



Wydarzenie: VII PÓŁMARATON GLIWICKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-10-17
Miejsce: Gliwice
Dystans: 10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańki Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	HAŁKA Oliwia	1084		K-20	3	00:00:05	00:11:04	00:27:34	00:42:36.25	00:42:41.35		4:15	14.1 (100%)
2	LEGASZEWSKA Maria	1174		K-20	4	00:00:04	00:10:07	00:26:51	00:42:41.10	00:42:45.85	+00:00:04 (0.2%)	4:16	14.1 (100%)
3	SZOŁTYSEK-GRZESIKIEWICZ Anna	1347		K-30	4	00:00:09	00:12:04	00:30:12	00:47:16.65	00:47:25.65	+00:04:40 (9.9%)	4:43	12.7 (90.1%)
4	ZENOWICZ Kinga	1400	ATHLETICS NYSA	K-20	7	00:00:02	00:11:56	00:30:45	00:48:17.50	00:48:20.15	+00:05:41 (11.8%)	4:49	12.4 (87.9%)
5	GROCHOWSKA Anna	1077		K-30	6	00:00:13	00:12:55	00:32:22	00:50:06.55	00:50:20.30	+00:07:30 (15.0%)	5:00	12 (85.1%)
6	NIEMIEC Sławek	1225	INTERGRAFIK.PL	K-30	7	00:00:27	00:13:09	00:32:41	00:50:37.00	00:51:04.95	+00:08:00 (15.8%)	5:03	11.9 (84.4%)
7	PAWLIK Aneta	1254		K-30	9	00:00:08	00:12:42	00:33:15	00:51:44.50	00:51:53.25	+00:09:08 (17.7%)	5:10	11.6 (82.3%)
8	PAJER Aleksandra	1249	ISTA BIEGAMY	K-30	11	00:00:26	00:13:19	00:33:36	00:52:04.75	00:52:31.20	+00:09:28 (18.2%)	5:12	11.5 (81.6%)
9	MICHALIK Zgonia	1205	BABSKA KORBA	K-30	14	00:00:18	00:13:12	00:34:09	00:53:30.00	00:53:48.80	+00:10:53 (20.4%)	5:21	11.2 (79.4%)
10	KOMANDER Katarzyna	1134	JOMAR RUNNERS	K-20	8	00:00:12	00:13:09	00:34:35	00:53:39.00	00:53:51.75	+00:11:02 (20.6%)	5:21	11.2 (79.4%)
11	WIERCIŃSKA Aneta	1368		K-30	17	00:00:19	00:13:40	00:34:36	00:54:15.45	00:54:34.85	+00:11:39 (21.5%)	5:25	11.1 (78.7%)
12	KARPIŃSKA Katarzyna	1115		K-30	19	00:00:09	00:13:26	00:34:29	00:54:37.40	00:54:46.45	+00:12:01 (22.0%)	5:27	11 (78.0%)
13	ZAPOTOCZNA Renata	1393		K-40	5	00:00:16	00:14:09	00:35:06	00:54:52.75	00:55:09.70	+00:12:16 (22.4%)	5:29	10.9 (77.3%)
14	KACZMAREK Katarzyna	1109	STG GLIWICE	K-40	6	00:00:07	00:13:50	00:35:51	00:55:54.90	00:56:02.75	+00:13:18 (23.8%)	5:35	10.7 (75.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	PIEKARZ Małgorzata	1258	DRUŻYNA JEDYNKI	K-30	24	00:00:12	00:14:30	00:36:10	00:56:02.80	00:56:15.15	+00:13:26 (24.0%)	5:36	10.7 (75.9%)
16	SALA Nela	1299		K-30	25	00:00:22	00:13:43	00:35:44	00:56:07.90	00:56:30.25	+00:13:31 (24.1%)	5:36	10.7 (75.9%)
17	KELLER Aneta	1119		K-30	26	00:00:41	00:14:47	00:36:10	00:56:27.80	00:57:08.95	+00:13:51 (24.5%)	5:38	10.6 (75.2%)
18	ŁYSIAK Magdalena	1418		K-30	27	00:00:06	00:14:12	00:36:36	00:57:01.80	00:57:08.15	+00:14:25 (25.3%)	5:42	10.5 (74.5%)
19	KUNOWSKA Małgorzata	1410		K-30	28	00:00:10	00:14:32	00:36:51	00:57:05.75	00:57:15.75	+00:14:29 (25.4%)	5:42	10.5 (74.5%)
20	KOTLARSKA Anna	1146		K-40	7	00:00:25	00:15:28	00:37:41	00:57:33.95	00:57:59.15	+00:14:57 (26.0%)	5:45	10.4 (73.8%)
21	PAJOR Izabela	1250		K-30	30	00:00:04	00:14:11		00:57:35.35	00:57:40.05	+00:14:59 (26.0%)	5:45	10.4 (73.8%)
22	BALCER Weronika	1005	JOMAR RUNNERS	K-30	31	00:00:12	00:14:12	00:36:47	00:57:51.85	00:58:04.35	+00:15:15 (26.4%)	5:47	10.4 (73.8%)
23	OSOWSKA Katarzyna	1240		K-40	8	00:00:28	00:15:05	00:37:36	00:58:02.75	00:58:31.35	+00:15:26 (26.6%)	5:48	10.3 (73.0%)
24	LIPIŃSKA Anita	1179		K-30	33	00:00:32	00:15:22	00:37:34	00:58:05.80	00:58:38.05	+00:15:29 (26.7%)	5:48	10.3 (73.0%)
25	NOWAKOWSKA-TRZASKA Joanna	1230	GLIWICKA GRUPA BIEGACZY	K-40	9	00:00:18	00:14:34	00:37:06	00:58:27.00	00:58:45.90	+00:15:50 (27.1%)	5:50	10.3 (73.0%)
26	BAŁAJ Anna	1007		K-30	35	00:00:47	00:16:29		00:58:31.10	00:59:18.25	+00:15:54 (27.2%)	5:51	10.3 (73.0%)
27	WOJTKIEWICZ Marzena	1381		K-40	10	00:00:38	00:16:14	00:39:17	00:59:01.25	00:59:40.00	+00:16:25 (27.8%)	5:54	10.2 (72.3%)
28	LIS Aleksandra	1181		K-20	13	00:00:13	00:14:28	00:37:52	00:59:10.10	00:59:23.40	+00:16:33 (28.0%)	5:55	10.1 (71.6%)
29	HERUD Sandra	1087	GLIWICKA RADA ROWEROWA	K-30	38	00:00:13	00:14:59	00:38:09	00:59:12.90	00:59:26.25	+00:16:36 (28.1%)	5:55	10.1 (71.6%)
30	BEMŚ Emilia	1422		K-30	39	00:00:30	00:16:14	00:39:33	00:59:16.55	00:59:47.45	+00:16:40 (28.1%)	5:55	10.1 (71.6%)
31	WOJTKIEWICZ Marta	1382		K-20	14	00:00:39	00:16:11	00:38:46	00:59:20.75	00:59:59.75	+00:16:44 (28.2%)	5:56	10.1 (71.6%)
32	ZAKLIŃSKA Kasia	1391		K-40	12	00:00:49	00:15:58	00:39:06	00:59:34.55	01:00:24.05	+00:16:58 (28.5%)	5:57	10.1 (71.6%)
33	WARYSZAK Joanna	1365	BAKALOVE	K-30	40	00:00:10	00:15:03	00:38:29	00:59:46.60	00:59:57.55	+00:17:10 (28.7%)	5:58	10 (70.9%)
34	KLIMASARA Małgorzata	1439		K-30	43	00:00:10	00:14:55	00:38:30	01:00:13.05	01:00:23.95	+00:17:36 (29.2%)	6:01	10 (70.9%)
35	STANEK Natalia	1328		K-30	45	00:00:36	00:14:59	00:38:45	01:01:00.05	01:01:36.35	+00:18:23 (30.2%)	6:06	9.8 (69.5%)
36	KULPIŃSKA Anna	1163	START HANGAR	K-40	15	00:00:30	00:16:07	00:39:51	01:01:09.25	01:01:39.70	+00:18:33 (30.3%)	6:06	9.8 (69.5%)
37	KRAJEWSKA Katarzyna	1151	BOJKÓW TEAM	K-30	47	00:00:51	00:15:52		01:01:13.55	01:02:05.05	+00:18:37 (30.4%)	6:07	9.8 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	NOWOCIN Patrycja	1231		K-20	16	00:00:15	00:13:46	00:37:21	01:01:18.25	01:01:33.85	+00:18:42 (30.5%)	6:07	9.8 (69.5%)
39	ROŻEK Mariola	1291	#HUTATEAM	K-30	49	00:00:16	00:15:35	00:39:56	01:02:09.25	01:02:25.65	+00:19:33 (31.5%)	6:12	9.7 (68.8%)
40	HAWLICKA Ania	1455	LILA TEAM	K-40	16	00:00:43	00:15:13	00:39:00	01:02:10.85	01:02:54.10	+00:19:34 (31.5%)	6:13	9.7 (68.8%)
41	KWAŚNIEWSKA Ola	1166	BANDA Z POŁUDNIA	K-30	50	00:00:35	00:16:39	00:40:55	01:02:15.85	01:02:50.90	+00:19:39 (31.6%)	6:13	9.6 (68.1%)
42	KULIK Katarzyna	1162		K-30	52	00:00:09	00:15:21	00:39:56	01:02:29.20	01:02:38.40	+00:19:52 (31.8%)	6:14	9.6 (68.1%)
43	CHĘCIŃSKA Agnieszka	1025		K-40	17	00:00:39	00:16:15	00:40:22	01:02:38.10	01:03:17.75	+00:20:01 (32.0%)	6:15	9.6 (68.1%)
44	KAPTACZ Magdalena	1114		K-40	18	00:00:18	00:15:29	00:39:53	01:02:40.30	01:02:58.35	+00:20:04 (32.0%)	6:16	9.6 (68.1%)
45	MICZKA Justyna	1209		K-40	20	00:00:38	00:16:19	00:40:40	01:02:59.40	01:03:38.10	+00:20:23 (32.4%)	6:17	9.5 (67.4%)
46	PAJĄK Aleksandra	1248		K-40	21	00:00:26	00:15:45		01:03:14.20	01:03:41.00	+00:20:37 (32.6%)	6:19	9.5 (67.4%)
47	TOWAREK Agnieszka	1356		K-40	23	00:00:22	00:16:09	00:40:32	01:03:23.75	01:03:46.10	+00:20:47 (32.8%)	6:20	9.5 (67.4%)
48	OPANOWSKA Anna	1235	-	K-40	24	00:00:13	00:15:35	00:40:31	01:03:27.70	01:03:41.00	+00:20:51 (32.9%)	6:20	9.5 (67.4%)
49	HILASZEK Marzena	1088		K-40	27	00:00:41	00:16:11	00:41:15	01:04:19.10	01:05:00.85	+00:21:42 (33.8%)	6:25	9.3 (66.0%)
50	PACZOSKA KOTTMANN Dorota	1247		K-30	56	00:00:17	00:15:35	00:40:34	01:04:32.30	01:04:49.35	+00:21:56 (34.0%)	6:27	9.3 (66.0%)
51	FRANKIEWICZ Marzena	1057		K-30	57	00:00:39	00:16:52	00:42:00	01:04:34.25	01:05:14.15	+00:21:58 (34.0%)	6:27	9.3 (66.0%)
52	NOWAK Ewa	1227		K-50	5	00:00:25	00:16:02	00:41:17	01:04:52.45	01:05:17.65	+00:22:16 (34.3%)	6:29	9.2 (65.2%)
53	OSTROWSKA Justyna	1241		K-30	59	00:00:35	00:16:40	00:42:02	01:05:47.70	01:06:23.00	+00:23:11 (35.2%)	6:34	9.1 (64.5%)
54	GAJEWSKA Izabela	1064		K-50	8	00:00:40	00:17:41	00:43:31	01:06:25.45	01:07:05.95	+00:23:49 (35.9%)	6:38	9 (63.8%)
55	STACHOWSKA Aleksandra	1429	TRI&MORE	K-40	31	00:00:29	00:15:44	00:41:27	01:06:26.05	01:06:55.05	+00:23:49 (35.9%)	6:38	9 (63.8%)
56	KAWECKA-KUŹDŻAŁ Agnieszka	1117		K-40	32	00:00:47	00:17:19	00:43:31	01:06:35.45	01:07:22.70	+00:23:59 (36.0%)	6:39	9 (63.8%)
57	STEPOWANY Marta	1337	BOJKÓW TEAM	K-30	61	00:00:51	00:16:28	00:43:13	01:07:04.30	01:07:55.35	+00:24:28 (36.5%)	6:42	8.9 (63.1%)
58	KOPEC-BRUDEK Magdalena	1139		K-30	63	00:00:41	00:17:27	00:43:51	01:08:01.00	01:08:42.30	+00:25:24 (37.4%)	6:48	8.8 (62.4%)
59	BOGACZ Jagoda	1017		K-40	33	00:00:09	00:16:21	00:43:47	01:08:19.90	01:08:29.50	+00:25:43 (37.7%)	6:49	8.8 (62.4%)
60	ŁUKASZEWSKA Justyna	1182		K-40	34	00:00:38	00:16:59	00:44:07	01:09:08.15	01:09:46.35	+00:26:31 (38.4%)	6:54	8.7 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	SLUZALEK Małgorzata	1317	TRI&MORE	K-40	35	00:00:23	00:17:29	00:44:54	01:09:15.40	01:09:39.20	+00:26:39 (38.5%)	6:55	8.7 (61.7%)
62	KOCYAN Małgorzata	1132		K-60	1	00:00:42	00:17:06	00:44:01	01:10:10.70	01:10:53.65	+00:27:34 (39.3%)	7:01	8.6 (61.0%)
63	POŹNIAK-BOKŁAK Halina	1271		K-60	2	00:00:24	00:16:45	00:44:00	01:10:42.70	01:11:06.85	+00:28:06 (39.7%)	7:04	8.5 (60.3%)
64	KOPER Dorota	1141		K-30	64	00:00:28	00:17:22	00:45:11	01:11:11.40	01:11:40.35	+00:28:35 (40.2%)	7:07	8.4 (59.6%)
65	JĘDRZEJOWSKA-DEC Anna	1424		K-40	36	00:00:28	00:18:13	00:45:53	01:11:14.00	01:11:42.25	+00:28:37 (40.2%)	7:07	8.4 (59.6%)
66	DUDZICZ Barbara	1425		K-40	37	00:00:28	00:17:56	00:45:53	01:11:15.75	01:11:44.10	+00:28:39 (40.2%)	7:07	8.4 (59.6%)
67	BAK-DRABIK Katarzyna	1010		K-40	39	00:00:42	00:17:59	00:46:40	01:11:56.90	01:12:39.70	+00:29:20 (40.8%)	7:11	8.3 (58.9%)
68	FRANCZYK Kinga	1055	FUNDACJA TOŚKA I PRZYJACIELE	K-40	40	00:00:42	00:17:59	00:46:40	01:11:57.05	01:12:39.70	+00:29:20 (40.8%)	7:11	8.3 (58.9%)
69	WIELGUS Karolina	1468		K-20	20	00:00:45	00:17:53	00:45:42	01:12:38.65	01:13:23.80	+00:30:02 (41.4%)	7:15	8.3 (58.9%)
70	JAWORSKA-PRYMAS Karolina	1104		K-20	21	00:00:20	00:17:43	00:46:46	01:12:50.70	01:13:11.40	+00:30:14 (41.5%)	7:17	8.2 (58.2%)
71	MRÓWKA Ilona	1218		K-50	11	00:00:13	00:17:21	00:46:32	01:14:52.40	01:15:05.75	+00:32:16 (43.1%)	7:29	8 (56.7%)
72	HOMIŃSKA Krystyna	1458		K-50	12	00:00:26	00:17:57	00:46:46	01:15:07.50	01:15:34.25	+00:32:31 (43.3%)	7:30	8 (56.7%)
73	MICHALIK Honorata	1204		K-30	66	00:00:31	00:19:47	00:52:46	01:23:46.95	01:24:18.90	+00:41:10 (49.1%)	8:22	7.2 (51.1%)
DNC	CHOLEWA Magdalena	1028		K-40		00:00:00		00:09:05	00:30:59.35	00:30:59.35		0:00	19.4 (137.6%)
DNC	BLASZCZYK Paulina	1015		K-30		00:00:00		00:09:51	00:31:26.95	00:31:26.95		0:00	19.1 (135.5%)
DNC	PRZYDACZ Aleksandra	1474		K-30		00:00:00		00:11:13	00:32:22.35	00:32:22.35		0:00	18.5 (131.2%)
DNC	MARKOWSKA Sylwia	1195		K-30		00:00:00			00:37:56.25	00:37:56.25		0:00	15.8 (112.1%)

Znaleziono 77 wynik(ów)