



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2021-07-15
Łądek-Zdrój
33 km

GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Kara/ bonifikata	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
1	GRONOSTAJ Grzegorz	6522		Masters M - 40	1	00:51:22	02:16:08		03:10:11.35		5:45	10.4 (100%)
2	ZEBATKA Lary	6479		Masters M - 40	2	00:51:40	02:20:46	00:10:00	03:12:49.60	+00:02:38 (1.4%)	5:32	10.8 (103.8%)
3	WASZEK Sławomir	6193		Masters M - 40	3	00:56:24	02:31:21		03:27:47.60	+00:17:36 (8.5%)	6:17	9.5 (91.3%)
4	SENTYSZ Robert	6477		Masters M - 40	4	00:54:14	02:35:37		03:43:02.45	+00:32:51 (14.7%)	6:45	8.9 (85.6%)
5	NIEDBAŁA Mateusz	6540	SNOWDOG TRAILTEAM	Masters M - 40	5	01:00:04	02:48:11		03:45:37.25	+00:35:25 (15.7%)	6:50	8.8 (84.6%)
6	MIRECKI Tomasz	6362	140MINUT.PL	Masters M - 40	6	01:01:39	02:44:19		03:50:17.90	+00:40:06 (17.4%)	6:58	8.6 (82.7%)
7	POŻAK Grzegorz	6015		Masters M - 40	7	01:04:35	02:53:52		03:53:36.10	+00:43:24 (18.6%)	7:04	8.5 (81.7%)
8	SIKORA Michał	6422	BLUSZCZA	Masters M - 40	8	01:02:18	02:50:25		03:53:49.10	+00:43:37 (18.7%)	7:05	8.5 (81.7%)
9	PAJDOSZ Rafał	6282	KB BIAŁA BIEGA	Masters M - 40	9	01:05:42	02:50:27		03:54:08.20	+00:43:56 (18.8%)	7:05	8.5 (81.7%)
10	KUTYBA Mariusz	6460	WOLNE ŚLIMAKI	Masters M - 40	10	01:02:18	02:48:25		03:54:44.40	+00:44:33 (19.0%)	7:06	8.4 (80.8%)
11	GAZDA Vítězslav	6158	BENEŠOVSKÝ BĚŽECKÝ KLUB A TŘENOVANIBEHU.CZ	Masters M - 40	11	00:56:04	02:40:33		03:57:57.05	+00:47:45 (20.1%)	7:12	8.3 (79.8%)
12	BUŁACZ Jacek	6268	DZIEWIEĆ SIŁ STRONIE ŚLĄSKIE	Masters M - 40	12	00:57:58	02:51:19		04:01:13.40	+00:51:02 (21.2%)	7:18	8.2 (78.8%)
13	WEYNA Bartosz	6126		Masters M - 40	13	01:05:17	02:58:42		04:06:13.15	+00:56:01 (22.8%)	7:27	8 (76.9%)
14	OWCZAREK Szymon	6039		Masters M - 40	14	01:05:55	03:01:38		04:11:42.90	+01:01:31 (24.4%)	7:37	7.9 (76.0%)
15	KULAS Łukasz	6499	SOLO	Masters M - 40	15	01:10:53	03:16:44		04:21:17.20	+01:11:05 (27.2%)	7:55	7.6 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Kara/ bonifikata	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
16	CZERWINSKI Dominik	6397	ALVO RACING TEAM	Masters M - 40	16	01:10:39	03:10:29		04:22:05.80	+01:11:54 (27.4%)	7:56	7.6 (73.1%)
17	STRUK Maciej	6429	AĘ TRI CLUB	Masters M - 40	17	01:05:39	03:01:56		04:22:08.90	+01:11:57 (27.4%)	7:56	7.6 (73.1%)
18	ANTOSIAK Tomasz	6148	FUNTRI	Masters M - 40	18	01:11:41	03:13:18		04:22:16.50	+01:12:05 (27.5%)	7:56	7.5 (72.1%)
19	GEZELA Robert	6032	EUFORIA BIEGACZA TEAM	Masters M - 40	19	01:07:05	03:08:34		04:23:40.15	+01:13:28 (27.9%)	7:59	7.5 (72.1%)
20	MĘŻYKOWSKI Michał	6456	FORMA NA SZCZYT	Masters M - 40	20	01:05:28	03:06:11		04:24:22.95	+01:14:11 (28.1%)	8:00	7.5 (72.1%)
21	HASSAK Maciej	6027	GKC GORLICE	Masters M - 40	21	01:08:47	03:11:14		04:25:57.35	+01:15:46 (28.5%)	8:03	7.4 (71.2%)
22	JASZCZUK Robert	6251	GYMCITY BEŁCHATÓW	Masters M - 40	22	01:09:40	03:11:22		04:26:09.65	+01:15:58 (28.5%)	8:03	7.4 (71.2%)
23	MADERA Andrzej	6329		Masters M - 40	23	01:08:19	03:04:53		04:28:41.00	+01:18:29 (29.2%)	8:08	7.4 (71.2%)
24	SITEK Arkadiusz	6215	AKTYWNI WĘGRÓW	Masters M - 40	24	01:08:36	03:13:36		04:28:41.15	+01:18:29 (29.2%)	8:08	7.4 (71.2%)
25	SPECHT Mikołaj	6513		Masters M - 40	25	01:09:55	03:12:41		04:29:04.70	+01:18:53 (29.3%)	8:09	7.4 (71.2%)
26	RUDNY Rafał	6524	RUDNYRUNNINGTEAM	Masters M - 40	26	00:47:19	03:14:12		04:29:37.10	+01:19:25 (29.5%)	8:10	7.3 (70.2%)
27	NOWAK Sebastian	6510		Masters M - 40	27	01:16:38	03:31:57		04:33:41.30	+01:23:29 (30.5%)	8:17	7.2 (69.2%)
28	CHRZANOWSKI Paweł	6458		Masters M - 40	28	01:09:28	03:23:14		04:34:28.00	+01:24:16 (30.7%)	8:19	7.2 (69.2%)
29	MITUŚ Wojtek	6521		Masters M - 40	29	01:36:36	04:04:03		04:36:39.00	+01:26:27 (31.3%)	8:23	7.2 (69.2%)
30	CZAJKOWSKI Adam	6454		Masters M - 40	30	01:11:56	03:26:29		04:39:47.70	+01:29:36 (32.0%)	8:28	7.1 (68.3%)
31	KOCIUMBAS Bartosz	6007	KB SOBÓTKA	Masters M - 40	31	01:07:41	03:23:32		04:42:48.55	+01:32:37 (32.7%)	8:34	7 (67.3%)
32	KOŁODZIEJ Roman	6503	PERFEKTA KARLOWICE	Masters M - 40	32	01:08:34	03:27:30		04:44:32.50	+01:34:21 (33.2%)	8:37	7 (67.3%)
33	NOWAK Łukasz	6300		Masters M - 40	33	01:11:24	03:26:18		04:44:35.90	+01:34:24 (33.2%)	8:37	7 (67.3%)
34	SCHUBERT Valdemar	6547	BK LUDGEROVICE	Masters M - 40	34	01:08:37	03:23:59		04:44:46.50	+01:34:35 (33.2%)	8:37	7 (67.3%)
35	KRZEPKOWSKI Radosław	6494	ADIDAS RUNNERS WARSAW	Masters M - 40	35	01:17:57	03:30:34		04:45:02.05	+01:34:50 (33.3%)	8:38	6.9 (66.3%)
36	STEBEL Bartosz	6512	MEBLE SARBB	Masters M - 40	36	01:12:03	03:28:03		04:47:43.70	+01:37:32 (33.9%)	8:43	6.9 (66.3%)
37	RAJTAR Robert	6472	BRYGADA RR ROBERT RAJTAR	Masters M - 40	37	01:40:23			04:50:27.10	+01:40:15 (34.5%)	8:48	6.8 (65.4%)
38	KUCHARSKI Tomasz	6487	ALVO RACING TEAM	Masters M - 40	38	01:13:20	03:18:10		04:53:57.75	+01:43:46 (35.3%)	8:54	6.7 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Kara/ bonifikata	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
39	KAMIŃSKI Arkadiusz	6029	1ON1 TEAM	Masters M - 40	39	01:19:26	03:36:42		04:55:09.00	+01:44:57 (35.6%)	8:56	6.7 (64.4%)
40	MAJCHER Marcin	6514		Masters M - 40	40	01:16:33	03:38:50		04:56:40.85	+01:46:29 (35.9%)	8:59	6.7 (64.4%)
41	CHWAŁA Przemysław	6265	POWOLNY	Masters M - 40	41	01:19:20	03:40:39		04:58:08.45	+01:47:57 (36.2%)	9:02	6.6 (63.5%)
42	MOKRZYŃSKI Marcin	6121	KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA	Masters M - 40	42	01:12:55	03:34:57		04:58:10.00	+01:47:58 (36.2%)	9:02	6.6 (63.5%)
43	BYLINA Bartosz	6377		Masters M - 40	43	01:13:02	03:35:12		04:59:20.45	+01:49:09 (36.5%)	9:04	6.6 (63.5%)
44	JANCZAK Piotr	6511		Masters M - 40	44	01:16:33	03:31:57		04:59:39.80	+01:49:28 (36.5%)	9:04	6.6 (63.5%)
45	IZDEBSKI Tomasz	6339		Masters M - 40	45	01:14:22	03:32:07		05:00:28.85	+01:50:17 (36.7%)	9:06	6.6 (63.5%)
46	ŁUCZAK Maciej	6321	BANDA RYCHA	Masters M - 40	46	01:19:46	03:43:04		05:00:31.75	+01:50:20 (36.7%)	9:06	6.6 (63.5%)
47	KUŚMIREK Grzegorz	6506		Masters M - 40	47	01:24:38	03:40:30		05:00:50.90	+01:50:39 (36.8%)	9:06	6.6 (63.5%)
48	PEDYNKOWSKI Radek	6163	BIEGAM U KOLESI	Masters M - 40	48	01:18:11	03:35:14		05:00:54.15	+01:50:42 (36.8%)	9:07	6.6 (63.5%)
49	JAKUSZEK Krzysztof	6241	CEGIELNIA PIASKI	Masters M - 40	49	01:25:00	03:43:56		05:01:52.00	+01:51:40 (37.0%)	9:08	6.6 (63.5%)
50	KOBYŁECKI Bartosz	6546		Masters M - 40	50	01:13:19	03:41:50		05:02:58.85	+01:52:47 (37.2%)	9:10	6.5 (62.5%)
51	GONET Grzegorz	6527		Masters M - 40	51	01:17:28	03:40:32		05:05:32.65	+01:55:21 (37.8%)	9:15	6.5 (62.5%)
52	RELEWICZ Maciej	6455	WOLNE ŚLIMAKI	Masters M - 40	52	01:23:32	03:44:21		05:05:46.45	+01:55:35 (37.8%)	9:15	6.5 (62.5%)
53	SAMBORSKI Bartosz	6037		Masters M - 40	53	01:18:17	03:41:30		05:06:33.45	+01:56:22 (38.0%)	9:17	6.5 (62.5%)
54	BUBICZ Krzysztof	6061	BIEGAJĄCY ŚWIDNIK	Masters M - 40	54	01:25:31	03:54:10		05:07:32.35	+01:57:21 (38.2%)	9:19	6.4 (61.5%)
55	SZYMAŃSKI Łukasz	6213		Masters M - 40	55	01:17:16	03:46:18		05:10:25.65	+02:00:14 (38.7%)	9:24	6.4 (61.5%)
56	BÍBRLÍK David	6528	BKLUDGEŘOVICE	Masters M - 40	56	01:15:02	03:43:04		05:10:54.40	+02:00:43 (38.8%)	9:25	6.4 (61.5%)
57	POJDA Grzegorz	6231	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	Masters M - 40	57	01:22:21	03:53:43		05:16:06.55	+02:05:55 (39.8%)	9:34	6.3 (60.6%)
58	DOLIWKA Paweł	6361	LUBAWA KOCHA BIEGAĆ/BIEGAM UKOLESI	Masters M - 40	58	01:15:16	03:46:51		05:19:36.05	+02:09:24 (40.5%)	9:41	6.2 (59.6%)
59	WIATER Tomasz	6012		Masters M - 40	59	01:09:35	03:44:17		05:19:55.45	+02:09:44 (40.6%)	9:41	6.2 (59.6%)
60	MICHALSKI Grzegorz	6229	CAFFEDELMONDO.PL	Masters M - 40	60	01:20:00	03:49:28		05:22:19.45	+02:12:08 (41.0%)	9:46	6.1 (58.7%)
61	STACHOWIAK Marek	6058	ROKIETNICA BIEGA	Masters M - 40	61	01:18:09	03:55:39		05:25:05.35	+02:14:54 (41.5%)	9:51	6.1 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Kara/ bonifikata	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
62	MISIAK Patryk	6101	CHOMIKI Z KOPYTEM	Masters M - 40	62	01:28:22	04:11:43		05:31:05.30	+02:20:53 (42.6%)	10:01	6 (57.7%)
63	ZNAMIEC Marcin	6451	ULTRA KSP	Masters M - 40	63	01:24:55	03:51:19		05:33:03.80	+02:22:52 (42.9%)	10:05	5.9 (56.7%)
64	LEWANDOWSKI Leszek	6201	POWSTAŃCY Z KANAPY	Masters M - 40	64	01:25:45	04:01:29		05:35:11.40	+02:25:00 (43.3%)	10:09	5.9 (56.7%)
65	STEFANOWSKI Marcin	6324	***** ***	Masters M - 40	65	01:25:24	04:03:14		05:37:37.50	+02:27:26 (43.7%)	10:13	5.9 (56.7%)
66	NOZDRYN-PŁOTNICKI Bolesław	6127		Masters M - 40	66	01:24:46	04:12:50		05:40:58.90	+02:30:47 (44.2%)	10:19	5.8 (55.8%)
67	STACHAK Krzysztof	6410	MIRAZ RACE TEAM	Masters M - 40	67	01:25:31	04:16:21		05:43:14.00	+02:33:02 (44.6%)	10:24	5.8 (55.8%)
68	MACIEJEWSKI Robert	6526	BIEGAM BO LUBIĘ	Masters M - 40	68	01:28:05	04:08:46		05:44:30.30	+02:34:18 (44.8%)	10:26	5.7 (54.8%)
69	WOZNIAK Damian	6034	CHOMIKI Z KOPYTEM	Masters M - 40	69	01:29:39	04:16:25		05:47:10.90	+02:36:59 (45.2%)	10:31	5.7 (54.8%)
70	RYCZYŃSKI Jacek	6108		Masters M - 40	70	01:29:13	04:27:35		05:49:12.85	+02:39:01 (45.5%)	10:34	5.7 (54.8%)
71	WITKOWSKI Witold	6436		Masters M - 40	71	01:18:43	03:57:58		05:51:11.55	+02:41:00 (45.8%)	10:38	5.6 (53.8%)
72	STEFANIAK Marcin	6111	STR/PREFAWAAB	Masters M - 40	72	01:21:43	04:09:35		05:51:33.40	+02:41:22 (45.9%)	10:39	5.6 (53.8%)
73	ZYCHOWICZ Zbigniew	6149	SBRT WROCŁAW	Masters M - 40	73	01:22:05	04:14:58		05:52:03.10	+02:41:51 (46.0%)	10:40	5.6 (53.8%)
74	MATUSZCZYK Marek	6214	RYBNICKA GRUPA BIEGOWA	Masters M - 40	74	01:27:57	04:18:03		05:53:40.05	+02:43:28 (46.2%)	10:43	5.6 (53.8%)
75	PARZYCH Wojciech	6216	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	Masters M - 40	75	01:27:57	04:18:03		05:53:41.40	+02:43:30 (46.2%)	10:43	5.6 (53.8%)
76	KOPYRA Tomasz	6320		Masters M - 40	76	01:29:14	04:10:55		05:56:27.80	+02:46:16 (46.6%)	10:48	5.6 (53.8%)
77	KASZUBSKI Marek	6137		Masters M - 40	77	01:20:07			06:02:16.05	+02:52:04 (47.5%)	10:58	5.5 (52.9%)
78	MAZUR Marek	6385		Masters M - 40	78	01:21:53	04:19:57		06:04:27.70	+02:54:16 (47.8%)	11:02	5.4 (51.9%)
79	PACIOREK Paweł	6440	THE ONE AND LONELY	Masters M - 40	79	01:27:24	04:17:25		06:05:14.80	+02:55:03 (47.9%)	11:04	5.4 (51.9%)
80	KONCA Mariusz	6005	KB OŻARÓW MAZOWIECKI BIEGA	Masters M - 40	80	01:32:36	04:32:15		06:06:21.30	+02:56:09 (48.1%)	11:06	5.4 (51.9%)
81	GRZELKA Tomasz	6001	RUNNER'S POWER	Masters M - 40	81	01:25:06	04:29:25		06:07:25.40	+02:57:14 (48.2%)	11:08	5.4 (51.9%)
82	STANISZEWSKI Maciek	6040		Masters M - 40	82	01:23:04	04:37:06		06:13:55.60	+03:03:44 (49.1%)	11:19	5.3 (51.0%)
83	KAMIŃSKI Łukasz	6162		Masters M - 40	83	01:31:35	04:40:18		06:18:53.30	+03:08:41 (49.8%)	11:28	5.2 (50.0%)
84	KOCZOROWSKI Marcin	6426	TEAM ZABIEGANEDNI	Masters M - 40	84	01:38:24	04:38:10		06:19:19.30	+03:09:07 (49.9%)	11:29	5.2 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Kara/ bonifikata	Czas netto 33km	Różn	Tempo min/km	Tempo km/h
85	DOBOSZ Leszek	6371		Masters M - 40	85	01:37:29	04:42:47		06:19:21.50	+03:09:10 (49.9%)	11:29	5.2 (50.0%)
86	POPCZYK Piotr	6154		Masters M - 40	86	01:34:34	04:48:18		06:19:35.40	+03:09:24 (49.9%)	11:30	5.2 (50.0%)
87	BOŹKIEWICZ Jacek	6234		Masters M - 40	87	01:32:42	04:56:09		06:22:27.05	+03:12:15 (50.3%)	11:35	5.2 (50.0%)
88	MATLAK Grzegorz	6413	3M RUNNING TEAM	Masters M - 40	88	01:27:11	04:50:31		06:32:28.65	+03:22:17 (51.5%)	11:53	5 (48.1%)
89	LEŚNIEWSKI Tomek	6297	LAFIRYNDY I GAMONIE	Masters M - 40	89	01:40:33	05:08:11		06:38:41.85	+03:28:30 (52.3%)	12:04	5 (48.1%)
90	MROZIŃSKI Albert	6242		Masters M - 40	90	01:32:54	04:58:13		06:39:45.85	+03:29:34 (52.4%)	12:06	5 (48.1%)
91	HOFFMANN Grzegorz	6165	KOŚCIAN TEAM	Masters M - 40	91	01:35:37	04:58:26		06:43:01.25	+03:32:49 (52.8%)	12:12	4.9 (47.1%)
92	RÓG Adam	6204	BIEGAM BO LUBIĘ INOWROCŁAW	Masters M - 40	92	01:30:46	04:51:53		06:44:11.85	+03:34:00 (52.9%)	12:14	4.9 (47.1%)
93	PLASZCZAK Jarosław	6174		Masters M - 40	93	01:39:12	05:06:02		06:48:18.95	+03:38:07 (53.4%)	12:22	4.8 (46.2%)
94	ZGÓRSKI Maciej	6048	WKURW_TEAM	Masters M - 40	94	01:37:50	05:19:12		06:57:50.85	+03:47:39 (54.5%)	12:39	4.7 (45.2%)
95	DUDA Wojciech	6253	SKAWINA BIEGA	Masters M - 40	95	01:44:55	05:07:27		06:59:46.70	+03:49:35 (54.7%)	12:43	4.7 (45.2%)
96	DRABARZ Jacek	6278		Masters M - 40	96	01:36:46	05:08:32		07:01:54.80	+03:51:43 (54.9%)	12:47	4.7 (45.2%)
97	KONIECZNY Piotr	6024	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	97	01:48:26	05:23:39		07:06:47.90	+03:56:36 (55.4%)	12:55	4.6 (44.2%)
	SNIEGOCKI Pawel	6083	TARNOWO PODGÓRNE BIEGA/ 4T	Masters M - 40		01:18:00 DNF	03:53:52 DNF		DNF		-	- (0.0%)
	DANILUK Krzysztof	6530	BREAKING3	Masters M - 40		00:58:39 DNF	DNF		DNF		-	- (0.0%)
	GIERCZAK Piotr	6185	ES TEAM	Masters M - 40		01:32:18 DNF	DNF		DNF		-	- (0.0%)

Znaleziono 100 wynik(ów)