

GDAŃSK - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-10-03
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------------------|-----------|------|----------------|-----------------|----------------|----------|-----------------------|------------------------|---------------------|-----------------|----------------|
| 1 | BIŁEK Artur | 505 | NW LUBLINIEC | M 30-39 | 1 | | | 01:26:52 | 00:31:37 | 01:02:56.25 | 02:29:49.10 | | 6:17 | 9.5 (100%) |
| 2 | STILLER Karol | 593 | REGATTA NORDIC TEAM CZĘSTOCHOWA | M 30-39 | 2 | | | 01:26:51 | 00:31:23 | 01:03:12.35 | 02:30:04.30 | +00:00:16 (0.4%) | 6:19 | 9.5 (100%) |
| 3 | SIWAK Piotr | 583 | KGHM METRACO POLKOWICE | M 50-59 | 1 | | | 01:28:18 | 00:31:39 | 01:03:34.10 | 02:31:53.05 | +00:00:37 (1.0%) | 6:21 | 9.4 (98.9%) |
| 4 | WOROCH Roman | 615 | KGHM METRACO POLKOWICE | M 50-59 | 2 | | | 01:28:18 | 00:31:34 | 01:03:42.95 | 02:32:01.40 | +00:00:46 (1.2%) | 6:22 | 9.4 (98.9%) |
| 5 | ANACZKOWSKI Mirosław | 500 | LKS ZANTYR SZTUM | M 50-59 | 3 | | | 01:28:19 | 00:32:10 | 01:05:07.25 | 02:33:26.30 | +00:02:11 (3.4%) | 6:30 | 9.2 (96.8%) |
| 6 | PUSZKIEL Leszek | 575 | GREEN TEAM | M 50-59 | 4 | | | 01:28:17 | 00:32:11 | 01:05:17.80 | 02:33:35.70 | +00:02:21 (3.6%) | 6:31 | 9.2 (96.8%) |
| 7 | CIEŚLAK Roman | 513 | FOREVER YOUNG ŁÓDŹ | M 50-59 | 5 | | | 01:28:20 | 00:32:53 | 01:06:31.80 | 02:34:52.50 | +00:03:35 (5.4%) | 6:39 | 9 (94.7%) |
| 8 | NIECHWIEJCZYK Piotr | 561 | OPEL ACTIVE TEAM | M 30-39 | 3 | | | 01:26:52 | 00:33:39 | 01:06:46.60 | 02:33:38.70 | +00:03:50 (5.7%) | 6:40 | 9 (94.7%) |
| 9 | PSUT Robert | 573 | FOREVER YOUNG ŁÓDŹ | M 18-29 | 1 | | | 01:26:50 | 00:33:18 | 01:06:47.15 | 02:33:37.40 | +00:03:50 (5.8%) | 6:40 | 9 (94.7%) |
| 10 | RACZYŃSKI Kazimierz | 577 | PTTK KOSZALIN | M 30-39 | 4 | | | 01:26:52 | 00:33:38 | 01:07:05.30 | 02:33:57.35 | +00:04:09 (6.2%) | 6:42 | 8.9 (93.7%) |
| 11 | NOWROTEK Monika | 563 | WESOŁY BORSUK TEAM | K 18-29 | 1 | | | 01:30:08 | 00:33:10 | 01:07:11.75 | 02:37:20.10 | +00:04:15 (6.3%) | 6:43 | 8.9 (93.7%) |
| 12 | PARAFINIUK Krzysztofa | 569 | LKS ZANTYR SZTUM | K 30-39 | 1 | | | 01:30:09 | 00:33:32 | 01:07:46.00 | 02:37:55.30 | +00:04:49 (7.1%) | 6:46 | 8.9 (93.7%) |
| 13 | KRUK Dariusz | 541 | | M 40-49 | 1 | | | 01:26:55 | 00:34:14 | 01:07:59.80 | 02:34:54.85 | +00:05:03 (7.4%) | 6:47 | 8.8 (92.6%) |
| 14 | KRZYŻANOWSKI Robert | 543 | GOSIR OSIELSKO | M 40-49 | 2 | | | 01:26:54 | 00:33:56 | 01:08:06.15 | 02:35:00.70 | +00:05:09 (7.6%) | 6:48 | 8.8 (92.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|-------------------------------------|-----------|------|----------------|-----------------|----------------|----------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 15 | PUSZKIEL Adrian | 574 | GREEN TEAM | M 18-29 | 2 | | | 01:26:50 | 00:34:33 | 01:08:35.80 | 02:35:25.95 | +00:05:39 (8.2%) | 6:51 | 8.7 (91.6%) |
| 16 | LIPKO Adrianna | 550 | PENDOLINO | K 18-29 | 2 | | | 01:30:08 | 00:33:43 | 01:08:47.85 | 02:38:56.15 | +00:05:51 (8.5%) | 6:52 | 8.7 (91.6%) |
| 17 | FELIS Paweł | 520 | | M 40-49 | 3 | | | 01:26:54 | 00:34:17 | 01:08:52.50 | 02:35:47.15 | +00:05:56 (8.6%) | 6:53 | 8.7 (91.6%) |
| 18 | JĘDRASIAK Renata | 528 | KS METRACO POLKOWICE | K 50-59 | 1 | | | 01:31:54 | 00:34:36 | 01:09:03.85 | 02:40:57.95 | +00:06:07 (8.9%) | 6:54 | 8.7 (91.6%) |
| 19 | BOCZAR Beata | 507 | GREEN TEAM | K 50-59 | 2 | | | 01:31:53 | 00:34:38 | 01:09:33.65 | 02:41:27.60 | +00:06:37 (9.5%) | 6:57 | 8.6 (90.5%) |
| 20 | SPYCHAŁA Marzena | 589 | WESOŁY BORSUK TEAM | K 40-49 | 1 | | | 01:30:12 | 00:34:31 | 01:09:37.00 | 02:39:49.45 | +00:06:40 (9.6%) | 6:57 | 8.6 (90.5%) |
| 21 | KULIG Henryk | 546 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | M 60-69 | 1 | | | 01:28:21 | 00:34:27 | 01:09:38.55 | 02:37:59.80 | +00:06:42 (9.6%) | 6:57 | 8.6 (90.5%) |
| 22 | KOLENKIEWICZ Dariusz | 534 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | M 50-59 | 6 | | | 01:28:19 | 00:34:20 | 01:09:41.35 | 02:38:00.45 | +00:06:45 (9.7%) | 6:58 | 8.6 (90.5%) |
| 23 | ANTOSZEWSKI Piotr | 502 | DĄBROWA NORDIC TEAM | M 40-49 | 4 | | | 01:26:53 | 00:34:36 | 01:10:01.10 | 02:36:54.45 | +00:07:04 (10.1%) | 7:00 | 8.6 (90.5%) |
| 24 | STAWNIAK Karol | 590 | UTW ŻNIN | M 60-69 | 2 | | | 01:28:21 | 00:34:29 | 01:10:15.50 | 02:38:37.15 | +00:07:19 (10.4%) | 7:01 | 8.5 (89.5%) |
| 25 | ŚWISŁOCKI Bogdan | 608 | | M 50-59 | 7 | | | 01:28:19 | 00:34:57 | 01:10:36.95 | 02:38:56.70 | +00:07:40 (10.9%) | 7:03 | 8.5 (89.5%) |
| 26 | PANCEWICZ- KOSNO Karolina | 568 | SILESIA NORDIC TEAM | K 30-39 | 2 | | | 01:30:10 | 00:34:34 | 01:10:48.85 | 02:40:59.80 | +00:07:52 (11.1%) | 7:04 | 8.5 (89.5%) |
| 27 | KUBICKI Bernard | 544 | KS METRACO POLKOWICE | M 60-69 | 3 | | | 01:28:23 | 00:34:54 | 01:10:55.45 | 02:39:19.40 | +00:07:59 (11.3%) | 7:05 | 8.5 (89.5%) |
| 28 | SZCZEBAK Jacek | 598 | TARNÓW | M 40-49 | 5 | | | 01:26:52 | 00:35:06 | 01:10:56.00 | 02:37:48.70 | +00:07:59 (11.3%) | 7:05 | 8.5 (89.5%) |
| 29 | SMUL Andrzej | 586 | GREEN TEAM | M 50-59 | 8 | | | 01:28:17 | 00:34:34 | 01:11:16.65 | 02:39:34.50 | +00:08:20 (11.7%) | 7:07 | 8.4 (88.4%) |
| 30 | KALISZ Krzysztof | 531 | KS METRACO POLKOWICE | M 60-69 | 4 | | | 01:28:21 | 00:35:24 | 01:11:28.85 | 02:39:49.90 | +00:08:32 (12.0%) | 7:08 | 8.4 (88.4%) |
| 31 | ŚWIĄTEK Joanna | 607 | MARSZPOZDROWIE | K 30-39 | 3 | | | 01:30:12 | 00:35:44 | 01:11:31.25 | 02:41:43.70 | +00:08:35 (12.0%) | 7:09 | 8.4 (88.4%) |
| 32 | KOŁPAK Jan | 535 | LKS ZANTYR SZTUM | M 60-69 | 5 | | | 01:28:21 | 00:35:26 | 01:11:41.65 | 02:40:03.50 | +00:08:45 (12.2%) | 7:10 | 8.4 (88.4%) |
| 33 | GRUSZKA Michał | 522 | NW LUBLINIEC | M 40-49 | 6 | | | 01:26:53 | 00:35:33 | 01:11:42.65 | 02:38:36.10 | +00:08:46 (12.2%) | 7:10 | 8.4 (88.4%) |
| 34 | LEWANDOWSKI Robert | 549 | GOSIR OSIELSKO | M 30-39 | 5 | | | 01:26:52 | 00:35:34 | 01:11:53.85 | 02:38:46.80 | +00:08:57 (12.5%) | 7:11 | 8.3 (87.4%) |
| 35 | RE CZULSKI Mikołaj | 578 | REGATTA NORDIC TEAM CZĘSTOCHOWA | M 18-29 | 3 | | | 01:26:51 | 00:35:27 | 01:11:59.05 | 02:38:50.05 | +00:09:02 (12.6%) | 7:11 | 8.3 (87.4%) |
| 36 | WARCZALSKA Teresa | 612 | STADION ŚLĄSKI | K 60-69 | 1 | | | 01:31:56 | 00:35:49 | 01:12:13.85 | 02:44:10.45 | +00:09:17 (12.9%) | 7:13 | 8.3 (87.4%) |
| 37 | REJ Anna | 579 | | K 30-39 | 4 | | | 01:30:11 | 00:36:00 | 01:12:29.20 | 02:42:40.65 | +00:09:32 (13.2%) | 7:14 | 8.3 (87.4%) |

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|-----|----------------------------------|------------|-------------------------------------|-----------|------|----------------|-----------------|----------------|----------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 38 | ŚLUSARCZYK Andrzej | 605 | WESOŁY BORSUK TEAM | M 60-69 | 6 | | | 01:28:20 | 00:35:33 | 01:12:57.05 | 02:41:17.80 | +00:10:00 (13.7%) | 7:17 | 8.2 (86.3%) |
| 39 | ŻUCHOWICZ Monika | 619 | DĄBROWA NORDIC TEAM | K 18-29 | 3 | | | 01:30:09 | 00:36:25 | 01:13:27.35 | 02:43:36.50 | +00:10:31 (14.3%) | 7:20 | 8.2 (86.3%) |
| 40 | BALCERAK-KOLASA Joanna | 503 | FIZJO-PLUS TEAM | K 40-49 | 2 | | | 01:30:13 | 00:36:24 | 01:13:33.75 | 02:43:47.60 | +00:10:37 (14.4%) | 7:21 | 8.2 (86.3%) |
| 41 | JANKOWSKI Marcin | 525 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | M 30-39 | 6 | | | 01:26:52 | 00:35:55 | 01:13:55.05 | 02:40:47.25 | +00:10:58 (14.9%) | 7:23 | 8.1 (85.3%) |
| 42 | OLECH Anna | 564 | | K 30-39 | 5 | | | 01:30:11 | 00:36:42 | 01:14:09.00 | 02:44:20.45 | +00:11:12 (15.1%) | 7:24 | 8.1 (85.3%) |
| 43 | PASIŃSKA - SKOWRON Sylwia | 570 | SILESIA NORDIC TEAM | K 30-39 | 6 | | | 01:30:12 | 00:36:20 | 01:14:19.15 | 02:44:31.15 | +00:11:22 (15.3%) | 7:25 | 8.1 (85.3%) |
| 44 | ŁUKASZEWICZ Joanna | 552 | GREEN TEAM | K 40-49 | 3 | | | 01:30:13 | 00:36:43 | 01:14:31.15 | 02:44:44.55 | +00:11:34 (15.5%) | 7:27 | 8.1 (85.3%) |
| 45 | SZNAJDER Zenon | 602 | | M 60-69 | 7 | | | 01:28:23 | 00:37:16 | 01:14:36.70 | 02:42:59.90 | +00:11:40 (15.6%) | 7:27 | 8 (84.2%) |
| 46 | HIMMEL Mirosław | 524 | | M 60-69 | 8 | | | 01:28:20 | 00:36:47 | 01:14:40.45 | 02:43:01.35 | +00:11:44 (15.7%) | 7:28 | 8 (84.2%) |
| 47 | KUREK Edward | 547 | MOSIR CZELADZ | M 70+ | 1 | | | 01:28:23 | 00:37:18 | 01:14:56.90 | 02:43:20.10 | +00:12:00 (16.0%) | 7:29 | 8 (84.2%) |
| 48 | ŚLUSARCZYK Grzegorz | 606 | WESOŁY BORSUK TEAM | M 40-49 | 7 | | | 01:26:53 | 00:37:15 | 01:15:00.20 | 02:41:53.95 | +00:12:03 (16.1%) | 7:30 | 8 (84.2%) |
| 49 | KURZAWSKA Jolanta | 548 | KS METRACO POLKOWICE | K 60-69 | 2 | | | 01:31:57 | 00:36:34 | 01:15:05.80 | 02:47:03.45 | +00:12:09 (16.2%) | 7:30 | 8 (84.2%) |
| 50 | MOTOCZYŃSKI Krzysztof | 557 | GOSIR OSIELSKO | M 60-69 | 9 | | | 01:28:22 | 00:36:47 | 01:15:24.55 | 02:43:46.70 | +00:12:28 (16.5%) | 7:32 | 8 (84.2%) |
| 51 | BYTNIEWSKI Mieczysław | 509 | BIAŁA BIEGA | M 70+ | 2 | | | 01:28:26 | 00:37:57 | 01:15:31.70 | 02:43:57.75 | +00:12:35 (16.7%) | 7:33 | 7.9 (83.2%) |
| 52 | LISIKIEWICZ Agnieszka | 551 | GREEN TEAM | K 40-49 | 4 | | | 01:30:15 | 00:37:43 | 01:15:37.05 | 02:45:52.40 | +00:12:40 (16.8%) | 7:33 | 7.9 (83.2%) |
| 53 | MOŹDŹEŃ Barbara | 558 | | K 50-59 | 3 | | | 01:31:54 | 00:37:12 | 01:15:54.05 | 02:47:48.50 | +00:12:57 (17.1%) | 7:35 | 7.9 (83.2%) |
| 54 | MARONDEL Katarzyna | 554 | SILESIA NORDIC TEAM | K 18-29 | 4 | | | 01:30:08 | 00:38:00 | 01:16:31.55 | 02:46:40.50 | +00:13:35 (17.8%) | 7:39 | 7.8 (82.1%) |
| 55 | NAMSOŁEK Feliks | 559 | | M 70+ | 3 | | | 01:28:25 | 00:37:49 | 01:16:33.20 | 02:44:58.35 | +00:13:36 (17.8%) | 7:39 | 7.8 (82.1%) |
| 56 | KMIECIAK Marlena | 533 | | K 18-29 | 5 | | | 01:30:09 | 00:37:28 | 01:16:46.50 | 02:46:56.25 | +00:13:50 (18.0%) | 7:40 | 7.8 (82.1%) |
| 57 | RUPIŃSKA Agnieszka | 580 | DREAM TEAM | K 30-39 | 7 | | | 01:30:13 | 00:38:25 | 01:17:15.20 | 02:47:28.30 | +00:14:18 (18.5%) | 7:43 | 7.8 (82.1%) |
| 58 | JARZYŃSKA Małgorzata | 527 | | K 50-59 | 4 | | | 01:31:54 | 00:38:27 | 01:17:37.55 | 02:49:32.45 | +00:14:41 (18.9%) | 7:45 | 7.7 (81.1%) |
| 59 | WAŁECKA Krystyna | 611 | | K 60-69 | 3 | | | 01:31:56 | 00:38:31 | 01:17:42.50 | 02:49:39.30 | +00:14:46 (19.0%) | 7:46 | 7.7 (81.1%) |
| 60 | PACZUSKA Małgorzata | 567 | FOREVER YOUNG ŁÓDŹ | K 50-59 | 5 | | | 01:31:56 | 00:38:34 | 01:17:49.40 | 02:49:45.70 | +00:14:53 (19.1%) | 7:46 | 7.7 (81.1%) |

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|-----|---------------------------------|------------|--------------------------|-----------|------|----------------|-----------------|----------------|----------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 61 | SOBAŃSKA Grażyna | 587 | | K 50-59 | 6 | | | 01:31:55 | 00:38:34 | 01:18:02.70 | 02:49:58.50 | +00:15:06 (19.4%) | 7:48 | 7.7 (81.1%) |
| 62 | CIENNIK Wiktor | 512 | | M 40-49 | 8 | | | 01:26:54 | 00:38:11 | 01:18:59.00 | 02:45:53.95 | +00:16:02 (20.3%) | 7:53 | 7.6 (80.0%) |
| 63 | SIKORSKI Kazimierz | 582 | WTW WŁOCŁAWEK | M 60-69 | 10 | | | 01:28:23 | 00:39:21 | 01:19:06.25 | 02:47:29.25 | +00:16:10 (20.4%) | 7:54 | 7.6 (80.0%) |
| 64 | SYNAK Leszek | 596 | KASZ I MAZ RAZEM | M 50-59 | 9 | | | 01:28:19 | 00:39:15 | 01:20:06.95 | 02:48:26.60 | +00:17:10 (21.4%) | 8:00 | 7.5 (78.9%) |
| 65 | HAAPALEHTO Timo | 523 | NORDIC WALKING HELSINKI | M 50-59 | 10 | | | 01:28:18 | 00:38:19 | 01:20:23.60 | 02:48:42.00 | +00:17:27 (21.7%) | 8:02 | 7.5 (78.9%) |
| 66 | TRUCHAN-BAJER Bożena | 609 | | K 50-59 | 7 | | | 01:31:55 | 00:39:39 | 01:20:39.60 | 02:52:35.40 | +00:17:43 (22.0%) | 8:04 | 7.4 (77.9%) |
| 67 | SZEWczyk Marek | 601 | FACE NORDIC WALKING TEAM | M 50-59 | 11 | | | 01:28:19 | 00:39:40 | 01:20:55.45 | 02:49:15.40 | +00:17:59 (22.2%) | 8:05 | 7.4 (77.9%) |
| 68 | TURZYŃSKA-STOPA Maria | 610 | BŁĘKITNI NW DZIEMIANY | K 50-59 | 8 | | | 01:31:55 | 00:40:16 | 01:21:15.60 | 02:53:11.00 | +00:18:19 (22.5%) | 8:07 | 7.4 (77.9%) |
| 69 | ANTKOWIAK Remigiusz | 501 | | M 30-39 | 7 | | | 01:26:54 | 00:40:49 | 01:21:23.00 | 02:48:17.15 | +00:18:26 (22.7%) | 8:08 | 7.4 (77.9%) |
| 70 | KOZŁOWSKA Agnieszka | 540 | FACE NORDIC WALKING TEAM | K 40-49 | 5 | | | 01:30:15 | 00:40:59 | 01:22:04.45 | 02:52:20.15 | +00:19:08 (23.3%) | 8:12 | 7.3 (76.8%) |
| 71 | MICHALAK Grzegorz | 553 | | M 18-29 | 4 | | | 01:26:50 | 00:42:19 | 01:22:50.35 | 02:49:41.20 | +00:19:54 (24.0%) | 8:17 | 7.2 (75.8%) |
| 72 | RACZYŃSKA Aleksandra | 576 | STADION ŚLĄSKI | K 70+ | 1 | | | 01:32:01 | 00:41:08 | 01:23:15.15 | 02:55:16.50 | +00:20:18 (24.4%) | 8:19 | 7.2 (75.8%) |
| 73 | SZYMANOWSKA-PAWLAK Ewa | 603 | GOSIR OSIELSKO | K 40-49 | 6 | | | 01:30:14 | 00:41:25 | 01:23:45.35 | 02:54:00.25 | +00:20:49 (24.9%) | 8:22 | 7.2 (75.8%) |
| 74 | JARYSZ Agnieszka | 526 | FACE NORDIC WALKING TEAM | K 30-39 | 8 | | | 01:30:14 | 00:42:34 | 01:23:55.05 | 02:54:09.35 | +00:20:58 (25.0%) | 8:23 | 7.1 (74.7%) |
| 75 | WYŁUPSKA Krystyna | 618 | PATYCZAKI | K 60-69 | 4 | | | 01:31:58 | 00:42:34 | 01:24:18.75 | 02:56:17.10 | +00:21:22 (25.4%) | 8:25 | 7.1 (74.7%) |
| 76 | OPAJDOWSKA-SZWARC Ewa | 565 | | K 60-69 | 5 | | | 01:32:00 | 00:42:56 | 01:25:16.35 | 02:57:17.05 | +00:22:20 (26.2%) | 8:31 | 7 (73.7%) |
| 77 | WORONKO-ZACZYŃSKA Janina | 616 | KS METRACO POLKOWICE | K 60-69 | 6 | | | 01:31:57 | 00:43:02 | 01:25:38.75 | 02:57:36.40 | +00:22:42 (26.5%) | 8:33 | 7 (73.7%) |
| 78 | SZCZYPEK Ela | 599 | DWA KIJE | K 60-69 | 7 | | | 01:31:58 | 00:43:07 | 01:25:47.30 | 02:57:45.85 | +00:22:51 (26.6%) | 8:34 | 7 (73.7%) |
| 79 | SZEWczyk Agnieszka | 600 | FACE NORDIC WALKING TEAM | K 40-49 | 7 | | | 01:30:14 | 00:42:32 | 01:25:51.80 | 02:56:06.40 | +00:22:55 (26.7%) | 8:35 | 7 (73.7%) |
| 80 | PIEKARSKA Magdalena | 571 | GOSIR OSIELSKO | K 18-29 | 6 | | | 01:30:08 | 00:41:35 | 01:25:56.00 | 02:56:04.80 | +00:22:59 (26.8%) | 8:35 | 7 (73.7%) |
| 81 | SYNAK Joanna | 595 | KASZ I MAZ RAZEM | K 18-29 | 7 | | | 01:30:10 | 00:43:34 | 01:26:51.25 | 02:57:02.20 | +00:23:55 (27.5%) | 8:41 | 6.9 (72.6%) |
| 82 | STEFANIAK Bożena | 591 | | K 50-59 | 9 | | | 01:31:56 | 00:42:31 | 01:26:52.00 | 02:58:48.55 | +00:23:55 (27.5%) | 8:41 | 6.9 (72.6%) |
| 83 | SMARUJ - SADOWSKA Janina | 585 | | K 60-69 | 8 | | | 01:31:57 | 00:42:35 | 01:27:11.05 | 02:59:08.60 | +00:24:14 (27.8%) | 8:43 | 6.9 (72.6%) |

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|-----|-----------------------------------|------------|---|-----------|------|----------------|-----------------|----------------|----------------|--------------------------------|------------------------|----------------------|-----------------|----------------|
| 84 | SYNAK Mirosława | 597 | KASZ I MAZ RAZEM | K 50-59 | 10 | | | 01:31:54 | 00:43:06 | 01:28:06.65 | 03:00:01.55 | +00:25:10 (28.6%) | 8:48 | 6.8 (71.6%) |
| 85 | CHRAPEK Urszula | 511 | RUDZICA | K 18-29 | 8 | | | 01:30:09 | 00:44:17 | 01:28:25.75 | 02:58:35.60 | +00:25:29 (28.8%) | 8:50 | 6.8 (71.6%) |
| 86 | KRYGIEL Maria | 542 | GOSIR OSIELSKO | K 40-49 | 8 | | | 01:30:15 | 00:44:46 | 01:28:57.80 | 02:59:13.60 | +00:26:01 (29.3%) | 8:53 | 6.7 (70.5%) |
| 87 | JÓŹWIAK Dominik | 529 | WTW WŁOCŁAWEK | M 18-29 | 5 | | | 01:26:50 | 00:44:35 | 01:29:14.45 | 02:56:05.20 | +00:26:18 (29.5%) | 8:55 | 6.7 (70.5%) |
| 88 | WOJTASIŃSKA Agnieszka | 614 | REGATTA NORDIC TEAM CZĘSTOCHOWA | K 30-39 | 9 | | | 01:30:10 | 00:43:58 | 01:29:21.60 | 02:59:32.20 | +00:26:25 (29.6%) | 8:56 | 6.7 (70.5%) |
| 89 | STOLARSKA Magdalena | 594 | REGATTA NORDIC TEAM CZĘSTOCHOWA | K 40-49 | 9 | | | 01:30:16 | 00:45:24 | 01:31:08.60 | 03:01:25.05 | +00:28:12 (30.9%) | 9:06 | 6.6 (69.5%) |
| 90 | SOBOCIŃSKA Ewa | 588 | MOSIR RYPIN | K 60-69 | 9 | | | 01:31:59 | 00:46:02 | 01:32:15.00 | 03:04:14.45 | +00:29:18 (31.8%) | 9:13 | 6.5 (68.4%) |
| 91 | KLIMOWSKA Stanisława | 532 | MOSIR RYPIN | K 60-69 | 10 | | | 01:31:59 | 00:45:54 | 01:32:15.25 | 03:04:14.70 | +00:29:19 (31.8%) | 9:13 | 6.5 (68.4%) |
| 92 | MLECZAK Eugeniusz | 556 | | M 70+ | 4 | | | 01:28:24 | 00:46:53 | 01:32:54.45 | 03:01:18.70 | +00:29:58 (32.3%) | 9:17 | 6.5 (68.4%) |
| 93 | BAKOWSKA Maria | 504 | OŚLA ŁAWKA GNIEZNO | K 60-69 | 11 | | | 01:31:59 | 00:46:18 | 01:33:28.40 | 03:05:28.05 | +00:30:32 (32.7%) | 9:20 | 6.4 (67.4%) |
| 94 | KOSMALA Urszula | 538 | FACE NORDIC WALKING TEAM DZIARSKIE TEAM | K 60-69 | 12 | | | 01:31:58 | 00:46:26 | 01:33:59.75 | 03:05:58.00 | +00:31:03 (33.0%) | 9:24 | 6.4 (67.4%) |
| 95 | GĘBSKA Elżbieta | 521 | DĄBROWA NORDIC TEAM | K 50-59 | 11 | | | 01:31:55 | 00:46:32 | 01:34:25.60 | 03:06:20.60 | +00:31:29 (33.3%) | 9:26 | 6.4 (67.4%) |
| 96 | DRON Agnieszka | 518 | FACE NORDIC WALKING TEAM DZIARSKIE TEAM | K 30-39 | 10 | | | 01:30:13 | 00:48:03 | 01:34:27.00 | 03:04:40.55 | +00:31:30 (33.4%) | 9:26 | 6.4 (67.4%) |
| 97 | SMACZYŃSKA Krystyna | 584 | DĄBROWA NORDIC TEAM | K 70+ | 2 | | | 01:32:00 | 00:49:15 | 01:37:36.30 | 03:09:36.70 | +00:34:40 (35.5%) | 9:45 | 6.1 (64.2%) |
| 98 | KULCZYŃSKA Jolanta | 545 | FACE NORDIC WALKING TEAM | K 30-39 | 11 | | | 01:30:12 | 00:49:30 | 01:40:00.35 | 03:10:12.80 | +00:37:04 (37.1%) | 10:00 | 6 (63.2%) |
| 99 | NAWROCKA Danuta | 560 | DĄBROWA NORDIC TEAM | K 70+ | 3 | | | 01:32:00 | 00:53:52 | 01:47:00.40 | 03:19:01.15 | +00:44:04 (41.2%) | 10:42 | 5.6 (58.9%) |
| DQ | BREWKA Joachim | 508 | NW LUBLINIEC | M 50-59 | | | | DQ | 00:42:58 DQ | 2015-10-03 DQ | DQ | - | - (0.0%) | |
| DQ | GRZEGORCZYK Marcin Joachim | 620 | TRI-SEA WŁADYSŁAWOWO | M 18-29 | | | | DQ | 00:33:18 DQ | 2015-10-03 DQ | DQ | - | - (0.0%) | |

Znaleziono 101 wynik(ów)