



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-07-14
Miejsce: Łądek-Zdrój
Dystans: 33 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Punkt pomiarowy: 14,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Start Łądek 0.01km | A1 9km | Czernica 14km |
|-----|--------------------------------|-------------|--|----------------|-----------------------|-----------|------------------|
| 1 | PETR Jiří | 6448 | SALOMON/SUUNTO | Masters M - 40 | 00:00:01 | 00:43:56 | 01:16:01 |
| 2 | PAZDAN Piotr | 6076 | RUNNING TEAM NASTOPY.PL /140MINUT.PL | Masters M - 40 | 00:00:01 | 00:54:23 | 01:34:51 |
| 3 | DYJAK Robert | 6099 | TAMWORTH ATHLETIC CLUB | Masters M - 40 | 00:00:05 | 00:54:21 | 01:34:56 |
| 4 | GAZDA Vítězslav | 6188 | BENEŠOVSKÝ BĚŽECKÝ KLUB A TRENOVANIBEHU.CZ | Masters M - 40 | 00:00:04 | 00:54:27 | 01:36:57 |
| 5 | BANIAK Marcin | 6412 | G.O.A.T. TEAM MICHAŁOWICE/MŁYN TRAIL MICHAŁOWICE | Masters M - 40 | 00:00:01 | 00:54:32 | 01:38:38 |
| 6 | GURGUL Sebastian | 6119 | AROMAT NÓG | Masters M - 40 | 00:00:03 | 00:56:27 | 01:39:48 |
| 7 | NIWIŃSKI Maciej | 6324 | VEGAN ZABIERZÓW BIEGA | Masters M - 40 | 00:00:07 | 00:58:04 | 01:43:07 |
| 8 | KURZYŃSKI Piotr | 6036 | TEAM BEROTU | Masters M - 40 | 00:00:02 | 01:00:30 | 01:45:48 |
| 9 | LITKA Krzysztof | 6439 | PZU SPORT TEAM | Masters M - 40 | 00:00:03 | 01:01:36 | 01:47:56 |
| 10 | GRYGIEREK Roman | 6060 | KLUB BIEGACZA FARTLEK | Masters M - 40 | 00:00:02 | 01:00:23 | 01:49:18 |
| 11 | KOŁODZIEJ Roman | 6296 | | Masters M - 40 | 00:00:00 | 01:01:25 | 01:49:52 |
| 12 | BARCAL Richard | 6307 | DOS AMIGOS | Masters M - 40 | 00:00:05 | 01:01:39 | 01:50:22 |
| 13 | KUBLER Andrzej | 6299 | MKL SZCZECIN | Masters M - 40 | 00:00:08 | 01:02:07 | 01:50:35 |
| 14 | KONRAD Artur | 6466 | BRACIA TEAM ZAWIERCIE | Masters M - 40 | 00:00:07 | 01:04:56 | 01:51:19 |
| 15 | BIAŁY Adam | 6187 | | Masters M - 40 | 00:00:14 | 01:05:11 | 01:52:30 |
| 16 | GESS Mariusz | 6085 | CZUBY Z GOLENIOWA | Masters M - 40 | 00:00:10 | 01:05:11 | 01:54:10 |
| 17 | KURKA Adam | 6266 | | Masters M - 40 | 00:00:17 | 01:06:31 | 01:55:02 |
| 18 | KSIĄŻKIEWICZ Bartłomiej | 6438 | ROCKY BALBOA | Masters M - 40 | 00:00:03 | 01:03:55 | 01:57:16 |
| 19 | KRZEMIŃSKI Marcin | 6452 | | Masters M - 40 | 00:00:04 | 01:03:53 | 01:57:21 |
| 20 | CHODKIEWICZ Tomasz | 6403 | W2 RUN TEAM | Masters M - 40 | 00:00:03 | 01:05:16 | 01:57:46 |
| 21 | BUĆKO Marcin | 6411 | KLUB BIEGACZA FARTLEK | Masters M - 40 | 00:00:03 | 01:05:15 | 01:58:24 |
| 22 | MAJCHER Marcin | 6497 | 4T | Masters M - 40 | 00:00:18 | 01:07:54 | 01:59:24 |
| 23 | SENTYSZ Robert | 6495 | SENLABS.PL | Masters M - 40 | 00:00:03 | 01:13:49 | 02:00:50 |
| 24 | ZĄBEK Łukasz | 6289 | 140MINUT.PL | Masters M - 40 | 00:00:05 | 01:05:19 | 02:02:32 |
| 25 | MORCINEK Marcin | 6529 | BLUSZCZA | Masters M - 40 | 00:00:26 | 01:09:48 | 02:04:47 |
| 26 | TEKIELI Jerzy | 6035 | TEKIELI FAMILY | Masters M - 40 | 00:00:56 | 01:14:15 | 02:05:08 |
| 27 | STELMACH Piotr | 6506 | RK ATHLETICS | Masters M - 40 | 00:00:06 | 01:10:23 | 02:05:29 |
| 28 | KŁODA Dariusz | 6084 | DRUŻYNA SZPIKU | Masters M - 40 | 00:00:20 | 01:11:57 | 02:06:02 |
| 29 | WOJTASIK Łukasz | 6056 | AKTYWNY OSTRZESZÓW | Masters M - 40 | 00:00:10 | 01:10:07 | 02:06:32 |
| 30 | SZCZESZEK Arkadiusz | 6133 | | Masters M - 40 | 00:00:16 | 01:10:45 | 02:06:38 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Start Łądek 0.01km | A1 9km | Czernica 14km |
|-----|---------------------------------------|-------|-------------------------------------|----------------|-----------------------|-----------|------------------|
| 31 | WALCZAK Piotr | 6072 | | Masters M - 40 | 00:00:56 | 01:12:39 | 02:07:45 |
| 32 | GAWRON Tomasz | 6223 | | Masters M - 40 | 00:00:17 | 01:14:38 | 02:07:58 |
| 33 | SZCZEPANIK Łukasz | 6459 | MOCNA GRUPA CEZARA | Masters M - 40 | 00:00:51 | 01:13:52 | 02:08:03 |
| 34 | WOJCIESZYŃSKI Tomasz | 6409 | BBL GORZÓW | Masters M - 40 | 00:00:10 | 01:12:12 | 02:08:23 |
| 35 | KOLAWA Piotr | 6083 | TRENUJZNAMI.PL | Masters M - 40 | 00:00:35 | 01:13:32 | 02:08:34 |
| 36 | BUDYCH Arek | 6509 | | Masters M - 40 | 00:00:42 | 01:14:59 | 02:08:38 |
| 37 | MAJKA Jarek | 6109 | SYNANDOJCIEC | Masters M - 40 | 00:00:27 | 01:12:41 | 02:08:52 |
| 38 | GUZIK Bartosz | 6206 | NKB CHYŻY NOWY TOMYŚL | Masters M - 40 | 00:00:02 | 01:13:09 | 02:09:05 |
| 39 | LISEK Janusz | 6066 | TEAM BEROTU | Masters M - 40 | 00:00:25 | 01:13:04 | 02:09:08 |
| 40 | JÓŻWIAK Radosław | 6203 | ŻARY RUNNERS TEAM | Masters M - 40 | 00:00:36 | 01:15:54 | 02:09:30 |
| 41 | TYL Radosław | 6009 | | Masters M - 40 | 00:00:41 | 01:15:12 | 02:10:32 |
| 42 | ŚPIEWAK Radosław | 6148 | | Masters M - 40 | 00:00:29 | 01:16:55 | 02:10:56 |
| 43 | FILUT Łukasz | 6349 | | Masters M - 40 | 00:00:59 | 01:14:55 | 02:11:07 |
| 44 | ZUGAJ Robert | 6433 | | Masters M - 40 | 00:00:15 | 01:12:43 | 02:11:58 |
| 45 | GONTKO Łukasz | 6417 | | Masters M - 40 | 00:00:46 | 01:19:11 | 02:12:06 |
| 46 | DOMBROVSKIS Juris | 6425 | SUPERVARONI | Masters M - 40 | 00:00:46 | 01:17:18 | 02:12:18 |
| 47 | HARASIMOWICZ Sławek | 6065 | GOLENIÓW | Masters M - 40 | 00:00:38 | 01:16:59 | 02:12:31 |
| 48 | GRACZ Krzysztof | 6455 | | Masters M - 40 | 00:00:29 | 01:14:52 | 02:13:06 |
| 49 | JAKUSZEK Paweł | 6176 | PGB SPORTOWA PACZKA | Masters M - 40 | 00:00:26 | 01:17:40 | 02:13:37 |
| 50 | JAKUSZEK Krzysztof | 6184 | CEGIELNIA PIASKI | Masters M - 40 | 00:00:25 | 01:17:40 | 02:13:42 |
| 51 | GŁADECKI Sebastian | 6416 | KĘSY TEAM | Masters M - 40 | 00:00:14 | 01:17:37 | 02:13:58 |
| 52 | KMIECIK Jakub | 6290 | TARNOWO PODGÓRNE BIEGA | Masters M - 40 | 00:00:18 | 01:15:52 | 02:16:18 |
| 53 | MATUSZCZYK Paweł | 6479 | | Masters M - 40 | 00:00:24 | 01:16:06 | 02:16:21 |
| 54 | KOROSTYŃSKI Damian | 6392 | | Masters M - 40 | 00:00:51 | 01:18:23 | 02:17:10 |
| 55 | SZACH Andrzej | 6485 | 22KBPG | Masters M - 40 | 00:00:14 | 01:13:29 | 02:19:09 |
| 56 | RUDNO-RUDZINSKI Grzegorz | 6521 | | Masters M - 40 | 00:00:20 | 01:16:48 | 02:19:28 |
| 57 | WIŚNIEWSKI Mariusz | 6432 | | Masters M - 40 | 00:00:13 | 01:16:49 | 02:19:32 |
| 58 | SZALENIEC Marcin | 6054 | RUNNERS TEAM NYSA | Masters M - 40 | 00:00:33 | 01:20:27 | 02:21:49 |
| 59 | KRÓLICKI Konrad | 6450 | STG WARSZAWA | Masters M - 40 | 00:00:14 | 01:17:44 | 02:22:12 |
| 60 | LERCH Krzysztof | 6387 | | Masters M - 40 | 00:00:12 | 01:19:16 | 02:22:20 |
| 61 | WANKIEWICZ Krzysztof | 6194 | | Masters M - 40 | 00:00:40 | 01:21:56 | 02:22:48 |
| 62 | WALCZAK Tomasz | 6303 | PCH_RUN | Masters M - 40 | 00:00:03 | 01:22:13 | 02:23:35 |
| 63 | MICHALSKI Grzegorz | 6350 | CAFFEDELMONDO | Masters M - 40 | 00:01:17 | 01:23:27 | 02:23:41 |
| 64 | RZESZOWSKI Tomasz | 6323 | MIRAZ RACE TEAM | Masters M - 40 | 00:00:02 | 01:19:49 | 02:24:14 |
| 65 | ŚNIEGOCKI Paweł | 6231 | 4T/TARNOWO PODGÓRNE BIEGA | Masters M - 40 | 00:00:17 | 01:18:25 | 02:24:32 |
| 66 | MIKRUT Paweł | 6538 | | Masters M - 40 | 00:00:42 | 01:24:36 | 02:25:36 |
| 67 | STĘPIEŃ Łukasz | 6328 | JKS SALAMANDRA | Masters M - 40 | 00:00:26 | 01:16:12 | 02:25:50 |
| 68 | SZELAĞIEWICZ Piotr | 6355 | | Masters M - 40 | 00:00:30 | 01:24:14 | 02:25:54 |
| 69 | MOKRZYŃSKI Marcin | 6421 | KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA | Masters M - 40 | 00:00:50 | 01:20:04 | 02:26:03 |
| 70 | CEITEL Maciej | 6028 | | Masters M - 40 | 00:00:58 | 01:28:12 | 02:27:23 |
| 71 | SUSZCZYNSKI Krzysztof | 6096 | RUNNERS TEAM NYSA/ LUCEK PAZUR TEAM | Masters M - 40 | 00:00:44 | 01:24:40 | 02:28:18 |
| 72 | LEWICKI Tomasz | 6159 | CAŁA OLEŚNICA BIEGA | Masters M - 40 | 00:00:36 | 01:27:20 | 02:28:39 |
| 73 | CHILIMONIUK Mariusz | 6240 | | Masters M - 40 | 00:01:03 | 01:28:32 | 02:28:50 |
| 74 | STRYCZNIEWICZ Krzysztof Stryczniewicz | 6525 | 555 | Masters M - 40 | 00:00:54 | 01:28:54 | 02:29:20 |
| 75 | MICHALSKI Tomasz | 6120 | | Masters M - 40 | 00:00:46 | 01:28:11 | 02:29:59 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Start Łądek 0.01km | A1 9km | Czernica 14km |
|-----|-------------------------|-------|-------------------------------|----------------|-----------------------|-----------|------------------|
| 76 | WENCEL Jarosław | 6279 | EXPLORADOR | Masters M - 40 | 00:00:35 | 01:29:23 | 02:31:15 |
| 77 | PRUSZCZYŃSKI Piotr | 6126 | | Masters M - 40 | 00:00:33 | 01:22:07 | 02:31:39 |
| 78 | MATUSZAK Krzysztof | 6088 | TRIGYM SZCZECIN/MATUSZAK TEAM | Masters M - 40 | 00:01:05 | 01:26:36 | 02:31:58 |
| 79 | ŁĘKAWA Sebastian | 6023 | 140MINUT.PL | Masters M - 40 | 00:00:36 | 01:23:40 | 02:32:10 |
| 80 | JASKÓŁKA Rafał | 6174 | VENUS - BRUK | Masters M - 40 | 00:00:29 | 01:30:29 | 02:33:01 |
| 81 | CIENIUCH Piotr | 6333 | | Masters M - 40 | 00:01:03 | 01:33:05 | 02:33:13 |
| 82 | ZIMOŃ Adam | 6325 | INTEGRUM BROKER | Masters M - 40 | 00:00:46 | 01:29:20 | 02:34:08 |
| 83 | KOSTYK Grzegorz | 6115 | | Masters M - 40 | 00:00:25 | 01:28:31 | 02:34:11 |
| 84 | KISIAŁA Filip | 6114 | TATA WOJTUSIA <3 | Masters M - 40 | 00:00:54 | 01:27:20 | 02:34:22 |
| 85 | IWACHÓW Sławomir | 6544 | MXTECH KWIDZYN | Masters M - 40 | 00:00:42 | 01:30:10 | 02:36:03 |
| 86 | KALIŃSKI Krzysztof | 6127 | | Masters M - 40 | 00:00:39 | 01:26:07 | 02:36:26 |
| 87 | SZWACZKA Sebastian | 6419 | BW BIEGOWY WARIAT | Masters M - 40 | 00:00:43 | 01:29:57 | 02:37:09 |
| 88 | LEWANDOWSKI Leszek | 6354 | POWSTAŃCY Z KANAPY | Masters M - 40 | 00:00:25 | 01:31:13 | 02:37:58 |
| 89 | MARTYNIAK Rafał | 6144 | | Masters M - 40 | 00:00:53 | 01:27:50 | 02:38:05 |
| 90 | FIKTUS Paweł | 6172 | | Masters M - 40 | 00:00:49 | 01:30:00 | 02:39:29 |
| 91 | SPYCHAŁA Maciej | 6248 | WRONIECKI KLUB BIEGACZA | Masters M - 40 | 00:00:29 | 01:32:34 | 02:39:49 |
| 92 | BOMBA Tomasz | 6242 | PRO-RUN WROCŁAW | Masters M - 40 | 00:00:35 | 01:26:29 | 02:40:16 |
| 93 | ROGOŹNICKI Paweł | 6086 | #ZALINIAMETY | Masters M - 40 | 00:00:34 | 01:30:23 | 02:40:45 |
| 94 | BARSZCZEWSKI Sebastian | 6359 | | Masters M - 40 | 00:01:08 | 01:32:35 | 02:41:02 |
| 95 | JACZEWSKI Arkadiusz | 6316 | | Masters M - 40 | 00:00:52 | 01:28:22 | 02:41:49 |
| 96 | MRÓZ Dariusz | 6408 | MODLITWA BIEGANIA GRYFINO | Masters M - 40 | 00:00:28 | 01:31:24 | 02:44:00 |
| 97 | OZIMINA Hubert | 6261 | OBORYGENI | Masters M - 40 | 00:01:13 | 01:34:17 | 02:44:44 |
| 98 | BRONOWICKI Jarosław | 6040 | DRUŻYNA SZPIKU, ŻÓŁW I ZAJĄC | Masters M - 40 | 00:00:49 | 01:37:11 | 02:45:04 |
| 99 | FISZ Radosław | 6535 | | Masters M - 40 | 00:01:05 | 01:29:36 | 02:45:23 |
| 100 | MIKLER Marcin | 6117 | | Masters M - 40 | 00:00:22 | 01:36:35 | 02:46:36 |
| 101 | PIOTROWSKI Mariusz | 6344 | PIEROŃSKIE HANYSY | Masters M - 40 | 00:00:28 | 01:36:26 | 02:47:00 |
| 102 | KRZEMIEŃ Bartosz | 6356 | | Masters M - 40 | 00:00:28 | 01:36:37 | 02:47:05 |
| 103 | SZMATLOCH Maciek | 6343 | RETROBAJTEL | Masters M - 40 | 00:00:29 | 01:36:48 | 02:47:35 |
| 104 | NOWAK Filip | 6130 | NIGHT RUNNERS | Masters M - 40 | 00:00:55 | 01:35:53 | 02:47:57 |
| 105 | RZYSZKIEWICZ Tomasz | 6398 | PĘDZĄCE LENIWCE | Masters M - 40 | 00:00:42 | 01:38:36 | 02:50:15 |
| 106 | BALNER Sebastian | 6069 | - | Masters M - 40 | 00:00:07 | 01:25:23 | 02:50:41 |
| 107 | CHABŁO Daniel | 6198 | | Masters M - 40 | 00:00:35 | 01:30:57 | 02:51:29 |
| 108 | DOBOSZ Leszek | 6520 | | Masters M - 40 | 00:01:13 | 01:36:49 | 02:52:52 |
| 109 | JÓZEF Marek | 6269 | | Masters M - 40 | 00:00:19 | 01:26:57 | 02:53:11 |
| 110 | KORNAŚ Marcin | 6032 | GÓRYLASY | Masters M - 40 | 00:01:07 | 01:35:43 | 02:54:19 |
| 111 | ZASADA Michał | 6395 | NULL | Masters M - 40 | 00:00:36 | 01:42:02 | 02:55:25 |
| 112 | FRĄCZEK Michał | 6045 | BRONOWICE TEZ BIEGAJĄ BTB | Masters M - 40 | | 01:34:54 | 02:57:09 |
| 113 | MAJERSKI Michał | 6218 | | Masters M - 40 | 00:00:55 | 01:45:39 | 02:59:27 |
| 114 | BEKAS Jędrzej | 6011 | NIGHT RUNNERS | Masters M - 40 | 00:01:03 | 01:45:06 | 03:06:02 |
| 115 | GRZESIAK Rafał | 6008 | EMERYT | Masters M - 40 | 00:00:49 | 01:39:14 | 03:08:25 |
| 116 | TARASZKIEWICZ Krzysztof | 6004 | | Masters M - 40 | 00:00:49 | 01:39:13 | 03:08:27 |
| 117 | FIKSA Radosław | 6361 | | Masters M - 40 | 00:00:27 | 01:44:42 | 03:08:58 |
| 118 | NIKOLAJUK Robert | 6191 | | Masters M - 40 | 00:01:59 | 01:51:41 | 03:09:49 |
| 119 | OLEŃCZUK Tomasz | 6030 | TT SZCZECIN | Masters M - 40 | 00:00:45 | 01:30:29 | |
| 120 | HRYCAJ Mariusz | 6059 | REBELLION OF FREE RUNERS | Masters M - 40 | 00:00:06 | 01:15:16 | |

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|-----|----------------------------|-------------|----------------------------|----------------|-----------------------|-----------|------------------|
| 121 | CZYŻ Leszek | 6108 | FANTASTIC TEAM | Masters M - 40 | 00:00:47 | 01:15:45 | |
| 122 | GROCHAŁA Wojciech | 6167 | ZG POLKOWICE-SIEROSZOWICE | Masters M - 40 | 00:02:20 | 01:33:04 | |
| 123 | GMYREK Jacek | 6178 | | Masters M - 40 | 00:00:10 | 01:10:56 | |
| 124 | GRZYB Krzysztof | 6195 | KLUB BIEGACZA EURO | Masters M - 40 | 00:01:15 | 01:31:42 | |
| 125 | ZAWADZIŃSKI Maciej | 6209 | NKB CHYŻY NOWY TOMYŚL | Masters M - 40 | 00:00:02 | 01:15:55 | |
| 126 | KACZMARCZYK Bogdan | 6267 | KB GEPARD MUROWANA GOŚLINA | Masters M - 40 | 00:00:37 | 01:27:16 | |
| 127 | WAŚIK Krzysztof | 6285 | | Masters M - 40 | 00:00:23 | 01:27:23 | |
| 128 | ZAŃKO Łukasz | 6286 | EXPLORADOR | Masters M - 40 | 00:00:35 | 01:29:22 | |
| 129 | CHOJNACKI Mikołaj | 6319 | WARSAW RUN CLUB | Masters M - 40 | 00:01:10 | 01:22:17 | |
| 130 | SOBAŃSKI Roman | 6327 | TARNOWO PODGÓRNE BIEGA | Masters M - 40 | 00:00:18 | 01:23:43 | |
| 131 | KUREK Tomasz | 6348 | OPALENICKI KLUB BIEGACZA | Masters M - 40 | 00:00:02 | 01:14:47 | |
| 132 | GAWROŃSKI Sebastian | 6386 | | Masters M - 40 | 00:00:51 | 01:21:45 | |
| 133 | MROZIŃSKI Marcin | 6407 | SPORT GENERATION TEAM | Masters M - 40 | 00:00:20 | 01:26:38 | |
| 134 | PITEK Tomasz | 6413 | 42K PRO TEAM | Masters M - 40 | 00:00:36 | 01:17:36 | |
| 135 | KANIA Marian | 6534 | LEDWOZIPIA | Masters M - 40 | 00:00:08 | 01:08:12 | |
| 136 | BUŁANCIŃSKI Filip | 6543 | | Masters M - 40 | 00:00:31 | 01:27:10 | |
| | KNOBLOCH Tomasz | 6022 | THE PINDOLS | Masters M - 40 | 00:00:58 DNF | DNF | DNF |
| | MOCZEK Tomasz | 6366 | CROSS STRACEŃCÓW TEAM | Masters M - 40 | 00:00:03 DNF | DNF | DNF |

Znaleziono 138 wynik(ów)