

# FESTIWAL 3 DNI

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** DZIKI WEEKEND 2023  
**Organizator:** Stowarzyszenie Klub Biegowy Dzik  
**Data:** 2023-08-18  
**Miejsce:** Police  
**Dystans:** 10 km



Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap 3	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MARZEC Karolina	164	DZIKIE DZIKI GORZÓW	K40	1	00:30:00.00	00:59:54.00	01:16:19.00	<b>02:46:13.00</b>		7:23	8.1 (100%)
2	MADRAK Anna	161	HULK TEAM POLICE	K40	2	00:31:37.00	01:06:39.00	01:25:52.00	<b>03:04:08.00</b>	+00:17:55 (9.7%)	8:11	7.3 (90.1%)
3	DUBIEL Monika	93	HELL'S HEAVEN SZCZECIN	K40	3	00:31:28.00	01:11:04.00	01:22:43.00	<b>03:05:15.00</b>	+00:19:02 (10.3%)	8:14	7.3 (90.1%)
4	LEWANDOWSKA Anna	155	HELL'S HEAVEN SZCZECIN	K40	4	00:31:50.00	01:07:54.00	01:26:28.00	<b>03:06:12.00</b>	+00:19:59 (10.7%)	8:16	7.3 (90.1%)
5	PONICHTERA Barbara	192	ZALATANI 1.BLTR	K40	5	00:38:21.00	01:16:18.00	01:41:42.00	<b>03:36:21.00</b>	+00:50:08 (23.2%)	9:36	6.2 (76.5%)
6	SUSZA Małgorzata	220		K40	6	00:32:44.00	01:09:22.00	01:57:49.00	<b>03:39:55.00</b>	+00:53:42 (24.4%)	9:46	6.1 (75.3%)
7	MASYS Agnieszka	165	GRUPA MALBORK	K40	7	00:32:31.00	01:13:55.00	02:06:47.00	<b>03:53:13.00</b>	+01:07:00 (28.7%)	10:21	5.8 (71.6%)
8	KOLEJ Monika	132	DZIKIE DZIKI GORZOW	K40	8	00:40:34.00	01:29:12.00	01:43:46.00	<b>03:53:32.00</b>	+01:07:19 (28.8%)	10:22	5.8 (71.6%)
9	WIECZOREK Magdalena	235		K40	9	00:40:34.00	01:26:43.00	01:51:40.00	<b>03:58:57.00</b>	+01:12:44 (30.4%)	10:37	5.6 (69.1%)
10	KRUK Agnieszka	143	GRUPA MALBORK	K40	10	00:33:41.00	01:30:15.00	02:06:43.00	<b>04:10:39.00</b>	+01:24:26 (33.7%)	11:08	5.4 (66.7%)
11	DANILUK-DUPLA Ewa	87	WIECZORNE BIEGANIE W SZCZECINIE	K40	11	00:35:08.00	01:18:35.00	02:17:34.00	<b>04:11:17.00</b>	+01:25:04 (33.9%)	11:10	5.4 (66.7%)
12	KUBIAK Monika	147	TRANING TANK	K40	12	00:36:46.00	01:26:21.00	02:09:38.00	<b>04:12:45.00</b>	+01:26:32 (34.2%)	11:14	5.3 (65.4%)
13	BEDNARZ Katarzyna	71	NESSI TEAM	K40	13	00:42:10.00	01:20:48.00	02:16:51.00	<b>04:19:49.00</b>	+01:33:36 (36.0%)	11:32	5.2 (64.2%)
14	STACHOWICZ Małgorzata	217		K40	14	00:42:20.00	01:34:37.00	02:06:55.00	<b>04:23:52.00</b>	+01:37:39 (37.0%)	11:43	5.1 (63.0%)
15	MARKS Katarzyna	163	STOWARZYSZENIE DOŁUJE KOŚCINO	K40	15	00:40:15.00	01:29:45.00	02:17:34.00	<b>04:27:34.00</b>	+01:41:21 (37.9%)	11:53	5 (61.7%)
16	MATUSZEWSKA Edyta	167	WIECZORNE BIEGANIE W SZCZECINIE	K40	16	00:42:22.00	01:29:46.00	02:17:35.00	<b>04:29:43.00</b>	+01:43:30 (38.4%)	11:59	5 (61.7%)
17	PRABUCKA Karolina	196		K40	17	00:47:18.00	01:34:41.00	02:21:28.00	<b>04:43:27.00</b>	+01:57:14 (41.4%)	12:35	4.8 (59.3%)
18	BARSZCZEWSKA Małgorzata	67	BIEGACZE ŚWINOUJŚCIE	K40	18	00:47:38.00	01:37:04.00	02:25:10.00	<b>04:49:52.00</b>	+02:03:39 (42.7%)	12:52	4.7 (58.0%)
19	OSTROWSKA Ina	184		K40	19	00:48:02.00	01:41:04.00	02:33:59.00	<b>05:03:05.00</b>	+02:16:52 (45.2%)	13:28	4.5 (55.6%)
20	BZDAWKA Joanna	78		K40	20	00:47:36.00	01:54:02.00	02:25:57.00	<b>05:07:35.00</b>	+02:21:22 (46.0%)	13:40	4.4 (54.3%)

Znaleziono 20 wynik(ów)