

# GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2020-07-16  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 33 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	Czerniak 16km	D1 24km	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
1	<b>BRÝDL Pavel</b>	<b>6209</b>	SALOMON/SUUNTO - MUAY RUNNING TEAM	Masters M - 40	1	00:44:54	01:19:55	02:01:07	<b>02:48:10.85</b>		5:05	11.8 (100%)
2	<b>GLAPIAK Damian</b>	<b>6027</b>	ADRUNALINE	Masters M - 40	2	00:45:42	01:21:30	02:02:10	<b>02:48:59.90</b>	+00:00:49 (0.5%)	5:07	11.7 (99.2%)
3	<b>KRUPICKA Robert</b>	<b>6310</b>	SALOMON TEAM CZ	Masters M - 40	3	00:45:40	01:18:42		<b>02:51:10.80</b>	+00:02:59 (1.8%)	5:11	11.6 (98.3%)
4	<b>PASIK Tomasz</b>	<b>6334</b>		Masters M - 40	4	00:50:01	01:28:56	02:11:56	<b>03:00:35.25</b>	+00:12:24 (6.9%)	5:28	11 (93.2%)
5	<b>GAZDA Vítězslav</b>	<b>6042</b>		Masters M - 40	5	00:52:46	01:32:56	02:21:30	<b>03:16:23.55</b>	+00:28:12 (14.4%)	5:57	10.1 (85.6%)
6	<b>GARNEK Piotr</b>	<b>6166</b>	VEGE RUNNERS	Masters M - 40	6	00:55:08		02:25:18	<b>03:21:06.15</b>	+00:32:55 (16.4%)	6:05	9.8 (83.1%)
7	<b>SZOPA Łukasz</b>	<b>6228</b>	KARKONOSZ RUNNING TEAM	Masters M - 40	7	00:56:04	01:39:51	02:28:10	<b>03:23:46.45</b>	+00:35:35 (17.5%)	6:10	9.7 (82.2%)
8	<b>MORAWA Mateusz</b>	<b>6348</b>	LACHO TEAM	Masters M - 40	8	00:58:07	01:42:10	02:30:48	<b>03:24:44.30</b>	+00:36:33 (17.9%)	6:12	9.7 (82.2%)
9	<b>KOTKOWSKI Piotr</b>	<b>6287</b>	DRUŻYNA SZPIKU / MARATONYPOLSKIE TEAM	Masters M - 40	9	00:57:12	01:38:22	02:30:14	<b>03:34:02.00</b>	+00:45:51 (21.4%)	6:29	9.3 (78.8%)
10	<b>BRZOZOWSKI Jacek</b>	<b>6020</b>		Masters M - 40	10	01:00:19	01:47:22	02:41:17	<b>03:45:19.95</b>	+00:57:09 (25.4%)	6:49	8.8 (74.6%)
11	<b>GREIVELDINGER Gilles</b>	<b>6261</b>	ŚWIAT BIEGACZA FEHLAU RUN TEAM	Masters M - 40	11	00:58:57	01:45:23	02:41:44	<b>03:46:48.90</b>	+00:58:38 (25.9%)	6:52	8.7 (73.7%)
12	<b>ROGALSKI Andrzej</b>	<b>6381</b>	Q100TEAM	Masters M - 40	12	01:04:24	01:51:28	02:48:43	<b>03:55:49.05</b>	+01:07:38 (28.7%)	7:08	8.4 (71.2%)
13	<b>KITA Michał</b>	<b>6047</b>	PĘDZĄCY W MIEJSCU	Masters M - 40	13	00:54:34	01:43:43	02:48:07	<b>03:57:50.60</b>	+01:09:39 (29.3%)	7:12	8.3 (70.3%)
14	<b>CZAK Tomasz</b>	<b>6169</b>	MULTIFIT	Masters M - 40	14	01:05:07	01:55:36	02:50:59	<b>04:04:47.60</b>	+01:16:36 (31.3%)	7:25	8.1 (68.6%)
15	<b>ŻYŁKA Paweł</b>	<b>6367</b>		Masters M - 40	15	01:06:49	01:59:30	03:00:15	<b>04:04:49.50</b>	+01:16:38 (31.3%)	7:25	8.1 (68.6%)
16	<b>SZARANIEC Sebastian</b>	<b>6251</b>	T-MOBILE SPORT TEAM	Masters M - 40	16	01:04:39	01:53:04	02:51:48	<b>04:06:17.90</b>	+01:18:07 (31.7%)	7:27	8 (67.8%)
17	<b>PACIA Sebastian</b>	<b>6154</b>		Masters M - 40	17	01:10:23	02:02:50	02:58:51	<b>04:08:46.90</b>	+01:20:36 (32.4%)	7:32	8 (67.8%)
18	<b>MĘŻYKOWSKI Michał</b>	<b>6388</b>		Masters M - 40	18	01:05:40	01:55:24	02:54:46	<b>04:09:13.95</b>	+01:21:03 (32.5%)	7:33	7.9 (66.9%)
19	<b>ŻAKOWSKI Karol</b>	<b>6056</b>	PORT RELAKS CREW	Masters M - 40	19	01:07:43	01:56:53	03:04:00	<b>04:10:27.00</b>	+01:22:16 (32.8%)	7:35	7.9 (66.9%)
20	<b>STROZEK Bartek</b>	<b>6264</b>		Masters M - 40	20	01:07:37	01:55:51	02:57:19	<b>04:11:15.00</b>	+01:23:04 (33.1%)	7:36	7.9 (66.9%)
21	<b>GRABOWSKI Artii</b>	<b>6394</b>		Masters M - 40	21	01:06:25	02:00:57	03:01:48	<b>04:14:40.90</b>	+01:26:30 (34.0%)	7:43	7.8 (66.1%)
22	<b>KAYSIEWICZ Maciej</b>	<b>6141</b>	NATURAL BORN RUNNERS TEAM	Masters M - 40	22	01:06:12	02:01:45	03:01:01	<b>04:15:13.95</b>	+01:27:03 (34.1%)	7:44	7.8 (66.1%)
23	<b>RĘKOSIEWICZ Jakub</b>	<b>6351</b>	NOVITA	Masters M - 40	23	01:06:17	02:01:31	03:05:11	<b>04:18:01.40</b>	+01:29:50 (34.8%)	7:49	7.7 (65.3%)
24	<b>GRZEGOREK Grzegorz</b>	<b>6327</b>	KLUB BIEGACZA KĄTY WROCŁAWSKIE	Masters M - 40	24		01:58:00		<b>04:18:06.35</b>	+01:29:55 (34.8%)	7:49	7.7 (65.3%)
25	<b>WANKIEWICZ Krzysztof</b>	<b>6268</b>		Masters M - 40	25	01:10:35		03:05:02	<b>04:18:19.65</b>	+01:30:08 (34.9%)	7:49	7.7 (65.3%)
26	<b>MAKOCCI Michał</b>	<b>6162</b>	FORMOSA BEARS	Masters M - 40	26	01:12:41	02:08:29	03:05:41	<b>04:18:32.20</b>	+01:30:21 (34.9%)	7:50	7.7 (65.3%)
27	<b>MUTRYNOWSKI Piotr</b>	<b>6155</b>		Masters M - 40	27	01:14:40	02:06:46	03:11:05	<b>04:18:52.00</b>	+01:30:41 (35.0%)	7:50	7.6 (64.4%)
28	<b>HOFMAN Jakub</b>	<b>6339</b>		Masters M - 40	28	01:09:50		03:08:03	<b>04:22:11.80</b>	+01:34:00 (35.9%)	7:56	7.6 (64.4%)
29	<b>MAĆKOWSKI Mateusz</b>	<b>6065</b>	NATURAL BORN COFFEE LOVERS	Masters M - 40	29	01:13:10	02:09:24	03:11:20	<b>04:23:07.80</b>	+01:34:56 (36.1%)	7:58	7.5 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1	Czerniak	D1	Czas netto	Różn	Tempo	Tempo
						9km	16km	24km	33km		min/km	km/h
30	JÓŹWIAK Michał	6372		Masters M - 40	30	01:12:42	02:05:45	03:07:21	<b>04:27:28.30</b>	+01:39:17 (37.1%)	8:06	7.4 (62.7%)
31	MARECKI Grzegorz	6231	KRAPKOWICE BIEGA	Masters M - 40	31	01:10:11	02:05:29	03:11:10	<b>04:30:43.30</b>	+01:42:32 (37.9%)	8:12	7.3 (61.9%)
32	PAŹUCHA Wojciech	6330		Masters M - 40	32	01:08:50	02:02:45	03:19:24	<b>04:36:58.35</b>	+01:48:47 (39.3%)	8:23	7.1 (60.2%)
33	KOŁODZIEJ Mariusz	6054	TMTEAM	Masters M - 40	33	01:12:10		03:17:45	<b>04:39:18.40</b>	+01:51:07 (39.8%)	8:27	7.1 (60.2%)
34	BARTOSIEWICZ Adam	6365		Masters M - 40	34	01:15:48	02:12:19	03:20:10	<b>04:41:23.30</b>	+01:53:12 (40.2%)	8:31	7 (59.3%)
35	TALAREK Robert	6335	SMT SZCZECIN	Masters M - 40	35	01:13:58	02:11:39	03:16:44	<b>04:42:07.35</b>	+01:53:56 (40.4%)	8:32	7 (59.3%)
36	KRZESZOWIEC Jacek	6077		Masters M - 40	36	01:13:03	02:11:18	03:20:33	<b>04:43:56.15</b>	+01:55:45 (40.8%)	8:36	7 (59.3%)
37	JAŹWIŃSKI Krzysztof	6098	ROZBIEGANI ŻYCHLIN	Masters M - 40	37	01:17:03	02:17:47	03:25:30	<b>04:44:12.05</b>	+01:56:01 (40.8%)	8:36	7 (59.3%)
38	ZWOLIŃSKI Mariusz	6165		Masters M - 40	38	01:12:31	02:10:36	03:17:07	<b>04:44:32.85</b>	+01:56:22 (40.9%)	8:37	7 (59.3%)
39	DUPLA Konrad	6341		Masters M - 40	39	01:10:13	02:08:07	03:17:00	<b>04:44:42.95</b>	+01:56:32 (40.9%)	8:37	7 (59.3%)
40	KARCZ Tomasz	6393		Masters M - 40	40	01:10:06	02:07:59	03:14:48	<b>04:46:14.10</b>	+01:58:03 (41.2%)	8:40	6.9 (58.5%)
41	KURCZEK Tomasz	6290		Masters M - 40	41	01:16:07	02:14:35	03:26:16	<b>04:51:40.95</b>	+02:03:30 (42.3%)	8:50	6.8 (57.6%)
42	KANTOREK Piotr	6060		Masters M - 40	42	01:18:11	02:12:59	03:26:50	<b>04:55:01.65</b>	+02:06:50 (43.0%)	8:56	6.7 (56.8%)
43	KNEZEVIC Srdjan	6123		Masters M - 40	43	01:18:23	02:13:15	03:27:02	<b>04:55:14.00</b>	+02:07:03 (43.0%)	8:56	6.7 (56.8%)
44	BEDNARCZYK Paweł	6084	PZU SPORT TEAM	Masters M - 40	44	01:12:51	02:11:50	03:23:34	<b>04:57:17.00</b>	+02:09:06 (43.4%)	9:00	6.7 (56.8%)
45	STANIEK Sławomir	6245	BST	Masters M - 40	45	01:17:46	02:18:47	03:32:13	<b>04:57:29.75</b>	+02:09:18 (43.5%)	9:00	6.7 (56.8%)
46	NOWAK Sebastian	6357		Masters M - 40	46	01:19:30	02:19:55	03:34:13	<b>04:58:08.15</b>	+02:09:57 (43.6%)	9:02	6.6 (55.9%)
47	JANCZAK Piotr	6358		Masters M - 40	47	01:19:23	02:19:41	03:34:04	<b>04:58:17.40</b>	+02:10:06 (43.6%)	9:02	6.6 (55.9%)
48	RELEWICZ Maciej	6021	WOLNE ŚLIMAKI	Masters M - 40	48	01:22:02	02:22:11	03:34:40	<b>05:01:27.80</b>	+02:13:16 (44.2%)	9:08	6.6 (55.9%)
49	WALCZAK Dariusz	6144	OLKUSZBIEGA	Masters M - 40	49	01:18:50	02:24:24	03:39:43	<b>05:05:07.55</b>	+02:16:56 (44.9%)	9:14	6.5 (55.1%)
50	RYSZCZYK Adam	6354	RUN2BFREE	Masters M - 40	50	01:29:19	02:28:51	03:39:19	<b>05:05:52.45</b>	+02:17:41 (45.0%)	9:16	6.5 (55.1%)
51	HELIO SZ Adam	6353	RUN2BFREE	Masters M - 40	51	01:29:30	02:28:57	03:39:32	<b>05:06:01.90</b>	+02:17:51 (45.0%)	9:16	6.5 (55.1%)
52	SZELAĞIEWICZ Arek	6175		Masters M - 40	52	01:19:43	02:22:47	03:38:51	<b>05:06:11.20</b>	+02:18:00 (45.1%)	9:16	6.5 (55.1%)
53	GIERASIMOWICZ Szymon	6239	TOTALSPORT.PL	Masters M - 40	53	01:22:14	02:24:09	03:37:44	<b>05:06:11.65</b>	+02:18:00 (45.1%)	9:16	6.5 (55.1%)
54	MAJ Marek	6151	ŚLĘZAK TEAM	Masters M - 40	54	01:20:41	02:23:23	03:37:49	<b>05:06:27.55</b>	+02:18:16 (45.1%)	9:17	6.5 (55.1%)
55	LEWANDOWSKI Leszek	6323	POWSTAŃCY Z KANAPY	Masters M - 40	55	01:24:05	02:28:56	03:44:13	<b>05:07:44.50</b>	+02:19:33 (45.3%)	9:19	6.4 (54.2%)
56	TRZASKACZ Tomasz	6347	OBORYGENI	Masters M - 40	56	01:31:50	02:30:14	03:38:28	<b>05:08:25.45</b>	+02:20:14 (45.5%)	9:20	6.4 (54.2%)
57	ZIÓŁKOWSKI Piotr	6105		Masters M - 40	57	01:21:17	02:22:20	03:37:33	<b>05:08:28.55</b>	+02:20:17 (45.5%)	9:20	6.4 (54.2%)
58	CHWALISZ Paweł	6190		Masters M - 40	58	01:18:39	02:19:54	03:41:25	<b>05:20:00.50</b>	+02:31:49 (47.4%)	9:41	6.2 (52.5%)
59	KWIECIEŃ Robert	6085		Masters M - 40	59	01:21:24	02:25:57	03:46:10	<b>05:22:30.25</b>	+02:34:19 (47.9%)	9:46	6.1 (51.7%)
60	STEFANIAK Marcin	6011	STR POZNAŃ/PREFAWAAB	Masters M - 40	60	01:17:55	02:23:15	03:38:39	<b>05:22:30.35</b>	+02:34:19 (47.9%)	9:46	6.1 (51.7%)
61	SNIEGOCKI Paweł	6145	TARNOWO PODGÓRNE BIEGA	Masters M - 40	61	01:26:51	02:31:17	03:54:18	<b>05:25:13.70</b>	+02:37:02 (48.3%)	9:51	6.1 (51.7%)
62	WIŚNIEWSKI Tomasz	6032		Masters M - 40	62	01:21:13	02:29:06	03:51:07	<b>05:25:53.40</b>	+02:37:42 (48.4%)	9:52	6.1 (51.7%)
63	KOT Tomasz	6282		Masters M - 40	63	01:22:09	02:27:55	03:52:11	<b>05:27:07.70</b>	+02:38:56 (48.6%)	9:54	6.1 (51.7%)
64	GRZESIOK Wojciech	6395		Masters M - 40	64	01:17:25	02:17:31	03:43:59	<b>05:30:32.45</b>	+02:42:21 (49.1%)	10:00	6 (50.8%)
65	GRZYBEK Tomasz	6111	KLUB GÓRSKI ŚWISTAK BIAŁY	Masters M - 40	65	01:19:59	02:23:11	03:45:12	<b>05:32:12.15</b>	+02:44:01 (49.4%)	10:04	6 (50.8%)
66	KRUTULSKI Michał	6112	KLUB GÓRSKI ŚWISTAK BIAŁY	Masters M - 40	66	01:20:08	02:23:04	03:45:18	<b>05:32:22.85</b>	+02:44:12 (49.4%)	10:04	6 (50.8%)
67	MISZCZYK Marcin	6389		Masters M - 40	67	01:27:10	02:33:56	03:54:36	<b>05:34:26.00</b>	+02:46:15 (49.7%)	10:08	5.9 (50.0%)
68	JAGACKI Piotr	6226	RYKOWISKO	Masters M - 40	68	01:21:36	02:32:01	03:55:27	<b>05:35:59.55</b>	+02:47:48 (49.9%)	10:10	5.9 (50.0%)
69	KARCZEWSKI Tomasz	6318	10 MINUT PO PŁASKIM	Masters M - 40	69	01:19:41	02:31:34	03:56:04	<b>05:39:35.35</b>	+02:51:24 (50.5%)	10:17	5.8 (49.2%)
70	KRZEMIEŃ Bartosz	6128		Masters M - 40	70	01:28:02	02:34:26	04:03:34	<b>05:41:27.55</b>	+02:53:16 (50.7%)	10:20	5.8 (49.2%)
71	PIOTROWSKI Mariusz	6137		Masters M - 40	71	01:28:04	02:34:30	04:03:38	<b>05:41:35.25</b>	+02:53:24 (50.8%)	10:21	5.8 (49.2%)
72	KORECKI Marcin	6325	4FI16	Masters M - 40	72	01:24:44	02:28:46	04:00:53	<b>05:42:09.65</b>	+02:53:58 (50.8%)	10:22	5.8 (49.2%)
73	MADAJ Paweł	6062	BIEGAM, BO NIE LUBIĘ	Masters M - 40	73	01:27:32	02:38:39	03:56:37	<b>05:42:21.80</b>	+02:54:10 (50.9%)	10:22	5.8 (49.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	Czerniak 16km	D1 24km	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
74	<b>SMOLARCZYK Grzegorz</b>	<b>6211</b>		Masters M - 40	74	01:30:36	02:50:08	04:05:14	<b>05:43:42.20</b>	+02:55:31 (51.1%)	10:24	5.8 (49.2%)
75	<b>NOWICKI Marek</b>	<b>6177</b>	PORANNI BIEGACZE	Masters M - 40	75	01:35:46	02:57:00	04:03:19	<b>05:44:39.75</b>	+02:56:28 (51.2%)	10:26	5.7 (48.3%)
76	<b>ŻURAWIK Marcin</b>	<b>6322</b>	SAINT GOBAIN SQUAD	Masters M - 40	76	01:36:17	02:44:15	04:02:03	<b>05:48:20.90</b>	+03:00:10 (51.7%)	10:33	5.7 (48.3%)
77	<b>SKÓRA Marcin</b>	<b>6276</b>	EMES I PARTNERZY	Masters M - 40	77	01:29:19	02:31:03	04:01:59	<b>05:48:35.35</b>	+03:00:24 (51.8%)	10:33	5.7 (48.3%)
78	<b>SUŁEK Tomek</b>	<b>6129</b>		Masters M - 40	78	01:33:06		04:02:05	<b>05:51:51.75</b>	+03:03:40 (52.2%)	10:39	5.6 (47.5%)
79	<b>MROZIŃSKI Albert</b>	<b>6051</b>		Masters M - 40	79	01:46:03	02:55:57	04:09:23	<b>05:52:38.20</b>	+03:04:27 (52.3%)	10:41	5.6 (47.5%)
80	<b>NOWOSAD Artur</b>	<b>6289</b>		Masters M - 40	80	01:25:01	02:32:32	04:04:44	<b>05:53:50.50</b>	+03:05:39 (52.5%)	10:43	5.6 (47.5%)
81	<b>SOBKOWIAK Sławomir</b>	<b>6295</b>	WRONIECKI KLUB BIEGACZA	Masters M - 40	81	01:27:51	02:38:14	04:12:53	<b>05:54:54.05</b>	+03:06:43 (52.6%)	10:45	5.6 (47.5%)
82	<b>SCHLAPPA Sebastian</b>	<b>6124</b>	IZBICKO W BIEGU	Masters M - 40	82	01:29:37	02:46:35	04:09:09	<b>05:55:05.05</b>	+03:06:54 (52.6%)	10:45	5.6 (47.5%)
83	<b>TOKARSKI Rafał</b>	<b>6375</b>		Masters M - 40	83	01:34:54	02:49:56	04:01:50	<b>05:56:22.55</b>	+03:08:11 (52.8%)	10:47	5.6 (47.5%)
84	<b>STASZCZUK Jarosław</b>	<b>6210</b>	WATAHA- ŁĄCZY NAS BIEGANIE	Masters M - 40	84	01:36:00	02:53:52	04:11:26	<b>06:02:06.40</b>	+03:13:55 (53.6%)	10:58	5.5 (46.6%)
85	<b>ADAMSKI Bartłomiej</b>	<b>6272</b>		Masters M - 40	85	01:34:52	02:55:24	04:20:22	<b>06:04:58.90</b>	+03:16:48 (53.9%)	11:03	5.4 (45.8%)
86	<b>PRZYBYLSKI Wittek</b>	<b>6392</b>	MUAY RUNNING TEAM	Masters M - 40	86	01:44:37	03:12:13	04:23:21	<b>06:09:07.90</b>	+03:20:57 (54.4%)	11:11	5.4 (45.8%)
87	<b>CICHY Roman</b>	<b>6384</b>	MUAY RUNNING TEAM	Masters M - 40	87	01:44:49	03:12:16	04:23:31	<b>06:09:17.25</b>	+03:21:06 (54.5%)	11:11	5.4 (45.8%)
88	<b>STOŁOWSKI Robert</b>	<b>6294</b>	AMICA	Masters M - 40	88	01:31:45	02:50:01	04:25:28	<b>06:11:06.95</b>	+03:22:56 (54.7%)	11:14	5.3 (44.9%)
89	<b>KUREK Jarosław</b>	<b>6212</b>	RAJ-D ORZESZE	Masters M - 40	89	01:30:45	02:50:23	04:21:29	<b>06:12:21.50</b>	+03:24:10 (54.8%)	11:17	5.3 (44.9%)
90	<b>FRAŃCZEK Michał</b>	<b>6091</b>	BNW WROCŁAW	Masters M - 40	90	01:30:30	02:50:43	04:28:30	<b>06:18:56.60</b>	+03:30:45 (55.6%)	11:29	5.2 (44.1%)
91	<b>ANDRZEJEWSKI Arkadiusz</b>	<b>6396</b>		Masters M - 40	91	01:24:33	02:49:13	04:23:11	<b>06:35:12.00</b>	+03:47:01 (57.4%)	11:58	5 (42.4%)
92	<b>IWANIUK Adam</b>	<b>6238</b>	WIECZORNE BIEGANIE W SZCZECINIE	Masters M - 40	92	01:35:32	02:54:32	04:29:29	<b>06:36:19.25</b>	+03:48:08 (57.6%)	12:00	5 (42.4%)
93	<b>PAKUŁA Arkadiusz</b>	<b>6059</b>		Masters M - 40	93	01:42:24	03:09:55	04:51:10	<b>06:45:48.15</b>	+03:57:37 (58.6%)	12:17	4.9 (41.5%)
94	<b>WOLEK Marcin</b>	<b>6232</b>		Masters M - 40	94	01:46:00	03:02:59	04:50:32	<b>06:46:32.00</b>	+03:58:21 (58.6%)	12:19	4.9 (41.5%)
95	<b>GWIZDAŁA Daniel</b>	<b>6303</b>		Masters M - 40	95	01:38:11	02:53:09	04:39:37	<b>06:54:57.25</b>	+04:06:46 (59.5%)	12:34	4.8 (40.7%)
96	<b>KURDZIEL Tomasz</b>	<b>6167</b>		Masters M - 40	96	01:40:08	03:15:43	05:18:18	<b>07:13:59.00</b>	+04:25:48 (61.2%)	13:09	4.6 (39.0%)
97	<b>BESTRZYŃSKI Olech</b>	<b>6369</b>	CZŁAPAK ROBAKOWO	Masters M - 40	97	01:54:24	03:19:08	05:05:08	<b>07:14:42.75</b>	+04:26:31 (61.3%)	13:10	4.6 (39.0%)
98	<b>BEREZIUK Michał</b>	<b>6100</b>		Masters M - 40	98	01:52:01	03:32:06	05:15:53	<b>07:15:00.80</b>	+04:26:49 (61.3%)	13:10	4.6 (39.0%)
99	<b>CZOCHARA Robert</b>	<b>6040</b>		Masters M - 40	99	01:53:29	03:39:30	05:01:16	<b>07:32:44.55</b>	+04:44:33 (62.9%)	13:43	4.4 (37.3%)
100	<b>PIECHACZEK Marek</b>	<b>6257</b>	BOOTCAMP	Masters M - 40	100	02:01:26	03:51:45	05:25:58	<b>07:36:33.05</b>	+04:48:22 (63.2%)	13:50	4.3 (36.4%)
<b>Przekroczony limit czasu: 08:30:00</b>												
101	<b>SZYMAŃSKI Paweł</b>	<b>6013</b>	MUAY RUNNING TEAM	Masters M - 40	101	02:11:19	03:48:32	06:09:14	<b>09:04:10.90</b>	+06:16:00 (69.1%)	16:29	3.6 (30.5%)

Znaleziono 101 wynik(ów)