



## FORMOZA CHALLENGE

# FORMOZA LONG

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Formoza Challenge Oborniki  
**Organizator:** APS AGENCY Sp. z o.o. Sp. K  
**Data:** 2024-06-02  
**Miejsce:** Oborniki  
**Dystans:** 10 L km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ŻUKOWSKI Karol	253	OPEN Mężczyźni	1	11:00	02:15:10	00:24:01	01:28:10.95	03:43:21.70		8:49	6.8 (100%)
2	FALEJCZYK Marcin	320	OPEN Mężczyźni	2	09:10	00:00:09	00:29:16	01:33:36.95	01:33:46.75	+00:05:26 (5.8%)	9:21	6.4 (94.1%)
3	KLUCZYŃSKI Kamil	141	OPEN Mężczyźni	3	09:00	00:00:10	00:28:41	01:34:11.15	01:34:21.80	+00:06:00 (6.4%)	9:25	6.4 (94.1%)
4	DARMETKO Rafał	398	OPEN Mężczyźni	4		00:11:54	00:32:14	01:36:18.35	01:48:12.60	+00:08:07 (8.4%)	9:37	6.2 (91.2%)
5	HASIŃSKI Bartosz	243	OPEN Mężczyźni	5	09:05	00:07:23	00:31:46	01:40:04.30	01:47:28.25	+00:11:53 (11.9%)	10:00	6 (88.2%)
6	WOTA Cezary	1	OPEN Mężczyźni	6	09:00	00:00:10	00:30:44	01:44:26.00	01:44:36.85	+00:16:15 (15.6%)	10:26	5.7 (83.8%)
7	DWORZYŃSKI Rafał	248	OPEN Mężczyźni	7	09:30	00:33:15	00:36:20	01:44:37.05	02:17:52.85	+00:16:26 (15.7%)	10:27	5.7 (83.8%)
8	ZALIŃSKI Leszek	313	OPEN Mężczyźni	8	09:00	00:00:11	00:32:01	01:47:58.70	01:48:10.15	+00:19:47 (18.3%)	10:47	5.6 (82.4%)
9	OTTO Jakub	227	OPEN Mężczyźni	9	09:15	00:19:56	00:35:29	01:48:03.10	02:07:59.95	+00:19:52 (18.4%)	10:48	5.6 (82.4%)
10	NOWACKI Krzysztof	340	OPEN Mężczyźni	10	09:10	00:45:19	00:40:41	01:48:07.85	02:33:27.45	+00:19:56 (18.4%)	10:48	5.5 (80.9%)
11	DULSKI Przemysław	228	OPEN Mężczyźni	11	09:15	00:19:57	00:35:32	01:48:18.45	02:08:15.90	+00:20:07 (18.6%)	10:49	5.5 (80.9%)
12	STAWINOGA Michał	306	OPEN Mężczyźni	12	09:10	00:11:51	00:38:16	01:48:45.85	02:00:37.05	+00:20:34 (18.9%)	10:52	5.5 (80.9%)
13	POLASZEK Paweł	4	OPEN Mężczyźni	13	09:00	00:00:10	00:32:00	01:49:10.15	01:49:20.25	+00:20:59 (19.2%)	10:55	5.5 (80.9%)
14	MERENA Dawid	260	OPEN Mężczyźni	14	09:05	00:09:09	00:39:16	01:49:12.30	01:58:21.85	+00:21:01 (19.3%)	10:55	5.5 (80.9%)
15	WOJCIECHOWSKI Kamil	360	OPEN Mężczyźni	15	09:10	00:07:23	00:33:44	01:49:49.75	01:57:13.60	+00:21:38 (19.7%)	10:58	5.5 (80.9%)
16	BRILLOWSKI Karol	275	OPEN Mężczyźni	16	09:05	00:00:11	00:30:38	01:51:08.45	01:51:19.50	+00:22:57 (20.7%)	11:06	5.4 (79.4%)
17	MŁOTKIEWICZ Wiktor	343	OPEN Mężczyźni	17	10:25	01:10:39	00:41:59	01:52:27.65	03:03:07.60	+00:24:16 (21.6%)	11:14	5.3 (77.9%)
18	WIŚNIEWSKI Daniel	223	OPEN Mężczyźni	18	09:05	00:07:23	00:37:10	01:52:53.55	02:00:16.90	+00:24:42 (21.9%)	11:17	5.3 (77.9%)
19	GRZYB Patryk	62	OPEN Mężczyźni	19	09:00	00:02:29	00:36:17	01:54:31.35	01:57:00.35	+00:26:20 (23.0%)	11:27	5.2 (76.5%)
20	NOWICKI Piotr	162	OPEN Mężczyźni	20	09:55	00:54:18	00:37:37	01:55:00.55	02:49:19.30	+00:26:49 (23.3%)	11:30	5.2 (76.5%)
21	MATUSIAK Mariusz	189	OPEN Mężczyźni	21	10:05	00:21:55	00:39:02	01:55:35.65	02:17:30.80	+00:27:24 (23.7%)	11:33	5.2 (76.5%)
22	MIKOŁAJCZAK Cezary	111	OPEN Mężczyźni	22	09:05	00:07:24	00:36:53	01:56:42.70	02:04:07.00	+00:28:31 (24.4%)	11:40	5.1 (75.0%)
23	SUŁKOWSKI Marcin	110	OPEN Mężczyźni	23	09:05	00:07:23	00:36:50	01:56:43.05	02:04:06.70	+00:28:32 (24.4%)	11:40	5.1 (75.0%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
24	<b>KOWNACKI Krzysztof</b>	<b>252</b>	OPEN Mężczyźni	24	09:05	00:57:54	00:37:40	<b>01:57:04.80</b>	<b>02:54:59.75</b>	+00:28:53 (24.7%)	11:42	5.1 (75.0%)
25	<b>POJAWIS Mateusz</b>	<b>194</b>	OPEN Mężczyźni	25	09:05	00:07:25	00:37:21	<b>01:57:28.85</b>	<b>02:04:54.05</b>	+00:29:17 (24.9%)	11:44	5.1 (75.0%)
26	<b>KOKOTEK Alicja</b>	<b>297</b>	OPEN Kobiety	1	09:40	00:33:16	00:38:55	<b>01:57:33.70</b>	<b>02:30:49.90</b>	+00:29:22 (25.0%)	11:45	5.1 (75.0%)
27	<b>RATAJEWSKI Daniel</b>	<b>2</b>	OPEN Mężczyźni	26	09:00	00:00:11	00:32:58	<b>01:58:36.35</b>	<b>01:58:47.85</b>	+00:30:25 (25.7%)	11:51	5.1 (75.0%)
28	<b>KUBIAK Katarzyna</b>	<b>298</b>	OPEN Kobiety	2	09:40	00:33:15	00:38:59	<b>01:58:58.05</b>	<b>02:32:13.60</b>	+00:30:47 (25.9%)	11:53	5 (73.5%)
29	<b>MENDYKA Artur</b>	<b>284</b>	OPEN Mężczyźni	27	09:10	00:14:53	00:40:28	<b>01:59:48.75</b>	<b>02:14:42.20</b>	+00:31:37 (26.4%)	11:58	5 (73.5%)
30	<b>SZYSZKOWSKI Piotr</b>	<b>237</b>	OPEN Mężczyźni	28	09:30	00:11:53	00:39:41	<b>01:59:55.70</b>	<b>02:11:49.60</b>	+00:31:44 (26.5%)	11:59	5 (73.5%)
31	<b>ORSZULAK Marcin</b>	<b>123</b>	OPEN Mężczyźni	29	09:00	00:02:28	00:42:11	<b>02:00:51.50</b>	<b>02:03:19.65</b>	+00:32:40 (27.0%)	12:05	5 (73.5%)
32	<b>MICHALIK Grzegorz</b>	<b>10</b>	OPEN Mężczyźni	30	09:15	00:19:58	00:47:19	<b>02:01:19.90</b>	<b>02:21:18.00</b>	+00:33:08 (27.3%)	12:07	4.9 (72.1%)
33	<b>ZABOROWSKI Tomasz</b>	<b>207</b>	OPEN Mężczyźni	31	10:05	00:57:55	00:37:16	<b>02:01:38.90</b>	<b>02:59:34.75</b>	+00:33:27 (27.5%)	12:09	4.9 (72.1%)
34	<b>ZAKRZEWSKI Marek</b>	<b>45</b>	OPEN Mężczyźni	32	10:00	00:57:56	00:37:17	<b>02:01:43.85</b>	<b>02:59:39.90</b>	+00:33:32 (27.6%)	12:10	4.9 (72.1%)
35	<b>KLIMCZYK Roman</b>	<b>118</b>	OPEN Mężczyźni	33	09:05	00:07:24	00:39:53	<b>02:02:33.35</b>	<b>02:09:57.95</b>	+00:34:22 (28.0%)	12:15	4.9 (72.1%)
36	<b>MUSIAŁEK Mateusz</b>	<b>394</b>	OPEN Mężczyźni	34		00:09:09	00:41:46	<b>02:02:49.15</b>	<b>02:11:58.95</b>	+00:34:38 (28.2%)	12:16	4.9 (72.1%)
37	<b>SZCZERKOWSKI Cezary</b>	<b>46</b>	OPEN Mężczyźni	35	09:00	00:02:29	00:39:16	<b>02:02:56.55</b>	<b>02:05:26.00</b>	+00:34:45 (28.3%)	12:17	4.9 (72.1%)
38	<b>OLESZKIEWICZ Kamil</b>	<b>277</b>	OPEN Mężczyźni	36	10:05	00:09:08	00:40:04	<b>02:03:24.65</b>	<b>02:12:33.45</b>	+00:35:13 (28.5%)	12:20	4.9 (72.1%)
39	<b>BADURA Ewelina</b>	<b>166</b>	OPEN Kobiety	3	09:05	00:07:26	00:43:46	<b>02:05:25.35</b>	<b>02:12:51.80</b>	+00:37:14 (29.7%)	12:32	4.8 (70.6%)
40	<b>KUKIEŁKA Marcin</b>	<b>167</b>	OPEN Mężczyźni	37	09:05	00:07:26	00:43:45	<b>02:05:31.35</b>	<b>02:12:57.50</b>	+00:37:20 (29.7%)	12:33	4.8 (70.6%)
41	<b>ĆWIK Katarzyna</b>	<b>182</b>	OPEN Kobiety	4	10:00	00:50:29	00:45:42	<b>02:06:41.60</b>	<b>02:57:11.30</b>	+00:38:30 (30.4%)	12:40	4.7 (69.1%)
42	<b>JAGODZKI Paweł</b>	<b>226</b>	OPEN Mężczyźni	38	09:05	00:11:51	00:39:28	<b>02:06:55.30</b>	<b>02:18:47.25</b>	+00:38:44 (30.5%)	12:41	4.7 (69.1%)
43	<b>CHODÓR Mateusz</b>	<b>143</b>	OPEN Mężczyźni	39	09:35	00:38:59	00:56:05	<b>02:09:05.10</b>	<b>02:48:05.05</b>	+00:40:54 (31.7%)	12:54	4.6 (67.6%)
44	<b>WIELEBA Michał</b>	<b>281</b>	OPEN Mężczyźni	40	10:25	01:21:31	00:40:17	<b>02:09:38.40</b>	<b>03:31:10.00</b>	+00:41:27 (32.0%)	12:57	4.6 (67.6%)
45	<b>ANDRZEJEWSKI Bartłomiej</b>	<b>327</b>	OPEN Mężczyźni	41	09:10	00:02:30	00:39:27	<b>02:10:18.20</b>	<b>02:12:49.05</b>	+00:42:07 (32.3%)	13:01	4.6 (67.6%)
46	<b>WOŹNY Tomasz</b>	<b>179</b>	OPEN Mężczyźni	42	10:25	01:10:41	00:52:51	<b>02:11:00.15</b>	<b>03:21:41.60</b>	+00:42:49 (32.7%)	13:06	4.6 (67.6%)
47	<b>SIĘBOR Andrzej</b>	<b>67</b>	OPEN Mężczyźni	43	09:00	00:02:29	00:37:53	<b>02:12:50.05</b>	<b>02:15:19.75</b>	+00:44:39 (33.6%)	13:17	4.5 (66.2%)
48	<b>JANISZEWSKI Marcin</b>	<b>293</b>	OPEN Mężczyźni	44	09:35	00:38:58	00:58:33	<b>02:13:25.80</b>	<b>02:52:24.10</b>	+00:45:14 (33.9%)	13:20	4.5 (66.2%)
49	<b>PAŚKA Marcin</b>	<b>6</b>	OPEN Mężczyźni	45	09:00	00:00:12	00:40:12	<b>02:14:38.20</b>	<b>02:14:50.70</b>	+00:46:27 (34.5%)	13:27	4.5 (66.2%)
50	<b>MOŃKA Łukasz</b>	<b>322</b>	OPEN Mężczyźni	46	09:25	00:27:21	00:46:42	<b>02:14:49.80</b>	<b>02:42:11.45</b>	+00:46:38 (34.6%)	13:28	4.5 (66.2%)
51	<b>PŁUCIENNIK Tomasz</b>	<b>254</b>	OPEN Mężczyźni	47	11:00	02:15:11	00:53:56	<b>02:19:39.75</b>	<b>04:34:50.95</b>	+00:51:28 (36.9%)	13:57	4.3 (63.2%)
52	<b>KNOZOWSKA Bożena</b>	<b>180</b>	OPEN Kobiety	5	09:05	00:02:30	00:44:50	<b>02:20:23.75</b>	<b>02:22:53.95</b>	+00:52:12 (37.2%)	14:02	4.3 (63.2%)
53	<b>WIELEBA Maciej</b>	<b>273</b>	OPEN Mężczyźni	48	10:25	01:21:32	00:46:21	<b>02:22:16.05</b>	<b>03:43:48.90</b>	+00:54:05 (38.0%)	14:13	4.2 (61.8%)
54	<b>CZERWIŃSKI Krzysztof</b>	<b>336</b>	OPEN Mężczyźni	49	09:10	00:14:55	00:44:04	<b>02:22:35.55</b>	<b>02:37:31.50</b>	+00:54:24 (38.2%)	14:15	4.2 (61.8%)
55	<b>NOWICKI Bartosz</b>	<b>23</b>	OPEN Mężczyźni	50	09:00	00:02:31	00:46:03	<b>02:23:25.40</b>	<b>02:25:56.60</b>	+00:55:14 (38.5%)	14:20	4.2 (61.8%)
56	<b>MUSIELAK Mirosław</b>	<b>24</b>	OPEN Mężczyźni	51	09:00	00:02:31	00:46:07	<b>02:23:26.10</b>	<b>02:25:57.55</b>	+00:55:15 (38.5%)	14:20	4.2 (61.8%)
57	<b>KAŻMIERCZAK Marcin</b>	<b>22</b>	OPEN Mężczyźni	52	09:00	00:02:30	00:46:10	<b>02:23:26.35</b>	<b>02:25:56.95</b>	+00:55:15 (38.5%)	14:20	4.2 (61.8%)
58	<b>NOWAK Maciej</b>	<b>27</b>	OPEN Mężczyźni	53	09:00	00:02:30	00:44:55	<b>02:23:38.25</b>	<b>02:26:08.35</b>	+00:55:27 (38.6%)	14:21	4.2 (61.8%)
59	<b>ŁUCZAK Karol</b>	<b>272</b>	OPEN Mężczyźni	54	10:15	01:10:56	01:04:02	<b>02:24:41.45</b>	<b>03:35:38.30</b>	+00:56:30 (39.1%)	14:28	4.1 (60.3%)
60	<b>ZWOLIŃSKI Krzysztof</b>	<b>7</b>	OPEN Mężczyźni	55	09:30	00:30:26	00:53:41	<b>02:25:26.90</b>	<b>02:55:53.05</b>	+00:57:15 (39.4%)	14:32	4.1 (60.3%)
61	<b>NAWROCKI Krzysztof</b>	<b>202</b>	OPEN Mężczyźni	56	09:10	00:14:56	00:44:03	<b>02:25:34.70</b>	<b>02:40:31.25</b>	+00:57:23 (39.4%)	14:33	4.1 (60.3%)
62	<b>MAZUR Dariusz</b>	<b>304</b>	OPEN Mężczyźni	57	10:10	01:04:47	00:47:02	<b>02:26:19.30</b>	<b>03:31:07.25</b>	+00:58:08 (39.7%)	14:37	4.1 (60.3%)
63	<b>KOZŁOWSKI Michał</b>	<b>357</b>	OPEN Mężczyźni	58	09:10	00:14:54	00:42:03	<b>02:26:21.05</b>	<b>02:41:15.90</b>	+00:58:10 (39.7%)	14:38	4.1 (60.3%)
64	<b>BIAŁOBRZEWSKI Mirosław</b>	<b>311</b>	OPEN Mężczyźni	59	09:30	00:27:24	00:50:15	<b>02:26:55.10</b>	<b>02:54:19.80</b>	+00:58:44 (40.0%)	14:41	4.1 (60.3%)
65	<b>JĘDRZEJEWSKA Jadwiga</b>	<b>114</b>	OPEN Kobiety	6	09:55	00:54:20	00:48:18	<b>02:27:14.10</b>	<b>03:21:34.20</b>	+00:59:03 (40.1%)	14:43	4.1 (60.3%)
66	<b>PACHELA Marcin</b>	<b>107</b>	OPEN Mężczyźni	60	09:55	00:54:19	00:48:22	<b>02:27:22.80</b>	<b>03:21:42.15</b>	+00:59:11 (40.2%)	14:44	4.1 (60.3%)
67	<b>BANASIEWICZ Zbigniew</b>	<b>106</b>	OPEN Mężczyźni	61	09:55	00:54:20	00:48:25	<b>02:27:29.95</b>	<b>03:21:50.60</b>	+00:59:19 (40.2%)	14:44	4.1 (60.3%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
68	TARNAWSKI Bartosz	73	OPEN Mężczyźni	62	09:00	00:00:12	00:45:41	02:27:30.60	02:27:42.95	+00:59:19 (40.2%)	14:45	4.1 (60.3%)
69	TARNAWSKI Maciej	36	OPEN Mężczyźni	63	09:00	00:00:12	00:45:18	02:27:30.85	02:27:43.10	+00:59:19 (40.2%)	14:45	4.1 (60.3%)
70	ĆWIKLIŃSKI Piotr	212	OPEN Mężczyźni	64	09:20	00:25:16	00:57:38	02:28:15.75	02:53:32.40	+01:00:04 (40.5%)	14:49	4 (58.8%)
71	CZERNIAK Marcin	214	OPEN Mężczyźni	65	09:20	00:25:16	00:57:37	02:28:15.85	02:53:32.10	+01:00:04 (40.5%)	14:49	4 (58.8%)
72	BUDYNEK Mateusz	265	OPEN Mężczyźni	66	11:00	02:15:10	00:53:54	02:28:32.35	04:43:42.50	+01:00:21 (40.6%)	14:51	4 (58.8%)
73	ZARZYCKI Jakub	246	OPEN Mężczyźni	67	10:25	01:10:41	01:00:12	02:28:47.75	03:39:28.95	+01:00:36 (40.7%)	14:52	4 (58.8%)
74	MACIEJEWSKI Maciej	244	OPEN Mężczyźni	68	10:25	01:10:40	01:00:07	02:29:05.40	03:39:45.85	+01:00:54 (40.9%)	14:54	4 (58.8%)
75	JANOWICZ Przemysław	245	OPEN Mężczyźni	69	10:25	01:10:41	01:00:12	02:29:09.75	03:39:51.30	+01:00:58 (40.9%)	14:54	4 (58.8%)
76	METLER Dawid	124	OPEN Mężczyźni	70	09:00	00:02:28	00:50:47	02:29:22.60	02:31:50.85	+01:01:11 (41.0%)	14:56	4 (58.8%)
77	PANIENKOWSKI Jakub	120	OPEN Mężczyźni	71	09:00	00:02:29	00:50:39	02:29:48.85	02:32:17.85	+01:01:37 (41.1%)	14:58	4 (58.8%)
78	ANTONOWICZ Adam	296	OPEN Mężczyźni	72	10:00	00:54:19	00:48:29	02:31:08.70	03:25:28.25	+01:02:57 (41.7%)	15:06	4 (58.8%)
79	GRABARCZYK Paweł	292	OPEN Mężczyźni	73	09:50	00:41:27	00:56:18	02:31:20.75	03:12:47.75	+01:03:09 (41.7%)	15:08	4 (58.8%)
80	MORKA Mikołaj	291	OPEN Mężczyźni	74	09:50	00:41:26	00:56:22	02:31:26.90	03:12:53.60	+01:03:15 (41.8%)	15:08	4 (58.8%)
81	KUCZYŃSKI Mateusz	326	OPEN Mężczyźni	75	09:50	00:41:27	01:10:12	02:34:06.30	03:15:33.90	+01:05:55 (42.8%)	15:24	3.9 (57.4%)
82	ZALEWSKA Urszula	94	OPEN Kobiety	7	10:20	01:16:38	00:55:31	02:34:18.70	03:50:56.75	+01:06:07 (42.9%)	15:25	3.9 (57.4%)
83	KALISZEWSKI Adam	95	OPEN Mężczyźni	76	10:20	01:16:36	00:55:38	02:34:22.45	03:50:58.60	+01:06:11 (42.9%)	15:26	3.9 (57.4%)
84	MAZUR Dominika	310	OPEN Kobiety	8	09:30	00:33:17	01:01:29	02:34:35.00	03:07:52.90	+01:06:24 (43.0%)	15:27	3.9 (57.4%)
85	SITEK Przemysław	309	OPEN Mężczyźni	77	09:30	00:33:18	01:01:28	02:34:35.40	03:07:53.80	+01:06:24 (43.0%)	15:27	3.9 (57.4%)
86	SERWANSKA Katarzyna	233	OPEN Kobiety	9	10:15	01:10:58	01:04:00	02:36:18.90	03:47:17.45	+01:08:07 (43.6%)	15:37	3.8 (55.9%)
87	WOJCIESZAK Stefan	390	OPEN Mężczyźni	78		01:10:54	01:04:04	02:36:32.10	03:47:26.45	+01:08:21 (43.7%)	15:39	3.8 (55.9%)
88	SZYMAŚ Daniel	108	OPEN Mężczyźni	79	09:50	00:41:28	00:56:22	02:37:16.40	03:18:44.80	+01:09:05 (43.9%)	15:43	3.8 (55.9%)
89	POMIANOWSKA Anna	129	OPEN Kobiety	10	09:10	00:14:55	00:53:40	02:38:22.90	02:53:18.20	+01:10:11 (44.3%)	15:50	3.8 (55.9%)
90	DŁUTKOWSKI Michał	58	OPEN Mężczyźni	80	09:30	00:27:23	00:54:38	02:39:21.05	03:06:44.60	+01:11:10 (44.7%)	15:56	3.8 (55.9%)
91	GRELEWICZ Jacek	181	OPEN Mężczyźni	81	09:30	00:33:18	00:58:34	02:39:21.45	03:12:39.85	+01:11:10 (44.7%)	15:56	3.8 (55.9%)
92	GALUBA Aleksander	198	OPEN Mężczyźni	82	09:30	00:33:18	00:58:30	02:39:21.65	03:12:39.85	+01:11:10 (44.7%)	15:56	3.8 (55.9%)
93	WILK Tomasz	200	OPEN Mężczyźni	83	09:30	00:33:18	00:58:28	02:39:22.25	03:12:41.20	+01:11:11 (44.7%)	15:56	3.8 (55.9%)
94	SOLARSKI Zbigniew	199	OPEN Mężczyźni	84	09:30	00:33:19	00:58:28	02:39:22.40	03:12:41.85	+01:11:11 (44.7%)	15:56	3.8 (55.9%)
95	RYBARCZYK Dariusz	54	OPEN Mężczyźni	85	09:30	00:30:25	01:03:24	02:39:25.60	03:09:50.65	+01:11:14 (44.7%)	15:56	3.8 (55.9%)
96	DOLATA Krzysztof	399	OPEN Mężczyźni	86		00:11:53	00:54:35	02:39:47.75	02:51:41.10	+01:11:36 (44.8%)	15:58	3.8 (55.9%)
97	PIETER Paweł	263	OPEN Mężczyźni	87	09:05	00:11:52	00:53:17	02:40:16.00	02:52:08.35	+01:12:05 (45.0%)	16:01	3.7 (54.4%)
98	GIERCZAK Patryk	239	OPEN Mężczyźni	88	09:30	00:33:19	01:01:47	02:40:20.10	03:13:39.45	+01:12:09 (45.0%)	16:02	3.7 (54.4%)
99	PRZYBYLSKI Karol	230	OPEN Mężczyźni	89	09:05	00:11:51	00:49:30	02:40:26.50	02:52:18.00	+01:12:15 (45.0%)	16:02	3.7 (54.4%)
100	WOJTYSIAK Mateusz	345	OPEN Mężczyźni	90	10:05	00:57:55	01:04:38	02:40:38.10	03:38:33.85	+01:12:27 (45.1%)	16:03	3.7 (54.4%)
101	ROCHOWIAK Lucjan	346	OPEN Mężczyźni	91	10:05	00:57:55	01:04:38	02:40:38.20	03:38:33.65	+01:12:27 (45.1%)	16:03	3.7 (54.4%)
102	KOWALSKA Julia	9	OPEN Kobiety	11	09:05	00:09:10	00:55:45	02:41:03.00	02:50:13.35	+01:12:52 (45.2%)	16:06	3.7 (54.4%)
103	ROGIŃSKA Letycja	247	OPEN Kobiety	12	10:05	00:11:53	00:51:44	02:41:22.20	02:53:15.75	+01:13:11 (45.4%)	16:08	3.7 (54.4%)
104	KOWALSKI Bartłomiej	8	OPEN Mężczyźni	92	09:05	00:09:11	00:55:47	02:41:28.35	02:50:39.45	+01:13:17 (45.4%)	16:08	3.7 (54.4%)
105	RATAJCZAK Marcin	219	OPEN Mężczyźni	93	10:25	01:21:32	01:00:13	02:41:40.85	04:03:13.50	+01:13:29 (45.5%)	16:10	3.7 (54.4%)
106	NOWAK Marcin	218	OPEN Mężczyźni	94	10:25	01:21:32	01:00:18	02:41:42.85	04:03:15.35	+01:13:31 (45.5%)	16:10	3.7 (54.4%)
107	MARCINKOWSKA Beata	11	OPEN Kobiety	13	09:00	00:11:54	00:54:30	02:41:54.10	02:53:48.60	+01:13:43 (45.5%)	16:11	3.7 (54.4%)
108	BROMBER Adriana	150	OPEN Kobiety	14	09:00	00:11:55	00:54:24	02:41:54.50	02:53:49.60	+01:13:43 (45.5%)	16:11	3.7 (54.4%)
109	WYDRA Edyta	149	OPEN Kobiety	15	09:00	00:11:54	00:54:34	02:41:55.85	02:53:50.10	+01:13:44 (45.5%)	16:11	3.7 (54.4%)
110	WOJCIECHOWSKI Mateusz	397	OPEN Mężczyźni	95		00:57:57	01:06:51	02:42:09.85	03:40:07.50	+01:13:58 (45.6%)	16:12	3.7 (54.4%)
111	NAWROCKI Karol	396	OPEN Mężczyźni	96		00:57:57	01:06:58	02:42:09.95	03:40:07.70	+01:13:59 (45.6%)	16:12	3.7 (54.4%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
112	<b>WALCZAK Tomasz</b>	<b>395</b>	OPEN Mężczyźni	97		00:57:56	01:06:54	<b>02:42:10.20</b>	<b>03:40:06.90</b>	+01:13:59 (45.6%)	16:13	3.7 (54.4%)
113	<b>SOBIERAJ Olaf</b>	<b>41</b>	OPEN Mężczyźni	98	10:00	00:30:26	01:04:31	<b>02:42:28.20</b>	<b>03:12:54.85</b>	+01:14:17 (45.7%)	16:14	3.7 (54.4%)
114	<b>BOROŃ Damian</b>	<b>88</b>	OPEN Mężczyźni	99	09:30	00:30:26	01:05:52	<b>02:42:38.80</b>	<b>03:13:05.05</b>	+01:14:27 (45.8%)	16:15	3.7 (54.4%)
115	<b>GEMBARZEWSKA-ADACH Zofia</b>	<b>270</b>	OPEN Kobiety	16	09:55	00:54:20	00:52:56	<b>02:42:43.60</b>	<b>03:37:03.60</b>	+01:14:32 (45.8%)	16:16	3.7 (54.4%)
116	<b>STEFANIAK Adam</b>	<b>72</b>	OPEN Mężczyźni	100	10:00	00:54:20	00:54:26	<b>02:42:44.00</b>	<b>03:37:04.45</b>	+01:14:33 (45.8%)	16:16	3.7 (54.4%)
117	<b>ANUSZCZYK Mariusz</b>	<b>316</b>	OPEN Mężczyźni	101	09:10	00:14:56	00:57:06	<b>02:44:06.35</b>	<b>02:59:02.70</b>	+01:15:55 (46.3%)	16:24	3.7 (54.4%)
118	<b>HOFMAN Filip</b>	<b>288</b>	OPEN Mężczyźni	102	09:35	00:38:59	00:59:34	<b>02:45:09.50</b>	<b>03:24:08.75</b>	+01:16:58 (46.6%)	16:30	3.6 (52.9%)
119	<b>RAICH Wiktor</b>	<b>286</b>	OPEN Mężczyźni	103	09:20	00:25:17	00:58:17	<b>02:45:47.50</b>	<b>03:11:05.30</b>	+01:17:36 (46.8%)	16:34	3.6 (52.9%)
120	<b>FORNALIK Damian</b>	<b>105</b>	OPEN Mężczyźni	104	09:15	00:19:56	00:53:27	<b>02:45:51.40</b>	<b>03:05:47.45</b>	+01:17:40 (46.8%)	16:35	3.6 (52.9%)
121	<b>KARCZYŃSKI Tomasz</b>	<b>28</b>	OPEN Mężczyźni	105	10:00	00:50:29	01:05:57	<b>02:45:57.35</b>	<b>03:36:26.40</b>	+01:17:46 (46.9%)	16:35	3.6 (52.9%)
122	<b>JAKUBOWSKA Agata</b>	<b>276</b>	OPEN Kobiety	17	09:20	00:25:17	00:58:12	<b>02:46:13.00</b>	<b>03:11:30.65</b>	+01:18:02 (46.9%)	16:37	3.6 (52.9%)
123	<b>KACZMAREK Łukasz</b>	<b>184</b>	OPEN Mężczyźni	106	10:05	00:50:29	01:05:54	<b>02:46:21.05</b>	<b>03:36:50.40</b>	+01:18:10 (47.0%)	16:38	3.6 (52.9%)
124	<b>OWCZARCZAK Adrian</b>	<b>185</b>	OPEN Mężczyźni	107	10:05	00:50:29	01:05:59	<b>02:46:31.65</b>	<b>03:37:00.75</b>	+01:18:20 (47.0%)	16:39	3.6 (52.9%)
125	<b>JAKUBOWSKI Michał</b>	<b>137</b>	OPEN Mężczyźni	108	09:05	00:07:23	00:49:33	<b>02:47:12.50</b>	<b>02:54:36.45</b>	+01:19:01 (47.3%)	16:43	3.6 (52.9%)
126	<b>SZCZYGIEŁ Sylwia</b>	<b>315</b>	OPEN Kobiety	18	09:05	00:07:25	00:53:50	<b>02:47:45.65</b>	<b>02:55:10.65</b>	+01:19:34 (47.4%)	16:46	3.6 (52.9%)
127	<b>KACZOREK Paweł</b>	<b>347</b>	OPEN Mężczyźni	109	10:00	00:50:31	01:07:57	<b>02:48:08.10</b>	<b>03:38:39.20</b>	+01:19:57 (47.6%)	16:48	3.6 (52.9%)
128	<b>ZYCH Monika</b>	<b>109</b>	OPEN Kobiety	19	09:00	00:02:29	00:53:46	<b>02:48:08.35</b>	<b>02:50:37.85</b>	+01:19:57 (47.6%)	16:48	3.6 (52.9%)
129	<b>STELMASZYK Przemysław</b>	<b>77</b>	OPEN Mężczyźni	110	09:00	00:02:28	00:53:52	<b>02:48:09.75</b>	<b>02:50:38.25</b>	+01:19:58 (47.6%)	16:48	3.6 (52.9%)
130	<b>SPRINGER Hubert</b>	<b>342</b>	OPEN Mężczyźni	111	09:10	00:16:46	01:00:43	<b>02:49:30.20</b>	<b>03:06:16.90</b>	+01:21:19 (48.0%)	16:57	3.5 (51.5%)
131	<b>ROSZCZYK Wojciech</b>	<b>341</b>	OPEN Mężczyźni	112	09:10	00:16:45	01:00:47	<b>02:49:31.00</b>	<b>03:06:16.90</b>	+01:21:20 (48.0%)	16:57	3.5 (51.5%)
132	<b>SAKOWSKI Marcin</b>	<b>33</b>	OPEN Mężczyźni	113	09:00	00:00:13	00:50:51	<b>02:49:57.30</b>	<b>02:50:10.30</b>	+01:21:46 (48.1%)	16:59	3.5 (51.5%)
133	<b>WALKOWIAK Radosław</b>	<b>104</b>	OPEN Mężczyźni	114	09:15	00:19:56	00:53:32	<b>02:50:20.30</b>	<b>03:10:16.50</b>	+01:22:09 (48.2%)	17:02	3.5 (51.5%)
134	<b>MADAJ Krzysztof</b>	<b>63</b>	OPEN Mężczyźni	115	10:05	01:01:06	00:51:36	<b>02:50:52.90</b>	<b>03:51:59.25</b>	+01:22:41 (48.4%)	17:05	3.5 (51.5%)
135	<b>MADAJ Michał</b>	<b>78</b>	OPEN Mężczyźni	116	10:05	01:01:06	00:51:41	<b>02:50:54.85</b>	<b>03:52:01.35</b>	+01:22:43 (48.4%)	17:05	3.5 (51.5%)
136	<b>SKARBA Grzegorz</b>	<b>204</b>	OPEN Mężczyźni	117	10:25	01:10:43	01:09:22	<b>02:51:15.70</b>	<b>04:01:58.80</b>	+01:23:04 (48.5%)	17:07	3.5 (51.5%)
137	<b>SMOŁOŃSKA Małgorzata</b>	<b>328</b>	OPEN Kobiety	20	09:15	00:19:58	01:03:08	<b>02:51:27.35</b>	<b>03:11:26.05</b>	+01:23:16 (48.6%)	17:08	3.5 (51.5%)
138	<b>KIJANKA Karolina</b>	<b>329</b>	OPEN Kobiety	21	09:15	00:19:58	01:03:17	<b>02:51:27.75</b>	<b>03:11:26.15</b>	+01:23:16 (48.6%)	17:08	3.5 (51.5%)
139	<b>SZCZYGIEŁ Daniel</b>	<b>152</b>	OPEN Mężczyźni	118	09:10	00:16:47	00:54:17	<b>02:51:28.95</b>	<b>03:08:16.55</b>	+01:23:18 (48.6%)	17:08	3.5 (51.5%)
140	<b>MALCZEWSKI Piotr</b>	<b>153</b>	OPEN Mężczyźni	119	09:10	00:16:47	00:54:22	<b>02:51:29.25</b>	<b>03:08:16.55</b>	+01:23:18 (48.6%)	17:08	3.5 (51.5%)
141	<b>GAPSKI Waldemar</b>	<b>168</b>	OPEN Mężczyźni	120	09:15	00:19:58	01:03:06	<b>02:51:58.55</b>	<b>03:11:56.95</b>	+01:23:47 (48.7%)	17:11	3.5 (51.5%)
142	<b>MICHALSKA Wioleta</b>	<b>5</b>	OPEN Kobiety	22	09:15	00:19:57	01:02:59	<b>02:51:58.95</b>	<b>03:11:56.85</b>	+01:23:48 (48.7%)	17:11	3.5 (51.5%)
143	<b>KOZA Eugeniusz</b>	<b>169</b>	OPEN Mężczyźni	121	09:15	00:19:57	01:03:11	<b>02:51:59.70</b>	<b>03:11:57.15</b>	+01:23:48 (48.7%)	17:11	3.5 (51.5%)
144	<b>SZEPELAWY Adrian</b>	<b>205</b>	OPEN Mężczyźni	122	10:25	01:10:43	01:09:19	<b>02:52:08.70</b>	<b>04:02:52.50</b>	+01:23:57 (48.8%)	17:12	3.5 (51.5%)
145	<b>MŚCISZ Tomasz</b>	<b>331</b>	OPEN Mężczyźni	123	09:20	00:19:59	00:56:59	<b>02:52:16.80</b>	<b>03:12:16.25</b>	+01:24:05 (48.8%)	17:13	3.5 (51.5%)
146	<b>GREWLING Jonasz</b>	<b>264</b>	OPEN Mężczyźni	124	09:20	00:19:58	00:56:53	<b>02:52:16.95</b>	<b>03:12:15.90</b>	+01:24:06 (48.8%)	17:13	3.5 (51.5%)
147	<b>GRUSZECKI Tymon</b>	<b>249</b>	OPEN Mężczyźni	125	09:05	00:09:10	00:54:18	<b>02:52:18.30</b>	<b>03:01:28.95</b>	+01:24:07 (48.8%)	17:13	3.5 (51.5%)
148	<b>ŚLĘZAK Marcin</b>	<b>240</b>	OPEN Mężczyźni	126	09:05	00:09:10	00:54:11	<b>02:52:45.75</b>	<b>03:01:55.80</b>	+01:24:34 (49.0%)	17:16	3.5 (51.5%)
149	<b>DROŹDZIK Mateusz</b>	<b>354</b>	OPEN Mężczyźni	127	10:25	01:10:44	00:56:05	<b>02:54:22.85</b>	<b>04:05:07.80</b>	+01:26:11 (49.4%)	17:26	3.4 (50.0%)
150	<b>NAPIERAŁA Dawid</b>	<b>224</b>	OPEN Mężczyźni	128	09:50	00:41:24	01:10:07	<b>02:54:35.55</b>	<b>03:36:00.45</b>	+01:26:24 (49.5%)	17:27	3.4 (50.0%)
151	<b>MŁODZIKOWSKI Mariusz</b>	<b>220</b>	OPEN Mężczyźni	129	09:50	00:41:26	01:10:08	<b>02:54:46.50</b>	<b>03:36:12.95</b>	+01:26:35 (49.5%)	17:28	3.4 (50.0%)
152	<b>SPYCHAŁA Jakub</b>	<b>221</b>	OPEN Mężczyźni	130	09:50	00:41:26	01:10:12	<b>02:54:52.50</b>	<b>03:36:18.65</b>	+01:26:41 (49.6%)	17:29	3.4 (50.0%)
153	<b>GUGNACKI Juliusz</b>	<b>355</b>	OPEN Mężczyźni	131	10:10	01:10:40	01:03:10	<b>02:55:01.75</b>	<b>04:05:42.60</b>	+01:26:50 (49.6%)	17:30	3.4 (50.0%)
154	<b>CHWALISZ Paweł</b>	<b>314</b>	OPEN Mężczyźni	132	09:05	00:09:09	00:55:57	<b>02:55:04.25</b>	<b>03:04:13.75</b>	+01:26:53 (49.6%)	17:30	3.4 (50.0%)
155	<b>NAWROT Marcin</b>	<b>350</b>	OPEN Mężczyźni	133	10:10	01:10:42	01:03:14	<b>02:55:09.45</b>	<b>04:05:51.60</b>	+01:26:58 (49.7%)	17:30	3.4 (50.0%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
156	WIECZOREK Kuba	280	OPEN Mężczyźni	134	10:10	01:10:43	01:03:15	02:55:22.60	04:06:05.60	+01:27:11 (49.7%)	17:32	3.4 (50.0%)
157	WYSOCKA Magdalena	262	OPEN Kobiety	23	09:10	00:16:48	01:00:20	02:55:33.10	03:12:21.45	+01:27:22 (49.8%)	17:33	3.4 (50.0%)
158	JASIŃSKI Kamil	261	OPEN Mężczyźni	135	09:10	00:16:47	01:00:25	02:55:56.75	03:12:44.40	+01:27:45 (49.9%)	17:35	3.4 (50.0%)
159	ZAWIŚLAK Mikołaj	213	OPEN Mężczyźni	136	09:30	00:33:18	01:20:59	02:56:54.25	03:30:12.30	+01:28:43 (50.2%)	17:41	3.4 (50.0%)
160	SZYMCZAK Lidia	256	OPEN Kobiety	24	09:10	00:04:47	00:58:25	02:56:55.25	03:01:42.70	+01:28:44 (50.2%)	17:41	3.4 (50.0%)
161	KOWALSKA Daria	257	OPEN Kobiety	25	09:10	00:04:46	00:58:24	02:56:55.70	03:01:42.40	+01:28:44 (50.2%)	17:41	3.4 (50.0%)
162	JAZIC Karolina	255	OPEN Kobiety	26	09:10	00:04:46	00:58:25	02:56:56.05	03:01:42.90	+01:28:45 (50.2%)	17:41	3.4 (50.0%)
163	MNICH Bartłomiej	258	OPEN Mężczyźni	137	09:10	00:04:46	00:58:30	02:56:56.80	03:01:43.05	+01:28:45 (50.2%)	17:41	3.4 (50.0%)
164	ŚWITAŁOWSKI Karol	274	OPEN Mężczyźni	138	09:10	00:04:46	00:58:32	02:56:57.25	03:01:43.80	+01:28:46 (50.2%)	17:41	3.4 (50.0%)
165	SZYMAŃSKI Radosław	339	OPEN Mężczyźni	139	09:55	00:45:20	01:10:55	02:57:09.40	03:42:29.45	+01:28:58 (50.2%)	17:42	3.4 (50.0%)
166	SZYMAŃSKI Mariusz	338	OPEN Mężczyźni	140	09:55	00:45:20	01:10:57	02:57:09.50	03:42:29.70	+01:28:58 (50.2%)	17:42	3.4 (50.0%)
167	BRYGIER Michał	236	OPEN Mężczyźni	141	09:15	00:21:53	01:00:47	02:57:59.80	03:19:52.95	+01:29:48 (50.5%)	17:47	3.4 (50.0%)
168	FRĄCKOWIAK Krzysztof	269	OPEN Mężczyźni	142	09:15	00:21:52	01:00:58	02:58:00.75	03:19:53.00	+01:29:49 (50.5%)	17:48	3.4 (50.0%)
169	NOWAK Grzegorz	267	OPEN Mężczyźni	143	09:15	00:21:52	01:00:57	02:58:01.60	03:19:54.25	+01:29:50 (50.5%)	17:48	3.4 (50.0%)
170	CHRZANOWSKI Kamil	100	OPEN Mężczyźni	144	09:00	00:04:43	01:04:23	02:58:02.35	03:02:45.90	+01:29:51 (50.5%)	17:48	3.4 (50.0%)
171	NAPIERAŁA Marcin	266	OPEN Mężczyźni	145	09:15	00:21:50	01:00:54	02:58:02.85	03:19:53.75	+01:29:51 (50.5%)	17:48	3.4 (50.0%)
172	DĄBROWSKI Maciej	333	OPEN Mężczyźni	146	10:00	00:50:31	01:05:00	02:58:04.95	03:48:36.40	+01:29:54 (50.5%)	17:48	3.4 (50.0%)
173	ZAJĄCZKOWSKA Justyna	147	OPEN Kobiety	27	09:30	00:33:16	01:09:16	02:59:26.65	03:32:43.05	+01:31:15 (50.9%)	17:56	3.3 (48.5%)
174	ZAJĄCZKOWSKI Cezary	148	OPEN Mężczyźni	147	09:30	00:33:16	01:09:14	02:59:26.75	03:32:43.50	+01:31:15 (50.9%)	17:56	3.3 (48.5%)
175	STANISŁAWSKI Maciej	98	OPEN Mężczyźni	148	09:00	00:04:45	01:04:25	02:59:33.70	03:04:19.10	+01:31:22 (50.9%)	17:57	3.3 (48.5%)
176	ŚCIBISZ Marcin	102	OPEN Mężczyźni	149	09:00	00:04:44	01:04:54	02:59:37.45	03:04:21.55	+01:31:26 (50.9%)	17:57	3.3 (48.5%)
177	STASIELUK Magdalena	32	OPEN Kobiety	28	10:00	00:50:30	01:05:31	02:59:37.50	03:50:08.05	+01:31:26 (50.9%)	17:57	3.3 (48.5%)
178	HAMROL Paweł	99	OPEN Mężczyźni	150	09:00	00:04:44	01:04:24	02:59:37.55	03:04:22.30	+01:31:26 (50.9%)	17:57	3.3 (48.5%)
179	NOWAK Przemek	356	OPEN Mężczyźni	151	09:10	00:14:57	01:06:33	02:59:54.35	03:14:51.60	+01:31:43 (51.0%)	17:59	3.3 (48.5%)
180	CIEŚLA Agnieszka	278	OPEN Kobiety	29	09:15	00:21:54	01:04:35	03:00:26.95	03:22:21.45	+01:32:16 (51.1%)	18:02	3.3 (48.5%)
181	CIEŚLA Paweł	279	OPEN Mężczyźni	152	09:15	00:21:54	01:04:42	03:00:28.05	03:22:22.85	+01:32:17 (51.1%)	18:02	3.3 (48.5%)
182	KARWACKI Rafał	235	OPEN Mężczyźni	153	09:15	00:21:53	01:04:39	03:00:28.50	03:22:21.75	+01:32:17 (51.1%)	18:02	3.3 (48.5%)
183	DĄBROWSKA Małgorzata	60	OPEN Kobiety	30	10:00	00:50:32	01:05:28	03:00:53.40	03:51:25.95	+01:32:42 (51.3%)	18:05	3.3 (48.5%)
184	AUGUSTYNOWICZ Mariusz	61	OPEN Mężczyźni	154	10:00	00:50:31	01:05:31	03:00:54.40	03:51:26.25	+01:32:43 (51.3%)	18:05	3.3 (48.5%)
185	ZAPOLSKA Agnieszka	30	OPEN Kobiety	31	10:00	00:50:32	01:05:36	03:00:54.45	03:51:26.55	+01:32:43 (51.3%)	18:05	3.3 (48.5%)
186	ZAPOLSKI Tomasz	29	OPEN Mężczyźni	155	10:00	00:50:31	01:05:39	03:00:55.90	03:51:27.25	+01:32:44 (51.3%)	18:05	3.3 (48.5%)
187	WRONKA Mateusz	305	OPEN Mężczyźni	156	09:05	00:11:52	01:00:30	03:00:58.30	03:12:50.70	+01:32:47 (51.3%)	18:05	3.3 (48.5%)
188	NAWROT Hubert	91	OPEN Mężczyźni	157	09:50	00:41:25	00:54:39	03:01:28.00	03:42:53.35	+01:33:17 (51.4%)	18:08	3.3 (48.5%)
189	WOZNIAK Wojciech	48	OPEN Mężczyźni	158	09:50	00:41:25	00:54:43	03:01:32.75	03:42:58.50	+01:33:21 (51.4%)	18:09	3.3 (48.5%)
190	WOŚ Łukasz	324	OPEN Mężczyźni	159	09:20	00:25:16	00:58:26	03:02:02.05	03:27:18.25	+01:33:51 (51.6%)	18:12	3.3 (48.5%)
191	KMIECIK Mirosław	312	OPEN Mężczyźni	160	09:20	00:25:17	00:58:28	03:02:25.70	03:27:42.70	+01:34:14 (51.7%)	18:14	3.3 (48.5%)
192	KOCIEMBA Adrianna	173	OPEN Kobiety	32	09:05	00:07:24	00:59:53	03:02:50.15	03:10:14.80	+01:34:39 (51.8%)	18:17	3.3 (48.5%)
193	PRZYBYŁ Natalia	337	OPEN Kobiety	33	09:30	00:30:24	01:08:31	03:03:16.00	03:33:40.70	+01:35:05 (51.9%)	18:19	3.3 (48.5%)
194	ZIEMNIEWICZ Adam	56	OPEN Mężczyźni	161	09:30	00:30:23	01:08:37	03:03:17.45	03:33:41.15	+01:35:06 (51.9%)	18:19	3.3 (48.5%)
195	JUSZCZAK Patryk	79	OPEN Mężczyźni	162	09:30	00:30:24	01:06:01	03:04:06.50	03:34:30.80	+01:35:55 (52.1%)	18:24	3.3 (48.5%)
196	SROKA Janek	81	OPEN Mężczyźni	163	09:30	00:30:25	01:06:02	03:04:09.15	03:34:34.80	+01:35:58 (52.1%)	18:24	3.3 (48.5%)
197	BAKIERA Mikołaj	64	OPEN Mężczyźni	164	09:30	00:30:25	01:05:50	03:04:12.00	03:34:37.00	+01:36:01 (52.1%)	18:25	3.3 (48.5%)
198	SZCZYGIEŁ Martyna	146	OPEN Kobiety	34	09:40	00:36:19	01:16:52	03:04:46.75	03:41:06.65	+01:36:35 (52.3%)	18:28	3.2 (47.1%)
199	JANKOWIAK Tomasz	75	OPEN Mężczyźni	165	09:10	00:14:56	00:59:34	03:05:08.05	03:20:04.15	+01:36:57 (52.4%)	18:30	3.2 (47.1%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
200	<b>ŚLĘCZEK Mateusz</b>	<b>47</b>	OPEN Mężczyźni	166	09:10	00:11:52	01:02:23	<b>03:05:23.25</b>	<b>03:17:15.90</b>	+01:37:12 (52.4%)	18:32	3.2 (47.1%)
201	<b>JANOWIECKA Angelika</b>	<b>140</b>	OPEN Kobiety	35	09:10	00:11:52	01:02:21	<b>03:05:23.70</b>	<b>03:17:15.80</b>	+01:37:12 (52.4%)	18:32	3.2 (47.1%)
202	<b>OLEJNICZAK Monika</b>	<b>39</b>	OPEN Kobiety	36	10:00	00:41:24	01:14:33	<b>03:07:33.75</b>	<b>03:48:58.00</b>	+01:39:22 (53.0%)	18:45	3.2 (47.1%)
203	<b>RZEPSKA Ania</b>	<b>37</b>	OPEN Kobiety	37	10:00	00:41:25	01:14:33	<b>03:07:42.50</b>	<b>03:49:07.65</b>	+01:39:31 (53.0%)	18:46	3.2 (47.1%)
204	<b>JOSZCZ Jarosław</b>	<b>66</b>	OPEN Mężczyźni	167	11:05	01:04:50	01:15:41	<b>03:08:27.15</b>	<b>04:13:17.70</b>	+01:40:16 (53.2%)	18:50	3.2 (47.1%)
205	<b>RZEPSKI Grzegorz</b>	<b>40</b>	OPEN Mężczyźni	168	10:00	00:41:23	01:14:42	<b>03:08:51.20</b>	<b>03:50:14.50</b>	+01:40:40 (53.3%)	18:53	3.2 (47.1%)
206	<b>PAWLISZYN Mateusz</b>	<b>38</b>	OPEN Mężczyźni	169	10:00	00:41:23	01:14:43	<b>03:09:19.10</b>	<b>03:50:43.05</b>	+01:41:08 (53.4%)	18:55	3.2 (47.1%)
207	<b>SMOLIŃSKA Maria</b>	<b>43</b>	OPEN Kobiety	38	10:00	00:09:11	01:03:47	<b>03:09:52.65</b>	<b>03:19:03.80</b>	+01:41:41 (53.6%)	18:59	3.2 (47.1%)
208	<b>SMOLIŃSKI Miłosz</b>	<b>44</b>	OPEN Mężczyźni	170	10:00	00:09:11	01:03:51	<b>03:09:53.10</b>	<b>03:19:04.75</b>	+01:41:42 (53.6%)	18:59	3.2 (47.1%)
209	<b>KLIMOWSKI Kamil</b>	<b>145</b>	OPEN Mężczyźni	171	09:20	00:25:17	01:04:02	<b>03:10:16.70</b>	<b>03:35:34.20</b>	+01:42:05 (53.7%)	19:01	3.2 (47.1%)
210	<b>SKOTNICKA Kinga</b>	<b>144</b>	OPEN Kobiety	39	09:20	00:25:17	01:04:09	<b>03:10:17.40</b>	<b>03:35:34.55</b>	+01:42:06 (53.7%)	19:01	3.2 (47.1%)
211	<b>FEDEROWICZ Grzegorz</b>	<b>122</b>	OPEN Mężczyźni	172	10:00	00:57:57	01:10:28	<b>03:10:39.65</b>	<b>04:08:36.65</b>	+01:42:28 (53.7%)	19:03	3.1 (45.6%)
212	<b>POPIELA-KUKUŚ Katarzyna</b>	<b>121</b>	OPEN Kobiety	40	10:00	00:57:56	01:10:31	<b>03:10:53.30</b>	<b>04:08:50.10</b>	+01:42:42 (53.8%)	19:05	3.1 (45.6%)
213	<b>SIEDLECKI Grzegorz</b>	<b>434</b>	OPEN Mężczyźni	173	10:40	02:05:07	01:14:36	<b>03:11:31.95</b>	<b>05:16:39.85</b>	+01:43:21 (54.0%)	19:09	3.1 (45.6%)
214	<b>KOPERCZAK Grzegorz</b>	<b>435</b>	OPEN Mężczyźni	174	10:40	02:05:06	01:14:40	<b>03:11:44.75</b>	<b>05:16:51.25</b>	+01:43:33 (54.0%)	19:10	3.1 (45.6%)
215	<b>BIEŁKO Igor</b>	<b>323</b>	OPEN Mężczyźni	175	09:15	00:14:56	01:05:45	<b>03:12:07.75</b>	<b>03:27:04.50</b>	+01:43:56 (54.1%)	19:12	3.1 (45.6%)
216	<b>NOGALSKI Wiktor</b>	<b>319</b>	OPEN Mężczyźni	176	09:15	00:14:57	01:05:49	<b>03:12:11.45</b>	<b>03:27:08.55</b>	+01:44:00 (54.1%)	19:13	3.1 (45.6%)
217	<b>WOŹNIAK Bartosz</b>	<b>210</b>	OPEN Mężczyźni	177	09:05	00:09:08	01:03:48	<b>03:12:25.90</b>	<b>03:21:33.95</b>	+01:44:14 (54.2%)	19:14	3.1 (45.6%)
218	<b>MARKOWSKI Grzegorz</b>	<b>300</b>	OPEN Mężczyźni	178	09:35	00:36:20	01:18:02	<b>03:12:32.30</b>	<b>03:48:53.20</b>	+01:44:21 (54.2%)	19:15	3.1 (45.6%)
219	<b>ROMANIUK Maciej</b>	<b>299</b>	OPEN Mężczyźni	179	09:35	00:36:19	01:17:51	<b>03:12:33.00</b>	<b>03:48:52.55</b>	+01:44:22 (54.2%)	19:15	3.1 (45.6%)
220	<b>WYPYCH Mateusz</b>	<b>301</b>	OPEN Mężczyźni	180	09:35	00:36:20	01:18:03	<b>03:12:33.50</b>	<b>03:48:54.05</b>	+01:44:22 (54.2%)	19:15	3.1 (45.6%)
221	<b>MAZUREK Klaudiusz</b>	<b>318</b>	OPEN Mężczyźni	181	09:10	00:14:57	01:05:51	<b>03:12:50.35</b>	<b>03:27:47.45</b>	+01:44:39 (54.3%)	19:17	3.1 (45.6%)
222	<b>DWORNICZAK Michał</b>	<b>211</b>	OPEN Mężczyźni	182	09:05	00:09:09	01:03:38	<b>03:12:51.80</b>	<b>03:22:00.80</b>	+01:44:40 (54.3%)	19:17	3.1 (45.6%)
223	<b>LENARD Magdalena</b>	<b>259</b>	OPEN Kobiety	41	09:15	00:21:52	01:11:07	<b>03:13:15.60</b>	<b>03:35:07.85</b>	+01:45:04 (54.4%)	19:19	3.1 (45.6%)
224	<b>ŚCIBISZ Adrianna</b>	<b>130</b>	OPEN Kobiety	42	09:00	00:04:45	01:04:47	<b>03:13:25.40</b>	<b>03:18:11.35</b>	+01:45:14 (54.4%)	19:20	3.1 (45.6%)
225	<b>WILUSZ Dominik</b>	<b>188</b>	OPEN Mężczyźni	183	09:50	00:41:25	01:19:53	<b>03:13:32.40</b>	<b>03:54:58.30</b>	+01:45:21 (54.4%)	19:21	3.1 (45.6%)
226	<b>GRZONKA Przemysław</b>	<b>268</b>	OPEN Mężczyźni	184	09:15	00:21:53	01:11:11	<b>03:13:58.40</b>	<b>03:35:51.85</b>	+01:45:47 (54.5%)	19:23	3.1 (45.6%)
227	<b>RYBARCZYK Grzegorz</b>	<b>55</b>	OPEN Mężczyźni	185	09:30	00:30:24	01:08:45	<b>03:14:02.10</b>	<b>03:44:26.25</b>	+01:45:51 (54.6%)	19:24	3.1 (45.6%)
228	<b>HOFFMANN Ditta</b>	<b>165</b>	OPEN Kobiety	43	09:20	00:25:17	01:10:00	<b>03:14:15.80</b>	<b>03:39:32.95</b>	+01:46:04 (54.6%)	19:25	3.1 (45.6%)
229	<b>JEDYNAK Katarzyna</b>	<b>332</b>	OPEN Kobiety	44	09:10	00:25:16	01:10:04	<b>03:14:16.15</b>	<b>03:39:32.35</b>	+01:46:05 (54.6%)	19:25	3.1 (45.6%)
230	<b>JARNOT Małgorzata</b>	<b>178</b>	OPEN Kobiety	45	09:20	00:25:16	01:10:05	<b>03:14:16.30</b>	<b>03:39:32.70</b>	+01:46:05 (54.6%)	19:25	3.1 (45.6%)
231	<b>KACZMAREK Mirona</b>	<b>170</b>	OPEN Kobiety	46	09:20	00:25:15	01:10:08	<b>03:14:17.65</b>	<b>03:39:33.55</b>	+01:46:06 (54.6%)	19:25	3.1 (45.6%)
232	<b>ŚWIĄTEK Bronisław</b>	<b>31</b>	OPEN Mężczyźni	186	10:00	00:54:18	01:14:03	<b>03:15:02.30</b>	<b>04:09:21.10</b>	+01:46:51 (54.8%)	19:30	3.1 (45.6%)
233	<b>ZIÓŁKOWSKI Rafał</b>	<b>142</b>	OPEN Mężczyźni	187	10:10	00:57:57	01:17:28	<b>03:15:05.40</b>	<b>04:13:02.40</b>	+01:46:54 (54.8%)	19:30	3.1 (45.6%)
234	<b>STANISŁAWSKA Daria</b>	<b>101</b>	OPEN Kobiety	47	09:00	00:04:45	01:04:38	<b>03:15:37.80</b>	<b>03:20:23.20</b>	+01:47:26 (54.9%)	19:33	3.1 (45.6%)
235	<b>CHRZANOWSKA Marta</b>	<b>103</b>	OPEN Kobiety	48	09:00	00:04:44	01:04:29	<b>03:15:39.05</b>	<b>03:20:23.85</b>	+01:47:28 (54.9%)	19:33	3.1 (45.6%)
236		<b>391</b>				00:19:59	01:03:20	<b>03:17:02.85</b>	<b>03:37:01.90</b>	+01:48:51 (55.2%)	19:42	3 (44.1%)
237	<b>NOWAK Wiktor</b>	<b>251</b>	OPEN Mężczyźni	188	09:50	00:50:30	01:11:15	<b>03:17:29.95</b>	<b>04:08:00.35</b>	+01:49:19 (55.4%)	19:44	3 (44.1%)
238	<b>WASZAK Krzysztof</b>	<b>225</b>	OPEN Mężczyźni	189	09:50	00:50:29	01:11:07	<b>03:17:31.00</b>	<b>04:08:00.85</b>	+01:49:20 (55.4%)	19:45	3 (44.1%)
239	<b>IGNATOWSKA Justyna</b>	<b>172</b>	OPEN Kobiety	49	09:35	00:36:20	01:15:50	<b>03:18:16.20</b>	<b>03:54:36.95</b>	+01:50:05 (55.5%)	19:49	3 (44.1%)
240	<b>NOWACKI Adam</b>	<b>171</b>	OPEN Mężczyźni	190	09:35	00:36:20	01:15:52	<b>03:18:23.95</b>	<b>03:54:44.05</b>	+01:50:13 (55.6%)	19:50	3 (44.1%)
241	<b>WOŹNIAK Adam</b>	<b>282</b>	OPEN Mężczyźni	191	09:05	00:04:43	01:04:42	<b>03:18:32.20</b>	<b>03:23:15.85</b>	+01:50:21 (55.6%)	19:51	3 (44.1%)
242	<b>MALESZA Jakub</b>	<b>283</b>	OPEN Mężczyźni	192	09:00	00:04:44	01:04:41	<b>03:19:27.00</b>	<b>03:24:11.00</b>	+01:51:16 (55.8%)	19:56	3 (44.1%)
243	<b>MOŹDŻEŃ Marcel</b>	<b>76</b>	OPEN Mężczyźni	193	09:10	00:00:00	01:14:33	<b>03:20:05.30</b>	<b>03:20:05.30</b>	+01:51:54 (55.9%)	20:00	3 (44.1%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
244	<b>GMIĄT Cyprian</b>	<b>15</b>	OPEN Mężczyźni	194	09:40	00:41:27	01:25:35	<b>03:22:11.55</b>	<b>04:03:39.45</b>	+01:54:00 (56.4%)	20:13	3 (44.1%)
245	<b>GRUBA Łukasz</b>	<b>133</b>	OPEN Mężczyźni	195	09:40	00:39:00	01:19:24	<b>03:22:16.10</b>	<b>04:01:16.45</b>	+01:54:05 (56.4%)	20:13	3 (44.1%)
246	<b>KACZMAREK Paweł</b>	<b>302</b>	OPEN Mężczyźni	196	09:50	00:38:59	01:19:19	<b>03:22:17.00</b>	<b>04:01:16.40</b>	+01:54:06 (56.4%)	20:13	3 (44.1%)
247	<b>ZIEMIAŃSKI Adrian</b>	<b>128</b>	OPEN Mężczyźni	197	09:40	00:38:59	01:19:24	<b>03:22:17.60</b>	<b>04:01:16.95</b>	+01:54:06 (56.4%)	20:13	3 (44.1%)
248	<b>MIELCZAREK Natalia</b>	<b>134</b>	OPEN Kobiety	50	09:40	00:38:58	01:19:21	<b>03:22:17.75</b>	<b>04:01:16.50</b>	+01:54:06 (56.4%)	20:13	3 (44.1%)
248	<b>SZUM Adrian</b>	<b>127</b>	OPEN Mężczyźni	198	09:40	00:38:59	01:19:26	<b>03:22:17.75</b>	<b>04:01:17.15</b>	+01:54:06 (56.4%)	20:13	3 (44.1%)
250	<b>MISIUR Natalia</b>	<b>126</b>	OPEN Kobiety	51	09:40	00:38:58	01:19:21	<b>03:22:18.25</b>	<b>04:01:16.95</b>	+01:54:07 (56.4%)	20:13	3 (44.1%)
251	<b>REMBACZ Alan</b>	<b>25</b>	OPEN Mężczyźni	199	09:40	00:41:28	01:25:40	<b>03:22:19.90</b>	<b>04:03:48.00</b>	+01:54:08 (56.4%)	20:13	3 (44.1%)
252	<b>KLAREK Remigiusz</b>	<b>307</b>	OPEN Mężczyźni	200	09:30	00:33:17	01:20:57	<b>03:22:21.55</b>	<b>03:55:39.05</b>	+01:54:10 (56.4%)	20:14	3 (44.1%)
253	<b>KLAREK Kacper</b>	<b>308</b>	OPEN Mężczyźni	201	09:30	00:33:17	01:21:02	<b>03:22:22.50</b>	<b>03:55:39.70</b>	+01:54:11 (56.4%)	20:14	3 (44.1%)
254	<b>GORGON Emilia</b>	<b>82</b>	OPEN Kobiety	52	10:00	00:50:30	01:18:28	<b>03:22:56.50</b>	<b>04:13:27.30</b>	+01:54:45 (56.5%)	20:17	3 (44.1%)
255	<b>RYBACKA Sylwia</b>	<b>83</b>	OPEN Kobiety	53	10:00	00:50:30	01:18:21	<b>03:22:57.20</b>	<b>04:13:27.70</b>	+01:54:46 (56.6%)	20:17	3 (44.1%)
256	<b>FACER Jonathan</b>	<b>349</b>	OPEN Mężczyźni	202	10:05	01:01:07	01:12:45	<b>03:24:59.10</b>	<b>04:26:06.35</b>	+01:56:48 (57.0%)	20:29	2.9 (42.6%)
257	<b>SZUMIŃSKA Ewa</b>	<b>348</b>	OPEN Kobiety	54	10:05	01:01:07	01:12:45	<b>03:24:59.35</b>	<b>04:26:06.65</b>	+01:56:48 (57.0%)	20:29	2.9 (42.6%)
258	<b>DOMAŃSKI Maciej</b>	<b>334</b>	OPEN Mężczyźni	203	10:00	00:21:53	01:05:38	<b>03:25:12.60</b>	<b>03:47:05.75</b>	+01:57:01 (57.0%)	20:31	2.9 (42.6%)
259	<b>HOLUBTSOV Viacheslav</b>	<b>238</b>	OPEN Mężczyźni	204	09:15	00:21:52	01:12:37	<b>03:28:29.05</b>	<b>03:50:21.30</b>	+02:00:18 (57.7%)	20:50	2.9 (42.6%)
260	<b>WOJCIECHOWSKI Marcin</b>	<b>290</b>	OPEN Mężczyźni	205	09:15	00:21:51	01:12:52	<b>03:28:29.10</b>	<b>03:50:20.95</b>	+02:00:18 (57.7%)	20:50	2.9 (42.6%)
261	<b>MELNYK Iryna</b>	<b>242</b>	OPEN Kobiety	55	09:15	00:21:51	01:12:36	<b>03:28:29.35</b>	<b>03:50:20.75</b>	+02:00:18 (57.7%)	20:50	2.9 (42.6%)
262	- -	<b>232</b>	OPEN Mężczyźni	206	10:15	00:21:50	01:12:41	<b>03:28:30.60</b>	<b>03:50:21.25</b>	+02:00:19 (57.7%)	20:51	2.9 (42.6%)
263	<b>KAPTUR Izabela</b>	<b>241</b>	OPEN Kobiety	56	09:15	00:21:50	01:12:52	<b>03:28:30.95</b>	<b>03:50:21.20</b>	+02:00:20 (57.7%)	20:51	2.9 (42.6%)
264	<b>TOMYS Wiesław</b>	<b>231</b>	OPEN Mężczyźni	207	09:15	00:21:49	01:12:56	<b>03:28:31.80</b>	<b>03:50:21.10</b>	+02:00:20 (57.7%)	20:51	2.9 (42.6%)
265	<b>POPIELSKI Daniel</b>	<b>325</b>	OPEN Mężczyźni	208	09:50	00:41:28	01:19:47	<b>03:31:46.60</b>	<b>04:13:14.85</b>	+02:03:35 (58.4%)	21:10	2.8 (41.2%)
266	<b>SEŃ Agata</b>	<b>190</b>	OPEN Kobiety	57	09:05	00:09:12	01:16:41	<b>03:32:27.25</b>	<b>03:41:39.25</b>	+02:04:16 (58.5%)	21:14	2.8 (41.2%)
267	<b>ANIELSKA Anna</b>	<b>191</b>	OPEN Kobiety	58	09:05	00:09:11	01:16:44	<b>03:32:28.45</b>	<b>03:41:39.80</b>	+02:04:17 (58.5%)	21:14	2.8 (41.2%)
268	<b>NACZK Wiktoria</b>	<b>359</b>	OPEN Kobiety	59	09:10	00:14:55	01:11:26	<b>03:33:38.05</b>	<b>03:48:33.55</b>	+02:05:27 (58.7%)	21:21	2.8 (41.2%)
269	<b>BAŁUT Nikodem</b>	<b>317</b>	OPEN Mężczyźni	209	09:10	00:14:55	01:11:28	<b>03:33:38.20</b>	<b>03:48:33.35</b>	+02:05:27 (58.7%)	21:21	2.8 (41.2%)
270	<b>KĘDZIERSKI Krzysztof</b>	<b>113</b>	OPEN Mężczyźni	210	09:15	00:19:56	01:16:05	<b>03:33:42.00</b>	<b>03:53:38.80</b>	+02:05:31 (58.7%)	21:22	2.8 (41.2%)
271	<b>KĘDZIERSKA Izabela</b>	<b>112</b>	OPEN Kobiety	60	09:15	00:19:56	01:16:04	<b>03:33:42.50</b>	<b>03:53:39.15</b>	+02:05:31 (58.7%)	21:22	2.8 (41.2%)
272	<b>BRUCH Dawid</b>	<b>197</b>	OPEN Mężczyźni	211	09:05	00:07:25	01:05:09	<b>03:34:17.60</b>	<b>03:41:42.95</b>	+02:06:06 (58.8%)	21:25	2.8 (41.2%)
273	<b>ANDRZEJEWSKI Maks</b>	<b>392</b>	OPEN Mężczyźni	212		00:00:14	01:06:17	<b>03:34:42.40</b>	<b>03:34:56.90</b>	+02:06:31 (58.9%)	21:28	2.8 (41.2%)
274	<b>LEWANDOWSKI Dominik</b>	<b>196</b>	OPEN Mężczyźni	213	09:05	00:07:24	01:05:16	<b>03:34:43.50</b>	<b>03:42:07.90</b>	+02:06:32 (58.9%)	21:28	2.8 (41.2%)
275	<b>SKORUPIŃSKA Anna</b>	<b>321</b>	OPEN Kobiety	61	09:10	00:00:13	01:06:40	<b>03:34:43.60</b>	<b>03:34:57.25</b>	+02:06:32 (58.9%)	21:28	2.8 (41.2%)
276	<b>ANDRZEJEWSKI Miłosz</b>	<b>393</b>	OPEN Mężczyźni	214		00:00:13	01:05:56	<b>03:34:43.75</b>	<b>03:34:57.15</b>	+02:06:32 (58.9%)	21:28	2.8 (41.2%)
277	<b>KORDEK Piotr</b>	<b>195</b>	OPEN Mężczyźni	215	09:05	00:07:25	01:05:23	<b>03:34:54.50</b>	<b>03:42:20.30</b>	+02:06:43 (59.0%)	21:29	2.8 (41.2%)
278	<b>ROZNIECKI Jacek</b>	<b>42</b>	OPEN Mężczyźni	216	09:00	00:00:14	01:06:31	<b>03:35:15.95</b>	<b>03:35:30.90</b>	+02:07:05 (59.0%)	21:31	2.8 (41.2%)
279	<b>PAWELEC Lidia</b>	<b>209</b>	OPEN Kobiety	62	09:10	00:16:46	01:15:05	<b>03:35:26.15</b>	<b>03:52:12.55</b>	+02:07:15 (59.1%)	21:32	2.8 (41.2%)
280	<b>KRUCZYŃSKI Aleksander</b>	<b>208</b>	OPEN Mężczyźni	217	09:10	00:16:46	01:15:02	<b>03:35:27.65</b>	<b>03:52:14.20</b>	+02:07:16 (59.1%)	21:32	2.8 (41.2%)
281	<b>MANYS-KLUSKA Zuzanna</b>	<b>330</b>	OPEN Kobiety	63	09:10	01:48:11	01:15:33	<b>03:37:22.20</b>	<b>05:25:33.90</b>	+02:09:11 (59.4%)	21:44	2.8 (41.2%)
282	<b>DUDEK Karolina</b>	<b>289</b>	OPEN Kobiety	64	10:25	01:48:11	01:15:37	<b>03:37:40.75</b>	<b>05:25:52.15</b>	+02:09:29 (59.5%)	21:46	2.8 (41.2%)
283	<b>PIOTROWSKA Marita</b>	<b>12</b>	OPEN Kobiety	65	10:00	01:10:41	01:19:04	<b>03:39:54.50</b>	<b>04:50:36.15</b>	+02:11:43 (59.9%)	21:59	2.7 (39.7%)
284	<b>TORCHALSKI Damian</b>	<b>13</b>	OPEN Mężczyźni	218	10:00	01:10:42	01:12:27	<b>03:39:54.55</b>	<b>04:50:36.90</b>	+02:11:43 (59.9%)	21:59	2.7 (39.7%)
285	<b>WALKOWIAK Sławomir</b>	<b>71</b>	OPEN Mężczyźni	219	09:30	00:30:27	01:32:34	<b>03:40:57.60</b>	<b>04:11:25.05</b>	+02:12:46 (60.1%)	22:05	2.7 (39.7%)
286	<b>WALKOWIAK Sandra</b>	<b>70</b>	OPEN Kobiety	66	09:30	00:30:26	01:32:31	<b>03:41:14.50</b>	<b>04:11:41.25</b>	+02:13:03 (60.1%)	22:07	2.7 (39.7%)
287	<b>NOWAK Dariusz</b>	<b>139</b>	OPEN Mężczyźni	220	09:30	00:30:25	01:32:32	<b>03:41:32.15</b>	<b>04:11:57.70</b>	+02:13:21 (60.2%)	22:09	2.7 (39.7%)

Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
288	<b>DYDYCZ Tomasz</b>	<b>303</b>	OPEN Mężczyźni	221	09:55	00:45:20	01:32:13	<b>03:44:37.25</b>	<b>04:29:57.80</b>	+02:16:26 (60.7%)	22:27	2.7 (39.7%)
289	<b>MADZIARA Sebastian</b>	<b>294</b>	OPEN Mężczyźni	222	09:55	00:45:19	01:32:10	<b>03:44:38.45</b>	<b>04:29:57.75</b>	+02:16:27 (60.7%)	22:27	2.7 (39.7%)
290	<b>LACH Tomasz</b>	<b>344</b>	OPEN Mężczyźni	223	09:55	00:45:18	01:32:19	<b>03:44:39.65</b>	<b>04:29:57.90</b>	+02:16:28 (60.7%)	22:27	2.7 (39.7%)
291	<b>MADZIARA Anna</b>	<b>295</b>	OPEN Kobiety	67	09:55	00:45:18	01:32:12	<b>03:44:40.00</b>	<b>04:29:58.05</b>	+02:16:29 (60.7%)	22:28	2.7 (39.7%)
292	<b>OLSZANOWSKI Kamil</b>	<b>155</b>	OPEN Mężczyźni	224	09:25	00:27:22	01:25:01	<b>03:48:35.40</b>	<b>04:15:57.85</b>	+02:20:24 (61.4%)	22:51	2.6 (38.2%)
293	<b>ZAJĄC Magdalena</b>	<b>158</b>	OPEN Kobiety	68	09:25	00:27:22	01:24:55	<b>03:48:36.45</b>	<b>04:15:58.65</b>	+02:20:25 (61.4%)	22:51	2.6 (38.2%)
294	<b>OLSZAK Łukasz</b>	<b>164</b>	OPEN Mężczyźni	225	09:25	00:27:23	01:25:06	<b>03:48:37.20</b>	<b>04:16:00.55</b>	+02:20:26 (61.4%)	22:51	2.6 (38.2%)
295	<b>KLOREK Patryk</b>	<b>215</b>	OPEN Mężczyźni	226	09:25	00:27:21	01:24:33	<b>03:48:37.70</b>	<b>04:15:59.30</b>	+02:20:26 (61.4%)	22:51	2.6 (38.2%)
296	<b>BARAŃSKI Dominik</b>	<b>160</b>	OPEN Mężczyźni	227	09:25	00:27:22	01:25:08	<b>03:48:40.25</b>	<b>04:16:02.30</b>	+02:20:29 (61.4%)	22:52	2.6 (38.2%)
297	<b>JAGODZIŃSKI Sławomir</b>	<b>159</b>	OPEN Mężczyźni	228	09:25	00:27:23	01:24:53	<b>03:48:42.50</b>	<b>04:16:06.05</b>	+02:20:31 (61.4%)	22:52	2.6 (38.2%)
298	<b>SZWAK Jarosław</b>	<b>157</b>	OPEN Mężczyźni	229	09:25	00:27:21	01:25:05	<b>03:48:42.60</b>	<b>04:16:04.45</b>	+02:20:31 (61.4%)	22:52	2.6 (38.2%)
299	<b>TOMASZEWSKA Anita</b>	<b>154</b>	OPEN Kobiety	69	09:25	00:27:21	01:25:00	<b>03:48:43.70</b>	<b>04:16:05.45</b>	+02:20:32 (61.4%)	22:52	2.6 (38.2%)
300	<b>OLSZAK Agnieszka</b>	<b>163</b>	OPEN Kobiety	70	09:25	00:27:22	01:24:52	<b>03:48:45.25</b>	<b>04:16:08.00</b>	+02:20:34 (61.5%)	22:52	2.6 (38.2%)
301	<b>WASZCZUK Mateusz</b>	<b>287</b>	OPEN Mężczyźni	230	10:10	01:04:49	01:24:48	<b>03:51:22.30</b>	<b>04:56:11.95</b>	+02:23:11 (61.9%)	23:08	2.6 (38.2%)
302	<b>RADKE Jakub</b>	<b>285</b>	OPEN Mężczyźni	231	10:10	01:04:49	01:24:49	<b>03:52:18.75</b>	<b>04:57:08.70</b>	+02:24:07 (62.0%)	23:13	2.6 (38.2%)
303	<b>GRABOWSKI Radosław</b>	<b>176</b>	OPEN Mężczyźni	232	10:10	01:04:48	01:24:36	<b>03:54:08.50</b>	<b>04:58:57.35</b>	+02:25:57 (62.3%)	23:24	2.6 (38.2%)
304	<b>WIELĄDEK Lena</b>	<b>183</b>	OPEN Kobiety	71	10:10	01:04:48	01:24:30	<b>03:54:56.00</b>	<b>04:59:44.60</b>	+02:26:45 (62.5%)	23:29	2.6 (38.2%)
305	<b>ROLKA Patryk</b>	<b>175</b>	OPEN Mężczyźni	233	10:10	01:04:48	01:24:34	<b>03:54:56.35</b>	<b>04:59:44.60</b>	+02:26:45 (62.5%)	23:29	2.6 (38.2%)
306	<b>GŁUSZKIEWICZ Weronika</b>	<b>174</b>	OPEN Kobiety	72	10:10	01:04:48	01:24:41	<b>03:54:56.60</b>	<b>04:59:44.60</b>	+02:26:45 (62.5%)	23:29	2.6 (38.2%)
307	<b>EICHSTAEDT Marcin</b>	<b>177</b>	OPEN Mężczyźni	234	10:10	01:04:49	01:24:27	<b>03:54:56.90</b>	<b>04:59:46.05</b>	+02:26:45 (62.5%)	23:29	2.6 (38.2%)
308	<b>BADZIAĞ Katarzyna</b>	<b>21</b>	OPEN Kobiety	73	10:05	01:01:05	01:21:24	<b>03:55:43.20</b>	<b>04:56:48.50</b>	+02:27:32 (62.6%)	23:34	2.5 (36.8%)
309	<b>FOGIEL Rafał</b>	<b>115</b>	OPEN Mężczyźni	235	10:05	01:01:05	01:21:11	<b>03:55:43.25</b>	<b>04:56:49.15</b>	+02:27:32 (62.6%)	23:34	2.5 (36.8%)
310	<b>BADZIAĞ Przemysław</b>	<b>19</b>	OPEN Mężczyźni	236	10:05	01:01:05	01:21:31	<b>03:55:46.55</b>	<b>04:56:51.85</b>	+02:27:35 (62.6%)	23:34	2.5 (36.8%)
311	<b>LITWIEJKO Justyna</b>	<b>20</b>	OPEN Kobiety	74	10:05	01:01:05	01:21:28	<b>03:55:48.15</b>	<b>04:56:53.75</b>	+02:27:37 (62.6%)	23:34	2.5 (36.8%)
312	<b>BAKOWSKI Krzysztof</b>	<b>125</b>	OPEN Mężczyźni	237	10:05	01:01:05	01:21:35	<b>03:55:52.35</b>	<b>04:56:57.80</b>	+02:27:41 (62.6%)	23:35	2.5 (36.8%)
313	<b>STYPEREK Marta</b>	<b>59</b>	OPEN Kobiety	75	10:00	00:54:18	01:39:17	<b>03:59:35.40</b>	<b>04:53:53.65</b>	+02:31:24 (63.2%)	23:57	2.5 (36.8%)
314	<b>ADAMCZAK Marta</b>	<b>93</b>	OPEN Kobiety	76	10:00	00:54:17	01:38:58	<b>04:00:23.70</b>	<b>04:54:41.60</b>	+02:32:12 (63.3%)	24:02	2.5 (36.8%)
315	<b>LICZBIŃSKA Paulina</b>	<b>53</b>	OPEN Kobiety	77	10:00	00:54:17	01:39:00	<b>04:00:46.30</b>	<b>04:55:04.20</b>	+02:32:35 (63.4%)	24:04	2.5 (36.8%)
316	<b>ŻULIŃSKA Paulina</b>	<b>89</b>	OPEN Kobiety	78	10:00	00:54:18	01:39:02	<b>04:00:54.75</b>	<b>04:55:12.90</b>	+02:32:43 (63.4%)	24:05	2.5 (36.8%)
317	<b>SPALONY Weronika</b>	<b>49</b>	OPEN Kobiety	79	10:00	00:54:15	01:38:50	<b>04:01:34.50</b>	<b>04:55:50.35</b>	+02:33:23 (63.5%)	24:09	2.5 (36.8%)
318	<b>CICHORADZKA Alicja</b>	<b>50</b>	OPEN Kobiety	80	10:00	00:54:17	01:39:18	<b>04:02:17.90</b>	<b>04:56:35.25</b>	+02:34:06 (63.6%)	24:13	2.5 (36.8%)
319	<b>ZARYCHTA Karolina</b>	<b>51</b>	OPEN Kobiety	81	10:00	00:54:17	01:39:15	<b>04:02:18.80</b>	<b>04:56:36.65</b>	+02:34:07 (63.6%)	24:13	2.5 (36.8%)
320	<b>WALKOWIAK Monika</b>	<b>52</b>	OPEN Kobiety	82	10:00	00:54:17	01:39:17	<b>04:02:21.70</b>	<b>04:56:38.90</b>	+02:34:10 (63.6%)	24:14	2.5 (36.8%)
321	<b>DROŹDZIK Anita</b>	<b>353</b>	OPEN Kobiety	83	10:25	00:00:00	02:07:05	<b>04:05:13.85</b>	<b>04:05:13.85</b>	+02:37:02 (64.0%)	24:31	2.4 (35.3%)
322	<b>STELMACH Marzena</b>	<b>650</b>	OPEN Kobiety	84	11:15	02:24:47	01:26:19	<b>04:05:56.15</b>	<b>06:30:43.20</b>	+02:37:45 (64.1%)	24:35	2.4 (35.3%)
323	<b>KOSZTYŁA Damian</b>	<b>187</b>	OPEN Mężczyźni	238	09:05	00:11:50	01:21:29	<b>04:09:33.00</b>	<b>04:21:23.90</b>	+02:41:22 (64.7%)	24:57	2.4 (35.3%)
324	<b>BĘBAS Przemysław</b>	<b>186</b>	OPEN Mężczyźni	239	09:05	00:11:50	01:21:43	<b>04:09:52.75</b>	<b>04:21:42.80</b>	+02:41:41 (64.7%)	24:59	2.4 (35.3%)
325	<b>BEBAS Zbigniew</b>	<b>201</b>	OPEN Mężczyźni	240	09:05	00:11:51	01:21:40	<b>04:11:12.70</b>	<b>04:23:03.70</b>	+02:43:01 (64.9%)	25:07	2.4 (35.3%)
326	<b>KWIECIŃSKI Emil</b>	<b>222</b>	OPEN Mężczyźni	241	10:00	00:00:00	02:09:09	<b>04:15:01.00</b>	<b>04:15:01.00</b>	+02:46:50 (65.4%)	25:30	2.4 (35.3%)
327	<b>BIEDNA Anna</b>	<b>229</b>	OPEN Kobiety	85	09:05	00:36:22	01:25:16	<b>04:15:15.80</b>	<b>04:51:38.35</b>	+02:47:04 (65.5%)	25:31	2.4 (35.3%)
328	<b>FERTYK Paulina</b>	<b>271</b>	OPEN Kobiety	86	09:30	00:36:22	01:25:13	<b>04:15:15.85</b>	<b>04:51:38.15</b>	+02:47:04 (65.5%)	25:31	2.4 (35.3%)
329	<b>ZASTRÓŻNY Aleks</b>	<b>87</b>	OPEN Mężczyźni	242	09:30	00:36:21	01:25:20	<b>04:15:16.30</b>	<b>04:51:38.25</b>	+02:47:05 (65.5%)	25:31	2.4 (35.3%)
330	<b>SKOWRON Andrzej</b>	<b>86</b>	OPEN Mężczyźni	243	09:30	00:36:21	01:25:18	<b>04:15:16.55</b>	<b>04:51:38.15</b>	+02:47:05 (65.5%)	25:31	2.4 (35.3%)
331	<b>NASTAGA Maria</b>	<b>85</b>	OPEN Kobiety	87	09:30	00:36:21	01:25:09	<b>04:15:16.75</b>	<b>04:51:37.95</b>	+02:47:05 (65.5%)	25:31	2.4 (35.3%)



Msc	Zawodnik	Numer	Kategoria	Mkat	Seria startowa	Czas startu	3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
332	<b>KMIECIK Kornelia</b>	<b>161</b>	OPEN Kobiety	88	09:30	00:36:21	01:25:23			+01:01:22	28:27	2.1 (30.9%)
	<b>KOWAL Łukasz</b>	<b>65</b>	OPEN Mężczyźni		09:30	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZELIGA Dawid</b>	<b>119</b>	OPEN Mężczyźni		09:00	DNF	00:14:45 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>REMBACZ Jakub</b>	<b>16</b>	OPEN Mężczyźni		09:40	DNF	01:14:53 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ALBAKRYNAU Siarhei</b>	<b>217</b>	OPEN Mężczyźni		10:10	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 336 wynik(ów)