



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	GRZELKA Cyprian	1431	GKS PIAST GLIWICE	M-20	1	00:33:57.40		3:23	17.7 (100%)
2	MŁYŃCZAK Jakub	1391	GVT BMC ŚWIEBODZICE	M-20	4	00:35:00.90	+00:01:03 (3.0%)	3:30	17.1 (96.6%)
3	KLUCZNIK Mikołaj	1370		M-20	5	00:35:32.35	+00:01:34 (4.5%)	3:33	16.9 (95.5%)
4	BABULA Przemysław	1135		M-20	6	00:36:12.40	+00:02:15 (6.2%)	3:37	16.6 (93.8%)
5	WRZESIEŃ Dariusz	1026	INŻYNIERIA BIEGANIA/FUTURE PROCESSING RUNNING TEAM	M-40	4	00:37:18.40	+00:03:21 (9.0%)	3:43	16.1 (91.0%)
6	SZABELSKI Krzysztof	1467	FUTURE PROCESSING RUNNING TEAM	M-30	8	00:39:28.20	+00:05:30 (14.0%)	3:56	15.2 (85.9%)
7	HALMAN Tomasz	1477		M-30	11	00:40:15.90	+00:06:18 (15.7%)	4:01	14.9 (84.2%)
8	OKAJ Artur	1380		M-30	14	00:41:16.85	+00:07:19 (17.7%)	4:07	14.5 (81.9%)
9	WOJAKOWSKI Krzysztof	1459	MOMO RUNNING TEAM	M-40	10	00:41:31.45	+00:07:34 (18.2%)	4:09	14.5 (81.9%)
10	POLIS Maciej	1221	#HUTATEAM	M-30	18	00:42:27.15	+00:08:29 (20.0%)	4:14	14.1 (79.7%)
11	DONIGIEWICZ Mariusz	1446		M-40	12	00:42:44.40	+00:08:47 (20.6%)	4:16	14 (79.1%)
12	WRÓBLEWSKI Paweł	1326	BOJKÓW TEAM	M-30	20	00:43:05.75	+00:09:08 (21.2%)	4:18	13.9 (78.5%)
13	MICHALCZYK Maciej	1120	FLUOR	M-40	14	00:43:17.45	+00:09:20 (21.6%)	4:19	13.9 (78.5%)
14	NOWAK Mateusz	1020		M-30	21	00:43:32.85	+00:09:35 (22.0%)	4:21	13.8 (78.0%)
15	KUCHARCZYK Jakub	1413	UKS KOMETA GLIWICE - ŚLĄSKA SIEĆ METROPOLITALNA SP Z O.O.	M-20	12	00:43:33.20	+00:09:35 (22.0%)	4:21	13.8 (78.0%)
16	ŁADA Przemysław	1455		M-30	22	00:43:37.30	+00:09:39 (22.2%)	4:21	13.8 (78.0%)
17	ODOSZEWSKI Roman	1162		M-40	19	00:44:08.90	+00:10:11 (23.1%)	4:24	13.6 (76.8%)
18	ŻYŁCZYŃSKI Tomasz	1179		M-40	20	00:44:26.85	+00:10:29 (23.6%)	4:26	13.5 (76.3%)
19	KRAKOWCZYK Adam	1460	MOMO RUNNING TEAM	M-40	22	00:44:51.30	+00:10:53 (24.3%)	4:29	13.4 (75.7%)
20	PIECHOTA Janusz	1130	FLUOR	M-50	3	00:44:56.55	+00:10:59 (24.4%)	4:29	13.4 (75.7%)
21	AKSAMIT Witold	1365	BLEES	M-30	26	00:45:00.85	+00:11:03 (24.6%)	4:30	13.3 (75.1%)
22	DĘBOWSKI Krzysztof	1003		M-30	28	00:45:39.60	+00:11:42 (25.6%)	4:33	13.1 (74.0%)
23	NOWAKOWSKI Robert	1457		M-40	28	00:45:46.15	+00:11:48 (25.8%)	4:34	13.1 (74.0%)
24	OPANOWSKI Darek	1108		M-50	5	00:46:21.05	+00:12:23 (26.7%)	4:38	12.9 (72.9%)
25	GODLEWSKI Łukasz	1097	HIRSCHVOGEL	M-30	30	00:46:33.70	+00:12:36 (27.1%)	4:39	12.9 (72.9%)
26	LIPIŃSKI Michał	1002		M-30	31	00:46:37.35	+00:12:39 (27.2%)	4:39	12.9 (72.9%)
27	BARAN Marcin	1448		M-30	33	00:46:46.85	+00:12:49 (27.4%)	4:40	12.8 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km			
28	DRZYMAŁA Rafał	1177		M-30	37	00:47:15.50	+00:13:18 (28.1%)	4:43	12.7 (71.8%)
29	MACH Marcin	1036	LYGOTA TIGERS	M-40	34	00:47:54.95	+00:13:57 (29.1%)	4:47	12.5 (70.6%)
30	DRABIKOWSKI Mateusz	1371	CRAZY SILESIAH PIKE HUNTERS	M-30	39	00:48:01.70	+00:14:04 (29.3%)	4:48	12.5 (70.6%)
31	DUDA Wojciech	1403		M-20	16	00:48:03.70	+00:14:06 (29.3%)	4:48	12.5 (70.6%)
32	MAZUR Krzysztof	1331	STELLANTIS ACTIVE TEAM	M-40	36	00:48:16.90	+00:14:19 (29.7%)	4:49	12.4 (70.1%)
33	MACHNIK Andrzej	1152		M-30	42	00:48:18.90	+00:14:21 (29.7%)	4:49	12.4 (70.1%)
34	SZULC Sebastian	1086		M-30	43	00:48:19.55	+00:14:22 (29.7%)	4:49	12.4 (70.1%)
35	PNIEWSKI Kamil	1216		M-30	44	00:48:26.70	+00:14:29 (29.9%)	4:50	12.4 (70.1%)
36	ALKER Zbigniew	1278	ALKER TEAM	M-50	7	00:48:29.05	+00:14:31 (30.0%)	4:50	12.4 (70.1%)
37	KRAWCZYK Dawid	1259		M-30	45	00:48:41.00	+00:14:43 (30.2%)	4:52	12.3 (69.5%)
38	KRUK Mateusz	1433		M-30	46	00:49:01.45	+00:15:04 (30.7%)	4:54	12.2 (68.9%)
39	ZAPOTOCZNY Przemek	1224	BRAK	M-40	40	00:49:13.20	+00:15:15 (31.0%)	4:55	12.2 (68.9%)
40	SZAMPERA Rafał	1306		M-30	48	00:49:13.90	+00:15:16 (31.0%)	4:55	12.2 (68.9%)
41	LASKOWSKI Sebastian	1359		M-40	41	00:49:28.00	+00:15:30 (31.4%)	4:56	12.1 (68.4%)
42	KAPALA Tomasz	1256	TATA LECI NA WARIATA	M-30	50	00:49:28.50	+00:15:31 (31.4%)	4:56	12.1 (68.4%)
43	SERAFIN Szymon	1061		M-30	51	00:49:29.00	+00:15:31 (31.4%)	4:56	12.1 (68.4%)
44	FUGOWSKI Roman	1481		M-50	10	00:49:37.15	+00:15:39 (31.6%)	4:57	12.1 (68.4%)
45	KUROWSKI Michał	1464	MOMO RUNNING TEAM	M-30	52	00:49:41.45	+00:15:44 (31.7%)	4:58	12.1 (68.4%)
46	PĘDOWSKI Wojciech	1195		M-50	11	00:49:43.30	+00:15:45 (31.7%)	4:58	12.1 (68.4%)
47	ZEGARTOWSKI Grzegorz	1338		M-40	43	00:49:43.75	+00:15:46 (31.7%)	4:58	12.1 (68.4%)
48	SKUPIEŃ Dariusz	1084	#HUTATEAM	M-30	56	00:50:09.60	+00:16:12 (32.3%)	5:00	12 (67.8%)
49	SIEMEK Wojciech	1145		M-20	17	00:50:11.65	+00:16:14 (32.3%)	5:01	12 (67.8%)
50	GĘBCZYŃSKI Kajetan	1070	G-TEAM	M-20	20	00:50:18.95	+00:16:21 (32.5%)	5:01	11.9 (67.2%)
51	KIZINIEWICZ Krzysztof	1164		M-30	58	00:50:36.05	+00:16:38 (32.9%)	5:03	11.9 (67.2%)
52	MIKULSKI Przemek	1318		M-30	60	00:50:39.10	+00:16:41 (33.0%)	5:03	11.8 (66.7%)
53	BYRCZEK Bartłomiej	1272		M-30	61	00:50:45.75	+00:16:48 (33.1%)	5:04	11.8 (66.7%)
54	FRANIA Andrzej	1006		M-50	12	00:50:50.30	+00:16:52 (33.2%)	5:05	11.8 (66.7%)
55	ZAVIALOV Sergii	1310		M-30	62	00:50:57.40	+00:17:00 (33.4%)	5:05	11.8 (66.7%)
56	GRABOWSKI Łukasz	1314	DREAM SOLUTIONS	M-30	63	00:51:00.30	+00:17:02 (33.4%)	5:06	11.8 (66.7%)
57	GNIECKI Przemysław	1343		M-20	21	00:51:05.55	+00:17:08 (33.5%)	5:06	11.7 (66.1%)
58	PIÓRKOWSKI Kamil	1144	FLUOR	M-30	65	00:51:06.90	+00:17:09 (33.6%)	5:06	11.7 (66.1%)
59	JANOWSKI Piotr	1189		M-50	14	00:51:10.30	+00:17:12 (33.6%)	5:07	11.7 (66.1%)
60	JOŃCA Mirosław	1473		M-50	15	00:51:10.60	+00:17:13 (33.6%)	5:07	11.7 (66.1%)
61	JANOWSKI Michał	1190		M-30	67	00:51:12.05	+00:17:14 (33.7%)	5:07	11.7 (66.1%)
62	SUBIK Tomasz	1090		M-30	69	00:51:18.30	+00:17:20 (33.8%)	5:07	11.7 (66.1%)
63	ĆWIKŁA Kamil	1208		M-30	70	00:51:25.00	+00:17:27 (34.0%)	5:08	11.7 (66.1%)
64	GRĄBCZEWSKI Marcin	1188		M-30	71	00:51:26.35	+00:17:28 (34.0%)	5:08	11.7 (66.1%)
65	ŚCIERSKI Mikołaj	1300	BOJKÓW BIEGA	M-30	72	00:51:34.70	+00:17:37 (34.2%)	5:09	11.6 (65.5%)
66	CHOLEWA Tomasz	1139		M-40	46	00:52:03.40	+00:18:06 (34.8%)	5:12	11.5 (65.0%)
67	KOWALCZYK Grzegorz	1082		M-40	47	00:52:10.70	+00:18:13 (34.9%)	5:13	11.5 (65.0%)
68	SOKOŁOWSKI Łukasz	1415		M-30	73	00:52:18.95	+00:18:21 (35.1%)	5:13	11.5 (65.0%)
69	PIOTROWSKI Kajetan	1113		M-20	23	00:52:31.35	+00:18:33 (35.3%)	5:15	11.4 (64.4%)
70	DAWINDZIAK Damian	1483	SAINT-GOBAIN SQUAD	M-30	76	00:52:58.35	+00:19:00 (35.9%)	5:17	11.3 (63.8%)
71	KULA Jan	1392	DECATHLON CAR GLIWICE	M-30	77	00:52:58.85	+00:19:01 (35.9%)	5:17	11.3 (63.8%)

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72	MAZANOWSKI Janusz	1074		M-30	78	00:53:08.15	+00:19:10 (36.1%)	5:18	11.3 (63.8%)
73	WIKIERSKI Michał	1106		M-30	79	00:53:23.15	+00:19:25 (36.4%)	5:20	11.2 (63.3%)
74	KUŻMA Jakub	1102		M-30	81	00:53:45.10	+00:19:47 (36.8%)	5:22	11.2 (63.3%)
75	ŚWIDLIK Piotr	1313		M-30	83	00:53:56.20	+00:19:58 (37.0%)	5:23	11.1 (62.7%)
76	PRZYBYLSKI Mariusz	1407		M-40	50	00:54:01.25	+00:20:03 (37.1%)	5:24	11.1 (62.7%)
77	IZBICKI Zbigniew	1490		M-50	17	00:54:38.10	+00:20:40 (37.8%)	5:27	11 (62.1%)
78	ŁYSIUK Grzegorz	1386		M-30	85	00:54:49.75	+00:20:52 (38.1%)	5:28	10.9 (61.6%)
79	ZAREMBA Tadeusz	1045		M-60	6	00:54:58.30	+00:21:00 (38.2%)	5:29	10.9 (61.6%)
80	KOSIAK Maciej	1388	PSYCHA NIE SIADA	M-40	53	00:55:13.30	+00:21:15 (38.5%)	5:31	10.9 (61.6%)
81	DĄBROWSKI Marcin	1430	3 GNOMY RACING TEAM	M-40	57	00:55:33.20	+00:21:35 (38.9%)	5:33	10.8 (61.0%)
82	ORLICKI Ireneusz	1151	HUTA TEAM	M-40	59	00:56:07.20	+00:22:09 (39.5%)	5:36	10.7 (60.5%)
83	SKÓRA Przemysław	1401	MONARCHOWIE GÓR	M-40	61	00:56:20.75	+00:22:23 (39.7%)	5:38	10.7 (60.5%)
84	KOMANDER Marcin	1193	JOMAR RUNNERS	M-50	19	00:56:20.90	+00:22:23 (39.7%)	5:38	10.7 (60.5%)
85	SAMOL Grzegorz	1052		M-50	20	00:56:22.40	+00:22:25 (39.8%)	5:38	10.6 (59.9%)
86	WIERCIŃSKI Robert	1057		M-40	63	00:56:50.40	+00:22:53 (40.3%)	5:41	10.6 (59.9%)
87	SMOŁA Mieczysław	1276	AKMB PĘDZIWIATR GLIWICE	M-60	7	00:57:20.35	+00:23:22 (40.8%)	5:44	10.5 (59.3%)
88	GÓRECKI Ryszard	1366	NIEZRZESZONY	M-50	23	00:57:53.40	+00:23:56 (41.3%)	5:47	10.4 (58.8%)
89	KOBYLIŃSKI Paweł	1478		M-40	65	00:58:06.60	+00:24:09 (41.6%)	5:48	10.3 (58.2%)
90	SUPERNAK Marcin	1088		M-40	66	00:58:19.50	+00:24:22 (41.8%)	5:49	10.3 (58.2%)
91	MISZCZYSZYN Arkadiusz	1078	BOJKÓW BIEGA	M-30	88	00:58:35.75	+00:24:38 (42.0%)	5:51	10.2 (57.6%)
92	FURMANEK Grzegorz	1235	BROTEAM	M-20	30	00:58:43.10	+00:24:45 (42.2%)	5:52	10.2 (57.6%)
93	PACHOLAK Patryk	1136		M-20	31	00:58:50.55	+00:24:53 (42.3%)	5:53	10.2 (57.6%)
94	NĘDZA Ryszard	1100	HIRSCHVOGEL	M-50	28	00:59:33.70	+00:25:36 (43.0%)	5:57	10.1 (57.1%)
95	JAWORSKI Kamil	1201	FUCHS OIL TEAM	M-30	89	00:59:51.50	+00:25:54 (43.3%)	5:59	10 (56.5%)
96	BOGACZ Paweł	1248	JAGODA TEAM	M-40	69	01:00:18.00	+00:26:20 (43.7%)	6:01	10 (56.5%)
97	PRZYBYŁA Damian	1287		M-30	91	01:00:30.30	+00:26:32 (43.9%)	6:03	9.9 (55.9%)
98	FOSZNER Paweł	1028		M-30	92	01:00:54.40	+00:26:57 (44.2%)	6:05	9.9 (55.9%)
99	GRABYSZ Witold	1383		M-50	30	01:00:58.15	+00:27:00 (44.3%)	6:05	9.8 (55.4%)
100	FRANCZYK Michał	1356	FUNDACJA TOŚKA I PRZYJACIELE	M-40	71	01:01:35.50	+00:27:38 (44.9%)	6:09	9.7 (54.8%)
101	LEGIEŻYŃSKI Krzysztof	1081		M-30	94	01:01:51.70	+00:27:54 (45.1%)	6:11	9.7 (54.8%)
102	GIERCZYCKI Michał	1333	CHRZĄSZCZE CHRABĄSZCZE DZIKI	M-30	95	01:01:56.95	+00:27:59 (45.2%)	6:11	9.7 (54.8%)
103	BROŻEK Bartosz	1161		M-20	34	01:03:24.65	+00:29:27 (46.4%)	6:20	9.5 (53.7%)
104	BAJSAROWICZ Mateusz	1255		M-30	96	01:03:30.75	+00:29:33 (46.5%)	6:21	9.4 (53.1%)
105	SKULSKI Tomasz	1298		M-40	76	01:03:42.70	+00:29:45 (46.7%)	6:22	9.4 (53.1%)
106	CHOIŃSKI Kamil	1327		M-20	35	01:04:06.30	+00:30:08 (47.0%)	6:24	9.4 (53.1%)
107	FABRY Rafał	1163		M-40	77	01:04:23.95	+00:30:26 (47.3%)	6:26	9.3 (52.5%)
108	WIĘCŁAW Grzegorz	1092	GLOWARZADZI.PL	M-30	98	01:04:46.10	+00:30:48 (47.6%)	6:28	9.3 (52.5%)
109	AL-TAESH Najmaldin	92		M-30	99	01:04:48.55	+00:30:51 (47.6%)	6:28	9.3 (52.5%)
110	SZCZECIŃSKI Kajetan	1395		M-20	36	01:05:00.15	+00:31:02 (47.8%)	6:30	9.2 (52.0%)
111	DZIECH Mariusz	1126	FLUOR	M-50	32	01:05:30.45	+00:31:33 (48.2%)	6:33	9.2 (52.0%)
112	BIDZIŃSKI Piotr	1178		M-40	78	01:06:40.65	+00:32:43 (49.1%)	6:40	9 (50.8%)
113	TECHMAN Jakub	1166	#HUTATEAM	M-20	37	01:06:52.50	+00:32:55 (49.2%)	6:41	9 (50.8%)
114	KURIANOWICZ Wiesław	1101		M-60	9	01:06:55.70	+00:32:58 (49.3%)	6:41	9 (50.8%)
115	BOCHEŃSKI Mariusz	1479	POMPEJANKA TEAM	M-40	79	01:07:29.55	+00:33:32 (49.7%)	6:44	8.9 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
116	POLEWKA Tomasz	1410	UKS KOMETA GLIWICE - ŚLĄSKA SIEĆ METROPOLITALNA SP Z O.O.	M-40	80	01:08:09.00	+00:34:11 (50.2%)	6:48	8.8 (49.7%)
117	SZYMOS Damian	1187	RYWAL GLIWICE	M-30	102	01:08:34.45	+00:34:37 (50.5%)	6:51	8.8 (49.7%)
118	FELBERG Andrzej	1236	PIAST GLIWICE	M-30	104	01:11:16.70	+00:37:19 (52.4%)	7:07	8.4 (47.5%)
119	BENTKOWSKI Lesław	1261	DIRTY SPARROWS	M-60	10	01:11:22.95	+00:37:25 (52.4%)	7:08	8.4 (47.5%)
120	NOSAL Dawid	1169	#HUTATEAM	M-20	39	01:13:07.65	+00:39:10 (53.6%)	7:18	8.2 (46.3%)
121	SZENDZIELORZ Marek	1073		M-40	82	01:14:56.85	+00:40:59 (54.7%)	7:29	8 (45.2%)
122	KOSIAK Wojciech	1389		M-60	11	01:15:12.00	+00:41:14 (54.8%)	7:31	8 (45.2%)
123	FRYDRYCH Przemysław	1021	KEMPER TEAM	M-30	107	01:15:25.85	+00:41:28 (55.0%)	7:32	8 (45.2%)
124	ZEGZUŁA Jakub	1125	HUTATEAM	M-20	40	01:19:11.85	+00:45:14 (57.1%)	7:55	7.6 (42.9%)
125	SZYDŁOWSKI Szymon	1183		M-20	41	01:22:23.20	+00:48:25 (58.8%)	8:14	7.3 (41.2%)

Znaleziono 125 wynik(ów)