



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**VIII PÓŁMARATON GLIWICKI**  
Fundacja Bieg Rzeźnika  
2022-10-22  
Gliwice  
10 km

# GLIWICKA DYCHA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

| Msc | Zawodnik          | Numer | Klub                                 | Kategoria | Mkat | Czas netto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|-------------------|-------|--------------------------------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 1   | RZEPKA Bernard    | 1290  | ZDZIESZOWICE BIEGA                   | M-50      | 1    | 00:36:28.15     |                   | 3:38         | 16.5 (100%)  |
| 2   | STAWINOGA Marian  | 1211  |                                      | M-50      | 2    | 00:37:23.75     | +00:00:55 (2.5%)  | 3:44         | 16 (97.0%)   |
| 3   | PIECHOTA Janusz   | 1130  | FLUOR                                | M-50      | 3    | 00:44:56.55     | +00:08:28 (18.9%) | 4:29         | 13.4 (81.2%) |
| 4   | SEROTIUK Andrzej  | 1059  | ARKADIUSZ GARDZIELEWSKI RUNNING TEAM | M-50      | 4    | 00:45:51.90     | +00:09:23 (20.5%) | 4:35         | 13.1 (79.4%) |
| 5   | OPANOWSKI Darek   | 1108  |                                      | M-50      | 5    | 00:46:21.05     | +00:09:52 (21.3%) | 4:38         | 12.9 (78.2%) |
| 6   | SZOŁTYSEK Piotr   | 1041  |                                      | M-50      | 6    | 00:48:23.10     | +00:11:54 (24.6%) | 4:50         | 12.4 (75.2%) |
| 7   | ALKER Zbigniew    | 1278  | ALKER TEAM                           | M-50      | 7    | 00:48:29.05     | +00:12:00 (24.8%) | 4:50         | 12.4 (75.2%) |
| 8   | GOCMAN Grzegorz   | 1442  | STELLANTIS ACTIVE TEAM               | M-50      | 8    | 00:48:29.20     | +00:12:01 (24.8%) | 4:50         | 12.4 (75.2%) |
| 9   | CYGAN Piotr       | 1468  |                                      | M-50      | 9    | 00:49:36.50     | +00:13:08 (26.5%) | 4:57         | 12.1 (73.3%) |
| 10  | FUGOWSKI Roman    | 1481  |                                      | M-50      | 10   | 00:49:37.15     | +00:13:09 (26.5%) | 4:57         | 12.1 (73.3%) |
| 11  | PĘDOWSKI Wojciech | 1195  |                                      | M-50      | 11   | 00:49:43.30     | +00:13:15 (26.7%) | 4:58         | 12.1 (73.3%) |
| 12  | FRANIA Andrzej    | 1006  |                                      | M-50      | 12   | 00:50:50.30     | +00:14:22 (28.3%) | 5:05         | 11.8 (71.5%) |
| 13  | MANDRYSZ Grzegorz | 1423  | AKTYWNI LYSKI                        | M-50      | 13   | 00:50:55.95     | +00:14:27 (28.4%) | 5:05         | 11.8 (71.5%) |
| 14  | JANOWSKI Piotr    | 1189  |                                      | M-50      | 14   | 00:51:10.30     | +00:14:42 (28.7%) | 5:07         | 11.7 (70.9%) |
| 15  | JOŃCA Mirosław    | 1473  |                                      | M-50      | 15   | 00:51:10.60     | +00:14:42 (28.7%) | 5:07         | 11.7 (70.9%) |
| 16  | STASIK Mirosław   | 1067  | HUTATEAM                             | M-50      | 16   | 00:53:16.15     | +00:16:48 (31.5%) | 5:19         | 11.3 (68.5%) |
| 17  | IZBICKI Zbigniew  | 1490  |                                      | M-50      | 17   | 00:54:38.10     | +00:18:09 (33.2%) | 5:27         | 11 (66.7%)   |
| 18  | PTAK Leszek       | 1289  | ZDZIESZOWICE BIEGA                   | M-50      | 18   | 00:56:15.00     | +00:19:46 (35.2%) | 5:37         | 10.7 (64.8%) |
| 19  | KOMANDER Marcin   | 1193  | JOMAR RUNNERS                        | M-50      | 19   | 00:56:20.90     | +00:19:52 (35.3%) | 5:38         | 10.7 (64.8%) |
| 20  | SAMOL Grzegorz    | 1052  |                                      | M-50      | 20   | 00:56:22.40     | +00:19:54 (35.3%) | 5:38         | 10.6 (64.2%) |
| 21  | PACZKOWSKI Jacek  | 1281  |                                      | M-50      | 21   | 00:57:08.25     | +00:20:40 (36.2%) | 5:42         | 10.5 (63.6%) |
| 22  | WILSZ Adam        | 1056  | #PANIÓWKIRUN                         | M-50      | 22   | 00:57:23.65     | +00:20:55 (36.5%) | 5:44         | 10.5 (63.6%) |
| 23  | GÓRECKI Ryszard   | 1366  | NIEZRZESZONY                         | M-50      | 23   | 00:57:53.40     | +00:21:25 (37.0%) | 5:47         | 10.4 (63.0%) |
| 24  | SZEWC Henryk      | 1119  | HUTATEAM                             | M-50      | 24   | 00:58:40.00     | +00:22:11 (37.8%) | 5:52         | 10.2 (61.8%) |
| 25  | POLOCZEK Adam     | 1227  | PKO BP                               | M-50      | 25   | 00:58:51.90     | +00:22:23 (38.0%) | 5:53         | 10.2 (61.8%) |
| 26  | BOGUSZ Jarosław   | 1317  |                                      | M-50      | 26   | 00:59:08.25     | +00:22:40 (38.3%) | 5:54         | 10.1 (61.2%) |
| 27  | SNOCHOWSKI Mirek  | 1050  | SZOMBIERKI CHODZĄ I BIEGAJĄ          | M-50      | 27   | 00:59:10.80     | +00:22:42 (38.4%) | 5:55         | 10.1 (61.2%) |

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|-----|-----------------------|-------|--------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 28  | NĘDZA Ryszard         | 1100  | HIRSCHVOGEL  | M-50      | 28   | 00:59:33.70     | +00:23:05 (38.8%) | 5:57         | 10.1 (61.2%) |
| 29  | ROSIŃSKI Sławomir     | 1262  |              | M-50      | 29   | 01:00:01.15     | +00:23:33 (39.2%) | 6:00         | 10 (60.6%)   |
| 30  | GRABYSZ Witold        | 1383  |              | M-50      | 30   | 01:00:58.15     | +00:24:30 (40.2%) | 6:05         | 9.8 (59.4%)  |
| 31  | STELMASZCZYK Zbigniew | 1243  | NIEZRZESZONY | M-50      | 31   | 01:02:16.00     | +00:25:47 (41.4%) | 6:13         | 9.6 (58.2%)  |
| 32  | DZIECH Mariusz        | 1126  | FLUOR        | M-50      | 32   | 01:05:30.45     | +00:29:02 (44.3%) | 6:33         | 9.2 (55.8%)  |
| 33  | SŁOCIAK Roman         | 1342  |              | M-50      | 33   | 01:09:47.95     | +00:33:19 (47.8%) | 6:58         | 8.6 (52.1%)  |

Znaleziono 33 wynik(ów)