

FIVE SEASIDE - KOŁOBRZESKI BIEG 5KM

B4SPORT

Organizator: Seaside Park Hotel Kołobrzeg
Data: 2025-03-01
Miejsce: Kołobrzeg
Dystans: 5 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KRYNICKA GRZYB Małgorzata	63	MLUKS TRZEBIATÓW	K-30	1	00:09:22	00:19:11.25		3:50	15.6 (100%)
2	WIĘKOWSKA Sandra	145		K-30	2	00:09:26	00:19:37.85	+00:00:26 (2.3%)	3:55	15.3 (98.1%)
3	BENTKOWSKA Natalia	6		K-30	3	00:11:08	00:22:36.45	+00:03:25 (15.1%)	4:31	13.3 (85.3%)
4	BARTCZAK Martyna	4		K-30	4	00:11:33	00:23:15.10	+00:04:03 (17.5%)	4:39	12.9 (82.7%)
5	OLESIŃSKA Patrycja	95		K-30	5	00:11:52	00:24:28.20	+00:05:16 (21.6%)	4:53	12.3 (78.8%)
6	WERS-SAWICKA Urszula	144	NADMORSZY BIEGACZE KOŁOBRZEG	K-30	6	00:12:03	00:24:41.20	+00:05:29 (22.3%)	4:56	12.2 (78.2%)
7	SAWICZ Agnieszka	115	TRENING TANK	K-30	7	00:11:58	00:24:48.25	+00:05:37 (22.6%)	4:57	12.1 (77.6%)
8	MARKWANT Jagoda	81	TRAINING TANK	K-30	8	00:12:15	00:25:44.60	+00:06:33 (25.5%)	5:08	11.7 (75.0%)
9	KORYTOWSKA Magdalena	53		K-30	9	00:12:38	00:25:57.95	+00:06:46 (26.1%)	5:11	11.6 (74.4%)
10	OCHWAT Barbara	94		K-30	10	00:13:04	00:26:37.70	+00:07:26 (27.9%)	5:19	11.3 (72.4%)
11	KIRAGA Iga	47	TRAINING TANK	K-30	11	00:13:23	00:27:24.90	+00:08:13 (30.0%)	5:28	10.9 (69.9%)
12	JĘDRZEJEWSKA Justyna	38		K-30	12	00:13:13	00:27:37.90	+00:08:26 (30.6%)	5:31	10.9 (69.9%)
13	STĘPIEŃ Małgorzata	125		K-30	13	00:13:26	00:27:48.90	+00:08:37 (31.0%)	5:33	10.8 (69.2%)
14	ĆMOCH Anna	13		K-30	14	00:13:20	00:27:53.25	+00:08:42 (31.2%)	5:34	10.8 (69.2%)
15	KUCKIEL Monika	70		K-30	15	00:14:21	00:28:59.40	+00:09:48 (33.8%)	5:47	10.4 (66.7%)
16	ROMANSKA Klaudia	110	FUTHER BODY	K-30	16	00:13:27	00:29:46.80	+00:10:35 (35.6%)	5:57	10.1 (64.7%)
17	JABŁOŃSKA Ewa	33	CARDIO DANCE	K-30	17	00:15:39	00:31:33.05	+00:12:21 (39.2%)	6:18	9.5 (60.9%)
18	GĘBALA Beata	22		K-30	18	00:16:01	00:32:32.85	+00:13:21 (41.0%)	6:30	9.2 (59.0%)
19	ŁADZIŃSKA Katarzyna Anna	77	CARDIO DANCE	K-30	19	00:16:03	00:33:52.75	+00:14:41 (43.4%)	6:46	8.9 (57.1%)
20	MICHALSKA Klementyna	83	CARDIO DANCE	K-30	20	00:18:15	00:38:30.00	+00:19:18 (50.2%)	7:42	7.8 (50.0%)

Znaleziono 20 wynik(ów)