

FLOTA INTERNATIONAL TRIATHLON

B4SPORT
INTELLIGENT SPORTS

Wydarzenie: Flota International Triathlon
Organizator: Wojskowy Klub Sportowy „Flota” Gdynia, Akademia Marynarki Wojennej w Gdyni, Gdyniśkie Centrum Sportu, Sportevo Triathlon Team
Data: 2019-06-29
Miejsce: Gdynia
Dystans: 28.45 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Pływanie | | T1 | Rower | | T2 | Bieg | | Czas | |
|-----|--|------------|--|-----------|------|----------------------|-----|----------|--------------------|-----------|----------|-----------------------|-----------|--------------------------|---------------------|
| | | | | | | Meta_plyw 0.475km | Poz | | Meta_row 22.5km | Poz | | Start_bieg 5.275km | Poz | Czas netto 28.45km | Różn |
| 1 | SOSNOWSKI Łukasz | 95 | ENDURE TEAM | M-25 | 1 | 00:09:00 | 14 | 00:02:21 | 00:36:57 | 1 | 00:00:43 | 00:16:18 | 5 | 01:05:19.01 | |
| 2 | RESZKE Paweł | 86 | UKS TRI-TEAM RUMIA - JWF | M-25 | 2 | 00:08:35 | 5 | 00:02:19 | 00:37:26 | 2 | 00:01:29 | 00:15:48 | 3 | 01:05:37.32 | +00:00:18 (0.5%) |
| 3 | CZAPIŃSKI Michał | 124 | EUROPEL BIKE YOU UP | M-35+ | 1 | 00:09:04 | 15 | 00:02:38 | 00:38:23 | 6 | 00:00:35 | 00:15:24 | 2 | 01:06:04.27 | +00:00:45 (1.1%) |
| 4 | JUŚKIW Paweł | 123 | DYWIZJON OKRĘTÓW WSPARCIA - JW 4250 | M-35+ | 2 | 00:07:41 | 3 | 00:02:38 | 00:38:03 | 3 | 00:01:33 | 00:17:30 | 11 | 01:07:25.93 | +00:02:06 (3.1%) |
| 5 | CZAJKOWSKI Paweł | 17 | BCT TEAM GDYNIA | M-35+ | 3 | 00:08:55 | 11 | 00:02:25 | 00:38:20 | 5 | 00:00:42 | 00:18:06 | 20 | 01:08:28.71 | +00:03:09 (4.6%) |
| 6 | ZALEWSKI Karol | 112 | JATRENUJE | M-35+ | 4 | 00:08:49 | 7 | 00:03:31 | 00:38:04 | 4 | 00:00:52 | 00:18:09 | 21 | 01:09:25.19 | +00:04:06 (5.9%) |
| 7 | KUKULSKI Karol | 49 | AMW | M-18 | 1 | 00:07:33 | 2 | 00:02:26 | 00:39:43 | 10 | 00:01:22 | 00:18:42 | 29 | 01:09:46.08 | +00:04:27 (6.4%) |
| 8 | NIKODEMIAK Jarosław | 66 | MOBILNA JEDNOSTKA DOWODZENIA OPERACJAMI POWIETRZNYMI | M-35+ | 5 | 00:09:05 | 16 | 00:02:40 | 00:40:04 | 13 | 00:01:10 | 00:17:43 | 16 | 01:10:42.14 | +00:05:23 (7.6%) |
| 9 | TRUCHEL Jakub , ORMAN Zbigniew , BRESZKA Michał | 181 | LAW DĘBLIN | Sztafety | 1 | 00:09:43 | 27 | 00:02:29 | 00:42:34 | 22 | 00:01:36 | 00:14:46 | 1 | 01:11:08.15 | +00:05:49 (8.2%) |
| 10 | TYLEK Mateusz | 119 | PAKA-S | M-35+ | 6 | 00:09:16 | 19 | 00:03:07 | 00:39:54 | 11 | 00:01:13 | 00:17:44 | 17 | 01:11:14.00 | +00:05:54 (8.3%) |
| 11 | ZASADA Grzegorz | 113 | UKS TRI - TEAM RUMIA | M-35+ | 7 | 00:09:27 | 20 | 00:03:13 | 00:39:07 | 7 | 00:01:08 | 00:18:20 | 24 | 01:11:15.25 | +00:05:56 (8.3%) |
| 12 | SŁUPEK Roksana | 93 | TRI TEAM RUMIA | K-18 | 1 | 00:07:26 | 1 | 00:02:13 | 00:43:47 | 32 | 00:00:45 | 00:17:22 | 8 | 01:11:33.20 | +00:06:14 (8.7%) |

| | | | | | Pływanie | | T1 | Rower | | T2 | Bieg | | Czas | | |
|----|--|------------|---|----------|----------|-----------------|----|----------|-----------------|-----------|----------|-----------------|-----------|--------------------|----------------------|
| 13 | BORÓWKO Łukasz , KWIATKOWSKI Szymon , KARGUL Wojciech | 184 | FUNDACJA JEPPESENA | Sztafety | 2 | 00:10:24 | 45 | 00:02:06 | 00:41:15 | 16 | 00:00:42 | 00:17:10 | 7 | 01:11:37.95 | +00:06:18 (8.8%) |
| 14 | WIŚNIEWSKI Mateusz | 109 | JEDNOSTKA WOJSKOWA | M-25 | 3 | 00:10:28 | 47 | 00:02:42 | 00:41:10 | 15 | 00:00:40 | 00:16:40 | 6 | 01:11:40.87 | +00:06:21 (8.9%) |
| 15 | OGIEGŁO Witold | 67 | | M-35+ | 8 | 00:08:54 | 10 | 00:02:51 | 00:40:04 | 12 | 00:03:11 | 00:17:39 | 14 | 01:12:39.74 | +00:07:20 (10.1%) |
| 16 | KACZMAREK Adam | 36 | ARKA GDYNIA | M-25 | 4 | 00:08:43 | 6 | 00:02:29 | 00:43:08 | 28 | 00:00:50 | 00:17:31 | 12 | 01:12:41.24 | +00:07:22 (10.1%) |
| 17 | WIATROWSKI Krzysztof | 108 | TRIWIATRAK / RUNPASSIONPL | M-35+ | 9 | 00:10:43 | 51 | 00:03:41 | 00:39:42 | 9 | 00:03:47 | 00:15:57 | 4 | 01:13:50.38 | +00:08:31 (11.5%) |
| 18 | WĘGLIŃSKI Sebastian | 107 | ODDZIAŁ SPECJALNY ŻANDARMERII WOJSKOWEJ W MIŃSKU MAZ. | M-35+ | 10 | 00:09:48 | 29 | 00:02:33 | 00:41:24 | 17 | 00:00:58 | 00:19:19 | 33 | 01:14:02.00 | +00:08:42 (11.8%) |
| 19 | BLUJ Mikołaj | 9 | | M-25 | 5 | 00:09:42 | 26 | 00:03:03 | 00:41:35 | 18 | 00:00:35 | 00:19:31 | 37 | 01:14:26.81 | +00:09:07 (12.3%) |
| 20 | TOKARSKI Bartosz | 102 | SAILORS | M-25 | 6 | 00:11:14 | 64 | 00:03:38 | 00:39:28 | 8 | 00:01:38 | 00:18:41 | 28 | 01:14:39.02 | +00:09:20 (12.5%) |
| 21 | KUŚMIEREK Adrian , SZEWCZAK Kacper , KRYSTIAN Paweł | 180 | 10 WARSZAWSKI PUŁK SAMOCHODOWY | Sztafety | 3 | 00:11:14 | 65 | 00:02:08 | 00:42:44 | 25 | 00:01:14 | 00:17:29 | 10 | 01:14:49.91 | +00:09:30 (12.7%) |
| 22 | KLEKOTKO Fabian | 41 | TRIEAGELS | M-35+ | 11 | 00:10:18 | 41 | 00:03:10 | 00:42:42 | 24 | 00:00:55 | 00:18:29 | 27 | 01:15:34.79 | +00:10:15 (13.6%) |
| 23 | FREITAG Jacek | 25 | DREAM TRI TEAM | M-25 | 7 | 00:08:58 | 13 | 00:02:58 | 00:42:54 | 27 | 00:00:36 | 00:20:20 | 51 | 01:15:46.67 | +00:10:27 (13.8%) |
| 24 | DADEJ Rafał | 19 | XDREAM ENERGY PIASKIEM W RAKA | M-35+ | 12 | 00:10:11 | 37 | 00:04:00 | 00:42:42 | 23 | 00:00:37 | 00:18:27 | 26 | 01:15:57.78 | +00:10:38 (14.0%) |
| 25 | HINZ Marcin | 29 | NOZBE TRIATHLON TEAM | M-35+ | 13 | 00:11:35 | 70 | 00:03:25 | 00:41:09 | 14 | 00:00:56 | 00:19:22 | 34 | 01:16:27.08 | +00:11:08 (14.6%) |
| 26 | DOMAGAŁA Marek | 20 | SMARUJ NA TRENING | M-35+ | 14 | 00:09:12 | 17 | 00:02:48 | 00:44:20 | 33 | 00:00:30 | 00:19:53 | 41 | 01:16:43.89 | +00:11:24 (14.9%) |
| 27 | KAMIŃSKI Ireneusz | 37 | KS ISKRA AMW | M-35+ | 15 | 00:10:23 | 44 | 00:03:25 | 00:42:07 | 19 | 00:00:45 | 00:20:19 | 50 | 01:16:59.41 | +00:11:40 (15.2%) |
| 28 | CZAUS Adam | 18 | | M-35+ | 16 | 00:09:28 | 22 | 00:03:37 | 00:43:30 | 31 | 00:00:30 | 00:20:00 | 43 | 01:17:05.82 | +00:11:46 (15.3%) |
| 29 | LEWANDOWSKI Tomasz | 53 | RCI BYGDOSZCZ | M-35+ | 17 | 00:10:00 | 33 | 00:02:50 | 00:45:35 | 45 | 00:00:35 | 00:18:13 | 22 | 01:17:13.76 | +00:11:54 (15.4%) |
| 30 | TUSK Paweł | 103 | AMW | M-25 | 8 | 00:10:48 | 55 | 00:02:52 | 00:44:44 | 37 | 00:00:31 | 00:18:19 | 23 | 01:17:14.78 | +00:11:55 (15.4%) |
| 31 | KRAKOWSKI Jan | 45 | INVICTUS 3CITY | M-25 | 9 | 00:10:55 | 59 | 00:03:11 | 00:43:19 | 29 | 00:00:28 | 00:19:25 | 35 | 01:17:18.98 | +00:11:59 (15.5%) |
| 32 | KRÓLICKI Maciej | 47 | TRI NEGU | M-25 | 10 | 00:11:38 | 72 | 00:03:24 | 00:42:08 | 20 | 00:00:43 | 00:19:30 | 36 | 01:17:23.71 | +00:12:04 (15.6%) |
| 33 | KARPIŃSKI Łukasz | 39 | | M-35+ | 18 | 00:10:50 | 56 | 00:03:02 | 00:45:18 | 40 | 00:00:50 | 00:17:36 | 13 | 01:17:36.48 | +00:12:17 (15.8%) |
| 34 | BONIECKI Daniel | 12 | DO RSZ | M-35+ | 19 | 00:09:38 | 25 | 00:03:42 | 00:45:20 | 41 | 00:00:42 | 00:18:23 | 25 | 01:17:45.00 | +00:12:25 (16.0%) |

| | | | | | | Pływanie | | T1 | Rower | | T2 | Bieg | | Czas | |
|----|---|------------|-----------------------------|----------|----|-----------------|-----|----------|-----------------|-----------|----------|-----------------|-----------|--------------------|-------------------|
| 35 | KARPOWICZ Grzegorz | 40 | DYWIZJON OKRĘTÓW PODWODNYCH | M-25 | 11 | 00:13:18 | 96 | 00:02:56 | 00:42:26 | 21 | 00:00:42 | 00:19:01 | 31 | 01:18:23.98 | +00:13:04 (16.7%) |
| 36 | SEROKA Łukasz | 91 | | M-25 | 12 | 00:10:19 | 42 | 00:02:59 | 00:45:22 | 43 | 00:00:52 | 00:18:54 | 30 | 01:18:26.03 | +00:13:07 (16.7%) |
| 37 | OGÓREK Bartosz , STEFANOWICZ Michał , SORDYL Jan | 183 | AMW | Sztafety | 4 | 00:09:14 | 18 | 00:02:11 | 00:49:15 | 82 | 00:00:37 | 00:17:40 | 15 | 01:18:57.97 | +00:13:38 (17.3%) |
| 38 | PAWELEC Łukasz | 73 | LAW DĘBLIN | M-35+ | 20 | 00:10:40 | 49 | 00:03:50 | 00:43:25 | 30 | 00:00:51 | 00:20:13 | 46 | 01:18:59.70 | +00:13:40 (17.3%) |
| 39 | OLSZYNA Miłosz | 69 | DORSZ | M-35+ | 21 | 00:09:51 | 30 | 00:03:21 | 00:42:46 | 26 | 00:01:22 | 00:21:41 | 76 | 01:19:01.38 | +00:13:42 (17.3%) |
| 40 | BELTER Daniel | 7 | | M-18 | 2 | 00:08:32 | 4 | 00:03:26 | 00:44:42 | 36 | 00:00:50 | 00:22:15 | 87 | 01:19:45.44 | +00:14:26 (18.1%) |
| 41 | MIKOŁAJCZAK Wojciech | 64 | AMW | M-18 | 3 | 00:09:37 | 24 | 00:02:43 | 00:46:50 | 58 | 00:01:04 | 00:19:54 | 42 | 01:20:08.30 | +00:14:49 (18.5%) |
| 42 | MAJEWSKI Krystian | 57 | JWF | M-35+ | 22 | 00:10:21 | 43 | 00:03:43 | 00:47:16 | 64 | 00:00:55 | 00:18:01 | 19 | 01:20:16.95 | +00:14:57 (18.6%) |
| 43 | DZIOBA Michał | 23 | TRI DZIOBA | M-35+ | 23 | 00:09:29 | 23 | 00:03:41 | 00:46:10 | 53 | 00:00:52 | 00:20:30 | 55 | 01:20:42.57 | +00:15:23 (19.1%) |
| 44 | PERDION Paweł | 75 | AKADEMIA WOJSK ŁĄDOWYCH | M-35+ | 24 | 00:09:43 | 28 | 00:04:27 | 00:48:30 | 73 | 00:00:56 | 00:17:22 | 9 | 01:20:58.38 | +00:15:39 (19.3%) |
| 45 | MARSZAŁEK Tomasz | 60 | ENDURE TEAM | M-35+ | 25 | 00:10:48 | 54 | 00:03:29 | 00:44:20 | 34 | 00:00:45 | 00:21:59 | 80 | 01:21:21.02 | +00:16:02 (19.7%) |
| 46 | KRZOWSKI Karol | 48 | LAW DĘBLIN | M-18 | 4 | 00:08:52 | 8 | 00:03:18 | 00:48:53 | 78 | 00:00:55 | 00:19:38 | 38 | 01:21:36.28 | +00:16:17 (20.0%) |
| 47 | RONIARSKI Adam | 88 | UKS TRI TEAM RUMIA | M-35+ | 26 | 00:10:00 | 34 | 00:03:16 | 00:46:24 | 55 | 00:01:05 | 00:20:54 | 62 | 01:21:39.94 | +00:16:20 (20.0%) |
| 48 | PACZKOWSKI Maciej | 72 | TEAM ASE | M-25 | 13 | 00:08:56 | 12 | 00:03:29 | 00:48:35 | 76 | 00:01:03 | 00:19:50 | 40 | 01:21:53.52 | +00:16:34 (20.2%) |
| 49 | TYMOSZUK Przemysław | 104 | | M-35+ | 27 | 00:12:01 | 84 | 00:03:59 | 00:44:48 | 39 | 00:00:57 | 00:20:11 | 45 | 01:21:56.74 | +00:16:37 (20.3%) |
| 50 | DRESPA Patryk | 21 | LILI TEAM | M-25 | 14 | 00:11:55 | 80 | 00:03:25 | 00:45:20 | 42 | 00:01:05 | 00:20:16 | 49 | 01:22:01.35 | +00:16:42 (20.4%) |
| 51 | SKUBIDA Adam | 92 | LAW DEBLIN | M-25 | 15 | 00:10:15 | 39 | 00:03:15 | 00:46:36 | 56 | 00:01:20 | 00:20:42 | 59 | 01:22:08.20 | +00:16:49 (20.5%) |
| 52 | KWIDZIŃSKI Krzysztof | 51 | | M-35+ | 28 | 00:10:18 | 40 | 00:03:33 | 00:46:38 | 57 | 00:00:51 | 00:21:11 | 67 | 01:22:31.44 | +00:17:12 (20.9%) |
| 53 | MENDYKA Kacper | 61 | AMW | M-18 | 5 | 00:10:57 | 60 | 00:04:16 | 00:47:08 | 60 | 00:01:00 | 00:19:18 | 32 | 01:22:39.14 | +00:17:20 (21.0%) |
| 54 | MAGNUSKI Michał | 56 | AMW | M-18 | 6 | 00:11:03 | 63 | 00:02:59 | 00:46:15 | 54 | 00:01:00 | 00:21:37 | 75 | 01:22:54.43 | +00:17:35 (21.2%) |
| 55 | PIEPER Daniel | 78 | | M-35+ | 29 | 00:11:42 | 74 | 00:04:18 | 00:46:00 | 50 | 00:00:56 | 00:20:40 | 58 | 01:23:36.54 | +00:18:17 (21.9%) |
| 56 | ROMAN Krzysztof | 87 | FLOTA | M-35+ | 30 | 00:12:21 | 88 | 00:03:55 | 00:45:39 | 46 | 00:00:58 | 00:20:54 | 61 | 01:23:47.10 | +00:18:28 (22.0%) |
| 57 | POZAŃSKI Tomasz | 79 | PSIEBIEGI.PL | M-35+ | 31 | 00:13:53 | 104 | 00:03:16 | 00:45:58 | 49 | 00:01:10 | 00:19:47 | 39 | 01:24:04.27 | +00:18:45 (22.3%) |
| 58 | ANGOWSKI Artur | 3 | | M-25 | 16 | 00:11:20 | 66 | 00:04:15 | 00:45:28 | 44 | 00:01:12 | 00:21:56 | 79 | 01:24:11.30 | +00:18:52 (22.4%) |

| Nr | Imię i nazwisko | Lp | Klub | Wiek | Sex | Pływanie | | | Rower | | | Bieg | | | Czas |
|----|--|-----|--|----------|-----|----------|-----|----------|----------|-----|----------|----------|-----|-------------|-------------------|
| | | | | | | 00:09:58 | 32 | 00:04:52 | 00:47:20 | 65 | 00:01:00 | 00:21:08 | 65 | 01:24:18.46 | |
| 59 | KAPELA Sebastian | 38 | AKADEMIA WOJSK LĄDOWYCH | M-25 | 17 | 00:09:58 | 32 | 00:04:52 | 00:47:20 | 65 | 00:01:00 | 00:21:08 | 65 | 01:24:18.46 | +00:18:59 (22.5%) |
| 60 | ZYGMUNT Marta | 114 | PUŁK REPREZENTACYJNY WOJSKA POLSKIEGO | K-18 | 2 | 00:08:53 | 9 | 00:02:47 | 00:48:00 | 70 | 00:00:55 | 00:23:58 | 101 | 01:24:33.42 | +00:19:14 (22.8%) |
| 61 | FENRYCH Piotr | 24 | | M-35+ | 32 | 00:11:49 | 77 | 00:04:31 | 00:45:40 | 48 | 00:00:40 | 00:22:01 | 82 | 01:24:41.84 | +00:19:22 (22.9%) |
| 62 | PRZEWDZIECKI Karol | 82 | | M-35+ | 33 | 00:13:01 | 94 | 00:04:23 | 00:44:46 | 38 | 00:01:00 | 00:21:32 | 72 | 01:24:42.50 | +00:19:23 (22.9%) |
| 63 | ORZEŁ Arkadiusz | 70 | WOJSKOWA AKADEMIA TECHNICZNA | M-18 | 7 | 00:14:32 | 112 | 00:03:34 | 00:44:34 | 35 | 00:00:49 | 00:21:16 | 69 | 01:24:45.19 | +00:19:26 (22.9%) |
| 64 | GRAJEK Wojciech | 26 | SAILORS | M-25 | 18 | 00:12:06 | 85 | 00:04:12 | 00:45:40 | 47 | 00:00:58 | 00:22:03 | 84 | 01:24:59.52 | +00:19:40 (23.1%) |
| 65 | ADAMCZYK Mateusz | 1 | | M-25 | 19 | 00:11:51 | 78 | 00:04:19 | 00:47:30 | 66 | 00:01:20 | 00:20:34 | 57 | 01:25:34.10 | +00:20:15 (23.7%) |
| 66 | PERZEWSKI Eryk | 76 | AMW | M-18 | 8 | 00:10:50 | 57 | 00:05:41 | 00:46:09 | 52 | 00:00:56 | 00:22:21 | 89 | 01:25:57.50 | +00:20:38 (24.0%) |
| 67 | PRENTKA Weronika | 81 | AMW | K-18 | 3 | 00:10:13 | 38 | 00:03:19 | 00:48:08 | 71 | 00:00:58 | 00:23:24 | 96 | 01:26:02.60 | +00:20:43 (24.1%) |
| 68 | RESZKA Witek | 85 | IRONTEAM3CITY | M-35+ | 34 | 00:12:37 | 92 | 00:03:58 | 00:47:15 | 63 | 00:01:10 | 00:21:08 | 66 | 01:26:08.24 | +00:20:49 (24.2%) |
| 69 | KOWALSKI Kazimierz | 44 | AKADEMIA WOJSK LĄDOWYCH, WROCŁAW | M-35+ | 35 | 00:09:27 | 21 | 00:05:54 | 00:47:12 | 62 | 00:00:53 | 00:22:47 | 93 | 01:26:13.11 | +00:20:54 (24.2%) |
| 70 | CZAJKOWSKA Magdalena | 16 | BCT TEAM GDYNIA | K-35+ | 1 | 00:11:00 | 62 | 00:02:50 | 00:49:50 | 87 | 00:00:59 | 00:21:44 | 77 | 01:26:23.66 | +00:21:04 (24.4%) |
| 71 | ANTCZAK Grzegorz | 4 | MOBILNA JEDNOSTKA DOWODZENIA OPERACJAMI POWIETRZNYMI | M-35+ | 36 | 00:11:39 | 73 | 00:05:19 | 00:47:12 | 61 | 00:01:12 | 00:21:02 | 64 | 01:26:24.59 | +00:21:05 (24.4%) |
| 72 | MUDŹ Anna | 65 | CENTRUM SZKOLENIA MARYNARKI WOJENNEJ | K-25 | 1 | 00:12:18 | 87 | 00:03:46 | 00:49:01 | 81 | 00:01:05 | 00:20:15 | 48 | 01:26:25.52 | +00:21:06 (24.4%) |
| 73 | KACPRZAK Dominik | 34 | 10 WARSZAWSKI PUŁK SAMOCHODOWY | M-25 | 20 | 00:14:31 | 111 | 00:03:57 | 00:46:04 | 51 | 00:00:57 | 00:20:57 | 63 | 01:26:26.67 | +00:21:07 (24.4%) |
| 74 | SAGAŁA Adam | 89 | 10 WARSZAWSKI PUŁK SAMOCHODOWY | M-35+ | 37 | 00:13:53 | 103 | 00:03:47 | 00:47:39 | 68 | 00:01:03 | 00:20:04 | 44 | 01:26:26.71 | +00:21:07 (24.4%) |
| 75 | KOWALSKI Marcin | 43 | FLOTA | M-35+ | 38 | 00:11:37 | 71 | 00:04:06 | 00:48:49 | 77 | 00:00:57 | 00:21:16 | 68 | 01:26:45.03 | +00:21:26 (24.7%) |
| 76 | JELIŃSKI Arkadiusz | 33 | IRONTEAM3CITY | M-35+ | 39 | 00:12:12 | 86 | 00:04:53 | 00:47:32 | 67 | 00:00:52 | 00:21:21 | 70 | 01:26:50.49 | +00:21:31 (24.8%) |
| 77 | LIPSKI Konrad | 115 | AMW | M-18 | 9 | 00:10:59 | 61 | 00:04:11 | 00:48:30 | 74 | 00:01:06 | 00:22:05 | 85 | 01:26:51.54 | +00:21:32 (24.8%) |
| 78 | ZAJMA Łukasz | 111 | WOJSKOWA AKADEMIA TECHNICZNA | M-18 | 10 | 00:11:46 | 75 | 00:04:36 | 00:51:18 | 92 | 00:01:21 | 00:17:58 | 18 | 01:26:59.38 | +00:21:40 (24.9%) |
| 79 | KOWALSKA Iwona | 42 | | K-35+ | 2 | 00:10:52 | 58 | 00:03:43 | 00:49:50 | 85 | 00:01:04 | 00:21:33 | 73 | 01:27:02.41 | +00:21:43 (25.0%) |
| 80 | KWIATKOWSKI Tomasz | 50 | | M-35+ | 40 | 00:11:28 | 69 | 00:04:44 | 00:46:58 | 59 | 00:01:10 | 00:23:13 | 95 | 01:27:33.99 | +00:22:14 (25.4%) |
| 81 | MEYER-SZARY Krystian | 62 | WWW.DOBRYADRESGDYNIA.PL | M-25 | 21 | 00:10:25 | 46 | 00:03:15 | 00:51:40 | 94 | 00:01:08 | 00:22:03 | 83 | 01:28:31.20 | +00:23:12 (26.2%) |
| 82 | BERLIŃSKA Natalia , MOTYL Justyna , CZERSKA Małgorzata | 182 | WAT | Sztafety | 5 | 00:11:57 | 81 | 00:02:25 | 00:53:14 | 100 | 00:00:39 | 00:20:25 | 53 | 01:28:40.70 | +00:23:21 (26.3%) |

| Rank | Name | Age | Team | Sex | Height | Pływanie | | | Rower | | | Bieg | | | Total Time | % |
|------|-----------------------------|-----|------------------------------|-----|--------|----------|-------|----------|----------|-------|----------|----------|------|-------------|-------------------|---|
| | | | | | | Time | Score | Time | Time | Score | Time | Score | Time | | | |
| 83 | BŁASZCZYK Adrian | 10 | AMW | M | 25 | 00:12:55 | 93 | 00:06:05 | 00:47:40 | 69 | 00:01:02 | 00:21:22 | 71 | 01:29:04.28 | +00:23:45 (26.7%) | |
| 84 | PAWLAK Dezyderia | 74 | CTS | K | 35+ | 00:10:47 | 53 | 00:03:53 | 00:51:41 | 95 | 00:00:45 | 00:22:08 | 86 | 01:29:14.18 | +00:23:55 (26.8%) | |
| 85 | JAGUŚ Łukasz | 30 | | M | 35+ | 00:13:55 | 105 | 00:04:15 | 00:48:15 | 72 | 00:01:06 | 00:21:55 | 78 | 01:29:26.34 | +00:24:07 (27.0%) | |
| 86 | MAŚLAK Radosław | 125 | BIEGAMYRAZEM /3.FO | M | 35+ | 00:14:41 | 114 | 00:04:28 | 00:48:56 | 79 | 00:00:59 | 00:20:31 | 56 | 01:29:35.76 | +00:24:16 (27.1%) | |
| 87 | CHRAPKOWSKI Marcel | 15 | WŁOCŁAWEK TRIATHLON TEAM | M | 35+ | 00:09:58 | 31 | 00:03:16 | 00:54:26 | 102 | 00:01:24 | 00:20:42 | 60 | 01:29:46.57 | +00:24:27 (27.2%) | |
| 88 | KACPRZAK Marcin | 35 | | M | 35+ | 00:12:01 | 83 | 00:03:39 | 00:51:34 | 93 | 00:01:16 | 00:21:35 | 74 | 01:30:05.85 | +00:24:46 (27.5%) | |
| 89 | MARSZAŁEK Karina | 59 | ENDURETEAM | K | 35+ | 00:10:10 | 36 | 00:03:50 | 00:50:40 | 91 | 00:01:12 | 00:24:40 | 104 | 01:30:32.59 | +00:25:13 (27.9%) | |
| 90 | SANKOWSKA Ewelina | 90 | FUNDACJA TRZEBA MARZYĆ | K | 35+ | 00:10:45 | 52 | 00:03:23 | 00:52:32 | 96 | 00:01:19 | 00:22:36 | 90 | 01:30:35.77 | +00:25:16 (27.9%) | |
| 91 | MALECKA Agata | 58 | SOBCZAKTEAM | K | 25 | 00:13:02 | 95 | 00:03:54 | 00:50:15 | 88 | 00:01:19 | 00:22:20 | 88 | 01:30:50.02 | +00:25:31 (28.1%) | |
| 92 | ANGEL Patrycja | 2 | AMW | K | 25 | 00:11:49 | 76 | 00:04:35 | 00:50:30 | 90 | 00:04:52 | 00:20:14 | 47 | 01:32:00.22 | +00:26:41 (29.0%) | |
| 93 | PEDROV Nikolay | 116 | NAVAL ACADEMY | M | 18 | 00:14:11 | 109 | 00:05:24 | 00:48:33 | 75 | 00:01:16 | 00:22:54 | 94 | 01:32:18.57 | +00:26:59 (29.2%) | |
| 94 | TYREK Patryk | 105 | WOJSKOWA AKADEMIA TECHNICZNA | M | 18 | 00:10:07 | 35 | 00:04:19 | 00:56:39 | 113 | 00:01:07 | 00:20:24 | 52 | 01:32:36.76 | +00:27:17 (29.5%) | |
| 95 | WASILEWSKI Paweł | 106 | AWL | M | 35+ | 00:12:32 | 90 | 00:05:36 | 00:49:32 | 83 | 00:01:16 | 00:23:41 | 99 | 01:32:37.50 | +00:27:18 (29.5%) | |
| 96 | BOGALECKI Marek | 11 | SAFE SPORT TEAM | M | 35+ | 00:13:43 | 98 | 00:03:24 | 00:49:43 | 84 | 00:01:25 | 00:26:10 | 109 | 01:34:25.74 | +00:29:06 (30.8%) | |
| 97 | BARANOWSKI Marek | 6 | COM-DKM | M | 35+ | 00:10:42 | 50 | 00:05:51 | 00:53:17 | 101 | 00:01:17 | 00:23:31 | 97 | 01:34:38.10 | +00:29:19 (31.0%) | |
| 98 | OSTROWSKI Dariusz | 71 | AKADEMIA WOJSK ŁĄDOWYCH | M | 35+ | 00:14:01 | 107 | 00:04:49 | 00:49:50 | 86 | 00:01:18 | 00:25:16 | 106 | 01:35:14.51 | +00:29:55 (31.4%) | |
| 99 | DUDCZAK Maciej | 22 | AMWAA KOŁOBRZEG | M | 25 | 00:14:42 | 115 | 00:05:35 | 00:50:23 | 89 | 00:01:10 | 00:23:52 | 100 | 01:35:42.84 | +00:30:23 (31.8%) | |
| 100 | STANISZEWSKI Jacek | 96 | SANI | M | 35+ | 00:13:50 | 100 | 00:04:54 | 00:48:56 | 80 | 00:01:21 | 00:26:49 | 110 | 01:35:50.83 | +00:30:31 (31.9%) | |
| 101 | KRASUSKI Robert | 46 | NIE ZRZESZONY | M | 35+ | 00:12:36 | 91 | 00:04:23 | 00:53:01 | 98 | 00:01:20 | 00:25:30 | 107 | 01:36:50.58 | +00:31:31 (32.6%) | |
| 102 | PRACOŃ Maciej | 80 | | M | 35+ | 00:11:26 | 68 | 00:03:49 | 00:52:50 | 97 | 00:01:19 | 00:27:39 | 115 | 01:37:03.56 | +00:31:44 (32.7%) | |
| 103 | STOJAK Krzysztof | 97 | FLOTA | M | 35+ | 00:17:14 | 118 | 00:05:02 | 00:55:24 | 108 | 00:01:24 | 00:20:27 | 54 | 01:39:31.19 | +00:34:12 (34.4%) | |
| 104 | BISKUP Joanna | 8 | WOJSKOWA AKADEMIA TECHNICZNA | K | 18 | 00:11:58 | 82 | 00:03:42 | 01:00:00 | 115 | 00:01:14 | 00:22:40 | 92 | 01:39:34.52 | +00:34:15 (34.4%) | |
| 105 | RENCZMIŃ Izabela | 84 | | K | 35+ | 00:11:53 | 79 | 00:03:52 | 00:55:55 | 110 | 00:01:10 | 00:27:06 | 111 | 01:39:56.77 | +00:34:37 (34.6%) | |
| 106 | BRYK Sylwester | 14 | PRACUSIE | M | 35+ | 00:14:37 | 113 | 00:05:05 | 00:56:28 | 112 | 00:01:09 | 00:22:37 | 91 | 01:39:56.83 | +00:34:37 (34.6%) | |
| 107 | ŚLIWIŃSKA Małgorzata | 100 | 8 FLOTYLLA OBRONY WYBRZEŻA | K | 35+ | 00:13:51 | 102 | 00:04:49 | 00:55:10 | 105 | 00:01:28 | 00:24:47 | 105 | 01:40:05.54 | +00:34:46 (34.7%) | |
| 108 | LISZEWSKI Tomasz | 54 | FRANKE FS POLAND | M | 35+ | 00:15:40 | 117 | 00:03:46 | 00:55:14 | 106 | 00:01:28 | 00:24:15 | 102 | 01:40:23.88 | +00:35:04 (34.9%) | |

| | | | | | Pływanie | | T1 | Rower | | T2 | Bieg | | Czas | | |
|-----|--|------------|-------------------|----------|----------|-----------------|-----|----------|-----------------|------------|----------|-----------------|------------|--------------------|----------------------|
| 109 | BARAMBAS Damian | 5 | GDYNIA SPORT TEAM | M-25 | 24 | 00:10:39 | 48 | 00:04:50 | 00:56:20 | 111 | 00:01:26 | 00:27:49 | 116 | 01:41:04.77 | +00:35:45 (35.4%) |
| 110 | GNIECH Maciej | 122 | | M-35+ | 55 | 00:12:24 | 89 | 00:06:23 | 00:55:16 | 107 | 00:01:15 | 00:25:53 | 108 | 01:41:11.55 | +00:35:52 (35.5%) |
| 111 | MICHALEC Wojciech | 63 | STREET RUN RADOM | M-35+ | 56 | 00:14:28 | 110 | 00:05:38 | 00:54:54 | 104 | 00:01:08 | 00:27:32 | 114 | 01:43:40.62 | +00:38:21 (37.0%) |
| 112 | ALEKSANDROV Tilomir | 117 | | M-18 | 13 | 00:13:48 | 99 | 00:05:00 | 00:56:52 | 114 | 00:01:14 | 00:27:07 | 112 | 01:44:01.33 | +00:38:42 (37.2%) |
| 113 | NIKOLOV Nikola | 120 | NAVAL ACADEMY | M-18 | 14 | 00:22:20 | 120 | 00:03:28 | 00:54:52 | 103 | 00:00:58 | 00:23:31 | 98 | 01:45:09.57 | +00:39:50 (37.9%) |
| 114 | PRZYBYSZ Marcin | 83 | AMW | M-25 | 25 | 00:14:07 | 108 | 00:03:23 | 01:03:27 | 116 | 00:01:29 | 00:24:24 | 103 | 01:46:50.75 | +00:41:31 (38.9%) |
| 115 | TROCHEV Pencho | 118 | NAVAL ACADEMY | M-18 | 15 | 00:22:53 | 121 | 00:05:45 | 00:53:02 | 99 | 00:01:09 | 00:27:08 | 113 | 01:49:57.82 | +00:44:38 (40.6%) |
| 116 | JELIŃSKA Gosia | 32 | IRONTEAM3CITY | K-35+ | 8 | 00:14:00 | 106 | 00:06:38 | 00:55:50 | 109 | 00:01:00 | 00:32:46 | 120 | 01:50:14.45 | +00:44:55 (40.8%) |
| 117 | PAŁUCZAK Arkadiusz , NOWAK Mateusz , DYRCZ Emil | 185 | PAKA-S | Sztafety | 6 | 00:13:51 | 101 | 00:02:49 | 01:05:30 | 118 | 00:01:07 | 00:29:02 | 118 | 01:52:19.87 | +00:47:00 (41.9%) |
| 118 | ŚWITOŃSKA Aleksandra | 101 | | K-35+ | 9 | 00:13:43 | 97 | 00:05:03 | 01:03:54 | 117 | 00:01:06 | 00:31:42 | 119 | 01:55:28.64 | +00:50:09 (43.4%) |
| 119 | AL-MANSOUR Jarrah , AL-AMARI Mubarak , AL-DHUBAIBI Dhubaibi | 186 | AMW | Sztafety | 7 | 00:15:36 | 116 | 00:03:34 | 01:15:30 | 120 | 00:01:00 | 00:22:00 | 81 | 01:57:40.00 | +00:52:20 (44.5%) |
| 120 | STAMOV Giorgi | 121 | NAVAL ACADEMY | M-18 | 16 | 00:17:14 | 119 | 00:06:33 | 01:08:53 | 119 | 00:00:55 | 00:27:56 | 117 | 02:01:31.17 | +00:56:12 (46.2%) |
| | GRUSZKA Agnieszka | 27 | GDYNIA SPORT TEAM | K-35+ | | 00:11:22 | 67 | 00:04:45 | | | | | | DNF | |

Znaleziono 121 wynik(ów)