



GLIWICKA DYCHA

B4SPORT

Event: V Radan Półmaraton Gliwicki 2018
Organiser: Fundacja Bieg Rzeźnika
Date: 2018-11-04
Place: Gliwice
Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-20

Place	Participant	Number	Club	Category	MCat	Start time	5_15_km 5km	20_km 10km	Net time 10.5km	Czas brutto 10.5km	Gap	Pace min/km	Pace km/h
1	CIEPŁAK Marcin	1445		M-20	1	00:00:01		00:32:18	00:33:33.20	00:33:34.20		3:11	18.8 (100%)
2	CZAPLA Kamil	1043	INŻYNIERIA BIEGANIA	M-20	2	00:00:01	00:15:59	00:33:11	00:34:32.00	00:34:33.20	+00:00:58 (2.8%)	3:17	18.2 (96.8%)
3	ROSIŃSKI Artur	1296	PARKRUN KATOWICE	M-20	3	00:00:01	00:17:05	00:34:59	00:36:18.45	00:36:19.45	+00:02:45 (7.6%)	3:27	17.4 (92.6%)
4	BABULA Przemysław	1015	GKS PIAST GLIWICE	M-20	4	00:00:02	00:17:44	00:37:26	00:38:55.85	00:38:58.10	+00:05:22 (13.8%)	3:42	16.2 (86.2%)
5	BOJARCZUK Tomasz	1028	PRO366	M-20	5	00:00:02	00:19:29	00:40:03	00:41:38.20	00:41:40.85	+00:08:05 (19.4%)	3:57	15.1 (80.3%)
6	GOŁYŚ Grzegorz	1496		M-20	6	00:00:03	00:19:37	00:40:37	00:42:03.40	00:42:07.00	+00:08:30 (20.2%)	4:00	15 (79.8%)
7	KURAŚ Mateusz	1180	FAST FOOT TEAM SIEWIERZ	M-20	7	00:00:02	00:19:24	00:41:04	00:42:46.40	00:42:48.65	+00:09:13 (21.6%)	4:04	14.7 (78.2%)
8	NOWAK Mateusz	1227		M-20	8	00:00:05	00:20:45	00:43:15	00:44:52.85	00:44:58.80	+00:11:19 (25.2%)	4:16	14 (74.5%)
9	WOJEWÓDKA Krystian	1386	SOCIOS SILESIA	M-20	9	00:00:03	00:21:00	00:43:46	00:45:22.00	00:45:25.90	+00:11:48 (26.0%)	4:19	13.9 (73.9%)
10	BOGUS Bartosz	1026	#LUBLINIEC	M-20	10	00:00:10	00:21:33	00:43:54	00:45:37.65	00:45:47.80	+00:12:04 (26.5%)	4:20	13.8 (73.4%)
11	PACANA Patryk	1244	DRUŻYNA ŚWIĘTEGO MARCINA	M-20	11	00:00:09	00:22:00	00:45:01	00:46:44.10	00:46:53.20	+00:13:10 (28.2%)	4:27	13.5 (71.8%)
12	WÓJCIKOWSKI Mateusz	1391	ANICA TEAM	M-20	12	00:00:04	00:22:13	00:46:04	00:47:47.45	00:47:51.80	+00:14:14 (29.8%)	4:33	13.2 (70.2%)
13	WĄS Szymon	1378	MOMO RESTAURANT & COCKTAIL BAR	M-20	13	00:00:43	00:23:41	00:47:18	00:49:02.75	00:49:46.70	+00:15:29 (31.6%)	4:40	12.8 (68.1%)
14	BŁASZCZUK Tomasz	1025		M-20	14	00:00:33	00:23:59	00:48:55	00:50:49.45	00:51:23.30	+00:17:16 (34.0%)	4:50	12.4 (66.0%)

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15	CHROBAK Adam	1039		M-20	15	00:00:43	00:24:45	00:49:29	00:51:11.50	00:51:55.25	+00:17:38 (34.5%)	4:52	12.3 (65.4%)
16	MAZUR Łukasz	1204	EKO-OKNA RUNNERS	M-20	16	00:00:40	00:24:42	00:49:31	00:51:19.70	00:51:59.75	+00:17:46 (34.6%)	4:53	12.3 (65.4%)
17	GAŁĄZKA Paweł	1082	EUVIC	M-20	17	00:00:11	00:22:44	00:49:48	00:51:46.15	00:51:57.90	+00:18:12 (35.2%)	4:55	12.2 (64.9%)
18	SZCZYRBA Krystian	1478		M-20	18	00:00:36	00:24:50	00:51:01	00:52:52.25	00:53:29.15	+00:19:19 (36.5%)	5:02	11.9 (63.3%)
19	JAWORSKI Jakub	1118		M-20	19	00:00:43	00:25:25	00:51:06	00:53:05.55	00:53:49.40	+00:19:32 (36.8%)	5:03	11.9 (63.3%)
20	WENGLORZ Dominik	1379		M-20	20	00:00:34	00:24:46	00:51:41	00:53:47.60	00:54:22.25	+00:20:14 (37.6%)	5:07	11.7 (62.2%)
21	PALUSZCZAK Mateusz	1248	2 TM 4,7	M-20	21	00:00:34	00:25:21	00:52:07	00:54:10.15	00:54:44.20	+00:20:36 (38.1%)	5:09	11.6 (61.7%)
22	PORĘBSKI Grzegorz	1472		M-20	22	00:00:47	00:26:19	00:52:27	00:54:12.75	00:55:00.20	+00:20:39 (38.1%)	5:09	11.6 (61.7%)
23	TURCZYN Mateusz	1367	HIRSCHVOGEL	M-20	23	00:00:32	00:25:15	00:52:18	00:54:12.90	00:54:45.15	+00:20:39 (38.1%)	5:09	11.6 (61.7%)
24	SOKÓŁ Filip	1331	FUCHS OIL TEAM	M-20	24	00:01:12	00:27:28	00:53:25	00:55:09.10	00:56:21.75	+00:21:35 (39.2%)	5:15	11.4 (60.6%)
25	BRZĄKAŁA Tomasz	1428	ASSECO ACTIVE TEAM	M-20	25	00:01:14	00:27:25	00:53:39	00:55:32.15	00:56:46.80	+00:21:58 (39.6%)	5:17	11.3 (60.1%)
26	SIKORA Marcin	1311	PROPOINT	M-20	26	00:00:32	00:25:58	00:53:54	00:55:52.50	00:56:25.25	+00:22:19 (39.9%)	5:19	11.3 (60.1%)
27	HEINCE Łukasz	1007		M-20	27	00:01:29	00:28:57	00:55:26	00:57:15.15	00:58:44.15	+00:23:41 (41.4%)	5:27	11 (58.5%)
28	TROJANKOWSKI Mateusz	1364		M-20	28	00:01:18	00:27:44	00:55:33	00:57:33.65	00:58:52.40	+00:24:00 (41.7%)	5:28	10.9 (58.0%)
29	STRĄCAŁA Paweł	1339	STROXWARE KORPOREJSZYN	M-20	29	00:00:45	00:27:46	00:56:16	00:58:23.25	00:59:08.40	+00:24:50 (42.5%)	5:33	10.8 (57.4%)
30	MIKOŁAJCZYK Michał	1425	ASSECO ACTIVE TEAM	M-20	30	00:01:13	00:27:56	00:56:38	00:58:43.95	00:59:57.65	+00:25:10 (42.9%)	5:35	10.7 (56.9%)
31	JENDRZEJEK Łukasz	1120		M-20	31	00:00:27	00:30:50	01:00:31	01:02:20.15	01:02:47.45	+00:28:46 (46.2%)	5:56	10.1 (53.7%)
32	DUKAŁA Daniel	1423		M-20	32	00:01:40	00:29:32	01:00:33	01:03:12.90	01:04:53.15	+00:29:39 (46.9%)	6:01	10 (53.2%)
33	GIŻYŃSKI Krystian	1429	ASSECO POLAND	M-20	33	00:00:54	00:28:28	01:01:03	01:03:17.80	01:04:12.15	+00:29:44 (47.0%)	6:01	10 (53.2%)
34	GOLENIEWSKI Błażej	1089		M-20	34	00:00:45	00:30:25	01:01:30	01:03:53.50	01:04:38.90	+00:30:20 (47.5%)	6:05	9.9 (52.7%)
35	KIJANKA Damian	1134	HIRSCHVOGEL	M-20	35	00:00:31	00:30:20	01:04:41	01:06:57.15	01:07:28.80	+00:33:23 (49.9%)	6:22	9.4 (50.0%)
36	GARUS Aleksander	1084		M-20	36	00:01:24	00:31:40	01:04:34	01:06:59.95	01:08:24.10	+00:33:26 (49.9%)	6:22	9.4 (50.0%)
37	STEBEL Damian	1418		M-20	37	00:01:32	00:33:22	01:06:52	01:08:56.90	01:10:29.85	+00:35:23 (51.3%)	6:34	9.1 (48.4%)

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38	WACŁAWEK Tomek	1370		M-20	38	00:01:27	00:33:27	01:09:18	01:11:30.40	01:12:57.75	+00:37:57 (53.1%)	6:48	8.8 (46.8%)
39	GROS Michał	1097		M-20	39	00:00:32	00:32:32	01:09:04	01:11:31.05	01:12:03.60	+00:37:57 (53.1%)	6:48	8.8 (46.8%)
40	OLSZOK Dawid	1237	HIRSCHVOGEL	M-20	40	00:01:12	00:34:20	01:09:50	01:12:35.65	01:13:48.40	+00:39:02 (53.8%)	6:54	8.7 (46.3%)
41	PILARSKI Arkadiusz	1264		M-20	41	00:00:26	00:35:31	01:13:23	01:16:08.00	01:16:34.80	+00:42:34 (55.9%)	7:15	8.3 (44.1%)
42	SZEWCZUK Szymon Franciszek	1346		M-20	42	00:00:21	00:40:04	01:23:37	01:26:13.50	01:26:35.45	+00:52:40 (61.1%)	8:12	7.3 (38.8%)
43	SANESTRZIK Jkaub	1494		M-20	43	00:01:31	00:41:42	01:26:32	01:29:46.70	01:31:18.50	+00:56:13 (62.6%)	8:33	7 (37.2%)
	WOJCIECH Szymon	1385		M-20		DNF	00:26:33 DNF	DNF	DNF	DNF		-	- (0.0%)

Total 44 results.