



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	LASKOWSKA Katarzyna	1420	INŻYNIERIA BIEGANIA TEAM	K-40	1	00:39:43.00		3:58	15.1 (100%)
2	MAZIAREK Adela	1165		K-40	2	00:44:16.70	+00:04:33 (10.3%)	4:25	13.6 (90.1%)
3	SZOŁTYSEK-GRZESIKIEWICZ Anna	1037		K-40	3	00:45:34.55	+00:05:51 (12.9%)	4:33	13.2 (87.4%)
4	DZIUBEK Monika	1223	W POGONI ZA DUCHEM	K-40	4	00:45:35.00	+00:05:52 (12.9%)	4:33	13.2 (87.4%)
5	KŁOZA Iwona	1116		K-40	5	00:46:06.95	+00:06:23 (13.9%)	4:36	13 (86.1%)
6	ZAPOTOCZNA Renata	1199		K-40	6	00:49:10.05	+00:09:27 (19.2%)	4:55	12.2 (80.8%)
7	WOJAKOWSKA Katarzyna	1458	MOMO RUNNING TEAM	K-40	7	00:49:17.55	+00:09:34 (19.4%)	4:55	12.2 (80.8%)
8	WÓJCIK Anna	1328		K-40	8	00:49:39.45	+00:09:56 (20.0%)	4:57	12.1 (80.1%)
9	STABLA Ksenia	1374	AKTYWNI LYSKI	K-40	9	00:50:34.90	+00:10:51 (21.5%)	5:03	11.9 (78.8%)
10	STAJNO Magdalena	1346		K-40	10	00:51:24.45	+00:11:41 (22.7%)	5:08	11.7 (77.5%)
11	GEC Monika	1263		K-40	11	00:51:52.05	+00:12:09 (23.4%)	5:11	11.6 (76.8%)
12	BLOMA-WOJCIECHOWSKA Żaneta	1271		K-40	12	00:53:04.50	+00:13:21 (25.2%)	5:18	11.3 (74.8%)
13	KACZMARCZYK Dorota	1491	AZS AWF KRAKÓW MASTERS	K-40	13	00:53:21.70	+00:13:38 (25.6%)	5:20	11.2 (74.2%)
14	FRANKIEWICZ Małgorzata	1034		K-40	14	00:53:33.50	+00:13:50 (25.8%)	5:21	11.2 (74.2%)
15	NOWAKOWSKA-TRZASKA Joanna	1425	CROSSFIT HELLWOOD	K-40	15	00:54:14.65	+00:14:31 (26.8%)	5:25	11.1 (73.5%)
16	DRABIK Joanna	1349	STELLANTIS ACTIVE TEAM	K-40	16	00:54:45.55	+00:15:02 (27.5%)	5:28	11 (72.8%)
17	ZIĘBA Sabina	1153		K-40	17	00:55:02.50	+00:15:19 (27.8%)	5:30	10.9 (72.2%)
18	SKOWRON Mirosława	1247		K-40	18	00:55:15.70	+00:15:32 (28.1%)	5:31	10.9 (72.2%)
19	MAJ Małgorzata	1266		K-40	19	00:55:27.75	+00:15:44 (28.4%)	5:32	10.8 (71.5%)
20	ZAKLIŃSKA Katarzyna	1301		K-40	20	00:55:59.45	+00:16:16 (29.1%)	5:35	10.7 (70.9%)
21	GRZEGORCZYK Monika	1134	#HUTATEAM	K-40	21	00:56:06.65	+00:16:23 (29.2%)	5:36	10.7 (70.9%)
22	GŁADYSZ Aneta	1111		K-40	22	00:56:08.50	+00:16:25 (29.3%)	5:36	10.7 (70.9%)
23	CHOLEWA Magdalena	1138	-	K-40	23	00:56:11.00	+00:16:28 (29.3%)	5:37	10.7 (70.9%)
24	STOLARZ Agnieszka	1182		K-40	24	00:57:13.20	+00:17:30 (30.6%)	5:43	10.5 (69.5%)
25	SIKORA Agnieszka	1341		K-40	25	00:57:17.05	+00:17:34 (30.7%)	5:43	10.5 (69.5%)
26	WOLAŃSKA Magdalena	1336		K-40	26	00:57:44.70	+00:18:01 (31.2%)	5:46	10.4 (68.9%)
27	CEBULA Beata	1437		K-40	27	00:58:14.15	+00:18:31 (31.8%)	5:49	10.3 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	STELMASZCZYK Iwona	1244	NIEZRZESZONY	K-40	28	00:58:36.75	+00:18:53 (32.2%)	5:51	10.2 (67.5%)
29	SZEWIC Renata	1132	#HUTATEAM	K-40	29	00:58:40.55	+00:18:57 (32.3%)	5:52	10.2 (67.5%)
30	WIELGUS Agnieszka	1476		K-40	30	00:58:52.10	+00:19:09 (32.5%)	5:53	10.2 (67.5%)
31	OSOWSKA Katarzyna	1083		K-40	31	00:59:10.45	+00:19:27 (32.9%)	5:55	10.1 (66.9%)
32	SKWARA Katarzyna	1096	HIRSCHVOGEL	K-40	32	00:59:29.05	+00:19:46 (33.2%)	5:56	10.1 (66.9%)
33	PANENKA Małgorzata	1404	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	K-40	33	00:59:34.95	+00:19:51 (33.3%)	5:57	10.1 (66.9%)
34	KOTLARSKA Anna	1080		K-40	34	00:59:55.95	+00:20:12 (33.7%)	5:59	10 (66.2%)
35	TOWAREK Agnieszka	1051		K-40	35	01:00:43.80	+00:21:00 (34.6%)	6:04	9.9 (65.6%)
36	KAWECKA-KUŹDŹAŁ Agnieszka	1258		K-40	36	01:00:50.65	+00:21:07 (34.7%)	6:05	9.9 (65.6%)
37	ROŹEK Mariola	1110	#HUTATEAM	K-40	37	01:02:03.35	+00:22:20 (36.0%)	6:12	9.7 (64.2%)
38	MICHALSKA-WOJTUŃ Anna	1402	DECATHLON GLIWICE	K-40	38	01:02:15.80	+00:22:32 (36.2%)	6:13	9.6 (63.6%)
39	MICZKA Justyna	1344		K-40	39	01:02:20.85	+00:22:37 (36.3%)	6:14	9.6 (63.6%)
40	HAWRANEK Anna	1239		K-40	40	01:02:44.40	+00:23:01 (36.7%)	6:16	9.6 (63.6%)
41	OPANOWSKA Anna	1109		K-40	41	01:02:47.45	+00:23:04 (36.7%)	6:16	9.6 (63.6%)
42	FRANCZYK Kinga	1066	FUNDACJA TOŚKA I PRZYJACIELE	K-40	42	01:02:58.55	+00:23:15 (36.9%)	6:17	9.5 (62.9%)
43	DUDZICZ Barbara	1009		K-40	43	01:03:21.15	+00:23:38 (37.3%)	6:20	9.5 (62.9%)
44	ORDYŃSKA Agnieszka	1299		K-40	44	01:03:43.80	+00:24:00 (37.7%)	6:22	9.4 (62.3%)
45	GÓRECKA-WRÓBEL Jolanta	1390		K-40	45	01:04:26.35	+00:24:43 (38.4%)	6:26	9.3 (61.6%)
46	SZCZECIŃSKA Agata	1394		K-40	46	01:04:59.80	+00:25:16 (38.9%)	6:29	9.2 (60.9%)
47	PAJĄK Aleksandra	1172	#HUTATEAM	K-40	47	01:05:33.40	+00:25:50 (39.4%)	6:33	9.2 (60.9%)
48	RADZIKOWSKA-BUCHAŁA Magdalena	1240		K-40	48	01:05:51.10	+00:26:08 (39.7%)	6:35	9.1 (60.3%)
49	OBWIOSŁO Joanna	1294		K-40	49	01:15:08.25	+00:35:25 (47.1%)	7:30	8 (53.0%)
50	WALENTRZAK Wioletta	1324	HUTATEAM	K-40	50	01:16:45.95	+00:37:02 (48.3%)	7:40	7.8 (51.7%)

Znaleziono 50 wynik(ów)