



# GOLDEN MOUNTAINS TRAIL - 33 KM

B4SPORT

**Wydarzenie:** Dolnośląski Festiwal Biegów Górskich  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2022-07-14  
**Miejsce:** Łądek-Zdrój  
**Dystans:** 33 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Senior I K - 20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Łądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	<b>MARKOVÁ Barbora</b>	<b>6369</b>		Senior I K - 20	1	00:00:13	00:59:37	01:42:45	02:35:26	<b>03:30:13.00</b>	<b>03:30:13.00</b>		6:22	9.4 (100%)
2	<b>ANDRUSZKÓW Aleksandra</b>	<b>6478</b>	WOSIEK TEAM	Senior I K - 20	2	00:00:11	01:02:05	01:46:33	02:41:14	<b>03:41:18.75</b>	<b>03:41:18.75</b>	+00:11:05 (5.0%)	6:42	8.9 (94.7%)
3	<b>ADAMCZYK Emanuela</b>	<b>6500</b>	#BIEGIEMWLAS	Senior I K - 20	3	00:00:09	01:05:09	01:53:18	02:51:59	<b>03:56:43.55</b>	<b>03:56:43.55</b>	+00:26:30 (11.2%)	7:10	8.4 (89.4%)
4	<b>JASZCZAK Bogna</b>	<b>6400</b>		Senior I K - 20	4	00:00:15	01:07:56	01:58:19	02:58:49	<b>04:06:47.25</b>	<b>04:06:47.25</b>	+00:36:34 (14.8%)	7:28	8 (85.1%)
5	<b>KRAKOVSKA Michaela</b>	<b>6488</b>	MOLALAPRODUCTION.COM	Senior I K - 20	5	00:00:07	01:08:06	01:59:12	03:00:03	<b>04:09:46.45</b>	<b>04:09:46.45</b>	+00:39:33 (15.8%)	7:34	7.9 (84.0%)
6	<b>LEHMANN Monika</b>	<b>6016</b>		Senior I K - 20	6	00:00:09	01:10:30	02:03:18	03:09:54	<b>04:22:41.45</b>	<b>04:22:41.45</b>	+00:52:28 (20.0%)	7:57	7.5 (79.8%)
7	<b>SYNOWIEC Katarzyna</b>	<b>6447</b>		Senior I K - 20	7	00:00:47	01:29:55	02:29:47	03:42:38	<b>04:56:37.15</b>	<b>04:56:37.15</b>	+01:26:24 (29.1%)	8:59	6.7 (71.3%)
8	<b>SZCZOTKA Katarzyna</b>	<b>6092</b>		Senior I K - 20	8	00:00:17	01:26:50	02:31:34	03:52:39	<b>05:12:53.65</b>	<b>05:12:53.65</b>	+01:42:40 (32.8%)	9:28	6.3 (67.0%)
9	<b>KWIATKOWSKA Dominika</b>	<b>6329</b>	MOCNA GRUPA CEZARA	Senior I K - 20	9	00:01:03	01:31:25	02:35:21	03:55:30	<b>05:14:05.30</b>	<b>05:14:05.30</b>	+01:43:52 (33.1%)	9:31	6.3 (67.0%)
10	<b>KĘDZIORA Karolina</b>	<b>6533</b>		Senior I K - 20	10	00:00:18	01:31:28	02:40:09	03:57:16	<b>05:19:57.60</b>	<b>05:19:57.60</b>	+01:49:44 (34.3%)	9:41	6.2 (66.0%)
11	<b>RATAJCZAK Karolina</b>	<b>6097</b>		Senior I K - 20	11	00:00:33	01:36:11	02:44:49	04:09:49	<b>05:33:59.30</b>	<b>05:33:59.30</b>	+02:03:46 (37.1%)	10:07	5.9 (62.8%)
12	<b>GRĄDZKA Marianna</b>	<b>6171</b>		Senior I K - 20	12	00:00:57	01:29:25	02:40:27	04:15:02	<b>05:38:54.50</b>	<b>05:38:54.50</b>	+02:08:41 (38.0%)	10:16	5.8 (61.7%)
13	<b>BRZOSTOWIECKA Angelika</b>	<b>6232</b>	MOCNA GRUPA CEZARA	Senior I K - 20	13	00:01:01	01:42:51	02:54:35	04:20:04	<b>05:50:10.80</b>	<b>05:50:10.80</b>	+02:19:57 (40.0%)	10:36	5.7 (60.6%)
14	<b>PAMUŁA Marta</b>	<b>6177</b>		Senior I K - 20	14	00:00:51	01:27:15	02:31:00	04:19:40	<b>05:50:28.40</b>	<b>05:50:28.40</b>	+02:20:15 (40.0%)	10:37	5.6 (59.6%)
15	<b>KŁACZKIEWICZ Magdalena</b>	<b>6029</b>	KB SZAMOTUŁY	Senior I K - 20	15	00:00:57	01:37:27	02:51:26	04:27:27	<b>06:08:50.10</b>	<b>06:08:50.10</b>	+02:38:37 (43.0%)	11:10	5.4 (57.4%)

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16	<b>JACHYMSKA Zofia</b>	<b>6256</b>		Senior I K - 20	16	00:01:15	01:56:17	03:21:27	04:54:18	<b>06:29:03.70</b>	<b>06:29:03.70</b>	+02:58:50 (46.0%)	11:47	5.1 (54.3%)
	<b>PINIARSKA Magda</b>	<b>6429</b>	:(	Senior I K - 20		00:01:15 DNF	01:57:40 DNF	03:29:20 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WRÓBLEWSKA Roksana</b>	<b>6080</b>	WAWRZYTEAM	Senior I K - 20		00:00:46 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 18 wynik(ów)