:03:17	00:33:52	01:09:02	01:45:02	01:45:20	108	04:54:05.55	04:54:05.55	+00:38:33 (13.1%)
21	BANACKI Sławek	218	AKADEMIA TRIATHLONU LABOSPORT	M40	21	5min	00:32:21	87	00:02:48	00:27:35	01:38:33	02:24:26	75	00:02:49	00:33:10	01:09:37	01:46:30	01:51:46	171	04:54:10.00	04:54:10.00	+00:38:38 (13.1%)
22	KWIECIEN Arek	75	TERENOWO.PL	M40	22		00:37:47	303	00:03:36	00:27:18	01:40:18	02:26:56	111	00:03:22	00:33:15	01:08:42	01:43:23	01:43:37	93	04:55:18.15	04:55:18.15	+00:39:46 (13.5%)
23	WILIŃSKI Tomasz	345	LABOSPORT TEAM	M40	23		00:35:50	242	00:02:42	00:27:37	01:40:15	02:27:01	113	00:02:22	00:32:01	01:08:57	01:47:35	01:47:51	127	04:55:46.20	04:55:46.20	+00:40:14 (13.6%)
24	BULA Piotr	361		M40	24		00:39:48	382	00:03:46	00:25:47	01:34:16	02:18:33	27	00:03:05	00:35:21	01:13:44	01:53:27	01:53:48	193	04:59:00.35	04:59:00.35	+00:43:28 (14.5%)

							Pływanie		Rower		Bieg										
25	FURMAŃSKI Krzysztof	531	UKS TRS	M40	25	00:35:01	179	00:02:59	00:29:46	01:46:13	02:34:29	212	00:02:48	00:34:48	01:10:23	01:44:39	01:44:52	104	05:00:09.40	05:00:09.40	+00:44:37 (14.9%)
26	GRZANECKI Rafał	442	PIER...NIEBIEGAM:)	M40	26	00:40:44	423	00:02:36	00:27:58	01:39:36	02:23:58	68	00:02:46	00:34:19	01:12:02	01:50:15	01:50:31	163	05:00:35.45	05:00:35.45	+00:45:03 (15.0%)
27	TOMASZEWSKI Jarosław	393	KS DELFIN	M40	27	00:39:04	344	00:03:26	00:28:04	01:41:42	02:30:35	161	00:03:26	00:34:16	01:10:06	01:44:15	01:44:30	101	05:01:01.30	05:01:01.30	+00:45:29 (15.1%)
28	KUHN Tomasz	351	AKADEMIA BIEGANIA GRUDZIĄDZ	M40	28	00:37:49	304	00:03:26	00:28:22	01:43:42	02:32:22	185	00:03:23	00:30:30	01:08:56	01:44:45	01:45:03	107	05:02:03.05	05:02:03.05	+00:46:31 (15.4%)
29	SZULC Piotr	672	LABOSPORT TEAM	M40	29	00:34:17	159	00:04:00	00:29:51	01:47:00	02:37:49	267	00:03:13	00:33:23	01:08:40	01:42:36	01:42:52	90	05:02:11.75	05:02:11.75	+00:46:40 (15.4%)
30	GOŁEMBIEWSKI Marek	277	MUKS PIĘTNASTKA/B4SPORT BYDGOSZCZ	M40	30	00:38:28	324	02:39:09			00:03:35	1							05:02:25.00	05:02:25.00	+00:46:53 (15.5%)
31	SIWIRSKI Robert	556	WTT	M40	31	00:37:05	280	00:02:50	00:33:08	01:46:03	02:33:42	206	00:02:36	00:32:49	01:08:47	01:46:19	01:46:36	115	05:02:49.55	05:02:49.55	+00:47:17 (15.6%)
32	KUBASIAK Krzysztof	453	KT WATER KNIGHTS	M40	32	00:40:58	430	00:02:54	00:28:54	01:40:56	02:28:17	124	00:03:19	00:34:32	01:11:50	01:48:51	01:49:03	149	05:04:31.60	05:04:31.60	+00:48:59 (16.1%)
33	SOBECKI Filip	577	KS IRONMAN SZCZECIN	M40	33	00:33:47	127	00:02:19	00:29:40	01:44:21	02:35:03	222	00:03:26	00:34:31	01:11:16	01:50:01	01:50:22	161	05:04:57.45	05:04:57.45	+00:49:25 (16.2%)
34	MAJEWSKI Marek	544	KUŹNIA TRIATHLONU	M40	34	00:40:42	420	00:03:40	00:29:50	01:46:56	02:38:12	276	00:03:06	00:32:13	01:05:58	01:40:13	01:40:25	64	05:06:05.00	05:06:05.00	+00:50:33 (16.5%)
35	AUGUSTYNIAK Mariusz	591	UKS TRS SUSZ	M40	35	00:38:45	337	00:03:25	01:43:42		02:32:38	190	00:02:39	00:34:55	01:11:48	01:48:33	01:48:48	144	05:06:15.20	05:06:15.20	+00:50:43 (16.6%)
36	IGIELSKI Armin	278	TANCIA TEAM	M40	36	00:31:25	70	00:02:53	00:28:29	01:39:22	02:26:14	102	00:02:28	00:34:24	01:14:53	02:03:42	02:04:03	313	05:07:03.00	05:07:03.00	+00:51:31 (16.8%)
37	SURDYN Damian	109		M40	37	00:37:36	298	00:03:01	00:28:53	01:43:16	02:32:35	188	00:02:58	00:35:39	01:12:36	01:51:42	01:52:00	173	05:08:10.80	05:08:10.80	+00:52:39 (17.1%)
38	RAKOWSKI Tomasz	664	RAKU TEAM	M40	38	00:35:31	204	00:03:55	00:29:27	01:47:35	02:38:43	280	00:03:12	00:34:24	01:11:34	01:51:06	01:51:23	169	05:12:44.15	05:12:44.15	+00:57:12 (18.3%)
39	RUTKA Radosław	356	KTS IRONMAN KWIDZYN	M40	39	00:30:44	53	00:04:01	00:29:43	01:46:25	02:35:27	236	00:04:08	00:35:58	01:15:33	01:58:05	01:58:28	251	05:12:48.15	05:12:48.15	+00:57:16 (18.3%)
40	ŁAKOSMKI Olek	37	LUFT TRI TEAM	M40	40	00:33:45	125	00:03:04	00:30:12	01:46:24	02:35:08	226	00:02:45	00:34:39	01:14:50	01:58:17	01:58:30	252	05:13:12.35	05:13:12.35	+00:57:40 (18.4%)
41	ROKICKI Leszek	178	ENDUROMAN	M40	41	00:41:37	450	00:03:41	00:29:32	01:45:45	02:35:46	241	00:03:23	00:33:43	01:11:58	01:50:08	01:50:20	159	05:14:47.65	05:14:47.65	+00:59:15 (18.8%)
42	JANKOWSKI Tomasz	633	TRISPACE	M40	42	00:38:44	335	00:03:32	00:29:31	01:45:07	02:35:08	225	00:02:59	00:35:10	01:13:37	01:54:42	01:54:57	210	05:15:20.60	05:15:20.60	+00:59:48 (19.0%)
43	BIELIŃSKI Piotr	316	POWERSYSTEM/TRIATHLON TRÓJMIASTO	M40	43	00:42:38	470	00:03:09	00:28:51	01:43:43	02:30:26	158	00:02:51	00:34:22	01:17:11	01:57:23	01:57:41	241	05:16:45.75	05:16:45.75	+01:01:14 (19.3%)
44	ZYNTEK Bartłomiej	51	SMARUJ NA TRENING	M40	44	00:36:52	270	00:03:13	00:29:11	01:45:50	02:35:32	237	00:03:21	00:36:16	01:16:59	01:57:52	01:58:14	246	05:17:12.20	05:17:12.20	+01:01:40 (19.4%)
45	SŁODKI Maciej	491	PTT DELTA	M40	45	00:39:12	351	00:03:30	00:29:52	01:48:13	02:39:06	289	00:03:21	00:36:20	01:14:25	01:52:20	01:52:38	180	05:17:47.65	05:17:47.65	+01:02:15 (19.6%)
46	MOJSIEWICZ Sławomir	388	STIRW-CKRW	M40	46	00:35:40	224	00:03:06	00:31:10	01:50:21	02:41:02	312	00:02:50	00:35:43	01:15:11	01:55:01	01:55:15	212	05:17:53.95	05:17:53.95	+01:02:22 (19.6%)
47	STAWIARZ Paweł	335		M40	47	00:32:46	105	00:03:25	00:29:43	01:43:53	02:32:43	194	00:03:09	00:38:35	01:22:27	02:05:39	02:05:57	336	05:18:00.10	05:18:00.10	+01:02:28 (19.6%)
48	JEDRZEJCZYK Piotr	186		M40	48	00:43:44	500	00:03:47	00:30:53	01:51:24	02:45:02	345	00:03:38	00:33:03	01:07:09	01:42:28	01:42:45	88	05:18:56.15	05:18:56.15	+01:03:24 (19.9%)
49	SZAŁKOWSKI Tomasz	610	KST IRONMAN KWIDZYN	M40	49	00:35:44	230	00:02:42	00:27:35	01:38:54	02:25:19	90	00:03:40	00:40:12	01:25:28	02:11:24	02:11:43	395	05:19:08.35	05:19:08.35	+01:03:36 (19.9%)
50	DEREWECKI Jarek	224	TRIATHLON TRÓJMIASTO	M40	50	00:38:48	339	00:03:12	00:30:30	01:47:06	02:39:50	298	00:03:07	00:35:15	01:15:14	01:54:02	01:54:23	201	05:19:20.55	05:19:20.55	+01:03:48 (20.0%)
51	SKUPIEŃ Konrad	226		M40	51	00:39:52	384	00:03:32	00:29:24	01:44:00	02:32:21	184	00:02:53	00:33:04	01:12:56	02:00:45	02:01:03	280	05:19:41.60	05:19:41.60	+01:04:09 (20.1%)
52	PERGOŁ Bogusław	33		M40	52	00:32:30	94	00:03:28	00:33:49	01:50:23	02:39:44	297	00:02:55	00:37:26	01:20:28	02:03:01	02:03:19	305	05:21:56.05	05:21:56.05	+01:06:24 (20.6%)
53	DWORAK Paweł	657	NON IRON	M40	53	00:35:42	226	00:03:07	00:29:13	01:45:26	02:35:14	228	00:02:59	00:36:03	01:20:39	02:04:42	02:05:19	327	05:22:21.75	05:22:21.75	+01:06:50 (20.7%)
54	SKURZAK Michał	73		M40	54	00:41:27	446	00:03:43	00:28:33	01:45:43	02:35:43	239	00:04:00	00:37:29	01:17:50	01:58:16	01:58:35	253	05:23:28.50	05:23:28.50	+01:07:56 (21.0%)
55	KLOMFAS Miron Lech	649	TRI SPACE	M40	55	00:38:27	322	00:02:29	00:29:52	01:47:37	02:38:54	285	00:02:41	00:37:26	01:22:44	02:02:23	02:02:40	294	05:25:11.20	05:25:11.20	+01:09:39 (21.4%)
56	BŁAŻEJCZYK Jack	127		M40	56	00:40:09	396	00:05:34	00:32:03	01:55:22	02:48:42	388	00:03:59	00:32:20	01:07:42	01:48:13	01:48:34	140	05:26:58.75	05:26:58.75	+01:11:27 (21.9%)

							Pływanie		Rower				Bieg								
57	<b>CELMER Piotr</b>	<b>398</b>	TRIWAWA	M40	57	<b>00:42:11</b>	460	00:03:39	00:31:40	01:53:07	<b>02:46:51</b>	<b>365</b>	00:03:46	00:34:44	01:13:24	01:51:23	<b>01:51:43</b>	<b>170</b>	<b>05:28:10.65</b>	<b>05:28:10.65</b>	+01:12:38 (22.1%)
58	<b>SIEMIANOWSKI Sławek</b>	<b>518</b>	UKS TRS SUSZ	M40	58	<b>00:34:09</b>	151	00:03:21	00:30:21	01:49:13	<b>02:42:24</b>	<b>327</b>	00:03:19	00:39:30	01:21:41	02:04:59	<b>02:05:26</b>	<b>329</b>	<b>05:28:39.70</b>	<b>05:28:39.70</b>	+01:13:08 (22.3%)
59	<b>CHYŁKOWSKI Marcin</b>	<b>565</b>	CYTRINOWI BIEGACZE	M40	59	<b>00:40:25</b>	413	00:02:19	00:31:30	01:53:17	<b>02:45:17</b>	<b>347</b>	00:02:46	00:35:26	01:15:45	01:57:40	<b>01:57:55</b>	<b>242</b>	<b>05:28:42.90</b>	<b>05:28:42.90</b>	+01:13:11 (22.3%)
60	<b>WOŹNIAK Arkadiusz</b>	<b>508</b>		M40	60	<b>00:39:41</b>	372	00:03:51	00:28:09	01:44:35	<b>02:35:49</b>	<b>242</b>	00:04:13	00:38:34	01:20:51	02:05:23	<b>02:05:37</b>	<b>332</b>	<b>05:29:11.00</b>	<b>05:29:11.00</b>	+01:13:39 (22.4%)
61	<b>MAJKOWSKI Michał</b>	<b>445</b>		M40	61	<b>00:41:41</b>	452	00:03:16	00:31:40	01:54:23	<b>02:50:29</b>	<b>408</b>	00:03:36	00:35:09	01:12:52	01:50:30	<b>01:50:45</b>	<b>165</b>	<b>05:29:47.80</b>	<b>05:29:47.80</b>	+01:14:16 (22.5%)
62	<b>ŻESŁAWSKI Robert</b>	<b>560</b>	VICTORIA ZAWIERCIE	M40	62	<b>00:34:05</b>	144	00:03:07	00:31:58	01:55:00	<b>02:51:51</b>	<b>427</b>	00:02:45	00:38:45	01:19:25	01:58:13	<b>01:58:26</b>	<b>250</b>	<b>05:30:14.05</b>	<b>05:30:14.05</b>	+01:14:42 (22.6%)
63	<b>WASILEWSKI Mirosław</b>	<b>195</b>	ORKAMASTERS IŁAWA	M40	63	<b>00:40:44</b>	424	00:03:32	00:29:11	01:46:33	<b>02:39:17</b>	<b>292</b>	00:04:02	00:41:20	01:22:35	02:03:01	<b>02:03:19</b>	<b>304</b>	<b>05:30:54.65</b>	<b>05:30:54.65</b>	+01:15:22 (22.8%)
64	<b>MRÓZ Tomasz</b>	<b>383</b>		M40	64	<b>00:39:53</b>	385	00:03:49	00:29:30	01:47:09	<b>02:37:53</b>	<b>269</b>	00:03:18	00:39:39	01:23:38	02:06:04	<b>02:06:23</b>	<b>339</b>	<b>05:31:16.05</b>	<b>05:31:16.05</b>	+01:15:44 (22.9%)
65	<b>TREDER Wiesław</b>	<b>285</b>	SUPRA	M40	65	<b>00:46:28</b>	538	00:03:15	00:30:47	01:49:23	<b>02:40:03</b>	<b>301</b>	00:03:34	00:36:34	01:17:48	01:57:55	<b>01:58:17</b>	<b>247</b>	<b>05:31:37.35</b>	<b>05:31:37.35</b>	+01:16:05 (22.9%)
66	<b>KAC Marek</b>	<b>606</b>	UKS TRI-TEAM RUMIA	M40	66	<b>00:35:19</b>	188	00:03:42	00:30:17	01:47:28	<b>02:39:00</b>	<b>286</b>	00:03:08	00:44:56	01:28:58	02:11:09	<b>02:11:26</b>	<b>394</b>	<b>05:32:35.40</b>	<b>05:32:35.40</b>	+01:17:03 (23.2%)
67	<b>MARKUSZEWSKI Waldemar</b>	<b>519</b>	UKS TRS SUSZ	M40	67	<b>00:40:14</b>	399	00:03:25	00:30:32	01:47:46	<b>02:39:10</b>	<b>290</b>	00:03:01	00:38:13	01:19:49	02:07:06	<b>02:07:24</b>	<b>352</b>	<b>05:33:14.30</b>	<b>05:33:14.30</b>	+01:17:42 (23.3%)
68	<b>JUST Wojciech</b>	<b>558</b>		M40	68	<b>00:34:13</b>	156	00:03:32	00:30:24	01:49:52	<b>02:43:53</b>	<b>339</b>	00:04:43	00:40:07	01:24:05	02:08:32	<b>02:08:46</b>	<b>366</b>	<b>05:35:07.40</b>	<b>05:35:07.40</b>	+01:19:35 (23.8%)
69	<b>POCHYLSKI Przemysław</b>	<b>265</b>	ZGRUPKA TEAM	M40	69	<b>00:38:28</b>	323	00:03:22	00:30:24	01:54:14	<b>02:49:45</b>	<b>398</b>	00:03:37	00:38:06	01:18:17	02:00:31	<b>02:00:49</b>	<b>275</b>	<b>05:36:01.70</b>	<b>05:36:01.70</b>	+01:20:30 (24.0%)
70	<b>KLUSKA Piotr</b>	<b>427</b>	GRUPA WIRTUALNA POLSKA TRIATHLON TEAM	M40	70	<b>00:40:15</b>	401	00:03:40	00:29:49	01:47:22	<b>02:39:04</b>	<b>288</b>	00:03:12	00:38:48	01:24:03	02:09:41	<b>02:09:56</b>	<b>378</b>	<b>05:36:07.75</b>	<b>05:36:07.75</b>	+01:20:36 (24.0%)
71	<b>KRZESAK Adam</b>	<b>439</b>	TRINERGY	M40	71	<b>00:38:00</b>	308	00:03:14	00:32:49	01:56:05	<b>02:49:48</b>	<b>402</b>	00:02:42	00:36:34	01:16:32	02:03:07	<b>02:03:29</b>	<b>306</b>	<b>05:37:13.25</b>	<b>05:37:13.25</b>	+01:21:41 (24.2%)
72	<b>DĄBROWSKI Tomasz</b>	<b>477</b>	SWIMMERS MASTERS TEAM	M40	72	<b>00:39:29</b>	363	00:03:35	00:28:21	01:45:00	<b>02:36:30</b>	<b>252</b>	00:04:09	00:42:03	01:28:30	02:15:33	<b>02:15:50</b>	<b>424</b>	<b>05:39:33.45</b>	<b>05:39:33.45</b>	+01:24:01 (24.7%)
73	<b>KAPUSNIAK Tomasz</b>	<b>670</b>	TAK DLA TRANSPLANTACJI	M40	73	<b>00:39:01</b>	343	00:03:47	00:29:41	01:52:49	<b>02:44:03</b>	<b>340</b>	00:04:14	00:41:48	01:23:57	02:08:09	<b>02:08:32</b>	<b>362</b>	<b>05:39:37.80</b>	<b>05:39:37.80</b>	+01:24:06 (24.8%)
74	<b>KOŹŁOWSKI Bogdan</b>	<b>291</b>	TRI NEGU	M40	74	<b>00:43:09</b>	489	00:04:21	00:31:11	01:51:12	<b>02:45:20</b>	<b>349</b>	00:03:59	00:38:11	01:19:56	02:04:32	<b>02:04:52</b>	<b>319</b>	<b>05:41:41.60</b>	<b>05:41:41.60</b>	+01:26:09 (25.2%)
75	<b>KALINOWSKI Grzegorz</b>	<b>594</b>	GVT	M40	75	<b>00:50:47</b>	571	00:03:31	00:32:07	01:54:58	<b>02:48:45</b>	<b>389</b>	00:02:56	00:37:31	01:18:09	01:57:31	<b>01:57:41</b>	<b>239</b>	<b>05:43:40.65</b>	<b>05:43:40.65</b>	+01:28:08 (25.6%)
76	<b>NOWAKOWSKI Rafał</b>	<b>83</b>	KUŹNIA TRIATHLONU	M40	76	<b>00:35:13</b>	184	00:04:02	00:31:17	01:54:23	<b>02:49:48</b>	<b>401</b>	00:03:59	00:42:40	01:28:33	02:12:27	<b>02:12:43</b>	<b>401</b>	<b>05:45:45.30</b>	<b>05:45:45.30</b>	+01:30:13 (26.1%)
77	<b>SZLYK Maciej</b>	<b>494</b>		M40	77	<b>00:35:37</b>	216	00:04:01	00:29:44	01:50:26	<b>02:45:58</b>	<b>355</b>	00:03:26	00:42:14	01:28:02	02:16:38	<b>02:16:58</b>	<b>430</b>	<b>05:46:00.35</b>	<b>05:46:00.35</b>	+01:30:28 (26.1%)
78	<b>ADAMOWICZ Piotr</b>	<b>116</b>	F3TEAM	M40	78	<b>00:37:04</b>	278	00:03:22	00:29:49	01:53:21	<b>02:50:22</b>	<b>406</b>	00:04:31	00:42:39	01:25:54	02:10:53	<b>02:11:08</b>	<b>393</b>	<b>05:46:27.55</b>	<b>05:46:27.55</b>	+01:30:55 (26.2%)
79	<b>DZIENIECKI Maciej</b>	<b>261</b>	VOLKSWAGEN POZNAŃ	M40	79	<b>00:35:17</b>	185	03:06:07											<b>05:46:31.70</b>	<b>05:46:31.70</b>	+01:31:00 (26.3%)
80	<b>CYBULSKI Konrad</b>	<b>121</b>	KLUB SPORTOWY CELIRONMAN S.A.	M40	80	<b>00:41:11</b>	437	00:03:49	00:31:41	01:55:04	<b>02:51:05</b>	<b>417</b>	00:03:19	00:36:28	01:20:21	02:07:24	<b>02:07:45</b>	<b>356</b>	<b>05:47:09.35</b>	<b>05:47:09.35</b>	+01:31:37 (26.4%)
81	<b>MIŚ Waldemar</b>	<b>57</b>	BPH RUNNERS TEAM	M40	81	<b>00:39:09</b>	349	00:04:19	00:32:09	01:56:27	<b>02:53:12</b>	<b>440</b>	00:03:43	00:41:02	01:24:43	02:07:29	<b>02:08:01</b>	<b>358</b>	<b>05:48:24.95</b>	<b>05:48:24.95</b>	+01:32:53 (26.7%)
82	<b>KOCUR Rafał</b>	<b>625</b>	AT TEAM	M40	82	<b>00:42:46</b>	475	00:03:38	00:32:53	01:59:33	<b>02:56:44</b>	<b>470</b>	00:03:13	00:36:05	01:16:29	02:01:56	<b>02:02:15</b>	<b>291</b>	<b>05:48:36.55</b>	<b>05:48:36.55</b>	+01:33:04 (26.7%)
83	<b>MICHALSKI Jakub</b>	<b>471</b>		M40	83	<b>00:34:13</b>	155	00:04:48	00:31:29	01:52:30	<b>02:48:27</b>	<b>384</b>	00:04:06	00:42:23	01:29:22	02:18:10	<b>02:18:25</b>	<b>439</b>	<b>05:49:59.95</b>	<b>05:49:59.95</b>	+01:34:28 (27.0%)
84	<b>MRÓZ Marek</b>	<b>474</b>	PASJA CZYNI WOLNYM / BIURO OBSŁUGI FIRM PIO-MAR	M40	84	<b>00:42:30</b>	468	00:03:58	00:33:22	01:58:49	<b>02:56:38</b>	<b>468</b>	00:03:22	00:38:27	01:20:42	02:04:59	<b>02:05:16</b>	<b>326</b>	<b>05:51:44.75</b>	<b>05:51:44.75</b>	+01:36:13 (27.4%)
85	<b>PLESS Wojciech</b>	<b>530</b>	PIAST ŁASIN	M40	85	<b>00:45:57</b>	533	00:04:37	00:32:47	01:56:29	<b>02:51:44</b>	<b>426</b>	00:04:01	00:37:58	01:20:45	02:05:39	<b>02:05:55</b>	<b>335</b>	<b>05:52:14.00</b>	<b>05:52:14.00</b>	+01:36:42 (27.5%)
86	<b>HOJNOWSKI Paweł</b>	<b>135</b>	F3TEAM	M40	86	<b>00:50:48</b>	572	00:03:57	00:33:30	01:58:20	<b>02:53:22</b>	<b>442</b>	00:03:33	00:33:35	01:13:50	02:00:23	<b>02:00:40</b>	<b>273</b>	<b>05:52:20.05</b>	<b>05:52:20.05</b>	+01:36:48 (27.5%)
87	<b>NOWAK Daniel</b>	<b>441</b>	KP PSP SZTUM	M40	87	<b>00:44:04</b>	511	00:03:48	00:30:28	01:50:02	<b>02:40:21</b>	<b>304</b>	00:04:24	00:45:17	01:33:59	02:22:56	<b>02:23:16</b>	<b>466</b>	<b>05:55:53.95</b>	<b>05:55:53.95</b>	+01:40:22 (28.2%)
88	<b>RYBAKOWSKI Darek</b>	<b>175</b>	IRONTEAM3CITY	M40	88	<b>00:39:06</b>	345	00:03:44	00:31:47	01:55:22	<b>02:54:26</b>	<b>451</b>	00:04:16	00:41:49	01:28:10	02:14:42	<b>02:15:06</b>	<b>416</b>	<b>05:56:38.40</b>	<b>05:56:38.40</b>	+01:41:06 (28.4%)

							Pływanie		Rower				Bieg								
89	CHAJĘCKI Karol	139	F3TEAM	M40	89	00:40:49	427	00:05:15	00:29:29	01:46:42	02:37:53	268	00:05:57	00:47:35	01:38:01	02:26:57	02:27:18	480	05:57:12.00	05:57:12.00	+01:41:40 (28.5%)
90	GEYDEROWICZ Jarek	197		M40	90	00:35:29	201	00:04:51	00:32:41	01:56:15	02:50:47	415	00:03:32	00:42:51	01:34:12	02:22:29	02:22:49	460	05:57:28.30	05:57:28.30	+01:41:56 (28.5%)
91	KAŻMIERCZAK Marcin	234	KLUB SPORTOWY CELIRONMAN S.A.	M40	91	00:34:19	161	00:03:50	00:27:34	01:45:30	02:40:12	303	00:05:44	00:56:29	01:42:19	02:33:56	02:34:19	502	05:58:24.40	05:58:24.40	+01:42:52 (28.7%)
92	MICHAŁOWSKI Radosław	391	RADZIO TRIM	M40	92	00:43:27	493	00:05:47	00:32:14	01:58:14	02:55:41	461	00:04:31	00:40:36	01:28:03	02:14:11	02:14:27	411	06:03:53.35	06:03:53.35	+01:48:21 (29.8%)
93	PRZYBYŁKOWICZ Jacek	204	BSL	M40	93	00:47:00	545	00:04:05	00:33:18	01:59:51	02:59:54	489	00:03:43	00:41:59	01:25:22	02:09:39	02:09:57	379	06:04:39.70	06:04:39.70	+01:49:08 (29.9%)
94	OLEKSÓW Piotr	624		M40	94	00:39:23	357	00:04:09	00:30:49	01:50:54	02:45:50	354	00:04:31	00:45:19	01:41:46	02:35:44	02:36:04	505	06:09:57.25	06:09:57.25	+01:54:25 (30.9%)
95	ZALEWSKI Marcin	529		M40	95	00:44:51	519	00:04:49	00:31:43	01:58:42	02:56:55	473	00:04:22	00:43:57	01:31:30	02:19:38	02:19:58	446	06:10:55.05	06:10:55.05	+01:55:23 (31.1%)
96	WEISS Damian	536		M40	96	00:45:07	521	00:03:37	00:31:47	01:56:36	02:54:23	450	00:03:02	00:49:16	01:38:11	02:26:51	02:27:12	479	06:13:21.75	06:13:21.75	+01:57:50 (31.6%)
97	LEŚNIEWSKI Jarek	492	TRINERGY	M40	97	00:38:07	312	00:04:12	00:32:57	01:57:16	02:52:24	434	00:03:59	00:47:02	01:41:37	02:34:47	02:35:03	504	06:13:45.05	06:13:45.05	+01:58:13 (31.6%)
98	NOLL Dariusz	112	TRIUNLIMITED	M40	98	00:42:22	465	00:03:53	00:32:02	01:56:19	02:52:47	438	00:05:16	00:46:58	01:37:59	02:30:28	02:30:48	490	06:15:06.05	06:15:06.05	+01:59:34 (31.9%)
99	ZAURSKI Paweł	215	TRIUNLIMITED	M40	99	00:49:48	562	00:05:00	00:34:48	02:06:44	03:05:23	522	00:05:01	00:41:58	01:26:29	02:12:26	02:12:53	405	06:18:05.15	06:18:05.15	+02:02:33 (32.4%)
100	HIRSZ Kamil Adam	238	KLUB SPORTOWY CELIRONMAN S.A.	M40	100	00:39:44	378	00:04:49	00:33:21	02:01:40	03:01:59	502	00:05:24	00:48:25	01:42:07	02:33:12	02:33:31	498	06:25:27.35	06:25:27.35	+02:09:55 (33.7%)
101	SZUCA Zbigniew	579	IRONTEAM3CITY	M40	101	00:43:00	484	00:04:50	00:36:54	02:13:35	03:17:28	559	00:03:49	00:44:20	01:31:55	02:17:28	02:17:42	436	06:26:49.10	06:26:49.10	+02:11:17 (33.9%)
102	ZIELONY Daniel	354	ALAUD	M40	102	00:48:25	555	00:05:29	00:31:49	01:54:09	02:49:21	393	00:05:36	00:49:12	01:41:52	02:37:41	02:37:59	510	06:26:50.95	06:26:50.95	+02:11:19 (33.9%)
103	IMIOLEK Adam	420		M40	103	00:45:56	532	00:05:48	00:36:07	02:09:24	03:09:14	540	00:04:56	00:44:15	01:35:30	02:28:38	02:29:03	485	06:34:57.20	06:34:57.20	+02:19:25 (35.3%)
104	BRULIŃSKI Krzysztof	403		M40	104	00:38:47	338	00:05:30	00:33:54	02:04:03	03:06:18	527	00:04:08	00:53:10	01:48:50	02:43:56	02:44:10	519	06:38:53.50	06:38:53.50	+02:23:21 (35.9%)
105	ANDRZEJCZYK Sebastian	122	TRINERGY	M40	105	00:34:53	175	00:02:46	00:28:14	01:42:28	02:30:39	163	00:03:06	00:45:50							+00:40:26
106	KALINOWSKI Krzysztof	233	F3TEAM / RWS GROUP	M40	106	00:31:20	65	00:03:34	00:29:13	01:47:06	02:38:22	278	00:05:10	00:50:10							+00:51:48
107	KAPICA Sławomir	386	KTS IRONMAN KWIDZYN	M40	107	00:38:11	314	00:04:44	00:30:28	01:48:38	02:42:21	326	00:00:10	00:49:30							+00:58:08
108	KORECKI Dariusz	108		M40	108	00:39:26	360	00:03:45	00:28:32	01:45:07	02:37:41	264	00:03:41	00:56:36							+01:04:21
109	SARNOWSKI Zbyszek	613	UKS TRS SUSZ	M40	109	5min 00:33:51	130	00:03:21	00:29:21	01:42:51	02:32:06	180	00:06:34								+00:26:42
110	LANGOWSKI Piotr	538	UKS TRS SUSZ	M40	110	00:35:38	218	00:02:40	00:30:57	01:51:11	02:50:46	412	00:05:12								+00:45:06
111	SOBCZAK Marcin	88	TRI DREAM TEAM	M40	111	00:43:07	487	00:03:56	00:31:22	01:57:48	03:01:06	495									+01:00:57
112	OSIŃSKI Michał	319		M40	112	00:36:03	247														+00:18:16
113	ZYCH Bartek	289	TRIENERGY	M40	113	00:35:33	208	00:03:00	00:25:26												+00:04:33
114	GROSZEWSKI Radosław	668	ROWERYSPORTOWY TRI NEGU	M40	114	00:35:49	240	00:03:27	00:28:34												+00:08:24
115	DĄBROWSKI Dariusz	24	LUFT TRI TEAM / ILABO SPORT	M40	115	00:30:25	46	00:02:33													+
	SIBIŃSKI Marcin	479	HTF	M40		00:42:32	469	03:03:49			00:04:22	2	00:00:04	00:51:22			00:53:05	1	DNF	DNF	
	SZCZOTKA Mariusz	90	LABO SPORT / AT TEAM	M40		00:32:24	88	00:02:53	00:26:22	01:35:46	02:19:55	37	00:03:03	00:33:32					DNF	DNF	

Znaleziono 117 wynik(ów)