



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2023-07-13
Miejsce: Łądek-Zdrój
Dystans: 33 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Masters M - 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	DYJAK Robert Dyjak	6051		Masters M - 40	1	00:54:26	02:26:30	03:19:07.15	03:19:10.20		6:02	9.9 (100%)
2	GAZDA Vítězslav	6102	BENEŠOVSKÝ BĚŽECKÝ KLUB A TŘENOVANIBEHU.CZ	Masters M - 40	2	00:55:18	02:32:17	03:36:04.95	03:36:09.85	+00:16:59 (7.9%)	6:32	9.2 (92.9%)
3	MOCZEK Tomasz	6201		Masters M - 40	3	00:59:38	02:42:12	03:36:10.60	03:36:15.05	+00:17:04 (7.9%)	6:33	9.2 (92.9%)
4	PERKOWSKI Piotr	6061	MONK SANDALS TEAM	Masters M - 40	4	01:02:32	02:44:40	03:39:17.40	03:39:25.80	+00:20:15 (9.2%)	6:38	9 (90.9%)
5	SADAFI Mehr	6493	ULTRA SKY TRAIL IRAN	Masters M - 40	5	01:00:22	02:42:10	03:38:52.85	03:39:54.25	+00:20:44 (9.4%)	6:37	9 (90.9%)
6	ZAWADZKI Andrzej	6428	AW SZYBCIEJ TEAM	Masters M - 40	6	01:00:31	02:45:31	03:42:25.45	03:42:32.95	+00:23:22 (10.5%)	6:44	8.9 (89.9%)
7	TOPOLSKI Marcin	6402	BRZESKI KLUB BIEGACZA CZARNA PERŁA	Masters M - 40	7	01:03:54	02:50:36	03:47:44.95	03:47:59.20	+00:28:49 (12.6%)	6:54	8.7 (87.9%)
8	ZYGUŁA Piotr	6281	DCWRP TEAM	Masters M - 40	8	01:05:09	02:53:08	03:56:00.55	03:56:13.35	+00:37:03 (15.7%)	7:09	8.4 (84.8%)
9	WYSMOLIŃSKI Rafał	6434		Masters M - 40	9	01:09:14	02:58:18	03:59:16.80	03:59:36.65	+00:40:26 (16.9%)	7:15	8.3 (83.8%)
10	SZARAPANOWSKI Marcin	6429	ULTRA DIABŁY TEAM LUBRZA	Masters M - 40	10	01:08:12	03:03:45	04:04:47.60	04:04:57.80	+00:45:47 (18.7%)	7:25	8.1 (81.8%)
11	KORECKI Andrzej	6410	ŁOCHOWO TRIAL TEAM	Masters M - 40	11	01:05:25	03:01:22	04:04:55.65	04:05:03.00	+00:45:52 (18.7%)	7:25	8.1 (81.8%)
12	RICHTIG Tomasz	6489		Masters M - 40	12	01:07:36	03:05:23	04:06:40.90	04:07:06.25	+00:47:56 (19.4%)	7:28	8 (80.8%)
13	PELA Dariusz	6389	JHS	Masters M - 40	13	01:07:27	02:59:20	04:08:23.10	04:08:35.35	+00:49:25 (19.9%)	7:31	8 (80.8%)
14	BIELSKI Seweryn	6039	42K PROTEAM	Masters M - 40	14	01:06:58	03:02:42	04:08:50.50	04:08:53.85	+00:49:43 (20.0%)	7:32	8 (80.8%)
15	MARZEC Tomasz	6174	RUNNERS TEAM NYSA	Masters M - 40	15	01:04:04	03:03:03	04:08:52.75	04:09:03.10	+00:49:52 (20.0%)	7:32	8 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
16	KUTYBA Mariusz	6444	WOLNE ŚLIMAKI	Masters M - 40	16	01:07:42	03:06:06	04:11:43.05	04:11:53.60	+00:52:43 (20.9%)	7:37	7.9 (79.8%)
17	KORCZ Daniel	6494	TERVEL BIEGACZ GÓRSKI	Masters M - 40	17	01:07:36	03:13:24	04:14:33.60	04:14:57.30	+00:55:47 (21.9%)	7:42	7.8 (78.8%)
18	NAWROCKI Szymon	6384	DCWRP	Masters M - 40	18	01:14:19	03:07:53	04:14:37.25	04:15:17.25	+00:56:07 (22.0%)	7:42	7.8 (78.8%)
19	JASIŃSKI Adam	6136	APTENEO TEAM	Masters M - 40	19	01:12:44	03:13:34	04:14:47.05	04:15:54.30	+00:56:44 (22.2%)	7:43	7.8 (78.8%)
20	STASIORCZYK Marek	6462	WIELISZEW HERON TEAM	Masters M - 40	20	01:11:38	03:09:27	04:15:55.25	04:16:59.70	+00:57:49 (22.5%)	7:45	7.7 (77.8%)
21	KOLAWA Piotr	6271	TRENUJZNAMI.PL	Masters M - 40	21	01:10:23	03:11:16	04:17:13.65	04:18:11.25	+00:59:01 (22.9%)	7:47	7.7 (77.8%)
22	BORUCKI Tomasz	6160		Masters M - 40	22	01:05:06	03:09:16	04:17:53.95	04:18:13.55	+00:59:03 (22.9%)	7:48	7.7 (77.8%)
23	SZAJDA Marcin	6098	IRRACJONALNIE MASZERUJĄCY	Masters M - 40	23	01:12:16	03:16:03	04:21:54.05	04:22:25.55	+01:03:15 (24.1%)	7:56	7.6 (76.8%)
24	GEZELA Robert	6382	EUFORIA BIEGACZA TEAM	Masters M - 40	24	01:13:52	03:18:19	04:22:52.90	04:23:01.00	+01:03:50 (24.3%)	7:57	7.5 (75.8%)
25	SZARAPANOWSKI Damian	6446	ULTRA DIABŁY TEAM LUBRZA	Masters M - 40	25	01:14:22	03:18:36	04:24:02.95	04:24:59.10	+01:05:48 (24.8%)	8:00	7.5 (75.8%)
26	ZAWADZKI Rafał	6055	KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA	Masters M - 40	26	01:15:11	03:20:47	04:25:31.20	04:25:47.35	+01:06:37 (25.1%)	8:02	7.5 (75.8%)
27	KACZOROWSKI Damian	6137	APTENEO TEAM	Masters M - 40	27	01:14:53	03:10:47	04:26:12.75	04:27:18.95	+01:08:08 (25.5%)	8:04	7.4 (74.7%)
28	WYKA Błażej	6460	PCH_RUN	Masters M - 40	28	01:10:11	03:14:25	04:27:33.10	04:27:38.65	+01:08:28 (25.6%)	8:06	7.4 (74.7%)
29	KOWALCZYK-KRZYSCIN Maciej	6452	STRUŚ KĄKOLEWICE	Masters M - 40	29	01:10:12	03:14:29	04:27:32.60	04:27:38.75	+01:08:28 (25.6%)	8:06	7.4 (74.7%)
30	BĘŚ Marcin	6459		Masters M - 40	30	01:14:22	03:23:07	04:27:44.25	04:28:02.75	+01:08:52 (25.7%)	8:06	7.4 (74.7%)
31	LACH Marek	6076	ELITE RUNNERS	Masters M - 40	31	01:09:43	03:16:22	04:28:24.25	04:28:50.25	+01:09:40 (25.9%)	8:08	7.4 (74.7%)
32	JAGNIĄTKOWSKI Jacek	6289	TEAM KURORT ŁĄDEK ZDRÓJ	Masters M - 40	32	01:06:01	03:17:45	04:28:56.75	04:29:06.05	+01:09:55 (26.0%)	8:08	7.4 (74.7%)
33	BENČÍK Robert	6113	TRAIL-RUN2.CZ	Masters M - 40	33	01:04:38	03:21:37	04:30:20.75	04:30:26.20	+01:11:16 (26.4%)	8:11	7.3 (73.7%)
34	KOWALSKI Maciej	6395	MORSY OŚNO LUBUSKIE	Masters M - 40	34	01:09:39	03:21:02	04:32:13.70	04:32:49.50	+01:13:39 (27.0%)	8:14	7.3 (73.7%)
35	KUNIK Artur	6099	DZIKIE DZIKI GORZÓW	Masters M - 40	35	01:11:02	03:23:58	04:35:19.05	04:35:23.00	+01:16:12 (27.7%)	8:20	7.2 (72.7%)
36	BACHURSKI Tomasz	6020	AW-SZYBCIEJ-TEAM/KB HARCOWNIK	Masters M - 40	36	01:13:38	03:17:19	04:39:02.15	04:39:26.20	+01:20:16 (28.7%)	8:27	7.1 (71.7%)
37	ŁAPAWA Tomasz	6188	JUTROSIŃSKI KLUB BIEGACZY	Masters M - 40	37	01:16:50	03:28:37	04:40:35.40	04:40:46.55	+01:21:36 (29.1%)	8:30	7.1 (71.7%)
38	WACHOWSKI Robert	6234		Masters M - 40	38	01:16:59	03:25:46	04:40:18.20	04:40:48.00	+01:21:37 (29.1%)	8:29	7.1 (71.7%)

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39	MOKRZYŃSKI Marcin	6492	KURORT ŁĄDEK ZDRÓJ	Masters M - 40	39	01:14:20	03:32:03	04:41:29.90	04:41:46.95	+01:22:36 (29.3%)	8:31	7 (70.7%)
40	LEWANDOWSKI Grzegorz	6156	GOLENIÓW	Masters M - 40	40	01:17:05	03:27:59	04:41:38.05	04:42:11.85	+01:23:01 (29.4%)	8:32	7 (70.7%)
41	BAK Aleksander	6403	MORSY OŚNO LUBUSKIE	Masters M - 40	41	01:18:44	03:29:51	04:42:07.15	04:42:42.75	+01:23:32 (29.6%)	8:32	7 (70.7%)
42	PODOLUK Marek	6440		Masters M - 40	42	01:10:25	03:22:07	04:43:04.25	04:43:16.20	+01:24:06 (29.7%)	8:34	7 (70.7%)
43	ODIJA Leszek	6397		Masters M - 40	43	01:21:11	03:35:56	04:43:23.80	04:44:00.05	+01:24:49 (29.9%)	8:35	7 (70.7%)
44	SZUBA Teofil	6479		Masters M - 40	44	01:12:28	03:24:36	04:43:42.15	04:44:02.15	+01:24:51 (29.9%)	8:35	7 (70.7%)
45	POLÍVKA Lukáš	6269	KLUB TROJČAT	Masters M - 40	45	01:19:35	03:33:22	04:46:50.10	04:47:18.70	+01:28:08 (30.7%)	8:41	6.9 (69.7%)
46	KUCHARSKI Robert	6266	ZAKOCHAJ SIĘ W BIEGANIU	Masters M - 40	46	01:08:23	03:32:39	04:48:01.25	04:48:13.20	+01:29:03 (30.9%)	8:43	6.9 (69.7%)
47	PURGAL Tomasz	6218	SAINT-GOBAIN SQUAD	Masters M - 40	47	01:14:00	03:26:10	04:47:54.35	04:48:22.00	+01:29:11 (30.9%)	8:43	6.9 (69.7%)
48	KUTKA Krzysztof	6294		Masters M - 40	48	01:16:20	03:28:33	04:49:07.20	04:49:13.75	+01:30:03 (31.1%)	8:45	6.8 (68.7%)
49	BODEK Tomasz	6122	ZAKOCHAJ SIĘ W BIEGANIU	Masters M - 40	49	01:15:45	03:31:27	04:48:06.55	04:49:29.65	+01:30:19 (31.2%)	8:43	6.9 (69.7%)
50	KULPIŃSKI Paweł	6424		Masters M - 40	50	01:17:25	03:37:43	04:49:26.30	04:49:42.10	+01:30:31 (31.2%)	8:46	6.8 (68.7%)
51	KARWACKI Krystian	6187		Masters M - 40	51	01:16:00	03:39:02	04:51:26.15	04:51:34.85	+01:32:24 (31.7%)	8:49	6.8 (68.7%)
52	CYBULSKI Bartłomiej	6304	TRIATHLON X TEAM	Masters M - 40	52	01:12:52	03:32:45	04:51:49.95	04:52:03.60	+01:32:53 (31.8%)	8:50	6.8 (68.7%)
53	KISIAŁA Filip	6016	TATA WOJTUSIA	Masters M - 40	53	01:18:11	03:37:57	04:54:02.50	04:54:27.70	+01:35:17 (32.4%)	8:54	6.7 (67.7%)
54	SEGUE Ludovic	6455	S/L EA DU PLATEAU EST (ROUEN)	Masters M - 40	54	01:21:25	03:46:07	04:55:35.80	04:55:53.85	+01:36:43 (32.7%)	8:57	6.7 (67.7%)
55	ZALEWSKI Karol	6161		Masters M - 40	55	01:18:18	03:38:38	04:55:50.05	04:56:15.65	+01:37:05 (32.8%)	8:57	6.7 (67.7%)
56	PIELKA Robert	6282		Masters M - 40	56	01:22:42	03:41:23	04:56:10.35	04:57:02.90	+01:37:52 (33.0%)	8:58	6.7 (67.7%)
57	BÓRKOWSKI Mikołaj	6057	MARATOŃCZYK POZNAŃ	Masters M - 40	57	01:23:31	03:43:19	04:56:37.65	04:57:47.55	+01:38:37 (33.1%)	8:59	6.7 (67.7%)
58	BARTECKI Tomasz	6114		Masters M - 40	58	01:20:27	03:41:24	04:57:59.10	04:58:25.85	+01:39:15 (33.3%)	9:01	6.6 (66.7%)
59	WIERZBICKI Daniel	6314	EBIEGI.PL	Masters M - 40	59	01:22:52	03:39:25	04:57:59.95	04:58:43.00	+01:39:32 (33.3%)	9:01	6.6 (66.7%)
60	KRZYŻAK Jakub	6483	XTRAINER SALOMON	Masters M - 40	60	01:07:39	03:11:11	05:03:22.35	05:03:28.70	+01:44:18 (34.4%)	9:11	6.5 (65.7%)
61	JASIŃSKI Paweł	6126	APTENEO TEAM	Masters M - 40	61	01:18:53	03:45:25	05:02:30.45	05:03:37.05	+01:44:26 (34.4%)	9:10	6.5 (65.7%)

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62	DOMAŃ Leszek	6171	FEHLAU RUN TEAM	Masters M - 40	62	01:21:36	03:44:38	05:03:05.85	05:03:44.70	+01:44:34 (34.4%)	9:11	6.5 (65.7%)
63	ROGOCZ Maciej	6237	ROGASIE Z DOLINY ROZTOKI	Masters M - 40	63	01:22:42	03:45:28	05:03:08.65	05:03:58.75	+01:44:48 (34.5%)	9:11	6.5 (65.7%)
64	ANGOWSKI Andrzej	6203		Masters M - 40	64	01:19:34	03:44:25	05:03:26.15	05:04:25.60	+01:45:15 (34.6%)	9:11	6.5 (65.7%)
65	SERWATKA Wojciech	6443		Masters M - 40	65	01:17:17	03:52:09	05:05:54.80	05:06:54.45	+01:47:44 (35.1%)	9:16	6.5 (65.7%)
66	GUCKI Adam	6060	MARATOŃCZYK POZNAŃ	Masters M - 40	66	01:22:31	03:49:49	05:07:44.25	05:08:55.30	+01:49:45 (35.5%)	9:19	6.4 (64.6%)
67	ŁUKASZCZYKIEWICZ Paweł	6305		Masters M - 40	67	01:17:33	03:48:13	05:09:05.50	05:09:18.95	+01:50:08 (35.6%)	9:21	6.4 (64.6%)
68	FRAŃSKI Łukasz	6087	NKB CHYŻY NOWY TOMYŚL	Masters M - 40	68	01:23:02	03:49:41	05:08:54.30	05:09:40.75	+01:50:30 (35.7%)	9:21	6.4 (64.6%)
69	BARAŃSKI Andrzej	6321	MOCNA GRUPA CEZARA	Masters M - 40	69	01:24:41	03:53:16	05:09:35.85	05:10:10.55	+01:51:00 (35.8%)	9:22	6.4 (64.6%)
70	SEBASTIAN Kręgiel	6233		Masters M - 40	70	01:22:01	03:50:11	05:12:42.45	05:12:56.95	+01:53:46 (36.4%)	9:28	6.3 (63.6%)
71	RELEWICZ Maciej	6401	WOLNE ŚLIMAKI	Masters M - 40	71	01:23:14	03:53:13	05:12:43.25	05:13:08.35	+01:53:58 (36.4%)	9:28	6.3 (63.6%)
72	ORLIKOWSKI Jacek	6189		Masters M - 40	72	01:24:23	03:50:42	05:12:31.90	05:13:32.95	+01:54:22 (36.5%)	9:28	6.3 (63.6%)
73	OSIAL Mariusz	6181	KB IM. PIOTRA SĘKOWSKIEGO	Masters M - 40	73	01:24:48	03:52:58	05:12:36.10	05:13:37.40	+01:54:27 (36.5%)	9:28	6.3 (63.6%)
74	WIĘCH Mariusz	6425		Masters M - 40	74	01:16:18	03:52:21	05:17:03.10	05:17:07.95	+01:57:57 (37.2%)	9:36	6.2 (62.6%)
75	JASKULSKI Dariusz	6461		Masters M - 40	75	01:25:06	04:03:51	05:17:27.60	05:18:19.60	+01:59:09 (37.4%)	9:37	6.2 (62.6%)
76	WALENCIAK Michał	6466	TARNOWO PODGÓRNE BIEGA	Masters M - 40	76	01:28:36	04:04:00	05:17:40.55	05:18:20.95	+01:59:10 (37.4%)	9:37	6.2 (62.6%)
77	BUDREWICZ Dominik	6123	BUDRYSY	Masters M - 40	77	01:21:21	03:58:19	05:18:51.85	05:19:13.40	+02:00:03 (37.6%)	9:39	6.2 (62.6%)
78	ZIOMBKA Kuba	6027	WAWRZYTEAM	Masters M - 40	78	01:21:29	03:56:07	05:20:14.25	05:20:39.90	+02:01:29 (37.9%)	9:42	6.2 (62.6%)
79	MICHALSKI Grzegorz	6170	CAFFEDELMONDO.PL	Masters M - 40	79	01:24:58	03:56:27	05:19:26.55	05:20:52.35	+02:01:42 (37.9%)	9:40	6.2 (62.6%)
80	SERWATKIEWICZ Grzegorz	6442		Masters M - 40	80	01:20:36	03:55:35	05:21:30.65	05:21:45.50	+02:02:35 (38.1%)	9:44	6.2 (62.6%)
81	MITULA Paweł	6299		Masters M - 40	81	01:24:30	04:03:15	05:21:06.30	05:22:09.90	+02:02:59 (38.2%)	9:43	6.2 (62.6%)
82	MIKOŁAJCZYK Mirosław	6470	MIRAZ RACE TEAM	Masters M - 40	82	01:31:14	04:07:34	05:25:54.80	05:26:17.45	+02:07:07 (39.0%)	9:52	6.1 (61.6%)
83	RUP Krzysztof	6129	BLUES BROTHERS	Masters M - 40	83	01:29:34	04:06:33	05:26:05.35	05:26:56.55	+02:07:46 (39.1%)	9:52	6.1 (61.6%)
84	BIEŃKOWSKI Kamil	6432	BE BETTER	Masters M - 40	84	01:25:47	04:07:01	05:25:46.60	05:27:01.45	+02:07:51 (39.1%)	9:52	6.1 (61.6%)

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85	DUDEK Mariusz	6280		Masters M - 40	85	01:24:31	04:05:25	05:28:07.60	05:28:49.80	+02:09:39 (39.4%)	9:56	6 (60.6%)
86	STRYCZNIEWICZ Krzysztof	6230	555	Masters M - 40	86	01:21:25	04:06:43	05:33:34.30	05:34:01.65	+02:14:51 (40.4%)	10:06	5.9 (59.6%)
87	SULA Michał	6391		Masters M - 40	87	01:21:23	04:06:42	05:33:36.20	05:34:04.05	+02:14:53 (40.4%)	10:06	5.9 (59.6%)
88	CZERWIŃSKI Łukasz	6017	RAFFLES EUROPEJSKI WARSAW	Masters M - 40	88	01:25:41	04:10:07	05:33:23.75	05:34:04.55	+02:14:54 (40.4%)	10:06	5.9 (59.6%)
89	ZDUNEK Mariusz	6396	ROXY	Masters M - 40	89	01:25:27		05:33:22.60	05:34:04.65	+02:14:54 (40.4%)	10:06	5.9 (59.6%)
90	ŁYSZCZAK Wojciech	6211	RAJMUNDY POZNAŃ	Masters M - 40	90	01:33:58	04:19:40	05:34:55.80	05:36:06.85	+02:16:56 (40.7%)	10:08	5.9 (59.6%)
91	WOLNIEWICZ Marcin	6213		Masters M - 40	91	01:29:25	04:13:34	05:36:31.20	05:37:23.00	+02:18:12 (41.0%)	10:11	5.9 (59.6%)
92	ZARĘBA Adam	6292		Masters M - 40	92	01:26:35	04:13:50	05:37:17.00	05:37:58.00	+02:18:47 (41.1%)	10:13	5.9 (59.6%)
93	SZAFER Andrzej	6044		Masters M - 40	93	01:24:25	04:06:35	05:38:11.90	05:38:48.45	+02:19:38 (41.2%)	10:14	5.9 (59.6%)
94	MAĆKOWIAK Arkadiusz	6097		Masters M - 40	94	01:12:56	04:12:05	05:41:42.05	05:42:30.25	+02:23:20 (41.8%)	10:21	5.8 (58.6%)
95	ZAKRZEWICZ Marcin	6472	KTB KUNY	Masters M - 40	95	01:29:36	04:19:04	05:42:58.00	05:43:18.65	+02:24:08 (42.0%)	10:23	5.8 (58.6%)
96	PODHAJNY Piotr	6074	ROZBIEGANI CHOJNÓW	Masters M - 40	96	01:28:30	04:13:57	05:43:16.85	05:44:29.35	+02:25:19 (42.2%)	10:24	5.8 (58.6%)
97	LEWIŃSKI Filip	6116	OBORYGENI	Masters M - 40	97	01:29:01	04:23:35	05:43:33.30	05:44:42.30	+02:25:32 (42.2%)	10:24	5.8 (58.6%)
98	KURENDA Radosław	6381	KLUB BIEGACZA RTVEUROAGD	Masters M - 40	98	01:24:44	04:14:03	05:45:14.85	05:46:21.05	+02:27:10 (42.5%)	10:27	5.7 (57.6%)
99	NOWAK Filip	6235	NIGHT RUNNERS	Masters M - 40	99	01:28:14	04:24:05	05:52:16.20	05:53:14.55	+02:34:04 (43.6%)	10:40	5.6 (56.6%)
100	KOTLARCZYK Tomasz	6354		Masters M - 40	100	01:33:09	04:22:39	05:52:21.95	05:53:15.00	+02:34:04 (43.6%)	10:40	5.6 (56.6%)
101	NIEDBAŁ Mateusz	6474		Masters M - 40	101	01:33:51	04:32:41	05:55:58.75	05:56:40.90	+02:37:30 (44.2%)	10:47	5.6 (56.6%)
102	KUC Adam	6315	THE OFFICE	Masters M - 40	102	01:26:24	04:17:34	05:56:21.80	05:56:43.35	+02:37:33 (44.2%)	10:47	5.6 (56.6%)
103	TAMBORSKI Tomasz	6365	HTF	Masters M - 40	103	01:36:03	04:30:58	05:56:01.60	05:56:47.05	+02:37:36 (44.2%)	10:47	5.6 (56.6%)
104	KOWALSKI Szymon	6316	HTF LUDWIK SIKORSKI	Masters M - 40	104	01:35:54	04:31:04	05:56:01.50	05:56:47.20	+02:37:37 (44.2%)	10:47	5.6 (56.6%)
105	BAK Piotr	6296		Masters M - 40	105	01:38:23	04:34:40	05:59:01.40	05:59:22.20	+02:40:12 (44.6%)	10:52	5.5 (55.6%)
106	DOBOSZ Leszek	6464		Masters M - 40	106	01:31:52	04:35:15	06:05:28.50	06:06:46.50	+02:47:36 (45.7%)	11:04	5.4 (54.5%)
107	WĘCLEWSKI Robert	6042	BEST TEAM ŚREM	Masters M - 40	107	01:29:39	04:32:55	06:07:53.35	06:08:37.10	+02:49:26 (46.0%)	11:08	5.4 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 9km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
108	CZEKAJ Andrzej	6090	BREMBO	Masters M - 40	108	01:40:47	04:42:17	06:10:40.30	06:11:56.35	+02:52:46 (46.5%)	11:13	5.3 (53.5%)
109	FRAĆKOWIAK Wojciech	6260	LOCO SPORT	Masters M - 40	109	01:37:38	04:39:58	06:11:14.50	06:12:09.65	+02:52:59 (46.5%)	11:14	5.3 (53.5%)
110	WAWRZEŁA Arkadiusz	6104		Masters M - 40	110	01:41:57	04:42:51	06:16:14.00	06:17:34.25	+02:58:24 (47.2%)	11:24	5.3 (53.5%)
111	MARCHEL Łukasz	6225	STACHOWSCY AKADEMIA	Masters M - 40	111	01:30:42	04:36:20	06:16:57.60	06:17:34.45	+02:58:24 (47.3%)	11:25	5.3 (53.5%)
112	HRYCAJ Mariusz	6278	KB ODRA OPOLE	Masters M - 40	112	01:29:44	04:50:49	06:32:11.50	06:32:19.30	+03:13:09 (49.2%)	11:53	5 (50.5%)
113	WOJCIECHOWSKI Andrzej	6120	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	Masters M - 40	113	01:38:18	04:53:04	06:32:00.55	06:32:58.05	+03:13:47 (49.3%)	11:52	5.1 (51.5%)
114	SZRENIAWA Waldemar	6352	MIRAZ RACE TEAM	Masters M - 40	114	01:49:49	04:57:52	06:33:55.30	06:34:19.00	+03:15:08 (49.5%)	11:56	5 (50.5%)
115	SIBIELAK Tomasz	6106	BIEGOWA KUŹNIA	Masters M - 40	115	01:40:40	04:47:53	06:33:56.85	06:34:36.75	+03:15:26 (49.5%)	11:56	5 (50.5%)
116	SŁOMKA Mariusz	6185		Masters M - 40	116	01:40:32	04:54:52	06:37:46.65	06:38:53.25	+03:19:43 (50.1%)	12:03	5 (50.5%)
117	SZALEK Mateusz	6268	KLUCZBORSKA GRUPA BIEGOWA	Masters M - 40	117	01:46:55	04:56:41	06:38:40.55	06:39:25.65	+03:20:15 (50.1%)	12:04	5 (50.5%)
118	STEFANIAK Marcin	6033	GUMIGUTAPAJHIWO	Masters M - 40	118	01:30:51	04:55:37	06:39:32.20	06:39:51.35	+03:20:41 (50.2%)	12:06	5 (50.5%)
119	KARPIŃSKI Grzegorz	6232	SALCESON POZNAŃ	Masters M - 40	119	01:34:43	04:58:17	06:45:28.10	06:46:33.50	+03:27:23 (51.0%)	12:17	4.9 (49.5%)
120	MACIEJEWSKI Tomasz	6448	ZAP-KOOPERACJA	Masters M - 40	120	01:38:30	04:55:43	06:46:07.25	06:47:30.85	+03:28:20 (51.1%)	12:18	4.9 (49.5%)
121	PORSCH Arkadiusz	6360		Masters M - 40	121	01:48:09	04:57:54	06:48:50.25	06:50:07.15	+03:30:56 (51.4%)	12:23	4.8 (48.5%)
122	BORYKA Piotr	6228		Masters M - 40	122	01:37:45	04:57:58	06:51:54.00	06:52:23.55	+03:33:13 (51.7%)	12:28	4.8 (48.5%)
	LEWICKI Tomasz	6096	CAŁA OLEŚNICA BIEGA	Masters M - 40		01:17:06 DNF	DNF	DNF	DNF		-	- (0.0%)
	SZCZERBA Michał	6223		Masters M - 40		01:48:16 DNF	DNF	DNF	DNF		-	- (0.0%)
	RAWSKI Krzysztof	6010		Masters M - 40		01:54:38 DNF	DNF	DNF	DNF		-	- (0.0%)
	SZŁĘZAK Sławomir	6095		Masters M - 40		02:05:47 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 126 wynik(ów)