

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 10 km

Klasyfikacja: M-30

Punkt pomiarowy: 10,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15_km 5km	20_km 10km
1	<b>LYSKO Jakub</b>	<b>2290</b>	WKB META LUBLINIEC	M-30	00:00:01	00:16:18	00:33:10
2	<b>SLADEK Dawid</b>	<b>2472</b>		M-30	00:00:02	00:18:24	00:37:39
3	<b>OCHMAN Paweł</b>	<b>2351</b>	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:02	00:19:15	00:39:12
4	<b>NIESLON Marek</b>	<b>2341</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:04	00:18:59	00:39:46
5	<b>ŻERDKA Michał</b>	<b>2632</b>	VIKING TRAINING CENTER/TEAM PAPRY	M-30	00:00:00	00:19:16	00:39:49
6	<b>DZIDA Janusz</b>	<b>2096</b>		M-30	00:00:02	00:19:29	00:40:09
7	<b>DOLATA Krzysztof</b>	<b>2077</b>	SOCIOS SILESIA	M-30	00:00:01	00:19:45	00:40:12
8	<b>HALMAN Tomasz</b>	<b>2150</b>	KLAVA	M-30	00:00:01	00:19:59	00:41:41
9	<b>LILLA Piotr</b>	<b>2281</b>	KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ	M-30	00:00:02	00:20:23	00:42:18
10	<b>ZABRZEWSKI Patryk</b>	<b>2602</b>		M-30	00:00:03	00:20:50	00:42:18
11	<b>GIEMZA Piotr</b>	<b>2122</b>	BREMBO	M-30	00:00:03	00:20:39	00:42:33
12	<b>JEZUSEK Piotr</b>	<b>2181</b>	BENQ - CO JA BIEGNE	M-30	00:00:12	00:20:51	00:42:36
13	<b>KUKURBA Mikołaj</b>	<b>2255</b>	ROMET FACTORY TEAM	M-30	00:00:03	00:20:05	00:42:43
14	<b>NAPIÓRKOWSKI Adam</b>	<b>2334</b>		M-30	00:00:08	00:20:53	00:42:45
15	<b>KONDERAK Dawid</b>	<b>2672</b>		M-30	00:00:06	00:21:11	00:43:17
16	<b>KAMIŃSKI Jacek</b>	<b>2196</b>	ROMET FACTORY TEAM	M-30	00:00:03	00:20:39	00:43:19
17	<b>SZCZEPAŃSKI Paweł</b>	<b>2512</b>		M-30	00:00:22	00:21:04	00:43:27
18	<b>MACHEJ Remigiusz</b>	<b>2294</b>	MARO TEAM JASTRZĘBIE - ŻORY	M-30	00:00:00		00:43:50
19	<b>GRUDZIŃSKI Radosław</b>	<b>2143</b>		M-30	00:00:10	00:21:57	00:44:27
20	<b>KOTRA Jacek</b>	<b>2228</b>		M-30	00:00:03	00:21:44	00:44:32
21	<b>NIEPOŃ Michał</b>	<b>2339</b>	FLUOR	M-30	00:00:51		00:45:11
22	<b>KURZELA Kuba</b>	<b>2263</b>	GIBKIE SZŁAPY	M-30	00:00:10	00:22:05	00:45:56
23	<b>ROJCZYK Krzysztof</b>	<b>2432</b>	DRIV	M-30	00:01:08		00:45:57
24	<b>WITEK Grzegorz</b>	<b>2580</b>	DAR-BUD TEAM	M-30	00:00:29	00:23:21	00:46:29
25	<b>MIELNIK Krzysiek</b>	<b>2323</b>		M-30	00:00:26	00:23:26	00:46:56
26	<b>FOLTYN Paweł</b>	<b>2103</b>	FOLKI	M-30	00:00:14	00:23:19	00:47:23
27	<b>JAKUBCZYK Krzysztof</b>	<b>2168</b>		M-30	00:00:32	00:23:29	00:47:42
28	<b>ŚMIERCIAK Paweł</b>	<b>2539</b>	DOLINA SPORTOWA	M-30	00:00:36	00:23:57	00:47:53
29	<b>WOCHNIK Dawid</b>	<b>2583</b>	CF ZABRZE	M-30	00:00:44	00:24:27	00:47:55
30	<b>HEROK Piotr</b>	<b>2157</b>		M-30	00:00:11	00:22:49	00:48:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	20 km 10km
31	<b>ŚWIĘTEK Marcin</b>	<b>2542</b>		M-30	00:01:15	00:24:24	00:48:13
32	<b>GARBALA Kamil</b>	<b>2117</b>		M-30	00:00:00		00:48:31
33	<b>OGONOWSKI Dariusz</b>	<b>2356</b>		M-30	00:00:23	00:23:55	00:48:33
34	<b>KRZANOWSKI Marcin</b>	<b>2249</b>	OASIS TEAM SPORT	M-30	00:00:50	00:24:16	00:48:53
35	<b>STAROSTA Robert</b>	<b>2495</b>		M-30	00:00:36	00:24:03	00:48:58
36	<b>MARCZYK Darek</b>	<b>2311</b>	FLUOR	M-30	00:00:31	00:23:38	00:49:06
37	<b>ZWOLSKI Dymitr</b>	<b>2628</b>		M-30	00:00:26	00:24:21	00:49:13
38	<b>PAROL Tomasz</b>	<b>2381</b>	PROPOINT	M-30	00:00:29	00:23:59	00:49:20
39	<b>KWIATKOWSKI Marcin</b>	<b>2266</b>		M-30	00:00:32	00:23:30	00:49:27
40	<b>RUDZIŃSKI Kamil</b>	<b>2439</b>		M-30	00:00:44	00:25:28	00:49:27
41	<b>RUDZIŃSKI Jacek</b>	<b>2440</b>		M-30	00:00:42	00:25:30	00:49:30
42	<b>FOREMSKI Grzegorz</b>	<b>2106</b>	KABANOS RUNNING CREW	M-30	00:01:24	00:24:47	00:49:44
43	<b>SZWARCZYŃSKI Michał</b>	<b>2530</b>		M-30	00:00:07	00:23:04	00:49:49
44	<b>SZOŁTYSIK Łukasz</b>	<b>2649</b>		M-30	00:01:18	00:25:11	00:49:57
45	<b>ZYCHLA Grzegorz</b>	<b>2655</b>	SU07	M-30	00:00:42	00:25:41	00:49:59
46	<b>ZAJĄC Mateusz</b>	<b>2604</b>		M-30	00:01:09	00:25:24	00:50:00
47	<b>NOWAK Łukasz</b>	<b>2347</b>	AVANTOR PERFORMANCE MATERIALS POLAND	M-30	00:00:54	00:24:52	00:50:06
48	<b>WIETRZYCKI Mariusz</b>	<b>2572</b>	MOMO TEAM	M-30	00:00:04	00:24:05	00:50:15
49	<b>SŁOWIŃSKI Jacek</b>	<b>2478</b>		M-30	00:01:14	00:25:58	00:50:19
50	<b>WARDAK Piotr</b>	<b>2565</b>		M-30	00:00:27	00:24:15	00:50:21
51	<b>LASIUK Paweł</b>	<b>2268</b>	HIRSCHVOGEL	M-30	00:00:30	00:25:11	00:50:42
52	<b>LEWANDERSKI Dariusz</b>	<b>2277</b>	HIRSCHVOGEL	M-30	00:00:31	00:25:10	00:50:42
53	<b>HEINE Andrzej</b>	<b>2156</b>	PKO BANK POLSKI	M-30	00:01:58	00:24:49	00:50:42
54	<b>PIECHOWIAK Wojciech</b>	<b>2392</b>		M-30	00:00:26	00:24:13	00:50:44
55	<b>SZULC Sebastian</b>	<b>2527</b>	EXLABS	M-30	00:00:41	00:23:46	00:50:48
56	<b>SEMLA Tomasz</b>	<b>2454</b>		M-30	00:00:35	00:24:33	00:50:54
57	<b>JANOSZ Sławomir</b>	<b>2170</b>	BIURO INŻYNIERSKIE IEC	M-30	00:00:23	00:23:49	00:51:00
58	<b>DREWNIAK Łukasz</b>	<b>2674</b>		M-30	00:00:43	00:25:40	00:51:05
59	<b>MICHULEC Jakub</b>	<b>2656</b>	EKO-OKNA RUNNERS	M-30	00:00:42	00:25:41	00:51:07
60	<b>WOJTAS Marcin</b>	<b>2586</b>	ISTA BIEGAMY	M-30	00:01:04	00:26:20	00:51:10
61	<b>WOCH Szymon</b>	<b>2582</b>	STUDIO ENERGIA TEAM RYBNIK	M-30	00:00:18	00:25:21	00:51:16
62	<b>WIŚNIEWSKI Tomasz</b>	<b>2577</b>		M-30	00:00:48	00:25:33	00:51:18
63	<b>CHEGE Danson</b>	<b>2048</b>	DECATHLON CAR GLIWICE	M-30	00:00:15	00:23:51	00:51:35
64	<b>KULA Jan</b>	<b>2256</b>	DECATHLON I PRZYJACIELE	M-30	00:00:13	00:26:04	00:51:36
65	<b>FABER Jacek</b>	<b>2638</b>		M-30	00:00:29	00:24:53	00:51:36
66	<b>JAŚKIEWICZ Sławomir</b>	<b>2179</b>		M-30	00:00:53	00:24:59	00:51:41
67	<b>SZMIGIEL Daniel</b>	<b>2520</b>		M-30	00:00:32	00:25:21	00:51:55
68	<b>LISIECKI Dawid</b>	<b>2283</b>	KNURÓW-SIMTECH	M-30	00:00:53	00:26:04	00:52:01
69	<b>ŻAAK Michał</b>	<b>2629</b>		M-30	00:00:54	00:25:57	00:52:02
70	<b>DRECHSLER Oskar</b>	<b>2081</b>		M-30	00:00:46	00:25:05	00:52:09
71	<b>DRZYMALSKI Przemysław</b>	<b>2088</b>	PROPOINT	M-30	00:01:12	00:27:01	00:52:21
72	<b>NIEMIEC Sławomir</b>	<b>2337</b>	INTERGRAFIK POLSKA	M-30	00:00:46	00:25:50	00:52:25
73	<b>DOBOSZ Mariusz</b>	<b>2075</b>	GO-LEASING	M-30	00:00:29	00:25:57	00:52:28
74	<b>GOLIASZ Bartłomiej</b>	<b>2127</b>		M-30	00:00:54	00:26:43	00:52:28
75	<b>CZAŚTKIEWICZ Marcin</b>	<b>2069</b>		M-30	00:00:26	00:25:17	00:52:32

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76	<b>CHAROWSKI Marcin</b>	<b>2047</b>		M-30	00:01:02	00:26:40	00:52:35
77	<b>PIETRZAK Waldemar</b>	<b>2395</b>	GOK PILCHOWICE	M-30	00:01:47	00:26:16	00:52:39
78	<b>OGAZA Mariusz</b>	<b>2354</b>		M-30	00:00:03	00:25:35	00:52:46
79	<b>CYRON Marcin</b>	<b>2686</b>		M-30	00:00:33	00:26:30	00:52:49
80	<b>GARNCARZ Jakub</b>	<b>2118</b>		M-30	00:00:46	00:26:32	00:53:11
81	<b>DĘBOWSKI Krzysztof</b>	<b>2074</b>		M-30	00:01:06	00:26:11	00:53:13
82	<b>PREJS Karol</b>	<b>2413</b>		M-30	00:01:39	00:27:07	00:53:21
83	<b>BAJURA Grzegorz</b>	<b>2002</b>		M-30	00:01:40	00:27:06	00:53:21
84	<b>ROLEK Marcin</b>	<b>2434</b>		M-30	00:00:56	00:26:41	00:53:34
85	<b>OPALIŃSKI Tomasz</b>	<b>2365</b>	ZF TEAM	M-30	00:00:54	00:26:43	00:53:35
86	<b>ŻEBROWSKI Łukasz</b>	<b>2630</b>	ZF TEAM	M-30	00:00:51	00:27:04	00:53:46
87	<b>SŁOWIŃSKI Kamil</b>	<b>2477</b>	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ	M-30	00:01:13	00:26:17	00:53:47
88	<b>GRĄBCZEWSKI Marcin</b>	<b>2139</b>		M-30	00:01:03	00:26:42	00:54:00
89	<b>PUCHALSKI Rafał</b>	<b>2421</b>	FLUOR	M-30	00:01:30	00:27:22	00:54:09
90	<b>BEDNAREK Jakub</b>	<b>2014</b>		M-30	00:00:47	00:26:20	00:54:17
91	<b>MOĆKO Artur</b>	<b>2330</b>		M-30	00:01:31	00:27:44	00:54:19
92	<b>RUDZIŃSKI Łukasz</b>	<b>2438</b>		M-30	00:00:44	00:26:55	00:54:43
93	<b>WYCIŚLIK Marcin</b>	<b>2598</b>	HIRSCHVOGEL	M-30	00:00:33	00:26:26	00:54:44
94	<b>PIETRZAK Łukasz</b>	<b>2396</b>	MECHTAL CITY	M-30	00:00:48	00:26:34	00:54:44
95	<b>HERUD Tomasz</b>	<b>2663</b>		M-30	00:01:44	00:27:49	00:54:55
96	<b>WĄTROBA Tomasz</b>	<b>2567</b>		M-30	00:00:56	00:26:41	00:54:59
97	<b>SZYMOS Damian</b>	<b>2536</b>	RYWAL GLIWICE	M-30	00:02:01	00:26:44	00:55:08
98	<b>STUDZIŃSKI Grzegorz</b>	<b>2505</b>	ZABRZE CITY M&A	M-30	00:01:53	00:27:45	00:55:19
99	<b>PSIUK Piotr</b>	<b>2419</b>		M-30	00:00:29	00:26:16	00:55:22
100	<b>SOKOŁOWSKI Łukasz</b>	<b>2485</b>		M-30	00:01:04	00:27:28	00:55:25
101	<b>SKURA Adam</b>	<b>2470</b>	FLUOR	M-30	00:01:40	00:27:53	00:55:33
102	<b>WIECZOROWSKI Krzysztof</b>	<b>2570</b>	MOSTOSTAL ZABRZE UNITED	M-30	00:00:50	00:26:41	00:55:39
103	<b>SAFERNA Przemek</b>	<b>2443</b>		M-30	00:00:25	00:28:12	00:56:10
104	<b>JANOSZKA Piotr</b>	<b>2172</b>	BANDA Z POŁUDNIA	M-30	00:01:44	00:28:35	00:56:16
105	<b>BAŃKA Jakub</b>	<b>2007</b>		M-30	00:00:40	00:27:10	00:56:23
106	<b>MARYNIAK Wojciech</b>	<b>2676</b>		M-30	00:01:56	00:28:51	00:56:23
107	<b>KOZŁOWSKI Przemysław</b>	<b>2242</b>	ZACHODNIE GEPARDY	M-30	00:00:45	00:26:40	00:56:40
108	<b>OLSZEWSKI Łukasz</b>	<b>2361</b>	FLUOR	M-30	00:01:14	00:28:05	00:56:53
109	<b>GAŁEK Andrzej</b>	<b>2678</b>	ZF TEAM	M-30	00:01:13	00:28:00	00:56:57
110	<b>KUMOR Marcin</b>	<b>2259</b>		M-30	00:00:33	00:26:46	00:57:00
111	<b>KACZMARSKI Jacek</b>	<b>2189</b>		M-30	00:01:13	00:27:58	00:57:02
112	<b>MACHOCZEK Patryk</b>	<b>2296</b>		M-30	00:01:44	00:28:46	00:57:10
113	<b>BARTELA Łukasz</b>	<b>2645</b>		M-30	00:02:11	00:28:30	00:57:14
114	<b>STANISZ Michał</b>	<b>2491</b>		M-30	00:00:50	00:26:39	00:57:15
115	<b>DULĘBA Juliusz</b>	<b>2090</b>		M-30	00:01:12	00:30:25	00:57:16
116	<b>LEŚNIEWSKI Mateusz</b>	<b>2276</b>		M-30	00:00:40	00:28:30	00:57:33
117	<b>BOREK Wojciech</b>	<b>2029</b>		M-30	00:00:29	00:27:24	00:57:38
118	<b>TABOR Andrzej</b>	<b>2543</b>		M-30	00:01:59	00:28:08	00:58:08
119	<b>LINDENBERG Jarosław</b>	<b>2282</b>		M-30	00:01:23	00:27:26	00:58:17
120	<b>MAJCZAK Wojciech</b>	<b>2302</b>		M-30	00:00:15	00:28:18	00:58:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_15 km 5km	20 km 10km
121	<b>SMUDA Grzegorz</b>	<b>2481</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:58	00:29:24	00:58:57
122	<b>RYBAK Andrzej</b>	<b>2441</b>	HIRSCHVOGEL	M-30	00:00:30	00:27:53	00:59:01
123	<b>KOWALSKI Włodzimierz</b>	<b>2234</b>	JUDO TEAM MASTERS GLIWICE	M-30	00:01:51	00:29:57	00:59:17
124	<b>BRUDEK Grzegorz</b>	<b>2035</b>		M-30	00:01:41	00:30:02	00:59:22
125	<b>SKOCZYKŁODA Paweł</b>	<b>2463</b>		M-30	00:01:30	00:29:04	00:59:50
126	<b>MICZKA Łukasz</b>	<b>2320</b>		M-30	00:01:11	00:28:38	00:59:54
127	<b>PSIUK-MAKSYMOWICZ Krzysztof</b>	<b>2420</b>	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	M-30	00:02:00	00:30:16	00:59:58
128	<b>SKOTNICKI Michał</b>	<b>2642</b>		M-30	00:00:26	00:29:09	01:00:05
129	<b>ORLICKI Ireneusz</b>	<b>2368</b>	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	M-30	00:00:45	00:30:07	01:00:28
130	<b>KARBOWNICZEK Dawid</b>	<b>2199</b>		M-30	00:01:55	00:31:20	01:00:31
131	<b>NIWIŃSKI Michał</b>	<b>2344</b>	PKO BANK POLSKI	M-30	00:01:58	00:31:18	01:00:35
132	<b>NARUSZEWICZ Krzysztof</b>	<b>2335</b>		M-30	00:01:14	00:29:46	01:01:02
133	<b>WÓJCIK Jakub</b>	<b>2593</b>		M-30	00:00:00	00:30:00	01:01:05
134	<b>KOZIEŁ Łukasz</b>	<b>2239</b>	ING	M-30	00:01:35	00:30:45	01:01:22
135	<b>OLSZOK Dawid</b>	<b>2362</b>	HIRSCHVOGEL	M-30	00:00:33	00:28:57	01:01:25
136	<b>WITAŁA Rafał</b>	<b>2578</b>		M-30	00:01:09	00:30:05	01:01:28
137	<b>KLAKLA Henryk</b>	<b>2208</b>	ZF TEAM	M-30	00:00:56	00:28:22	01:01:29
138	<b>PALENGA Adrian</b>	<b>2378</b>	ZF TEAM	M-30	00:00:51	00:28:27	01:01:34
139	<b>KNOPKA Michał</b>	<b>2644</b>		M-30	00:02:12	00:30:55	01:01:40
140	<b>DROZD Krzysztof</b>	<b>2085</b>		M-30	00:01:57	00:29:29	01:01:59
141	<b>STANCHLY Jakub</b>	<b>2668</b>		M-30	00:01:47	00:31:54	01:02:18
142	<b>WOŹNY Remigiusz</b>	<b>2591</b>	FLUOR	M-30	00:01:41	00:31:37	01:02:30
143	<b>ŻYDAK Kamil</b>	<b>2633</b>	DRIV	M-30	00:01:50	00:29:24	01:02:50
144	<b>KACZYŃSKI Marek</b>	<b>2192</b>	MOSTOSTAL ZABRZE UNITED	M-30	00:00:26	00:31:07	01:03:04
145	<b>KOZIBAŁ Tomasz</b>	<b>2238</b>	FLUOR	M-30	00:01:24	00:30:20	01:03:06
146	<b>KIJANKA Damian</b>	<b>2205</b>	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:37	00:32:16	01:03:11
147	<b>KOJ Krzysztof</b>	<b>2217</b>	PPP GLIWICE	M-30	00:01:54	00:31:38	01:03:15
148	<b>GIERCZYCKI Michał</b>	<b>2123</b>		M-30	00:01:21	00:32:35	01:04:06
149	<b>MICHALEK Łukasz</b>	<b>2316</b>		M-30	00:01:55	00:31:20	01:04:29
150	<b>FOREMSKI Paweł</b>	<b>2105</b>	RZ 3,21	M-30	00:01:25	00:29:28	01:04:44
151	<b>RATKA Dawid</b>	<b>2423</b>		M-30	00:00:46	00:30:33	01:04:54
152	<b>ZIMNY Marcin</b>	<b>2623</b>		M-30	00:01:26	00:31:16	01:05:54
153	<b>PŁOSKONKA Tomasz</b>	<b>2404</b>		M-30	00:00:37	00:32:06	01:06:27
154	<b>PAWLIK Michał</b>	<b>2385</b>		M-30	00:01:11	00:31:25	01:07:33
155	<b>SALAMON Dawid</b>	<b>2446</b>		M-30	00:00:37	00:32:16	01:09:05
156	<b>MIKOŁAJCZYK Michał</b>	<b>2326</b>		M-30	00:01:53	00:32:43	01:09:38
157	<b>WYSOCZAŃSKI Andrzej</b>	<b>989</b>		M-30	00:01:56	00:28:51	01:10:04
158	<b>DROŹDŹ Michał</b>	<b>2087</b>	RYWAL GLIWICE	M-30	00:02:00	00:34:07	01:12:21
159	<b>PAWLICZEK Łukasz</b>	<b>2384</b>		M-30	00:01:36	00:34:34	01:12:31
160	<b>ŻELEZNY Tomasz</b>	<b>2631</b>		M-30	00:02:01	00:33:28	01:13:07
161	<b>FRYDRYCH Przemysław</b>	<b>2110</b>		M-30	00:00:35	00:34:53	01:13:08
162	<b>DUNAJ Łukasz</b>	<b>2091</b>	HIRSCHVOGEL	M-30	00:00:34	00:38:03	01:20:08
163	<b>KULIG Maciej</b>	<b>2257</b>		M-30	00:01:54	00:42:10	01:28:04