



Wydarzenie: Półmaraton Gliwicki 2017
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-10-22
Miejsce: Gliwice
Dystans: 10 km

GLIWICKA DYCHA

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkanki Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	10_km 4.3km	15_km 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SKUPIEŃ Małgorzata	2122	ETISOFT RUNNING TEAM	K-20	2	00:00:42	00:21:07	00:29:09	00:49:12.75	00:49:54.95		4:55	12.2 (100%)
2	FRĄCZYK Małgorzata	2213		K-40	3	00:00:48	00:20:24	00:28:30	00:49:25.00	00:50:13.05	+00:00:12 (0.4%)	4:56	12.1 (99.2%)
3	PASECKA Sylwia	2333		K-40	4	00:00:21	00:20:47	00:29:05	00:49:48.15	00:50:09.55	+00:00:35 (1.2%)	4:58	12 (98.4%)
4	PIKUL Wiktoria	2177		K-18	1	00:00:28	00:21:18	00:29:39	00:50:17.60	00:50:45.60	+00:01:04 (2.1%)	5:01	11.9 (97.5%)
5	ŻOŁĄDŹ Marlena	2264		K-20	3	00:01:06	00:21:47	00:30:13	00:50:37.35	00:51:43.50	+00:01:24 (2.8%)	5:03	11.9 (97.5%)
6	RUBIN Katarzyna	2487		K-20	6	00:00:36	00:21:16	00:29:41	00:51:36.80	00:52:13.20	+00:02:24 (4.7%)	5:09	11.6 (95.1%)
7	EICHHOF Joanna	2030		K-40	5	00:01:12	00:21:52	00:30:30	00:52:33.55	00:53:46.20	+00:03:20 (6.4%)	5:15	11.4 (93.4%)
8	BRODALA Agnieszka	2245		K-30	10	00:00:21	00:22:03	00:30:45	00:52:43.45	00:53:05.00	+00:03:30 (6.7%)	5:16	11.4 (93.4%)
9	GAJDA Katarzyna	2339	TAKENAKA	K-20	8	00:00:14	00:22:26	00:31:19	00:53:52.15	00:54:07.00	+00:04:39 (8.6%)	5:23	11.1 (91.0%)
10	ŁAJSZCZAK - GAJDA Dorota	2174		K-40	8	00:02:00	00:22:19	00:31:19	00:54:01.40	00:56:01.45	+00:04:48 (8.9%)	5:24	11.1 (91.0%)
11	RACZEK Magdalena	2193		K-30	12	00:00:30	00:23:01	00:31:59	00:54:10.95	00:54:41.85	+00:04:58 (9.2%)	5:25	11.1 (91.0%)
12	KOSMACZEWSKA Anna	2010	ETISOFT RUNNING TEAM	K-30	14	00:00:22	00:23:29	00:32:39	00:55:28.15	00:55:50.20	+00:06:15 (11.3%)	5:32	10.8 (88.5%)
13	STOLARCZYK Aleksandra	2465	RUNTEAM PAWŁOWICE	K-30	15	00:02:02	00:23:34	00:32:40	00:55:34.95	00:57:37.30	+00:06:22 (11.5%)	5:33	10.8 (88.5%)
14	SIERADZKA Agnieszka	2057	BIEGAJ Z TRENERAMI	K-30	17	00:00:00		00:33:29	00:55:56.60	00:55:56.60	+00:06:43 (12.0%)	5:35	10.7 (87.7%)
15	BEMŚ Emilia	2185		K-20	12	00:01:44	00:24:04	00:33:11	00:56:06.10	00:57:50.85	+00:06:53 (12.3%)	5:36	10.7 (87.7%)
16	GILLNER Klaudia	2035		K-20	14	00:01:36	00:23:25	00:32:40	00:56:22.75	00:57:59.10	+00:07:10 (12.7%)	5:38	10.6 (86.9%)
17	MICHALSKA Natalia	2182	ABM	K-18	2	00:01:27	00:23:06	00:32:37	00:56:36.65	00:58:03.95	+00:07:23 (13.1%)	5:39	10.6 (86.9%)
18	TARNOWSKA Edyta	2151		K-20	16	00:00:23	00:23:01	00:32:28	00:56:54.85	00:57:18.65	+00:07:42 (13.5%)	5:41	10.5 (86.1%)
19	TARTANUS-ORYSZCZAK Marta	2365		K-30	22	00:01:18	00:23:39	00:33:07	00:57:30.65	00:58:49.15	+00:08:17 (14.4%)	5:45	10.4 (85.2%)
20	ŚMIGIEL Magdalena	2192		K-20	18	00:01:05	00:22:57	00:33:08	00:57:40.05	00:58:45.05	+00:08:27 (14.7%)	5:46	10.4 (85.2%)
21	FRANIELCZYK Marta	2499		K-30	24	00:00:00		00:33:46	00:58:08.60	00:58:08.60	+00:08:55 (15.4%)	5:48	10.3 (84.4%)
22	WOJTOWICZ Karolina	2325		K-30	26	00:00:40	00:23:35	00:33:12	00:58:16.80	00:58:57.55	+00:09:04 (15.6%)	5:49	10.3 (84.4%)
23	BALCER Weronika	2318		K-20	24	00:02:09	00:23:43	00:33:18	00:58:26.60	01:00:36.15	+00:09:13 (15.8%)	5:50	10.3 (84.4%)
24	LUKOSZEK Weronika	2034	STEP-DANCE	K-20	25	00:02:01	00:24:29	00:34:14	00:58:29.15	01:00:30.45	+00:09:16 (15.9%)	5:50	10.3 (84.4%)
25	STRYSIK-KRĘŻEL Iwona	2291	PROPOINT	K-30	28	00:00:23	00:24:07	00:33:52	00:58:51.25	00:59:15.20	+00:09:38 (16.4%)	5:53	10.2 (83.6%)
26	BRZÓZKA Patrycja	2490		K-20	26	00:02:09	00:24:52	00:34:32	00:59:02.30	01:01:12.00	+00:09:49 (16.6%)	5:54	10.2 (83.6%)
27	CZENCZEK Magdalena	2011	ETISOFT RUNNING TEAM	K-30	29	00:00:22	00:23:54	00:34:01	00:59:04.05	00:59:26.55	+00:09:51 (16.7%)	5:54	10.2 (83.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	10 km		Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
							4.3km	6km					
28	WYCIŚLIK Wioleta	2168		K-30	32	00:01:35	00:25:12	00:34:53	00:59:33.75	01:01:09.45	+00:10:21 (17.4%)	5:57	10.1 (82.8%)
29	BOCHNAK Aleksandra	2156		K-20	27	00:00:38	00:24:27	00:34:29	00:59:42.45	01:00:21.35	+00:10:29 (17.6%)	5:58	10 (82.0%)
30	KOLASIŃSKA Monika	2075		K-20	29	00:01:53	00:24:31	00:34:31	00:59:46.40	01:01:39.65	+00:10:33 (17.7%)	5:58	10 (82.0%)
31	CZERWIŃSKA Anna	2508		K-30	35	00:00:22	00:25:11	00:35:08	01:00:05.40	01:00:27.90	+00:10:52 (18.1%)	6:00	10 (82.0%)
32	DREJA Katarzyna	2505	OPEL ACTIVE TEAM	K-30	36	00:01:58	00:25:08	00:35:03	01:00:14.80	01:02:13.20	+00:11:02 (18.3%)	6:01	10 (82.0%)
33	SIKORSKA Katarzyna	2133		K-30	37	00:01:14	00:24:37	00:34:44	01:00:15.70	01:01:30.25	+00:11:02 (18.3%)	6:01	10 (82.0%)
34	ŻURAWIECKA Anna	2474		K-20	31	00:01:50	00:25:04	00:35:05	01:00:19.85	01:02:10.35	+00:11:07 (18.4%)	6:02	9.9 (81.1%)
35	WOLANIN Patrycja	2440		K-20	32	00:00:59	00:25:45	00:35:43	01:00:43.70	01:01:43.05	+00:11:30 (19.0%)	6:04	9.9 (81.1%)
36	RUSIELEWICZ Agnieszka	2486		K-20	33	00:02:20	00:25:44	00:35:40	01:00:54.70	01:03:14.70	+00:11:41 (19.2%)	6:05	9.9 (81.1%)
37	ZGRZYBŁOWSKA Weronika	2423		K-30	45	00:01:07	00:25:54	00:35:53	01:01:06.50	01:02:13.50	+00:11:53 (19.5%)	6:06	9.8 (80.3%)
38	PIENIAK Karolina	2078		K-20	35	00:00:38	00:25:46	00:36:02	01:01:07.95	01:01:46.10	+00:11:55 (19.5%)	6:06	9.8 (80.3%)
39	SOBOLEWSKA Stefania	2347		K-40	18	00:01:54	00:26:03	00:36:24	01:02:15.65	01:04:10.20	+00:13:02 (21.0%)	6:13	9.6 (78.7%)
40	ŁASZOWSKA Ewa	2464	OPEL ACTIVE TEAM	K-30	47	00:01:05	00:24:52	00:35:09	01:02:18.50	01:03:24.15	+00:13:05 (21.0%)	6:13	9.6 (78.7%)
41	ZIMNY Joanna	2022		K-30	52	00:02:39	00:26:34	00:36:40	01:02:51.85	01:05:31.30	+00:13:39 (21.7%)	6:17	9.5 (77.9%)
42	KUKUCZKA Ewa	2146		K-30	55	00:01:09	00:25:05	00:35:38	01:03:15.95	01:04:25.05	+00:14:03 (22.2%)	6:19	9.5 (77.9%)
43	PROCEK Katarzyna	2144		K-40	20	00:01:27	00:25:24	00:36:16	01:03:42.70	01:05:09.90	+00:14:29 (22.8%)	6:22	9.4 (77.0%)
44	MALEŃKA Jolanta	2448		K-30	57	00:01:03	00:24:57	00:35:42	01:03:48.00	01:04:51.45	+00:14:35 (22.9%)	6:22	9.4 (77.0%)
45	BĄCZEK Patrycja	2324		K-20	39	00:02:57	00:26:16	00:36:57	01:04:00.20	01:06:57.25	+00:14:47 (23.1%)	6:24	9.4 (77.0%)
46	PANKIEWICZ Katarzyna	2260	GRUPACMYKI	K-40	21	00:01:06	00:25:39	00:36:18	01:04:07.40	01:05:14.30	+00:14:54 (23.3%)	6:24	9.4 (77.0%)
47	LATOS Ewa	2077	NIGHT RUNNERS GLIWICE	K-30	60	00:02:24	00:27:21	00:38:24	01:04:29.65	01:06:54.50	+00:15:16 (23.7%)	6:27	9.3 (76.2%)
48	SZYDŁAK Iwona	2242	OASIS SPORT TEAM	K-30	61	00:01:27	00:25:16	00:36:30	01:04:49.35	01:06:16.90	+00:15:36 (24.1%)	6:28	9.3 (76.2%)
49	BARTKOWSKA Monika	2253		K-30	62	00:01:08	00:27:06	00:38:06	01:04:57.15	01:06:05.55	+00:15:44 (24.2%)	6:29	9.2 (75.4%)
50	PE Magdalena	2411		K-30	63	00:00:29	00:26:05	00:37:16	01:05:14.80	01:05:44.15	+00:16:02 (24.6%)	6:31	9.2 (75.4%)
51	DUDZICZ Anna	2065		K-50	6	00:01:25	00:26:42	00:37:16	01:05:16.95	01:06:42.25	+00:16:04 (24.6%)	6:31	9.2 (75.4%)
52	NIESLER Magdalena	2419	NIGHT RUNNERS GLIWICE	K-30	64	00:01:06	00:26:24	00:37:31	01:05:34.35	01:06:41.25	+00:16:21 (24.9%)	6:33	9.1 (74.6%)
53	GORAJ-ZAJĄC Aleksandra	2537	NIGHT RUNNER	K-40	23	00:00:09	00:26:40	00:37:34	01:05:56.35	01:06:05.45	+00:16:43 (25.4%)	6:35	9.1 (74.6%)
54	BREGUŁA Anna	2322		K-40	24	00:01:28	00:25:04	00:35:35	01:05:58.90	01:07:27.25	+00:16:46 (25.4%)	6:35	9.1 (74.6%)
55	GÓRA Grażyna	2026		K-30	65	00:00:08	00:25:43	00:36:46	01:06:03.85	01:06:11.90	+00:16:51 (25.5%)	6:36	9.1 (74.6%)
56	DZIEMIAŃCZUK Monika	2316		K-40	25	00:02:31	00:27:19	00:38:36	01:06:35.10	01:09:06.30	+00:17:22 (26.1%)	6:39	9 (73.8%)
57	MICHALIK Natalia	2088		K-20	43	00:01:46	00:25:20	00:36:47	01:06:38.85	01:08:25.15	+00:17:26 (26.2%)	6:39	9 (73.8%)
58	TRZASKALIK Aleksandra	2120		K-20	44	00:02:11	00:28:46	00:39:54	01:07:44.90	01:09:55.95	+00:18:32 (27.4%)	6:46	8.9 (73.0%)
59	STRUG Małgorzata	2489		K-40	27	00:02:18	00:27:31	00:38:56	01:07:55.20	01:10:13.60	+00:18:42 (27.5%)	6:47	8.8 (72.1%)
60	WILCZYŃSKA-KOGUT Aleksandra	2336	NIGHT RUNNERS GLIWICE	K-30	67	00:01:51	00:27:32	00:38:47	01:08:04.80	01:09:56.05	+00:18:52 (27.7%)	6:48	8.8 (72.1%)
61	KACZKIEWICZ Agnieszka	2002	NIGHT RUNNERS GLIWICE	K-40	29	00:01:03	00:28:21	00:39:54	01:09:21.95	01:10:25.50	+00:20:09 (29.1%)	6:56	8.6 (70.5%)
62	KOCHANEK Aleksandra	2203		K-40	31	00:02:28	00:28:01	00:39:25	01:09:24.35	01:11:52.70	+00:20:11 (29.1%)	6:56	8.6 (70.5%)
63	SZKAMRUK Małgorzata	2254		K-30	69	00:01:25	00:27:44	00:39:12	01:09:33.15	01:10:58.95	+00:20:20 (29.2%)	6:57	8.6 (70.5%)
64	PAJĄK Aleksandra	2345		K-40	33	00:00:05	00:27:22	00:39:07	01:10:06.60	01:10:11.65	+00:20:53 (29.8%)	7:00	8.6 (70.5%)
65	STANISZ Małgorzata	2067		K-30	70	00:00:53	00:28:03	00:39:41	01:10:06.95	01:11:00.75	+00:20:54 (29.8%)	7:00	8.6 (70.5%)
66	KONOPACKA Krystyna	2119		K-60	3	00:00:32	00:29:03	00:40:58	01:11:54.15	01:12:27.00	+00:22:41 (31.6%)	7:11	8.3 (68.0%)
67	ZARODA Magdalena	2287		K-30	73	00:00:32	00:29:35	00:41:36	01:13:20.45	01:13:53.00	+00:24:07 (32.9%)	7:20	8.2 (67.2%)
68	VEGA ZUMETA Brygida	2408	NIGHT RUNNERS GLIWICE	K-30	74	00:01:02	00:30:11	00:42:38	01:15:07.15	01:16:09.55	+00:25:54 (34.5%)	7:30	8 (65.6%)
69	JUSZCZAK Ewa	2049		K-50	7	00:00:54	00:32:54	00:48:53	01:22:24.25	01:23:18.65	+00:33:11 (40.3%)	8:14	7.3 (59.8%)
70	JUSZCZAK - WIŚNIEWSKA Agata	2435	NIGHT RUNNERS GLIWICE	K-30	78	00:00:54	00:32:54	00:48:55	01:24:38.55	01:25:33.05	+00:35:25 (41.9%)	8:27	7.1 (58.2%)
71	CIESZYŃSKA Jolanta	2225	SEKCJA BIEGOWA FAMILIA	K-50	8	00:00:32	00:36:57	00:52:20	01:26:38.15	01:27:10.70	+00:37:25 (43.2%)	8:39	6.9 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	10_km 4.3km	15_km 6km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	CYBULSKA Weronika	2184		K-20	47	00:01:46	00:54:40	01:03:46	01:28:28.80	01:30:15.30	+00:39:16 (44.4%)	8:50	6.8 (55.7%)

Znaleziono 72 wynik(ów)