



Wydarzenie: VII PÓŁMARATON GLIWICKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-10-17
Miejsce: Gliwice
Dystans: 10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	LEWICKA Elżbieta	1177		K-40	1	00:00:02	00:10:51	00:27:47	00:43:27.80	00:43:30.70		4:20	13.8 (100%)
2	POŁOMSKA Edyta	1471	POLOMSCY TEAM	K-40	2	00:00:08	00:12:21	00:31:58	00:49:46.10	00:49:54.30	+00:06:18 (12.7%)	4:58	12.1 (87.7%)
3	WOJAKOWSKA Katarzyna	1379	K&K RUN	K-40	3	00:00:03	00:13:10	00:33:41	00:52:12.30	00:52:16.25	+00:08:44 (16.7%)	5:13	11.5 (83.3%)
4	CETNAR-KLIMAS Katarzyna	1024		K-40	4	00:00:05	00:13:08	00:33:31	00:52:23.65	00:52:29.30	+00:08:55 (17.0%)	5:14	11.5 (83.3%)
5	ZAPOTOCZNA Renata	1393		K-40	5	00:00:16	00:14:09	00:35:06	00:54:52.75	00:55:09.70	+00:11:24 (20.8%)	5:29	10.9 (79.0%)
6	KACZMAREK Katarzyna	1109	STG GLIWICE	K-40	6	00:00:07	00:13:50	00:35:51	00:55:54.90	00:56:02.75	+00:12:27 (22.3%)	5:35	10.7 (77.5%)
7	KOTLARSKA Anna	1146		K-40	7	00:00:25	00:15:28	00:37:41	00:57:33.95	00:57:59.15	+00:14:06 (24.5%)	5:45	10.4 (75.4%)
8	OSOWSKA Katarzyna	1240		K-40	8	00:00:28	00:15:05	00:37:36	00:58:02.75	00:58:31.35	+00:14:34 (25.1%)	5:48	10.3 (74.6%)
9	NOWAKOWSKA-TRZASKA Joanna	1230	GLIWICKA GRUPA BIEGACZY	K-40	9	00:00:18	00:14:34	00:37:06	00:58:27.00	00:58:45.90	+00:14:59 (25.6%)	5:50	10.3 (74.6%)
10	WOJTKIEWICZ Marzena	1381		K-40	10	00:00:38	00:16:14	00:39:17	00:59:01.25	00:59:40.00	+00:15:33 (26.4%)	5:54	10.2 (73.9%)
11	ĆWIOK Barbara	1037	#PANIOWKIRUN	K-40	11	00:00:18	00:15:09	00:37:56	00:59:17.45	00:59:35.45	+00:15:49 (26.7%)	5:55	10.1 (73.2%)
12	ZAKLIŃSKA Kasia	1391		K-40	12	00:00:49	00:15:58	00:39:06	00:59:34.55	01:00:24.05	+00:16:06 (27.0%)	5:57	10.1 (73.2%)
13	GRZEGORCZYK Monika	1080	NIGHT RUNNERS ZABRZE	K-40	13	00:00:37	00:16:02	00:39:41	01:00:27.50	01:01:04.85	+00:16:59 (28.1%)	6:02	9.9 (71.7%)
14	KRAWIEC Agnieszka	1153		K-40	14	00:00:19	00:15:36	00:39:05	01:00:51.80	01:01:11.20	+00:17:24 (28.6%)	6:05	9.9 (71.7%)

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15	KULPIŃSKA Anna	1163	START HANGAR	K-40	15	00:00:30	00:16:07	00:39:51	01:01:09.25	01:01:39.70	+00:17:41 (28.9%)	6:06	9.8 (71.0%)
16	HAWLICKA Ania	1455	LILA TEAM	K-40	16	00:00:43	00:15:13	00:39:00	01:02:10.85	01:02:54.10	+00:18:43 (30.1%)	6:13	9.7 (70.3%)
17	CHĘCIŃSKA Agnieszka	1025		K-40	17	00:00:39	00:16:15	00:40:22	01:02:38.10	01:03:17.75	+00:19:10 (30.6%)	6:15	9.6 (69.6%)
18	KAPTACZ Magdalena	1114		K-40	18	00:00:18	00:15:29	00:39:53	01:02:40.30	01:02:58.35	+00:19:12 (30.6%)	6:16	9.6 (69.6%)
19	ROSIŃSKA Katarzyna	1288		K-40	19	00:00:35	00:16:37	00:40:54	01:02:47.55	01:03:23.05	+00:19:19 (30.8%)	6:16	9.6 (69.6%)
20	MICZKA Justyna	1209		K-40	20	00:00:38	00:16:19	00:40:40	01:02:59.40	01:03:38.10	+00:19:31 (31.0%)	6:17	9.5 (68.8%)
21	PAJĄK Aleksandra	1248		K-40	21	00:00:26	00:15:45		01:03:14.20	01:03:41.00	+00:19:46 (31.3%)	6:19	9.5 (68.8%)
22	GOŃKA Monika	1452	BANDA Z POŁUDNIA	K-40	22	00:00:22	00:15:45	00:40:17	01:03:16.55	01:03:39.40	+00:19:48 (31.3%)	6:19	9.5 (68.8%)
23	TOWAREK Agnieszka	1356		K-40	23	00:00:22	00:16:09	00:40:32	01:03:23.75	01:03:46.10	+00:19:55 (31.4%)	6:20	9.5 (68.8%)
24	OPANOWSKA Anna	1235	-	K-40	24	00:00:13	00:15:35	00:40:31	01:03:27.70	01:03:41.00	+00:19:59 (31.5%)	6:20	9.5 (68.8%)
25	STELMASZCZYK Iwona	1335	BEERTEAM	K-40	25	00:00:16	00:16:28	00:41:12	01:03:33.90	01:03:50.05	+00:20:06 (31.6%)	6:21	9.4 (68.1%)
26	KUWAK Anna	1164	WARTO BIEGAĆ ZAWIERCIE	K-40	26	00:00:15	00:15:55	00:41:20	01:04:01.50	01:04:16.90	+00:20:33 (32.1%)	6:24	9.4 (68.1%)
27	HILASZEK Marzena	1088		K-40	27	00:00:41	00:16:11	00:41:15	01:04:19.10	01:05:00.85	+00:20:51 (32.4%)	6:25	9.3 (67.4%)
28	MADEJA Aleksandra	1465	MIECHOWICKA GRUPA BIEGOWA	K-40	28	00:00:31	00:16:46	00:42:12	01:04:52.05	01:05:23.60	+00:21:24 (33.0%)	6:29	9.2 (66.7%)
29	WIERZBICA Kasia	1370		K-40	29	00:00:37	00:16:37	00:42:24	01:04:55.70	01:05:32.85	+00:21:27 (33.1%)	6:29	9.2 (66.7%)
30	WILSZ Ewa	1374	#PANIOWKIRUN	K-40	30	00:00:18	00:16:34	00:42:16	01:05:18.35	01:05:37.15	+00:21:50 (33.4%)	6:31	9.2 (66.7%)
31	STACHOWSKA Aleksandra	1429	TRI&MORE	K-40	31	00:00:29	00:15:44	00:41:27	01:06:26.05	01:06:55.05	+00:22:58 (34.6%)	6:38	9 (65.2%)
32	KAWECKA-KUŹDŻAŁ Agnieszka	1117		K-40	32	00:00:47	00:17:19	00:43:31	01:06:35.45	01:07:22.70	+00:23:07 (34.7%)	6:39	9 (65.2%)
33	BOGACZ Jagoda	1017		K-40	33	00:00:09	00:16:21	00:43:47	01:08:19.90	01:08:29.50	+00:24:52 (36.4%)	6:49	8.8 (63.8%)
34	ŁUKASZEWSKA Justyna	1182		K-40	34	00:00:38	00:16:59	00:44:07	01:09:08.15	01:09:46.35	+00:25:40 (37.1%)	6:54	8.7 (63.0%)
35	SLUZALEK Małgorzata	1317	TRI&MORE	K-40	35	00:00:23	00:17:29	00:44:54	01:09:15.40	01:09:39.20	+00:25:47 (37.2%)	6:55	8.7 (63.0%)
36	JĘDRZEJOWSKA-DEC Anna	1424		K-40	36	00:00:28	00:18:13	00:45:53	01:11:14.00	01:11:42.25	+00:27:46 (39.0%)	7:07	8.4 (60.9%)
37	DUDZICZ Barbara	1425		K-40	37	00:00:28	00:17:56	00:45:53	01:11:15.75	01:11:44.10	+00:27:47 (39.0%)	7:07	8.4 (60.9%)

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38	PŁUCIENNIK Agnieszka	1264	ZICHERKI	K-40	38	00:00:50	00:17:28	00:45:26	01:11:28.05	01:12:18.05	+00:28:00 (39.2%)	7:08	8.4 (60.9%)
39	BĄK-DRABIK Katarzyna	1010		K-40	39	00:00:42	00:17:59	00:46:40	01:11:56.90	01:12:39.70	+00:28:29 (39.6%)	7:11	8.3 (60.1%)
40	FRANCZYK Kinga	1055	FUNDACJA TOŚKA I PRZYJACIELE	K-40	40	00:00:42	00:17:59	00:46:40	01:11:57.05	01:12:39.70	+00:28:29 (39.6%)	7:11	8.3 (60.1%)
41	KUCZERA-KULAGA Magdalenakulaga	1412		K-40	41	00:00:25	00:17:11	00:46:29	01:13:12.85	01:13:38.65	+00:29:45 (40.6%)	7:19	8.2 (59.4%)
42	BRIANSKA-KORDECKA Aleksandra	1447		K-40	42	00:00:24	00:17:12	00:46:30	01:13:13.65	01:13:38.55	+00:29:45 (40.6%)	7:19	8.2 (59.4%)
43	GROSS Teresa	1078	FIS-SST TEAM	K-40	43	00:00:18	00:18:16	00:47:43	01:14:50.85	01:15:09.15	+00:31:23 (41.9%)	7:29	8 (58.0%)
DNC	CHOLEWA Magdalena	1028		K-40		00:00:00		00:09:05	00:30:59.35	00:30:59.35		0:00	19.4 (140.6%)
DNC	DEMBOWSKA Bożena	1040		K-40		00:00:00		00:09:58	00:31:38.10	00:31:38.10		0:00	19 (137.7%)
DNC	KLOWAN-SIUDA Katarzyna	1126		K-40		00:00:00			00:39:02.75	00:39:02.75		0:00	15.4 (111.6%)

Znaleziono 46 wynik(ów)