



GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

Event:
Organiser:
Date:
Place:
Distance:

Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2023-07-13
Lądek-Zdrój
33 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN KOBIEȚ

Place	Participant	Number	Club	Category	MCat	A1 9km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
1	LOVRANTOVA Katarina	6407	SALOMON TEAM	Senior II K - 30	1	00:54:10	02:21:17	03:11:48.60	03:11:53.00		5:48	10.3 (100%)
2	PAPROCKA Urszula	6468		Senior II K - 30	2	00:57:17	02:27:19	03:18:38.85	03:18:43.25	+00:06:50 (3.4%)	6:01	10 (97.1%)
3	PASTOROVÁ Petra	6420	MK SEITL OSTRAVA	Masters K - 40	1	00:58:43	02:31:05	03:23:01.40	03:23:06.10	+00:11:13 (5.5%)	6:09	9.8 (95.1%)
4	DANEČKOVÁ Mária	6475	RESTARTNISA.SK	Senior II K - 30	3	00:58:48	02:32:25	03:27:41.70	03:27:45.05	+00:15:52 (7.6%)	6:17	9.5 (92.2%)
5	TOMASIAK Natalia	6451	SALOMON TEAM	Senior II K - 30	4	00:55:18	02:29:35	03:29:29.35	03:29:33.45	+00:17:40 (8.4%)	6:20	9.5 (92.2%)
6	JEŽKOVÁ Jaroslava	6345	NVPP TEAM	Senior I K - 20	1	01:02:20	02:37:36	03:32:16.20	03:32:27.15	+00:20:34 (9.7%)	6:25	9.3 (90.3%)
7	KOWALEWSKA Elżbieta	6172	EDI TEAM ZGORZELEC	Masters K - 40	2	01:04:43	02:46:05	03:41:19.85	03:41:23.65	+00:29:30 (13.3%)	6:42	8.9 (86.4%)
8	MATRASOVA Katerina	6427	TFRUN	Masters K - 40	3	01:02:31	02:43:50	03:44:12.80	03:44:17.55	+00:32:24 (14.4%)	6:47	8.8 (85.4%)
9	CZECH Agata	6226		Senior II K - 30	5	01:07:56	02:51:17	03:46:29.60	03:47:02.60	+00:35:09 (15.5%)	6:51	8.7 (84.5%)
10	LUNACKOVA Michaela	6491		Senior II K - 30	6	01:01:37	02:44:15	03:47:56.85	03:48:01.15	+00:36:08 (15.8%)	6:54	8.7 (84.5%)
11	CAKAŁA Zuzanna	6301	AUGUSTYNIAK TRIATHLON TEAM	Senior II K - 30	7	01:07:28	02:58:45	03:58:30.75	03:58:57.40	+00:47:04 (19.7%)	7:13	8.3 (80.6%)
12	BIAŁOMYZY Urszula	6005		Senior I K - 20	2	01:07:38	03:03:09	04:06:17.95	04:06:27.70	+00:54:34 (22.1%)	7:27	8 (77.7%)
13	PŁAZIAK-KOWALSKA Magdalena	6244	2K	Masters K - 40	4	01:11:34	03:08:01	04:09:24.65	04:09:35.80	+00:57:42 (23.1%)	7:33	7.9 (76.7%)
14	WALCZAK Adela	6003	TRAIL IS OUR WAY	Senior II K - 30	8	01:13:57	03:08:57	04:11:15.00	04:11:24.80	+00:59:31 (23.7%)	7:36	7.9 (76.7%)
15	BUDREWICZ Katarzyna	6124	WIOSKA BIEGACZY	Masters K - 40	5	01:12:44	03:09:11	04:11:05.65	04:11:26.05	+00:59:33 (23.7%)	7:36	7.9 (76.7%)

Place	Participant	Number	Club	Category	MCat	A1 9km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
16	KLONOWICZ Patrycja	6303	HUNTERS OCR TEAM	Senior I K - 20	3	01:12:57	03:13:55	04:15:53.35	04:16:04.70	+01:04:11 (25.1%)	7:45	7.7 (74.8%)
17	JÓŹWIAK Dorota	6149	42K PRO TEAM	Masters K - 40	6	01:10:55	03:11:05	04:16:07.35	04:16:10.25	+01:04:17 (25.1%)	7:45	7.7 (74.8%)
18	MIDOR Karolina	6155	ZAŁOGA GÓRSKA	Senior I K - 20	4	01:06:41	03:01:41	04:17:35.25	04:17:42.10	+01:05:49 (25.5%)	7:48	7.7 (74.8%)
19	DOMAŃ Joanna	6338	FEHLAU RUN TEAM	Masters K - 40	7	01:16:52	03:15:57	04:18:29.70	04:19:09.05	+01:07:16 (26.0%)	7:49	7.7 (74.8%)
20	REDKIEWICZ Agnieszka	6313	SOBAS TEAM	Masters K - 40	8	01:12:22	03:13:18	04:19:36.50	04:19:48.15	+01:07:55 (26.1%)	7:52	7.6 (73.8%)
21	KUNIK Iwona	6100	DZIKIE DZIKI GORZÓW	Senior II K - 30	9	01:11:01	03:21:37	04:28:56.25	04:28:59.80	+01:17:06 (28.7%)	8:08	7.4 (71.8%)
22	RABIEJ-OLSZEWSKA Hanna	6257	SOBASTEAM	Senior II K - 30	10	01:16:53	03:24:02	04:31:11.25	04:31:22.70	+01:19:29 (29.3%)	8:13	7.3 (70.9%)
23	ŁASSA Eliza	6337	SKLEP BIEGACZA RUNNING TEAM	Senior I K - 20	5	01:15:00	03:26:38	04:32:25.25	04:33:10.05	+01:21:17 (29.8%)	8:15	7.3 (70.9%)
24	KUŁAKOWSKA Małgorzata	6145	ŚWIDNICKA GRUPA BIEGOWA	Masters K - 40	9	01:11:41	03:14:22	04:34:28.25	04:34:48.15	+01:22:55 (30.2%)	8:19	7.2 (69.9%)
25	WINDAK Agnieszka	6144		Senior I K - 20	6	01:19:24	03:29:08	04:34:49.15	04:35:51.10	+01:23:58 (30.4%)	8:19	7.2 (69.9%)
26	KALKA Katarzyna	6023	MARATOŃCZYK POZNAŃ	Senior II K - 30	11	01:12:31	03:20:53	04:36:31.25	04:36:37.40	+01:24:44 (30.6%)	8:22	7.2 (69.9%)
27	FRYCA Karolina	6394		Senior II K - 30	12	01:15:38	03:28:10	04:38:14.55	04:38:32.20	+01:26:39 (31.1%)	8:25	7.1 (68.9%)
28	WOJTOWICZ Karolina	6094	4T	Senior II K - 30	13	01:17:42	03:26:30	04:42:42.60	04:43:22.00	+01:31:29 (32.3%)	8:34	7 (68.0%)
29	WARZECHA Teresa	6252	RUNNERS TEAM NYSA	Weteran II K - 60	1	01:23:07	03:33:10	04:45:01.90	04:45:12.45	+01:33:19 (32.7%)	8:38	6.9 (67.0%)
30	KOŁAKOWSKA-FALKOWSKA Irena	6346	ULTRA SKY TRAIL	Masters K - 40	10	01:15:33	03:33:49	04:48:21.65	04:49:13.30	+01:37:20 (33.7%)	8:44	6.9 (67.0%)
31	DĄBKIEWICZ Dominika	6119	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	Masters K - 40	11	01:21:39	03:41:27	04:52:56.30	04:53:54.30	+01:42:01 (34.7%)	8:52	6.8 (66.0%)
32	SZOTA Magdalena	6364	DCWRP	Masters K - 40	12	01:19:23	03:39:57	04:53:17.05	04:53:56.00	+01:42:03 (34.7%)	8:53	6.8 (66.0%)
33	DOMINIK-SEGUE Marta	6456	S/L EA DU PLATEAU EST (ROUEN)	Masters K - 40	13	01:21:35	03:46:13	04:55:36.15	04:55:54.10	+01:44:01 (35.2%)	8:57	6.7 (65.0%)
34	ORLICZ Katarzyna Jadwiga	6367		Senior II K - 30	14	01:19:35	03:46:53	04:55:42.15	04:56:01.55	+01:44:08 (35.2%)	8:57	6.7 (65.0%)
35	RYCHCIK-ZYGADŁO Edyta	6445		Weteran K - 50	1	01:23:03	03:44:28	04:56:11.70	04:56:31.00	+01:44:38 (35.3%)	8:58	6.7 (65.0%)
36	WOŹNIAK Karolina	6007	INKA TEAM	Senior II K - 30	15	01:19:31	03:36:13	04:58:27.35	04:58:59.40	+01:47:06 (35.8%)	9:02	6.6 (64.1%)
37	WATARZYSZYN Marzena	6477		Senior I K - 20	7	01:22:16	03:45:39	04:58:03.50	04:59:24.75	+01:47:31 (35.9%)	9:01	6.6 (64.1%)
38	PYRSZEL Ula	6293	AR ADIDAS RUNNERS POZNAŃ	Senior II K - 30	16	01:16:50	03:41:34	05:00:02.65	05:00:49.45	+01:48:56 (36.2%)	9:05	6.6 (64.1%)

Place	Participant	Number	Club	Category	MCat	A1 9km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
39	GRAU Joanna	6485	KWIDZYN BIEGA	Masters K - 40	14	01:28:43	03:48:45	05:00:26.30	05:00:56.90	+01:49:03 (36.2%)	9:06	6.6 (64.1%)
40	SKWAREK Agnieszka	6148	DZIKIE ŚWINIE	Senior II K - 30	17	01:27:07	03:49:40	05:01:28.95	05:01:58.65	+01:50:05 (36.5%)	9:08	6.6 (64.1%)
41	WÓJCIK Karolina	6341	MM POWER/KOLIBER TEAM	Senior II K - 30	18	01:27:47	03:51:40	05:05:41.50	05:05:49.30	+01:53:56 (37.3%)	9:15	6.5 (63.1%)
42	OCHEJ Joanna	6200		Senior II K - 30	19	01:26:55	03:50:35	05:06:04.70	05:07:11.30	+01:55:18 (37.5%)	9:16	6.5 (63.1%)
43	MARCINKOWSKA Martyna	6079		Senior II K - 30	20	01:29:31	03:54:24	05:08:26.75	05:08:55.35	+01:57:02 (37.9%)	9:20	6.4 (62.1%)
44	SIKORA Malwina	6370		Senior I K - 20	8	01:28:20	04:00:36	05:08:41.20	05:09:40.75	+01:57:47 (38.0%)	9:21	6.4 (62.1%)
45	BARAŃSKA Justyna	6243	MOCNA GRUPA CEZARA	Masters K - 40	15	01:24:34	03:53:18	05:09:35.70	05:10:10.40	+01:58:17 (38.1%)	9:22	6.4 (62.1%)
46	KOWAL Agata	6034	WIELUŃ BIEGA	Masters K - 40	16	01:24:17	03:58:17	05:09:57.05	05:10:18.05	+01:58:25 (38.2%)	9:23	6.4 (62.1%)
47	ZONKOVÁ Petra	6488		Senior II K - 30	21	01:17:05	03:49:48	05:14:44.80	05:15:00.25	+02:03:07 (39.1%)	9:32	6.3 (61.2%)
48	GRABOWSKA Justyna	6117	HTF LUDWIK SIKORSKI/MBANK	Masters K - 40	17	01:27:02	03:56:05	05:14:15.25	05:15:31.80	+02:03:38 (39.2%)	9:31	6.3 (61.2%)
49	SKRZYPCZAK Hanna	6107		Weteran K - 50	2	01:25:33	03:55:31	05:18:39.80	05:18:52.90	+02:06:59 (39.8%)	9:39	6.2 (60.2%)
50	ADAMKIEWICZ Natalia	6275	ŁÓDŻRUNCREW	Senior II K - 30	22	01:28:26	03:57:43	05:18:35.35	05:19:12.55	+02:07:19 (39.9%)	9:39	6.2 (60.2%)
51	GAWRECKA Beata	6143	JUTROSIŃSKI KLUB BIEGACZY	Masters K - 40	18	01:25:20	04:02:54	05:19:50.75	05:20:01.70	+02:08:08 (40.0%)	9:41	6.2 (60.2%)
52	BRZOSTOWIECKA Angelika	6372		Senior I K - 20	9	01:27:52	04:05:39	05:20:05.25	05:21:19.65	+02:09:26 (40.3%)	9:41	6.2 (60.2%)
53	SZYPROWSKA Joanna	6236		Masters K - 40	19	01:33:20	04:05:52	05:21:09.70	05:22:03.85	+02:10:10 (40.4%)	9:43	6.2 (60.2%)
54	JÓZEF Dorota	6175	PRZYGODNIK PODRÓŻNICZY	Senior II K - 30	23	01:29:53	04:01:12	05:22:06.75	05:23:14.45	+02:11:21 (40.6%)	9:45	6.1 (59.2%)
55	PORĘBA Beata	6471	MIRAZ RACE TEAM	Senior II K - 30	24	01:31:14	04:07:26	05:25:54.75	05:26:17.50	+02:14:24 (41.2%)	9:52	6.1 (59.2%)
56	KAŻMIERCZAK Anna	6004	#BIEGAJLESZNO	Masters K - 40	20	01:25:08	04:06:08	05:30:45.90	05:31:07.55	+02:19:14 (42.1%)	10:01	6 (58.3%)
57	CHOŁODY Małgorzata	6208		Weteran K - 50	3	01:29:44	04:13:59	05:31:04.95	05:31:24.55	+02:19:31 (42.1%)	10:01	6 (58.3%)
58	CIEŚLIŃSKA Elżbieta	6029		Senior II K - 30	25	01:33:43	04:10:31	05:31:03.10	05:31:32.95	+02:19:39 (42.1%)	10:01	6 (58.3%)
59	PIOTROWICZ Marta	6207		Senior I K - 20	10	01:26:47	04:06:37	05:32:00.40	05:32:58.65	+02:21:05 (42.4%)	10:03	6 (58.3%)
60	DARGA Paulina	6024	ANWILTEAM	Senior II K - 30	26	01:30:15	04:06:47	05:32:26.60	05:33:24.25	+02:21:31 (42.4%)	10:04	6 (58.3%)
61	NARKUN Ewa	6458		Masters K - 40	21	01:25:30	04:08:57	05:33:56.15	05:34:14.95	+02:22:21 (42.6%)	10:07	5.9 (57.3%)

Place	Participant	Number	Club	Category	MCat	A1 9km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
62	BAJER Anna	6182	4T	Masters K - 40	22	01:34:06	04:13:19	05:35:56.60	05:36:36.20	+02:24:43 (43.0%)	10:10	5.9 (57.3%)
63	WOLNIEWICZ Justyna	6041	ADIDAS RUNNERS POZNAŃ	Senior II K - 30	27	01:30:40	04:13:36	05:36:33.05	05:37:23.05	+02:25:30 (43.1%)	10:11	5.9 (57.3%)
64	SOCHACKA Zuzanna	6371		Masters K - 40	23	01:30:36	04:13:46	05:37:17.85	05:37:57.45	+02:26:04 (43.2%)	10:13	5.9 (57.3%)
65	MAKUCH Aleksandra	6322		Senior II K - 30	28	01:29:12	04:11:00	05:38:33.75	05:39:02.50	+02:27:09 (43.4%)	10:15	5.8 (56.3%)
66	PODLEŚ Anita	6216		Senior I K - 20	11	01:36:10	04:19:31	05:38:50.95	05:39:22.60	+02:27:29 (43.5%)	10:16	5.8 (56.3%)
67	KIEPIEL Agata	6350	ADIDAS RUNNERS WARSAW	Senior II K - 30	29	01:34:43	04:18:32	05:42:51.60	05:43:40.25	+02:31:47 (44.2%)	10:23	5.8 (56.3%)
68	BYRDY Marta	6447		Senior I K - 20	12	01:34:57	04:18:14	05:44:26.85	05:44:50.25	+02:32:57 (44.4%)	10:26	5.7 (55.3%)
69	HOŁOWNIA Patrycja	6229	BIEGUSY CZAPLE	Masters K - 40	24	01:31:04	04:19:29	05:44:58.20	05:45:51.20	+02:33:58 (44.5%)	10:27	5.7 (55.3%)
70	IVANEYCHIK Yuliya	6353	RUN4FUN.BY	Senior II K - 30	30	01:34:41	04:29:19	05:50:04.60	05:51:18.10	+02:39:25 (45.4%)	10:36	5.7 (55.3%)
71	MEKSA Patrycja	6047	HTF LUDWIK SIKORSKI	Weteran K - 50	4	01:33:56	04:25:59	05:50:35.85	05:51:53.50	+02:40:00 (45.5%)	10:37	5.6 (54.4%)
72	CYBULA Ewa	6052	X-TEAM	Masters K - 40	25	01:37:49	04:25:20	05:51:42.55	05:52:09.65	+02:40:16 (45.5%)	10:39	5.6 (54.4%)
73	KAMIŃSKA Sylwia	6036	RUN DE GIRARD	Senior II K - 30	31	01:27:41	03:59:00	05:51:21.90	05:52:13.25	+02:40:20 (45.5%)	10:38	5.6 (54.4%)
74	SZYMAŃSKA Karolina	6214		Senior II K - 30	32	01:34:10	04:52:58	05:52:59.05	05:53:47.40	+02:41:54 (45.8%)	10:41	5.6 (54.4%)
75	NADOBNIK Beata	6152	SPORTOWY KĄŻMIERZ	Weteran K - 50	5	01:43:10	04:31:14	05:53:59.85	05:54:28.85	+02:42:35 (45.9%)	10:43	5.6 (54.4%)
76	PARYS Katarzyna	6018	PARYSKI TEAM	Senior I K - 20	13	01:43:55	04:27:38	05:55:07.55	05:56:07.60	+02:44:14 (46.1%)	10:45	5.6 (54.4%)
77	JANKOWSKA Barbara	6465		Masters K - 40	26	01:48:07	04:27:17	05:55:39.40	05:56:39.60	+02:44:46 (46.2%)	10:46	5.6 (54.4%)
78	MARKIEWICZ Joanna Zuza	6340	TJ! / FORMA NA SZCZYT	Masters K - 40	27	01:38:57	04:30:10	05:56:59.25	05:57:23.85	+02:45:30 (46.3%)	10:49	5.5 (53.4%)
79	JURA Ewelina	6130	TOPOLICE TEAM	Masters K - 40	28	01:33:59	04:33:07	05:56:29.35	05:57:32.25	+02:45:39 (46.3%)	10:48	5.6 (54.4%)
80	DRZEWI Tola	6404	MARATON LESZNO	Senior I K - 20	14	01:35:22	04:27:50	05:56:29.60	05:57:42.50	+02:45:49 (46.4%)	10:48	5.6 (54.4%)
81	KORSAK Agata	6184		Senior II K - 30	33	01:35:43	04:36:49	05:57:50.00	05:58:34.85	+02:46:41 (46.5%)	10:50	5.5 (53.4%)
82	FALBA Marta	6441		Masters K - 40	29	01:42:01	04:34:23	05:59:47.85	06:00:22.60	+02:48:29 (46.8%)	10:54	5.5 (53.4%)
83	BURMAN Beata	6038	AKTYWNI RAZEM	Masters K - 40	30	01:32:08	04:33:33	06:00:51.55	06:01:48.60	+02:49:55 (47.0%)	10:56	5.5 (53.4%)
84	RATAJCZAK Karolina	6109		Senior II K - 30	34	01:34:18	04:26:13	06:04:11.85	06:04:43.05	+02:52:50 (47.4%)	11:02	5.4 (52.4%)

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85	MIKOŁAJCZYK Katarzyna	6392	MAMY TO	Masters K - 40	31	01:33:53	04:46:34	06:08:34.60	06:09:47.65	+02:57:54 (48.1%)	11:10	5.4 (52.4%)
86	POMIANOWSKA Anna	6379	TEAM LATTE	Masters K - 40	32	01:40:57	04:43:28	06:10:22.40	06:11:05.05	+02:59:12 (48.3%)	11:13	5.3 (51.5%)
87	CZEKAJ Milena	6091	BREMBO	Masters K - 40	33	01:40:58	04:42:16	06:10:40.40	06:11:56.65	+03:00:03 (48.4%)	11:13	5.3 (51.5%)
88	FRĄCKOWIAK Aneta	6245	JESTEM LOCO!	Masters K - 40	34	01:37:38	04:40:03	06:11:15.70	06:12:10.10	+03:00:17 (48.4%)	11:15	5.3 (51.5%)
89	SZAŁAJSKA Monika	6276		Senior I K - 20	15	01:39:15	04:43:17	06:13:46.80	06:14:45.65	+03:02:52 (48.8%)	11:19	5.3 (51.5%)
90	SUCHORA Anna	6082		Weteran K - 50	6	01:37:48	04:36:43	06:14:44.90	06:15:27.00	+03:03:34 (48.9%)	11:21	5.3 (51.5%)
91	GARCZYK Agnieszka	6409	GALOPUJĄCE ŚLIMAKI	Senior II K - 30	35	01:38:09	04:39:58	06:17:44.60	06:18:20.90	+03:06:27 (49.3%)	11:26	5.2 (50.5%)
92	WESOŁEK Paula	6242	ADIDAS RUNNERS	Senior II K - 30	36	01:47:56		06:20:35.15	06:21:24.50	+03:09:31 (49.7%)	11:31	5.2 (50.5%)
93	MACKOWIAK Renata	6378	ADIDAS RUNNERS POZNAN	Senior II K - 30	37	01:47:57	04:47:37	06:20:36.70	06:21:25.75	+03:09:32 (49.7%)	11:32	5.2 (50.5%)
94	SUCHOJAD Malgorzata	6025	GUMIGUTAPAJHIWO	Masters K - 40	35	01:38:16	04:41:36	06:21:21.90	06:21:40.50	+03:09:47 (49.7%)	11:33	5.2 (50.5%)
95	NOWAK Paulina	6131	ADIDAS RUNNERS POZNAŃ	Senior II K - 30	38	01:48:00	04:47:51	06:22:44.30	06:23:31.70	+03:11:38 (50.0%)	11:35	5.2 (50.5%)
96	WOŹNA-KACZMAREK Serafina	6132		Senior II K - 30	39	01:48:04	04:48:04	06:22:46.20	06:23:34.15	+03:11:41 (50.0%)	11:35	5.2 (50.5%)
97	KOLENDA Katarzyna	6302	INSERT TEAM	Senior II K - 30	40	01:36:02		06:28:53.80	06:29:57.35	+03:18:04 (50.8%)	11:47	5.1 (49.5%)
98	KUBECKA Anna	6164		Senior II K - 30	41	01:44:03	04:51:31	06:31:49.15	06:32:58.15	+03:21:05 (51.2%)	11:52	5.1 (49.5%)
99	URBANIK Zuza	6481		Masters K - 40	36	01:29:41	04:50:11	06:31:50.00	06:33:04.75	+03:21:11 (51.2%)	11:52	5.1 (49.5%)
100	ISKRA Alicja	6290	BŁEKITNA XVII	Senior II K - 30	42	01:49:47	04:57:52	06:33:55.05	06:34:18.85	+03:22:25 (51.3%)	11:56	5 (48.5%)
101	ORECKA Anna	6002	NULLPTR	Senior II K - 30	43	01:49:39	04:51:00	06:35:24.60	06:35:56.90	+03:24:03 (51.5%)	11:58	5 (48.5%)
102	LEMBICZ Agnieszka	6135	DRIN TEAM	Masters K - 40	37	01:43:08	04:52:44	06:34:58.40	06:36:06.15	+03:24:13 (51.6%)	11:58	5 (48.5%)
103	NIEZGODA Aleksandra	6078	LOVELASY	Masters K - 40	38	01:39:31	04:55:51	06:38:19.85	06:38:36.95	+03:26:43 (51.9%)	12:04	5 (48.5%)
104	KĘSKA Katarzyna	6083	LOVELASY	Weteran K - 50	7	01:39:50	04:55:50	06:38:22.20	06:38:40.10	+03:26:47 (51.9%)	12:04	5 (48.5%)
105	BIENIECKA Anna	6147	KB SZAMOTUŁY	Masters K - 40	39	01:51:33	04:57:25	06:37:54.60	06:38:50.25	+03:26:57 (51.9%)	12:03	5 (48.5%)
106	RADLOK Iwona	6319		Masters K - 40	40	01:46:54	04:56:13	06:38:40.70	06:39:24.25	+03:27:31 (52.0%)	12:04	5 (48.5%)
107	KARPIŃSKA Katarzyna	6198	KLUCZBORSKA GRUPA BIEGOWA	Masters K - 40	41	01:46:55	04:56:14	06:38:40.30	06:39:24.45	+03:27:31 (52.0%)	12:04	5 (48.5%)

Place	Participant	Number	Club	Category	MCat	A1 9km	D1 24km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
108	BUKOWSKA Katarzyna	6263		Senior II K - 30	44	01:41:57	04:54:54	06:39:13.05	06:40:20.75	+03:28:27 (52.1%)	12:05	5 (48.5%)
109	DWORZAŃSKA Anna	6283	MARATOŃCZYK POZNAŃ	Senior II K - 30	45	01:41:23	04:51:49	06:43:46.95	06:44:59.00	+03:33:06 (52.6%)	12:14	4.9 (47.6%)
110	ILCZUK Monika	6239	ZIELONE DIABŁY	Masters K - 40	42	01:46:23	04:57:16	06:45:36.80	06:46:30.65	+03:34:37 (52.8%)	12:17	4.9 (47.6%)
111	BIENIARZ Ilona	6430	PEPPARUNNINGTEAM	Senior II K - 30	46	01:53:28	05:00:39	06:46:44.05	06:47:08.20	+03:35:15 (52.9%)	12:19	4.9 (47.6%)
112	MAŃKA Magdalena	6374	ZRYW PARZYMIECHY	Masters K - 40	43	01:50:22	04:58:28	06:48:00.00	06:48:41.15	+03:36:48 (53.0%)	12:21	4.9 (47.6%)
113	LEWICKA Bożena	6437	GONIMY	Weteran II K - 60	2	01:48:52	04:59:46	06:49:31.90	06:50:29.80	+03:38:36 (53.3%)	12:24	4.8 (46.6%)
	GREGORCZYK-ŚWISTEK Marta	6030	WYBIEGAJ SIEBIE	Masters K - 40		01:46:24 DNF	05:32:35 DNF	DNF	DNF		-	- (0.0%)
	PATROŃSKA Magdalena	6063	ŻARŁOKI	Senior II K - 30		01:24:35 DNF	DNF	DNF	DNF		-	- (0.0%)
	DUDA- KRZEMIENIEWSKA Jadwiga	6380	KB SZAMOTUŁY	Weteran II K - 60		01:51:45 DNF	DNF	DNF	DNF		-	- (0.0%)
	BOBIN Anna	6062	ZOCHU TEAM	Masters K - 40		01:54:08 DNF	DNF	DNF	DNF		-	- (0.0%)
	MRÓZ Justyna	6014		Senior II K - 30		01:55:02 DNF	DNF	DNF	DNF		-	- (0.0%)
	SKOLIMOWSKA Katarzyna	6273	YRTS	Masters K - 40		02:02:47 DNF	DNF	DNF	DNF		-	- (0.0%)
	POLOK Monika	6092	MIRAZ RACE TEAM	Masters K - 40		02:05:53 DNF	DNF	DNF	DNF		-	- (0.0%)
	SOBIERALSKA Magdalena	6349		Senior II K - 30		02:42:36 DNF	DNF	DNF	DNF		-	- (0.0%)
	DOPIERAŁA Kinga	6115	TRAIL IS OUR WAY / #PIGWATRIL	Senior II K - 30		DNF	DNF	DNF	DNF		-	- (0.0%)

Total 122 results.