

FIVE SEASIDE - KOŁOBRZESKI BIEG 5KM

B4SPORT

Organizator: Seaside Park Hotel Kołobrzeg
Data: 2025-03-01
Miejsce: Kołobrzeg
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	CZERNIEWSKI Marcin	154	AML SŁUPSK	M-30	1	00:07:52	00:16:08.20		3:13	18.6 (100%)
2	WITKOWSKI Mateusz	148		M-30	2	00:08:01	00:16:28.10	+00:00:19 (2.0%)	3:17	18.2 (97.8%)
3	SARBAK Bartosz	113	12 PUŁK LOGISTYCZNY	M-15	1	00:08:00	00:16:28.75	+00:00:20 (2.1%)	3:17	18.2 (97.8%)
4	ŁUKASZEWSKI Sebastian	78	ATLAS RUNNING TEAM	M-40	1	00:08:24	00:17:13.75	+00:01:05 (6.3%)	3:26	17.4 (93.5%)
5	KUBIAK Michał	68	NIGHT RUNNERS	M-40	2	00:08:25	00:17:14.25	+00:01:06 (6.4%)	3:26	17.4 (93.5%)
6	STADNIK Rafał	123		M-40	3	00:08:24	00:17:24.70	+00:01:16 (7.3%)	3:28	17.2 (92.5%)
7	ISKRA Paweł	32	CTS	M-30	3	00:08:30	00:17:34.55	+00:01:26 (8.2%)	3:30	17.1 (91.9%)
8	KRYZEL Tomasz	64	KUJAWSCY RUNNERS	M-30	4	00:08:33	00:17:41.15	+00:01:32 (8.8%)	3:32	17 (91.4%)
9	SIADAK Arkadiusz	117		M-40	4	00:08:39	00:17:46.15	+00:01:37 (9.2%)	3:33	16.9 (90.9%)
10	ANDRZEJEWSKI Marcin	2	12 PÓŁK KOŁOBRZEG	M-40	5	00:08:47	00:17:52.45	+00:01:44 (9.7%)	3:34	16.8 (90.3%)
11	BARAŃSKI Przemysław	3	MLUKS TRZEBIATÓW	M-30	5	00:08:40	00:17:57.70	+00:01:49 (10.2%)	3:35	16.7 (89.8%)
12	WERS Krzysztof	143	NADMORSKY BIEGACZE KOŁOBRZEG	M-30	6	00:08:42	00:18:00.10	+00:01:51 (10.4%)	3:36	16.7 (89.8%)
13	BOCHEŃKO Daniel	135	MD RUN TRAINING	M-50	1	00:08:43	00:18:07.40	+00:01:59 (11.0%)	3:37	16.6 (89.2%)
14	PARCHETA Wojciech	99	LANGE THREE COACH	M-15	2	00:08:51	00:18:10.85	+00:02:02 (11.2%)	3:38	16.5 (88.7%)
15	GUZOWSKI Dariusz	25	TALEX BORYSŁAW BORZYTUCHOM	M-50	2	00:08:50	00:18:21.35	+00:02:13 (12.1%)	3:40	16.3 (87.6%)
16	PROŚNIEWSKI Mirosław	107	GRYFICKA SIŁA BIEGOWA	M-40	6	00:09:12	00:19:06.10	+00:02:57 (15.5%)	3:49	15.7 (84.4%)
17	KRYNICKA GRZYB Małgorzata	63	MLUKS TRZEBIATÓW	K-30	1	00:09:22	00:19:11.25	+00:03:03 (15.9%)	3:50	15.6 (83.9%)
18	HOŁUB Kamil	82		M-40	7	00:09:22	00:19:12.40	+00:03:04 (16.0%)	3:50	15.6 (83.9%)
19	SŁUPCZEWSKI Krzysztof	121	TKKF KOSZALIN	M-40	8	00:09:37	00:19:13.40	+00:03:05 (16.1%)	3:50	15.6 (83.9%)
20	BOLECHOWSKI Cezary	7		M-15	3	00:09:32	00:19:21.90	+00:03:13 (16.7%)	3:52	15.5 (83.3%)
21	KULCZYK Jerzy	71		M-60	1	00:09:32	00:19:23.35	+00:03:15 (16.8%)	3:52	15.5 (83.3%)
22	PĘKAŁA Mikołaj	103	INFERNO RUNING TEAM	M-15	4	00:09:36	00:19:24.05	+00:03:15 (16.8%)	3:52	15.5 (83.3%)
23	SKORYCH Andrii	119	NADMORSKY BIEGACZE KOŁOBRZEG	M-30	7	00:09:33	00:19:25.40	+00:03:17 (16.9%)	3:53	15.5 (83.3%)
24	WIĘKOWSKA Sandra	145		K-30	2	00:09:26	00:19:37.85	+00:03:29 (17.8%)	3:55	15.3 (82.3%)
25	LEMAŃSKA Maja	73	MKL SZCZECIN	K-15	1	00:09:39	00:19:52.30	+00:03:44 (18.8%)	3:58	15.1 (81.2%)
26	SILSKI Michał	118	LESZCZE	M-30	8	00:10:03	00:19:53.20	+00:03:45 (18.9%)	3:58	15.1 (81.2%)
27	JĘDRZEJEWSKI Łukasz	39		M-40	9	00:09:54	00:19:54.80	+00:03:46 (19.0%)	3:58	15.1 (81.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
28	NOWICKI Michał	93	GIZA TEAM	M-40	10	00:09:48	00:20:01.15	+00:03:52 (19.4%)	4:00	15 (80.6%)
29	DURKA Rafał	18		M-30	9	00:10:01	00:20:06.30	+00:03:58 (19.7%)	4:01	14.9 (80.1%)
30	CYSEWSKI Krzysztof	156		M-30	10	00:09:53	00:20:24.50	+00:04:16 (20.9%)	4:04	14.7 (79.0%)
31	CHRZANOWSKI Mariusz	9	NADMORSKY BIEGACZE KOŁOBRZEG	M-50	3	00:10:00	00:20:36.20	+00:04:28 (21.7%)	4:07	14.6 (78.5%)
32	KAŁUŻA Michał	43		M-15	5	00:10:28	00:21:03.85	+00:04:55 (23.4%)	4:12	14.3 (76.9%)
33	KAMIŃSKI Gracjan	44		M-30	11	00:10:25	00:21:10.30	+00:05:02 (23.8%)	4:14	14.2 (76.3%)
34	WIŚNIEWSKA Magdalena	146		K-40	1	00:10:24	00:21:19.50	+00:05:11 (24.3%)	4:15	14.1 (75.8%)
35	KUBIK Krystian	69	RUN GRYF GRYFICE	M-30	12	00:10:09	00:21:22.50	+00:05:14 (24.5%)	4:16	14 (75.3%)
36	CIEŚLEWICZ Hubert	11		M-30	13	00:10:19	00:21:32.55	+00:05:24 (25.1%)	4:18	13.9 (74.7%)
37	SZCZUPACZYŃSKI Arkadiusz	130	GRYFICKA SIŁA BIEGOWA	M-60	2	00:10:36	00:21:37.65	+00:05:29 (25.4%)	4:19	13.9 (74.7%)
38	ZWOLIŃSKI Jan	151	TKKF KOSZALIN	M-50	4	00:10:43	00:21:40.90	+00:05:32 (25.6%)	4:20	13.8 (74.2%)
39	MOSZYŃSKI Jacek	86	TKKF KOSZALIN	M-60	3	00:10:57	00:21:41.00	+00:05:32 (25.6%)	4:20	13.8 (74.2%)
40	KAŁUŻA Mariusz	42	NADMORSKIE STOWARZYSZENIE	M-40	11	00:10:57	00:21:41.40	+00:05:33 (25.6%)	4:20	13.8 (74.2%)
41	HAŁKA Justyna	27	TRUCHT ŁOBEZ	K-40	2	00:10:33	00:21:44.05	+00:05:35 (25.8%)	4:20	13.8 (74.2%)
42	ZYGAN Marcin	152	NADMORSKIE STOWARZYSZENIE	M-40	12	00:10:54	00:21:55.90	+00:05:47 (26.4%)	4:23	13.7 (73.7%)
43	KIŻEWSKI Waldemar	48		M-40	13	00:10:37	00:22:00.95	+00:05:52 (26.7%)	4:24	13.6 (73.1%)
44	WIŚNIEWSKI Stanisław	147		M-40	14	00:10:41	00:22:10.25	+00:06:02 (27.2%)	4:26	13.5 (72.6%)
45	KNAPIK Rafał	51		M-40	15	00:11:04	00:22:10.95	+00:06:02 (27.3%)	4:26	13.5 (72.6%)
46	GRZEGORCZYK Rafał	23	GRYFICKA SIŁA BIEGOWA	M-50	5	00:10:44	00:22:13.10	+00:06:04 (27.4%)	4:26	13.5 (72.6%)
47	SARBIEWSKI Przemysław	114	HQ MNC NE	M-40	16	00:11:02	00:22:16.30	+00:06:08 (27.5%)	4:27	13.5 (72.6%)
48	ZABIELSKI Tomasz	150		M-40	17	00:11:09	00:22:16.40	+00:06:08 (27.6%)	4:27	13.5 (72.6%)
49	NIEMIAROWSKI Przemysław	88	STOWARZYSZENIE NADMORSKY BIEGACZE	M-40	18	00:10:56	00:22:20.60	+00:06:12 (27.8%)	4:28	13.4 (72.0%)
50	NOWICKA Karolina	92	GIZA TEAM	K-40	3	00:11:19	00:22:32.95	+00:06:24 (28.4%)	4:30	13.3 (71.5%)
51	BENTKOWSKA Natalia	6		K-30	3	00:11:08	00:22:36.45	+00:06:28 (28.6%)	4:31	13.3 (71.5%)
52	TRZECIAK Jakub	137		M-15	6	00:11:33	00:22:40.75	+00:06:32 (28.8%)	4:32	13.2 (71.0%)
53	LITWINOWICZ Renata	76		K-50	1	00:11:20	00:22:42.20	+00:06:34 (28.9%)	4:32	13.2 (71.0%)
54	OSTAPIŃSKI Michał	98	NADMORSKIE STOWARZYSZENIE	M-40	19	00:11:01	00:22:43.70	+00:06:35 (29.0%)	4:32	13.2 (71.0%)
55	DRAŻKOWSKI Tomasz	17		M-15	7	00:11:19	00:23:09.70	+00:07:01 (30.3%)	4:37	13 (69.9%)
56	HORNIATKIEWICZ Aleksander	30		M-60	4	00:11:32	00:23:14.40	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
57	KARPIŃSKI Marcin	45		M-40	20	00:11:23	00:23:14.45	+00:07:06 (30.6%)	4:38	12.9 (69.4%)
58	BARTCZAK Martyna	4		K-30	4	00:11:33	00:23:15.10	+00:07:06 (30.6%)	4:39	12.9 (69.4%)
59	JAREK Kiraga	36		M-30	14	00:11:03	00:23:18.35	+00:07:10 (30.8%)	4:39	12.9 (69.4%)
60	LEWANDOWSKI Jacek	75	NADMORSKY BIEGACZE	M-40	21	00:11:43	00:23:37.10	+00:07:28 (31.7%)	4:43	12.7 (68.3%)
61	SUDER-MAKSYMOWICZ Grzegorz	129	NADMORSKIE STOWARZYSZENIE	M-40	22	00:11:53	00:23:40.80	+00:07:32 (31.9%)	4:44	12.7 (68.3%)
62	STACHOWIAK Piotr	122		M-30	15	00:11:54	00:23:41.90	+00:07:33 (31.9%)	4:44	12.7 (68.3%)
63	STANKIEWICZ Lucyna	124	GRYFICKA SIŁA BIEGOWA	K-40	4	00:11:48	00:23:48.90	+00:07:40 (32.2%)	4:45	12.6 (67.7%)
64	PĘKAŁA Piotr	104		M-50	6	00:12:14	00:23:50.10	+00:07:41 (32.3%)	4:46	12.6 (67.7%)
65	NAZOREK Jacek	87		M-40	23	00:11:35	00:23:51.85	+00:07:43 (32.4%)	4:46	12.6 (67.7%)
66	WAŚOWICZ Anna	142		K-40	5	00:11:50	00:23:58.80	+00:07:50 (32.7%)	4:47	12.5 (67.2%)
67	SZPAK Robert	132	MOSIR KOŁOBRZEG	M-30	16	00:11:56	00:23:59.50	+00:07:51 (32.7%)	4:47	12.5 (67.2%)
68	RAFAŁ Dzikon	108	NADMORSKIE STOWARZYSZENIE	M-50	7	00:12:11	00:24:04.05	+00:07:55 (33.0%)	4:48	12.5 (67.2%)
69	DĄBROWSKA Alicja	14	TKKF KOSZALIN	K-50	2	00:12:00	00:24:08.75	+00:08:00 (33.2%)	4:49	12.4 (66.7%)
70	OLESIŃSKA Patrycja	95		K-30	5	00:11:52	00:24:28.20	+00:08:20 (34.1%)	4:53	12.3 (66.1%)
71	KUŻAJ Sławomir	72		M-60	5	00:11:37	00:24:32.50	+00:08:24 (34.2%)	4:54	12.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas		Tempo min/km	Tempo km/h
							netto	Różn		
72	ŚWIĄTEK Adam	134	NADMORSKIE STOWARZYSZENIE	M-30	17	00:11:17	00:24:33.25	+00:08:25 (34.3%)	4:54	12.2 (65.6%)
73	KAŁUŻA Marta	41	NADMORSKIE STOWARZYSZENIE	K-40	6	00:11:58	00:24:37.50	+00:08:29 (34.5%)	4:55	12.2 (65.6%)
74	WERS-SAWICKA Urszula	144	NADMORSKY BIEGACZE KOŁOBRZEG	K-30	6	00:12:03	00:24:41.20	+00:08:33 (34.6%)	4:56	12.2 (65.6%)
75	SAWICZ Agnieszka	115	TRENING TANK	K-30	7	00:11:58	00:24:48.25	+00:08:40 (34.9%)	4:57	12.1 (65.1%)
76	PŁUCIENNIK Mariusza	106		M-40	24	00:11:54	00:24:51.40	+00:08:43 (35.1%)	4:58	12.1 (65.1%)
77	RĘBELIŃSKA Anna	109	NADMORSKIE STOWARZYSZENIE	K-40	7	00:12:05	00:24:56.15	+00:08:47 (35.3%)	4:59	12 (64.5%)
78	FENGIER Maksym	20		M-40	25	00:12:36	00:25:00.75	+00:08:52 (35.5%)	5:00	12 (64.5%)
79	NOGA Sebastian	89		M-30	18	00:12:39	00:25:06.40	+00:08:58 (35.7%)	5:01	12 (64.5%)
80	KUBIAK Katarzyna	67		K-40	8	00:12:15	00:25:07.70	+00:08:59 (35.8%)	5:01	11.9 (64.0%)
81	KRZEWIŃSKA Małgorzata	65	TKKF KOSZALIN	K-60	1	00:12:33	00:25:24.15	+00:09:15 (36.5%)	5:04	11.8 (63.4%)
82	JĘDRZEJCZYK Franciszek	37		M-50	8	00:12:24	00:25:24.70	+00:09:16 (36.5%)	5:04	11.8 (63.4%)
83	SACZKA Aneta	111	NADMORSKY BIEGACZE KOŁOBRZEG	K-40	9	00:12:37	00:25:30.75	+00:09:22 (36.7%)	5:06	11.8 (63.4%)
84	OLESIŃSKI Marcin	96		M-30	19	00:11:53	00:25:31.50	+00:09:23 (36.8%)	5:06	11.8 (63.4%)
85	KASPROWICZ Przemysław	46	NADMORSKY BIEGACZE KOŁOBRZEG	M-40	26	00:12:47	00:25:32.50	+00:09:24 (36.8%)	5:06	11.7 (62.9%)
86	HALAJKO Magdalena	26	TKKF KOSZALIN	K-40	10	00:12:16	00:25:33.55	+00:09:25 (36.9%)	5:06	11.7 (62.9%)
87	MARKWANT Jagoda	81	TRAINING TANK	K-30	8	00:12:15	00:25:44.60	+00:09:36 (37.3%)	5:08	11.7 (62.9%)
88	KORYTOWSKA Magdalena	53		K-30	9	00:12:38	00:25:57.95	+00:09:49 (37.9%)	5:11	11.6 (62.4%)
89	KRYCIŃSKA Jolanta	62	NADMORSKIE STOWARZYSZENIE	K-40	11	00:12:46	00:26:17.30	+00:10:09 (38.6%)	5:15	11.4 (61.3%)
90	WALEŃSKI Michał	141	TKKF KOSZALIN	M-50	9	00:12:43	00:26:20.65	+00:10:12 (38.7%)	5:16	11.4 (61.3%)
91	SŁUPCZEWSKA Małgorzata	120		K-40	12	00:12:43	00:26:20.80	+00:10:12 (38.8%)	5:16	11.4 (61.3%)
92	PAWLAK Sebastian	102		M-15	8	00:12:20	00:26:21.85	+00:10:13 (38.8%)	5:16	11.4 (61.3%)
93	KRZYSZTOF Zygmunt	66		M-15	9	00:12:21	00:26:21.95	+00:10:13 (38.8%)	5:16	11.4 (61.3%)
94	OCHWAT Barbara	94		K-30	10	00:13:04	00:26:37.70	+00:10:29 (39.4%)	5:19	11.3 (60.8%)
95	KORZEŃ Kacper	54		M-15	10	00:13:51	00:26:38.75	+00:10:30 (39.4%)	5:19	11.3 (60.8%)
96	TURZYŃSKI Tomasz	155		M-50	10	00:12:31	00:26:40.70	+00:10:32 (39.5%)	5:20	11.3 (60.8%)
97	KRAJEWSKI Marek	60		M-40	27	00:13:51	00:26:46.35	+00:10:38 (39.7%)	5:21	11.2 (60.2%)
98	TRZECIAK Anna	136	NADMORSKIE STOWARZYSZENIE	K-50	3	00:13:15	00:27:04.85	+00:10:56 (40.4%)	5:24	11.1 (59.7%)
99	KIRAGA Iga	47	TRAINING TANK	K-30	11	00:13:23	00:27:24.90	+00:11:16 (41.1%)	5:28	10.9 (58.6%)
100	SZELEJEWSKI Adrian	131		M-30	20	00:13:40	00:27:26.00	+00:11:17 (41.2%)	5:29	10.9 (58.6%)
101	KOWALEWSKI Andrzej	57		M-40	28	00:13:08	00:27:28.00	+00:11:19 (41.3%)	5:29	10.9 (58.6%)
102	URZENDOWSKA Julia	139		K-15	2	00:13:07	00:27:30.55	+00:11:22 (41.3%)	5:30	10.9 (58.6%)
103	JĘDRZEJEWSKA Justyna	38		K-30	12	00:13:13	00:27:37.90	+00:11:29 (41.6%)	5:31	10.9 (58.6%)
104	KONDZIOŁKA Oliwia	157		K-15	3	00:13:19	00:27:43.35	+00:11:35 (41.8%)	5:32	10.8 (58.1%)
105	STĘPIEŃ Małgorzata	125		K-30	13	00:13:26	00:27:48.90	+00:11:40 (42.0%)	5:33	10.8 (58.1%)
106	KOWALCZYK Karolina	56		K-40	13	00:13:37	00:27:50.90	+00:11:42 (42.1%)	5:34	10.8 (58.1%)
107	ĆMOCH Anna	13		K-30	14	00:13:20	00:27:53.25	+00:11:45 (42.1%)	5:34	10.8 (58.1%)
108	KOZŁOWIECKI Waldemar	59	TKKF KOSZALIN	M70+	1	00:13:47	00:28:00.50	+00:11:52 (42.4%)	5:36	10.7 (57.5%)
109	PAWELCZYK Dominika	100		K-15	4	00:13:30	00:28:46.65	+00:12:38 (43.9%)	5:45	10.4 (55.9%)
110	KUCKIEL Monika	70		K-30	15	00:14:21	00:28:59.40	+00:12:51 (44.3%)	5:47	10.4 (55.9%)
111	CISEK-MUSOLF Stanisawa	12		K-40	14	00:13:46	00:29:28.40	+00:13:20 (45.2%)	5:53	10.2 (54.8%)
112	HOJDYCZ Jan	29	MORSY POSEJDON KOSZALIN	M-60	6	00:14:17	00:29:29.00	+00:13:20 (45.3%)	5:53	10.2 (54.8%)
113	KOSSIŃSKA Magda	55		K-40	15	00:15:04	00:29:30.50	+00:13:22 (45.3%)	5:54	10.2 (54.8%)
114	BEDNARZ Katarzyna	5		K-50	4	00:14:35	00:29:46.65	+00:13:38 (45.8%)	5:57	10.1 (54.3%)
115	ROMANSKA Klaudia	110	FUTHER BODY	K-30	16	00:13:27	00:29:46.80	+00:13:38 (45.8%)	5:57	10.1 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
116	AGNIESZKA Tomicka	1	NADMORSKIE STOWARZYSZENIE	K-40	16	00:14:14	00:30:01.80	+00:13:53 (46.3%)	6:00	10 (53.8%)
117	ŻDANOW Justyna	153		K-40	17	00:15:43	00:30:31.85	+00:14:23 (47.1%)	6:06	9.8 (52.7%)
118	NOWACKA Magdalena	90		K-40	18	00:15:02	00:30:41.95	+00:14:33 (47.4%)	6:08	9.8 (52.7%)
119	NOWACKI Tomasz	91		M-40	29	00:15:02	00:30:42.50	+00:14:34 (47.5%)	6:08	9.8 (52.7%)
120	CIELOCH Radosław	10		M-15	11	00:14:46	00:30:46.20	+00:14:38 (47.6%)	6:09	9.8 (52.7%)
121	BUTOWICZ Adam	8		M-60	7	00:15:14	00:31:31.15	+00:15:22 (48.8%)	6:18	9.5 (51.1%)
122	JABŁOŃSKA Ewa	33	CARDIO DANCE	K-30	17	00:15:39	00:31:33.05	+00:15:24 (48.9%)	6:18	9.5 (51.1%)
123	HELLER Zdzisław	28		M-60	8	00:15:48	00:32:21.85	+00:16:13 (50.1%)	6:28	9.3 (50.0%)
124	KLAWINOWSKA Anna	49		K-40	19	00:15:45	00:32:30.65	+00:16:22 (50.4%)	6:30	9.2 (49.5%)
125	GĘBALA Beata	22		K-30	18	00:16:01	00:32:32.85	+00:16:24 (50.4%)	6:30	9.2 (49.5%)
126	MOJSIEWICZ Anna	85	CARDIO DANCE	K-40	20	00:16:02	00:32:33.00	+00:16:24 (50.4%)	6:30	9.2 (49.5%)
127	HORNIATKIEWICZ Małgorzata	31		K-60	2	00:15:54	00:32:37.20	+00:16:29 (50.5%)	6:31	9.2 (49.5%)
128	KOZIEŁ Weronika	58		K-15	5	00:16:16	00:33:02.80	+00:16:54 (51.2%)	6:36	9.1 (48.9%)
129	SUDER-MAKSYMOWICZ Monika	128		K-40	21	00:16:32	00:33:20.70	+00:17:12 (51.6%)	6:40	9 (48.4%)
130	ŁADZIŃSKA Katarzyna Anna	77	CARDIO DANCE	K-30	19	00:16:03	00:33:52.75	+00:17:44 (52.4%)	6:46	8.9 (47.8%)
131	SUDAK Agata	126	CARDIO DANCE	K-40	22	00:16:06	00:34:15.00	+00:18:06 (52.9%)	6:51	8.8 (47.3%)
132	MICHALSKA Klementyna	83	CARDIO DANCE	K-30	20	00:18:15	00:38:30.00	+00:22:21 (58.1%)	7:42	7.8 (41.9%)
133	SZUBERT Dagmara	133		K-40	23	00:18:14	00:38:34.15	+00:22:25 (58.2%)	7:42	7.8 (41.9%)
134	DJURIĆ Aleksandra	16	STUDIO TAŃCA KACPER GAJKOWSKI	K-40	24	00:18:14	00:38:34.50	+00:22:26 (58.2%)	7:42	7.8 (41.9%)
135	PAWELCZYK Natalia	101		K-15	6	00:19:32	00:40:19.05	+00:24:10 (60.0%)	8:03	7.4 (39.8%)
136	JANKOWSKA Kamila	34		K-40	25	00:21:00	00:41:00.00	+00:24:51 (60.6%)	8:12	7.3 (39.2%)
	ELIASZ Wiktor	19	UKS ZEFIREK PEGOCIN	M-15		DNF	DNF	-	-	(0.0%)

Znaleziono 137 wynik(ów)