



## FORMOZA CHALLENGE

# FORMOZA LONG

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Formoza Challenge Oborniki  
**Organizator:** APS AGENCY Sp. z o.o. Sp. K  
**Data:** 2022-06-05  
**Miejsce:** Oborniki  
**Dystans:** 10 L km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	RAKOWSKI Łukasz	129	OPEN Mężczyźni	1	01:10:32	00:21:29	01:27:21.70	02:37:53.95		8:44	6.9 (100%)
2	SZELIGA Dawid	450	OPEN Mężczyźni	2	01:10:31	00:21:25	01:27:21.85	02:37:53.65	+00:00:00 (0.0%)	8:44	6.9 (100%)
3	DARMETKO Rafał	140	OPEN Mężczyźni	3	01:10:31	00:21:23	01:27:23.15	02:37:54.25	+00:00:01 (0.0%)	8:44	6.9 (100%)
4	WILK Tomasz	421	OPEN Mężczyźni	4	01:21:27	00:23:52	01:29:47.70	02:51:14.80	+00:02:26 (2.7%)	8:58	6.7 (97.1%)
5	BALCEROWIAK Filip	102	OPEN Mężczyźni	5	01:12:17	00:21:39	01:32:07.30	02:44:24.80	+00:04:45 (5.2%)	9:12	6.5 (94.2%)
6	GAJEWY Dawid	168	OPEN Mężczyźni	6	01:10:31	00:21:29	01:35:06.50	02:45:38.10	+00:07:44 (8.1%)	9:30	6.3 (91.3%)
7	KUCHARSKI Jacek	265	OPEN Mężczyźni	7	01:10:32	00:28:35	01:38:13.50	02:48:46.25	+00:10:51 (11.1%)	9:49	6.1 (88.4%)
8	KLUCZYŃSKI Kamil	242	OPEN Mężczyźni	8	00:31:55	00:25:45	01:38:41.45	02:10:36.85	+00:11:19 (11.5%)	9:52	6.1 (88.4%)
9	STRZYŻ Łukasz	386	OPEN Mężczyźni	9	01:08:08	00:24:00	01:39:09.55	02:47:18.45	+00:11:47 (11.9%)	9:54	6.1 (88.4%)
10	GUDANIEC Katarzyna	193	OPEN Kobiety	1	01:08:08	00:24:06	01:39:47.70	02:47:56.20	+00:12:26 (12.5%)	9:58	6 (87.0%)
11	GAŁĄZKA Dominik	171	OPEN Mężczyźni	10	01:17:50	00:27:41	01:40:38.15	02:58:28.55	+00:13:16 (13.2%)	10:03	6 (87.0%)
12	RYCHCZYŃSKI Tomasz	359	OPEN Mężczyźni	11	01:12:17	00:23:43	01:42:37.35	02:54:54.55	+00:15:15 (14.9%)	10:15	5.8 (84.1%)
13	JAROS Paweł	222	OPEN Mężczyźni	12	00:44:17	00:28:56	01:44:10.95	02:28:28.75	+00:16:49 (16.1%)	10:25	5.8 (84.1%)
14	SZYMBROWICZ Tomasz	397	OPEN Mężczyźni	13	00:46:30	00:32:15	01:46:14.40	02:32:44.60	+00:18:52 (17.8%)	10:37	5.6 (81.2%)
15	BURNOS Kamil	125	OPEN Mężczyźni	14	01:00:38	00:27:18	01:46:25.25	02:47:03.95	+00:19:03 (17.9%)	10:38	5.6 (81.2%)
16	RADOMSKI Łukasz	342	OPEN Mężczyźni	15	01:00:38	00:27:19	01:47:36.00	02:48:14.55	+00:20:14 (18.8%)	10:45	5.6 (81.2%)
17	MAĆKOWIAK Piotr	283	OPEN Mężczyźni	16	00:49:21	00:29:39	01:49:38.20	02:38:59.20	+00:22:16 (20.3%)	10:57	5.5 (79.7%)
18	WACHOWSKI Łukasz	406	OPEN Mężczyźni	17	00:41:09	00:27:52	01:50:56.10	02:32:06.05	+00:23:34 (21.2%)	11:05	5.4 (78.3%)
19	RATAJEWSKI Daniel	345	OPEN Mężczyźni	18	00:31:57	00:26:54	01:53:47.45	02:25:45.30	+00:26:25 (23.2%)	11:22	5.3 (76.8%)
20	NOWACKI Krzysztof	447	OPEN Mężczyźni	19	00:46:28	00:32:54	01:54:15.30	02:40:43.75	+00:26:53 (23.5%)	11:25	5.3 (76.8%)
21	WSZOŁEK Marcin	435	OPEN Mężczyźni	20	01:48:26	00:28:48	01:54:38.25	03:43:05.15	+00:27:16 (23.8%)	11:27	5.2 (75.4%)
22	RUEFFRECK Adam	355	OPEN Mężczyźni	21	00:31:55	00:30:13	01:56:11.45	02:28:07.35	+00:28:49 (24.8%)	11:37	5.2 (75.4%)
23	DELENGOWSKI Maciej	141	OPEN Mężczyźni	22	01:48:27	00:28:50	01:56:14.00	03:44:41.45	+00:28:52 (24.8%)	11:37	5.2 (75.4%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
24	<b>SŁOMA Krzysztof</b>	<b>369</b>	OPEN Mężczyźni	23	00:31:59	00:29:57	<b>01:56:19.65</b>	<b>02:28:18.70</b>	+00:28:57 (24.9%)	11:37	5.2 (75.4%)
25	<b>KOZŁOWSKI Michał</b>	<b>257</b>	OPEN Mężczyźni	24	00:53:30	00:29:04	<b>01:56:32.90</b>	<b>02:50:03.40</b>	+00:29:11 (25.0%)	11:39	5.1 (73.9%)
26	<b>DWORZYŃSKI Rafał</b>	<b>152</b>	OPEN Mężczyźni	25	00:41:10	00:30:50	<b>01:56:44.20</b>	<b>02:37:54.85</b>	+00:29:22 (25.2%)	11:40	5.1 (73.9%)
27	<b>LEŻYŃSKI Jarosław</b>	<b>276</b>	OPEN Mężczyźni	26	00:44:17	00:34:22	<b>01:57:00.45</b>	<b>02:41:18.35</b>	+00:29:38 (25.3%)	11:42	5.1 (73.9%)
28	<b>KOZANECKI Leon</b>	<b>256</b>	OPEN Mężczyźni	27	00:35:57	00:31:27	<b>01:57:45.00</b>	<b>02:33:42.05</b>	+00:30:23 (25.8%)	11:46	5.1 (73.9%)
29	<b>WOJCIECHOWSKI Kamil</b>	<b>428</b>	OPEN Mężczyźni	28	01:24:55	00:33:50	<b>01:59:13.75</b>	<b>03:24:09.05</b>	+00:31:52 (26.7%)	11:55	5 (72.5%)
30	<b>SZCZERKOWSKI Cezary</b>	<b>392</b>	OPEN Mężczyźni	29	00:31:56	00:30:21	<b>01:59:28.65</b>	<b>02:31:25.45</b>	+00:32:06 (26.9%)	11:56	5 (72.5%)
31	<b>WŁODARZ Szymon</b>	<b>423</b>	OPEN Mężczyźni	30	01:29:34	00:30:17	<b>01:59:37.70</b>	<b>03:29:11.90</b>	+00:32:16 (27.0%)	11:57	5 (72.5%)
32	<b>BURKICIAK Dominik</b>	<b>124</b>	OPEN Mężczyźni	31	01:14:49	00:35:30	<b>01:59:47.55</b>	<b>03:14:37.45</b>	+00:32:25 (27.1%)	11:58	5 (72.5%)
33	<b>JĘDRASZCZYK Sebastian</b>	<b>226</b>	OPEN Mężczyźni	32	01:14:49	00:35:29	<b>01:59:48.50</b>	<b>03:14:38.05</b>	+00:32:26 (27.1%)	11:58	5 (72.5%)
34	<b>CIESIELSKA Agnieszka</b>	<b>134</b>	OPEN Kobiety	2	01:10:31	00:32:55	<b>02:00:31.50</b>	<b>03:11:03.05</b>	+00:33:09 (27.5%)	12:03	5 (72.5%)
35	<b>WOJCIECHOWSKI Marek</b>	<b>426</b>	OPEN Mężczyźni	33	00:46:26	00:36:33	<b>02:00:49.10</b>	<b>02:47:16.00</b>	+00:33:27 (27.7%)	12:04	5 (72.5%)
36	<b>PALUCH Gilbert</b>	<b>317</b>	OPEN Mężczyźni	34	00:46:26	00:36:33	<b>02:00:51.05</b>	<b>02:47:18.00</b>	+00:33:29 (27.7%)	12:05	5 (72.5%)
37	<b>GRALA Dominik</b>	<b>185</b>	OPEN Mężczyźni	35	01:29:34	00:30:22	<b>02:00:51.40</b>	<b>03:30:25.75</b>	+00:33:29 (27.7%)	12:05	5 (72.5%)
38	<b>CZAJA Piotr</b>	<b>137</b>	OPEN Mężczyźni	36	01:54:29	00:36:37	<b>02:01:14.30</b>	<b>03:55:44.00</b>	+00:33:52 (27.9%)	12:07	4.9 (71.0%)
39	<b>STACHOWIAK Krzysztof</b>	<b>376</b>	OPEN Mężczyźni	37	00:41:09	00:28:41	<b>02:01:24.65</b>	<b>02:42:33.80</b>	+00:34:02 (28.0%)	12:08	4.9 (71.0%)
40	<b>DOLATA Krzysztof</b>	<b>145</b>	OPEN Mężczyźni	38	01:10:31	00:32:57	<b>02:01:39.70</b>	<b>03:12:11.40</b>	+00:34:18 (28.2%)	12:09	4.9 (71.0%)
41	<b>KOCEJKO Tomasz</b>	<b>244</b>	OPEN Mężczyźni	39	00:49:22	00:41:30	<b>02:01:47.10</b>	<b>02:51:09.70</b>	+00:34:25 (28.3%)	12:10	4.9 (71.0%)
42	<b>KRYSZAK Paweł</b>	<b>261</b>	OPEN Mężczyźni	40	00:53:30	00:28:05	<b>02:01:53.50</b>	<b>02:55:23.65</b>	+00:34:31 (28.3%)	12:11	4.9 (71.0%)
43	<b>DULSKI Przemysław</b>	<b>151</b>	OPEN Mężczyźni	41	01:12:19	00:37:44	<b>02:02:49.40</b>	<b>03:15:09.15</b>	+00:35:27 (28.9%)	12:16	4.9 (71.0%)
44	<b>OTTO Jakub</b>	<b>451</b>	OPEN Mężczyźni	42	01:12:19	00:37:43	<b>02:02:51.30</b>	<b>03:15:10.55</b>	+00:35:29 (28.9%)	12:17	4.9 (71.0%)
45	<b>BOROWSKI Wojtek</b>	<b>119</b>	OPEN Mężczyźni	43	00:35:59	00:33:28	<b>02:03:10.45</b>	<b>02:39:09.85</b>	+00:35:48 (29.1%)	12:19	4.9 (71.0%)
46	<b>BANDIAK Kamil</b>	<b>105</b>	OPEN Mężczyźni	44	00:53:28	00:41:32	<b>02:04:34.90</b>	<b>02:58:03.45</b>	+00:37:13 (29.9%)	12:27	4.8 (69.6%)
47	<b>JANKOWSKI Wojciech</b>	<b>221</b>	OPEN Mężczyźni	45	00:35:58	00:31:15	<b>02:04:35.35</b>	<b>02:40:33.55</b>	+00:37:13 (29.9%)	12:27	4.8 (69.6%)
48	<b>LEWANDOWSKI Mateusz</b>	<b>275</b>	OPEN Mężczyźni	46	00:53:29	00:41:34	<b>02:04:37.50</b>	<b>02:58:07.20</b>	+00:37:15 (29.9%)	12:27	4.8 (69.6%)
49	<b>KNAPIŃSKI Piotr</b>	<b>243</b>	OPEN Mężczyźni	47	01:24:59	00:35:35	<b>02:05:05.40</b>	<b>03:30:04.40</b>	+00:37:43 (30.2%)	12:30	4.8 (69.6%)
50	<b>JUSZCZAK Jakub</b>	<b>230</b>	OPEN Mężczyźni	48	01:21:27	00:34:07	<b>02:05:07.55</b>	<b>03:26:34.55</b>	+00:37:45 (30.2%)	12:30	4.8 (69.6%)
51	<b>KĘSOŃ Michał</b>	<b>240</b>	OPEN Mężczyźni	49	00:49:22	00:36:37	<b>02:07:33.35</b>	<b>02:56:55.45</b>	+00:40:11 (31.5%)	12:45	4.7 (68.1%)
52	<b>POŁOMSKI Marcin</b>	<b>331</b>	OPEN Mężczyźni	50	00:44:18	00:41:26	<b>02:09:25.45</b>	<b>02:53:44.10</b>	+00:42:03 (32.5%)	12:56	4.6 (66.7%)
53	<b>WIENKE Rafał</b>	<b>420</b>	OPEN Mężczyźni	51	01:21:30	00:37:13	<b>02:09:34.80</b>	<b>03:31:05.40</b>	+00:42:13 (32.6%)	12:57	4.6 (66.7%)
54	<b>SZPOTON Ewa</b>	<b>452</b>	OPEN Kobiety	3	00:44:17	00:43:29	<b>02:09:40.15</b>	<b>02:53:57.55</b>	+00:42:18 (32.6%)	12:58	4.6 (66.7%)
55	<b>KARPIŃSKI Dariusz</b>	<b>236</b>	OPEN Mężczyźni	52	00:49:21	00:36:35	<b>02:09:44.20</b>	<b>02:59:06.00</b>	+00:42:22 (32.7%)	12:58	4.6 (66.7%)
56	<b>KOWNACKI Krzysztof</b>	<b>254</b>	OPEN Mężczyźni	53	00:44:20	00:42:39	<b>02:11:16.75</b>	<b>02:55:36.95</b>	+00:43:55 (33.5%)	13:07	4.6 (66.7%)
57	<b>PLUCIŃSKI Sylwester</b>	<b>453</b>	OPEN Mężczyźni	54	00:36:00	00:33:21	<b>02:11:21.85</b>	<b>02:47:22.10</b>	+00:44:00 (33.5%)	13:08	4.6 (66.7%)
58	<b>MARCINIAK Waldemar</b>	<b>292</b>	OPEN Mężczyźni	55	00:35:58	00:38:02	<b>02:11:46.90</b>	<b>02:47:45.40</b>	+00:44:25 (33.7%)	13:10	4.6 (66.7%)
59	<b>MARCINIAK Roma</b>	<b>291</b>	OPEN Kobiety	4	00:35:58	00:38:01	<b>02:11:47.10</b>	<b>02:47:45.35</b>	+00:44:25 (33.7%)	13:10	4.6 (66.7%)
60	<b>FINSTER Łukasz</b>	<b>162</b>	OPEN Mężczyźni	56	00:36:00	00:34:24	<b>02:12:49.90</b>	<b>02:48:50.00</b>	+00:45:28 (34.2%)	13:16	4.5 (65.2%)
61	<b>HOLAJDA Marek</b>	<b>203</b>	OPEN Mężczyźni	57	01:24:55	00:35:06	<b>02:12:53.45</b>	<b>03:37:48.75</b>	+00:45:31 (34.3%)	13:17	4.5 (65.2%)
62	<b>TRYBA Daniel</b>	<b>403</b>	OPEN Mężczyźni	58	00:44:18	00:33:28	<b>02:13:04.40</b>	<b>02:57:22.85</b>	+00:45:42 (34.4%)	13:18	4.5 (65.2%)
63	<b>BUCHOLC Zbigniew</b>	<b>123</b>	OPEN Mężczyźni	59	00:49:23	00:42:49	<b>02:13:17.95</b>	<b>03:02:40.95</b>	+00:45:56 (34.5%)	13:19	4.5 (65.2%)
64	<b>STRÓŻEWSKI Przemysław</b>	<b>384</b>	OPEN Mężczyźni	60	00:44:18	00:38:39	<b>02:13:20.70</b>	<b>02:57:38.70</b>	+00:45:59 (34.5%)	13:20	4.5 (65.2%)
65	<b>MATEUSZ Głomb</b>	<b>294</b>	OPEN Mężczyźni	61	00:44:17	00:38:51	<b>02:13:43.80</b>	<b>02:58:01.40</b>	+00:46:22 (34.7%)	13:22	4.5 (65.2%)
66	<b>HAĆ Łukasz</b>	<b>194</b>	OPEN Mężczyźni	62	01:12:18	00:32:59	<b>02:13:54.90</b>	<b>03:26:13.15</b>	+00:46:33 (34.8%)	13:23	4.5 (65.2%)
67	<b>ZAWADZKI Dariusz</b>	<b>442</b>	OPEN Mężczyźni	63	00:53:34	00:37:23	<b>02:14:02.45</b>	<b>03:07:36.80</b>	+00:46:40 (34.8%)	13:24	4.5 (65.2%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
68	<b>GAJDEMSKI Rafał</b>	<b>167</b>	OPEN Mężczyźni	64	00:46:28	00:40:01	<b>02:14:13.75</b>	<b>03:00:42.35</b>	+00:46:52 (34.9%)	13:25	4.5 (65.2%)
69	<b>KULIKOWSKI Maciej</b>	<b>268</b>	OPEN Mężczyźni	65	00:46:28	00:40:02	<b>02:14:19.60</b>	<b>03:00:48.45</b>	+00:46:57 (35.0%)	13:25	4.5 (65.2%)
70	<b>WAŚ Marcin</b>	<b>413</b>	OPEN Mężczyźni	66	00:57:31	00:36:38	<b>02:15:13.25</b>	<b>03:12:45.10</b>	+00:47:51 (35.4%)	13:31	4.4 (63.8%)
71	<b>DZIELENDZIAK Damian</b>	<b>155</b>	OPEN Mężczyźni	67	01:38:54	00:40:22	<b>02:15:34.60</b>	<b>03:54:29.05</b>	+00:48:12 (35.6%)	13:33	4.4 (63.8%)
72	<b>TOMCZAK Joanna</b>	<b>402</b>	OPEN Kobiety	5	00:35:57	00:33:12	<b>02:15:53.85</b>	<b>02:51:51.80</b>	+00:48:32 (35.7%)	13:35	4.4 (63.8%)
73	<b>KOKOTEK Alicja</b>	<b>245</b>	OPEN Kobiety	6	00:49:23	00:37:40	<b>02:16:30.05</b>	<b>03:05:53.35</b>	+00:49:08 (36.0%)	13:39	4.4 (63.8%)
74	<b>WOJTANEK Krzysztof</b>	<b>461</b>	OPEN Mężczyźni	68	01:21:29	00:43:36	<b>02:16:38.35</b>	<b>03:38:07.90</b>	+00:49:16 (36.1%)	13:39	4.4 (63.8%)
75	<b>KUBIAK Katarzyna</b>	<b>264</b>	OPEN Kobiety	7	00:49:23	00:37:42	<b>02:17:07.15</b>	<b>03:06:30.60</b>	+00:49:45 (36.3%)	13:42	4.4 (63.8%)
76	<b>PAŚKA Marcin</b>	<b>319</b>	OPEN Mężczyźni	69	00:35:57	00:34:13	<b>02:17:08.95</b>	<b>02:53:06.50</b>	+00:49:47 (36.3%)	13:42	4.4 (63.8%)
77	<b>WAWRZYNIAK Cezary</b>	<b>411</b>	OPEN Mężczyźni	70	00:53:29	00:41:36	<b>02:17:15.20</b>	<b>03:10:44.60</b>	+00:49:53 (36.4%)	13:43	4.4 (63.8%)
78	<b>KRÓL Przemysław</b>	<b>672</b>	OPEN Mężczyźni	71	02:16:08	00:43:22	<b>02:18:01.95</b>	<b>04:34:10.55</b>	+00:50:40 (36.7%)	13:48	4.3 (62.3%)
79	<b>PAWLAK Przemysław</b>	<b>321</b>	OPEN Mężczyźni	72	01:44:01	00:37:13	<b>02:18:30.65</b>	<b>04:02:31.90</b>	+00:51:08 (36.9%)	13:51	4.3 (62.3%)
80	<b>BOGUSZ Radosław</b>	<b>118</b>	OPEN Mężczyźni	73	01:44:01	00:37:12	<b>02:18:32.00</b>	<b>04:02:33.85</b>	+00:51:10 (36.9%)	13:51	4.3 (62.3%)
81	<b>HARĘZGA Kamil</b>	<b>199</b>	OPEN Mężczyźni	74	00:46:27	00:41:23	<b>02:18:57.65</b>	<b>03:05:25.55</b>	+00:51:35 (37.1%)	13:53	4.3 (62.3%)
82	<b>BARTOSZEK Aleksander</b>	<b>107</b>	OPEN Mężczyźni	75	00:46:27	00:41:25	<b>02:18:57.80</b>	<b>03:05:25.25</b>	+00:51:36 (37.1%)	13:53	4.3 (62.3%)
83	<b>NAWROCKI Krzysztof</b>	<b>305</b>	OPEN Mężczyźni	76	00:44:19	00:38:18	<b>02:19:09.65</b>	<b>03:03:28.80</b>	+00:51:47 (37.2%)	13:54	4.3 (62.3%)
84	<b>HARASIMOWICZ Michał</b>	<b>198</b>	OPEN Mężczyźni	77	00:35:59	00:45:30	<b>02:19:15.60</b>	<b>02:55:15.05</b>	+00:51:53 (37.3%)	13:55	4.3 (62.3%)
85	<b>CIESIELSKI Damian</b>	<b>135</b>	OPEN Mężczyźni	78	00:44:18	00:38:53	<b>02:19:15.75</b>	<b>03:03:34.60</b>	+00:51:54 (37.3%)	13:55	4.3 (62.3%)
86	<b>WOJCIESZAK Szczepan</b>	<b>429</b>	OPEN Mężczyźni	79	01:24:58	00:37:41	<b>02:19:53.65</b>	<b>03:44:52.35</b>	+00:52:31 (37.6%)	13:59	4.3 (62.3%)
87	<b>WILCZEK Anna</b>	<b>454</b>	OPEN Kobiety	8	00:31:59	00:36:12	<b>02:19:57.05</b>	<b>02:51:56.40</b>	+00:52:35 (37.6%)	13:59	4.3 (62.3%)
88	<b>WERONIECKI Mirosław</b>	<b>414</b>	OPEN Mężczyźni	80	01:24:57	00:43:50	<b>02:20:03.75</b>	<b>03:45:01.55</b>	+00:52:42 (37.6%)	14:00	4.3 (62.3%)
89	<b>NOWAK Zbigniew</b>	<b>310</b>	OPEN Mężczyźni	81	01:00:41	00:39:14	<b>02:20:08.70</b>	<b>03:20:50.35</b>	+00:52:47 (37.7%)	14:00	4.3 (62.3%)
90	<b>DOLATA Lukasz</b>	<b>144</b>	OPEN Mężczyźni	82	00:46:28	00:33:28	<b>02:20:43.55</b>	<b>03:07:11.85</b>	+00:53:21 (37.9%)	14:04	4.3 (62.3%)
91	<b>ŁAKOMIEC Maciej</b>	<b>278</b>	OPEN Mężczyźni	83	01:00:42	00:39:18	<b>02:20:45.00</b>	<b>03:21:27.05</b>	+00:53:23 (37.9%)	14:04	4.3 (62.3%)
92	<b>SCHABOWSKA-CIERACH Anna</b>	<b>363</b>	OPEN Kobiety	9	01:24:56	00:44:51	<b>02:21:35.35</b>	<b>03:46:31.60</b>	+00:54:13 (38.3%)	14:09	4.2 (60.9%)
93	<b>CZERNIEL Monika</b>	<b>138</b>	OPEN Kobiety	10	01:24:56	00:44:52	<b>02:21:35.65</b>	<b>03:46:31.70</b>	+00:54:13 (38.3%)	14:09	4.2 (60.9%)
94	<b>GRZELAK Brayán</b>	<b>190</b>	OPEN Mężczyźni	84	01:29:33	00:44:03	<b>02:22:09.20</b>	<b>03:51:42.45</b>	+00:54:47 (38.5%)	14:12	4.2 (60.9%)
95	<b>CIEŚLIK-ŚLUSAREK Ewa</b>	<b>136</b>	OPEN Kobiety	11	00:41:09	00:36:31	<b>02:22:16.20</b>	<b>03:03:25.60</b>	+00:54:54 (38.6%)	14:13	4.2 (60.9%)
96	<b>ADAMCZAK Witold</b>	<b>100</b>	OPEN Mężczyźni	85	01:41:22	00:44:21	<b>02:22:50.80</b>	<b>04:04:13.65</b>	+00:55:29 (38.8%)	14:17	4.2 (60.9%)
97	<b>MIODEK Adrian</b>	<b>297</b>	OPEN Mężczyźni	86	01:14:51	00:51:28	<b>02:23:30.05</b>	<b>03:38:21.80</b>	+00:56:08 (39.1%)	14:21	4.2 (60.9%)
98	<b>OWSIŃSKI Krzysztof</b>	<b>316</b>	OPEN Mężczyźni	87	01:51:38	00:42:27	<b>02:23:52.45</b>	<b>04:15:30.75</b>	+00:56:30 (39.3%)	14:23	4.2 (60.9%)
99	<b>BREMBOR Monika</b>	<b>121</b>	OPEN Kobiety	12	00:46:29	00:39:19	<b>02:24:05.40</b>	<b>03:10:34.60</b>	+00:56:43 (39.4%)	14:24	4.2 (60.9%)
100	<b>GORZELAŃCZYK Renata</b>	<b>178</b>	OPEN Kobiety	13	00:46:28	00:39:21	<b>02:24:06.10</b>	<b>03:10:35.00</b>	+00:56:44 (39.4%)	14:24	4.2 (60.9%)
101	<b>WIŚNIEWSKA Katarzyna</b>	<b>422</b>	OPEN Kobiety	14	00:35:57	00:42:43	<b>02:24:22.05</b>	<b>03:00:19.75</b>	+00:57:00 (39.5%)	14:26	4.2 (60.9%)
102	<b>RYSMANOWSKI Damian</b>	<b>360</b>	OPEN Mężczyźni	88	00:35:58	00:38:12	<b>02:24:23.80</b>	<b>03:00:22.55</b>	+00:57:02 (39.5%)	14:26	4.2 (60.9%)
103	<b>JANKOWIAK Tomasz</b>	<b>219</b>	OPEN Mężczyźni	89	01:21:29	00:46:22	<b>02:24:51.65</b>	<b>03:46:21.60</b>	+00:57:29 (39.7%)	14:29	4.1 (59.4%)
104	<b>DYZMA Irmina</b>	<b>154</b>	OPEN Kobiety	15	01:21:28	00:46:28	<b>02:24:52.25</b>	<b>03:46:20.90</b>	+00:57:30 (39.7%)	14:29	4.1 (59.4%)
105	<b>DYZMA Krzysztof</b>	<b>153</b>	OPEN Mężczyźni	90	01:21:29	00:46:24	<b>02:24:52.45</b>	<b>03:46:21.60</b>	+00:57:30 (39.7%)	14:29	4.1 (59.4%)
106	<b>STANISLAWSKI Maciej</b>	<b>378</b>	OPEN Mężczyźni	91	00:49:24	00:48:46	<b>02:24:52.90</b>	<b>03:14:17.65</b>	+00:57:31 (39.7%)	14:29	4.1 (59.4%)
107	<b>CHRZANOWSKI Kamil</b>	<b>131</b>	OPEN Mężczyźni	92	00:49:24	00:48:57	<b>02:24:54.00</b>	<b>03:14:18.20</b>	+00:57:32 (39.7%)	14:29	4.1 (59.4%)
108	<b>MŁYNNARCZAK Jakub</b>	<b>299</b>	OPEN Mężczyźni	93	01:21:27	00:46:27	<b>02:24:54.65</b>	<b>03:46:21.90</b>	+00:57:32 (39.7%)	14:29	4.1 (59.4%)
109	<b>MŁYNNARCZAK Karolina</b>	<b>300</b>	OPEN Kobiety	16	01:21:26	00:46:30	<b>02:24:55.10</b>	<b>03:46:21.45</b>	+00:57:33 (39.7%)	14:29	4.1 (59.4%)
110	<b>IGNASZEWSKI Krzysztof</b>	<b>211</b>	OPEN Mężczyźni	94	00:44:19	00:46:48	<b>02:25:58.00</b>	<b>03:10:17.45</b>	+00:58:36 (40.1%)	14:35	4.1 (59.4%)
111	<b>JACKOWIAK Szymon</b>	<b>215</b>	OPEN Mężczyźni	95	00:44:18	00:46:46	<b>02:26:01.25</b>	<b>03:10:19.50</b>	+00:58:39 (40.2%)	14:36	4.1 (59.4%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
112	JACKOWIAK Agnieszka	214	OPEN Kobiety	17	00:44:18	00:46:51	02:26:01.70	03:10:20.55	+00:58:40 (40.2%)	14:36	4.1 (59.4%)
113	NAROŻNY Dawid	455	OPEN Mężczyźni	96	00:31:59	00:36:07	02:26:28.95	02:58:28.70	+00:59:07 (40.4%)	14:38	4.1 (59.4%)
114	JELIŃSKI Marcin	225	OPEN Mężczyźni	97	00:57:29	00:41:10	02:27:34.25	03:25:04.15	+01:00:12 (40.8%)	14:45	4.1 (59.4%)
115	SUMIŃSKI Wojciech	388	OPEN Mężczyźni	98	00:57:29	00:49:41	02:27:58.20	03:25:27.80	+01:00:36 (41.0%)	14:47	4.1 (59.4%)
116	ŻYTO Maciej	446	OPEN Mężczyźni	99	00:57:29	00:49:39	02:28:26.20	03:25:55.65	+01:01:04 (41.1%)	14:50	4 (58.0%)
117	ZYCH Monika	444	OPEN Kobiety	18	00:44:19	00:42:06	02:28:34.85	03:12:54.75	+01:01:13 (41.2%)	14:51	4 (58.0%)
118	WESOŁOWSKA Aneta	189	OPEN Kobiety	19	00:44:19	00:42:07	02:28:35.20	03:12:54.85	+01:01:13 (41.2%)	14:51	4 (58.0%)
119	BYCZKOWSKI Jan	322	OPEN Mężczyźni	100	00:44:19	00:42:04	02:28:35.60	03:12:55.50	+01:01:13 (41.2%)	14:51	4 (58.0%)
120	WASIAKOWSKI Hubert	409	OPEN Mężczyźni	101	00:57:31	00:49:37	02:28:55.25	03:26:26.50	+01:01:33 (41.3%)	14:53	4 (58.0%)
121	FEDEROWICZ Grzegorz	160	OPEN Mężczyźni	102	01:54:30	00:38:40	02:31:03.10	04:25:33.45	+01:03:41 (42.2%)	15:06	4 (58.0%)
122	POPIELA-KUKUŚ Katarzyna	332	OPEN Kobiety	20	01:54:29	00:38:40	02:31:03.55	04:25:33.00	+01:03:41 (42.2%)	15:06	4 (58.0%)
123	SŁOMIŃSKI Artur	370	OPEN Mężczyźni	103	01:10:32	00:42:11	02:31:25.30	03:41:57.85	+01:04:03 (42.3%)	15:08	4 (58.0%)
124	ROGIŃSKA Letycja	348	OPEN Kobiety	21	01:10:32	00:42:10	02:31:25.65	03:41:57.95	+01:04:03 (42.3%)	15:08	4 (58.0%)
125	NOWAK Jakub	309	OPEN Mężczyźni	104	00:35:59	00:43:31	02:31:27.05	03:07:26.10	+01:04:05 (42.3%)	15:08	4 (58.0%)
126	KASZKOWIAK Patryk	237	OPEN Mężczyźni	105	00:35:59	00:42:46	02:31:34.60	03:07:33.65	+01:04:12 (42.4%)	15:09	4 (58.0%)
127	GROSICKI Jakub	188	OPEN Mężczyźni	106	00:49:23	00:42:10	02:32:17.75	03:21:41.55	+01:04:56 (42.6%)	15:13	3.9 (56.5%)
128	OŚWIATEK Bronisław	459	OPEN Mężczyźni	107	00:31:59	00:36:12	02:32:36.85	03:04:36.35	+01:05:15 (42.8%)	15:15	3.9 (56.5%)
129	GALICKI Robert	169	OPEN Mężczyźni	108	01:08:10	00:44:11	02:32:39.30	03:40:49.30	+01:05:17 (42.8%)	15:15	3.9 (56.5%)
130	BŁACHOWICZ Gabriel	115	OPEN Mężczyźni	109	01:29:33	00:36:51	02:33:43.00	04:03:16.90	+01:06:21 (43.2%)	15:22	3.9 (56.5%)
131	KOWALSKA Julia	251	OPEN Kobiety	22	01:17:51	00:47:41	02:34:25.50	03:52:16.85	+01:07:03 (43.4%)	15:26	3.9 (56.5%)
132	KĘDZIERSKI Krzysztof	239	OPEN Mężczyźni	110	00:57:30	00:49:51	02:34:28.95	03:31:59.55	+01:07:07 (43.4%)	15:26	3.9 (56.5%)
133	HOLAK Hubert	204	OPEN Mężczyźni	111	01:21:29	00:40:34	02:34:34.65	03:56:03.80	+01:07:12 (43.5%)	15:27	3.9 (56.5%)
134	HAIN Przemysław	196	OPEN Mężczyźni	112	01:21:28	00:40:30	02:34:34.90	03:56:03.55	+01:07:13 (43.5%)	15:27	3.9 (56.5%)
135	OKRÓJ Martyna	313	OPEN Kobiety	23	01:21:28	00:40:32	02:34:35.30	03:56:03.65	+01:07:13 (43.5%)	15:27	3.9 (56.5%)
136	STEFANIAK Martyna	382	OPEN Kobiety	24	01:54:30	00:38:41	02:35:38.35	04:30:08.85	+01:08:16 (43.9%)	15:33	3.9 (56.5%)
137	DUDA Mateusz	150	OPEN Mężczyźni	113	00:53:32	00:47:26	02:35:53.60	03:29:26.35	+01:08:31 (44.0%)	15:35	3.8 (55.1%)
138	PALUSZAK Anna	318	OPEN Kobiety	25	00:53:32	00:47:26	02:35:54.20	03:29:26.75	+01:08:32 (44.0%)	15:35	3.8 (55.1%)
139	DUDA Paweł	149	OPEN Mężczyźni	114	00:53:31	00:47:34	02:36:06.45	03:29:37.80	+01:08:44 (44.0%)	15:36	3.8 (55.1%)
140	KĄNDUŁA Jacek	235	OPEN Mężczyźni	115	00:53:31	00:47:33	02:36:06.65	03:29:38.30	+01:08:44 (44.0%)	15:36	3.8 (55.1%)
141	KOWALSKI Bartłomiej	253	OPEN Mężczyźni	116	01:17:52	00:47:42	02:36:26.35	03:54:18.85	+01:09:04 (44.2%)	15:38	3.8 (55.1%)
142	DZIURLEJA Mirosława	158	OPEN Kobiety	26	00:35:56	00:49:20	02:37:54.95	03:13:51.90	+01:10:33 (44.7%)	15:47	3.8 (55.1%)
143	STRZELCZYK Jakub	385	OPEN Mężczyźni	117	01:14:52	00:51:29	02:37:56.20	03:52:48.65	+01:10:34 (44.7%)	15:47	3.8 (55.1%)
144	DZIURLEJA Mateusz	157	OPEN Mężczyźni	118	00:35:57	00:49:21	02:37:56.75	03:13:54.25	+01:10:35 (44.7%)	15:47	3.8 (55.1%)
145	SZYMAŃSKI Maciej	395	OPEN Mężczyźni	119	01:29:32	00:46:44	02:38:03.00	04:07:35.15	+01:10:41 (44.7%)	15:48	3.8 (55.1%)
146	OCHRYMIUK Tomasz	312	OPEN Mężczyźni	120	01:29:31	00:46:45	02:38:03.90	04:07:35.55	+01:10:42 (44.7%)	15:48	3.8 (55.1%)
147	SZADEJ Piotr	391	OPEN Mężczyźni	121	00:53:30	00:45:05	02:38:08.10	03:31:39.05	+01:10:46 (44.8%)	15:48	3.8 (55.1%)
148	ADAMOWICZ Mateusz	101	OPEN Mężczyźni	122	00:53:31	00:45:00	02:38:09.30	03:31:41.25	+01:10:47 (44.8%)	15:48	3.8 (55.1%)
149	PŁÓCIENNICZAK Adam	329	OPEN Mężczyźni	123	00:53:31	00:44:59	02:38:10.60	03:31:42.15	+01:10:48 (44.8%)	15:49	3.8 (55.1%)
150	RUBELEK Przemysław	354	OPEN Mężczyźni	124	01:17:52	00:44:45	02:38:50.50	03:56:43.30	+01:11:28 (45.0%)	15:53	3.8 (55.1%)
151	JUTKOWIAK Dawid	232	OPEN Mężczyźni	125	00:36:00	00:49:43	02:39:11.65	03:15:12.35	+01:11:49 (45.1%)	15:55	3.8 (55.1%)
152	GÓRCZAK Arkadiusz	182	OPEN Mężczyźni	126	00:53:32	00:47:35	02:39:34.80	03:33:06.85	+01:12:13 (45.3%)	15:57	3.8 (55.1%)
153	MIRECKI Wojtek	298	OPEN Mężczyźni	127	00:49:24	00:49:01	02:41:55.30	03:31:19.30	+01:14:33 (46.0%)	16:11	3.7 (53.6%)
154	WARDEGA Adrian	408	OPEN Mężczyźni	128	00:49:23	00:48:53	02:41:56.15	03:31:19.80	+01:14:34 (46.1%)	16:11	3.7 (53.6%)
155	GICELA Jakub	174	OPEN Mężczyźni	129	01:54:30	00:40:44	02:42:32.50	04:37:03.45	+01:15:10 (46.3%)	16:15	3.7 (53.6%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
156	<b>SOBCZUK Karol</b>	<b>374</b>	OPEN Mężczyźni	130	01:54:30	00:40:41	<b>02:42:35.65</b>	<b>04:37:05.70</b>	+01:15:13 (46.3%)	16:15	3.7 (53.6%)
157	<b>JAGODZIŃSKI Radosław</b>	<b>216</b>	OPEN Mężczyźni	131	00:57:31	00:44:28	<b>02:43:15.35</b>	<b>03:40:46.70</b>	+01:15:53 (46.5%)	16:19	3.7 (53.6%)
158	<b>KULCZAK Paweł</b>	<b>267</b>	OPEN Mężczyźni	132	01:03:14	00:40:22	<b>02:44:22.60</b>	<b>03:47:36.65</b>	+01:17:00 (46.9%)	16:26	3.7 (53.6%)
159	<b>JÓZEFACIUK Maciej</b>	<b>229</b>	OPEN Mężczyźni	133	00:41:11	00:54:27	<b>02:44:47.25</b>	<b>03:25:59.15</b>	+01:17:25 (47.0%)	16:28	3.6 (52.2%)
160	<b>GALUBA Aleksander</b>	<b>170</b>	OPEN Mężczyźni	134	01:21:27	00:50:59	<b>02:44:47.35</b>	<b>04:06:14.95</b>	+01:17:25 (47.0%)	16:28	3.6 (52.2%)
161	<b>KUŚNIERZ Natalia</b>	<b>271</b>	OPEN Kobiety	27	00:36:00	00:49:41	<b>02:45:25.05</b>	<b>03:21:25.50</b>	+01:18:03 (47.2%)	16:32	3.6 (52.2%)
162	<b>SOLARSKI Zbigniew</b>	<b>375</b>	OPEN Mężczyźni	135	01:21:28	00:50:54	<b>02:46:20.25</b>	<b>04:07:49.20</b>	+01:18:58 (47.5%)	16:38	3.6 (52.2%)
163	<b>GRELEWICZ Jacek</b>	<b>186</b>	OPEN Mężczyźni	136	01:21:28	00:50:57	<b>02:46:29.15</b>	<b>04:07:57.25</b>	+01:19:07 (47.5%)	16:38	3.6 (52.2%)
164	<b>WYDRA Edyta</b>	<b>436</b>	OPEN Kobiety	28	00:38:46	00:50:27	<b>02:46:57.10</b>	<b>03:25:43.35</b>	+01:19:35 (47.7%)	16:41	3.6 (52.2%)
165	<b>BROMBER Adriana</b>	<b>122</b>	OPEN Kobiety	29	00:38:45	00:50:24	<b>02:46:57.80</b>	<b>03:25:43.25</b>	+01:19:36 (47.7%)	16:41	3.6 (52.2%)
166	<b>SAR Sebastian</b>	<b>362</b>	OPEN Mężczyźni	137	00:38:44	00:50:18	<b>02:46:58.60</b>	<b>03:25:43.10</b>	+01:19:36 (47.7%)	16:41	3.6 (52.2%)
166	<b>STANIECKI Krzysztof</b>	<b>377</b>	OPEN Mężczyźni	137	00:38:45	00:50:30	<b>02:46:58.60</b>	<b>03:25:44.55</b>	+01:19:36 (47.7%)	16:41	3.6 (52.2%)
168	<b>GROMADZIŃSKI Mateusz</b>	<b>187</b>	OPEN Mężczyźni	139	00:38:45	00:50:19	<b>02:46:58.65</b>	<b>03:25:44.40</b>	+01:19:36 (47.7%)	16:41	3.6 (52.2%)
169	<b>SABARCZEWSKI Jan</b>	<b>39</b>	OPEN Mężczyźni	140	00:38:44	00:50:18	<b>02:46:58.70</b>	<b>03:25:43.55</b>	+01:19:37 (47.7%)	16:41	3.6 (52.2%)
170	<b>LUTY Mariusz</b>	<b>449</b>	OPEN Mężczyźni	141	00:38:46	00:50:39	<b>02:46:58.90</b>	<b>03:25:45.15</b>	+01:19:37 (47.7%)	16:41	3.6 (52.2%)
171	<b>MADAJ Krzysztof</b>	<b>284</b>	OPEN Mężczyźni	142	01:08:11	00:42:48	<b>02:46:59.65</b>	<b>03:55:10.85</b>	+01:19:37 (47.7%)	16:41	3.6 (52.2%)
172	<b>CIESIELSKA Hanna</b>	<b>133</b>	OPEN Kobiety	30	00:38:45	00:50:39	<b>02:46:59.90</b>	<b>03:25:45.65</b>	+01:19:38 (47.7%)	16:41	3.6 (52.2%)
173	<b>JASZCZAK Ireneusz</b>	<b>223</b>	OPEN Mężczyźni	143	00:38:45	00:50:27	<b>02:47:00.35</b>	<b>03:25:45.45</b>	+01:19:38 (47.7%)	16:42	3.6 (52.2%)
174	<b>MADAJ Michał</b>	<b>285</b>	OPEN Mężczyźni	144	01:08:11	00:42:50	<b>02:47:00.90</b>	<b>03:55:12.15</b>	+01:19:39 (47.7%)	16:42	3.6 (52.2%)
175	<b>BURSIK Marianna</b>	<b>126</b>	OPEN Kobiety	31	00:49:24	00:47:15	<b>02:47:26.30</b>	<b>03:36:50.90</b>	+01:20:04 (47.8%)	16:44	3.6 (52.2%)
176	<b>KOPIENKA Kornelia</b>	<b>248</b>	OPEN Kobiety	32	00:49:24	00:47:15	<b>02:47:52.20</b>	<b>03:37:17.15</b>	+01:20:30 (48.0%)	16:47	3.6 (52.2%)
177	<b>ŚLUSARZ Mateusz</b>	<b>398</b>	OPEN Mężczyźni	145	01:08:10	00:47:19	<b>02:48:50.10</b>	<b>03:57:00.80</b>	+01:21:28 (48.3%)	16:53	3.6 (52.2%)
178	<b>WIECZOREK Natalia</b>	<b>418</b>	OPEN Kobiety	33	01:08:10	00:47:20	<b>02:48:50.60</b>	<b>03:57:00.95</b>	+01:21:28 (48.3%)	16:53	3.6 (52.2%)
179	<b>CERAJEWSKA Hanna</b>	<b>128</b>	OPEN Kobiety	34	01:08:10	00:50:36	<b>02:49:25.05</b>	<b>03:57:35.70</b>	+01:22:03 (48.4%)	16:56	3.5 (50.7%)
180	<b>MAJEWSKA Nicola</b>	<b>290</b>	OPEN Kobiety	35	01:08:10	00:50:35	<b>02:49:25.95</b>	<b>03:57:36.40</b>	+01:22:04 (48.4%)	16:56	3.5 (50.7%)
181	<b>JAWORSKI Sławomir</b>	<b>224</b>	OPEN Mężczyźni	146	01:12:18	00:44:57	<b>02:51:32.65</b>	<b>04:03:50.85</b>	+01:24:10 (49.1%)	17:09	3.5 (50.7%)
182	<b>GÓRZNY Krzysztof</b>	<b>183</b>	OPEN Mężczyźni	147	01:12:18	00:44:59	<b>02:51:32.85</b>	<b>04:03:51.50</b>	+01:24:11 (49.1%)	17:09	3.5 (50.7%)
183	<b>WOJTKOWIAK Wojciech</b>	<b>465</b>	OPEN Mężczyźni	148	01:54:29	00:53:34	<b>02:51:49.40</b>	<b>04:46:19.15</b>	+01:24:27 (49.2%)	17:10	3.5 (50.7%)
184	<b>MAJCHRZAK Patryk</b>	<b>289</b>	OPEN Mężczyźni	149	01:14:51	00:52:50	<b>02:53:02.95</b>	<b>04:07:54.10</b>	+01:25:41 (49.5%)	17:18	3.5 (50.7%)
185	<b>MILEWSKA Edyta</b>	<b>296</b>	OPEN Kobiety	36	01:14:51	00:52:48	<b>02:53:14.25</b>	<b>04:08:05.55</b>	+01:25:52 (49.6%)	17:19	3.5 (50.7%)
186	<b>GÓDŹ Mariusz</b>	<b>184</b>	OPEN Mężczyźni	150	01:14:51	00:52:44	<b>02:53:22.00</b>	<b>04:08:13.45</b>	+01:26:00 (49.6%)	17:20	3.5 (50.7%)
187	<b>KULPA Michał</b>	<b>269</b>	OPEN Mężczyźni	151	00:57:32	00:52:37	<b>02:53:56.20</b>	<b>03:51:28.25</b>	+01:26:34 (49.8%)	17:23	3.4 (49.3%)
188	<b>LODKO Denis</b>	<b>277</b>	OPEN Mężczyźni	152	00:57:31	00:52:40	<b>02:53:56.40</b>	<b>03:51:27.95</b>	+01:26:34 (49.8%)	17:23	3.4 (49.3%)
189	<b>WYSOCKI Tomasz</b>	<b>437</b>	OPEN Mężczyźni	153	00:41:11	00:52:31	<b>02:54:02.70</b>	<b>03:35:13.75</b>	+01:26:41 (49.8%)	17:24	3.4 (49.3%)
190	<b>MAZUREK Klaudiusz</b>	<b>448</b>	OPEN Mężczyźni	154	00:46:27	00:51:56	<b>02:54:42.30</b>	<b>03:41:10.15</b>	+01:27:20 (50.0%)	17:28	3.4 (49.3%)
191	<b>KOWALEWSKI Bartłomiej</b>	<b>250</b>	OPEN Mężczyźni	155	01:41:21	00:40:45	<b>02:54:43.75</b>	<b>04:36:05.35</b>	+01:27:22 (50.0%)	17:28	3.4 (49.3%)
192	<b>ŁUKASIK Łukasz</b>	<b>281</b>	OPEN Mężczyźni	156	01:41:21	00:40:48	<b>02:54:43.80</b>	<b>04:36:05.00</b>	+01:27:22 (50.0%)	17:28	3.4 (49.3%)
193	<b>OSMAŃSKI Sebastian</b>	<b>315</b>	OPEN Mężczyźni	157	01:41:20	00:40:46	<b>02:54:45.00</b>	<b>04:36:05.90</b>	+01:27:23 (50.0%)	17:28	3.4 (49.3%)
194	<b>GEMBARZEWSKA-ADACH Zofia</b>	<b>173</b>	OPEN Kobiety	37	01:24:56	00:47:42	<b>02:54:50.80</b>	<b>04:19:47.65</b>	+01:27:29 (50.0%)	17:29	3.4 (49.3%)
195	<b>PAZIEWSKI Andrzej</b>	<b>716</b>	OPEN Mężczyźni	158	01:21:29	00:49:31	<b>02:54:53.90</b>	<b>04:16:23.15</b>	+01:27:32 (50.1%)	17:29	3.4 (49.3%)
196	<b>DOMAGALSKI Marcin</b>	<b>146</b>	OPEN Mężczyźni	159	01:24:57	00:54:30	<b>02:55:15.00</b>	<b>04:20:12.30</b>	+01:27:53 (50.2%)	17:31	3.4 (49.3%)
197	<b>RAKOCZY Monika</b>	<b>343</b>	OPEN Kobiety	38	01:24:56	00:47:43	<b>02:55:15.75</b>	<b>04:20:12.40</b>	+01:27:54 (50.2%)	17:31	3.4 (49.3%)
198	<b>JABŁOŃSKI Paweł</b>	<b>213</b>	OPEN Mężczyźni	160	01:12:20	00:54:49	<b>02:56:01.00</b>	<b>04:08:21.35</b>	+01:28:39 (50.4%)	17:36	3.4 (49.3%)
199	<b>DZIK Marlena</b>	<b>156</b>	OPEN Kobiety	39	01:12:20	00:54:49	<b>02:56:01.60</b>	<b>04:08:22.05</b>	+01:28:39 (50.4%)	17:36	3.4 (49.3%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
200	<b>WOJCIECHOWSKI Mateusz</b>	<b>427</b>	OPEN Mężczyźni	161	00:49:25	00:50:21	<b>02:56:22.25</b>	<b>03:45:48.00</b>	+01:29:00 (50.5%)	17:38	3.4 (49.3%)
201	<b>WOJCIECHOWSKA Katarzyna</b>	<b>424</b>	OPEN Kobiety	40	00:49:25	00:50:23	<b>02:56:22.35</b>	<b>03:45:47.55</b>	+01:29:00 (50.5%)	17:38	3.4 (49.3%)
202	<b>ZIMNY Piotr</b>	<b>55</b>	OPEN Mężczyźni	162	00:31:56	00:46:32	<b>02:56:24.30</b>	<b>03:28:20.35</b>	+01:29:02 (50.5%)	17:38	3.4 (49.3%)
203	<b>JABŁOŃSKI Alan</b>	<b>16</b>	OPEN Mężczyźni	163	00:31:57	00:46:36	<b>02:56:25.30</b>	<b>03:28:22.55</b>	+01:29:03 (50.5%)	17:38	3.4 (49.3%)
204	<b>LEITGEBER Michał</b>	<b>273</b>	OPEN Mężczyźni	164	01:54:32	00:52:14	<b>02:56:59.60</b>	<b>04:51:31.90</b>	+01:29:37 (50.6%)	17:41	3.4 (49.3%)
205	<b>CIARKOWSKA Karolina</b>	<b>132</b>	OPEN Kobiety	41	00:41:10	00:52:33	<b>02:57:21.50</b>	<b>03:38:31.75</b>	+01:29:59 (50.7%)	17:44	3.4 (49.3%)
206	<b>GRZEŚKOWIAK Adam</b>	<b>192</b>	OPEN Mężczyźni	165	01:14:52	00:51:31	<b>02:57:25.95</b>	<b>04:12:17.95</b>	+01:30:04 (50.8%)	17:44	3.4 (49.3%)
207	<b>WĘCLIK Blanka</b>	<b>417</b>	OPEN Kobiety	42	00:41:09	00:52:39	<b>02:57:34.20</b>	<b>03:38:43.70</b>	+01:30:12 (50.8%)	17:45	3.4 (49.3%)
208	<b>DISTERHEFT Mikołaj</b>	<b>143</b>	OPEN Mężczyźni	166	01:29:32	00:50:08	<b>02:57:40.10</b>	<b>04:27:12.50</b>	+01:30:18 (50.8%)	17:46	3.4 (49.3%)
209	<b>ŁOSZAJC Michał</b>	<b>279</b>	OPEN Mężczyźni	167	00:41:11	00:52:36	<b>02:57:43.40</b>	<b>03:38:54.45</b>	+01:30:21 (50.8%)	17:46	3.4 (49.3%)
210	<b>ŁOSZAJC Dorota</b>	<b>280</b>	OPEN Kobiety	43	00:41:10	00:52:35	<b>02:57:44.20</b>	<b>03:38:54.55</b>	+01:30:22 (50.8%)	17:46	3.4 (49.3%)
211	<b>STASZAK Agnieszka</b>	<b>379</b>	OPEN Kobiety	44	00:41:09	00:52:47	<b>02:57:50.15</b>	<b>03:38:59.75</b>	+01:30:28 (50.9%)	17:47	3.4 (49.3%)
212	<b>STEMPOWSKI Tomasz</b>	<b>383</b>	OPEN Mężczyźni	168	01:24:57	00:50:28	<b>02:57:55.95</b>	<b>04:22:52.95</b>	+01:30:34 (50.9%)	17:47	3.4 (49.3%)
213	<b>WĘCLIK Klaudia</b>	<b>415</b>	OPEN Kobiety	45	00:41:09	00:52:47	<b>02:57:56.85</b>	<b>03:39:06.50</b>	+01:30:35 (50.9%)	17:47	3.4 (49.3%)
214	<b>DOMINIAK Konrad</b>	<b>147</b>	OPEN Mężczyźni	169	00:41:11	00:52:28	<b>02:57:58.25</b>	<b>03:39:09.85</b>	+01:30:36 (50.9%)	17:47	3.4 (49.3%)
215	<b>WĘCLIK Piotr</b>	<b>416</b>	OPEN Mężczyźni	170	00:41:10	00:52:42	<b>02:57:58.55</b>	<b>03:39:09.15</b>	+01:30:36 (50.9%)	17:47	3.4 (49.3%)
216	<b>SUCHARSKA Natalia</b>	<b>387</b>	OPEN Kobiety	46	00:41:11	00:52:25	<b>02:58:04.10</b>	<b>03:39:15.55</b>	+01:30:42 (50.9%)	17:48	3.4 (49.3%)
217	<b>GABRYELSKA Daria</b>	<b>165</b>	OPEN Kobiety	47	00:41:10	00:52:38	<b>02:58:09.80</b>	<b>03:39:20.05</b>	+01:30:48 (51.0%)	17:48	3.4 (49.3%)
218	<b>ŁUSIEWICZ Dariusz</b>	<b>282</b>	OPEN Mężczyźni	171	01:29:32	00:50:08	<b>02:58:15.95</b>	<b>04:27:48.40</b>	+01:30:54 (51.0%)	17:49	3.4 (49.3%)
219	<b>SMOLIŃSKI Miłosz</b>	<b>373</b>	OPEN Mężczyźni	172	00:57:32	00:53:07	<b>02:58:16.25</b>	<b>03:55:49.20</b>	+01:30:54 (51.0%)	17:49	3.4 (49.3%)
220	<b>SMOLIŃSKA Maria</b>	<b>372</b>	OPEN Kobiety	48	00:57:32	00:53:05	<b>02:58:17.15</b>	<b>03:55:49.45</b>	+01:30:55 (51.0%)	17:49	3.4 (49.3%)
221	<b>RASZKIEWICZ Hubert</b>	<b>344</b>	OPEN Mężczyźni	173	01:54:31	00:57:16	<b>02:59:24.90</b>	<b>04:53:56.35</b>	+01:32:03 (51.3%)	17:56	3.3 (47.8%)
222	<b>SZUMIŃSKA Ewa</b>	<b>394</b>	OPEN Kobiety	49	01:48:27	00:51:39	<b>03:00:31.90</b>	<b>04:48:59.55</b>	+01:33:10 (51.6%)	18:03	3.3 (47.8%)
223	<b>PRACZKOWSKA Aneta</b>	<b>333</b>	OPEN Kobiety	50	01:17:53	00:49:29	<b>03:00:41.55</b>	<b>04:18:34.80</b>	+01:33:19 (51.7%)	18:04	3.3 (47.8%)
224	<b>PRACZKOWSKI Michal</b>	<b>334</b>	OPEN Mężczyźni	174	01:17:53	00:49:31	<b>03:00:48.40</b>	<b>04:18:41.95</b>	+01:33:26 (51.7%)	18:04	3.3 (47.8%)
225	<b>HOPCIA Patryk</b>	<b>205</b>	OPEN Mężczyźni	175	01:03:12	00:51:01	<b>03:00:50.35</b>	<b>04:04:03.30</b>	+01:33:28 (51.7%)	18:05	3.3 (47.8%)
226	<b>BERNACKI Patryk</b>	<b>109</b>	OPEN Mężczyźni	176	01:03:13	00:51:05	<b>03:00:59.60</b>	<b>04:04:13.15</b>	+01:33:37 (51.7%)	18:05	3.3 (47.8%)
227	<b>HOPCIA Anna</b>	<b>207</b>	OPEN Kobiety	51	01:03:12	00:51:01	<b>03:01:00.25</b>	<b>04:04:12.75</b>	+01:33:38 (51.7%)	18:06	3.3 (47.8%)
228	<b>BERNACKI Bartosz</b>	<b>110</b>	OPEN Mężczyźni	177	01:03:13	00:51:03	<b>03:01:00.50</b>	<b>04:04:13.65</b>	+01:33:38 (51.7%)	18:06	3.3 (47.8%)
229	<b>HOPCIA Arkadiusz</b>	<b>206</b>	OPEN Mężczyźni	178	01:03:12	00:45:49	<b>03:01:01.20</b>	<b>04:04:13.80</b>	+01:33:39 (51.7%)	18:06	3.3 (47.8%)
230	<b>TARNAWSKI Bartosz</b>	<b>400</b>	OPEN Mężczyźni	179	01:24:57	00:51:58	<b>03:02:57.50</b>	<b>04:27:54.75</b>	+01:35:35 (52.3%)	18:17	3.3 (47.8%)
231	<b>TARNAWSKI Maciej</b>	<b>399</b>	OPEN Mężczyźni	180	01:24:57	00:51:43	<b>03:03:04.55</b>	<b>04:28:02.35</b>	+01:35:42 (52.3%)	18:18	3.3 (47.8%)
232	<b>JAKUBOWSKI Grzegorz</b>	<b>218</b>	OPEN Mężczyźni	181	01:54:33	00:48:43	<b>03:03:23.40</b>	<b>04:57:57.10</b>	+01:36:01 (52.4%)	18:20	3.3 (47.8%)
232	<b>KONIK Radosław</b>	<b>246</b>	OPEN Mężczyźni	181	01:54:33	00:48:41	<b>03:03:23.40</b>	<b>04:57:57.25</b>	+01:36:01 (52.4%)	18:20	3.3 (47.8%)
234	<b>WOJCIECHOWSKA Paulina</b>	<b>425</b>	OPEN Kobiety	52	01:54:30	00:48:45	<b>03:03:26.20</b>	<b>04:57:56.95</b>	+01:36:04 (52.4%)	18:20	3.3 (47.8%)
235	<b>SIMINIAK Weronika</b>	<b>366</b>	OPEN Kobiety	53	01:14:50	00:53:00	<b>03:04:51.55</b>	<b>04:19:42.15</b>	+01:37:29 (52.7%)	18:29	3.2 (46.4%)
236	<b>KRENC Jacek</b>	<b>258</b>	OPEN Mężczyźni	183	01:14:50	00:52:55	<b>03:04:51.80</b>	<b>04:19:42.15</b>	+01:37:30 (52.7%)	18:29	3.2 (46.4%)
237	<b>SZYMAŚ Daniel</b>	<b>396</b>	OPEN Mężczyźni	184	01:54:31	00:52:10	<b>03:06:17.25</b>	<b>05:00:49.10</b>	+01:38:55 (53.1%)	18:37	3.2 (46.4%)
238	<b>SYREK Ziemowit</b>	<b>390</b>	OPEN Mężczyźni	185	01:24:57	00:54:26	<b>03:07:00.90</b>	<b>04:31:58.80</b>	+01:39:39 (53.3%)	18:42	3.2 (46.4%)
239	<b>KRÓL Karolina</b>	<b>259</b>	OPEN Kobiety	54	01:24:58	00:54:28	<b>03:07:01.00</b>	<b>04:31:59.40</b>	+01:39:39 (53.3%)	18:42	3.2 (46.4%)
240	<b>ZAJĄC Krystian</b>	<b>440</b>	OPEN Mężczyźni	186	00:53:33	00:47:39	<b>03:08:41.85</b>	<b>04:02:15.70</b>	+01:41:20 (53.7%)	18:52	3.2 (46.4%)
241	<b>LEWANDOWSKI Paweł</b>	<b>274</b>	OPEN Mężczyźni	187	00:53:34	00:47:42	<b>03:08:41.95</b>	<b>04:02:16.75</b>	+01:41:20 (53.7%)	18:52	3.2 (46.4%)
242	<b>STASZAK Helena</b>	<b>463</b>	OPEN Kobiety	55	01:17:51	00:52:22	<b>03:10:29.65</b>	<b>04:28:21.15</b>	+01:43:07 (54.1%)	19:02	3.1 (44.9%)
243	<b>DOMINIK Dębowski</b>	<b>462</b>	OPEN Mężczyźni	188	01:17:51	00:52:21	<b>03:10:29.95</b>	<b>04:28:21.90</b>	+01:43:08 (54.1%)	19:02	3.1 (44.9%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
244	<b>GAŁĄZKA Natalia</b>	<b>172</b>	OPEN Kobiety	56	01:54:30	00:53:29	<b>03:11:31.05</b>	<b>05:06:01.80</b>	+01:44:09 (54.4%)	19:09	3.1 (44.9%)
245	<b>JAKUBOWSKA Agata</b>	<b>217</b>	OPEN Kobiety	57	01:21:27	00:55:43	<b>03:11:31.25</b>	<b>04:32:59.15</b>	+01:44:09 (54.4%)	19:09	3.1 (44.9%)
246	<b>KUNYSZ Dawid</b>	<b>270</b>	OPEN Mężczyźni	189	01:21:28	00:55:45	<b>03:12:05.45</b>	<b>04:33:33.55</b>	+01:44:43 (54.5%)	19:12	3.1 (44.9%)
247	<b>BŁASZK Magdalena</b>	<b>117</b>	OPEN Kobiety	58	00:31:57	00:54:42	<b>03:12:15.00</b>	<b>03:44:12.75</b>	+01:44:53 (54.6%)	19:13	3.1 (44.9%)
248	<b>ROPELA Radosław</b>	<b>352</b>	OPEN Mężczyźni	190	00:31:56	00:54:26	<b>03:12:15.25</b>	<b>03:44:11.70</b>	+01:44:53 (54.6%)	19:13	3.1 (44.9%)
249	<b>ROPELA Monika</b>	<b>351</b>	OPEN Kobiety	59	00:31:56	00:54:09	<b>03:12:15.40</b>	<b>03:44:12.15</b>	+01:44:53 (54.6%)	19:13	3.1 (44.9%)
250	<b>GÓRA Piotr</b>	<b>179</b>	OPEN Mężczyźni	191	00:31:57	00:54:15	<b>03:12:15.45</b>	<b>03:44:13.35</b>	+01:44:53 (54.6%)	19:13	3.1 (44.9%)
251	<b>BIESZK Alicja</b>	<b>112</b>	OPEN Kobiety	60	00:31:56	00:54:21	<b>03:12:15.60</b>	<b>03:44:12.20</b>	+01:44:53 (54.6%)	19:13	3.1 (44.9%)
252	<b>GÓRA Aleksandra</b>	<b>180</b>	OPEN Kobiety	61	00:31:57	00:54:24	<b>03:12:16.00</b>	<b>03:44:13.20</b>	+01:44:54 (54.6%)	19:13	3.1 (44.9%)
253	<b>DARGA Marcin</b>	<b>139</b>	OPEN Mężczyźni	192	00:31:55	00:54:15	<b>03:12:16.40</b>	<b>03:44:12.30</b>	+01:44:54 (54.6%)	19:13	3.1 (44.9%)
254	<b>FREJTAG Dawid</b>	<b>164</b>	OPEN Mężczyźni	193	01:00:42	00:55:02	<b>03:12:22.80</b>	<b>04:13:05.25</b>	+01:45:01 (54.6%)	19:14	3.1 (44.9%)
255	<b>GÓRA Mateusz</b>	<b>181</b>	OPEN Mężczyźni	194	00:31:58	00:54:39	<b>03:12:33.50</b>	<b>03:44:32.00</b>	+01:45:11 (54.6%)	19:15	3.1 (44.9%)
256	<b>BUCHINGER Marek</b>	<b>457</b>	OPEN Mężczyźni	195	01:54:32	00:53:38	<b>03:13:01.70</b>	<b>05:07:33.75</b>	+01:45:40 (54.7%)	19:18	3.1 (44.9%)
257	<b>TYSZKIEWICZ Agnieszka</b>	<b>458</b>	OPEN Kobiety	62	01:54:31	00:53:38	<b>03:13:02.30</b>	<b>05:07:33.95</b>	+01:45:40 (54.7%)	19:18	3.1 (44.9%)
258	<b>MICHLER Sandra</b>	<b>295</b>	OPEN Kobiety	63	00:53:33	00:54:50	<b>03:13:48.25</b>	<b>04:07:21.75</b>	+01:46:26 (54.9%)	19:22	3.1 (44.9%)
259	<b>WRÓBLEWSKI Rafał</b>	<b>434</b>	OPEN Mężczyźni	196	00:53:34	00:55:24	<b>03:13:48.45</b>	<b>04:07:22.45</b>	+01:46:26 (54.9%)	19:22	3.1 (44.9%)
260	<b>PUCIŃSKI Filip</b>	<b>341</b>	OPEN Mężczyźni	197	00:53:33	00:55:30	<b>03:13:48.65</b>	<b>04:07:22.20</b>	+01:46:26 (54.9%)	19:22	3.1 (44.9%)
261	<b>BARON Robert</b>	<b>106</b>	OPEN Mężczyźni	198	00:53:32	00:54:55	<b>03:13:49.15</b>	<b>04:07:22.00</b>	+01:46:27 (54.9%)	19:22	3.1 (44.9%)
262	<b>ROGOZIŃSKI Tomasz</b>	<b>350</b>	OPEN Mężczyźni	199	00:53:32	00:54:51	<b>03:13:49.40</b>	<b>04:07:22.15</b>	+01:46:27 (54.9%)	19:22	3.1 (44.9%)
263	<b>PUCIŃSKA Agnieszka</b>	<b>340</b>	OPEN Kobiety	64	00:53:33	00:55:05	<b>03:13:49.70</b>	<b>04:07:23.40</b>	+01:46:28 (54.9%)	19:22	3.1 (44.9%)
264	<b>KUCNER Joanna</b>	<b>266</b>	OPEN Kobiety	65	00:53:32	00:55:03	<b>03:13:49.85</b>	<b>04:07:22.00</b>	+01:46:28 (54.9%)	19:22	3.1 (44.9%)
265	<b>KOWALSKI Adam</b>	<b>252</b>	OPEN Mężczyźni	200	01:17:52	00:54:21	<b>03:14:39.25</b>	<b>04:32:32.00</b>	+01:47:17 (55.1%)	19:27	3.1 (44.9%)
266	<b>WIELIŃSKI Hubert</b>	<b>419</b>	OPEN Mężczyźni	201	01:17:52	00:54:24	<b>03:14:40.20</b>	<b>04:32:32.60</b>	+01:47:18 (55.1%)	19:28	3.1 (44.9%)
267	<b>GOŁĘBIEWSKI Szymon</b>	<b>177</b>	OPEN Mężczyźni	202	01:17:52	00:54:25	<b>03:14:42.40</b>	<b>04:32:34.70</b>	+01:47:20 (55.1%)	19:28	3.1 (44.9%)
268	<b>POLGERT Anna</b>	<b>330</b>	OPEN Kobiety	66	01:25:00	00:56:20	<b>03:15:32.35</b>	<b>04:40:32.55</b>	+01:48:10 (55.3%)	19:33	3.1 (44.9%)
269	<b>MODELSKI Łukasz</b>	<b>301</b>	OPEN Mężczyźni	203	01:25:00	00:56:21	<b>03:15:32.90</b>	<b>04:40:33.10</b>	+01:48:11 (55.3%)	19:33	3.1 (44.9%)
270	<b>NIEMIADOWSKI Robert</b>	<b>308</b>	OPEN Mężczyźni	204	01:08:09	00:58:43	<b>03:17:43.75</b>	<b>04:25:53.30</b>	+01:50:22 (55.8%)	19:46	3 (43.5%)
271	<b>JUSZKIEWICZ Magdalena</b>	<b>231</b>	OPEN Kobiety	67	01:08:09	00:58:45	<b>03:17:51.30</b>	<b>04:26:00.95</b>	+01:50:29 (55.8%)	19:47	3 (43.5%)
272	<b>KUBIAK Przemek</b>	<b>263</b>	OPEN Mężczyźni	205	01:08:09	00:58:48	<b>03:17:53.15</b>	<b>04:26:02.60</b>	+01:50:31 (55.9%)	19:47	3 (43.5%)
273	<b>MOKSA Anna</b>	<b>302</b>	OPEN Kobiety	68	01:08:10	00:58:45	<b>03:18:13.15</b>	<b>04:26:23.25</b>	+01:50:51 (55.9%)	19:49	3 (43.5%)
274	<b>WIECEK Urszula</b>	<b>774</b>	OPEN Kobiety	69	02:16:08	00:56:27	<b>03:23:57.65</b>	<b>05:40:06.35</b>	+01:56:35 (57.2%)	20:23	2.9 (42.0%)
275	<b>HĄCZYK Julia</b>	<b>197</b>	OPEN Kobiety	70	01:17:51	01:00:14	<b>03:23:58.95</b>	<b>04:41:50.15</b>	+01:56:37 (57.2%)	20:23	2.9 (42.0%)
276	<b>GAŚSIOROWSKI Remigiusz</b>	<b>468</b>	OPEN Mężczyźni	206	02:16:09	00:56:27	<b>03:23:59.05</b>	<b>05:40:08.20</b>	+01:56:37 (57.2%)	20:23	2.9 (42.0%)
277	<b>TYRAŃSKI Norbert</b>	<b>404</b>	OPEN Mężczyźni	207	01:17:51	01:00:14	<b>03:25:21.50</b>	<b>04:43:13.00</b>	+01:57:59 (57.5%)	20:32	2.9 (42.0%)
278	<b>LABRZYCKA Zofia</b>	<b>272</b>	OPEN Kobiety	71	01:17:51	01:00:13	<b>03:25:25.75</b>	<b>04:43:17.10</b>	+01:58:04 (57.5%)	20:32	2.9 (42.0%)
279	<b>WOZNIAK Wojciech</b>	<b>431</b>	OPEN Mężczyźni	208	01:25:00	00:59:28	<b>03:26:25.45</b>	<b>04:51:25.85</b>	+01:59:03 (57.7%)	20:38	2.9 (42.0%)
280	<b>WALKOWIAK Radosław</b>	<b>407</b>	OPEN Mężczyźni	209	01:48:28	00:52:01	<b>03:26:27.70</b>	<b>05:14:55.85</b>	+01:59:06 (57.7%)	20:38	2.9 (42.0%)
281	<b>FALFER Roksana</b>	<b>159</b>	OPEN Kobiety	72	01:54:33	00:57:14	<b>03:26:28.10</b>	<b>05:21:01.15</b>	+01:59:06 (57.7%)	20:38	2.9 (42.0%)
282	<b>MULARCZYK Aleksander</b>	<b>304</b>	OPEN Mężczyźni	210	01:54:32	00:57:17	<b>03:26:29.10</b>	<b>05:21:01.40</b>	+01:59:07 (57.7%)	20:38	2.9 (42.0%)
283	<b>FORNALIK Damian</b>	<b>163</b>	OPEN Mężczyźni	211	01:48:28		<b>03:26:29.35</b>	<b>05:14:57.35</b>	+01:59:07 (57.7%)	20:38	2.9 (42.0%)
284	<b>JÓZEFACIUK Wiesław</b>	<b>228</b>	OPEN Mężczyźni	212	00:41:12	00:59:50	<b>03:29:17.55</b>	<b>04:10:29.60</b>	+02:01:55 (58.3%)	20:55	2.9 (42.0%)
285	<b>BIEDALAK Krzysztof</b>	<b>111</b>	OPEN Mężczyźni	213	01:24:55	00:59:03	<b>03:30:13.00</b>	<b>04:55:08.65</b>	+02:02:51 (58.4%)	21:01	2.9 (42.0%)
286	<b>WALIGÓRA Zuzanna</b>	<b>464</b>	OPEN Kobiety	73	02:13:08	01:01:01	<b>03:35:41.50</b>	<b>05:48:49.85</b>	+02:08:19 (59.5%)	21:34	2.8 (40.6%)
287	<b>DĘBSKI Dariusz</b>	<b>142</b>	OPEN Mężczyźni	214	01:12:19	00:57:31	<b>03:36:05.05</b>	<b>04:48:24.95</b>	+02:08:43 (59.6%)	21:36	2.8 (40.6%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
288	<b>BISKUP Magdalena</b>	<b>113</b>	OPEN Kobiety	74	01:12:19	00:57:32	<b>03:36:05.25</b>	<b>04:48:24.40</b>	+02:08:43 (59.6%)	21:36	2.8 (40.6%)
289	<b>KAZIMIEROWICZ Joanna</b>	<b>238</b>	OPEN Kobiety	75	01:12:18	00:57:31	<b>03:36:05.55</b>	<b>04:48:24.50</b>	+02:08:43 (59.6%)	21:36	2.8 (40.6%)
290	<b>BANASZAK Joanna</b>	<b>104</b>	OPEN Kobiety	76	01:12:18	00:57:23	<b>03:36:05.65</b>	<b>04:48:24.50</b>	+02:08:43 (59.6%)	21:36	2.8 (40.6%)
291	<b>HINC Ewelina</b>	<b>200</b>	OPEN Kobiety	77	01:12:18	00:57:24	<b>03:36:06.40</b>	<b>04:48:24.50</b>	+02:08:44 (59.6%)	21:36	2.8 (40.6%)
292	<b>NOWAK Maciej</b>	<b>311</b>	OPEN Mężczyźni	215	01:05:03	01:01:00	<b>03:37:22.45</b>	<b>04:42:25.80</b>	+02:10:00 (59.8%)	21:44	2.8 (40.6%)
293	<b>BISZOF Joanna</b>	<b>114</b>	OPEN Kobiety	78	01:05:03	01:01:03	<b>03:37:22.80</b>	<b>04:42:25.80</b>	+02:10:01 (59.8%)	21:44	2.8 (40.6%)
294	<b>GŁUSZKIEWICZ Weronika</b>	<b>175</b>	OPEN Kobiety	79	01:05:00	01:00:55	<b>03:37:23.35</b>	<b>04:42:24.05</b>	+02:10:01 (59.8%)	21:44	2.8 (40.6%)
295	<b>DOMOWICZ Anna</b>	<b>148</b>	OPEN Kobiety	80	01:05:00	01:00:48	<b>03:37:23.80</b>	<b>04:42:23.90</b>	+02:10:02 (59.8%)	21:44	2.8 (40.6%)
296	<b>WOŹNIAK Paulina</b>	<b>432</b>	OPEN Kobiety	81	01:05:00	01:00:50	<b>03:37:27.35</b>	<b>04:42:28.25</b>	+02:10:05 (59.8%)	21:44	2.8 (40.6%)
297	<b>PIETRZAK Jerzy</b>	<b>326</b>	OPEN Mężczyźni	216	01:05:02	01:01:08	<b>03:37:27.50</b>	<b>04:42:30.05</b>	+02:10:05 (59.8%)	21:44	2.8 (40.6%)
298	<b>PIETRZAK Jakub</b>	<b>324</b>	OPEN Mężczyźni	217	01:05:00	01:01:08	<b>03:37:28.25</b>	<b>04:42:28.35</b>	+02:10:06 (59.8%)	21:44	2.8 (40.6%)
299	<b>ŻŁOBIŃSKI Łukasz</b>	<b>445</b>	OPEN Mężczyźni	218	01:05:02	01:01:10	<b>03:37:28.85</b>	<b>04:42:31.45</b>	+02:10:07 (59.8%)	21:44	2.8 (40.6%)
300	<b>CAPUTA Daniel</b>	<b>127</b>	OPEN Mężczyźni	219	01:05:01	01:00:58	<b>03:37:30.70</b>	<b>04:42:32.65</b>	+02:10:09 (59.8%)	21:45	2.8 (40.6%)
301	<b>WOŹNY Aleksander</b>	<b>433</b>	OPEN Mężczyźni	220	01:05:00	01:00:30	<b>03:37:31.25</b>	<b>04:42:31.40</b>	+02:10:09 (59.8%)	21:45	2.8 (40.6%)
302	<b>JABŁOŃSKI Krzysztof</b>	<b>212</b>	OPEN Mężczyźni	221	01:05:01	01:00:52	<b>03:37:31.40</b>	<b>04:42:32.85</b>	+02:10:09 (59.8%)	21:45	2.8 (40.6%)
303	<b>RZYMYSZKIEWICZ-FIJAŁKA Miłosz</b>	<b>361</b>	OPEN Mężczyźni	222	01:24:59	01:03:09	<b>03:37:40.50</b>	<b>05:02:39.95</b>	+02:10:18 (59.9%)	21:46	2.8 (40.6%)
304	<b>STEFANIAK Adam</b>	<b>381</b>	OPEN Mężczyźni	223	01:24:58	01:03:11	<b>03:37:40.80</b>	<b>05:02:39.55</b>	+02:10:19 (59.9%)	21:46	2.8 (40.6%)
305	<b>WACHOWIAK Sławomir</b>	<b>405</b>	OPEN Mężczyźni	224	00:49:27	01:01:29	<b>03:40:59.45</b>	<b>04:30:26.45</b>	+02:13:37 (60.5%)	22:05	2.7 (39.1%)
306	<b>HOFFMANN Ditta</b>	<b>201</b>	OPEN Kobiety	82	00:49:25	01:01:22	<b>03:40:59.85</b>	<b>04:30:25.70</b>	+02:13:38 (60.5%)	22:05	2.7 (39.1%)
307	<b>HYTRY Roman</b>	<b>210</b>	OPEN Mężczyźni	225	00:49:27	01:01:27	<b>03:41:00.00</b>	<b>04:30:27.05</b>	+02:13:38 (60.5%)	22:06	2.7 (39.1%)
308	<b>KACZMAREK Paweł</b>	<b>234</b>	OPEN Mężczyźni	226	00:49:25	01:01:23	<b>03:41:00.10</b>	<b>04:30:25.35</b>	+02:13:38 (60.5%)	22:06	2.7 (39.1%)
309	<b>ZAJĄC Magdalena</b>	<b>439</b>	OPEN Kobiety	83	00:49:26	01:01:04	<b>03:41:00.25</b>	<b>04:30:26.60</b>	+02:13:38 (60.5%)	22:06	2.7 (39.1%)
310	<b>TOMASZEWSKA Anita</b>	<b>401</b>	OPEN Kobiety	84	00:49:26	01:01:29	<b>03:41:00.85</b>	<b>04:30:26.90</b>	+02:13:39 (60.5%)	22:06	2.7 (39.1%)
311	<b>CHOIŃSKI Cyprian</b>	<b>130</b>	OPEN Mężczyźni	227	00:49:27	01:01:08	<b>03:41:28.95</b>	<b>04:30:56.55</b>	+02:14:07 (60.6%)	22:08	2.7 (39.1%)
312	<b>MADZIARA Sebastian Max</b>	<b>287</b>	OPEN Mężczyźni	228	01:17:55	01:01:57	<b>03:46:39.25</b>	<b>05:04:34.25</b>	+02:19:17 (61.5%)	22:39	2.6 (37.7%)
313	<b>MADZIARA Anna</b>	<b>286</b>	OPEN Kobiety	85	01:17:53	01:02:17	<b>03:46:41.35</b>	<b>05:04:35.10</b>	+02:19:19 (61.5%)	22:40	2.6 (37.7%)
314	<b>RODZEŃ Łukasz</b>	<b>347</b>	OPEN Mężczyźni	229	01:17:54	01:02:05	<b>03:46:41.85</b>	<b>05:04:36.70</b>	+02:19:20 (61.5%)	22:40	2.6 (37.7%)
315	<b>ZIELIŃSKI Andrzej</b>	<b>443</b>	OPEN Mężczyźni	230	01:17:54	01:02:14	<b>03:46:44.15</b>	<b>05:04:38.60</b>	+02:19:22 (61.5%)	22:40	2.6 (37.7%)
316	<b>BŁASZCZYK Sylwia</b>	<b>116</b>	OPEN Kobiety	86	01:17:53	01:02:16	<b>03:46:44.30</b>	<b>05:04:38.05</b>	+02:19:22 (61.5%)	22:40	2.6 (37.7%)
317	<b>NEJC Michał</b>	<b>307</b>	OPEN Mężczyźni	231	00:31:59	01:07:30	<b>04:05:55.70</b>	<b>04:37:55.35</b>	+02:38:34 (64.5%)	24:35	2.4 (34.8%)
318	<b>PIEKARSKI Janusz</b>	<b>323</b>	OPEN Mężczyźni	232	00:31:58	01:07:26	<b>04:05:57.40</b>	<b>04:37:55.85</b>	+02:38:35 (64.5%)	24:35	2.4 (34.8%)
319	<b>NEJC Dariusz</b>	<b>306</b>	OPEN Mężczyźni	233	00:32:00	01:07:31	<b>04:06:11.30</b>	<b>04:38:11.95</b>	+02:38:49 (64.5%)	24:37	2.4 (34.8%)
320	<b>HADYNA Nurwadi</b>	<b>195</b>	OPEN Kobiety	87	00:31:58	01:07:22	<b>04:06:13.65</b>	<b>04:38:12.15</b>	+02:38:51 (64.5%)	24:37	2.4 (34.8%)
321	<b>ERNST Paweł</b>	<b>456</b>	OPEN Mężczyźni	234	00:00:00	02:31:33	<b>04:53:09.40</b>	<b>04:53:09.40</b>	+03:25:47 (70.2%)	29:18	2 (29.0%)
DNC	<b>SMERDKA Kamil</b>	<b>371</b>	OPEN Mężczyźni		00:31:55		<b>00:53:49.10</b>	<b>01:25:44.50</b>		0:00	11.1 (160.9%)
DNC	<b>PRĄDZYŃSKI Paweł</b>	<b>338</b>	OPEN Mężczyźni		00:31:55		<b>00:55:09.30</b>	<b>01:27:05.05</b>		0:00	10.9 (158.0%)
DNC	<b>RUMAN Dawid</b>	<b>356</b>	OPEN Mężczyźni		01:14:49		<b>01:01:12.70</b>	<b>02:16:01.95</b>		0:00	9.8 (142.0%)
DNC	<b>KLIMCZYK Roman</b>	<b>241</b>	OPEN Mężczyźni		00:31:57		<b>01:10:55.50</b>	<b>01:42:52.75</b>		0:00	8.5 (123.2%)

Znaleziono 325 wynik(ów)