



# GDAŃSK - PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-10-03  
**Miejsce:** Gdańsk  
**Dystans:** 10 km



Klasyfikacja: K 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>JĘDRASIAK Renata</b>	<b>528</b>	KS METRACO POLKOWICE	K 50-59	1			01:31:54	00:34:36	<b>01:09:03.85</b>	<b>02:40:57.95</b>		6:54	8.7 (100%)
2	<b>BOCZAR Beata</b>	<b>507</b>	GREEN TEAM	K 50-59	2			01:31:53	00:34:38	<b>01:09:33.65</b>	<b>02:41:27.60</b>	+00:00:29 (0.7%)	6:57	8.6 (98.9%)
3	<b>MOŹDŻEŃ Barbara</b>	<b>558</b>		K 50-59	3			01:31:54	00:37:12	<b>01:15:54.05</b>	<b>02:47:48.50</b>	+00:06:50 (9.0%)	7:35	7.9 (90.8%)
4	<b>JARZYŃSKA Małgorzata</b>	<b>527</b>		K 50-59	4			01:31:54	00:38:27	<b>01:17:37.55</b>	<b>02:49:32.45</b>	+00:08:33 (11.0%)	7:45	7.7 (88.5%)
5	<b>PACZUSKA Małgorzata</b>	<b>567</b>	FOREVER YOUNG ŁÓDŹ	K 50-59	5			01:31:56	00:38:34	<b>01:17:49.40</b>	<b>02:49:45.70</b>	+00:08:45 (11.3%)	7:46	7.7 (88.5%)
6	<b>SOBAŃSKA Grażyna</b>	<b>587</b>		K 50-59	6			01:31:55	00:38:34	<b>01:18:02.70</b>	<b>02:49:58.50</b>	+00:08:58 (11.5%)	7:48	7.7 (88.5%)
7	<b>TRUCHAN-BAJER Bożena</b>	<b>609</b>		K 50-59	7			01:31:55	00:39:39	<b>01:20:39.60</b>	<b>02:52:35.40</b>	+00:11:35 (14.4%)	8:04	7.4 (85.1%)
8	<b>TURZYŃSKA-STOPA Maria</b>	<b>610</b>	BŁĘKITNI NW DZIEMIANY	K 50-59	8			01:31:55	00:40:16	<b>01:21:15.60</b>	<b>02:53:11.00</b>	+00:12:11 (15.0%)	8:07	7.4 (85.1%)
9	<b>STEFANIAK Bożena</b>	<b>591</b>		K 50-59	9			01:31:56	00:42:31	<b>01:26:52.00</b>	<b>02:58:48.55</b>	+00:17:48 (20.5%)	8:41	6.9 (79.3%)
10	<b>SYNAK Mirosława</b>	<b>597</b>	KASZ I MAZ RAZEM	K 50-59	10			01:31:54	00:43:06	<b>01:28:06.65</b>	<b>03:00:01.55</b>	+00:19:02 (21.6%)	8:48	6.8 (78.2%)
11	<b>GĘBSKA Elżbieta</b>	<b>521</b>	DĄBROWA NORDIC TEAM	K 50-59	11			01:31:55	00:46:32	<b>01:34:25.60</b>	<b>03:06:20.60</b>	+00:25:21 (26.9%)	9:26	6.4 (73.6%)

Znaleziono 11 wynik(ów)