



**Wydarzenie:** VII PÓŁMARATON GLIWICKI  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-10-17  
**Miejsce:** Gliwice  
**Dystans:** 10 km

## GLIWICKA DYCHA

B4SPORT

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 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SITEK Monika	1305		K-20	1	00:00:03	00:10:06	00:25:47	00:40:36.90	00:40:39.95		4:03	14.8 (100%)
2	PRUSKO Gabriela	1273		K-20	2	00:00:05	00:11:04	00:27:33	00:42:22.55	00:42:27.70	+00:01:45 (4.2%)	4:14	14.2 (95.9%)
3	HAŁKA Oliwia	1084		K-20	3	00:00:05	00:11:04	00:27:34	00:42:36.25	00:42:41.35	+00:01:59 (4.7%)	4:15	14.1 (95.3%)
4	LEGASZEWSKA Maria	1174		K-20	4	00:00:04	00:10:07	00:26:51	00:42:41.10	00:42:45.85	+00:02:04 (4.8%)	4:16	14.1 (95.3%)
5	KRUPOWICZ Wiktoria	1156	ANNA HALSKA COACHING	K-20	5	00:00:04	00:11:00	00:27:54	00:43:47.40	00:43:51.95	+00:03:10 (7.3%)	4:22	13.7 (92.6%)
6	TELEUCKA Sandra	1354	KU AZS POLITECHNIKA OPOLSKA/ #SZYMITEAM	K-20	6	00:00:02	00:10:59	00:29:09	00:45:58.60	00:46:01.25	+00:05:21 (11.7%)	4:35	13.1 (88.5%)
7	ZENOWICZ Kinga	1400	ATHLETICS NYSA	K-20	7	00:00:02	00:11:56	00:30:45	00:48:17.50	00:48:20.15	+00:07:40 (15.9%)	4:49	12.4 (83.8%)
8	KOMANDER Katarzyna	1134	JOMAR RUNNERS	K-20	8	00:00:12	00:13:09	00:34:35	00:53:39.00	00:53:51.75	+00:13:02 (24.3%)	5:21	11.2 (75.7%)
9	KOLASIŃSKA Monika	1463	STG GLIWICE	K-20	9	00:00:08	00:13:50	00:35:50	00:55:37.60	00:55:46.35	+00:15:00 (27.0%)	5:33	10.8 (73.0%)
10	MATUSEK Anna	1198		K-20	10	00:00:36	00:14:18	00:36:14	00:56:58.25	00:57:34.80	+00:16:21 (28.7%)	5:41	10.5 (70.9%)
11	KOSIDŁOWSKA Ewelina	1143	BRAK	K-20	11	00:00:30	00:14:38	00:37:19	00:57:00.45	00:57:31.30	+00:16:23 (28.8%)	5:42	10.5 (70.9%)
12	SOSADA Nicol	1326	ISTA BIEGAMY	K-20	12	00:00:16	00:14:16	00:36:42	00:57:22.50	00:57:38.85	+00:16:45 (29.2%)	5:44	10.5 (70.9%)
13	LIS Aleksandra	1181		K-20	13	00:00:13	00:14:28	00:37:52	00:59:10.10	00:59:23.40	+00:18:33 (31.4%)	5:55	10.1 (68.2%)
14	WOJTKIEWICZ Marta	1382		K-20	14	00:00:39	00:16:11	00:38:46	00:59:20.75	00:59:59.75	+00:18:43 (31.6%)	5:56	10.1 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	<b>MAĆKÓW Klaudia</b>	<b>1187</b>		K-20	15	00:00:27	00:14:58	00:38:30	<b>00:59:51.45</b>	<b>01:00:18.80</b>	+00:19:14 (32.1%)	5:59	10 (67.6%)
16	<b>NOWOCIN Patrycja</b>	<b>1231</b>		K-20	16	00:00:15	00:13:46	00:37:21	<b>01:01:18.25</b>	<b>01:01:33.85</b>	+00:20:41 (33.7%)	6:07	9.8 (66.2%)
17	<b>CHODURA Juli</b>	<b>1027</b>	STARY HANGAR GLIWICE	K-20	17	00:00:30	00:16:07	00:39:51	<b>01:02:09.40</b>	<b>01:02:40.10</b>	+00:21:32 (34.7%)	6:12	9.7 (65.5%)
18	<b>KACZOR Angelika</b>	<b>1435</b>		K-20	18	00:00:48	00:15:58	00:40:18	<b>01:02:58.85</b>	<b>01:03:47.60</b>	+00:22:21 (35.5%)	6:17	9.5 (64.2%)
19	<b>JANOSZKA Julia</b>	<b>1096</b>	ŚLĄZACY BIEGAJĄ	K-20	19	00:00:17	00:16:45	00:42:40	<b>01:06:01.50</b>	<b>01:06:18.75</b>	+00:25:24 (38.5%)	6:36	9.1 (61.5%)
20	<b>WIELGUS Karolina</b>	<b>1468</b>		K-20	20	00:00:45	00:17:53	00:45:42	<b>01:12:38.65</b>	<b>01:13:23.80</b>	+00:32:01 (44.1%)	7:15	8.3 (56.1%)
21	<b>JAWORSKA-PRYMAS Karolina</b>	<b>1104</b>		K-20	21	00:00:20	00:17:43	00:46:46	<b>01:12:50.70</b>	<b>01:13:11.40</b>	+00:32:13 (44.2%)	7:17	8.2 (55.4%)
22	<b>MAĆKÓW Małgorzata</b>	<b>1188</b>		K-20	22	00:00:26	00:17:07	00:46:19	<b>01:14:34.65</b>	<b>01:15:01.15</b>	+00:33:57 (45.5%)	7:27	8 (54.1%)
23	<b>KONDRATIEVA Anna</b>	<b>1138</b>		K-20	23	00:00:44	00:20:37		<b>01:24:00.25</b>	<b>01:24:44.75</b>	+00:43:23 (51.7%)	8:24	7.1 (48.0%)

Znaleziono 23 wynik(ów)