



## FORMOZA CHALLENGE

# FORMOZA ULTRA CHALLENGE

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** Formoza Challenge Gliwice  
**Organiser:** APS AGENCY Sp. z o.o. Sp. K  
**Date:** 2023-09-03  
**Place:** Gliwice  
**Distance:** 5 U km

Classification: All

Place	Participant	Number	Category	MCat	Seria startowa	3km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>FAJFER Michał</b>	<b>516</b>	OPEN Mężczyźni	1	11:00	00:21:58	<b>00:39:44.40</b>		7:56	7.6 (100%)
2	<b>SOKOŁOWSKI Jakub</b>	<b>575</b>	OPEN Mężczyźni	2	11:00	00:22:02	<b>00:39:44.80</b>	+00:00:00 (0.0%)	7:56	7.6 (100%)
3	<b>WAWRZYŃIAK Magdalena</b>	<b>599</b>	OPEN Kobiety	1		00:25:31	<b>00:51:22.70</b>	+00:11:38 (22.7%)	10:16	5.8 (76.3%)
4	<b>WIELECHOWSKI Piotr</b>	<b>592</b>	OPEN Mężczyźni	3	11:05	00:26:11	<b>00:57:04.50</b>	+00:17:20 (30.4%)	11:24	5.3 (69.7%)
5	<b>WITAUS Tobiasz</b>	<b>610</b>	OPEN Mężczyźni	4		00:29:08	<b>00:58:10.65</b>	+00:18:26 (31.7%)	11:38	5.2 (68.4%)
6	<b>CZUBAK Zbigniew</b>	<b>512</b>	OPEN Mężczyźni	5	11:00	00:37:15	<b>01:07:16.65</b>	+00:27:32 (40.9%)	13:27	4.5 (59.2%)
7	<b>BREMER Adam</b>	<b>508</b>	OPEN Mężczyźni	6	11:00	00:32:28	<b>01:07:33.70</b>	+00:27:49 (41.2%)	13:30	4.4 (57.9%)
8	<b>BLAJER Piotr</b>	<b>504</b>	OPEN Mężczyźni	7	11:15	00:34:10	<b>01:09:09.40</b>	+00:29:25 (42.5%)	13:49	4.3 (56.6%)
9	<b>MIRECKI Sebastian</b>	<b>551</b>	OPEN Mężczyźni	8	11:05	00:34:25	<b>01:09:38.00</b>	+00:29:53 (42.9%)	13:55	4.3 (56.6%)
10	<b>MICZEK Michał</b>	<b>550</b>	OPEN Mężczyźni	9	11:00	00:34:17	<b>01:09:38.10</b>	+00:29:53 (42.9%)	13:55	4.3 (56.6%)
11	<b>PIECZONKA Rafał</b>	<b>557</b>	OPEN Mężczyźni	10	11:15	00:28:39	<b>01:10:05.80</b>	+00:30:21 (43.3%)	14:01	4.3 (56.6%)
12	<b>PĘCHERZ Mateusz</b>	<b>556</b>	OPEN Mężczyźni	11	11:05	00:32:25	<b>01:10:54.80</b>	+00:31:10 (44.0%)	14:10	4.2 (55.3%)
13	<b>FRĄCKOWIAK Kinga</b>	<b>521</b>	OPEN Kobiety	2	11:05	00:34:15	<b>01:11:38.65</b>	+00:31:54 (44.5%)	14:19	4.2 (55.3%)
14	<b>CYRIS Przemysław</b>	<b>511</b>	OPEN Mężczyźni	12	11:05	00:34:12	<b>01:11:39.00</b>	+00:31:54 (44.5%)	14:19	4.2 (55.3%)
15	<b>DUBAJ Jakub</b>	<b>515</b>	OPEN Mężczyźni	13	11:10	00:36:41	<b>01:13:20.95</b>	+00:33:36 (45.8%)	14:40	4.1 (53.9%)
16	<b>DORAWA Hubert</b>	<b>514</b>	OPEN Mężczyźni	14	11:10	00:36:41	<b>01:13:21.50</b>	+00:33:37 (45.8%)	14:40	4.1 (53.9%)
17	<b>BRZEZIŃSKI Patryk</b>	<b>509</b>	OPEN Mężczyźni	15	11:10	00:38:10	<b>01:13:55.05</b>	+00:34:10 (46.2%)	14:47	4.1 (53.9%)
18	<b>BIJAK Paweł</b>	<b>503</b>	OPEN Mężczyźni	16	11:15	00:33:12	<b>01:14:01.50</b>	+00:34:17 (46.3%)	14:48	4.1 (53.9%)
19	<b>GIERCZUK Mariusz</b>	<b>524</b>	OPEN Mężczyźni	17	11:05	00:33:12	<b>01:14:02.40</b>	+00:34:18 (46.3%)	14:48	4.1 (53.9%)
20	<b>MASOŃ Anna</b>	<b>549</b>	OPEN Kobiety	3	11:10	00:41:06	<b>01:14:08.60</b>	+00:34:24 (46.4%)	14:49	4 (52.6%)
21	<b>RADOŁA Marcin</b>	<b>563</b>	OPEN Mężczyźni	18	11:05	00:39:06	<b>01:15:02.55</b>	+00:35:18 (47.0%)	15:00	4 (52.6%)
22	<b>BOMBOR Antonina</b>	<b>507</b>	OPEN Kobiety	4	11:00	00:20:27	<b>01:17:07.55</b>	+00:37:23 (48.5%)	15:25	3.9 (51.3%)
22	<b>MARSZOLIK Angela</b>	<b>544</b>	OPEN Kobiety	4	11:00	00:20:25	<b>01:17:07.55</b>	+00:37:23 (48.5%)	15:25	3.9 (51.3%)

Place	Participant	Number	Category	MCat	Seria startowa	3km	Net time	Gap	Pace	Pace
							5km		min/km	km/h
24	<b>FOLUSIAK Marcin</b>	<b>520</b>	OPEN Mężczyźni	19	11:00	00:41:43	<b>01:17:36.05</b>	+00:37:51 (48.8%)	15:31	3.9 (51.3%)
25	<b>OPOKA Piotr</b>	<b>555</b>	OPEN Mężczyźni	20	11:10	00:35:36	<b>01:18:25.40</b>	+00:38:41 (49.3%)	15:41	3.8 (50.0%)
26	<b>SZŁYK Grzegorz</b>	<b>581</b>	OPEN Mężczyźni	21	11:10	00:41:04	<b>01:19:06.25</b>	+00:39:21 (49.8%)	15:49	3.8 (50.0%)
27	<b>TROSZYŃSKI Piotr</b>	<b>588</b>	OPEN Mężczyźni	22	11:15	00:38:15	<b>01:19:27.20</b>	+00:39:42 (50.0%)	15:53	3.8 (50.0%)
28	<b>KANCLERZ Tomasz</b>	<b>533</b>	OPEN Mężczyźni	23	11:00	00:41:37	<b>01:22:11.10</b>	+00:42:26 (51.6%)	16:26	3.7 (48.7%)
29	<b>FLAK Tomasz</b>	<b>518</b>	OPEN Mężczyźni	24	11:05	00:47:27	<b>01:23:09.45</b>	+00:43:25 (52.2%)	16:37	3.6 (47.4%)
30	<b>SKRABEL Artur</b>	<b>570</b>	OPEN Mężczyźni	25	11:05	00:47:33	<b>01:23:11.00</b>	+00:43:26 (52.2%)	16:38	3.6 (47.4%)
31	<b>LIBERA Tomasz</b>	<b>541</b>	OPEN Mężczyźni	26	11:05	00:40:09	<b>01:24:26.05</b>	+00:44:41 (52.9%)	16:53	3.6 (47.4%)
32	<b>KOPEĆ Tomasz</b>	<b>607</b>	OPEN Mężczyźni	27		00:38:31	<b>01:24:27.70</b>	+00:44:43 (52.9%)	16:53	3.6 (47.4%)
33	<b>FOKS Mariusz</b>	<b>519</b>	OPEN Mężczyźni	28	11:00	00:38:36	<b>01:24:31.70</b>	+00:44:47 (53.0%)	16:54	3.5 (46.1%)
34	<b>POPŁAWSKI Ireneusz</b>	<b>560</b>	OPEN Mężczyźni	29	11:05	00:40:06	<b>01:24:52.65</b>	+00:45:08 (53.2%)	16:58	3.5 (46.1%)
35	<b>RZONSIK Katarzyna</b>	<b>567</b>	OPEN Kobiety	6	11:00	00:47:27	<b>01:24:53.65</b>	+00:45:09 (53.2%)	16:58	3.5 (46.1%)
36	<b>KUBOŃ Mateusz</b>	<b>540</b>	OPEN Mężczyźni	30	11:00	00:47:26	<b>01:24:54.10</b>	+00:45:09 (53.2%)	16:58	3.5 (46.1%)
37	<b>WIŚNIEWSKA Arleta</b>	<b>594</b>	OPEN Kobiety	7	11:10	00:47:27	<b>01:25:07.30</b>	+00:45:22 (53.3%)	17:01	3.5 (46.1%)
38	<b>FILUSZ Dawid</b>	<b>517</b>	OPEN Mężczyźni	31	11:05	00:47:25	<b>01:25:07.40</b>	+00:45:23 (53.3%)	17:01	3.5 (46.1%)
39	<b>BŁOŃSKI Maciej</b>	<b>505</b>	OPEN Mężczyźni	32	11:00	00:35:40	<b>01:27:18.65</b>	+00:47:34 (54.5%)	17:27	3.4 (44.7%)
40	<b>WESOŁOWSKI Aleksander</b>	<b>591</b>	OPEN Mężczyźni	33	11:00	00:48:58	<b>01:28:54.85</b>	+00:49:10 (55.3%)	17:46	3.4 (44.7%)
41	<b>JAGUSTYN Maciej</b>	<b>531</b>	OPEN Mężczyźni	34	11:10	00:45:24	<b>01:31:00.80</b>	+00:51:16 (56.3%)	18:12	3.3 (43.4%)
42	<b>SKRZYPIEC Aleksander</b>	<b>571</b>	OPEN Mężczyźni	35	11:05	00:44:05	<b>01:34:03.15</b>	+00:54:18 (57.7%)	18:48	3.2 (42.1%)
43	<b>HERCKA Krzysztof</b>	<b>529</b>	OPEN Mężczyźni	36	11:05	00:44:03	<b>01:34:03.45</b>	+00:54:19 (57.7%)	18:48	3.2 (42.1%)
44	<b>ŻARNOWSKI Jakub</b>	<b>598</b>	OPEN Mężczyźni	37	11:05	00:43:53	<b>01:34:03.60</b>	+00:54:19 (57.8%)	18:48	3.2 (42.1%)
45	<b>RZEMIŃSKI Piotr</b>	<b>566</b>	OPEN Mężczyźni	38	11:05	00:44:08	<b>01:34:04.25</b>	+00:54:19 (57.8%)	18:48	3.2 (42.1%)
46	<b>KOWAL Łukasz</b>	<b>537</b>	OPEN Mężczyźni	39	11:05	00:44:06	<b>01:34:04.60</b>	+00:54:20 (57.8%)	18:48	3.2 (42.1%)
47	<b>SZULIK Karol</b>	<b>583</b>	OPEN Mężczyźni	40	11:05	00:44:02	<b>01:34:05.45</b>	+00:54:21 (57.8%)	18:49	3.2 (42.1%)
48	<b>MARUSZCZYK Adam</b>	<b>545</b>	OPEN Mężczyźni	41	11:10	00:51:27	<b>01:36:21.70</b>	+00:56:37 (58.8%)	19:16	3.1 (40.8%)
49	<b>KARZEŁEK Kamil</b>	<b>534</b>	OPEN Mężczyźni	42	11:05	00:50:06	<b>01:37:58.95</b>	+00:58:14 (59.4%)	19:35	3.1 (40.8%)
50	<b>BOCHENEK Marek</b>	<b>506</b>	OPEN Mężczyźni	43	11:10	00:50:07	<b>01:37:59.60</b>	+00:58:15 (59.4%)	19:35	3.1 (40.8%)
51	<b>MASŁOWSKI Daniel</b>	<b>547</b>	OPEN Mężczyźni	44	11:15	00:58:13	<b>01:39:20.15</b>	+00:59:35 (60.0%)	19:52	3 (39.5%)
52	<b>GŁOWACKI Hubert</b>	<b>525</b>	OPEN Mężczyźni	45	11:15	00:58:13	<b>01:39:21.25</b>	+00:59:36 (60.0%)	19:52	3 (39.5%)
53	<b>MASŁOWSKI Remigiusz</b>	<b>546</b>	OPEN Mężczyźni	46	11:15	00:58:13	<b>01:39:29.95</b>	+00:59:45 (60.1%)	19:53	3 (39.5%)
54	<b>ANIELSKI Łukasz</b>	<b>500</b>	OPEN Mężczyźni	47	11:15	00:44:16	<b>01:40:16.40</b>	+01:00:32 (60.4%)	20:03	3 (39.5%)
55	<b>PRUSZYŃSKA Agnieszka</b>	<b>562</b>	OPEN Kobiety	8	11:10	00:50:07	<b>01:40:53.70</b>	+01:01:09 (60.6%)	20:10	3 (39.5%)
56	<b>STRĄCZEK Patryk</b>	<b>577</b>	OPEN Mężczyźni	48	11:05	00:48:11	<b>01:45:19.05</b>	+01:05:34 (62.3%)	21:03	2.8 (36.8%)
57	<b>WISNIEWSKI Tomasz</b>	<b>593</b>	OPEN Mężczyźni	49	11:05	00:48:08	<b>01:45:19.70</b>	+01:05:35 (62.3%)	21:03	2.8 (36.8%)
58	<b>MŁYNARCZYK Damian</b>	<b>552</b>	OPEN Mężczyźni	50	11:15	00:52:22	<b>01:46:04.00</b>	+01:06:19 (62.5%)	21:12	2.8 (36.8%)
59	<b>WEINERT Mateusz</b>	<b>590</b>	OPEN Mężczyźni	51	11:15	00:52:22	<b>01:46:04.65</b>	+01:06:20 (62.5%)	21:12	2.8 (36.8%)
60	<b>GOŁOMB Fabian</b>	<b>526</b>	OPEN Mężczyźni	52	11:15	00:52:24	<b>01:46:04.90</b>	+01:06:20 (62.5%)	21:12	2.8 (36.8%)
61	<b>MAGOŃ Łukasz</b>	<b>542</b>	OPEN Mężczyźni	53	11:15	00:44:35	<b>01:47:15.35</b>	+01:07:30 (62.9%)	21:27	2.8 (36.8%)
62	<b>SŁOWIK Marcin</b>	<b>572</b>	OPEN Mężczyźni	54	11:10	00:52:36	<b>01:48:48.40</b>	+01:09:04 (63.5%)	21:45	2.8 (36.8%)
63	<b>FRUK Natalia</b>	<b>523</b>	OPEN Kobiety	9	11:15	00:50:08	<b>01:49:50.05</b>	+01:10:05 (63.8%)	21:58	2.7 (35.5%)
64	<b>STAWINOGA Sebastian</b>	<b>576</b>	OPEN Mężczyźni	55	11:00	00:50:11	<b>01:49:50.60</b>	+01:10:06 (63.8%)	21:58	2.7 (35.5%)
65	<b>ZABIEGŁY Tomasz</b>	<b>596</b>	OPEN Mężczyźni	56	11:15	00:50:10	<b>01:49:50.80</b>	+01:10:06 (63.8%)	21:58	2.7 (35.5%)
66	<b>KOZIOŁ Tomasz</b>	<b>538</b>	OPEN Mężczyźni	57	11:15	00:50:09	<b>01:49:51.65</b>	+01:10:07 (63.8%)	21:58	2.7 (35.5%)
67	<b>SMOLIK Sławomir</b>	<b>573</b>	OPEN Mężczyźni	58	11:10	00:54:44	<b>01:50:07.90</b>	+01:10:23 (63.9%)	22:01	2.7 (35.5%)

Place	Participant	Number	Category	MCat	Seria startowa	3km	Net time 5km	Gap	Pace min/km	Pace km/h
68	<b>ŚLIWKA Agnieszka</b>	<b>585</b>	OPEN Kobiety	10	11:10	00:54:44	<b>01:50:08.45</b>	+01:10:24 (63.9%)	22:01	2.7 (35.5%)
69	<b>PRENTKOWSKI Jacek</b>	<b>561</b>	OPEN Mężczyźni	59	11:10	00:54:48	<b>01:50:08.70</b>	+01:10:24 (63.9%)	22:01	2.7 (35.5%)
70	<b>SZCZYPKA Kacper</b>	<b>580</b>	OPEN Mężczyźni	60	11:00	00:51:41	<b>01:51:00.65</b>	+01:11:16 (64.2%)	22:12	2.7 (35.5%)
71	<b>RYBAK Remigiusz</b>	<b>565</b>	OPEN Mężczyźni	61	11:10	00:55:14	<b>01:51:28.55</b>	+01:11:44 (64.4%)	22:17	2.7 (35.5%)
72	<b>SITEK Stanisław</b>	<b>569</b>	OPEN Mężczyźni	62	11:10	00:55:14	<b>01:51:29.10</b>	+01:11:44 (64.4%)	22:17	2.7 (35.5%)
73	<b>NOWAK Tadeusz</b>	<b>553</b>	OPEN Mężczyźni	63	11:05	00:57:22	<b>01:53:28.95</b>	+01:13:44 (65.0%)	22:41	2.6 (34.2%)
74	<b>BAJCA Mateusz</b>	<b>609</b>	OPEN Mężczyźni	64		00:57:23	<b>01:53:29.05</b>	+01:13:44 (65.0%)	22:41	2.6 (34.2%)
75	<b>SURDEL Marcin</b>	<b>578</b>	OPEN Mężczyźni	65	11:05	00:57:22	<b>01:53:29.70</b>	+01:13:45 (65.0%)	22:41	2.6 (34.2%)
76	<b>HATALA Gracjan</b>	<b>528</b>	OPEN Mężczyźni	66	11:10	00:47:31	<b>01:55:03.70</b>	+01:15:19 (65.5%)	23:00	2.6 (34.2%)
77	<b>BANIA Michał</b>	<b>502</b>	OPEN Mężczyźni	67	11:15	00:57:30	<b>01:56:20.15</b>	+01:16:35 (65.8%)	23:16	2.6 (34.2%)
78	<b>KRUCZYŃSKI Aleksander</b>	<b>539</b>	OPEN Mężczyźni	68	11:10	00:57:37	<b>01:56:20.70</b>	+01:16:36 (65.8%)	23:16	2.6 (34.2%)
79	<b>TRYŚCIEŃ Jakub</b>	<b>589</b>	OPEN Mężczyźni	69	11:10	00:54:30	<b>01:56:21.30</b>	+01:16:36 (65.8%)	23:16	2.6 (34.2%)
80	<b>TETLA Wojciech</b>	<b>587</b>	OPEN Mężczyźni	70	11:10	00:46:22	<b>02:04:59.85</b>	+01:25:15 (68.2%)	24:59	2.4 (31.6%)
81	<b>SARMAK Ireneusz</b>	<b>568</b>	OPEN Mężczyźni	71	11:05	00:50:52	<b>02:05:42.90</b>	+01:25:58 (68.4%)	25:08	2.4 (31.6%)
82	<b>BANASZAK Paweł</b>	<b>501</b>	OPEN Mężczyźni	72	11:10	00:45:20		+00:23:22	15:06	4 (52.6%)
83	<b>SZCZYPKA Kamil</b>	<b>579</b>	OPEN Mężczyźni	73	11:00	00:51:41		+00:29:43	17:13	3.5 (46.1%)
84	<b>MASOŃ Karol</b>	<b>548</b>	OPEN Mężczyźni	74	11:10	00:54:49		+00:32:51	18:16	3.3 (43.4%)

Total 84 results.