

**Organizator:** Urząd Miejski w Suszu  
**Data:** 2016-06-25  
**Miejsce:** Susz  
**Dystans:** 26,5 km

Klasyfikacja: M45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie		T1		Rower		T2		Bieg		Czas		Różn
						0.75km	Poz			19.95km	Poz			5km	Poz	Czas netto 26km	Czas łączny 26km	
1	<b>GŁUSZKOWSKI Bogumił</b>	<b>645</b>	UKS CITYZEN_POZNAŃ	M45	1	<b>00:11:47</b>	45	00:02:02		<b>00:29:53</b>	<b>2</b>	00:02:22		<b>00:24:00</b>	<b>32</b>	<b>01:10:04.55</b>	<b>01:10:04.55</b>	
2	<b>PROKOP Jarosław</b>	<b>635</b>	CHOP ZE ŻELAZA TRI TEAM	M45	2	<b>00:11:58</b>	52	00:02:13		<b>00:31:58</b>	<b>40</b>	00:02:04		<b>00:23:42</b>	<b>28</b>	<b>01:11:55.85</b>	<b>01:11:55.85</b>	+00:01:51 (2.6%)
3	<b>PIEKARSKI Marek</b>	<b>452</b>	RESTAURACJA KING FU BYDGOSZCZ	M45	3	<b>00:14:19</b>	162	00:02:45		<b>00:33:19</b>	<b>90</b>	00:02:09		<b>00:23:19</b>	<b>19</b>	<b>01:15:51.65</b>	<b>01:15:51.65</b>	+00:05:47 (7.6%)
4	<b>SĄDEL Grzegorz</b>	<b>41</b>	ZKS JORGE DRZONKÓW	M45	4	<b>00:11:29</b>	36	00:02:54		<b>00:32:34</b>	<b>64</b>	00:02:24		<b>00:27:02</b>	<b>111</b>	<b>01:16:23.35</b>	<b>01:16:23.35</b>	+00:06:18 (8.3%)
5	<b>PERNAK Piotr</b>	<b>730</b>	SKITEAM.PL	M45	5	<b>00:13:48</b>	132	00:02:25		<b>00:31:52</b>	<b>36</b>	00:02:29		<b>00:26:26</b>	<b>91</b>	<b>01:17:00.00</b>	<b>01:17:00.00</b>	+00:06:55 (9.0%)
6	<b>JEDNASZEWSKI Andrzej</b>	<b>636</b>	AUDYTING SP. Z O.O.	M45	6	<b>00:12:56</b>	87	00:03:10		<b>00:34:45</b>	<b>162</b>	00:02:20		<b>00:26:32</b>	<b>97</b>	<b>01:19:43.60</b>	<b>01:19:43.60</b>	+00:09:39 (12.1%)
7	<b>GNIOT Jacek</b>	<b>243</b>	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M45	7	<b>00:16:58</b>	331	00:02:19		<b>00:32:39</b>	<b>66</b>	00:02:27		<b>00:25:22</b>	<b>59</b>	<b>01:19:45.60</b>	<b>01:19:45.60</b>	+00:09:41 (12.1%)
8	<b>WOZNIAK Jacek</b>	<b>299</b>	IRONTEAM	M45	8	<b>00:13:40</b>	127	00:02:54		<b>00:36:00</b>	<b>224</b>	00:02:32		<b>00:26:04</b>	<b>77</b>	<b>01:21:10.40</b>	<b>01:21:10.40</b>	+00:11:05 (13.7%)
9	<b>SŁODOWICZ Piotr</b>	<b>280</b>	GRUPA TRÓJMIASTO	M45	9	<b>00:17:44</b>	389	00:02:51		<b>00:33:00</b>	<b>78</b>	00:02:16		<b>00:26:47</b>	<b>103</b>	<b>01:22:38.40</b>	<b>01:22:38.40</b>	+00:12:33 (15.2%)
10	<b>PORTEE Wojciech</b>	<b>592</b>		M45	10	<b>00:14:01</b>	149	00:03:28		<b>00:34:39</b>	<b>156</b>	00:02:32		<b>00:29:34</b>	<b>207</b>	<b>01:24:14.05</b>	<b>01:24:14.05</b>	+00:14:09 (16.8%)
11	<b>GOSTOMSKI Mariusz</b>	<b>214</b>	TRI STAROGARD GDAŃSKI	M45	11	<b>00:17:13</b>	350	00:03:02		<b>00:34:13</b>	<b>132</b>	00:02:16		<b>00:27:31</b>	<b>126</b>	<b>01:24:15.90</b>	<b>01:24:15.90</b>	+00:14:11 (16.8%)
12	<b>BOGUCKI Krzysztof</b>	<b>101</b>	KUŹNIA TRIATHLONU	M45	12	<b>00:14:11</b>	156	00:03:16		<b>00:34:38</b>	<b>152</b>	00:02:57		<b>00:29:15</b>	<b>191</b>	<b>01:24:17.10</b>	<b>01:24:17.10</b>	+00:14:12 (16.9%)
13	<b>IRACKI Jacek</b>	<b>661</b>		M45	13	<b>00:12:51</b>	81	00:03:18		<b>00:36:10</b>	<b>232</b>	00:03:18		<b>00:29:00</b>	<b>184</b>	<b>01:24:37.20</b>	<b>01:24:37.20</b>	+00:14:32 (17.2%)
14	<b>OLLER Grzegorz</b>	<b>112</b>	TRI STAROGARD GDAŃSKI	M45	14	<b>00:15:26</b>	224	00:03:13		<b>00:35:23</b>	<b>195</b>	00:02:39		<b>00:28:15</b>	<b>157</b>	<b>01:24:56.45</b>	<b>01:24:56.45</b>	+00:14:51 (17.5%)
15	<b>GLEB Tomasz</b>	<b>502</b>	ELAKTYWNI-TRUSO	M45	15	<b>00:12:16</b>	65	00:03:35		<b>00:35:33</b>	<b>206</b>	00:02:29		<b>00:31:44</b>	<b>288</b>	<b>01:25:37.25</b>	<b>01:25:37.25</b>	+00:15:32 (18.2%)
16	<b>JUCHNOWICZ Radosław</b>	<b>208</b>	SMARUJ NA TRENING TEAM	M45	16	<b>00:16:51</b>	327	00:02:29		<b>00:33:48</b>	<b>116</b>	00:02:30		<b>00:30:23</b>	<b>231</b>	<b>01:26:01.20</b>	<b>01:26:01.20</b>	+00:15:56 (18.5%)
17	<b>GORAL Mieczysław</b>	<b>654</b>	SC ULTRA	M45	17	<b>00:16:39</b>	306	00:03:17		<b>00:36:23</b>	<b>242</b>	00:02:31		<b>00:27:44</b>	<b>135</b>	<b>01:26:34.05</b>	<b>01:26:34.05</b>	+00:16:29 (19.1%)

					Pływanie		Rower		Bieg		Czas		
18	<b>KOŁAKOWSKI</b> Mikołaj	<b>259</b>		M45	18	<b>00:13:16</b> 106	00:03:36	<b>00:36:14</b> 236	00:02:59	<b>00:31:16</b> 269	<b>01:27:21.60</b>	<b>01:27:21.60</b>	+00:17:17 (19.8%)
19	<b>SOWINSKI</b> Marcin	<b>30</b>	TRIATHLON PRO TEAM	M45	19	<b>00:15:45</b> 252	00:02:39	<b>00:35:03</b> 176	00:02:25	<b>00:31:48</b> 291	<b>01:27:40.60</b>	<b>01:27:40.60</b>	+00:17:36 (20.1%)
20	<b>TOPOLEWSKI</b> Jacek	<b>474</b>	ORKAMASTERS IŁAWA	M45	20	<b>00:14:40</b> 182	00:03:31	<b>00:36:11</b> 233	00:02:59	<b>00:32:00</b> 302	<b>01:29:21.95</b>	<b>01:29:21.95</b>	+00:19:17 (21.6%)
21	<b>CHMIELEWSKI</b> Marek	<b>566</b>		M45	21	<b>00:16:34</b> 303	00:03:44	<b>00:35:37</b> 209	00:04:07	<b>00:29:55</b> 218	<b>01:29:57.80</b>	<b>01:29:57.80</b>	+00:19:53 (22.1%)
22	<b>DUCHNOWSKI</b> Dariusz	<b>431</b>		M45	22	<b>00:15:52</b> 266	00:03:17	<b>00:38:09</b> 339	00:02:42	<b>00:31:17</b> 272	<b>01:31:17.00</b>	<b>01:31:17.00</b>	+00:21:12 (23.2%)
23	<b>MAKOWSKI</b> Mariusz	<b>17</b>	ARTMAR	M45	23	<b>00:13:52</b> 136	00:03:07	<b>00:36:44</b> 265	00:03:34	<b>00:34:10</b> 372	<b>01:31:27.70</b>	<b>01:31:27.70</b>	+00:21:23 (23.4%)
24	<b>JAWORSKI</b> Piotr	<b>199</b>		M45	24	<b>00:15:50</b> 262	00:03:17	<b>00:38:08</b> 337	00:03:23	<b>00:31:51</b> 293	<b>01:32:29.80</b>	<b>01:32:29.80</b>	+00:22:25 (24.2%)
25	<b>SAMBORSKI</b> Marcin	<b>383</b>		M45	25	<b>00:13:56</b> 142	00:03:28	<b>00:35:33</b> 205	00:02:40	<b>00:38:58</b> 467	<b>01:34:35.30</b>	<b>01:34:35.30</b>	+00:24:30 (25.9%)
26	<b>WIŃSKI</b> Andrzej	<b>295</b>	MUCHY NA ZĘBACH	M45	26	<b>00:15:26</b> 223	00:04:23	<b>00:39:52</b> 405	00:02:52	<b>00:33:28</b> 354	<b>01:36:01.65</b>	<b>01:36:01.65</b>	+00:25:57 (27.0%)
27	<b>ORLIK</b> Paweł	<b>578</b>	PERŁA FITNESS	M45	27	<b>00:18:19</b> 420	00:03:26	<b>00:40:53</b> 433	00:02:43	<b>00:32:31</b> 317	<b>01:37:52.05</b>	<b>01:37:52.05</b>	+00:27:47 (28.4%)
28	<b>WULCZYŃSKI</b> Zbigniew	<b>60</b>	SPORTEVO	M45	28	<b>00:19:49</b> 477	00:02:48	<b>00:37:11</b> 292	00:03:22	<b>00:34:55</b> 392	<b>01:38:05.55</b>	<b>01:38:05.55</b>	+00:28:01 (28.6%)
29	<b>WITCZAK</b> Dariusz	<b>283</b>	SPORT ZDROWIE KONDYCJA PIOTR SZEWCZUK ŚWIECIE	M45	29	<b>00:23:14</b> 541	00:04:08	<b>00:38:23</b> 347	00:03:16	<b>00:30:51</b> 249	<b>01:39:52.25</b>	<b>01:39:52.25</b>	+00:29:47 (29.8%)
30	<b>POGORZELSKI</b> Darek	<b>139</b>		M45	30	<b>00:21:45</b> 526	00:03:48	<b>00:38:47</b> 361	00:03:17	<b>00:33:12</b> 345	<b>01:40:49.10</b>	<b>01:40:49.10</b>	+00:30:44 (30.5%)
31	<b>FRONCKIEWICZ</b> Wojciech	<b>371</b>		M45	31	<b>00:17:02</b> 335	00:03:32	<b>00:40:11</b> 415	00:04:11	<b>00:36:48</b> 437	<b>01:41:44.65</b>	<b>01:41:44.65</b>	+00:31:40 (31.1%)
32	<b>KOMÓR</b> Rafał	<b>293</b>		M45	32	<b>00:18:25</b> 427	00:02:36	<b>00:39:35</b> 393	00:03:07	<b>00:39:21</b> 471	<b>01:43:04.30</b>	<b>01:43:04.30</b>	+00:32:59 (32.0%)
33	<b>ŻBIK</b> Piotr	<b>4</b>	EUCO TEAM	M45	33	<b>00:17:36</b> 378	00:04:14	<b>00:38:18</b> 342	00:03:10	<b>00:41:47</b> 501	<b>01:45:05.60</b>	<b>01:45:05.60</b>	+00:35:01 (33.3%)
34	<b>KINCEL</b> Krzysztof	<b>15</b>	ULINICROVITA-SILESIA C	M45	34	<b>00:22:41</b> 536	00:05:41	<b>00:43:21</b> 503	00:03:10	<b>00:31:31</b> 283	<b>01:46:24.50</b>	<b>01:46:24.50</b>	+00:36:19 (34.1%)
35	<b>SKOMOROWSKI</b> Maciej	<b>2</b>	EUCO TEAM	M45	35	<b>00:18:03</b> 409	00:03:57	<b>00:43:19</b> 500	00:04:01	<b>00:38:09</b> 459	<b>01:47:29.20</b>	<b>01:47:29.20</b>	+00:37:24 (34.8%)
36	<b>MIKA</b> Jarek	<b>331</b>	TAXONITY	M45	36	<b>00:27:38</b> 553	00:02:17	<b>00:41:41</b> 461	00:03:33	<b>00:34:58</b> 395	<b>01:50:07.30</b>	<b>01:50:07.30</b>	+00:40:02 (36.4%)
37	<b>LIPIŃSKI</b> Michał	<b>190</b>		M45	37	<b>00:19:58</b> 484	00:04:50	<b>00:41:53</b> 464	00:04:27	<b>00:40:34</b> 491	<b>01:51:42.15</b>	<b>01:51:42.15</b>	+00:41:37 (37.3%)
38	<b>STACHURSKI</b> Paweł	<b>149</b>		M45	38	<b>00:20:45</b> 504	00:04:06	<b>00:40:12</b> 416	00:03:48	<b>00:43:29</b> 517	<b>01:52:20.65</b>	<b>01:52:20.65</b>	+00:42:16 (37.6%)
39	<b>PĘCZKOWSKI</b> Andrzej	<b>579</b>	PERŁA FITNESS	M45	39	<b>00:20:56</b> 510	00:07:07	<b>00:39:49</b> 403	00:04:46	<b>00:42:01</b> 507	<b>01:54:39.70</b>	<b>01:54:39.70</b>	+00:44:35 (38.9%)
40	<b>KLAUZA</b> Wojciech	<b>521</b>		M45	40	<b>00:18:48</b> 445	00:04:30	<b>00:43:35</b> 506	00:04:39	<b>00:46:14</b> 534	<b>01:57:46.95</b>	<b>01:57:46.95</b>	+00:47:42 (40.5%)

Znaleziono 40 wynik(ów)