



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	RYBIAŁEK Piotr	1322		M-30	1	00:32:06.50		3:12	18.7 (100%)
2	MULARCZYK Paweł	1372	GRUPA JURA'PL	M-30	2	00:34:21.25	+00:02:14 (6.5%)	3:26	17.5 (93.6%)
3	KARALIOU Yauheni	1337		M-30	3	00:35:13.85	+00:03:07 (8.9%)	3:31	17 (90.9%)
4	BROL Piotr	1257	ENDURANCE TEAM	M-30	4	00:36:34.25	+00:04:27 (12.2%)	3:39	16.4 (87.7%)
5	WANIOWSKI Jan Jakub	1330		M-30	5	00:36:43.90	+00:04:37 (12.6%)	3:40	16.3 (87.2%)
6	KRETEK Łukasz	1429		M-30	6	00:37:11.80	+00:05:05 (13.7%)	3:43	16.1 (86.1%)
7	SPRUTTA Robert	1368		M-30	7	00:37:16.90	+00:05:10 (13.9%)	3:43	16.1 (86.1%)
8	SZABELSKI Krzysztof	1467	FUTURE PROCESSING RUNNING TEAM	M-30	8	00:39:28.20	+00:07:21 (18.7%)	3:56	15.2 (81.3%)
9	NASTULA Dariusz	1038		M-30	9	00:39:57.75	+00:07:51 (19.7%)	3:59	15 (80.2%)
10	KRĘCICHWOST Kamil	1213		M-30	10	00:39:57.85	+00:07:51 (19.7%)	3:59	15 (80.2%)
11	HALMAN Tomasz	1477		M-30	11	00:40:15.90	+00:08:09 (20.3%)	4:01	14.9 (79.7%)
12	SALISZ Dawid	1148	HIRSCHVOGEL	M-30	12	00:40:17.65	+00:08:11 (20.3%)	4:01	14.9 (79.7%)
13	POJDA Adam	1362		M-30	13	00:40:31.50	+00:08:25 (20.8%)	4:03	14.8 (79.1%)
14	OKAJ Artur	1380		M-30	14	00:41:16.85	+00:09:10 (22.2%)	4:07	14.5 (77.5%)
15	POPIEL-POPIELEC Jakub	1019		M-30	15	00:41:28.25	+00:09:21 (22.6%)	4:08	14.5 (77.5%)
16	PŁUCIENNIK Łukasz	1200		M-30	16	00:41:42.40	+00:09:35 (23.0%)	4:10	14.4 (77.0%)
17	KRZANOWSKI Marcin	1375	OASIS SPORT TEAM	M-30	17	00:42:24.20	+00:10:17 (24.3%)	4:14	14.2 (75.9%)
18	POLIS Maciej	1221	#HUTATEAM	M-30	18	00:42:27.15	+00:10:20 (24.4%)	4:14	14.1 (75.4%)
19	SLADEK Dawid	1107		M-30	19	00:42:53.75	+00:10:47 (25.1%)	4:17	14 (74.9%)
20	WRÓBLEWSKI Paweł	1326	BOJKÓW TEAM	M-30	20	00:43:05.75	+00:10:59 (25.5%)	4:18	13.9 (74.3%)
21	NOWAK Mateusz	1020		M-30	21	00:43:32.85	+00:11:26 (26.3%)	4:21	13.8 (73.8%)
22	ŁADA Przemysław	1455		M-30	22	00:43:37.30	+00:11:30 (26.4%)	4:21	13.8 (73.8%)
23	SKOP Sebastian	1316		M-30	23	00:43:41.60	+00:11:35 (26.5%)	4:22	13.7 (73.3%)
24	CEGLARSKI Adrian	1030	JEJKOWICE BIEGAJĄ	M-30	24	00:44:33.90	+00:12:27 (28.0%)	4:27	13.5 (72.2%)
25	ZASIEK Amadeusz	1351		M-30	25	00:44:39.95	+00:12:33 (28.1%)	4:27	13.4 (71.7%)
26	AKSAMIT Witold	1365	BLEES	M-30	26	00:45:00.85	+00:12:54 (28.7%)	4:30	13.3 (71.1%)
27	CIASTO Sebastian	1475		M-30	27	00:45:30.10	+00:13:23 (29.4%)	4:33	13.2 (70.6%)

						Czas netto 10km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat				
28	DĘBOWSKI Krzysztof	1003		M-30	28	00:45:39.60	+00:13:33 (29.7%)	4:33	13.1 (70.1%)
29	KOWACZ Andrzej	1068	HUTA TEAM	M-30	29	00:46:00.05	+00:13:53 (30.2%)	4:36	13 (69.5%)
30	GODLEWSKI Łukasz	1097	HIRSCHVOGEL	M-30	30	00:46:33.70	+00:14:27 (31.0%)	4:39	12.9 (69.0%)
31	LIPIŃSKI Michał	1002		M-30	31	00:46:37.35	+00:14:30 (31.1%)	4:39	12.9 (69.0%)
32	DRABEK Piotr	1361	SENIORZY	M-30	32	00:46:45.60	+00:14:39 (31.3%)	4:40	12.8 (68.4%)
33	BARAN Marcin	1448		M-30	33	00:46:46.85	+00:14:40 (31.4%)	4:40	12.8 (68.4%)
34	DESKA Paweł	1270		M-30	34	00:47:00.70	+00:14:54 (31.7%)	4:42	12.8 (68.4%)
35	GURGOŃ Marcin	1043		M-30	35	00:47:02.60	+00:14:56 (31.7%)	4:42	12.8 (68.4%)
36	MASARZ Dawid	1422	# HUTA TEAM	M-30	36	00:47:05.65	+00:14:59 (31.8%)	4:42	12.7 (67.9%)
37	DRZYMAŁA Rafał	1177		M-30	37	00:47:15.50	+00:15:09 (32.1%)	4:43	12.7 (67.9%)
38	MIELNIK Krzysztof	1302		M-30	38	00:47:44.20	+00:15:37 (32.7%)	4:46	12.6 (67.4%)
39	DRABIKOWSKI Mateusz	1371	CRAZY SILESIAN PIKE HUNTERS	M-30	39	00:48:01.70	+00:15:55 (33.1%)	4:48	12.5 (66.8%)
40	LESZCZYŃSKI Adrian	1456	DEVINITI	M-30	40	00:48:04.55	+00:15:58 (33.2%)	4:48	12.5 (66.8%)
41	SEMPER Tomasz	1308		M-30	41	00:48:06.70	+00:16:00 (33.3%)	4:48	12.5 (66.8%)
42	MACHNIK Andrzej	1152		M-30	42	00:48:18.90	+00:16:12 (33.5%)	4:49	12.4 (66.3%)
43	SZULC Sebastian	1086		M-30	43	00:48:19.55	+00:16:13 (33.6%)	4:49	12.4 (66.3%)
44	PNIEWSKI Kamil	1216		M-30	44	00:48:26.70	+00:16:20 (33.7%)	4:50	12.4 (66.3%)
45	KRAWCZYK Dawid	1259		M-30	45	00:48:41.00	+00:16:34 (34.0%)	4:52	12.3 (65.8%)
46	KRUK Mateusz	1433		M-30	46	00:49:01.45	+00:16:54 (34.5%)	4:54	12.2 (65.2%)
47	KOWACZ Adrian	1069	HUTA TEAM	M-30	47	00:49:05.80	+00:16:59 (34.6%)	4:54	12.2 (65.2%)
48	SZAMPERA Rafał	1306		M-30	48	00:49:13.90	+00:17:07 (34.8%)	4:55	12.2 (65.2%)
49	WALNIK Krzysztof	1305		M-30	49	00:49:25.15	+00:17:18 (35.0%)	4:56	12.1 (64.7%)
50	KAPĄŁKA Tomasz	1256	TATA LECI NA WARIATA	M-30	50	00:49:28.50	+00:17:22 (35.1%)	4:56	12.1 (64.7%)
51	SERAFIN Szymon	1061		M-30	51	00:49:29.00	+00:17:22 (35.1%)	4:56	12.1 (64.7%)
52	KUROWSKI Michał	1464	MOMO RUNNING TEAM	M-30	52	00:49:41.45	+00:17:34 (35.4%)	4:58	12.1 (64.7%)
53	JAKSIK Tomasz	1115	FLUOR	M-30	53	00:49:50.30	+00:17:43 (35.6%)	4:59	12 (64.2%)
54	MELER Daniel	1230		M-30	54	00:50:01.20	+00:17:54 (35.8%)	5:00	12 (64.2%)
55	GAŁĘZIOWSKI Damian	1157		M-30	55	00:50:01.80	+00:17:55 (35.8%)	5:00	12 (64.2%)
56	SKUPIEŃ Dariusz	1084	#HUTATEAM	M-30	56	00:50:09.60	+00:18:03 (36.0%)	5:00	12 (64.2%)
57	PSIUK Piotr	1238		M-30	57	00:50:20.60	+00:18:14 (36.2%)	5:02	11.9 (63.6%)
58	KIZINIEWICZ Krzysztof	1164		M-30	58	00:50:36.05	+00:18:29 (36.5%)	5:03	11.9 (63.6%)
59	CHOŁUJ Krzysztof	1131	FLUOR	M-30	59	00:50:38.75	+00:18:32 (36.6%)	5:03	11.8 (63.1%)
60	MIKULSKI Przemek	1318		M-30	60	00:50:39.10	+00:18:32 (36.6%)	5:03	11.8 (63.1%)
61	BYRCZEK Bartłomiej	1272		M-30	61	00:50:45.75	+00:18:39 (36.7%)	5:04	11.8 (63.1%)
62	ZAVIALOV Sergii	1310		M-30	62	00:50:57.40	+00:18:50 (37.0%)	5:05	11.8 (63.1%)
63	GRABOWSKI Łukasz	1314	DREAM SOLUTIONS	M-30	63	00:51:00.30	+00:18:53 (37.0%)	5:06	11.8 (63.1%)
64	GRAJCAR Mateusz	1196		M-30	64	00:51:05.75	+00:18:59 (37.2%)	5:06	11.7 (62.6%)
65	PIÓRKOWSKI Kamil	1144	FLUOR	M-30	65	00:51:06.90	+00:19:00 (37.2%)	5:06	11.7 (62.6%)
66	SZCZERBA Piotr	1159		M-30	66	00:51:09.20	+00:19:02 (37.2%)	5:06	11.7 (62.6%)
67	JANOWSKI Michał	1190		M-30	67	00:51:12.05	+00:19:05 (37.3%)	5:07	11.7 (62.6%)
68	STUDZIŃSKI Grzegorz	1406		M-30	68	00:51:13.10	+00:19:06 (37.3%)	5:07	11.7 (62.6%)
69	SUBIK Tomasz	1090		M-30	69	00:51:18.30	+00:19:11 (37.4%)	5:07	11.7 (62.6%)
70	ĆWIKŁA Kamil	1208		M-30	70	00:51:25.00	+00:19:18 (37.6%)	5:08	11.7 (62.6%)
71	GRĄBCZEWSKI Marcin	1188		M-30	71	00:51:26.35	+00:19:19 (37.6%)	5:08	11.7 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
72	ŚCIERSKI Mikołaj	1300	BOJKÓW BIEGA	M-30	72	00:51:34.70	+00:19:28 (37.7%)	5:09	11.6 (62.0%)
73	SOKOŁOWSKI Łukasz	1415		M-30	73	00:52:18.95	+00:20:12 (38.6%)	5:13	11.5 (61.5%)
74	WĄTROBA Paweł	1321		M-30	74	00:52:29.00	+00:20:22 (38.8%)	5:14	11.4 (61.0%)
75	MAKUCH Damian	1176	#HUTATEAM	M-30	75	00:52:56.85	+00:20:50 (39.4%)	5:17	11.3 (60.4%)
76	DAWINDZIAK Damian	1483	SAINT-GOBAIN SQUAD	M-30	76	00:52:58.35	+00:20:51 (39.4%)	5:17	11.3 (60.4%)
77	KULA Jan	1392	DECATHLON CAR GLIWICE	M-30	77	00:52:58.85	+00:20:52 (39.4%)	5:17	11.3 (60.4%)
78	MAZANOWSKI Janusz	1074		M-30	78	00:53:08.15	+00:21:01 (39.6%)	5:18	11.3 (60.4%)
79	WIKIERSKI Michał	1106		M-30	79	00:53:23.15	+00:21:16 (39.9%)	5:20	11.2 (59.9%)
80	KAŁUŻA Michał	1393		M-30	80	00:53:37.85	+00:21:31 (40.1%)	5:21	11.2 (59.9%)
81	KUŻMA Jakub	1102		M-30	81	00:53:45.10	+00:21:38 (40.3%)	5:22	11.2 (59.9%)
82	PRZYBYŁA Rafał	1288		M-30	82	00:53:47.30	+00:21:40 (40.3%)	5:22	11.2 (59.9%)
83	ŚWIDLIK Piotr	1313		M-30	83	00:53:56.20	+00:21:49 (40.5%)	5:23	11.1 (59.4%)
84	WÓJCIK Łukasz	1252		M-30	84	00:54:32.90	+00:22:26 (41.1%)	5:27	11 (58.8%)
85	ŁYSIUK Grzegorz	1386		M-30	85	00:54:49.75	+00:22:43 (41.4%)	5:28	10.9 (58.3%)
86	RATKA Dawid	1363		M-30	86	00:55:02.25	+00:22:55 (41.7%)	5:30	10.9 (58.3%)
87	FOLEK Mateusz	1234		M-30	87	00:55:40.30	+00:23:33 (42.3%)	5:34	10.8 (57.8%)
88	MISZCZYSZYN Arkadiusz	1078	BOJKÓW BIEGA	M-30	88	00:58:35.75	+00:26:29 (45.2%)	5:51	10.2 (54.5%)
89	JAWORSKI Kamil	1201	FUCHS OIL TEAM	M-30	89	00:59:51.50	+00:27:45 (46.4%)	5:59	10 (53.5%)
90	DROŹDZIK Łukasz	1443		M-30	90	01:00:00.00	+00:27:53 (46.5%)	6:00	10 (53.5%)
91	PRZYBYŁA Damian	1287		M-30	91	01:00:30.30	+00:28:23 (46.9%)	6:03	9.9 (52.9%)
92	FOSZNER Paweł	1028		M-30	92	01:00:54.40	+00:28:47 (47.3%)	6:05	9.9 (52.9%)
93	JURCZYK Mateusz	1397		M-30	93	01:01:46.15	+00:29:39 (48.0%)	6:10	9.7 (51.9%)
94	LEGIEŻYŃSKI Krzysztof	1081		M-30	94	01:01:51.70	+00:29:45 (48.1%)	6:11	9.7 (51.9%)
95	GIERCZYCKI Michał	1333	CHRZAŚCZE CHRABAŚCZE DZIKI	M-30	95	01:01:56.95	+00:29:50 (48.2%)	6:11	9.7 (51.9%)
96	BAJSAROWICZ Mateusz	1255		M-30	96	01:03:30.75	+00:31:24 (49.4%)	6:21	9.4 (50.3%)
97	GÓRNICKI Łukasz	1011	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M-30	97	01:04:04.25	+00:31:57 (49.9%)	6:24	9.4 (50.3%)
98	WIĘCŁAW Grzegorz	1092	GLOWARZADZI.PL	M-30	98	01:04:46.10	+00:32:39 (50.4%)	6:28	9.3 (49.7%)
99	AL-TAESH Najmaldin	92		M-30	99	01:04:48.55	+00:32:42 (50.5%)	6:28	9.3 (49.7%)
100	PŁOSKONKA Tomasz	1005		M-30	100	01:05:51.45	+00:33:44 (51.2%)	6:35	9.1 (48.7%)
101	OLSZOK Dawid	1103	HIRSCHVOGEL	M-30	101	01:07:18.45	+00:35:11 (52.3%)	6:43	8.9 (47.6%)
102	SZYMOS Damian	1187	RYWAL GLIWICE	M-30	102	01:08:34.45	+00:36:27 (53.2%)	6:51	8.8 (47.1%)
103	PERNAK Sławomir	1064		M-30	103	01:10:46.65	+00:38:40 (54.6%)	7:04	8.5 (45.5%)
104	FELBERG Andrzej	1236	PIAST GLIWICE	M-30	104	01:11:16.70	+00:39:10 (55.0%)	7:07	8.4 (44.9%)
105	WÓJCIK Marek	1353	ŚLĄSK ŚWIĘTOCHŁOWICE	M-30	105	01:11:23.55	+00:39:17 (55.0%)	7:08	8.4 (44.9%)
106	BUDZYNOWSKI Tomasz	1237		M-30	106	01:11:50.65	+00:39:44 (55.3%)	7:11	8.4 (44.9%)
107	FRYDRYCH Przemysław	1021	KEMPER TEAM	M-30	107	01:15:25.85	+00:43:19 (57.4%)	7:32	8 (42.8%)
108	SEREDA Wojciech	1444		M-30	108	01:17:41.30	+00:45:34 (58.7%)	7:46	7.7 (41.2%)
109	BOCHNIA Krzysztof	1231	#HUTATEAM	M-30	109				(0.0%)

Znaleziono 109 wynik(ów)