



Event: Półmaraton Gliwicki 2017
Organiser: Fundacja Bieg Rzeźnika
Date: 2017-10-22
Place: Gliwice
Distance: 10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M-20

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Penalty/ bonus	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	FORMICKI Rafał	2461	CKS BUDOWLANI CZĘSTOCHOWA	M-20	1	00:00:01	00:13:57	00:19:34		00:37:11.15	00:37:12.65		3:43	16.1 (100%)
2	JARCO Dominik	2234	ALPIN SPORT TEAM	M-20	2	00:00:00	00:14:08	00:20:01	00:03:33	00:37:13.05	00:37:13.95	+00:00:01 (0.1%)	3:22	17.8 (110.6%)
3	ROSIŃSKI Artur	2354	PARKRUN KATOWICE	M-20	3	00:00:00	00:15:19	00:20:58	00:03:33	00:37:18.35	00:37:19.25	+00:00:07 (0.3%)	3:22	17.8 (110.6%)
4	SLADEK Dominik	2205	NIEZRZESZONY	M-20	4	00:00:01	00:15:25	00:21:48		00:38:16.10	00:38:17.35	+00:01:04 (2.8%)	3:49	15.7 (97.5%)
5	BŁASZCZYK Dominik	2401	NIGHT RUNNERS	M-20	5	00:00:02	00:16:38	00:23:13		00:40:10.05	00:40:12.50	+00:02:58 (7.4%)	4:01	14.9 (92.5%)
6	LAMPARSKI Łukasz	2063		M-20	6	00:00:01	00:16:43	00:23:38		00:40:59.95	00:41:01.70	+00:03:48 (9.3%)	4:06	14.6 (90.7%)
7	RAJWA Marcin	2375		M-20	7	00:00:03	00:16:09	00:23:09		00:41:06.30	00:41:09.40	+00:03:55 (9.5%)	4:06	14.6 (90.7%)
8	ALKER Andrzej	2087		M-20	8	00:00:03	00:17:31	00:24:43		00:42:57.45	00:43:00.75	+00:05:46 (13.4%)	4:17	14 (87.0%)
9	BOMBELKA Daniel	2376	KRONOSPAN STRZELCE OPOLSKIE	M-20	9	00:00:07	00:18:49	00:26:09		00:44:15.20	00:44:22.55	+00:07:04 (16.0%)	4:25	13.6 (84.5%)
10	NOWAK Mateusz	2050		M-20	10	00:00:02	00:17:58	00:25:39		00:44:41.40	00:44:43.75	+00:07:30 (16.8%)	4:28	13.4 (83.2%)
11	SZABRA Dawid	2204	-	M-20	11	00:01:47	00:18:35	00:26:07		00:45:19.15	00:47:06.90	+00:08:08 (17.9%)	4:31	13.2 (82.0%)
12	GOŁYŚ Grzegorz	2503	CERTUM	M-20	12	00:01:42	00:19:14	00:26:37		00:45:37.85	00:47:20.10	+00:08:26 (18.5%)	4:33	13.1 (81.4%)
13	PACANA Patryk	2043	DRUŻYNA ŚWIĘTEGO MARCINA	M-20	13	00:00:13	00:18:59	00:26:21		00:45:42.00	00:45:55.30	+00:08:30 (18.6%)	4:34	13.1 (81.4%)
14	CZERNIK Jakub	2396	ELZAB ACTIVE TEAM	M-20	14	00:00:16	00:18:26	00:26:05		00:45:52.95	00:46:09.30	+00:08:41 (19.0%)	4:35	13.1 (81.4%)

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Penalty/ bonus	Net	Czas	Pace	Pace	
										time 10km	brutto 10km			Gap
15	MAZUR Witold	2296	PROPOINT	M-20	15	00:00:35	00:20:21	00:28:10		00:47:01.30	00:47:36.90	+00:09:50 (20.9%)	4:42	12.8 (79.5%)
16	ŚWITALSKI Adam	2421		M-20	16	00:01:13	00:21:12	00:28:50		00:47:21.95	00:48:35.80	+00:10:10 (21.5%)	4:44	12.7 (78.9%)
17	WOJTAS Paweł	2346	3940	M-20	17	00:00:10	00:19:23	00:27:27		00:47:35.05	00:47:45.40	+00:10:23 (21.9%)	4:45	12.6 (78.3%)
18	ZAKRZOWSKI Krzysztof	2467	TENNECO AUTOMOTIVE EASTERN EUROPE	M-20	18	00:00:36	00:19:28	00:27:31		00:47:41.10	00:48:17.50	+00:10:29 (22.0%)	4:46	12.6 (78.3%)
19	SIERADZKI Adam	2292	PROPOINT	M-20	19	00:00:31	00:20:07	00:27:57		00:48:03.05	00:48:34.45	+00:10:51 (22.6%)	4:48	12.5 (77.6%)
20	PACANA Krzysztof	2114		M-20	20	00:00:49	00:19:32	00:27:34		00:48:06.25	00:48:56.05	+00:10:55 (22.7%)	4:48	12.5 (77.6%)
21	SITARSKI Mateusz	2233		M-20	21	00:00:39	00:20:32	00:28:24		00:48:15.20	00:48:54.95	+00:11:04 (22.9%)	4:49	12.4 (77.0%)
22	STRONCZYŃSKI Andrzej	2309	NIGHT RUNNERS GLIWICE	M-20	22	00:01:10	00:21:10	00:29:05		00:49:04.65	00:50:15.15	+00:11:53 (24.2%)	4:54	12.2 (75.8%)
23	DROSDZOL Piotr	2348	ZDYCHOM ALE LECA	M-20	23	00:01:34	00:21:32	00:29:38		00:49:06.70	00:50:41.00	+00:11:55 (24.3%)	4:54	12.2 (75.8%)
24	CYBULSKI Paweł	2295	PROPOINT	M-20	24	00:00:34	00:20:12	00:28:26		00:49:11.35	00:49:46.10	+00:12:00 (24.4%)	4:55	12.2 (75.8%)
25	JANIK Sergiusz	2370		M-20	25	00:01:01	00:20:41	00:28:46		00:49:26.50	00:50:27.65	+00:12:15 (24.8%)	4:56	12.1 (75.2%)
26	SZULC Sebastian	2012		M-20	26	00:00:23	00:20:17	00:28:36		00:49:51.00	00:50:14.40	+00:12:39 (25.4%)	4:59	12 (74.5%)
27	PRZYGODZKI Damian	2172	JAZZY	M-20	27	00:00:19	00:21:31	00:29:50		00:50:09.35	00:50:28.40	+00:12:58 (25.9%)	5:00	12 (74.5%)
28	WAŚ Szymon	2483		M-20	28	00:00:43	00:21:09	00:29:19		00:50:27.25	00:51:10.25	+00:13:16 (26.3%)	5:02	11.9 (73.9%)
29	JUROWICZ Mariusz	2416		M-20	29	00:00:45	00:20:58	00:29:14		00:51:05.20	00:51:50.30	+00:13:54 (27.2%)	5:06	11.7 (72.7%)
30	ANTONIAK Mateusz	2422		M-20	30	00:01:04	00:21:06	00:29:25		00:51:30.05	00:52:34.55	+00:14:18 (27.8%)	5:09	11.7 (72.7%)
31	WOJTYŁA Tymoteusz	2052	JAZZY	M-20	31	00:01:00	00:21:58	00:30:29		00:51:51.10	00:52:51.60	+00:14:39 (28.3%)	5:11	11.6 (72.0%)
32	ORŁOWSKI Kamil	2533		M-20	32	00:01:02	00:21:21	00:29:45		00:51:58.25	00:53:00.30	+00:14:47 (28.4%)	5:11	11.5 (71.4%)
33	SOKOŁOWSKI Mateusz	2277		M-20	33	00:00:17	00:22:00	00:30:36		00:52:15.80	00:52:32.80	+00:15:04 (28.8%)	5:13	11.5 (71.4%)
34	BIENIEK Dawid	2246		M-20	34	00:00:21	00:22:03	00:30:45		00:52:43.95	00:53:05.65	+00:15:32 (29.5%)	5:16	11.4 (70.8%)
35	JAWORSKI Jakub	2369		M-20	35	00:00:59	00:22:04	00:30:53		00:52:52.30	00:53:52.25	+00:15:41 (29.7%)	5:17	11.3 (70.2%)
36	WIĘCKOWSKI-GAWRON Mateusz	2412		M-20	36	00:01:00	00:22:02	00:30:53		00:52:52.40	00:53:52.50	+00:15:41 (29.7%)	5:17	11.3 (70.2%)
37	GRYCMAN Michał	2496		M-20	37	00:00:32	00:21:50	00:30:49		00:53:28.05	00:54:00.20	+00:16:16 (30.5%)	5:20	11.2 (69.6%)

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Penalty/ bonus	Net	Czas	Gap	Pace min/km	Pace km/h
										time 10km	brutto 10km			
38	ZIELIŃSKI Kamil	2551		M-20	38	00:02:16	00:22:17	00:31:01		00:53:38.80	00:55:55.40	+00:16:27 (30.7%)	5:21	11.2 (69.6%)
39	RUTKOWSKI Łukasz	2437		M-20	39	00:01:00	00:22:29	00:31:23		00:53:59.10	00:54:59.20	+00:16:47 (31.1%)	5:23	11.1 (68.9%)
40	DOMBEK Paweł	2171	ISTA BIEGAMY	M-20	40	00:02:02	00:22:55	00:31:45		00:54:15.65	00:56:18.30	+00:17:04 (31.5%)	5:25	11.1 (68.9%)
41	TRYBUS Michał	2232		M-20	41	00:01:01	00:23:02	00:31:59		00:54:23.70	00:55:24.85	+00:17:12 (31.6%)	5:26	11 (68.3%)
42	KOWALSKI Krzysztof	2016		M-20	42	00:03:00	00:22:07	00:31:18		00:54:32.30	00:57:33.25	+00:17:21 (31.8%)	5:27	11 (68.3%)
43	DYBAŁA Adam	2406		M-20	43	00:01:03	00:22:12	00:31:24		00:54:53.75	00:55:57.65	+00:17:42 (32.3%)	5:29	10.9 (67.7%)
44	MUCHARSKI Jacek	2306	PROPOINT	M-20	44	00:00:32	00:22:34	00:31:22		00:54:54.90	00:55:27.15	+00:17:43 (32.3%)	5:29	10.9 (67.7%)
45	HEINCE Łukasz	2290	PROPOINT	M-20	45	00:00:35	00:24:21	00:32:47		00:55:02.35	00:55:37.65	+00:17:51 (32.4%)	5:30	10.9 (67.7%)
46	HAJDUKIEWICZ Michał	2502	CERTUM	M-20	46	00:00:05	00:21:59	00:31:52		00:56:18.15	00:56:23.50	+00:19:07 (34.0%)	5:37	10.7 (66.5%)
47	ZIELONKA Dawid	2239		M-20	47	00:00:27	00:24:00	00:33:29		00:56:23.25	00:56:50.50	+00:19:12 (34.1%)	5:38	10.6 (65.8%)
48	MICEK Maciej	2062		M-20	48	00:02:10	00:24:10	00:33:26		00:56:50.85	00:59:00.95	+00:19:39 (34.6%)	5:41	10.6 (65.8%)
49	JANOSZEK Robert	2178	ISTA BIEGAMY	M-20	49	00:02:05	00:23:04	00:32:39		00:57:07.00	00:59:12.20	+00:19:55 (34.9%)	5:42	10.5 (65.2%)
50	TURCZYN Mateusz	2143	HIRSCHVOGEL	M-20	50	00:01:34	00:24:26	00:33:45		00:57:21.50	00:58:55.80	+00:20:10 (35.2%)	5:44	10.5 (65.2%)
51	GRZESICZEK Piotr	2267	HIRERIGHT RUNNING TEAM	M-20	51	00:01:40	00:24:00	00:33:35		00:58:15.65	00:59:56.60	+00:21:04 (36.2%)	5:49	10.3 (64.0%)
52	JASIKOWSKI Łukasz	2429	KONIUCHY	M-20	52	00:01:50	00:24:38	00:34:09		00:58:26.55	01:00:16.75	+00:21:15 (36.4%)	5:50	10.3 (64.0%)
53	GIERADA Mateusz	2355	NIGHT RUNNERS GLIWICE	M-20	53	00:00:14	00:29:05	00:37:59		00:59:19.10	00:59:33.95	+00:22:07 (37.3%)	5:55	10.1 (62.7%)
54	KIJANKA Damian	2082	HIRSCHVOGEL	M-20	54	00:01:32	00:24:50	00:34:55		00:59:55.80	01:01:28.55	+00:22:44 (38.0%)	5:59	10 (62.1%)
55	MACIĄGA Marcin	2458		M-20	55	00:02:20	00:25:16	00:34:53		00:59:59.65	01:02:19.65	+00:22:48 (38.0%)	5:59	10 (62.1%)
56	MORMUL Witold	2061	SUPER FAJNY KLUB	M-20	56	00:02:41	00:24:45	00:34:54		01:00:18.50	01:03:00.25	+00:23:07 (38.3%)	6:01	9.9 (61.5%)
57	PAŚNIK Jacek	2523		M-20	57	00:00:37	00:24:30	00:34:24		01:00:49.55	01:01:27.35	+00:23:38 (38.9%)	6:05	9.9 (61.5%)
58	DROZD Krzysztof	2113		M-20	58	00:01:25	00:24:55	00:34:54		01:01:22.20	01:02:48.10	+00:24:11 (39.4%)	6:08	9.8 (60.9%)
59	RATKA Dawid	2109		M-20	59	00:01:28	00:25:19	00:35:24		01:01:29.40	01:02:57.45	+00:24:18 (39.5%)	6:08	9.8 (60.9%)
60	GAŚIOREK Łukasz	2288	SEKCJA BIEGOWA FAMILIA	M-20	60	00:02:21	00:26:30	00:37:06		01:02:36.75	01:04:58.45	+00:25:25 (40.6%)	6:15	9.6 (59.6%)

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Penalty/ bonus	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
61	DUDEK Mateusz	2394	FLUOR SA.	M-20	61	00:01:54	00:27:20	00:38:46		01:03:13.40	01:05:07.95	+00:26:02 (41.2%)	6:19	9.5 (59.0%)
62	BOJEŚ Marcin	2310	EZUNIVERSE	M-20	62	00:02:16	00:27:03	00:37:53		01:04:00.35	01:06:16.35	+00:26:49 (41.9%)	6:24	9.4 (58.4%)
63	KUBICA Michał	2479		M-20	63	00:01:30	00:28:15	00:39:18		01:05:10.30	01:06:40.50	+00:27:59 (42.9%)	6:31	9.2 (57.1%)
64	JUROWICZ Damian	2447		M-20	64	00:01:28	00:26:42	00:37:43		01:05:33.70	01:07:01.70	+00:28:22 (43.3%)	6:33	9.2 (57.1%)
65	MALEC Marek	2391		M-20	65	00:01:33	00:25:38	00:37:07		01:05:51.85	01:07:25.50	+00:28:40 (43.5%)	6:35	9.1 (56.5%)
66	PRUCHNIK Sławek	2051	JAZZY	M-20	66	00:00:59	00:29:16	00:42:57		01:13:49.40	01:14:48.45	+00:36:38 (49.6%)	7:22	8.1 (50.3%)
67	KAMIŃSKI Wojciech	2477	INTERPROJEKT	M-20	67	00:02:25	00:30:05	00:42:12		01:14:15.20	01:16:40.55	+00:37:04 (49.9%)	7:25	8.1 (50.3%)
68	DOLIŃSKI Daniel	2414	UNISONO / FIS-SST TEAM	M-20	68	00:02:18	00:31:35	00:45:43		01:20:05.90	01:22:24.70	+00:42:54 (53.6%)	8:00	7.5 (46.6%)
69	OLEJNIK Marcin	2302	PROPOINT	M-20	69	00:00:35	00:48:26	01:14:52		01:52:26.45	01:53:01.80	+01:15:15 (66.9%)	11:14	5.3 (32.9%)

Total 69 results.