



Wydarzenie: V Radan Półmaraton Gliwicki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-11-04
Miejsce: Gliwice
Dystans: 10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 10km	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	WŁODARCZYK Patrycja	1009	JKLA JAWOR	K-30	1	00:00:01	00:20:00	00:39:45	00:41:13.90	00:41:15.55		3:55	15.3 (100%)
2	BROL Dominika	1029	ENDURANCE TEAM	K-30	2	00:00:03	00:20:10	00:40:51	00:42:24.65	00:42:28.40	+00:01:10 (2.8%)	4:02	14.9 (97.4%)
3	PIECUCH Agnieszka	1435	INŻYNIERIA BIEGANIA	K-30	3	00:00:06	00:22:00	00:45:29	00:47:18.05	00:47:24.10	+00:06:04 (12.8%)	4:30	13.3 (86.9%)
4	GRZEBNIEWSKA Judyta	1099	TEAM PAPRY	K-30	4	00:00:49	00:24:34	00:48:20	00:50:04.75	00:50:53.80	+00:08:50 (17.7%)	4:46	12.6 (82.4%)
5	KONOPACKA BESSA Magdalena	1152		K-30	5	00:00:47	00:24:32	00:50:39	00:52:39.20	00:53:26.20	+00:11:25 (21.7%)	5:00	12 (78.4%)
6	KOWALCZYK Katarzyna	1160		K-30	6	00:00:22	00:25:00	00:50:53	00:52:45.75	00:53:08.00	+00:11:31 (21.9%)	5:01	11.9 (77.8%)
7	SZWIEC Sandra	1354	ZABIEGANI NAUCZYCIELE	K-30	7	00:00:20	00:26:32	00:52:45	00:54:44.65	00:55:04.90	+00:13:30 (24.7%)	5:12	11.5 (75.2%)
8	WANDASIEWICZ Michalina	1373	NIGHT RUNNERS PYSKOWICE	K-30	8	00:00:18	00:25:54	00:52:55	00:54:56.70	00:55:15.35	+00:13:42 (25.0%)	5:14	11.5 (75.2%)
9	PLOCH Karolina	1271		K-30	9	00:01:13	00:27:06	00:53:31	00:55:26.50	00:56:39.70	+00:14:12 (25.6%)	5:16	11.4 (74.5%)
10	BURZAK Justyna	1035		K-30	10	00:01:31	00:27:20	00:54:05	00:56:03.30	00:57:34.35	+00:14:49 (26.4%)	5:20	11.2 (73.2%)
11	WASIEL Monika	1376		K-30	11	00:01:09	00:27:10	00:54:28	00:56:24.45	00:57:33.50	+00:15:10 (26.9%)	5:22	11.2 (73.2%)
12	ROSAK Joanna	1455		K-30	12	00:00:27	00:27:02	00:54:46	00:56:35.85	00:57:02.95	+00:15:21 (27.1%)	5:23	11.1 (72.5%)
13	NIESLER Magdalena	1223	NIGHT RUNNERS GLIWICE	K-30	13	00:00:46	00:26:52	00:54:53	00:57:02.05	00:57:48.80	+00:15:48 (27.7%)	5:25	11 (71.9%)
14	ŻUKOWSKA-CHOMIK Justyna	1414	WAY2CHAMP	K-30	14	00:00:51	00:28:06	00:55:52	00:57:50.60	00:58:42.35	+00:16:36 (28.7%)	5:30	10.9 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 10km	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
15	GAJDZIK Katarzyna	1078		K-30	15	00:00:55	00:27:56	00:55:58	00:58:00.40	00:58:56.25	+00:16:46 (28.9%)	5:31	10.9 (71.2%)
16	KOWALCZYK Kamila	1161		K-30	16	00:01:02	00:27:43	00:56:24	00:58:25.65	00:59:28.35	+00:17:11 (29.4%)	5:33	10.8 (70.6%)
17	SZMIGIEL Justyna	1349		K-30	17	00:00:49	00:28:23	00:56:27	00:58:35.35	00:59:24.55	+00:17:21 (29.6%)	5:34	10.8 (70.6%)
18	SIKORA Agnieszka	1309	NIGHT RUNNERS ZABRZE	K-30	18	00:00:58	00:27:58	00:56:39	00:58:50.55	00:59:49.25	+00:17:36 (29.9%)	5:36	10.7 (69.9%)
19	DOLATA Magdalena	1052		K-30	19	00:00:05	00:27:49		00:58:51.15	00:58:57.10	+00:17:37 (29.9%)	5:36	10.7 (69.9%)
20	KOSMACZEWSKA Anna	1155	ETISOFT RUNNING TEAM	K-30	20	00:00:15	00:27:32	00:56:47	00:58:58.95	00:59:14.85	+00:17:45 (30.1%)	5:37	10.7 (69.9%)
21	PAWLUS - DUSIK Beata	1257	KOLOROWA DRUŻYNA NESSI	K-30	21	00:00:44	00:28:35	00:58:11	01:00:08.70	01:00:53.45	+00:18:54 (31.4%)	5:43	10.5 (68.6%)
22	GARYGA Beata	1085		K-30	22	00:00:24	00:27:44	00:58:09	01:00:11.85	01:00:36.50	+00:18:57 (31.5%)	5:44	10.5 (68.6%)
23	GORELL Bogumiła	1092		K-30	23	00:00:53	00:29:11	00:58:20	01:00:18.30	01:01:11.50	+00:19:04 (31.6%)	5:44	10.4 (68.0%)
24	KOŁAK Alicja	1146		K-30	24	00:01:21	00:28:27	00:58:15	01:00:28.90	01:01:50.20	+00:19:15 (31.8%)	5:45	10.4 (68.0%)
25	GRABSKA Anna	1095	KOMBO KURCZAKI	K-30	25	00:01:11	00:28:55	00:58:13	01:00:30.40	01:01:41.40	+00:19:16 (31.9%)	5:45	10.4 (68.0%)
26	BŁĄŻYTKO Monika	1511		K-30	26	00:00:39	00:27:15	00:58:14	01:00:39.35	01:01:18.40	+00:19:25 (32.0%)	5:46	10.4 (68.0%)
27	NIŻNIKIEWICZ-FRENKI Zofia	1225	FLUOR	K-30	27	00:00:20	00:28:17	00:58:55	01:01:08.35	01:01:29.20	+00:19:54 (32.6%)	5:49	10.3 (67.3%)
28	MIŁKOWSKA Karolina	1467		K-30	28	00:00:54	00:28:04	00:59:11	01:01:31.70	01:02:26.15	+00:20:17 (33.0%)	5:51	10.2 (66.7%)
29	SZOŁTYSIK Marta	1350		K-30	29	00:01:10	00:29:14	00:59:10	01:01:32.65	01:02:42.75	+00:20:18 (33.0%)	5:51	10.2 (66.7%)
30	SIKORSKA Katarzyna	1312		K-30	30	00:00:49	00:28:21	00:59:23	01:01:39.30	01:02:28.35	+00:20:25 (33.1%)	5:52	10.2 (66.7%)
31	WILCZEK Magdalena	1382	FLUOR	K-30	31	00:00:40	00:29:09	00:59:44	01:02:04.05	01:02:44.25	+00:20:50 (33.6%)	5:54	10.2 (66.7%)
32	GRZYŚKA Katarzyna	1101	SMOCZY GANG	K-30	32	00:01:37	00:29:05	01:00:03	01:02:27.95	01:04:05.10	+00:21:14 (34.0%)	5:56	10.1 (66.0%)
33	DROŹDŹ Alicja	1055		K-30	33	00:01:31	00:29:10	01:00:37	01:03:11.05	01:04:42.75	+00:21:57 (34.7%)	6:01	10 (65.4%)
34	TWAROWSKA Celina	1368	ETISOFT RUNNING TEAM	K-30	34	00:00:15	00:28:42	01:00:54	01:03:17.20	01:03:32.45	+00:22:03 (34.8%)	6:01	10 (65.4%)
35	TYRNA Gabriela	1464		K-30	35	00:00:15	00:30:01	01:00:59	01:03:20.20	01:03:35.95	+00:22:06 (34.9%)	6:01	9.9 (64.7%)
36	FABIAN Katarzyna	1068		K-30	36	00:01:14	00:29:32	01:00:56	01:03:21.45	01:04:36.40	+00:22:07 (34.9%)	6:02	9.9 (64.7%)
37	KORUS Karina	340	CIDRY LOTAJOM	K-30	37	00:01:45	00:30:45	01:01:18	01:03:35.70	01:05:20.75	+00:22:21 (35.2%)	6:03	9.9 (64.7%)

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							5_15_km	20_km	10.5km	10.5km			
38	EISLER Anna	1066	SKLEPBIKER.PL	K-30	38	00:01:24	00:30:23	01:01:08	01:03:36.95	01:05:01.35	+00:22:23 (35.2%)	6:03	9.9 (64.7%)
39	BARTAS Agnieszka	24	ISTA BIEGAMY	K-30	39	00:00:32	00:29:55	01:01:57	01:04:14.15	01:04:46.40	+00:23:00 (35.8%)	6:07	9.8 (64.1%)
40	ZIMNY Joanna	1406		K-30	40	00:01:03	00:31:13	01:02:20	01:04:40.85	01:05:44.05	+00:23:26 (36.3%)	6:09	9.7 (63.4%)
41	BARANOWSKA Ewa	1016		K-30	41	00:01:05	00:30:33	01:02:17	01:04:44.15	01:05:50.00	+00:23:30 (36.3%)	6:10	9.7 (63.4%)
42	JAKBIK Ola	1114	BULLULA TEAM	K-30	42	00:01:05	00:30:27	01:02:55	01:05:15.95	01:06:21.45	+00:24:02 (36.8%)	6:12	9.7 (63.4%)
43	PROKWITE Martyna	1281		K-30	43	00:01:08	00:30:41	01:02:50	01:05:16.10	01:06:24.90	+00:24:02 (36.8%)	6:12	9.7 (63.4%)
44	MICHAŁUSZEK Dorota	1210	BIEG - UNKA	K-30	44	00:01:43	00:31:43	01:03:15	01:05:36.65	01:07:20.10	+00:24:22 (37.2%)	6:14	9.6 (62.7%)
45	WOSZCZYNA Ewelina	1390		K-30	45	00:01:32	00:30:52	01:03:41	01:06:05.15	01:07:37.70	+00:24:51 (37.6%)	6:17	9.5 (62.1%)
46	NOWAKOWSKA-TRZASKA Joanna	1228		K-30	46	00:00:44	00:30:31	01:04:14	01:06:39.40	01:07:23.55	+00:25:25 (38.1%)	6:20	9.5 (62.1%)
47	MIGURSKI Daria	1214	FUCHS OIL TEAM	K-30	47	00:01:23	00:31:41	01:04:35	01:06:59.80	01:08:23.75	+00:25:45 (38.5%)	6:22	9.4 (61.4%)
48	CZARNECKA Marta	1044		K-30	48	00:01:04	00:30:50	01:04:31	01:07:05.40	01:08:09.70	+00:25:51 (38.5%)	6:23	9.4 (61.4%)
49	KUKUCZKA Ewa	1178		K-30	49	00:01:11	00:30:37	01:04:53	01:07:18.15	01:08:30.10	+00:26:04 (38.7%)	6:24	9.4 (61.4%)
50	BOREK Jadwiga	1424	ACTIV EAGLES PRO	K-30	50	00:00:35	00:31:54	01:05:16	01:07:37.45	01:08:12.70	+00:26:23 (39.0%)	6:26	9.3 (60.8%)
51	ŻYDEK Małgorzata	1415	ACTIV EAGLES PRO	K-30	51	00:00:34	00:31:55	01:05:17	01:07:38.05	01:08:12.95	+00:26:24 (39.0%)	6:26	9.3 (60.8%)
52	LEWICKA Beata	1498		K-30	52	00:01:19	00:31:48	01:05:24	01:07:43.75	01:09:03.45	+00:26:29 (39.1%)	6:27	9.3 (60.8%)
53	BRIANSKA-KORDECKA Aleksandra	1460	BALENA MORADA	K-30	53	00:00:14	00:30:34	01:05:14	01:07:51.25	01:08:05.50	+00:26:37 (39.2%)	6:27	9.3 (60.8%)
54	KLOC Izabela	1136	FLUOR	K-30	54	00:00:58	00:31:35	01:05:19	01:07:53.30	01:08:51.40	+00:26:39 (39.3%)	6:27	9.3 (60.8%)
55	ROLNIK Joanna	1470		K-30	55	00:01:24	00:32:24	01:06:04	01:08:44.20	01:10:08.45	+00:27:30 (40.0%)	6:32	9.2 (60.1%)
56	SKRZYPEK Marta	1319	GOOD TIME SPORT	K-30	56	00:01:26	00:32:37	01:06:43	01:09:21.35	01:10:47.80	+00:28:07 (40.6%)	6:36	9.1 (59.5%)
57	KOCZY-ŁUSIAK Sylwia	1144	WATAHA TEAM	K-30	57	00:01:42	00:33:05	01:07:22	01:09:46.05	01:11:28.80	+00:28:32 (40.9%)	6:38	9 (58.8%)
58	TOMASZEWSKA Mirosława	1362	MOMO RESTAURANT & COCKTAIL BAR	K-30	58	00:00:23	00:31:12	01:07:05	01:09:49.15	01:10:12.15	+00:28:35 (40.9%)	6:38	9 (58.8%)
59	PLESZCZYŃSKA Iwona	1270		K-30	59	00:00:19	00:30:50	01:07:50	01:10:27.95	01:10:47.80	+00:29:14 (41.5%)	6:42	8.9 (58.2%)
60	SIERAKOWSKA Anna	1308	FUCHS OIL TEAM	K-30	60	00:01:24	00:32:04	01:08:12	01:10:42.35	01:12:06.70	+00:29:28 (41.7%)	6:44	8.9 (58.2%)

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61	JACHYMOWSKA Dominika	1112		K-30	61	00:01:36	00:33:07	01:08:23	01:10:45.65	01:12:22.60	+00:29:31 (41.7%)	6:44	8.9 (58.2%)
62	WYPYCH - ŚLUSARSKA Agata	1393		K-30	62	00:01:30	00:32:53	01:08:20	01:10:56.10	01:12:26.65	+00:29:42 (41.9%)	6:45	8.9 (58.2%)
63	PŁACHTA Sylwia	1482		K-30	63	00:01:34	00:33:43	01:09:32	01:12:16.70	01:13:51.45	+00:31:02 (43.0%)	6:53	8.7 (56.9%)
64	ŁUKASZEWSKA Justyna	1189	STEP DANCE	K-30	64	00:00:31	00:33:49	01:10:50	01:13:15.05	01:13:47.00	+00:32:01 (43.7%)	6:58	8.6 (56.2%)
65	JÓZEFczyk Katarzyna	1123	ISTA BIEGAMY	K-30	65	00:01:24	00:34:19	01:12:18	01:15:03.10	01:16:27.70	+00:33:49 (45.1%)	7:08	8.4 (54.9%)
66	RUTKA Wiola	1301		K-30	66	00:00:26	00:35:31	01:13:23	01:16:08.65	01:16:35.00	+00:34:54 (45.9%)	7:15	8.3 (54.2%)
67	ZIOŁKOWSKA Barbara	1407		K-30	67	00:01:39	00:34:09	01:13:25	01:16:10.35	01:17:50.10	+00:34:56 (45.9%)	7:15	8.3 (54.2%)
68	STARCZEWSKA Jolanta	690		K-30	68	00:01:00	00:35:11	01:14:26	01:17:11.95	01:18:12.55	+00:35:58 (46.6%)	7:21	8.2 (53.6%)
69	WOJTUKIEWICZ Justyna	1387		K-30	69	00:01:27	00:37:02	01:16:02	01:18:44.15	01:20:12.05	+00:37:30 (47.6%)	7:30	8 (52.3%)
70	OSTROWSKA Justyna	1242	NIGHT RUNNERS GLIWICE	K-30	70	00:00:26	00:36:20	01:16:48	01:19:12.90	01:19:39.70	+00:37:59 (47.9%)	7:32	8 (52.3%)
71	CZENCZEK Magdalena	1046	ETISOFT RUNNING TEAM	K-30	71	00:01:37	00:39:47	01:20:57	01:23:58.60	01:25:36.40	+00:42:44 (50.9%)	7:59	7.5 (49.0%)
72	TOMCZAK Joanna	1363	ZABIEGANI NAUCZYCIELE	K-30	72	00:00:38	00:40:02	01:24:00	01:27:08.55	01:27:47.25	+00:45:54 (52.7%)	8:18	7.2 (47.1%)
73	ADAMOWSKA Katarzyna	1011	ZABIEGANI NAUCZYCIELE	K-30	73	00:00:39	00:40:02	01:24:00	01:27:17.30	01:27:56.70	+00:46:03 (52.8%)	8:18	7.2 (47.1%)

Znaleziono 73 wynik(ów)